

Dear Parent/Guardian,

As we come to the close of another academic year, I want to take a moment to sincerely thank you for your continued support. It has been a very busy year but a very successful year for our school, and I'd like to commend all our students, for their hard work, accomplishments, and enthusiastic involvement in the wide range of activities and events that took place throughout the year.

Below, you will find links to several important documents to help prepare for the upcoming new school year:

- Uniform information & Attendance information
- Bronagh Starrs' parent talk for 'Supporting Teenagers Through Life's Challenges'.

Uniform and Dress Code Information

We remind all families of the importance of maintaining the school uniform and dress code standards. The only jacket which may be worn at school and on school trips is the navy school jacket with the school crest. Skirts are to be knee length. Tongue studs and facial jewellery, other than earrings, are not allowed. Please note, there are **NO** exceptions made for students who get piercings during the school year and ask to wear spacer/ retainer studs or bars. If students wish to get a facial piercing over the summer, please make sure they leave enough time to let them heal so it can be removed in school. We very much appreciate your support in relation to our expectations for our students.

Information for 'Supporting Teenagers Through Life's Challenges' by Bronagh Starrs

Bronagh Starrs is a mental health consultant and recognised expert in contemporary adolescence, an experienced psychotherapist, clinical supervisor, parenting consultant, writer, and trainer. Parenting today can feel overwhelming. Children and teenagers are facing pressures unlike those of past generations, and one of the greatest challenges many families face is

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anxiety. As parents, it's not always easy to know how to best support them. In this talk, you will gain a better understanding of the challenges teenagers face today. Insights into teenage mindset and emotional well-being. Bronagh Starrs will outline strategies and practical tools and ideas that parents can use right away, creating better communication and a stronger connection with your child. Bronagh Starrs' talk for parents, 'Supporting Teenagers Through Life's Challenges' will take place in Bridgetown College on Tuesday, 25th of August at 7:30 pm.

Attendance Information

Regular attendance is essential for academic success and personal development. We ask all families to prioritise punctuality and attendance in the new school year. Missing even a day or two each month can significantly affect learning and progress.

Book/Stationery

Under the free Schoolbook Scheme, students will receive everything they need when they return to school in September, so there is no need to get anything other than a school bag and pencil case. For 1st year and LC1 students, we require a €25 deposit that is refunded on return of books at the end of the programme.

Return to School Dates

Our back-to-school arrangements are as follows:

Tuesday 1 st September	JC1 Induction
Wednesday 2 nd September	JC3, LC2 & LCA2 only
Thursday 3 rd September	JC2, TY, LC1 & LCA1 only
Fri 4 th September	All students

General Procedures/ Notices

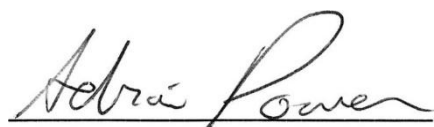
The following are reminders of our mobile phone usage, signing- in/out and absence procedures:

- **Mobile phone usage in the school – Pouches**
As part of our student well-being initiatives, we will be a mobile/smartphone free campus going forward. This will involve the introduction of phone pouches. Students will be instructed on the use of these pouches in September.
- **Signing Out – parents/guardian** are asked to complete a note in the journal to explain the reason.
For student safety, we ask Parents/guardians to come into the school to sign their son/daughter out.
- **Absence Notes –** Please use the absence function on Tyro to explain the reason for the absence.

You will be notified in August when timetables are ready to view on Tyro. I want to express my sincere thanks to you, our parents and guardians, for your partnership, encouragement, and support. We hope you and your family enjoy a relaxing and joyful summer break. I'm really looking forward to seeing all students back in September.

Thank you once again for your continued support.

Yours sincerely,



Adrian Power
Principal