

Student Newsletter

Life Is Like a Book:

Some chapters are sad
some happy,

and some exciting

But if you never
turn the page,

you will never
know what the
next chapter holds.





Well done to our TY students





CAST

Gabriella - Maia Fitzgerald

Gillian Brennan (understudy)

Troy - Daria Velychko

Sinead Tomaszewska (understudy)

Sharpay - Ailbhe Burke

Alex Hennessy-Schmidt (understudy)

Ryan - Zara Willoughby

Isobel Curtis (understudy)

Kelsi - Ecaterina Nicoleta Dosoftei

Ariana Brlas (understudy)

Coach Bolton - Bronagh Myers

Elena Rice (understudy)

Ms. Darbus - Ava Malone

Phoebe Brennan (Understudy)

Chad - Alaa Elagab

Taylor - Lucy Murphy

Liela Abdallah (Understudy)

Martha - Anna Sola Planella

Ms. Tenny - Kaitlanna Khumalo

Fatima Naeem (Understudy)

Zeek - Katelyn Moran

Jack Scott - Naomi Picovici

James - Eva Dominguez-Diaz

Susan - Megan Carr

Cathy - Meadhbh Byrne

Alana - Sinead Tomaszewska

Cyndra - Nia Pavliashvili

Ripper - Emma Malone

Mongo - Cara English

Mega Mix Soloists - Gillian Brennan, Nia Pavliashvili, Eabha Rogers, Sofia Cioladis





Production Team:

Director & Choreographer	Roisin Currid
Musical Director	Aine Cosgrave
Show Co-ordinators	Aine Shiels, Veronica Doyle & Angela Kirwan
Costume Co-ordinator and Design	Laura Dowling

Musical Team & Roles

Set Design & Stage Props	Lauren Connors, Tara Gooch & Noel Thompson
Props/Musical Team	Aine Shiels & with help from Kate Hogan & Ava Malone
Digital Projections, Follow Spot & Running Tracks	Cathy Cradock
Set Painters	Tara Gooch, Ava Malone & Kate Hogan with Lojain Ahmed, Liela Ahmed, Shayma Sherif
Backstage	Aleeza Qureshi, Mary O'Brien and Ruby Horohan, Sandra Corrigan, Hanna Zadorozhna
Sound & Lighting	Cian Redmond
Riser Hire	Carlow Little Theatre
Onstage Management	Aine Shiels & Veronica Doyle
Raffle & Programme Sales	Parents' Association
Programme Creation & Design	Angela Kirwan & Fiona Mc Manus
Filming & Photography	Sean O'Flaherty, Aine Byrne, Ava Coughlan, Anna Thornton, Ava Knowles, Mia Donoghue, Sheima Snunu, Aoibheann Nangle & Faridah Adegoke, Eva Broderick, Lucy McDonald



The St. Leo's College junior football team were presented with a Carlow Sports Star Award at the Carlow Nationalist Quarterly Awards ceremony in the Woodford Dolmen Hotel last week.

The players were recognised for their impressive run to the All-Ireland Final in March, where they faced Bailieborough Community School, Cavan. Despite a determined performance, they were ultimately

defeated by a very strong Bailieborough side. The team's success this season reflects the hard work and dedication of both players and coaches. The squad was guided by teachers Laura Kelly, Fiona O'Sullivan and Tadhg Walsh, whose commitment played a key role in the team's successful season.

The whole school community is immensely proud of the team's achievements and the unforgettable memories they created for supporters at last month's All-Ireland Final at Clann Mhuire GFC, Dublin.



Carlow Nationalist Sports Star Awards



Second Year Basketball Team

Hard luck to this amazing group of basketball players who travelled to Castleisland on Wednesday for the A All-Ireland play offs. They lost out by 15 points to a very strong Castleisland CC team. Well done to the players and to their very dedicated coaches Ms.Bergin and Mr.Woods. They have ended up in the top 18 in the country following promotion to the A division. We are so proud of each and every one of you!



ROWING I ♥ ROWING

Best wishes to Kyna , Muireann , Ann, Annalise, Ruth and Tara who will represent St. Leo's College at the Irish Schools' competition this Sunday in Limerick.



