

EAT SMART WEEK

THE LUNCH BUNCH



WEEK BEGINNING

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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| <p>16th February 16th March 13th April 11th May 8th June</p> | <p>Baked Fish Goujons with Lemon Mayo</p> <p>Steamed Broccoli & Baked Beans Chipped Potatoes & Baked Potato</p> <p>Selection of Fruit Yoghurt Pots</p> | <p>Homemade Beef Bolognese</p> <p>Baton Carrots & Green Beans Fusilli Pasta & Fresh Seasonal Salad</p> <p>Mandarin Orange Sponge with Custard</p> | <p>Lunch Bunch Chicken Curry & Mini Naan Bread</p> <p>Garden Peas & Fresh Seasonal Salad</p> <p>Steamed Rice & Oven Roast Wedges</p> <p>Peach & Raspberry Traybake Trifle</p> | <p>Roast Pork with Stuffing and Rich Gravy</p> <p>Steamed Broccoli & Cauliflower Mashed Potatoes & Oven Roast Potatoes</p> <p>Chocolate and Pear Sponge Cake</p> | <p>Hot Dog with Tomato Ketchup</p> <p>Garden Peas & Mini Corn on the Cob Chipped Potatoes & Baked Potato</p> <p>Vanilla Ice Cream with Sliced Pears</p> |
| <p>23rd February 23rd March 20th April 18th May 15th June</p> | <p>Golden Baked Cod Bites</p> <p>Steamed Broccoli & Baked Beans Chipped Potatoes & Baked Potato</p> <p>Frozen Strawberry Yoghurt and Fruit Tub</p> | <p>Mild Beef Chilli</p> <p>Sweetcorn, Fresh Seasonal Salad & Coleslaw Steamed Rice & Oven Roast Wedges</p> <p>Homemade Apple Sponge with Custard</p> | <p>Lunch Bunch Chicken Curry & Mini Naan Bread</p> <p>Garden Peas & Diced Carrots Steamed Rice & Mashed Potatoes</p> <p>Fresh Fruit Salad with Strawberry Yoghurt</p> | <p>Roast Turkey with Stuffing and Rich Gravy</p> <p>Roast Carrots & Spring Cabbage Mashed Potatoes & Oven Roast Potatoes</p> <p>Fruit Muffin and Milkshake</p> | <p>Cheeseburger with Tomato Ketchup</p> <p>Mini Corn on the Cob & Crunchy Veggie Sticks Chipped Potatoes & Baby Potatoes</p> <p>Oatmeal Biscuit with Orange Wedges</p> |
| <p>2nd March 30th March 27th April 25th May 22nd June</p> | <p>Golden Crumbed Fish Fingers</p> <p>Garden Peas & Spaghetti Hoops Chipped Potatoes & Mashed Potatoes</p> <p>Banana-flavoured Mousse</p> | <p>Homemade Beef Bolognese</p> <p>Steamed Broccoli & Fresh Seasonal Salad Fusilli Pasta & Herbed Baby Potatoes</p> <p>Summer Fruit Sponge Finger</p> | <p>Lunch Bunch Chicken Curry & Mini Naan Bread</p> <p>Green Beans & Baton Carrots Steamed Rice & Oven Roast Wedges</p> <p>Blueberry and Lemon Sponge with Custard</p> | <p>Roast Gammon with Stuffing and Rich Gravy</p> <p>Cauliflower & Roast Butternut Squash Mashed Potatoes & Oven Roast Potatoes</p> <p>Jelly Whip with Mandarin Oranges</p> | <p>Baked Pork Sausages</p> <p>Sweetcorn & Baked Beans Chipped Potatoes & Mashed Potatoes</p> <p>Frozen Vanilla Yoghurt with Melon Wedge</p> |
| <p>9th March 6th April 4th May 1st June 29th June</p> | <p>Homemade Beef Bolognese</p> <p>Baton Carrots & Steamed Broccoli Fusilli Pasta & Oven Roasted Wedges</p> <p>Melon, Mandarin and Pineapple Pot</p> | <p>Ham and Cheese Pizza</p> <p>Sweetcorn & Coleslaw Chipped Potatoes & Baby Potatoes</p> <p>Raspberry Jelly with Two Fruits</p> | <p>Lunch Bunch Chicken Curry & Mini Naan Bread</p> <p>Garden Peas & Roast Butternut Squash Steamed Rice & Potato Salad</p> <p>Pineapple Upside Down Cake with Custard</p> | <p>Roast Chicken with Stuffing and Rich Gravy Or Baked Salmon and Tomato Pasta Roast Carrot & Cauliflower Mashed Potatoes & Oven Roast Potatoes</p> <p>Chocolate-flavoured Mousse with Chopped Fruit</p> | <p>Oven Baked Chicken Goujons</p> <p>Garden Peas & Baked Beans Chipped Potatoes, Baked Potato & Fresh Seasonal Salad</p> <p>Homemade Flakemeal Biscuit with Melon Wedge</p> |

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

MENU SUBJECT TO
PRODUCT AVAILABILITY

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL