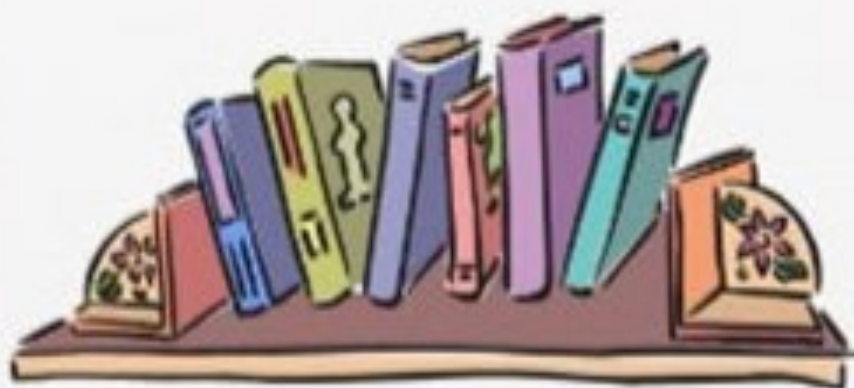


Student Newsletter



Best Wishes
for the
new term





Our annual school musical, *High School The Musical*, will take place in Visual Carlow on Wednesday 22nd April to Friday 24th April. The show starts at 7:30pm each evening. Tickets are available from the Visual website and are selling fast so get yours now to avoid disappointment.

A show not to be missed!

Tickets On Sale NOW

Visual Carlow

22nd to 24th April

This Week in The Nationalist

St Leo's set to stage 'High School Musical'

By Derry Lenehan

SAINT Leo's College transition year students are running their annual musical from Wednesday to Friday, 22-24 April, with this year's show being the much-loved *High School Musical*, which first hit the screens in 2006.

The musical will feature all transition year students in the school, who have been working hard on rehearsals over

the last few months, and will be directed by Roisin Currid.

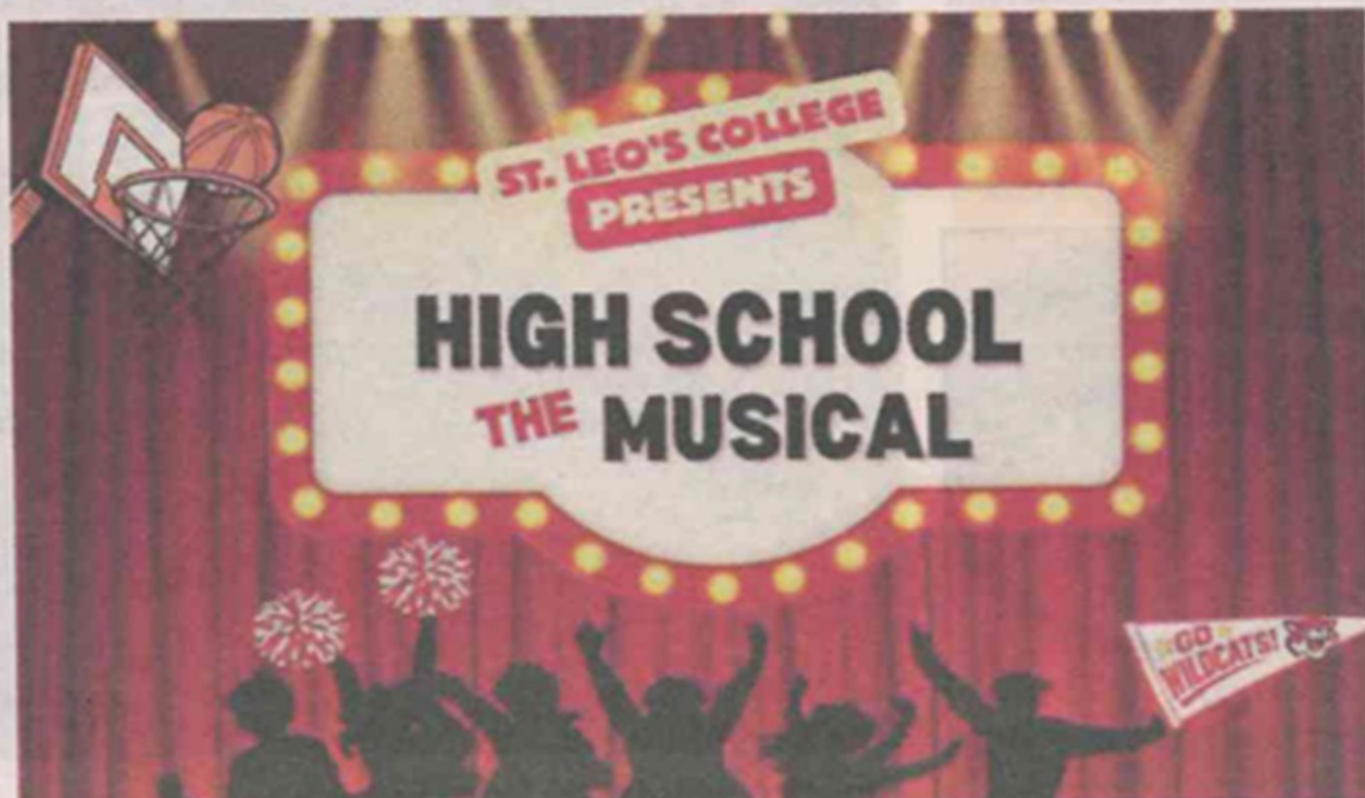
The musical will be co-ordinated by Aine Shiels, Veronica Doyle and Angela Kirwan, with costume design by Laura Dowling, while Aine Cosgrave is the musical director.