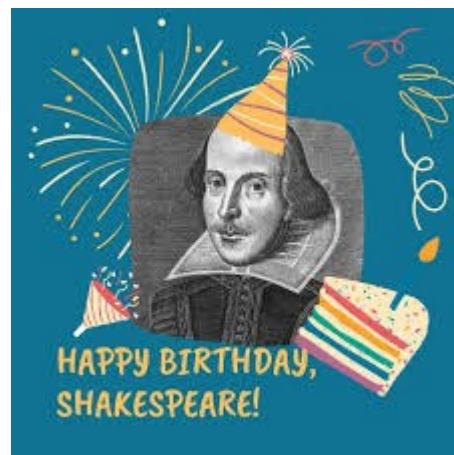
Best of Luck to our ROWING
Team in
Limerick
next
Sunday



LIBRARY

Ahead of Shakespeare's birthday on April 26th, we thought it would be nice to honour and showcase some of his work, graphic novels and manga adaptations that we stock in the library.

Huge thanks again to Fatima Naeem TY, library leader extraordinaire who worked on the display from A to Z.



Display by Fatima Naeem 4D



2ND YEAR SCIENCE



HABITAT STUDY 2026



PIC•COLLAGE

This week in The Nationalist

THE NATIONALIST TUESDAY, APRIL 21, 2026

SPORT 69

Nationalist Quarterly Sports Awards Jan-Mar 2026

Nationalist



Pat Amos (Carlow Toolmaking Services) presents the LGFA award to representatives of the St. Leo's College football team



Rowena Dooley (Dooley Motors) presents the Athletics award to Emily Kidd

Congratulations!
**LGFA Award
and
Athletics Award**

ROOK POETRY COMPETITION 2026



The English department invites you to write a poem, with the theme of love in mind.

The deadline for submission is FRIDAY, 1ST May 2026, via email to Ms Dearbhla Cussen:

DCUSSEN@STLEOSCARLOW.IE





Weekly Hot Lunch Menu

Monday 27th

- Roast Bacon served with Mashed Potatoes, Vegetables & Gravy
- Mashed Potatoes, Vegetables & Gravy (V)

Tuesday 28th

- Pasta Bolognese
- Pasta Bolognese (V)

Wednesday 29th

- Chicken Curry & Rice
- Veg Curry & Rice (V)

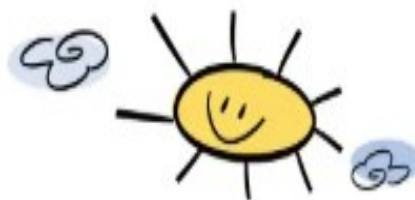
Thursday 30th

- BBQ Chicken Wrap served with Chips
- BBQ Wrap served with Chips

Soup

Homemade Vegetable

Small Dinner €4.00 | Large Dinner €6



Active April 2026

MONDAY



6 Do a body-scan meditation and really notice how your body feels

13 Make sleep a priority and go to bed in good time

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

27 Find a fun exercise to do while waiting for the kettle to boil

TUESDAY



7 Get natural light early in the day. Dim the lights in the evening

14 Relax your body & mind with yoga, tai chi or meditation

21 Regularly pause to stretch and breathe during the day

28 Meet a friend outside for a walk and a chat

WEDNESDAY

1 Commit to being more active this month, starting today

8 Give your body a boost by laughing or making someone laugh

15 Get active by singing today (even if you think you can't sing!)

22 Enjoy moving to your favourite music. Really go for it

29 Become an activist for a cause you really believe in

THURSDAY

2 Spend as much time as possible outdoors today

9 Turn your housework or chores into a fun form of exercise

16 Go exploring around your local area and notice new things

23 Go out and do an errand for a loved one or neighbour

30 Make time to run, swim, dance, cycle or stretch today

FRIDAY

3 Listen to your body and be grateful for what it can do

10 Have a day with less screen time and more movement

17 Be active outside. Plant some seeds and encourage growth

24 Get active in nature. Feed the birds or go wildlife-spotting

31

SATURDAY

4 Eat healthy and natural food today and drink lots of water

11 Set yourself an exercise goal or sign up to an activity challenge

18 Try out a new exercise, activity or dance class

25 Have a 'no screens' night and take time to recharge yourself

32

SUNDAY

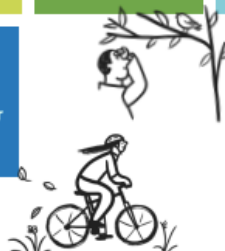
5 Turn a regular activity into a playful game today

