

May 2026

Cincinnati College Preparatory Academy Breakfast/Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Mexico and the US celebrate Cinco de Mayo on May 5th, commemorating the victory over the French at the Battle of Puebla in 1862.

WG Nutri Grain Bar,
WG Cracker, Fruit &
Juice

Beef Sloppy Joe, WG
Bun, Sweet Corn &
Fruit

WG Cereal, WG
Cracker, Fruit & Juice

Spaghetti w/Beef
Meatsauce, Carrots &
Fruit

WG Toaster Pastry,
Fruit & Juice

Chicken Pasta
Alfredo, Broccoli &
Fruit

WG Danish, Fruit &
Juice

Beef Soft Taco, Black
Beans & Fruit

WG Breakfast Pastry,
Fruit & Juice

Chicken Fried Rice,
Carrots & Fruit

WG Cereal Bar, WG
Cracker, Fruit & Juice

Loaded Chicken Baked
Potato, WG Roll &
Fruit

WG Cereal, WG
Cracker, Fruit & Juice

Beef Chili Mac, Red
Beans & Fruit

WG Cereal, WG
Cracker, Fruit & Juice

Breaded Chicken, WG
Bun, Mixed
Vegetables & Fruit

WG Granola Bar, Fruit
& Juice

Beef Hot Dog, WG
Bun, Potatoes & Fruit

WG Grits, Fruit & Juice

Chicken Corn Dog,
Mixed Vegetables &
Fruit

WG Waffle, Fruit
& Juice

WG Pizza,
Romaine Salad &
Fruit

Breakfast Menu Consist of the Following:

- 1 c Vegetable/Fruit
- 2 oz eq. – whole grain (gr)
- 1 c Fluid Milk (1% or skim)

Lunch Menu Consist of the Following:

- 2 oz eq Meat/Meat Alternative (m/ma)
- $\frac{3}{4}$ c Vegetable
- $\frac{1}{2}$ c Fruit
- 1 oz eq. – whole grain
- 1 c Fluid Milk (1% or skim)
- WG – whole grain

No Pork or Peanut Products Served

All Meals Served with
Nonfat Chocolate or 1%
White Milk

Menu Items Subject to
Change

513.226.1220

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lender.”