High School Musical centres on Troy Bolton, the school's star basketball player, and Gabriella Montez, a brilliant but reserved new student.

After unexpectedly

singing together at a New Year's Eve karaoke party, they discover they'll be attending the same high school. Drawn to each other and to performing, they secretly try out for the school musical, shaking up their friends and the school's rigid social circle.

Tickets for the show can be purchased online via Visual's website or by contacting the box office on 059 9172400. See www.visualcarlow.ie for more.



Trip to Women's Cue Sports in Newbridge

Four students from St Leo's College had the opportunity to attend the 40th anniversary celebrations of Female Cue Sports in Newbridge. They had the opportunity to avail of expert tuition and meet Joanna Byrne TD and spokesperson for sport for Sinn Féin. Brid Brennan, the First National Ladies Snooker Championship in 1969, was also in attendance. She retained the title in 1970, 1972 and 1973.

Well done to Tamzin, Ava, Zainab and Monika and sincere thanks to Ms. Millward for accompanying the girls and for promoting this sport in our school.



This First Year Science Class enjoyed their Wellbeing Walk in An Gairdin Beo



ROOK POETRY COMPETITION 2026



The English department invites you to write a poem, with the theme of love in mind.

The deadline for submission is FRIDAY, 1ST May 2026, via email to Ms Dearbhla Cussen:

DCUSSEN@STLEOscarLOW.IE



THE BEST
PREPARATION
FOR
TOMORROW
IS DOING
YOUR BEST
TODAY



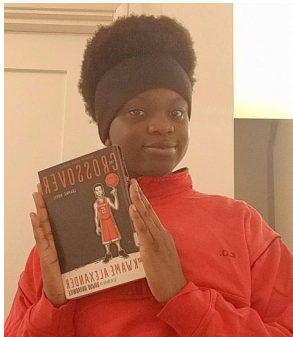
Hello! My name is Alaa Elagab and today I will be reviewing Skullduggery Pleasant by Derek Landy, one of my childhood favourites that's humorous nature and dark twists continue to wonder my growing imagination. Imagine this-your uncle, a horror writer, dies in his super creepy mansion. Coincidence, right? And

at the classic funeral of your estranged uncle who enjoyed horror and everything dark, one would obviously wear black, except for a certain individual in a tan overcoat, frizzy hair and a hat, sunglasses and a scarf. Pretty weird, but it's a funeral. Everything feels weird. But imagine if, the next time you see him was at your uncles will hearing, where you learn that this mystery man's name is Skullduggery Pleasant, and after a series of events, this mystery man becomes your mentor and helps you uncover the mysterious death of your uncle and introduces you to a world you could only dream existed. The story of Skullduggery Pleasant continues in many sequels that we are very lucky to have in our very own school library. The story covers adventure, fantasy and horror whilst also being ridiculously funny, also another point, it's Irish! Derek Landy's series is sure to have you laughing and eagerly flipping through the pages. His writing has a way of captivating you and entertaining a mind in a way a younger me could not resist and a me today couldn't enjoy ever more. And if your someone who cannot resist a plot twist, but can't be serious for a moment either, this series is just for you. It's big, it's messy and confusing, but that's just what life is and despite it being mostly fantastical, Landy manages to weave in realistic opinions and mannerisms in all his characters, even the skeleton guy! You'll find out later.

