



Student Newsletter

CEILIÚRADH CEIST
30 January 2026



Together in Hope:

"Inspired by Faith, Transformed by Love"

Schools, Homes and Parishes Working Together

WHOLE SCHOOL EVALUATION: MANAGEMENT, LEADERSHIP AND LEARNING

Congratulations and well done to all involved in our very successful WSE-MLL Inspection- staff, students, parents, Board of Management and our CEIST FLG Co-ordinator Gerry Watchorn.

Department of Education & Youth Inspectors returned on Wednesday 28th January to deliver feedback to the Senior Leadership Team, the Teaching Staff and the Board of Management.

The report was a powerful affirmation of the wonderful work that happens in our school and the wonderful people who carry that out.

Another very proud moment for St.Leo's College!



*'Together in Hope, Inspired by Faith, Transformed by Love,
Schools, Homes and Parishes Working Together.'*



Today, Friday 30th January 2026, we celebrate our identity as a CEIST school!



U16 Leinster Champions



Coming home to St Leo's 🏆🔥



Player of the match-
Lucie O'Reilly ❤️💚





We wish the very best of luck to our Sixth Year Politics and Society students who have entered their photographs in the “EU and What It Means to Me” competition.



This exciting initiative gives students the chance to express their understanding and personal perspectives on the European Union through visual art. We are proud of the creativity, thoughtfulness and effort that our students have put into their submissions. Their work reflects both their engagement with current affairs and their unique viewpoints. We look forward to seeing their creativity celebrated and wish them every success in the competition!

Ms. Byrne’s YSI class, *Heart2Home*, are putting the finishing touches to their book :**Click with Confidence**.



This thoughtful and practical guide is designed to help older members of the community navigate the often confusing world of online platforms. The book offers clear, user-friendly advice on using popular services such as Facebook, Netflix, online shopping, and online banking, among many others. Through this project, the students have shown great empathy, creativity, and commitment to supporting digital inclusion.

Well done to all involved for this fantastic achievement, and best of luck to the girls as they prepare to share their work with the wider community.



CLICK With CONFIDENCE



Ms. Byrne's Third Year History class recently explored the Cuban Missile Crisis in a fun and interactive way.

Students took part in a mime activity, acting out the major events and key moments from this crucial period of the Cold War.



This hands-on approach helped them understand the tension, decisions, and global impact of the crisis in an engaging and memorable way. Well done to all the students for their creativity, teamwork, and enthusiasm! Activities like this make history come alive and show just how exciting learning can be.



Ms. Byrne's 1A History class had the unique opportunity to meet a real-life "plague doctor" as part of their study of the Black Plague.

The guest, brilliantly portrayed by Isabella Carberry from 4D, explained how the plague spread and its devastating impact, which claimed almost one-third of Europe's population in the 14th century.



Students were fascinated by the history and the eerie costume, which brought the past vividly to life.

Thank you to Isabella for her fantastic role and to all the students for engaging so enthusiastically. A fun and educational experience was had by all!





4A and 4B DIY Workshop



Cross Country Athletics

South Leinster Cross Country

Well done to our athletics who competed in south Leinster cross country in Fenagh on Wednesday. The following are through to Leinsters in two weeks time!

1st Intermediate Laura Ayres, 3rd Minor team (Ellie Knowles 5th, Ella Murray 6th, Alannah Dunne, Realtin Curran, Ailbhe McDonald, Isobel Julian, Elena McDonald), 2nd intermediate team (Laura Ayres, Chelsea Dooley, Orla Kelly, Caitilin Seitz)

Well done to our other athletes - Mollie Kelly, Abby Pender, Emma Pender, Gemma Dunne, Jane Ashmore



Fifth Year

Home Economics

Fifth Year Home Economics students are currently working on their 20% Food Studies Assignment where they are exploring nutritional and dietetic needs for reducing risk of iron deficiency.

The girls prepared, cooked and served Spaghetti and Meatballs in a Tomato and Basil Sauce as part of their investigation this week.

Great work by all!

20% Food Studies Assignment



Well Done

First and Second Year Basketball Teams

Well done to First and Second Year basketball teams who had convincing wins over Loreto Kilkenny on Wednesday in their league matches.

2nd year and 1st year Basketball wins



LIBRARY

I recently read the book "**Into the Wild**" by Erin Hunter. This book is an amazing start to the "Warriors" series and I honestly was drawn in from the very first chapter!

