

El Dorado Hills Community Services District Winter/Spring 2018

RECREATION GUIDE

your place to play



El Dorado Hills
COMMUNITY SERVICES DISTRICT



**Parks
Make
Life
Better!**

www.edhcsd.org | 916.933.6624



Letter from the General Manager



Happy holidays dear friends and neighbors! We at the District wish you a happy and safe season filled with those you love and care about most. We would love to be a part of the memories you make this year and are here to help you celebrate!

Kick off the holidays right by enjoying Cookies with Santa (December 8) and Breakfast with Santa (December 9)! Children can mail their letters for Santa at the Community Park in our very special North Pole mailbox—Santa has promised to return letters!

As we look forward to the start of 2018, there is so much to do and discover in and around El Dorado Hills. The CSD has excellent programming that is sure to put the spring back in your step and chase away the winter blues. Check out our sports teams or dance classes for all ages, SNAP fitness classes (everything from spin to Zumba), kayak lessons, cooking classes, and more. You are sure to find something for everyone in the pages of this season's Recreation Guide,

whatever your resolutions for the New Year may be.

Be sure to keep an eye out for the District's Special Events in the coming months, including the Daddy & Me Valentine Dance and Girls Pajama Night, Earth Day, April Pool's Day, and Easter Egg Hunts. You will not want to miss the fun!

District Special Events are not only a great way to have fun with your family and neighbors; they also connect residents with local businesses, including event sponsors! Check out the Community Page (page 24) to meet a few of the District's wonderful Community Partners.

All of this and more are coming your way this season! With so much fun to be had, winter will melt into spring before we know it.

Warmly,
Kevin A. Loewen, General Manager



FlashVote

YOU'RE INVITED!

Do you have one minute a month to help make El Dorado Hills better?

The El Dorado Hills CSD invites you to join its new FlashVote community. It's free, fast and fun. Civic participation has never been easier and we'd love your help. Why join? Give your input on the issues you care about in seconds, from any device, anytime.

Learn more and sign up here:
www.flashvote.com/el-dorado-hills-ca



Seeking Sponsorship OPPORTUNITIES?

Marketing and advertising is essential for success and the CSD wants to support your growth in 2018. In collaborating with us, you are creating opportunities for your business to receive prominent recognition while creating worthwhile family oriented events for the community. Your participation will not only help make each event memorable, but also assist in bringing residents and businesses together for the enrichment of our community.

If you are interested in being involved in these exciting events or should you have any questions, please contact Michael Cottrell at (916) 614-3215 or mcottrell@edhcsd.org.

Table of Contents

Special Events2-4
 Preschool Classes.....5-6
 Kyzzone After-School.....7
 Youth Classes.....8-10
 Teen Center.....11
 El Dorado Dance Academy.....12
 Youth Sports.....13-14
 Aquatics.....15-16

Skate Park.....16
 Tennis.....17
 Adult Classes.....18
 Adult Fitness.....19-20
 SNAP Fitness.....21
 Adult Sports.....22
 CPR & First Aid Classes.....23
 Library/ Community News.....24
 Senior Center.....25-37
 Registration Info.....38
 Registration Form.....39
 Park, Schools & Facilities.....40-42



Easter Egg Hunt

Saturday, March 31, 9-10:30am

EDH Community Park, 1021 Harvard Way

The Easter Bunny will be hopping into El Dorado Hills to visit the boys and girls! Activities include: arts and crafts, visit from the Easter Bunny and an egg hunt at 10am SHARP! Areas will be roped off into four different age categories: 2 & younger, 3-4, 5-6, 7 & older. Plastic eggs will be hidden throughout the park filled with candy and assorted goodies! Please have children bring their own baskets. Parents bring your cameras!

Aqua-Egg Hunt

Saturday, March 31 • 2-4pm

Egg hunt starts at 2:30pm sharp

EDH Community Pool

The Aqua Bunny will be hopping into El Dorado Hills Community Pool to make a big splash in our community. A basket will be provided for children to join in an aquatics egg hunt with plastic eggs floating on top and scattered along the bottom of the pool. Eggs will be exchanged for goodies. Aqua-Egg Hunt will start 30 minutes after start. Gates will open 2pm and the Aqua Bunny will be available for photos.

CODES	DAYS	TIMES	DATE	FEE
120704.01	Sa	2-4pm	3/31	\$10

DADDY & ME *Valentine Dance*

Girls ages 3 + with "Daddy"

Location: CSD Gym

It's a tradition... 15 years in the making, with two dances to choose from. Dads and daughters get dressed up for a night full of memories complete with dancing, photos, and a dessert bar. Photos of the event will be available for purchase at www.edhcsd.smugmug.com

Please Note: Pre-Registration is required and this event will sell out, so please register early!

Code: 120701.01 (2/2)

Code: 120701.02 (2/9)

Fee: \$12 per person

FRIDAY, FEB 2
7-9PM

FRIDAY, FEB 9
6-8PM



Girls Night Pajama Party

Girls ages 3 + with "Mommy"

Friday, April 6 • 6-8:30pm in CSD Gym

Location: CSD Gym

Our 4th Annual Mother Daughter night is sure to be a crowd pleaser! Stations will be set up around the gym to pick and choose what you want to do with your daughter (paint nails, arts & crafts, take photos, and more) plus some classic Pajama Party junk food, a pajama fashion show, paper dress making, and a movie running if you want to sit and relax a bit.

Please Note: Pre-Registration is required and this event will sell out, so please register early!

Code: 120710.03

Fee: \$12 per person

APRIL POOL'S DAY

Community Water Safety Event

Saturday, April 28 • 1-4pm

Location: EDH Community Pool

Aquatic staff will be on hand to answer questions about the summer swim lessons and other Aquatics programs offered in 2018.

- ▶ Learn about water safety
- ▶ Play games and activities
- ▶ Public Swim
- ▶ Swim lesson raffle prizes



NEIGHBORHOOD *Park Parties!*

That's right, we're bringing the party back to a neighborhood park near you
in May 2018!



CHRISTMAS TREE *Recycling & Chipping*

Saturday, January 6 • 9am-3pm & Sunday, January 7 • 9am-12pm

This CSD/Waste Connections sponsored free event will take place at the Community Park. Cash donations will be accepted and used towards the EDH Promise Foundation Community Assisting with Recreation Experiences (C.A.R.E.) program for residents who need assistance with recreation program fees.

To Prepare

Remove everything from the tree including all ornaments, lights, ornament holders, nails and stand. Trees that are “flocked” are not eligible for chipping. Discarded wreaths, garland, and greenery with metal, plastic, wire, lights, or ornamentation are not considered green waste. Place them in your trash cart.

Residents have a choice of:

- A) Bringing their own trees to the Community Park either day
- B) Utilizing Boy Scout curbside tree collection fundraiser offered on Saturday, January 6 only
- C) Cutting the tree into small pieces to place in the green waste cart (making sure it's not so packed in that it will get stuck in the cart when being emptied) for green waste collection week
- D) Taking trees to the Recycling Center at 4421 Latrobe Road
- E) Taking trees to the Material Recovery Facility in Diamond Springs

EARTH DAY EDH

Green Party Day

Saturday, April 21 • 9am-1pm

Location: Promontory Community Park

Would you like to give back to our natural environment? People are encouraged to help us plant trees and spread bark and help make a difference in our community.





Preschool

Preschool Karate

Instructor: Paul Charnow

ages 4 - 6

This SA Shotokan Karate Academy class allows young students to gain ability in karate. Class teaches how to listen, follow instructions and focus. Children will develop their motor skills and learn fundamental karate movements in a fun, yet disciplined way. Each new student is supplied a Gi to wear in class. AAU sanctioned. www.saskausa.com. No class 3/28, 3/30.

Location: CSD Gym Exercise Room

CODE	DAYS	TIMES	DATES	MTGS
110203.01	W&F	4:30-5pm	1/10-2/2	8
110203.02	W&F	4:30-5pm	2/7-3/2	8
110203.03	W&F	4:30-5pm	3/7-4/6	8
110203.04	W&F	4:30-5pm	4/11-5/4	8

Fee:\$60 for the first two months, Monthly: \$76 / \$10 sibling

discount / 3 Months: \$168, Family Rate: \$420 (3 people registered for Preschool and/or Beg/Adv.)



The Gift of Kids is Starting a New Preschool Session for the New Year 2018!

Where: The Gift of Kids

When: Jan 1 - May 31, 2018

Time: 8:15am-12:15pm (core hours are 9-12)

Why: To prepare your little ones for their future

Days: Flexible Days. You choose 1,2,3,4 or 5 days per week

Contact: Jennifer Kelly @ 916-521-1835

Cost: Monthly 2 day \$350, 3 days \$470, 4 days \$600, 5 days \$750

Code: 110926.01

Includes: Monthly journals, breakfast, lunch, music, Spanish, yoga, and curriculum

Visit our website @ www.thegiftokids.net

Pee Wee Sports Camps

Boys and Girls

ages 4 - 6

Pee Wee Sports Camps provide participants the opportunity to build individual sports knowledge and skills, boost self-esteem and confidence, sportsmanship, and learn the fundamentals of each sport. Scrimmage games are played so everyone has a chance to make their first home run, basket or goal.

Note: Pee Wee & Youth Sports registration deadlines are on the dates specified or when full.

