

## An Introduction To Reining



### What is Reining?:

A ranch horse that works cattle must be confident, obedient and agile. Reining is a way to display those qualities. The competition happens within an arena, and much like a dres-

sage test, competitors execute a pre-determined pattern that demonstrates the athleticism, agility and responsiveness of the horse. Reining is different from dressage with quicker turns, stops and spins. All this is done on a loose rein, with a relaxed but ready attitude, such as one would need while herding cattle. Circles, lines are galloped and loped, and at higher levels sliding stops and dizzying spins make this an exciting sport to watch.

### The Goal of Reining:

The goal of reining is to demonstrate the qualities of the ultimate cow horse. Judges will look for straight lines, ridden in perfect control no matter the speed, the stops must be relaxed and motionless, and the spins executed around one hind leg so the horse appears to be spinning in place. Circles must be accurate and ridden at the correct pace. Transitions and lead changes must be clean (at the gallop, both front and rear legs must change) and roll backs should appear smooth.

### **Equipment You Will Need:**

- Western style clothing (you may wear a helmet).
- A Western saddle
- Western bridle with a curb bit.

### **Preparing Your Horse for Reining:**

Your horse will have to be fit and well schooled. Working with a coach, you'll learn how to teach your horse to spin, learn to ride straight lines, perfect circles, and smooth transitions. The aim is accuracy and obedience.

### **Preparing Yourself for Reining:**

Learn all you can on the ground. Attend competitions, clinics and watch how the pros do it. Find a coach that you enjoy working with and understands your goals. Know that like most sports, almost any horse can compete, but the compactness of the Quarter Horse makes them the first choice for reiners. Reining patterns at the lower levels are somewhat easier than at the FEI level. But they lay the groundwork for moving up, so there are no shortcuts. Be prepared to work hard if you want to be a serious competitor.

### The Benefit of Reining?:

Even if you're not interested in becoming a top level reiner, the control you and your horse will learn will benefit you on the trail, in other sports or if you actually work cattle. For those who compete often, there is the reward of seeing your scores improve over time and the challenge of new patterns

#### **Getting Involved:**

The California Reining Horse Association is a local organization that offers a website www.calreining.com that is a great resource for information on reining. They offer information on upcoming events, standings, local trainers and rules and regulations for reining competitions in the area.

- Oct 31- Nov 4, Del Mar Greater SD Hunter/ Jumper Horse Show, Arena Complex, www.gsdhja.org, Greater San Diego Hunter Jumper Association, 858-509-5104
- Nov 3, Sunland/Tujunga Free Horsemanship clinic! Weston Transformation Workshop, 1st Saturday of every month, Celie Weston Horsemanship at 818-352-7709, cw@celieweston.com
- Nov 3, San Marcos Manure Composting Workshop, Pathfinder Farm, Solana Center, compost@solanacenter.org, 760-436-7986 x222
- Nov 3-4, Poway Polo, Poway Valley Riders Association, www.pvra.com
- Nov 3-4, Vista Anne Speck Horse Show, VPR Ranch, www.vistapalomarriders.com, 760-803-1370
- Nov 10, Vista Chili Cook Off, Tack Swap & Community Garage Sale, VPR Ranch, Dan Robinson (Cook Off) 760-519-1269 or Tanya Snyder (Tack Swap/Garage Sale) 760-801-4260
- Nov 11, Poway Pony Club Show Jumping Fundraiser Show, Poway Valley Riders Association, www.pvra.com
- Nov 9-12, Santa Barbara Rancho Oso 3 + 1 Horsemanship & Trial Clinic, Rancho Oso Guest Ranch with two 3-Star Licensed Parelli Professionals! Maurice Thibault and Susan Nelson, www.rancho-oso.com
- Nov 14, Malibu Bernie Traurig Clinic for all levels, Sycamore Farms, Victoria Farber at 310-579-5043 or victoriavalleyfox@gmail.com
- Nov 17, Norco Saddle Sore Riders Annual Turkey Poker Ridel, Gibson Ranch, Jolynne Koch 951-220-7015 or 714-901-1569, LT Rodrigues 951-217-4017
- **Nov 17, Poway -** *Thanksgiving Fun Show*, Poway Valley Riders Association, www.pvra.com
- Nov 17-18, Rosamond UnExtreme Cowboy Challenge Clinic Day: Dual In the Desert, Cameron Ranch, NaturalBornRacers@gmail.com, 661- 350-6577
- **Nov 18, Poway -** *Clinic TBD*, Poway Valley Riders Association, www.pvra.com
- Nov 29- Dec 2, Del Mar Jingle Bell Saddlebred Horse Show, Fairgrounds Horsepark, 858-794-1171

If you have an event that you would like me to include in an upcoming newsletter, email me the information at

Devon@RanchAndEstateHomes.com

# Happy Thanksgiving!

### Ways To Give Thanks

- Before dinner, throw everyone's name in a hat. Then have each person pick a name and explain why they're thankful for that person.
- Express thanks with your decorations. When you set the table, write down each guest's name and why you're thankful for them or one quality you admire about them. Or simply write a little statement such as, "I am blessed to eat such a wonderful meal with those I love and appreciate most in this world."
- Create a family journal that will be brought out every Thanksgiving. Each family member writes things that they are thankful for throughout the year, and on the day of Thanksgiving, the family brings out the journal to read out loud to each other.
- Give a Thanksgiving gift to a local homeless shelter, battered women's shelter or convalescent home. Your gift can be anything from a turkey to a homemade decoration for their Thanksgiving celebration.
- Donate to your favorite charity, but don't forget to include a little note on a piece of paper or on the check about why you have chosen to support their cause.
- Gather up any old toys, clothes, home furnishings, etc. and deliver them to a Salvation Army, homeless or battered women's shelter or a thrift store.
- Do something unexpected for your husband, like taking his car in for a car wash or waking up early to make his favorite lunch for work.
- Show your gratitude for your favorite small business by spreading the word about it to a friend or coworker to help their business grow.
- Cook a large dinner for the men and women of your local fire department..
- Drop a little email or handwritten note to a coworker or to your employees, letting them know what a good job they're doing or what an asset they are to the company.





