ST GERALD'S DL S COLLEGE

SGC STUDY SKILLS

YOUR DAILY STUDY ROUTINE

LEARNING HOW TO LEARN | 2026/27

DON'T JUST READ IT. TEST YOURSELF.

1 GET ORGANISED

Set yourself up for success.

- Complete your homework.
- Choose a quiet place to study.
- Have your books, copies and timetable ready.
- Put your phone away.



2 CHOOSE A TOPIC

Focus on one small topic at a time.

- Be clear about what you are studying.
- Keep it specific.
- Use a timer and remove distractions.



3 BLURT IT OUT

Write down everything you can remember without looking at your notes.

1. Choose one small topic.
2. Close your book and set a timer for **5 minutes.**
3. Write everything you remember (use words, drawings or diagrams).
4. Open your notes. Add anything you missed in a different colour.
5. Study the missing information for 2 minutes, then try again. Repeat 2–3 times if helpful.



4 CHECK & IMPROVE

Find the gaps and get them right.

1. Open your notes.
2. Add anything you missed in a different colour.
3. Study the missing information for 2 minutes, then try again.
4. Repeat 2–3 times if helpful.



5 2–5 MINUTE REFLECTION

The following day, try to recall what you learned.

- Close your notes and spend 2–5 minutes recalling key points.
- Check your notes. What did you remember? What did you forget?
- Choose one thing to practise again.



OTHER USEFUL STUDY METHODS

- **Keywords** – use trigger words to unlock larger ideas.
- **Mind maps** – connect key ideas visually.
- **Diagrams** – draw and label from memory.
- **Say it aloud** – explain the topic as if teaching someone else.
- **Mnemonics** – create a phrase to remember lists.
- **Practice questions** – especially useful in Maths.

MATCH THE METHOD TO THE SUBJECT

MATHS	Practise questions. Correct and redo mistakes.
GEOGRAPHY / HISTORY / SCIENCE	Blurting, keywords, diagrams or mind maps.
LANGUAGES	Test vocabulary and practise speaking or writing.
ENGLISH	Recall key ideas and quotations; practise short written answers.

TOP TIPS FOR TESTS

- Find out which topics are included.
- Start revising early.
- Test yourself without looking at your notes.
- Go back over topics you find difficult.
- Get enough sleep the night before.



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GOOD HABITS | ACTIVE RECALL | GREATER INDEPENDENCE | SUCCESS