12 Move as much as possible, even if you're stuck inside

19 Spend less time sitting today. Get up and move more often

26 Take an extra break in your day and walk outside for 15 minutes

33



ACTION FOR HAPPINESS

Happier · Kinder · Together

EXTRA-CURRICULAR AND SPORTS TIMETABLE 2026

	Monday 🏊	Tuesday 😊	Wednesday 🏐	Thursday 🏊
Before school 8:00 – 8:45	Senior & Cadette Volleyball Ms. O'Neill			
	10.55 Human Rights group Room 227 / Ms Cussen			
Lunch 1.20-1.55  THE LIBRARY is open every break and lunch times.  BOARD GAMES AVAILABLE Fitness suite Open at lunch for senior students. 	Senior & Cadette BASKETBALL Ms Bergin & Mr Woods 1 st year HOCKEY Ms. Hickey Crochet club Ms English & Ms Lennon Room 613 CHAMBER CHOIR MUSIC ROOM Ty, 5 th & 6 th years St Vincent de Paul Cairdeas - Ms Craddock	All years Badminton Ms Hennessy Junior Soccer Mr Walsh & Ms Lalor All years Zumba Assembly Hall Ms. Zadorozhna Folk Group Music Room Ms Cosgrave 1ST & 2nd Years Public speaking 1.30pm – Room 701 Mr O'Flaherty & Ms A. Doyle Arts & Crafts Club Ms. Connors & Ms. Mullins 1.20pm Art Room 501 <i>-Poetry Aloud- All year groups Ms O'Sullivan 1.20pm R709</i>	Juniors Netball Ms Millward 1 st Year Gaelic Football Ms Kelly & Mr Walsh CHAMBER CHOIR MUSIC ROOM	All years Athletics Track Ms Graham/ Ms Hickey Senior, Cadette & 2 nd Year Volleyball Ms. O'Neill GREEN SCHOOLS Ms Davies/ Room 228 Chess club Library Club Gaelge Ms. Ní Mhionáigh & Ms. Eneallen Snooker Club Assembly Hall
After school 4.15 – 5:15 pm	Seniors Netball Ms Millward Senior, 4 th , 5 th and 6 th year Hockey Justine Collins 4.10-5.10	2nd, 3rd year Hockey Justine Collins 4.10-5.10	Junior & Senior Gaelic Football Ms Kelly & Mr Walsh 5 TH YEARS Applied Maths 4.20 - 6.20.	6 TH YEARS Applied Maths 4.20 - 6.20.

LEAVING CERTIFICATE EXAMINATION TIMETABLE 2026

Each candidate should note carefully the dates and hours, as fixed on this official timetable, for the examinations in the subjects in which he/she intends to present himself/herself. The Commission will not be responsible for any errors which may occur in the reproduction of this timetable by outside agencies. Candidates are required to be in attendance at least half an hour before the examination begins in the subject in which they first present themselves.

JUNE	SUBJECT	TIME
H = Higher Level O = Ordinary Level F = Foundation Level		
WEDNESDAY 3	English, Paper 1 - H & O	9.30 – 12.20
	Home Economics, Scientific and Social - H & O	2.00 – 4.30
THURSDAY 4	Engineering - O	9.30 – 12.00
	Engineering - H	9.30 – 12.30
FRIDAY 5	English, Paper 2 - H & O	2.00 – 5.20
	Geography - H & O	9.30 – 12.20
MONDAY 8	Mathematics, Paper 1 - H & O	2.00 – 4.30
	Mathematics - F	2.00 – 4.30
TUESDAY 9	Mathematics, Paper 2 - H & O	9.30 – 12.00
	Irish Paper 1 - H (incl aural)	2.00 – 4.20
WEDNESDAY 10	Irish Paper 1 - O (incl aural)	2.00 – 3.50
	Irish - F (incl aural)	2.00 – 4.20
THURSDAY 11	Irish, Paper 2 - O	9.30 – 11.50
	Irish, Paper 2 - H	9.30 – 12.35
FRIDAY 12	Biology - H & O	2.00 – 5.00
	French - H & O - Written	9.30 – 12.00
MONDAY 15	French - Aural	12.10 – 12.50
	History - H & O	2.00 – 4.50
TUESDAY 16	Business - O	9.30 – 12.00
	Business - H	9.30 – 12.30
WEDNESDAY 17	Construction Studies - O	2.00 – 4.30
	Construction Studies - H	2.00 – 5.00
THURSDAY 18	German - H & O - Written	9.30 – 12.00
	German - Aural	12.10 – 12.50
FRIDAY 19	Art, Visual Studies - H & O	2.00 – 4.30
	Polish, Lithuanian, Portuguese and Mandarin Chinese - H&O - Written	9.30 – 12.00
MONDAY 22	Polish, Lithuanian, Portuguese and Mandarin Chinese - Aural	12.10 – 12.50
	Hebrew Studies, Ancient Greek and Non Curricular Languages (see Note 2)	9.30 – 12.30
TUESDAY 23	Agricultural Science - H & O	2.00 – 4.30
	Spanish - H & O - Written	9.30 – 12.00
WEDNESDAY 24	Spanish - Aural	12.10 – 12.50
	Chemistry - H & O	2.00 – 5.00
THURSDAY 25	Physics - H & O	9.30 – 12.30
	Physics and Chemistry - H & O	9.30 – 12.30
FRIDAY 26	Accounting - H & O	2.00 – 5.00
	Design and Communication Graphics - H & O	9.30 – 12.30
MONDAY 29	Music - Listening (Core) - H & O	1.30 – 3.00
	Music Composing - H & O	3.15 – 4.45
TUESDAY 30	Music - Listening (Elective) - H	5.00 – 5.45
	Economics - H & O	9.30 – 12.00
WEDNESDAY 1	Physical Education - H & O	2.00 – 4.30
	Italian - H & O - Written	9.30 – 12.00
THURSDAY 2	Italian - Aural	12.10 – 12.50
	Russian - H & O - Written	9.30 – 12.00
FRIDAY 3	Russian - Aural	12.10 – 12.50
	Classical Studies - H & O	2.00 – 4.30
MONDAY 6	Latin - H & O	2.00 – 5.00
	Technology - O	2.00 – 4.00
TUESDAY 7	Technology - H	2.00 – 4.30
	Japanese - H & O - Written	9.30 – 12.00
WEDNESDAY 8	Japanese - Aural	12.10 – 12.50
	Politics & Society - H & O	9.30 – 12.00
THURSDAY 9	Arabic - H & O	9.30 – 12.30
	Religious Education - O	2.00 – 4.00
FRIDAY 10	Religious Education - H	2.00 – 4.30
	Applied Mathematics - H & O	2.00 – 4.30

