

March 2026

Cincinnati College Preparatory Academy Breakfast/Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>WG Cereal Bar, Cracker, Fruit & Juice 2</p> <p>Baked Ziti Pasta, Carrots & Fruit</p>	<p>WG Breakfast Bun, Fruit & Juice 3</p> <p>Breaded Fish, WG Bun, Mixed Vegetables & Fruit</p>	<p>WG Granola Bar, Fruit & Juice 4</p> <p>Beef Sloppy Joe, WG Bun, Sweet Corn & Fruit</p>	<p>WG Cereal, WG Cracker, Fruit & Juice 5</p> <p>Beef Hot Dog, WG Bun, Potatoes & Fruit</p>	<p>WG Oatmeal, Fruit & Juice 6</p> <p>Chicken Fried Rice, Peas & Carrots & Fruit</p>
<p>WG Toaster Pastry, Fruit & Juice 9</p> <p>Beef Soft Taco, Black Beans & Fruit</p>	<p>WG Cereal, WG Cracker, Fruit & Juice 10</p> <p>WG Pancakes, Turkey Sausage, Potatoes & Fruit</p>	<p>WG Donut, Fruit & Juice 11</p> <p>Breaded Chicken, WG Bun, Green Beans & Fruit</p>	<p>WG Nutri Grain Bar, WG Cracker, Fruit & Juice 12</p> <p>Spaghetti w/Beef Meatsauce, Carrots & Fruit</p>	<p>Breakfast Casserole, Fruit & Juice 13</p> <p>WG Pizza, Romaine Salad & Fruit</p>
<p>WG Breakfast Cake, Fruit & Juice 16</p> <p>Oven Fried Chicken, Mixed Greens, WG Roll & Fruit</p>	<p>WG Cereal Bar, WG Cracker, Fruit & Juice 17</p> <p>Beef Meatballs, WG Sub Bun, Potatoes & Fruit</p>	<p>WG Danish, Fruit & Juice 18</p> <p>Chicken & Noodles, Mixed Vegetables & Fruit</p>	<p>WG Waffle, Fruit & Juice 19</p> <p>Beef Cheeseburger, WG Bun, Baked Beans & Fruit</p>	<p>20</p> <p>CLOSED</p>
<p>23</p> <p>SPRING RECESS</p>	<p>24</p> <p>SPRING RECESS</p>	<p>25</p> <p>SPRING RECESS</p>	<p>26</p> <p>SPRING RECESS</p>	<p>27</p> <p>SPRING RECESS</p>
<p>WG Cereal, WG Cracker, Fruit & Juice 30</p> <p>Beef Walking Taco, WG Tortilla Chips, Black Beans & Fruit</p>	<p>WG Toaster Pastry, Fruit & Juice 31</p> <p>Chicken Pasta Alfredo, Broccoli & Fruit</p>	<p>Did you know?</p> <p>March 8th is International Women's Day, and March is also Women's History Month. St. Patrick's Day is celebrated on March 17th.</p>		

Breakfast Menu Consist of the Following:

- 1 c Vegetable/Fruit
- 2 oz eq. – whole grain (gr)
- 1 c Fluid Milk (1% or skim)

Lunch Menu Consist of the Following:

- 2 oz eq Meat/Meat Alternative (m/ma)
- ¾ c Vegetable
- ½ c Fruit
- 1 oz eq. – whole grain
- 1 c Fluid Milk (1% or skim)
- WG – whole grain

No Pork or Peanut Products Served

All Meals Served with Nonfat Chocolate or 1% White Milk

Menu Items Subject to Change

“USDA is an equal opportunity provider, employer and lender.”