# **FOX RUN VALLEY KEEPER**



## A COMMUNITY NEWSLETTER SERVING FOX RUN EXCLUSIVELY

August 2017

Walking the block, delivering the newsletter, you can't help noticing that the neighborhood is looking wonderful just now, with summer and sun and plenty of rain. Also it's been breezing up regularly in the afternoon, and that makes for good walking. And somehow, it feels like change is in the air. Folks tell us they enjoy reading the newsletter, but no more than we enjoy writing it. It's about you, as it should be.

Spending time in the neighborhood, I'm reminded of how effortless shared kindness can be, what it means to work hard and steadfastly, to reach out to a neighbor. Good neighbors and a pleasant community are what it's all about. Fox Run folks are some of the nicest around and we thank you for welcoming us into the neighborhood.



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## What's Cookin'

My friend Nuvia made me a gift of some beautiful zucchini... and a bright, yellow squash. Oh summer, how we love you! And so, now we need a reminder as to what to do next. This recipe, like a lot of my favorites, is one I grew up with. Mom cooked up variations of this delicious dish often during summer when corn, squash, zucchini and tomatoes are abundant, fresh and inexpensive. Now, I cook up a batch, eat some warm that evening with dinner and then right out of the refrigerator on corn chips or eggs the next day. If you passed on this recipe last time, make sure to try it now...Absolutely the best.

#### **Calabacitas**

2 large ears of fresh corn ½ lb squash, chopped bite sized

 $\frac{1}{2}$  cup finely chopped onion 2 cups tomatoes, chopped

1 cloves garlic, minced 1 tsp dried oregano, crushed

1 Tbsp light cooking oil 1/4 tsp pepper

½ lb zucchini, chopped bite sized salt to taste

With a sharp knife, cut kernels from the ears of corn to measure a cup and a half, do not scrape cobs. In a skillet, cook onion and garlic in oil until tender, but not brown. Stir in corn, zucchini, squash, tomatoes, oregano, pepper and salt. Cover and cook over low heat for about 15 minutes or until tender. Feeling bold? Cook up a little ground chorizo sausage and add it to the pan with the vegetables. Serve like stew, as a side dish, or any way you like it!

### Plant a Seed...

Boulder County Farmers Markets started as an idea a group of local farmers came up with in the mid 1980s. Then, you could buy locally grown produce off the back of a handful of pick up trucks. Today, nearly every town around us hosts one at least once a week, spring time through summer. Karlin and I never get tired of making our way around... there is no simple definition of what a farmers market is and, in our view, each market has it's own attitude... we're never disappointed.

Last Saturday morning, we visited the market at Union Station in downtown Denver. Super fun. We wandered, purchased our favorites, talked with the experts. It's something to meet the guy who harvests the wildflower honey or the woman who grows the Big Beef heirlooms. I talked for a while with Paul who grows wild and cut flowers on his farm east of town. He gives all the credit for the size of his Summer Dream Sunflowers to bees... their heads are as big as dinner plates.

Of course, the locations and schedules of local markets can be found on line... you'll see me Saturday morning at the Boulder County Fairgrounds in Longmont and then again on Thursday afternoon at Crist Park in Frederick.

## Denia's Fox Run Real Estate Desk

Seven homes are currently on market for sale in Fox Run...
All of them are under contract waiting to close...

Address	Model	Beds/Baths	Garage	Fin Sq Ft	List Price
5366 Badger Ln	4 Level Summit	3/2	2	1417	\$310,000
5426 Bobcat St	4 Level Manitou	3/3	2	1514	\$305,000
5340 Fox Run Blvd	2 Story Silverthorne	4/4	2	2474	\$359,900
5332 Fox run Blvd	5 Level Keystone	3/3	2	1804	\$335,000
5427 Bear Ln	Telluride Ranch	3/2	2	1708	\$335,000
5413 Lynx Ct	5 Level Keystone	4/4	2	2640	\$330,000
5443 Bear Ln	Redstone Ranch	3/2	2	1600	\$325,000

## Eleven homes have sold and closed since the first of the year...

Address	Model	Beds/Baths	Garage	Fin Sq Ft	Sale Price
5477 Bobcat St	4 Level Cedar	3/2	2	1606	\$310,000
5342 Badger Ln	2 Story Spruce	3/3	2	1665	\$315,000
5409 Fox Run Blvd	5 Level Keystone	3/3	2	1879	\$335,000
5412 Fox Run Blvd	2 Story Sierra	3/3	2	1696	\$330,000
5407 Lynx St	2 Story Sierra	3/3	2	2401	\$315,000
5471 Bobcat St	4 Level Summit	3/3	2	1899	\$315,000
5347 Badger Ln	5 Level Keystone	3/3	3	1905	\$351,000
5433 Fox Run Blvd	2 Story Spruce	3/4	2	1798	\$318,200
5318 Bobcat St	4 Level Manitou	3/3	2	1554	\$305,000
5432 Wolf St	5 Level Keystone	4/4	2	2564	\$350,000
5434 Wolf St	4 Level Summit	4/3	2	1852	\$323,000

## About the Market...

11 homes have sold and closed so far this year in Fox Run. 16 homes were sold by this time last year. At this rate, we will not exceed last year's sales numbers. In any market, only two factors produce homes sales: condition and price. In a buyer's market, price is most important. In a seller's market (right now), condition is most important. Nevertheless, in any market these two must be present to produce top dollar in a reasonable amount of time. So, if you wish to sell and buy, get straight answers from your realtor, not the answers that support your expectations. We're always around, ready to help.