Book Review by Alaa Elagab 4D

Book Review by

Emmanuela Adekunle 5C

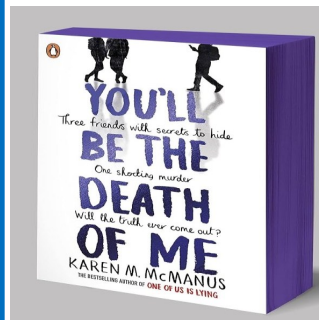


'The Crossover'
Graphic novel by
Kwame Alexander

Reading The Crossover was a bit of a turning point for me. The story made basketball feel really alive and got me interested in practicing new skills like dribbling and shooting. At the same time, the main character, Josh Bell, and his love for big, expressive English words encouraged me to improve my own vocabulary and become more confident in speaking and writing. I'd definitely recommend this book to others because it's not just about basketball—it also helps you develop your language and how you express yourself.



Book Review by Anaya Naeem 1E



'You'll Be The Death Of Me' is a really interesting and suspense filled book. The book follows three former friends Ivy, Mateo and Cal, who all decide to skip a day of school to go to Boston. What started as a great and fun day

turns into something much more serious when they witness a murder of one of there classmates. The thing I really like in this book is that it follows the perspective of all three friends instead of focusing on just one. This helps us understand the struggles and challenges in each of the characters' lives. The friendship between the three of them is very realistic and in some cases relatable, especially since it's not perfect. The twists in this book were really exciting and it was one of the reasons I couldn't put the book down. Whenever I thought I cracked the code and found out who the murderer is I got thrown off because another secret or mystery had been revealed making me rethink. Let's just say, this book can never get boring. Overall, I really enjoyed this book as it was fast-paced. It's not really deep but it is really entertaining so it'll keep you hooked in a murder for a little while.



Weekly Hot Lunch Menu

Monday 20th

- Shepherd's Pie
- Mashed Potatoes, Vegetables & Gravy (V)

Tuesday 21st

- Chicken Pasta Bake
- Pasta Bake (V)

Wednesday 22nd

- Chicken Curry & Rice
- Veg Curry & Rice (V)

Thursday 23rd

- Beef Lasagne served with Salad & Baked Potato or Chips
- Salad & Baked Potato or Chips

Soup

Homemade Vegetable

Small Dinner €4.00 | Large Dinner €6



Active April 2026

MONDAY



6 Do a body-scan meditation and really notice how your body feels

13 Make sleep a priority and go to bed in good time

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

27 Find a fun exercise to do while waiting for the kettle to boil

TUESDAY



7 Get natural light early in the day. Dim the lights in the evening

14 Relax your body & mind with yoga, tai chi or meditation

21 Regularly pause to stretch and breathe during the day

28 Meet a friend outside for a walk and a chat

WEDNESDAY

1 Commit to being more active this month, starting today

8 Give your body a boost by laughing or making someone laugh

15 Get active by singing today (even if you think you can't sing!)

22 Enjoy moving to your favourite music. Really go for it

29 Become an activist for a cause you really believe in

THURSDAY

2 Spend as much time as possible outdoors today

9 Turn your housework or chores into a fun form of exercise

16 Go exploring around your local area and notice new things

23 Go out and do an errand for a loved one or neighbour

30 Make time to run, swim, dance, cycle or stretch today

FRIDAY

3 Listen to your body and be grateful for what it can do

10 Have a day with less screen time and more movement

17 Be active outside. Plant some seeds and encourage growth

24 Get active in nature. Feed the birds or go wildlife-spotting

31

SATURDAY

4 Eat healthy and natural food today and drink lots of water

11 Set yourself an exercise goal or sign up to an activity challenge

18 Try out a new exercise, activity or dance class

25 Have a 'no screens' night and take time to recharge yourself

32

SUNDAY

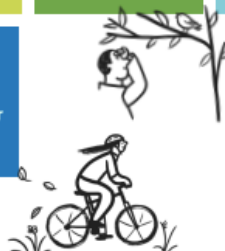
5 Turn a regular activity into a playful game today