## Historical Adobe Home, Valley Center

Documented Historical Home on 3.07 acres (has 2.67 Acre adjacent lot sold separately). 3 Bed/3 Bath, 3,286 Sq. Ft. Home has been upgraded and has a new master suite. So many details make this home one of a kind...soaring wood beam ceilings, Saltillo tiles throughout, upgraded kitchen & baths, upstairs loft with 3/4 Bath, 3 Car Detached Garage and Potential Guest House, Pool/Spa. Horse Facilities include: 2 turn outs (60 x 80) with automatic waterer & 5000 gallon water tank.

Offered at \$700,000

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-Will Rogers



Twin Oaks Valley Beauty, San Marcos - 3.07 Acres, Sprawling Single Level, 4 Bedroom / 4 Bath, 3,461 Sq. Ft., Double Maple Entry Doors, Tile Floors, 10 Ft. Ceilings, Pool/Spa, Kitchen has Granite with stainless sink & appliances, French Doors, Covered patio, Gazebo, Horse facilities include: Arena, Tack/Feed Barns, Grass Pasture & separate service entrance. Room for horse trailer & truck parking.......Reduced!! at \$799,900





4+ Acre Equestrian Beauty, Valley Center - Single Level, 4 Bed / 3 Bath, 3,215 Sq. Ft. home, views, hardwood & travertine flooring, 2 fireplaces, large covered patio, formal dining room, gourmet kitchen, Master retreat, Dressage Arena, Round Pen, 2 Covered Paddocks, Hay Shed, Tack Shed, 3 Grass Pastures with vinyl fencing, Detached Workshop, Orange Grove, Lots of room for more, fully fenced...Offered at \$721,500



**Prime Equestrian Lot, Valley Center -** Contingent on sale of home lot, 2.67 Fenced Acres, 4 stall Barn, one stall oversized for foaling, feed storage, tack room, fly system & lights in each stall, 600 ft. well, large arena w/ vinyl fencing, round pen, 4 corrals w/ shed covers & automatic waters, grain hopper, turn-out pasture w/ v-mesh, Room for RV and/or living quarters trailer & dump station, building site....**Offered at \$185,000** 

### & Lots & Land &





For a private viewing of any of these homes or to receive a FREE market analysis on your home call Devon at (760) 522-8559 www.RanchAndEstateHomes.com





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My business is built on your referrals! I focus 100% of my energy on my clients and in return I depend on you to refer your family and friends to me. If you are genuinely pleased with my services, the greatest compliment you can give me is a referral. Referrals are what determine my success ... one home at a time, one friend at a time, one client at a time. I thank you for your trust and sincerely hope you will tell your friends, family, neighbors and co-workers about my services. If you know someone who is thinking of selling or buying a home, please have them call me at 760.522.8559

Thank You For Your Referrals!

Most folks are like a barb-wire fence, they have their good points

## ESTAT

### Ways To Cut Heating Costs

- 1. REPLACE YOUR FURNACE FILTER A clogged filter makes your furnace work harder to deliver the same amount of heat. If you have a central heating system (used for heat only), replace the filter once a year, at the start of the heating season. If you have a heat pump or a furnace with central air conditioning, replace it twice a year, at the start of the heating season and at the start of the cooling season.
- 2. INSTALL A PROGRAMMABLE THERMOSTAT Programmable thermostats work a whole lot better than your memory. They give you the ability to have a lot more control over your heating and cooling systems, and they will add both convenience and energy savings by raising and lowering the heat at preset times so you don't have to remember to do it.
- 3. INSULATE DUCTWORK Since the ducts are running through an unheated space, whether in your attic, crawlspace, basement or garage, duct insulation is a huge part of the system's ability to retain heated air within the ducts until it gets delivered into the house. All of the ducts in unheated spaces should be completely wrapped without any gaps, and the insulation should be of sufficient thickness to provide good insulating value -- typically around R-8, which is approximately 2 1/2 inches of fiberglass.
- 4. CLEAN WALL AND BASEBOARD HEATERS As with a central furnace, it's very important that wall heaters and baseboard heaters be cleaned at the start of every heating season. To clean baseboard heaters, shut off the circuit breaker that supplies power to the heater. Be certain you have the correct breaker, turn the thermostat up to high for 30 seconds and make sure that the heater does not come on. Remove the front cover and use a vacuum to clean the inside of the heater, being careful not to damage the aluminum fins. For wall heaters, shut off circuit breaker for the heater, and verify that it's off as above. Remove screws that hold the grill in place, and remove grill. Wash the grill in soapy water, dry, and set aside. You can then clean the inside of the heater using a vacuum, taking care not to touch the heating elements. Note: Be sure to refer to the instruction book that came with the heater, or check with the manufacturer's Web site for specific cleaning instructions and safety precautions.
- 5. COVER AND WEATHERSTRIP ROOM AIR CONDITIONERS If your room air conditioner that sits in a window or mounts into an opening in the exterior wall, they have the potential to leak a lot of air. If the air conditioner is in a window and is easy to remove, your best bet is to remove and store it for next summer. If not, examine the unit carefully to see if there is light coming in around it. Use foam tape, expandable spray foam or other weather-stripping materials to close the gaps. Finally, buy or build a cover that will slip over the unit from outside and prevent cold air from coming through and into the house.