Sponsored By: Big Spoon Yogurt



Pee Wee Basketball

Location: Brooks Elementary School Gym

CODE	DAYS	TIMES	DATES	AGE	FEES
110314.01	Th	5-5:45pm	3/1-3/22	4-6	\$60
110314.02	Th	6-6:45pm	3/1-3/22	4-6	\$60

Registration Deadline: 2/23

Pee Wee Soccer

Location: Promontory Community Park (Girls Softball Field)

CODE	DAYS	TIMES	DATES	AGE	FEES
110315.01	Th	5-5:45pm	4/5-4/26	4-6	\$60
110315.02	Th	6-6:45pm	4/5-4/26	4-6	\$60

Registration Deadline: 3/30

Pee Wee T-Ball

Location: Promontory Community Park (Girls Softball Field)

CODE	DAYS	TIMES	DATES	AGE	FEES
110316.01	Th	5-5:45pm	5/10-5/31	4-6	\$60
110316.02	Th	6-6:45pm	5/10-5/31	4-6	\$60

Registration Deadline: 5/4



For more information and dress code, please visit: www.eldoradodance.com
916.933.0034

No classes: 2/19 & 3/26-3/31
More dance classes on page 9



ACADEMY

PRESCHOOL



Baby Ballet

(+ Parent participation)

ages 18 months - 2 ½

Ballet can be fun and whimsical in this engaging, circle-based ballet class, which offers a delightful first experience for the independent little ballerina! Utilizing magic wands, scarves and ballet basics, even the youngest rising star can feel the excitement of ballet learning steps such as a plié, tendu, soutenu and sauté!

Location: 3921 Sandstone Dr., Suite 4, EDH

CODES	DAYS	TIMES	DATES	MTGS	FEES
111109.01	Th	10:45-11:30am	1/11-2/1	4	\$45
111109.02	Th	10:45-11:30am	2/8-3/1	4	\$45
111109.03	Th	10:45-11:30am	3/8-4/5	4	\$45
111109.04	Sa	10-10:45am	1/6-1/27	4	\$45
111109.05	Sa	10-10:45am	2/3-2/24	4	\$45
111109.06	Sa	10-10:45am	3/3-3/24	4	\$45

Dance Discovery

ages 2 ½ - 4 (+ Parent participation)

The use of balls, toys, bubbles and magic wands turns this 45 minute movement lesson into a wonderland for our youngest students of dance learning alongside their parent or caregiver! Dance Discovery is an innovative way to approach the cultivation of motor skills necessary in technical dance movement, and is a fun way to capture the hearts and minds of beginners to the dance classroom!

Location: 3921 Sandstone Dr., Suite 4, EDH

CODES	DAYS	TIMES	DATES	MTGS	FEES
111120.01	Th	10:45-11:30am	1/11-2/1	4	\$45
111120.02	Th	10:45-11:30am	2/8-3/1	4	\$45
111120.03	Th	10:45-11:30am	3/8-4/5	4	\$45
111120.04	Sa	10-10:45am	1/6-1/27	4	\$45
111120.05	Sa	10-10:45am	2/3-2/24	4	\$45
111120.06	Sa	10-10:45am	3/3-3/24	4	\$45

Hippitee-Hop

ages 2 ½ - 4

This class is a fun introduction to Hip-Hop for youngsters! Whether they fly like airplanes, learn rhythms from around the world, or become jungle animals, you can be sure they will use their imagination! Some of the skills studied include gross motor skills, hand-eye coordination along with building self-esteem, stage presence and the ability to interact with other children in a structured setting.

Location: CSD Exercise Room

CODES	DAYS	TIMES	DATES	MTGS	FEES
111121.01	M	5-5:45pm	1/8-1/29	4	\$45
111121.02	M	5-5:45pm	2/5-3/5	4	\$45
111121.03	M	5-5:45pm	3/12-4/9	4	\$45





Grades K - 5th
Location: CSD Gym • 1021 Harvard Way

KydZone is the PERFECT place for your kids after school! Buckeye Union School District & Rescue Union School District transportation departments provide buses from Oak Meadow, Silva Valley, William Brooks, and Lake View and Jackson! There is a bus stop right in the CSD Parking Lot that staff will meet them at each afternoon you need them to attend. (Please note: A bus pass must be purchased from your school district's transportation department.)

Not only will your children enjoy our awesome gymnasium and playground, but they will love our great staff! We have fun, energetic staff members comprised of high school and college students that are all first aid and CPR certified, and have been fingerprinted and are well trained.

Hours/Dates/Times

Monday-Friday from 2:15*-6pm for the entire school year
 *See dates we are open or closed early below

We are open for all Buckeye & Rescue Union School District minimum days and staff development days.

Open All Day (7am-6pm): 12/18-12/29*, 1/2-1/3/18, 2/12/18, 3/19/18, 3/26-3/30/18, 4/2-4/4/18

Note: On 12/26 we will only be open if we meet the minimum number of interested attendees – please call the Reg Office to let them know if you need care.

CLOSURE Dates: All national holidays (12/25/17, 1/1/18, 1/15/18, 2/19/18, 5/28/18)
 Please Note: Summer Camp starts 6/4/18.

Hourly Rates

Participants must pre-register and pre-purchase hours before attending.
 \$3 per hour plus \$30 family registration fee due annually. Please call the registration office at (916) 933-6624 for more information or to create, or update, your account.



Why KydZone?

Because it's FUN! Not only will your child(ren) have a fully planned afternoon of recreation based programming (inside games, sports, arts & crafts and playground time), but they will also have a dedicated homework time. And the best part? They are off campus! They break up their day by coming to the CSD and have LOADS of fun with our awesome staff. Give KydZone a try... we know you'll like it!

KydZone Walking Bus from Silva Valley Elementary School

Go Green, Get Fit, Have Fun... with the Walking Bus that leaves from the flag pole at Silva Valley each afternoon and heads to the CSD Gym. The choice is clear – KydZone is the place kids want to be! Save money (and the environment) on a bus pass, as well as prevent childhood obesity by giving your child the opportunity to walk to a recreational after school program that will not only keep them active, but will also help with homework, as well as build self-esteem, while having tons of fun!

Notes: An additional waiver will need to be signed in the registration office prior to participating in this program. In the event of rain, staff will pick children up in a CSD vehicle. Children under 8 or 80lbs will be transported in a booster seat.

KydZone School Year Field Trips!

When the kids are out of school, we will give them something super fun to do... come on a field trip with us! Staff will transport children to and from field trip destinations in CSD vehicles. Be sure to register early... space is limited! Please Note: Trips will be canceled if the minimum is not reached 3 days before trip. All participants must have a KydZone Year-Round Hourly Account Card established and will be clocked in for hourly care during all field trips. If you need care before and after field trips, drop off/pick up times are between 7am-6pm.

Location: varies – see below

CODES	DAYS	TIMES	DATES	FEES
Xtreme Craze (Rocklin)				
121314.01	W	10am-3pm	12/20	\$35
Granite Arch (Rancho Cordova)				
121314.05	W	10am-2pm	12/27	\$25
Movie Fieldtrip (Peter Rabbit)				
121314.02	M	10am-2pm	2/12	\$20
Rockin' Frog Yogurt & Lake Forest Park				
121314.03	M	1:30-4pm	3/19	\$16
Sunrise Rollerland				
121314.04	W	9am-1pm	3/28	\$22

Month-Long Math Workouts

grades 2 - 8

Twelve 2-hour workout sessions beginning the first week of each month, scheduled at student convenience. Individual custom curriculum based on detailed assessment of math skills. Expert one-on-one instruction provided at the Learning Center. Perfect for catching up or staying ahead of grade level Materials Fee: \$190 (waived with prior Mathnasium assessment).

Location: Mathnasium, 981 Governor Dr. #104, EDH

CODE	DAYS	TIMES	DATES	MTGS	FEES
Grades 2 -5					
120922.01	Su-F	Open	Week of 1/2	12	\$290
120922.02	Su-F	Open	Week of 2/4	12	\$290
120922.03	Su-F	Open	Week of 3/4	12	\$290
120922.04	Su-F	Open	Week of 4/1	12	\$290
Grades 6 - 8					
120922.05	Su-F	Open	Week of 1/2	12	\$310
120922.06	Su-F	Open	Week of 2/4	12	\$310
120922.07	Su-F	Open	Week of 3/4	12	\$310
120922.08	Su-F	Open	Week of 4/1	12	\$310

SAT/ACT Prep

grades 9 - 12

Twelve 2-hour workout sessions beginning the first week of each month, scheduled at student convenience. Individual custom curriculum based on detailed assessment of math skills. Expert one-on-one instruction provided at the Learning Center. Multiple practice tests supervised by Mathnasium instructors. Perfect preparation for standardized math testing. Materials Fee: \$190 (waived with prior Mathnasium assessment).

Location: Mathnasium, 981 Governor Dr. #104, EDH

CODE	DAYS	TIMES	DATES	MTGS	FEES
120922.09	Su-F	Open	Week of 1/2	12	\$330
120922.10	Su-F	Open	Week of 2/4	12	\$330
120922.11	Su-F	Open	Week of 3/4	12	\$330
120922.12	Su-F	Open	Week of 4/1	12	\$330

HoneyCode: Codable Ninja Warrior

grades 3 - 6

Instructor: HoneyCode Staff

Join us for a new year of BRAND NEW projects! We offer Honeycode because our children need to be creators and not just consumers of technology. As our world becomes increasingly more tech-dependent, the best way to ensure future success is for children to become tech-savvy today. However, we want our students to go beyond being able

to teach us how to change the wallpaper on our iPhone! They need to learn the language of technology so that when they grow up, they can create and contribute with the best of them.

No class 2/12, 2/19, 3/19, 3/26 & 4/2

Location: Oak Meadow Elementary MP Room

CODE	DAYS	TIMES	DATES	MTGS	FEES
120919.01	M	2:10-3:20pm	2/5-4/30	8	\$149



Early Engineers

K - 5th grades

Instructor: Early Engineers Staff

Our kids need the real world skills and experience that can only be gained through STEM (Science, Technology, Engineering and Math). Each week, Early Engineers offers a new building challenge and using a variety of materials, such as Legos, explores a new STEM concept. Early Engineers chooses concepts that would otherwise not be covered until middle, or even high school and aims to familiarize students with these concepts now, so they are confident and willing to engage in the sciences throughout their life! All supplies are provided.