12 Move as much as possible, even if you're stuck inside

19 Spend less time sitting today. Get up and move more often

26 Take an extra break in your day and walk outside for 15 minutes

33



ACTION FOR HAPPINESS

Happier · Kinder · Together

EXTRA-CURRICULAR AND SPORTS TIMETABLE 2026

	Monday 🏊	Tuesday 😊	Wednesday 🏐	Thursday 🏊
Before school 8:00 – 8:45	Senior & Cadette Volleyball Ms. O'Neill			
	10.55 Human Rights group Room 227 / Ms Cussen			
Lunch 1.20-1.55  THE LIBRARY is open every break and lunch times.  BOARD GAMES AVAILABLE Fitness suite Open at lunch for senior students. 	Senior & Cadette BASKETBALL Ms Bergin & Mr Woods 1 st year HOCKEY Ms. Hickey Crochet club Ms English & Ms Lennon Room 613 CHAMBER CHOIR MUSIC ROOM Ty, 5 th & 6 th years St Vincent de Paul Cairdeas - Ms Cradock	All years Badminton Ms Hennessy Junior Soccer Mr Walsh & Ms Lalor All years Zumba Assembly Hall Ms. Zadorozhna Folk Group Music Room Ms Cosgrave 1ST & 2nd Years Public speaking 1.30pm – Room 701 Mr O'Flaherty & Ms A. Doyle Arts & Crafts Club Ms. Connors & Ms. Mullins 1.20pm Art Room 501 <i>-Poetry Aloud- All year groups Ms O'Sullivan 1.20pm R709</i>	Juniors Netball Ms Millward 1 st Year Gaelic Football Ms Kelly & Mr Walsh CHAMBER CHOIR MUSIC ROOM	All years Athletics Track Ms Graham/ Ms Hickey Senior, Cadette & 2 nd Year Volleyball Ms. O'Neill GREEN SCHOOLS Ms Davies/ Room 228 Chess club Library Club Gaelge Ms. Ní Mhionáigh & Ms. Eneallen Snooker Club Assembly Hall
After school 4.15 – 5:15 pm	Seniors Netball Ms Millward Senior, 4 th , 5 th and 6 th year Hockey Justine Collins 4.10-5.10	2 nd , 3 rd year Hockey Justine Collins 4.10-5.10	Junior & Senior Gaelic Football Ms Kelly & Mr Walsh 5 TH YEARS Applied Maths 4.20 - 6.20.	6 TH YEARS Applied Maths 4.20 - 6.20.

LEAVING CERTIFICATE EXAMINATION TIMETABLE 2026

Each candidate should note carefully the dates and hours, as fixed on this official timetable, for the examinations in the subjects in which he/she intends to present himself/herself. The Commission will not be responsible for any errors which may occur in the reproduction of this timetable by outside agencies. Candidates are required to be in attendance at least half an hour before the examination begins in the subject in which they first present themselves.

JUNE	SUBJECT	TIME
H = Higher Level O = Ordinary Level F = Foundation Level		
WEDNESDAY 3	English, Paper 1 - H & O	9.30 – 12.20
	Home Economics, Scientific and Social - H & O	2.00 – 4.30
THURSDAY 4	Engineering - O	9.30 – 12.00
	Engineering - H	9.30 – 12.30
FRIDAY 5	English, Paper 2 - H & O	2.00 – 5.20
	Geography - H & O	9.30 – 12.20
MONDAY 8	Mathematics, Paper 1 - H & O	2.00 – 4.30
	Mathematics - F	2.00 – 4.30
TUESDAY 9	Mathematics, Paper 2 - H & O	9.30 – 12.00
	Irish Paper 1 - H (incl aural)	2.00 – 4.20
WEDNESDAY 10	Irish Paper 1 - O (incl aural)	2.00 – 3.50
	Irish - F (incl aural)	2.00 – 4.20
THURSDAY 11	Irish, Paper 2 - O	9.30 – 11.50
	Irish, Paper 2 - H	9.30 – 12.35
FRIDAY 12	Biology - H & O	2.00 – 5.00
	French - H & O - Written	9.30 – 12.00
MONDAY 15	French - Aural	12.10 – 12.50
	History - H & O	2.00 – 4.50
TUESDAY 16	Business - O	9.30 – 12.00
	Business - H	9.30 – 12.30
WEDNESDAY 17	Construction Studies - O	2.00 – 4.30
	Construction Studies - H	2.00 – 5.00
THURSDAY 18	German - H & O - Written	9.30 – 12.00
	German - Aural	12.10 – 12.50
FRIDAY 19	Art, Visual Studies - H & O	2.00 – 4.30
	Polish, Lithuanian, Portuguese and Mandarin Chinese - H&O - Written	9.30 – 12.00
MONDAY 22	Polish, Lithuanian, Portuguese and Mandarin Chinese - Aural	12.10 – 12.50
	Hebrew Studies, Ancient Greek and Non Curricular Languages (see Note 2)	9.30 – 12.30
TUESDAY 23	Agricultural Science - H & O	2.00 – 4.30
	Spanish - H & O - Written	9.30 – 12.00
WEDNESDAY 24	Spanish - Aural	12.10 – 12.50
	Chemistry - H & O	2.00 – 5.00
THURSDAY 25	Physics - H & O	9.30 – 12.30
	Physics and Chemistry - H & O	9.30 – 12.30
FRIDAY 26	Accounting - H & O	2.00 – 5.00
	Design and Communication Graphics - H & O	9.30 – 12.30
MONDAY 29	Music - Listening (Core) - H & O	1.30 – 3.00
	Music Composing - H & O	3.15 – 4.45
TUESDAY 30	Music - Listening (Elective) - H	5.00 – 5.45
	Economics - H & O	9.30 – 12.00
WEDNESDAY 1	Physical Education - H & O	2.00 – 4.30
	Italian - H & O - Written	9.30 – 12.00
THURSDAY 2	Italian - Aural	12.10 – 12.50
	Russian - H & O - Written	9.30 – 12.00
FRIDAY 3	Russian - Aural	12.10 – 12.50
	Classical Studies - H & O	2.00 – 4.30
MONDAY 6	Latin - H & O	2.00 – 5.00
	Technology - O	2.00 – 4.00
TUESDAY 7	Technology - H	2.00 – 4.30
	Japanese - H & O - Written	9.30 – 12.00
WEDNESDAY 8	Japanese - Aural	12.10 – 12.50
	Politics & Society - H & O	9.30 – 12.00
THURSDAY 9	Arabic - H & O	9.30 – 12.30
	Religious Education - O	2.00 – 4.00
FRIDAY 10	Religious Education - H	2.00 – 4.30
	Applied Mathematics - H & O	2.00 – 4.30

