



🎄 ✨ Wrapping Up Term 1 ✨ 🎄

The Home Economics Department at Curragh Community College has had an exciting and busy start to the 2025 school year! This year marks a fantastic milestone for our subject as we welcomed two First Year Home Economics classes for the very first time. Home Economics is growing and thriving in Curragh Community College!

Our First Year students have been working incredibly hard, learning the basics of Home Economics and settling in brilliantly. From understanding essential life skills to getting hands-on in the kitchen, they've shown great enthusiasm and teamwork.

Our Second Year group has been equally impressive! They began the term exploring vitamins and minerals, then moved on to diet throughout the life stages, and are now diving into consumer studies. Alongside their theory work, they've been busy in the kitchen preparing delicious dishes such as chicken goujons and chips, shortbread, apple crumble, vegetable soup, and more.

Our Third Year students deserve a special mention for their dedication as they prepare for their exams. They've really upskilled their culinary techniques, perfecting dishes like macaroni cheese and chicken broccoli bake, mastering the art of a smooth roux sauce!

Although we didn't have Transition Year Home Economics this term, we're looking forward to welcoming TY students in the new year.

Our Fifth Year students have settled into Senior Cycle Home Economics wonderfully, focusing on nutritional knowledge and catering for all diets which is a vital skill for life beyond school.

Finally, a huge congratulations to our Sixth Year students, who recently submitted their journal coursework, worth 20% of their overall Leaving Certificate grade. This is a major achievement, and we're so proud of their hard work and commitment!

As we wrap up Term 1, we're excited for what's ahead in 2026! More hands-on projects, creative cooking, and the introduction of textiles for our junior students.

From all of us in the Home Economics Department, we wish you a Merry Christmas and a Happy New Year! 🎅 🎄

Ms. Byrne & Ms. Conway 😊