BUSD No class: 1/15, 2/12, 2/19, 3/19 & 3/26-4/4

RUSD No class: 2/5, 2/12, 2/19, 3/5, 3/19, 3/26-4/4 & 4/16

Location: Silva Valley Elementary School

CODE	DAYS	TIMES	DATES	MTGS	FEES
120901.A1	Th	2:20-3:20pm	1/4-3/1	9	\$149
120901.A2	Th	2:20-3:20pm	3/15-4/26	6	\$101

Location: Oak Meadow Elementary School

CODE	DAYS	TIMES	DATES	MTGS	FEES
120901.B1	Tu	2:10-3:20pm	1/9-2/13	6	\$101
120901.B2	Tu	2:10-3:20pm	2/20-4/24	8	\$133

Kindergartners Only

CODE	DAYS	TIMES	DATES	MTGS	FEES
120901.B3	Tu	2:50-4pm	1/9-2/13	6	\$101
120901.B4	Tu	2:50-4pm	2/20-4/24	8	\$133

Location: Brooks Elementary School

CODE	DAYS	TIMES	DATES	MTGS	FEES
120901.C1	M	3:20-4:30pm	1/8-2/26	5	\$85
120901.C2	M	3:20-4:30pm	3/5-4/30	6	\$101

Location: Jackson Elementary School

CODE	DAYS	TIMES	DATES	MTGS	FEES
120901.D1	M	3:20-4:30pm	1/29-4/30	6	\$101

Firefly Art

K - 5th grades



Instructor: Firefly Art Staff

Firefly Art is about letting your child's inner artist shine whether your child is the "can't keep enough paper in the house" artist or the "not done until it's perfect" artist! In each class we put memories on paper, encourage

taking risks, problem solve, perfect techniques, explore different subjects, and inspire each child to SHINE in their own, unique way. Quality art supplies included.

BUSD No class: 3/8, 3/26-4/4 & RUSD No class: 3/27

Location: Silva Valley Elementary School

CODE	DAYS	TIMES	DATES	MTGS	FEES
120106.A1	Tu	2:20-3:20pm	1/9-2/27	8	\$133
120106.A2	Tu	2:20-3:20pm	3/6-4/24	6	\$101

Location: Oak Meadow Elementary School

CODE	DAYS	TIMES	DATES	MTGS	FEES
120106.B1	W	1:10-2:10pm	1/3-2/14	7	\$117
120106.B2	W	1:10-2:10pm	2/21-4/25	8	\$133

Location: Brooks Elementary School

CODE	DAYS	TIMES	DATES	MTGS	FEES
120106.C1	Th	3:20-4:20pm	1/4-2/15	7	\$117
120106.C2	Th	3:20-4:20pm	2/22-4/26	8	\$133

Location: Jackson Elementary School

CODE	DAYS	TIMES	DATES	MTGS	FEES
120106.D1	Tu	3:10-4:10	1/30-3/6	6	\$101
120106.D2	Tu	3:10-4:10	3/13-4/24	6	\$101



SUMMER Camp Jobs

Come spend your summer playing at the CSD and get paid for it! We are seeking mature, responsible, positive role models who enjoy working with elementary aged children and teens in a recreation based camp. These job openings are for our KydZonE Extreme Summer Day Camp, Skate Park and Teen Camp. Applications are available online.

Please have your applications in no later than 4/3/18. Experience as a camp counselor or with children is a plus, applicants must meet the minimum age requirement of entering their senior year of high school.



Child and Babysitting Safety

ages 11 - 15

A course for building a safe and successful babysitting business. Covers getting started, leadership, caregiving, safety & prevention, playtime, and first aid tips. No CPR training in this class, see Babysitting CPR. Participation card received. No certification card for this class. Please bring a snack and a \$5 (cash) materials fee to class.

Location: Rescue Training Institute, 13405 Folsom Blvd. #150

CODE	DAYS	TIMES	DATES	MTGS	FEES
130503.01	Tu/W	5:30-8:30pm	1/9 & 1/10	2	\$57
130503.02	Tu/W	5:30-8:30pm	2/6 & 2/7	2	\$57
130503.03	Tu/W	5:30-8:30pm	3/6 & 3/7	2	\$57
130503.04	Tu/W	5:30-8:30pm	4/10 & 4/11	2	\$57

Babysitting CPR

ages 11 - 15

Teaches child & infant CPR. Participation card received. No certification card for this class. Please bring a \$5 (cash) materials fee to class.

Location: Rescue Training Institute, 13405 Folsom Blvd. #150

CODE	DAYS	TIMES	DATES	MTGS	FEES
130501.01	F	5-7pm	1/12	1	\$37
130501.02	F	5-7pm	2/9	1	\$37
130501.03	F	5-7pm	3/9	1	\$37
130501.04	F	5-7pm	4/13	1	\$37



Cooking with Kids

ages 4 - 14

Instructor: Susan Kakavas

Calling all Little Chefs! Join us in the kitchen where we will explore the culinary world through a child's eyes. We work with all fresh/organic ingredients and eat or share our creations. Class features nutrition, kitchen safety and new menus each session. Please bring \$35 material fee to first class.

Location: CSD Gym Kitchen

CODES	DAYS	TIMES	DATES	MTGS	FEES
121003.01	M	4-5pm	1/22-2/12	4	\$64
121003.02	M	4-5pm	2/26-3/19	4	\$64
121003.03	M	4-5pm	4/9-4/30	4	\$64
121003.04	W	4-5pm	1/24-2/14	4	\$64
121003.05	W	4-5pm	2/28-3/21	4	\$64
121003.06	W	4-5pm	4/4-4/25	4	\$64



Fun in the Saddle

ages 6 & up

Instructor: Malinda Kregoski

Learn to ride Western and English while mastering basic horsemanship! Groom, tack, work from the ground, lunge, and ride a well-trained lesson horse. Horse and helmet provided, boots required. Visit www.equineunl.com.

Location: Equine Unlimited, 3984 Green Valley Road, Rescue

CODE	DAYS	TIMES	DATES	MTGS	FEES
160504.01	W	4-5:15pm	3/7-3/28	4	\$182
160504.02	W	4-5:15pm	4/4-4/25	4	\$182



Follow the CSD on Facebook, Instagram and Twitter! Search for "El Dorado Community Services District." Tag us in your photos and use hashtags #EDHCSD and #YourPlaceToPlay so we see them!

Spring Break CAMPS



Fashion Camp

Grades 1-5 & 6-12

Fashion enthusiasts get to explore the fashion industry from original inspiration research, fashion sketching, fabrics and trim sourcing to sewing a garment and doing a finale fashion photoshoot and presentation of their designs. 2018 Fashion Camp students will be part of the KIDS CREATE FASHION SHOW at the end of July 2018. Sewers of all levels welcome, projects will be based on prior experience. Please bring \$35 materials and fabric fee to the first meeting payable to instructor and a sack lunch each day.

Jaleh Naasz has a MFA in Fashion design, is the owner of custom fashion brand, Isabel Azam and has been teaching fashion at the college level for the last 11 years. www.isabelazam.com
Instagram: Isabel Azam, Reviews: [yelp.com/biz/isabel-azam-lafayette](https://www.yelp.com/biz/isabel-azam-lafayette)

CODES	DAYS	TIMES	DATES	FEES
Grades 6-12				
120122.01	M-W	9am-1pm	4/2-4/4	\$215 + \$35
Grades 1-5				
120122.02	M-W	2-5pm	4/2-4/4	\$200 + \$35

LEGO® WeDo 2.0 Robotics for Younger Kids

ages 6 - 8

Instructor: Mrs. K

Robotics is a fun way to learn engineering concepts but can they start in 1st grade? Yes. Today's elementary students are tomorrow's creative problem-solvers and this course will introduce STEM concepts using the all new LEGO WeDo 2.0 robotics system. Student teams will build LEGO models featuring motors and sensors and program them using a graphical user interface. They have a variety of models to choose from and will build up to two models a day. (The students will NOT be able to take any of their LEGO creations). Let your child get a better understanding of STEM subjects while building 21st-century skills. Please bring \$20 material fee to first class.

Location: CSD Norm Rowett Pavilion

CODES	DAYS	TIMES	DATES	MTGS	FEES
120604.01	M-Th	9am-12pm	3/26-3/29	4	\$125

Robotics Game Play with LEGO® Mindstorms® EV3

ages 8 - 14

Instructor: Mrs. K

Robotics is a fun way to learn engineering concepts and for the first time, the students will use EV3, the third generation of LEGO Mindstorms robots. This camp poses various game play challenges – following complex lines, sorting colored balls, wrestling sumo-bots and solving mazes, to name a few. These activities will challenge both experienced students and beginners alike. Student teams will build LEGO Mindstorms EV3 mobile robots and program them using a graphical user interface. They will use sensors to solve the various challenges. (The students will NOT be able to take any of their LEGO creations). On the final day, students will showcase their competitive Sumo-bots. This camp is designed to help students develop the 21st-century, creative-thinking, problem-solving, teamwork and communication skills required for success in school and beyond. Let your child have fun while getting a head start in engineering and robotics. Please bring \$20 material fee to first class.

Location: CSD Norm Rowett Pavilion

CODES	DAYS	TIMES	DATES	MTGS	FEES
120604.02	M-Th	2-5pm	3/26-3/29	4	\$125



Instructor: Ingrid Wilson, Ely Award winner and former professional Actress with Screen Actors Guild.

Students will improve verbal and non-verbal expression while understanding how to play different characters and roles. Drama provides a framework for greater competence in listening, speaking, reading, writing, and creative and critical thinking. Students will work on a production of:

The Lion, the Witch, and the Wardrobe

Every student will be cast but they must audition on Friday, March 2 before workshop begins. Please contact the director to schedule an audition at: info@1wayproductions.org

Please have students bring a snack and lunch each day.

Location: Rolling Hills Christian Church

800 White Rock Rd, EDH, CA 95762

DAYS	TIMES	DATES	MTGS	FEES
M-Th	9am-3pm	3/26-3/29	4	\$200

Note: Performance will be on the last day at 3:30 pm.





Teen Center

GRADES 6TH & UP

Looking for somewhere to go after school? The C.E.N.T.E.R. (CSD Encouraging New Teen Experiences & Relationships) is the perfect place! Come hang out with your friends, get your homework done, play pool, surf the web, challenge someone to a video game or get involved in the community. The Teen Center has awesome, well-trained staff available to help with homework and provide a safe and fun environment for all participants. For more info call (916) 643-4367

Hours

Monday-Friday: 2-6pm

We are open early for Marina Village Middle School and Rolling Hills Middle School Early Release Days. We are not open early for ORHS/EDUHSD early release days or closures.