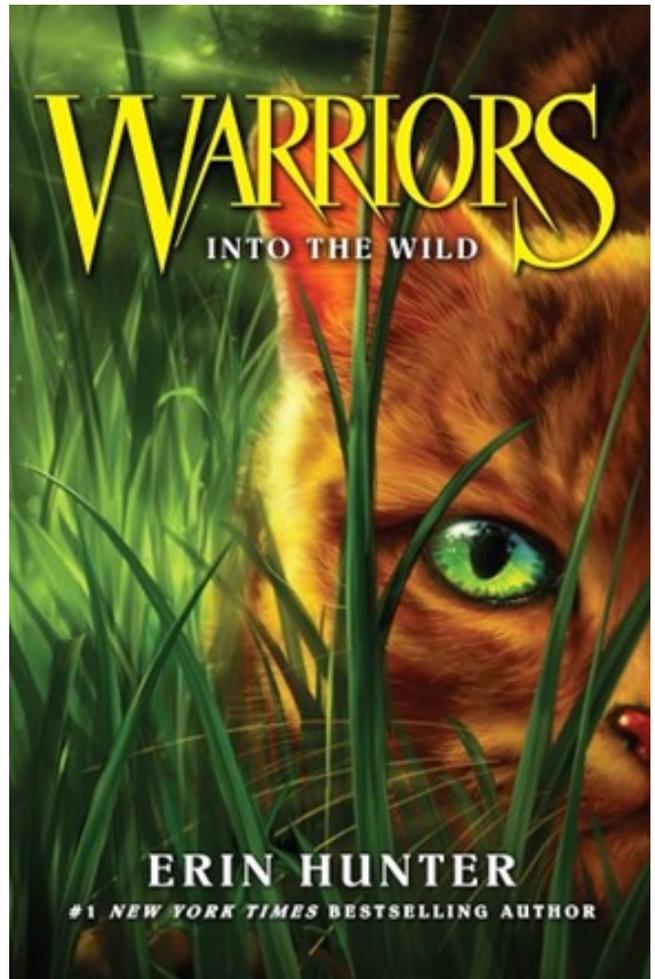
It tells the story of Rusty, a housecat, who leaves his old life behind and joins a group of wild cats. Later he takes on the name Firepaw and starts his warrior training. Firepaw learns how to survive in the forest and prove his worth, because many cats despise his "domestic" origin. Along the way he discovers rivalries between clans and makes new friendships. The story is full of exciting battles and surprises!

One thing I really liked was how the author created a whole cat society with its own rules, traditions and beliefs.

I would really recommend this book if you love animals, especially cats!

Thank you to Tetiana Shepelenko for this purrfect review!

**Book Review by
Tetiana Shepelenko 2E**



Hi, my name is Grace Kehoe, and for my book review I chose

Better Than the Movies by Lynn Painter

Better Than the Movies is a romantic comedy that follows an enemies-to-lovers storyline filled with humour, emotion, and heartwarming moments.

The story focuses on Liz and Wes, two neighbours who grew up together. Although they have known each other since childhood, Liz never really liked Wes until high school, while Wes had liked Liz from the very beginning. As they grow older, their relationship slowly changes from the annoying neighbour to the boy/girl next door. Throughout the book, readers get to see how their friendship develops into love in a natural and realistic way. The characters are relatable, and their conversations are funny and witty, which makes the story even more enjoyable.

I highly recommend this book to anyone who wants to get into reading, as it was easy to follow and impossible to put down. I found myself wanting to read more after every chapter. There is also a sequel called Nothing Like the Movies, which is just as good. It continues Liz and Wes's story and is the perfect "boy meets girl" romantic comedy.

