



MAY

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“It always seems impossible until it’s done.”

— Nelson Mandela

Mon	Tue	Wed	Thurs	End of Week
				1-3 What is your study plan?
4 	5 Do one act of self-care a day.	6 Test yourself in each study session!	7 	8-10 What topics will you prioritise next week?
11 Are you sleeping for 7-8 hours?	12 	13 Practice exam questions and mark them!	14 	15-17 Have you all the exam materials you need?
18 	19 Reminder: You are AMAZING!	20 	21 You're doing great!	22-24 When did you last reward yourself?
25 Write down your goals!	26 	27 Use flash cards to test your knowledge!	28 	29-31 Good luck from Super Generation!