Closed for all national holidays as well as school breaks: 12/20-1/1/18, 3/26-3/30/18

Cost

\$25 per month (membership is not prorated)

Please Note: Memberships paid after the 5th of the month are subject to a \$10 late fee.

Walking Crew from Rolling Hills Middle School

Registered Teen Center members will be met at the flag pole each day by a staff member to walk back to the Teen Center. The Walking Crew will leave 15 minutes after the bell rings each day after school excluding rainy days. Staff members will not be meeting the kids on days that are raining, but members are encouraged to all walk over together. No fee is associated with this program, but an additional waiver must be signed.

Teen Taxi from Marina Village Middle School

Did you know that teen center staff go to MVMS every day after school and pick kids up in the Teen Taxi to bring them back to the CSD? All registered members of the Teen Center can be picked up every day after school once a waiver is signed, for no additional fee. Be sure to take advantage of this great program!

Happy 11th Birthday Teen Center!

The Teen Center turns 11 on January 20th! Members will be celebrating on Friday, January 19th and continue the celebration at our Late Night. We will be open until 9pm.

Summer Camp Preview & Spring Membership Drive

FREE event on 4/2/18

Will be open 7am-6pm for a Summer Camp Preview. Any new members who enroll for April and May will get a FREE t-shirt to tie dye with us! It's a great way to spend a day of Spring Break!

Teen Center Late Nights!

Fridays, 6-9pm

\$5 for members / \$8 drop-in for non-members

Location: Teen Center

CODE	DAYS	TIMES	DATES	THEME
131208.01	F	6-9pm	1/19	Birthday Bash
131208.02	F	6-9pm	3/16	St.Paddy's Party

The C.E.N.T.E.R.'s Wish List

The Teen Center is in need of new items to engage teens in the after school program. The following items would greatly improve the program and enhance The Center: DVDs rated PG or PG13, Wii, XBOX 360 and Playstation games rated E or T with staff approval, sports equipment (footballs, rubber balls, soccer balls) and sturdy patio furniture. If you have any of these items in good usable condition please contact (916) 643-4368. Donation receipts are available.



Do you have a birthday party coming up and need to find a great place to have it that everyone hasn't already been to? Try the Teen Center! We have tons to offer and all ages would love this great space. For more information or to schedule an event, please call (916) 933-6624.



CLASSES HELD AT
3921 Sandstone Dr., Suite 4, EDH
See website for dress code
www.eldoradodance.com
916.933.0034
 No Classes: 2/19 & 3/26-3/31

Intro/Combination: Ballet/Jazz/Tap **ages 4 - 6**

Class introduces the American theatrical dance forms of Tap and Jazz, which are distinguished by percussive footwork, the concept of parallel positioning for the feet and exaggerated isolated movements.

Location: 3921 Sandstone Dr., Suite 4, EDH

CODES	DAYS	TIMES	DATES	MTGS	FEES
121106.01	F	3:30-4:15pm	1/12-2/2	4	\$45
121106.02	F	3:30-4:15pm	2/9-3/2	4	\$45
121106.03	F	3:30-4:15pm	3/9-4/6	4	\$45
121106.04	Sa	9-9:45am	1/6-1/27	4	\$45
121106.05	Sa	9-9:45am	2/3-2/24	4	\$45
121106.06	Sa	9-9:45am	3/3-3/24	4	\$45

Creative Movement **ages 3 - 4**

Beginning dancers are introduced to coordination, stretch exercises, rhythm and basic terminology through music, dance and dramatic exercises, all which improve self-awareness and build motivation.

Location: 3921 Sandstone Dr., Suite 4, EDH

CODES	DAYS	TIMES	DATES	MTGS	FEES
111102.01	M	10-10:45am	1/8-1/29	4	\$45
111102.02	M	10-10:45am	2/5-3/5	4	\$45
111102.03	M	10-10:45am	3/12-4/9	4	\$45
111102.04	Th	10-10:45am	1/11-2/1	4	\$45
111102.05	Th	10-10:45am	2/8-3/1	4	\$45
111102.06	Th	10-10:45am	3/8-4/5	4	\$45
111102.07	Sa	9-9:45am	1/6-1/27	4	\$45
111102.08	Sa	9-9:45am	2/3-2/24	4	\$45
111102.09	Sa	9-9:45am	3/3-3/24	4	\$45

Pre-Ballet **ages 5 - 6**

Ballet is one of the world's most timeless and elegant dance arts, where placement of the body, poise and proper alignment are emphasized. This class utilizes appropriate classical terminology and includes barre work, adagio, petite allegro, grand allegro and turns.

Location: 3921 Sandstone Dr., Suite 4, EDH

CODES	DAYS	TIMES	DATES	MTGS	FEES
111103.01	Sa	10-11am	1/6-1/27	4	\$60
111103.02	Sa	10-11am	2/3-2/24	4	\$60
111103.03	Sa	10-11am	3/3-3/24	4	\$60

Hip-Hop/Jazz **ages 5 - 7**

Will have you jumpin', turnin', spinnin', movin' forwards and backwards! The best of urban dance, Hip-Hop is the latest cultural trend on the dance scene.

Location: 3921 Sandstone Dr., Suite 4, EDH

CODES	DAYS	TIMES	DATES	MTGS	FEES
121104.01	Sa	10-11am	1/6-1/27	4	\$60
121104.02	Sa	10-11am	2/3-2/24	4	\$60
121104.03	Sa	10-11am	3/3-3/24	4	\$60

Ballet I **ages 6 - 12**

Learn the appropriate classical terminology and include barre work, adagio, petite allegro, grand allegro and turns. Classes range in level depending on student's ability, and primarily follow the classical Cecchetti method of ballet training, though EDDA instructors are familiar with and will draw from R.A.D. (Royal Academy of Dance) and Vaganova techniques.

Location: 3921 Sandstone Dr., Suite 4, EDH

CODES	DAYS	TIMES	DATES	AGES	FEES
121110.01	M	4:30-5:30pm	1/8-1/29	6-8	\$60
121110.02	M	4:30-5:30pm	2/5-3/5	6-8	\$60
121110.03	M	4:30-5:30pm	3/12-4/9	6-8	\$60
121110.04	Sa	11am-12pm	1/6-1/27	8-12	\$60
121110.05	Sa	11am-12pm	2/3-2/24	8-12	\$60
121110.06	Sa	11am-12pm	3/3-3/24	8-12	\$60



Youth Sports

Dodgeball

ages 7 - 13

Participants will focus on reaction skills, hand-eye coordination, value of teamwork and most importantly, having fun. Teams are formed each week based on age and play round-robin games.

Location: EDH CSD Gym

CODE	DAYS	DATES	TIMES	MTGS	FEE
120318.01	F	3/2-3/23	6:30-7:15pm	4	\$60

Registration Deadline: 2/23 or when full

NFL Youth Flag Football

grades 2nd - 8th

League focuses on fundamentals, teamwork and improving individual skills in a competitive yet fun environment. Participants receive an official NFL jersey, set of flags and personalized award. Practices are one day a week with games on Saturday's beginning in March. All players must attend a player evaluation (see receipt for date & times).

Location: Promontory Community Park Synthetic Field

CODE	DATES	AGE	FEES
120321.00	3/5-5/19	2nd grade	\$160/\$175 after 1/26
120322.00	3/5-5/19	3rd grade	\$160/\$175 after 1/26
120323.00	3/5-5/19	4th grade	\$160/\$175 after 1/26
120324.00	3/5-5/19	5th grade	\$160/\$175 after 1/26
120325.00	3/5-5/19	6th grade	\$160/\$175 after 1/26
120326.00	3/5-5/19	7th/8th grade	\$160/\$175 after 1/26

Registration Deadline: 1/26 or when full.

Half-time event sponsored by: 

Girls Volleyball

grades 4th - 12th

This recreational league allows girls to learn volleyball in both a fun and competitive environment. Practices and games are one day a week each, with games beginning in April. Participants receive a team jersey and a personalized award. Alternate grade combinations may occur due to numbers. Players must attend an evaluation (see receipt for date and time). No practices or games 3/26-3/30.

Locations: EDH CSD Gym/Valley View Elementary

CODE	DATES	AGE	FEES
120352.00	3/5-5/24	4th grade	\$160/\$175 after 2/9
120353.00	3/5-5/24	5th grade	\$160/\$175 after 2/9
120354.00	3/5-5/24	6th grade	\$160/\$175 after 2/9
120355.00	3/5-5/24	7th grade	\$160/\$175 after 2/9
120356.00	3/5-5/24	8th-12th grade	\$160/\$175 after 2/9

Registration Deadline: 2/9 or when full.

Sponsored By: 

SA Shotokan Karate

ages 7 - adult

Instructor: Paul Charnow

This Japanese style of karate provides students a healthy balance between physical exercise and mental discipline. This results in improved coordination, focus, and self confidence. This class accommodates all student levels from beginner to black belt. Each new student will be supplied a Gi to wear in class. No class 3/28, 3/30.

Location: CSD Gym Exercise Room

CODES	DAYS	TIMES	DATES	MTGS
Beginners				
160203.01	W&F	5-5:45pm	1/10-2/2	8
160203.02	W&F	5-5:45pm	2/7-3/2	8
160203.03	W&F	5-5:45pm	3/7-4/6	8
160203.04	W&F	5-5:45pm	4/11-5/4	8
Intermediate				
160203.05	W&F	5:30-6:30pm	1/10-2/2	8
160203.06	W&F	5:30-6:30pm	2/7-3/2	8
160203.07	W&F	5:30-6:30pm	3/7-4/6	8
160203.08	W&F	5:30-6:30pm	4/11-5/4	8
Advanced				
160203.09	W&F	6:15-7pm	1/10-2/2	8
160203.10	W&F	6:15-7pm	2/7-3/2	8
160203.11	W&F	6:15-7pm	3/7-4/6	8
160203.12	W&F	6:15-7pm	4/11-5/4	8

Fee: \$60 for the first two months

Monthly: \$86 / \$10 sibling discount / 3 Months: \$210

Family Rate: \$420 (3 people registered for Preschool and/or Beg/Adv.)