Notes

- The examination sessions highlighted in red include 20 minutes over and above the time traditionally allocated for the papers concerned.
- Leaving Certificate Examinations in Hebrew Studies, Ancient Greek and in the Non-Curricular Languages listed below will be held on Monday 15 June from 9.30am to 12.30pm.

Non-Curricular Leaving Certificate Examinations:				Bulgarian	Croatian	Czech	Danish	Dutch	Estonian
Finnish	Hungarian	Latvian	Maltese	Modern Greek	Romanian	Slovakian	Slovenian	Swedish	Ukrainian

- Examinations based on the curricular specifications for: Lithuanian; Mandarin Chinese; Polish and Portuguese will be held on Monday 15 June.
- There are also final examinations in Computer Science and Leaving Certificate Vocational Programme – Link Modules – which will be held in April/May with dates to be announced separately.



Coimisiún na Scrúduithe Stáit
State Examinations Commission

JUNIOR CYCLE EXAMINATION

TIMETABLE 2026

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The start time for all Junior Cycle afternoon examinations is 1.30p.m.

JUNE	SUBJECT		TIME
	H = Higher Level O = Ordinary Level C = Common Level		
WEDNESDAY 3	English	- H & O	9.30 – 11.30
	Religious Education	- Common Level	1.30 – 3.30
THURSDAY 4	Irish T1	- H & O (incl aural)	9.30 – 11.30
	Irish T2	- H & O (incl aural)	9.30 – 11.30
	Geography	- Common Level	1.30 – 3.30
FRIDAY 5	History	- Common Level	9.30 – 11.30
	Mathematics	- H & O	1.30 – 3.30
MONDAY 8	Science	- Common Level	9.30 – 11.30
	Business Studies	- Common Level	1.30 – 3.30
TUESDAY 9	Graphics	- Common Level	9.30 – 11.30
	Italian (incl aural)	- Common Level	9.30 – 11.30
	French (incl aural)	- Common Level	1.30 – 3.30
WEDNESDAY 10	Home Economics	- Common Level	9.30 – 11.00
	Spanish (incl aural)	- Common Level	1.30 – 3.30
THURSDAY 11	German (incl aural)	- Common Level	9.30 – 11.30
	Wood Technology	- Common Level	1.30 – 3.00
FRIDAY 12	Jewish Studies	- Common Level	9.30 – 11.30
	Music	- Common Level	9.30 – 11.00
	Engineering	- Common Level	1.30 – 3.00
	Classics	- Common Level	1.30 – 3.30
MONDAY 15	Applied Technology	- Common Level	9.30 – 11.00