November 2026

Cincinnati College Preparatory Academy
Breakfast/Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Nutri Grain Bar, WG Cracker, Juice & Fruit WG Chicken Nuggets, Sweet Corn, WG Roll & Fruit	**3** CLOSED	**4** WG Cereal, WG Cracker, Juice & Fruit BBQ Chicken, WG Bun, Baked Beans & Fruit	**5** WG Toaster Pastry, Juice & Fruit Spaghetti w/Beef Meatsauce, Romaine Salad & Fruit	**6** WG Oatmeal, Juice & Fruit WG Pizza, Carrots & Fruit
9 WG Cereal, WG Cracker, Juice & Fruit Beef Sloppy Joe, WG Bun, Sweet Peas & Fruit	**10** WG Oatmeal Bar, WG Cracker, Juice & Fruit Chicken Soft Taco, Black Beans & Fruit	**11** CLOSED	**12** WG Waffle, Juice & Milk WG Breaded Chicken, WG Bun, Glazed Carrots & Fruit	**13** WG Biscuit, Turkey Bacon, Juice & Fruit WG Chicken Corn Dog, Sweet Corn, & Fruit
16 WG Cereal, WG Cracker, Juice & Fruit Baked Ziti Pasta, Carrots & Fruit	**17** WG Bagel, Cream Cheese, Juice & Fruit Chicken & Noodles, Mixed Vegetables & Fruit	**18** WG Breakfast Loaf, Juice & Fruit Beef Chili Mac, Red Beans & Fruit	**19** WG Toaster Pastry, Juice & Fruit Turkey, WG Dressing, Green Beans & Fruit	**20** Breakfast Casserole, Juice & Fruit WG Pizza, Romaine Salad & Fruit
23 CLOSED	**24** CLOSED	**25** CLOSED	**26** CLOSED	**27** CLOSED
30 WG Cereal, WG Cracker, Juice & Fruit Beef Soft Taco, Mexican Corn & Fruit				

Breakfast Menu Consist of the Following:

- 1 c Vegetable/Fruit
- 2 oz eq. – whole grain (gr)
- 1 c Fluid Milk (1% or skim)

Lunch Menu Consist of the Following:

- 2 oz eq Meat/Meat Alternative (m/ma)
  1 c Vegetable
- 1 c Fruit
- 2 oz eq. – whole grain
- 1 c Fluid Milk (1% or skim)
- WG – whole grain

No Pork or Peanut Products Served

All Meals Served with Nonfat Chocolate or 1% White Milk

Menu Items Subject to Change

Did you know?

The full moon on November 24, 2026, is traditionally called the Beaver Moon. In 2026, this will be the second of three "supermoons," appearing larger and brighter than usual.

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