Interested in Coaching?

Interested in coaching your child in youth basketball, girls volleyball or flag football?

Please contact the EDHCS D sports department at (916) 614-3223 for current opportunities. It's a great investment in your child.

High School Flag Football

grades 9 - 12

Focus is on improving individual skills and learning the value of teamwork in a competitive environment. Teams will be drafted by captains prior to the start of the season. Teams are guaranteed a minimum of seven games. No games 4/1 and 5/13.

Location: Promontory Community Park Synthetic Field

CODE	DATES	DAYS	FEES
130309.01	3/18-5/20	Su	\$40/\$50 after 3/9

Registration Deadline: 3/7 or when full.

Try Archery

ages 8 - adult

If you've been curious about how to get started in Archery, the El Dorado Hills Bowmen invite you to join us to "Try Archery". No experience or equipment necessary. Our USA Archery Certified instructors will take you through shooting and equipment basics, and teach you what it takes to get started in the great sport of Archery. (Previously called Beginning Archery.)

Location: 3321 El Dorado Hills Blvd.

CODES	DAYS	TIMES	DATES	MTGS	FEES
160322.01	Sa	8:45am-11:30am	3/17	1	\$35
160322.02	Sa	8:45am-11:30am	4/14	1	\$35

Learn to Kayak

ages 14* & up

"Seize the Day" and leave your worries and fears behind you! This small group class is the easiest way for anyone to try kayaking. Our stable kayaks and experienced instructors will show you how simple, safe and fun kayaking really is. Did you know that kids and women usually pick it up the quickest? Bring a friend and make a great day of it exploring the Lake's hidden spots and learning the basics of how to be under your own power on the water.

*Younger okay if with an adult. Instructor: Current Adventures Kayak School Lake Natoma – Please call 530.333.9115 for details

CODES	DAYS	TIMES	DATES	MTGS	FEES
160407.01	Sa	11am-2pm	4/7	1	\$73



YOUTH SPORTS

U.K. International SOCCER CAMP



"The Ultimate Soccer Challenge"

Camp emphasizes fundamental skills for players ages 4-16 and progresses to a more challenging approach on individual skills and techniques. Scrimmages will improve technical and tactical knowledge. Groups are formed according to age. Fee includes a camp Tee-shirt, soccer ball and evaluation certificate. All players must have shin guards and cleats to participate.

Location: CSD North/South Field

Half Day Camp ages 4-16

CODE	DAYS	DATES	TIMES	MTGS	FEE
120317.01	M-F	3/26-3/30	9am-12pm	5	\$145

Registration Deadline: 3/16 or when full

Full Day Camp ages 8-16

CODE	DAYS	DATES	TIMES	MTGS	FEE
120317.02	M-F	3/26-3/30	9am-3pm	5	\$195

Registration Deadline: 3/16 or when full





Aquatics

POOL OPENS IN MAY

The CSD Community Pool will open starting May 12 for weekends & holidays. HOURS: Saturday & Sunday • 12-4pm
 Note: Also open for Memorial Day – Monday, May 28

Lifeguard Training Academy

Ages 15 & up

Want to be a lifeguard this summer? Plan now and get signed up for this certification class that most community pools require. American Red Cross instructors will certify you in Lifeguarding, CPR, AED, and Title 22 First Aid. Includes lecture, videos and skill practice sessions in and out of the water. Participants must pass a Swim Test to participate in the class.

Location: Community Pool

CODES	DAYS	TIMES	DATES	MTGS	FEES
130401.01	Su	9am-5pm	4/8-5/6	5	\$210

Lap Swim ages 16 & up

A great full body workout! Create your own or follow the posted workout. Pull buoys & kickboards are available for use. This program must have a minimum of 10 participants. Daily drop-in fee: \$5

Location: Community Pool

CODES	DAYS	TIMES	DATES	FEES
140403.01	M/W/F	5:30-7am	2/5-2/28	\$40
140403.02	M/W/F	5:30-7am	3/2-3/30	\$40
140403.03	M/W/F	5:30-7am	4/2-4/30	\$40



April Pool's Day

Community Water Safety Event

Saturday, April 28 • 1-4pm

March to the Pool to kick off the summer season with a bang! Enjoy an afternoon of swimming and fun with the family. Summer staff will be on hand to answer questions about the summer swim lessons and other Aquatics programs offered in 2018.

Location: EDH Community Pool

CSD Junior Water Polo

ages 8 – 14

Instructor: Patrick Foster, ORHS Water Polo Coach

Water Polo is an exciting, face-paced game that incorporates athletic elements from soccer, basketball, football, rugby, wrestling, and of course, swimming. Participants will learn basic skills and strategies of Water Polo including: ball control, passing, shooting, game plays and set-up.

Location: Community Pool

CODES	DAYS	TIMES	DATES	FEES
120404	Su	10am-12pm	3/4-4/29*	\$145

*No practice on 4/1

\$99 FAMILY PASS Summer Swim Pass

(If purchased by April 30th)

Get your 2018 Summer Season Pass by 4/30 and save BIG!! Buy a Family Pass now for only \$99 or an Individual Pass for just \$40. Membership includes admission to the Community Pool for recreation swim (5/12-9/30), swim lesson discounts, use of Kiddy Pool during swim lesson sessions, and morning lap swim (adults only). Price increases to \$195 on May 1.



AQUA Egg Hunt

Saturday, March 31 • 2-4pm

Egg Hunt starts at 2:30pm sharp

The Aqua Bunny will be hopping into El Dorado Hills Community Pool to make a big splash in our community. A basket will be provided for children to join in a Community Pool aquatics egg hunt with plastic eggs floating on top and scattered along the bottom of the pool. Eggs will be exchanged for goodies. Aqua-Egg Hunt will start 30 minutes after start. Gates will open 2pm and the Aqua Bunny will be available for photos.

Location: EDH Community Pool

CODES	DAYS	TIMES	DATE	FEE
120704.01	Sa	2-4pm	3/31	\$10



TAZ Spring Swim Clinic ages 5 - 18

Coach: TAZ Swim Coaches

Spring into action with the TAZ Swim Team coaches and sign up for this awesome clinic. Choose the class that fits your child's swimming level. Swimmers may be moved to a different level after the coaches assess their swimming ability on the first day. Please note sessions will be held rain or shine. No make-ups or refunds.

- **Level 1 (ages 5-9):** Swimmers with little or no swim team experience and a novice in freestyle and backstroke. Must be able to swim 25 yards without assistance.
- **Level 2 (ages 7-10):** Swimmers with limited swim team experience, proficient at freestyle and backstroke, and novice at breaststroke and butterfly.
- **Level 3 (ages 9-18):** Swimmers must be proficient at all four strokes (back, freestyle, breast & butterfly). This level will focus on development and endurance of each stroke.

Location: Community Pool

CODES	DAYS	TIMES	DATES	LEVEL	FEES
120413.01	Su	3-3:45pm	2/25-4/15	1	\$125
120413.02	Su	3:45-4:30pm	2/25-4/15	2	\$125
120413.03	Su	4:30-5:30pm	2/25-4/15	3	\$125

Note: If you are interested in joining the Taz Team for the Summer Recreation Swim Team you must register through the El Dorado Hills Tasmanian Swim Team. Enrollment begins late January. You need to contact them directly at edhtaz.org.

El Dorado Hills Community Pool Rentals

The pool is available for private parties and special occasions. Rentals are ideal for large parties such as birthdays, company picnics, and youth outings. Rentals require a two-hour minimum, rental fee includes certified lifeguards. Call (916) 614-3217 for availability.

SKATE Park

Free Admission for all!

The Skate Park has plenty to offer both novice and advanced skate boarders and scooter riders including a half pipe, ramps and grind rails. Skate park attendants are present during supervised hours to enforce rules and make sure everyone is having an awesome time. The CSD promotes safe riding and requires all participants under 18 to wear helmets.

Supervised Hours:

Monday-Friday: 2:30-7:30pm

Saturday & Sunday: 12-5pm

NOTE: The skate park is closed on all national holidays, rainy days and Spare-the-Air days. Also subject to closures due to special events, park improvements and violations of skate park rules. *Check the CSD Facebook page for Spare the Air Closure notices – we'll be closed when it is unhealthy air quality for all groups.



Follow the CSD on Facebook, Instagram and Twitter! Search for "El Dorado Community Services District." Tag us in your photos and use hashtags #EDHCS and #YourPlaceToPlay so we see them!

Calling All Youth Artists!

The El Dorado Hills CSD invites interested youth (ages 12-18 years old) to submit original artwork for the Skate Park Booth Art Contest. Up to 6 artists designs will be selected and used to decorate the exterior of the Skate Park Booth. Artwork must represent the theme of Skateboarding, Inline Skating or Scootering. Submissions are welcome between January 8, 2018 thru March 2, 2018. Entries should be in color using 11" x 17" paper; no words allowed. Not an artist, but want to give input on what the final booth will look like? Keep your eye out for information at the Skate Park about voting for your favorites!





USPTA Certified Instructor: Chris Medrano, Tennis Director

Location: Promontory Community Park, 2550 Alexandra Way, EDH

Supplies: Participants need to bring a tennis racquet and water.

For questions about EDHCS, private & semi private lessons contact Chris at (949) 235-8649 or e-mail: cmedrano10spro1@gmail.com (Racquets are available if needed.)

No class 3/26-3/31

QuickStart Tennis

ages 5 - 7

A great introduction to the basic techniques using fun games and an easy to learn lesson curriculum.

