Presentation De La Salle College
Muine Bheag, Co. Carlow

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An Irish Schools Trust

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25th August 2026

Dear Parents/Guardians,

I hope you are well, and I trust your son/daughter is looking forward to the new academic year starting in September.

Curriculum

I hope to furnish you with further information about the Transition Year programme in PDLS.

Transition Year is an immersive year where students are encouraged to get involved in as many co-curricular and extracurricular activities as possible. On Tuesday 1st of September, each student will be issued with a TY booklet and folder; it is their responsibility to update this folder with their reflections, reports, class notes, and any certificates/module recognition received in TY.

Cúram

Cúram is a new tutor time slot between periods 1&2 each day. This 12-minute slot is a perfect opportunity for tutor teachers to check in with their base classes, issue TY information, gather any questions, and check on the general wellbeing of each student.

Core, Practical & Sampled Subjects:

English, Irish, Maths, and all Science subjects, Careers, Art, Music, Woodwork, Design & Communication Graphics, Home Economics, Accounting, Business, Sustainable Living, Agricultural Science, History, and Geography, Research and Referencing.

Additional Classes:

- *ICT*: International Computer Driving License modules
- *Reflective Folder*: Recording all TY experiences
- *PE*: Self Defence, Footgolf, Wellbeing & Yoga, Circuit Classes, and other PE curriculum elements. PE roll call is at 13:55 each Tuesday in their assigned classroom.
- *Other*: Religion, French & German (where selected), English & Communication, Stage Design (Woodwork), Junk Kouture, Theatre & Stage, Media, Textiles & Crafts, Formula 1 in Schools.

Work Experience

Work experience takes place every Thursday. We encourage students to complete three separate blocks with three different employers. A typical structure is: September–November, November–March, and March–May. See list of possible employers on TY section of our website

We have strong links with many local employers and encourage students to contact businesses in the local area. There are also additional TY programmes available through Engineers Ireland, The Defence Forces, An Garda Síochána, and the RCSI Mini Med online information week delivered in school. All of these are by application through the TY Coordinator.

In September, each student will receive an employer cover letter, evaluation sheet, and insurance indemnity letter. If any work experience opportunities arise outside the proposed blocks, please contact me to discuss.

Uniform

The PE and school uniform should be worn with pride, and we encourage all students to continue this.

- *PE Uniform*: Full PDLS tracksuit with school shorts and T-shirt, available at Rea's, Bagenalstown. Must be worn for PE and all school outings.
- *School Uniform*: Must be worn on all other occasions. PE roll call is at 13:55 each Tuesday in their respective classrooms. See timetable for room allocation.

Attendance

Attendance is compulsory. If your son/daughter is absent, a note must be provided to Ms. Dudley explaining the absence. It is important that we have a record of all absences. Consistent unexplained absences may impact a student's opportunity to participate in the April/May activity trips.

Costs: €450

This fee covers a wide range of TY activities and events, including bus bookings, trips, and activities. *Note: Erasmus is a separate cost and is not included.* We are currently planning to run a school musical, a final decision will be made regarding viability in September.

Trips & Upcoming Events

At the time of writing, we are planning Erasmus programmes as well as TY Overnight trips for the whole TY student cohort. There is additional information relating to our Erasmus + policy on our website. I will have further information relating to these trips at the parents' information evening on the 9th of September in PDLS.

Upcoming Events:

Date	Event	Group
4 September	TY Ice breakers & Barrow Walk	All TYs
8 September	Dunmore East Adventure Centre	All TYs
29 September	Baltinglass Adventure Centre	4A, 4B, 4C
30 September	National TY Show, The Curragh	All TYs
6 October	Baltinglass Adventure Centre	4D, 4E, 4F
21 October	Forensic Science Workshop	All TYs

All TY trips to Emerald Park, Surfing as Gaeilge, and Waterford Greenway will take place in late April and May 2026. Further trips will be flagged in advance. These trips are included in the cost of TY.

Parents' Information Meeting

There will be a parents' information meeting on *Wednesday 9th September at 7pm in the PDLS Hall*. I will run through updated information and answer any questions you may have. I will also provide further details regarding a potential overnight trip in Spring 2027. Parents can also keep informed of upcoming events by accessing key dates on the calendar section of the PDLS website.

Yours sincerely,

Michael Meaney

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Transition Year Coordinator

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List of Transition Year Events & Activities This list is not exhaustive

- TY RCSI Mini Med
- Gaisce
- Creative Writing Workshop
- School Musical *TBC*
- Sporting Events
- Child Safeguarding & Introduction to Gaelic Games Course
- Erasmus French/German Trip & Mobility Trips
- Careers Options Fair
- Women in Technology Lecture in SETU Waterford
- Cyber Security Course through SETU
- Workshop on Healthy Relationships
- Fund Literacy Programme through State Street
- Forensic Science Workshop
- K Bowl, Dreamspace
- Driving School
- Primary School Debating Trip
- Body Image Webinar
- Dunmore East Adventure Centre
- Junk Kouture
- Baltinglass Adventure Centre
- Guest Speakers from the World of Engineering
- Payroll
- Medical Industries
- Alumni Speakers
- Footgolf
- Emerald Park
- Self Defence
- Pilates
- Yoga
- Wellbeing Classes
- Spin/Step Classes
- Amnesty
- Young SVP
- Work Experience