

December 2025

Cincinnati College Preparatory Academy Breakfast/Lunch

Monday

WG Cereal, WG Cracker, Fruit & Juice

Spaghetti w/Beef MEatsauce, Carrots & Fruit

WG Cereal Bar, WG Cracker, Fruit & Juice

Baked Pepperoni Ziti Pasta, Carrots & Fruit

WG Oatmeal Bar, WG Cracker, Fruit & Juice

Breaded Fish, WG Bun, Glazed Carrots & Fruit

WINTER RECESS

WINTER RECESS

Tuesday

WG Waffle, Fruit & Juice

WG Pancakes, Potatoes, Turkey Sausage & Fruit

WG Nutri Grain Bar, WG Cracker, Fruit & Juice

Chicken Nuggets, Sweet Corn, WG Roll & Fruit

WG Waffle, Fruit & Juice

Chicken Soft Taco, Black Beans & Fruit

WINTER RECESS

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Wednesday

WG Cereal, WG Cracker, Fruit & Juice

WG Turkey Corn Dog, Baked Beans & Fruit

WG Cereal, WG Cracker, Fruit & Juice

Beef Cheeseburger, WG Bun, Baked Beans & Fruit

WG Cereal, WG Cracker, Fruit & Juice

Oven Fried Chicken, Green Beans WG Roll & Fruit

WINTER RECESS

WINTER RECESS

Thursday

WG Toaster Pastry, Fruit & Juice

Beef Sloppy Joe, WG Bun, Green Beans & Fruit

WG Donut, Fruit & Juice

Breaded Chicken, WG Bun, Sweet Peas & Fruit

WG Biscuit, Turkey Bacon, Fruit & Juice

Beef Hot Dog, WG Bun, Potatoes & Fruit

WINTER RECESS

The winter solstice, the shortest day of the year, also occurs in December. December babies are either Sagittarius or Capricorn, and their birthstones are turquoise.

Friday

WG Biscuit & Turkey Sausage Gravy, Fruit & Juice

Chicken Pasta Alfredo, Broccoli & Fruit

Breakfast Casserole, Fruit & Juice

3 Way Chili, Romaine Salad & Fruit

CLOSED

WINTER RECESS

Breakfast Menu Consist of the Following:

- 1 c Vegetable/Fruit
- 2 oz eq. – whole grain (gr)
- 1 c Fluid Milk (1% or skim)

Lunch Menu Consist of the Following:

- 2 oz eq Meat/Meat Alternative (m/ma)
- $\frac{3}{4}$ c Vegetable
- $\frac{1}{2}$ c Fruit
- 1 oz eq. – whole grain
- 1 c Fluid Milk (1% or skim)
- WG – whole grain

No Pork or Peanut Products Served

All Meals Served with Nonfat Chocolate or 1% White Milk

Menu Items Subject to Change

513.226.1220

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Did you know?