

Lisnasharragh SMK

	Monday	Tuesday	Wednesday	Thursday	Friday
16th February 16th March 13th April 11th May 8th June	Baked Fish Goujons with Lemon Mayo Steamed Broccoli & Baked Bean Chipped Potatoes & Baked Potato Selection of Fruit Yoghurt Pots	Homemade Beef Bolognese Baton Carrots & Green Beans Fusilli Pasta & Fresh Seasonal Salad Mandarin Orange Sponge with custard	Lunch Bunch Chicken Curry & Mini Naan Bread Garden Peas & Fresh Seasonal Salad Steamed Rice & Oven Roast Wedges Peach & Raspberry Traybake Trifle	Roast Pork with Stuffing and Rich Gravy Steamed Broccoli & Turnip Mashed Potatoes & Oven Roast Potatoes Chocolate and Pear Sponge Cake	Hot Dog with Tomato Ketchup Garden Peas & Mini Corn on the Cob Chipped Potatoes & Baked Potato Vanilla Ice Cream with Sliced Pears
23rd February 23rd March 20th April 18th May 15th June	Golden Baked Cod Bites Steamed Broccoli & Baked Beans Chipped Potatoes & Baked Potato Frozen Strawberry Yoghurt and Fruit	Mild Beef Chilli Sweetcorn, Fresh Seasonal Salad & Coleslaw Steamed Rice & Oven Roast Wedges Homemade Apple Sponge with Custard	Lunch Bunch Chicken Curry & Mini Naan Bread Garden Peas & Diced Carrots Steamed Rice & Mashed Potatoes Fresh Fruit Salad with Strawberry Yoghurt	Roast Turkey with Stuffing and Rich Gravy Roast Carrots & broccoli Mashed Potatoes & Oven Roast Potatoes Fruit Muffin and Milkshake	Cheeseburger with Tomato Ketchup Sweetcorn & Crunchy Veggie Sticks Chipped Potatoes & Baby Potatoes Oatmeal Biscuit with Orange Wedges
2nd March 30th March 27th April 25th May 22nd June	Golden Crumbed Fish Fingers Garden Peas & Spaghetti Hoops Chipped Potatoes & Mashed Potatoes Summer fruit sponge	Homemade Beef Bolognese Steamed Broccoli & Fresh Seasonal Salad Fusilli Pasta & Herbed Baby Potatoes Banana Mousse	Lunch Bunch Chicken Curry & Mini Naan Bread Green Beans & Baton Carrots Steamed Rice & Oven Roast Wedges s Blueberry and Lemon Sponge with Custard	Roast Gammon with Stuffing and Rich Gravy Cabbage & Roast Butternut Squash Mashed Potatoes & Oven Roast Potatoes Jelly Whip with Mandarin Oranges	Baked Pork Sausages Sweetcorn & Baked Beans Chipped Potatoes & Mashed Potatoes Frozen Vanilla ice cream with Melon Wedge
9th March 6th April 4th May 1st June 29th June	Homemade Beef Bolognese Baton Carrots & Steamed Broccoli Fusilli Pasta & Baked potatoes with cheese Date Krispie Melon, Mandarin and Pineapple	Ham and Cheese Pizza Sweetcorn & Coleslaw Chipped Potatoes & garlic wedges Raspberry Jelly with Two Fruits	Lunch Bunch Chicken Curry & Mini Naan Bread Garden Peas & Roast Butternut Squash Steamed Rice & baby potatoes Pineapple Upside Down Cake with Custard	Roast Beef with Yorkshire Pudding, Stuffing and Rich Gravy Or Baked Salmon and Tomato Pasta Roast Carrot & Cauliflower Mashed Potatoes & Oven Roast Potatoes Chocolate-flavoured Mousse with chopped fruit	Oven Baked Chicken Goujons Garden Peas & Baked Beans Chipped Potatoes, Baked Potato & Fresh Seasonal Salad Homemade Shortbread Biscuit with Melon Wedge

Menu choices subject to deliveries
Fresh Fish May
Contain Bones

*Breads
Milk, Water
A Choice of Fresh
Fruit & Yoghurt
Available Daily*

If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form