Location: Promontory Community Park

CODE	DAYS	TIMES	DATES	MTGS	FEES
120328.A1	Tu	3:30-4:30pm	1/9-2/13	6	\$120
120328.A2	Tu	3:30-4:30pm	2/20-4/3	6	\$120
120328.A3	Tu	3:30-4:30pm	4/10-5/15	6	\$120
120328.B1	Th	3:30-4:30pm	1/11-2/15	6	\$120
120328.B2	Th	3:30-4:30pm	2/22-4/5	6	\$120
120328.B3	Th	3:30-4:30pm	4/12-5/17	6	\$120

Little Tennis

ages 8 - 11

Designed to teach solid fundamentals and stroke production with an introduction to match play. Focused on developing a great technique while learning the basics of match play.

Location: Promontory Community Park

CODE	DAYS	TIMES	DATES	MTGS	FEES
120329.A1	Tu	4:30-5:30pm	1/9-2/13	6	\$120
120329.A2	Tu	4:30-5:30pm	2/20-4/3	6	\$120
120329.A3	Tu	4:30-5:30pm	4/10-5/15	6	\$120
120329.B1	Th	4:30-5:30pm	1/11-2/15	6	\$120
120329.B2	Th	4:30-5:30pm	2/22-4/5	6	\$120
120329.B3	Th	4:30-5:30pm	4/12-5/17	6	\$120
120329.C1	Sa	9:30-10:30am	1/13-2/17	6	\$120
120329.C2	Sa	9:30-10:30am	2/24-4/7	6	\$120
120329.C3	Sa	9:30-10:30am	4/14-5/19	6	\$120

Junior Development

ages 12 - 16

Designed to teach solid fundamentals and stroke production with an introduction to match play. Focused on developing a great technique while learning the basics. Strategy is taught and players are being prepared for low-level competition.

Location: Promontory Community Park

CODE	DAYS	TIMES	DATES	MTGS	FEES
120330.A1	Tu	5:30-6:30pm	1/9-2/13	6	\$120
120330.A2	Tu	5:30-6:30pm	2/20-4/3	6	\$120
120330.A3	Tu	5:30-6:30pm	4/10-5/15	6	\$120
120330.B1	Th	5:30-6:30pm	1/11-2/15	6	\$120
120330.B2	Th	5:30-6:30pm	2/22-4/5	6	\$120
120330.B3	Th	5:30-6:30pm	4/12-5/17	6	\$120
120330.C1	Sa	10:30-11:30am	1/13-2/17	6	\$120
120330.C2	Sa	10:30-11:30am	2/24-4/7	6	\$120
120330.C3	Sa	10:30-11:30am	4/14-5/19	6	\$120

Junior League Match Play

ages 9 - 16

This program is a low pressure, fun way to begin competition match play. A USPTA certified teaching professional will be present each week to help with match play tactics. Champions receive trophies. Note: Instructor approval required.

Location: Promontory Community Park

CODES	DAYS	TIMES	DATES	MTGS	FEES	AGES
120373.01	F	5:30-7pm	1/12-2/16	6	\$110	12-16
120373.02	F	5:30-7pm	2/23-4/6	6	\$110	12-16
120373.03	F	4-5:30pm	1/12-2/16	6	\$110	9-11
120373.04	F	4-5:30pm	2/23-4/6	6	\$110	9-11

Junior & High School Tournament Level

ages 9 - 16

Dedicated to the competitive player. Technique, strategy, conditioning and mental toughness will be emphasized as these players work towards their tennis goals This group is being prepared for the highest level of competition. Note: Instructor approval required.

Location: Promontory Community Park

CODES	DAYS	TIMES	DATES	MTGS	FEES	AGES
120331.01	M	5:30-7pm	1/8-2/12	6	\$170	12-16
120331.02	M	5:30-7pm	2/19-4/2	6	\$170	12-16
120331.03	W	5:30-7pm	1/10-2/14	6	\$170	9-11
120331.04	W	5:30-7pm	2/21-4/4	6	\$170	9-11

Adult Groups

Beginners

Designed to teach solid fundamentals and stroke production with an introduction to match play. Focus will be on developing a great technique while learning the basics of match play.

Location: Promontory Community Park

CODES	DAYS	TIMES	DATES	MTGS	FEES
140332.01	Tu	6:30-7:30pm	1/9-2/13	6	\$120
140332.02	Tu	6:30-7:30pm	2/20-4/3	6	\$120
140332.03	Tu	6:30-7:30pm	4/10-5/15	6	\$120

Advanced Beginner/Intermediate

Location: Promontory Community Park

CODE	DAY	TIMES	DATES	MTGS	FEES
140333.01	Sa	11:30am-12:30pm	1/13-2/17	6	\$120
140333.02	Sa	11:30am-12:30pm	2/24-4/7	6	\$120
140333.03	Sa	11:30am-12:30pm	4/14-5/19	6	\$120

Adult Classes

Intro Guitar

ages 12 & up

Instructor: Lew Johnson

Class instruction in playing guitar using Step One: Teach Yourself Guitar (Hal Leonard). Learn chords, strums, picks, and songs. No experience necessary. Bring a guitar and a copy of the book. No class 1/15 & 2/19.

Location: CSD Gym Classroom

CODE	DAYS	TIMES	DATES	MTGS	FEES
160802.01	M	6:15-7pm	1/8-2/5	4	\$44
160802.02	M	6:15-7pm	2/12-3/12	4	\$44

Let's Uke!

ages 12 & up

Instructor: Lew Johnson

Class instruction in playing ukulele using Mel Bay's Easy Ukulele Method Book 1 by Mary Lou Dempler. Strum along to traditional songs. No experience necessary. Bring a ukulele (no baritones) and a copy of the book. No class 2/19 & 3/26.

Location: CSD Gym Classroom

CODE	DAYS	TIMES	DATES	MTGS	FEES
160801.01	M	7-7:45pm	2/12-3/12	4	\$44
160801.02	M	7-7:45pm	3/19-4/16	4	\$44

Ultimate Chocolate Truffles

ages 12 & up

Instructor: Karen Moore

Make elegant, dome-shaped truffles with a variety of luscious fillings including: white, milk and dark chocolate. Learn how to flavor basic ganaches (fillings) with liqueurs and oils. Make and take a dozen truffles in a gift box, plus receive recipes, notes, tips, and truffle molds. Please bring a material fee of \$15 to instructor.

Location: CSD Gym Kitchen

CODE	DAYS	TIMES	DATES	MTGS	FEES
161991.01	Sa	10am-12:15pm	3/17	1	\$39

Location: Cameron Park CSD, 2502 Country Club Dr. Cameron Park

161991.02	Sa	10am-12:15pm	1/20	1	\$39
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New CLASSES!

The Treatise Memoir Group

Ages 50 & up

Instructor: Geri Haskins

We each have a unique and interesting life! This class will teach you to capture your memories in writing whether you intend to publish or not. Participation is required as we gently hone your skills into stories that will leave a memorable footprint for future generations.

Location: CSD Norm Rowett Pavilion

CODE	DAYS	TIMES	DATES	MTGS	FEES
150924.01	Tu	1-4pm	1/23-2/27	6	\$25
150924.02	Tu	1-4pm	4/10-5/15	6	\$25

Champagne Travel on a Beer Budget

Ages 18 & up

Love to travel well but are limited on funds? This is not a class on couch surfing but saving money on mainstream and upscale travel. The class will cover techniques to maximize your travel budget on airfare, accommodations and cruises both domestic and international and several other topics.

Instructor: Justin Strong is an experienced traveler and presenter. He has traveled to over 30 countries around the world and has made a hobby out saving money while traveling well. He hates paying full price for any travel expense. Last year he and his wife flew on \$4,000 worth of flights for under \$300. He is an active member of his local Toastmasters chapter and loves public speaking as much as traveling.

Location: CSD Norm Rowett Pavilion

CODE	DAYS	TIMES	DATES	MTGS
140925.01	Sa	9am-12pm	3/3	1

Fees: \$35/person or \$50/couple



Tai Chi in the Morning

ages 18 & up

Instructor: Sada Hatanka

Commonly known as “meditation in motion”, Guang Ping Tai Chi is a gentle form of slow exercise movements for health and relaxation. Daily practice of Tai Chi can help reduce high blood pressure, strengthen internal organs, improve coordination, and offers numerous health benefits.

Location: CSD Gym Exercise Room

CODES	DAYS	TIMES	DATES	MTGS	FEES
140201.01	W&F	8-9am	January	8	\$49
140201.02	W&F	8-9am	February	8	\$49
140201.03	W&F	8-9am	March	8	\$49
140201.04	W&F	8-9am	April	8	\$49

Evening Tai Chi

ages 18 & up

Instructor: Sifu Ken Stark & Matt Peterson

Commonly known as “meditation in motion”, Guang Ping Tai Chi is a gentle form of slow exercise movements for health and relaxation. Daily practice of Tai Chi can help reduce high blood pressure, strengthen internal organs, improve coordination, and offers numerous health benefits. No class 1/15 & 2/19

Location: CSD Gym Exercise Room

CODES	DAYS	TIMES	DATES	MTGS	FEES
140201.05	M&W	7:30-8:30pm	January	8	\$49
140201.06	M&W	7:30-8:30pm	February	8	\$49
140201.07	M&W	7:30-8:30pm	March	8	\$49
140201.08	M&W	7:30-8:30pm	April	8	\$49



Yoga CLASSES

Hatha Yoga Stretch/Deep Relaxation
ages 18 & up

Instructor: Bill Scrivani, YA Certified

Sessions include 1.5 hours of continuous flow level-one yoga postures, deep stretching, balance and a variety of yoga breathing techniques. Class concludes with 5-10 minutes of deep relaxation. This program contains no inverted postures. Knowledge of Yoga and or good physical condition is very helpful. Yoga Blocks and a Strap are provided; please bring a mat and towel. Contact Bill at 916-276-7087 with questions. No class 1/15 & 2/19

Location: CSD Exercise Room

CODES	DAYS	TIMES	DATES
140202.01	M	9:30-11am	on-going

Fees: \$40/4 sessions, \$70/8 sessions

Yoga for Healthy Living (YHL) ages 21 & up

Instructor: Donna Rixmann, M.A. AVI Certified Yoga Therapist, ERYT 500

FIRST CLASS FREE for newcomers! Enjoy this gentle but effective flow-style, breath-centered class filled with others who never thought they could do yoga. Beginners welcome – many modifications are given. Comfy clothing/ No fragrances please. Class card admits you to attend any AM YHL class. Contact Donna at 916-712-9642 with questions or if you need a loaner mat. Visit www.yogapeace.net for teacher bio and yoga style information.