## **FOX RUN CLASSIFIEDS**

#### **BABYSITTING** 720-402-1404

Babysitting offered by Jordyn and Jayden. They are 16, have taken My name is Marisela. I live in the Poop Scooping! Love your dog Is your lawn crying for a crazy cool a CPR class and a babysitting class, love kids, and are honest and dependable. Call their mom, Bethany, for more information.

#### **SCENTSY** 817-889-6566 aprilmk.85@gmail.com https://aprilmking.scentsy.us

Do you like your home to smell like you have been baking? Maybe, like spa or like Christmas all year long? These beautifully crafted warmers have no flame, no smoke, no soot, no worries! They connect you to your memories and create a sense of place that envelops you and those you love. There are many styles of warmers to choose from and over 75 scents available! Call me or go to my website to see what we offer!

#### **Chocolate Dove Discoveries** 303-906-1274

chocolatierdevonie@gmail.com Do you love chocolate? I'm a chocolatier with Chocolate Dove Discoveries! I take one-of-a-kind chocolate products like Martinis, BBQ Sauce and Cinnamon Dusted Almonds directly into your home to share with your family and friends and help them feel completely indulged. Call me today to book your party or to join my team!

#### Kira Morthole, Independent **Perfectly Posh Consultant** 720-266-7725

#### kiramorthole@gmail.com

Naturally based lotions, soaps, face care and more to help with Call Brayden and Benjamin. whatever ails your skin (acne, eczema, dry skin, scaly feet, detoxing, etc). Made in the USA! Contact me for free samples or view products online via https://kiramorthole.po.sh

#### **HOUSE CLEANING** 720-585-6581

#### mariselaqc1214@gmail.com

neighborhood and run a small cleaning business, "In and Out Cleaning". If anyone needs my services, please contact me and your home will sparkle!

#### **BEST SECRET IN FREDERICK** 303-726-0998

#### dkhorsefitness@gmail.com

Dark Horse Fitness is a private members-only gym. Tired of the corporate club, crowds, inconvenient hours, poor equipment? Look no further. \$45/ month to month. Contact us today!

#### Petsitting & Babysitting 720-235-6446

#### crocnjetty@msn.com

Responsible, dependable high school student would love to care for your children or pets. Please contact Sidney.

#### **NEW SALON** OAK ST. HAIR STUDIO 539 Oak Street, Frederick 720-428-8067

Bethanywellbrock@yahoo.com Bethany Wellbrock—owner stylist. 23 years experience. Call and ask for Bethany!

#### **Two Cool Dudes Yardwork** 303-378-9147

Careful, conscientious, capable leaf cleanup...and we live right down the street! Also, count on us for snow removal this winter season...\$5 for sidewalks and walkways, \$15 per driveway. Weekly, one time, or on demand.

To place a free ad, go to www.hannonteam.com and Click on Submit a Classified Ad Or call us at 303-827-7059.

#### **Scoopy Doo's Poop Scooping!** 720-273-5924

#### scoopydoos@gmail.com

but tired of all their crap! Weekly service. Convenient flat monthly fee-1 dog \$35, 2 dogs \$45 per month. 22 years of service! Sign up online at www.scoopydoos.net or call Deb now!

#### HOMEBUILDER AVAILABLE FOR RENOVATIONS 303-651-9460

buildingcontractordenverco.com Remodels, Basements, Hardwood and title floors, Garages, Roofing, Cement Work and Driveways, Add -on Rooms, Decks...call for estimate...over 25 years Esthetician! experience. Kenyon Homes 303-651-9460. www.facebook.com/

#### AFFORDABLE WINDOWS 720-205-2206

#### **Encore Home Improvement**

kenyonhomesbusiness/

Do you have leaky-broken-drafty windows? We can replace them with brand name energy efficient windows at an affordable price. We are an A+ BBB company with 22 years experience in Longmont!

#### PAWS, CLAWS, WINGS, AND **THINGS** 720-491-8179

pets-cats, dogs, birds...anything presenter. Call or email me or visit you've got. Dependable and love my website for more information. animals of all kinds. Fees negotiable. Call Jamie in Fox Run!

#### **MOBILE HAIRCUTS** 786-334-1247

#### adrianapulido164@hotmail.com I would like to help elderly or disabled people who cannot move to a hairdresser! Hairdressing

services in your home or mine. Good prices!

#### **COOL CUTS LAWN SERVICE** 720-597-5330

## Thomas.conner17@svvsd.org

cut? Then call the Cool Cut Company!

#### **SKIN HEALTH & REJUVENATION** 970-412-5972

#### kksarts@gmail.com

Facials, Waxing, Makeup plus many Advanced Treatments now available! Meet me in my Fox Run treatment room at The Green Pear Salon on 6th (for additional savings) or I can come to you! I specialize in anti-aging and scar reduction! I would love to be your

#### YOUNIQUE'S COSMETICS & **SKIN CARE** 303-709-5944

#### Jessicanoel220@gmail.com

Youniqueproducts.com/Jessica114 FEEL, LOOK & BE BEAUTIFUL INSIDE AND OUT. Younique's mission is to uplift, empower & build self-esteem in women through high quality products that encourage both inner & outer beauty while also providing opportunities for personal growth & financial reward. Love it. Share it-host a virtual party & earn free Taking a trip? I'll watch your makeup. Live it—become a

> Thinking of Buying or Selling? Call Denia at 303-918-5050 or **Email Denia at** hannonteam@gmail.com

When you're ready, we'd like a chance to earn your business! 303-918-5050