Overall, Better Than the Movies is a fun, sweet, and entertaining novel that I would definitely recommend to readers who enjoy romance, comedy, and heartfelt stories. The blurb: Wes has been irritating Liz since they were kids. But now that it's senior year and he's made friends with Michael, her forever crush. Her neighbour is her ticket to scoring the prom date of her dreams. Scheming together to win Liz her magical moment, they discover they actually like spending time together. As they grow closer, will Liz need to rethink her happily ever after? **Thank you Grace for this fab review!**



**Book Review by
Grace Kehoe 2D**



Monday 2 nd February	Tuesday 3 rd February	Wednesday 4 th February	Thursday 5 th February	Friday 6 th February
BANK HOLIDAY	Study 8:50-9:30 English Paper 1 9:30- 12:20	Irish Paper 1 HL 8:50 - 10:50 Irish Paper 1 OL 9:20 - 10:50 Irish Paper 1 FL 8:50 - 10:50	Study/ Exam Prep 8:50 - 9:00	Irish OL Study 8:50 - 10:00 Irish Paper 2 OL 10:00-12:20
	Lunch 12:20-1:30	Break 10:50-11:15 *Irish Aural 11:15-11:35 *Study 11:35-12:00	English Paper 2 9:00 - 12:20	Irish HL Study 8:50 - 9:15 Irish Paper 2 HL 9:15 - 12:20
		Lunch 12:00 - 1:00	Lunch 12:30 - 1:30	Lunch 12:20-1:30
	Home Economics 1:30-4:00	Maths Paper 1 1:30 - 4:00 HL, OL & FL	Maths Paper 2 1:30 - 4:00 HL & OL	

Monday 9 th February	Tuesday 10 th February	Thursday 12 th February	Friday 13 th February
MFL French 9:30 - 12:00 MFL German 9:30 - 12:00	Chemistry 5.1 9:00 - 12:00 Politics & Society 5.2 9:30 - 12:00 Technology 5.7 HL 9:30 - 12:00 Technology 5.7 OL 10:00 - 12:00	Biology 9:00 - 12:00	Ag. Science 8.2 9:30 - 12:00 Physics 8.5 9:00 - 12:00 Economics 8.6 9:30 - 12:00 History 8.8 9:10 - 12:00
	Lunch 12:00-1:00	Lunch 12:00-1:00	Applied Maths 1:30 - 4:00*
Accounting 3.2 1:00 - 4:00 LCPE 3.4 1:30 - 4:00 Art 3.5 1:30 - 4:00 Geography 3.6 1:10 - 4:00	History 6.1 1:10 - 4:00 Art 6.2 1:30 - 4:00 Business 6.5 HL 1:00 - 4:00 Business 6.5 OL 1:30 - 4:00 Music 6.8 * 1:00 - 4:00	*LCVP 1:30 - 4:00	

- MFL Aural will take place in advance of the written exams on Thursday 29th January during P3 in classrooms. Lists will be shared on Teams.
- Irish Aural will take place in classrooms on Wednesday 4th February after the written exam. Lists will be shared on Teams.
- LCVP will take place in classrooms on Thursday 12th February. Lists will be shared on Teams.
- *The Music exam will take place in Room 304 on Tuesday 10th February
- Please arrive in school on time and scan in in the school main building before you arrive in the Gym for 8:45. Be seated in the exam centre punctually.
- Even if your exam does not commence at 8:50 you must be seated in the exam centre before 8:50 and use that time to study and prepare for your next examination.
- Even if you do not have an exam during a particular exam period, you must be seated in the exam centre for study during that entire period.

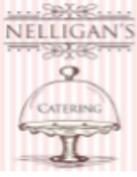
Mock Exam Timetables

Junior Cycle Mock Examinations 2026



Thursday 5 th February	Friday 6 th February	Monday 9 th February	Tuesday 10 th February	Thursday 12 th February	Friday 13 th February
Gaeilge HL & OL 8:50-10:50	Study 8:50-10:50	Maths HL & OL 8:50-10:50	English HL & OL 8:50-10:50	MFL French & German 8:50-10:50	Study 8:50-9:20 Home Economics 9:20-10:50
Break 10:50-11:15	Break 10:50-11:05	Break 10:50-11:15	Break 10:50-11:15	Break 10:50-11:15	Break 10:50-11:05
Study 11:15-11:35 Music* 11:35-1:05	History 11:05-1:05	Study 11:15-1:10	Study 11:15-1:10	Study 11:15-1:10	Applied Technology 11:05-12:35
Lunch 1:10-2:00		LUNCH 1:10 – 2:00			
Geography 2:00-4:00		Religious Education 2:00-4:00	Business Studies 2:00-4:00	Science 2:00-4:00	

*The Music exam will take place in Music Room 131.