Location: Gym Exercise Room

CODES	DAYS	TIMES	DATES
140215.01	W	10-11am	on-going

Fees: \$40/4 sessions, \$70/8 sessions

Country Line Dancing

ages 18 & up

Instructor: Tina Goins

Beware! It's easy to get hooked on line dancing. Many people find themselves becoming addicted to line dancing because they love the music, the confidence that grows from mastering a dance, and the friendships that start to form. It's also a great way to dance socially without a dance partner.

Location: CSD Gym Exercise Room

CODE	DAYS	TIMES	DATES	MTGS	FEES
141115.01	Tu	7-8pm	1/9-1/30	4	\$44
141115.02	Tu	7-8pm	2/6-2/27	4	\$44
141115.03	Tu	7-8pm	3/6-3/27	4	\$44
141115.04	Tu	7-8pm	4/3-4/24	4	\$44

SA Shotokan Karate

ages 7 - adult

Instructor: Paul Charnow

This Japanese style of karate provides students a healthy balance between physical exercise and mental discipline. This results in improved coordination, focus, and self confidence. This class accommodates all student levels from beginner to black belt. Each new student will be supplied a Gi to wear in class. No class 3/28, 3/30.

Location: CSD Gym Exercise Room

CODES	DAYS	TIMES	DATES	MTGS
Beginners				
160203.01	W&F	5-5:45pm	1/10-2/2	8
160203.02	W&F	5-5:45pm	2/7-3/2	8
160203.03	W&F	5-5:45pm	3/7-4/6	8
160203.04	W&F	5-5:45pm	4/11-5/4	8
Intermediate				
160203.05	W&F	5:30-6:30pm	1/10-2/2	8
160203.06	W&F	5:30-6:30pm	2/7-3/2	8
160203.07	W&F	5:30-6:30pm	3/7-4/6	8
160203.08	W&F	5:30-6:30pm	4/11-5/4	8
Advanced				
160203.09	W&F	6:15-7pm	1/10-2/2	8
160203.10	W&F	6:15-7pm	2/7-3/2	8
160203.11	W&F	6:15-7pm	3/7-4/6	8
160203.12	W&F	6:15-7pm	4/11-5/4	8

Fee: \$60 for the first two months

Monthly: \$86 / \$10 sibling discount / 3 Months: \$210

Family Rate: \$420 (3 people registered for Preschool and/or Beg/Adv.)



ADULT FITNESS

Pickleball

What's the fastest growing sport in the Nation? Pickleball!!!

Pickleball is played on a badminton size court and primarily played with a partner. The game is fast paced, and a great cardio workout. It's social and promotes a healthy lifestyle! Our facility is air conditioned, very welcoming and everyone loves teaching "newbies" to the sport. If you have heard of it but haven't played it, now is the time!

Intro to Pickleball Lessons

ages 18 & up

Instructor: Doug Koch

Learn the rules of Pickleball, techniques for executing basic shots (serves, return, volley, dink), simple strategy and team work with doubles partners.

Registration Deadline: 3/2 or when full.

Location: EDH CSD Gym, 1021 Harvard Way

CODE	DAYS/LEVEL	TIMES	DATES	MTGS	FEES
140371.01	Tu/Th Beg.	12-1pm	3/6-3/15	4	\$60
140371.02	Tu/Th Inter.	12-1pm	4/10-4/19	4	\$60

Drop- In Pickleball

ages 18 & up

Pickleball is played at the CSD gym on 4 indoor courts. Loaner paddles and balls provided or feel free to bring your own!

Location: EDH CSD Gym, 1021 Harvard Way

DAYS	TIMES	FEE*
Tu & Th	9am-12pm	\$4/person
Su	11am-2pm	\$4/person

*Or buy a \$15, 5-visit punch card. Pay upon arrival.

CSD COLLABORATES with



Bring a towel, water bottle and clean tennis shoes. Participants will need to sign a SNAP liability waiver before class, so arrive early. All classes require pre-registration through the CSD Office. (916) 933-9448 Classes held at: 2222 Francisco Dr., El Dorado Hills

Zumba Gold® age 55 & up

Zumba Gold is perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity. The design of the class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat, and prepare to leave empowered and feeling strong.

Location: 2222 Francisco Dr., El Dorado Hills

CODES	DAYS	TIMES	DATES	MTGS	FEES
140211.01	Th	11-11:55am	1/4-1/25	4	\$35
140211.02	Th	11-11:55am	2/1-2/22	4	\$35
140211.03	Th	11-11:55am	3/1-3/22	4	\$35
140211.04	Th	11-11:55am	4/5-4/26	4	\$35

Pilates ages 16 & up

A system of strengthening and stretching exercises designed to develop the body's core, mobilize the spine, and build flexibility. With regular practice Pilates can increase flexibility, posture, range of motion, circulation, and abdominal strength.

Location: 2222 Francisco Dr., El Dorado Hills

CODES	DAYS	TIMES	DATES	MTGS	FEES
140241.01	Tu	5:30-6:25pm	1/2-1/23	4	\$35
140241.02	Tu	5:30-6:25pm	2/6-2/27	4	\$35
140241.03	Tu	5:30-6:25pm	3/6-3/27	4	\$35
140241.04	Tu	5:30-6:25pm	4/3-4/24	4	\$35

Spin ages 16 & up

Indoor spin is a great low-impact workout with huge cardiovascular benefits. Lose yourself in the motivating music while working through various drills incorporating speed and resistance. Not sweating isn't an option, make sure you bring a towel.

Location: 2222 Francisco Dr., El Dorado Hills

CODES	DAYS	TIMES	DATES	MTGS	FEES
140234.01	M	5:30-6:25pm	1/8-1/29	4	\$35
140234.02	M	5:30-6:25pm	2/5-2/26	4	\$35
140234.03	M	5:30-6:25pm	3/5-3/26	4	\$35
140234.04	M	5:30-6:25pm	4/2-4/23	4	\$35
140234.05	Tu	9-9:55am	1/2-1/23	4	\$35
140234.06	Tu	9-9:55am	2/6-2/27	4	\$35
140234.07	Tu	9-9:55am	3/6-3/27	4	\$35
140234.08	Tu	9-9:55am	4/3-4/24	4	\$35

Total Body Conditioning ages 16 & up

This is an all over body workout designed to strengthen and tone all muscles, using a combination of weights and floor work combined with cardio intervals to elevate the heart rate. This is a great class to learn how to work with weights properly, strengthen and define muscles while burning calories.

Location: 2222 Francisco Dr., El Dorado Hills

CODES	DAYS	TIMES	DATES	MTGS	FEES
140248.01	W	5:30-6:25pm	1/3-1/24	4	\$35
140248.02	W	5:30-6:25pm	2/7-2/28	4	\$35
140248.03	W	5:30-6:25pm	3/7-3/28	4	\$35
140248.04	W	5:30-6:25pm	4/4-4/25	4	\$35

Vinyasa Yoga ages 16 & up

Vinyasa yoga is a powerful, energetic form of yoga where you will fluidly move from one pose to the next while connecting your breath with every movement. Vinyasa Flow will strengthen your core, improve your flexibility, and develop your balance. The end of class will focus on restorative poses, so students leave feeling centered and refreshed.

Location: 2222 Francisco Dr., El Dorado Hills

CODES	DAYS	TIMES	DATES	MTGS	FEES
140237.01	M	8-8:55am	1/8-1/29	4	\$35
140237.02	M	8-8:55am	2/5-2/26	4	\$35
140237.03	M	8-8:55am	3/5-3/26	4	\$35
140237.04	M	8-8:55am	4/2-4/23	4	\$35

Kick and Sculpt

Looking for a fun mix of cardio and strength training? This class will be sure to get your heart rate up with kickboxing as it also helps work out your arms, shoulders, and legs. Then get an extra burn with sculpting exercises using a variety of equipment. Leave this class ready for the weekend!

CODES	DAYS	TIMES	DATES	MTGS	FEES
140249.01	F	9-9:55am	1/5-1/26	4	\$35
140249.02	F	9-9:55am	2/2-2/23	4	\$35
140249.03	F	9-9:55am	3/2-3/23	4	\$35
140249.04	F	9-9:00am	4/6-4/27	4	\$35

TRX Training

This is a small group class with a max of 6. Suspension Training leverages gravity and your bodyweight to perform many different exercises. This class also has bursts of cardio intervals and free weight training. This 55-minute class will give you an all over body workout!

Location: 2222 Francisco Dr., El Dorado Hills

CODES	DAYS	TIMES	DATES	MTGS	FEES
140239.01	W	9-9:55am	1/3-1/24	4	\$55
140239.02	W	9-9:55am	2/7-2/28	4	\$55
140239.03	W	9-9:55am	3/7-3/28	4	\$55
140239.04	W	9-9:55am	4/4-4/25	4	\$55

Team Training Level 1

This is a small group class with a max of 6. This class is designed for seniors who are looking to get into an exercise routine. This is a functional training class that focuses on balance and strengthening muscles and core.

CODES	DAYS	TIMES	DATES	MTGS	FEES
140250.01	M	10:15-11:10am	1/8-1/29	4	\$55
140250.02	M	10:15-11:10am	2/5-2/26	4	\$55
140250.03	M	10:15-11:10am	3/5-3/26	4	\$55
140250.04	M	10:15-11:10am	4/2-4/23	4	\$55



Adult Sports League Information

Leagues are for adults, ages 18+ and include game balls, certified officials and awards for league champions. Registration is limited in the number of teams per league and on a “first-come, first-served” basis. Once maximum numbers are reached registration closes.

Adult 5x5 Basketball

Teams play seven games followed by playoffs for the top four teams.