Notes

- The examination sessions highlighted in red include 20 minutes over and above the time traditionally allocated for the papers concerned.
- Leaving Certificate Examinations in Hebrew Studies, Ancient Greek and in the Non-Curricular Languages listed below will be held on Monday 15 June from 9.30am to 12.30pm.

Non-Curricular Leaving Certificate Examinations:				Bulgarian	Croatian	Czech	Danish	Dutch	Estonian
Finnish	Hungarian	Latvian	Maltese	Modern Greek	Romanian	Slovakian	Slovenian	Swedish	Ukrainian

- Examinations based on the curricular specifications for: Lithuanian; Mandarin Chinese; Polish and Portuguese will be held on Monday 15 June.
- There are also final examinations in Computer Science and Leaving Certificate Vocational Programme – Link Modules – which will be held in April/May with dates to be announced separately.



Coimisiún na Scrúduithe Stáit
State Examinations Commission

JUNIOR CYCLE EXAMINATION

TIMETABLE 2026

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The start time for all Junior Cycle afternoon examinations is 1.30p.m.

JUNE	SUBJECT		TIME
	H = Higher Level O = Ordinary Level C = Common Level		
WEDNESDAY 3	English	- H & O	9.30 – 11.30
	Religious Education	- Common Level	1.30 – 3.30
THURSDAY 4	Irish T1	- H & O (incl aural)	9.30 – 11.30
	Irish T2	- H & O (incl aural)	9.30 – 11.30
	Geography	- Common Level	1.30 – 3.30
FRIDAY 5	History	- Common Level	9.30 – 11.30
	Mathematics	- H & O	1.30 – 3.30
MONDAY 8	Science	- Common Level	9.30 – 11.30
	Business Studies	- Common Level	1.30 – 3.30
TUESDAY 9	Graphics	- Common Level	9.30 – 11.30
	Italian (incl aural)	- Common Level	9.30 – 11.30
	French (incl aural)	- Common Level	1.30 – 3.30
WEDNESDAY 10	Home Economics	- Common Level	9.30 – 11.00
	Spanish (incl aural)	- Common Level	1.30 – 3.30
THURSDAY 11	German (incl aural)	- Common Level	9.30 – 11.30
	Wood Technology	- Common Level	1.30 – 3.00
FRIDAY 12	Jewish Studies	- Common Level	9.30 – 11.30
	Music	- Common Level	9.30 – 11.00
	Engineering	- Common Level	1.30 – 3.00
	Classics	- Common Level	1.30 – 3.30
MONDAY 15	Applied Technology	- Common Level	9.30 – 11.00