Weekly Hot Lunch Menu

Monday 2nd

- Closed

Tuesday 3rd

- Chicken Pasta Bake
- Pasta Bake (V)

Wednesday 4th

- Chicken Curry & Rice
- Veg Curry & Rice (V)

Thursday 5th

- Beef Lasagne served with Salad & Baked Potato or Chips
- Salad & Baked Potato or Chips

Soup

Homemade Vegetable

Small Dinner €4.00 | Large Dinner €6



Concert & Irish dancing



THURSDAY 5th February 2026
1.30PM

Location :
Assembly Hall



ALL ARE WELCOME

Friendly February 2026

MONDAY



2 Ask a friend how they have been feeling recently

TUESDAY



3 Do an act of kindness to make life easier for someone

WEDNESDAY



4 Invite a friend over for a 'tea break' (in person or virtual)

THURSDAY



5 Make time to have a friendly chat with a neighbour

FRIDAY



6 Get back in touch with an old friend you've not seen for a while

SATURDAY



7 Show an active interest by asking questions when talking to others

SUNDAY

1 Send a message to let someone know you're thinking of them

8 Share what you're feeling with someone you really trust

9 Thank someone and tell them how they made a difference for you

10 Look for good in others, particularly when you feel frustrated with them

11 Send an encouraging note to someone who needs a boost

12 Focus on being kind rather than being right

13 Smile at the people you see and brighten their day

14 Tell a loved one or friend why they are special to you

15 Support a local business with a positive online review or friendly message

16 Check in on someone who may be struggling and offer to help

17 Appreciate the good qualities of someone in your life

18 Respond kindly to everyone you talk to today, including yourself

19 Share something you find inspiring, helpful or amusing

20 Make a plan to connect with others and do something fun

21 Really listen to what people say, without judging them

22 Give sincere compliments to people you talk to today



23 Be gentle with someone who you feel inclined to criticise

24 Tell a loved one about the strengths that you see in them

25 Thank three people you feel grateful to and tell them why

26 Make uninterrupted time for your loved ones

27 Call a friend to catch up and really listen to them

28 Give positive comments to as many people as possible today



ACTION FOR HAPPINESS

Happier · Kinder · Together

EXTRA-CURRICULAR AND SPORTS TIMETABLE

	Monday 🌟	Tuesday 😊	Wednesday 🏏	Thursday 🌟
Before school 8:00 – 8:45	Senior & Cadette Volleyball Ms. O'Neill			
	10.55 Human Rights group Room 227 / Ms Curran			
Lunch 1.20-1.55  THE LIBRARY is open every break and lunch times.  BOARD GAMES AVAILABLE Fitness suite Open at lunch for junior students. 	Senior & Cadette BASKETBALL Ms Bergin & Mr Wood 1 st year HOCKEY Ms. Hickey Crochet club Ms English & Ms Lennon Room 613 CHAMBER CHOIR MUSIC ROOM Ty, 5 th & 6 th years SJ Vincent de Paul Cairdeas - Ms Crockett	All years Badminton Ms. Hennessy Junior Soccer Mr Walsh & Ms Lalor All years Zumba Assembly Hall Ms. Zadorozhna Folk Group Music Room Ms Coisgrove 1st & 2nd Years Public speaking 1.30pm – Room 701 Mr O'Taherty & Ms A. Coyle Arts & Crafts Club Ms. Connors & Ms. Mullins 1.20pm Art Room 501 <i>• Poetry About - All year groups Ms. O'Sullivan 1.20pm GR703</i>	Juniors Netball Ms Millward 1 st Year Gaelic Football Ms. Eady & Ms. O'Leary CHAMBER CHOIR MUSIC ROOM	All years Athletics Track Ms Graham/ Ms Hickey Senior, Cadette & 2 nd Year Volleyball Ms. O'Neill GREEN SCHOOLS Ms Davies/ Room 228 Chess club Library Club Gaelige Ms. M. McDonough & Ms. Treenin Room 703
After school 4.15 – 5:15 pm	Seniors Netball Ms Millward Senior, 4th, 5th and 6th year Hockey Justine Collins 4.10-5.10	2nd, 3rd year Hockey Justine Collins 4.10-5.10	Junior & Senior Gaelic Football Ms. Eady & Ms. O'Leary 5th YEARS Applied Maths 4.20 – 6.20.	6th YEARS Applied Maths 4.20 – 6.20.