Location: EDH CSD Gym

Winter League: No games 4/1

CODE	DAY	DATES	TEAM FEE
140308.02	Su	2/11-4/8	\$435

Registration Deadline: 2/2

Spring League: No games 5/13, 5/27, 6/17

CODE	DAY	DATES	TEAM FEE
140308.03	Su	4/15-6/24	\$435

Registration Deadline: 4/6

Adult Open Gym Basketball

Open Gym is 4-v-4 pick-up games.

Location: EDH CSD Gym

DAYS	TIMES	FEE*
M & Th	8:15-10pm	\$5/person

*Or buy a \$20, 5-visit punch card. Pay upon arrival.

Adult Flag Football – 6 vs. 6 Pass-Only League

Seven games followed by playoffs for the top four.

No games 4/1 and 5/13

Location: Promontory Community Park

CODE	DAY	DATES	TEAM FEE
140309.01	Su	3/18-5/20	\$435

Registration Deadline: 3/9

Adult Softball

Weekly games followed by playoffs for the top four teams. Registration opens 2/1 for resident and returning teams. Registration opens 2/8 for non-residents. No games 3/30

Location: Promontory Community Park

Spring League FEE: \$490 per team

CODE	DAY	TYPE	DATES	DEADLINE
140302.01	Tu	Coed (lower)	3/27-5/15	3/16
140302.02	W	Coed (upper)	3/28-5/16	3/16
140302.03	Th	Men's (upper)	3/29-5/17	3/16
140302.04	F	Men's (upper)	3/23-5/18	3/9

Intro to Bocce Ball

ages 13 - adult

Learn rules, scoring, strategy, terminology, court courtesy and actual game play. Instructor: Carl Renner

Location: Promontory Community Park

CODES	DAYS	TIMES	DATES	MTGS	FEES
160311.01	Sa	9:30-11am	2/10	1	\$35
160311.02	Sa	9:30-11am	3/10	1	\$35
160311.03	Sa	9:30-11am	4/14	1	\$35

Bocce Ball Strategies ages 13 & up

Refine your skills in blocking, lag, bumping, and shooting. Get the big picture on the court to know what strategies to use and how to execute them. Instructor: Carl Renner

Location: Promontory Community Park

CODES	DAYS	TIMES	DATES	MTGS	FEES
160312.01	Sa	11am-12:30pm	2/10	1	\$35
160312.02	Sa	11am-12:30pm	3/10	1	\$35
160312.03	Sa	11am-12:30pm	4/14	1	\$35

Practice to Win

ages 13 - adult

Who likes losing? You've heard the adage “Practice Makes Perfect” now learn how to organize practice sessions that will translate into improved play and hopefully victories in matches. Topics include: setting your line-up and order of play, team chemistry, seeing versus perceiving match situations, practice drills, player communication and critiquing each player or team in a simulated game. Instructor: Carl Renner

Location: Promontory Community Park

CODES	DAYS	TIMES	DATES	MTGS	FEES
160313.01	Sa	9:30-11am	2/17	1	\$35
160313.02	Sa	9:30-11am	3/17	1	\$35
160313.03	Sa	9:30-11am	4/21	1	\$35

Bocce Ball League

ages 13 & up

Teams must have a minimum of 5 players. Fee is per person. Registration will open on: February 1, 2018

Location: Promontory Community Park

CODES	DAYS	TIMES	DATES	FEES
160310.01	Tu	9 & 10:30am	3/20-5/22	\$40
160310.02	Tu	TBD	3/20-5/22	\$40
160310.03	W	TBD	3/21-5/23	\$40

Kayaking for Boomers

ages 50 & up

Adventure and exploration aren't just for teenagers! Kayaking is great for fitness and easy on the body. These stress free paddles are the new activity of choice for baby boomers and beyond! Instructor: Current Adventures Kayak School Lake Natoma – Please call (530) 333-9115 for details

CODES	DAYS	TIMES	DATES	MTGS	FEES
140407.01	Sa	11am-2pm	3/31	1	\$73
140407.02	Sa	1-4pm	4/7	1	\$73



Follow the CSD on Facebook, Instagram and Twitter! Search for “El Dorado Community Services District.” Tag us in your photos and use hashtags #EDHCSD and #YourPlaceToPlay so we see them!



RESCUE TRAINING INSTITUTE

Classes held at: 13405 Folsom Blvd. Ste.150, Folsom

No walk-ins. Registration closes 48 hrs. before class.
 Certification cards are issued by email after class.
 Mid-week classes are available for all classes below.
 For more information call Rescue Training Institute at
 (916) 939-2277 or go to
www.rescuetraininginstitute.com.



Adult/Child CPR & AED

Learn the AHA's one-person technique for adult and child CPR and AED use.

Location: 13405 Folsom Blvd. Ste. 150, Folsom

CODES	DAYS	TIMES	DATES	MTGS	FEE
140506.01	Sa	10am-12:30pm	1/6	1	\$57
140506.02	Sa	10am-12:30pm	2/3	1	\$57
140506.03	Sa	10am-12:30pm	3/3	1	\$57
140506.04	Sa	10am-12:30pm	4/7	1	\$57

Adult/Child/Infant CPR & AED

Learn the AHA's one-person technique for adult, child, infant CPR and AED use.

Location: 13405 Folsom Blvd. Ste. 150, Folsom

CODES	DAYS	TIMES	DATES	MTGS	FEE
140505.01	Sa	10am-1pm	1/6	1	\$77
140505.02	Sa	10am-1pm	2/3	1	\$77
140505.03	Sa	10am-1pm	3/3	1	\$77
140505.04	Sa	10am-1pm	4/7	1	\$77

Adult/Child/Infant CPR, AED & First Aid

Learn AHA's adult, child & infant CPR, AED use and basic first aid administration. The CA EMSA and Community Care Licensing do not approve this class for daycare/preschool industry licensing.

Location: 13405 Folsom Blvd. Ste. 150, Folsom

CODES	DAYS	TIMES	DATES	MTGS	FEE
140507.01	Sa	8am-1pm	1/6	1	\$72
140507.02	Sa	8am-1pm	2/3	1	\$72
140507.03	Sa	8am-1pm	3/3	1	\$72
140507.04	Sa	8am-1pm	4/7	1	\$72

First Aid Only

Learn American Heart Association's basic first aid administration for medical, injury & environmental emergencies. The CA EMSA and Community Care Licensing do not approve this class for daycare/preschool industry licensing.

Location: 13405 Folsom Blvd. Ste. 150, Folsom

CODES	DAYS	TIMES	DATES	MTGS	FEE
140508.01	Sa	8-10am	1/6	1	\$52
140508.02	Sa	8-10am	2/3	1	\$52
140508.03	Sa	8-10am	3/3	1	\$52
140508.04	Sa	8-10am	4/7	1	\$52

CPR & AED or CPR/AED/First Aid Skills Session

Prerequisite: Completion of the American Safety & Health Institute online course. We provide a link to the online class. After registration with the EDH CSD please call RTI to determine which version of class link needs to be emailed. Bring the Completion Certificate to class.

Location: 13405 Folsom Blvd. Ste. 150, Folsom

CODES	DAYS	TIMES	DATES	MTGS	FEE
140509.01	Sa	2-3pm	1/13	1	\$62
140509.02	Sa	2-3pm	1/20	1	\$62
140509.03	Sa	2-3pm	2/10	1	\$62
140509.04	Sa	2-3pm	2/17	1	\$62
140509.05	Sa	2-3pm	3/10	1	\$62
140509.06	Sa	2-3pm	3/17	1	\$62
140509.07	Sa	2-3pm	4/14	1	\$62
140509.08	Sa	2-3pm	4/21	1	\$62

Basic Life Support CPR & AED

Class is intended for present and future EMS, Medical, Dental & Allied Health professionals taking this course for the first time.

Location: 13405 Folsom Blvd. Ste. 150, Folsom

CODES	DAYS	TIMES	DATES	MTGS	FEE
140510.01	Sa	8am-12:30pm	1/13	1	\$67
140510.02	Sa	8am-12:30pm	2/10	1	\$67
140510.03	Sa	8am-12:30pm	3/10	1	\$67
140510.04	Sa	8am-12:30pm	4/14	1	\$67

Pediatric CPR & First Aid

Infant, Child, & Adult CPR and First aid. This class is EMSA approved for daycare/preschool providers. We are required to affix their approval stickers to your card at a cost of \$6, payable at class. \$15 Materials fee paid in class. Cash only.

Location: 13405 Folsom Blvd. Ste. 150, Folsom

CODES	DAYS	TIMES	DATES	MTGS	FEE
140512.01	Sa	8am-5pm	1/27	1	\$77
140512.02	Sa	8am-5pm	2/24	1	\$77
140512.03	Sa	8am-5pm	3/24	1	\$77
140512.04	Sa	8am-5pm	4/28	1	\$77
140512.05	M&Tu	5:30-9:30pm	1/15-1/16	2	\$77
140512.06	M&Tu	5:30-9:30pm	3/12-3/13	2	\$77

Community Info



**EDHPROMISE
FOUNDATION**
Planting seeds today for a better tomorrow

C.A.R.E. Program

Community Assisting with Recreation Experiences

Every resident has an opportunity to participate in recreation programs and activities provided by El Dorado Hills Community Services District (District). The EDH Promise Foundation is offering the Community Assisting with Recreation Experiences program to residents who need assistance with recreation program fees. For questions or assistance with the application process, please call the District Registration Office (916) 933-6624 or visit the District website at www.eldoradohillscsd.org.



Together We Can a Make a Difference in Our Communities!

We all choose where we spend our hard-earned dollars. Many of us like to “show room shop” — look at products in the store and then purchase online to save money.

What would happen if we committed to support our local businesses rather than a competing chain or conglomerate?

Did you know that dollars spent at local businesses can have a direct positive impact on our community because local businesses support many local non-profit organizations? Imagine the possibilities if we all used the power of our spending to support local businesses and local non-profits at the same time!

In our hurried and hustled busy lives, we have the ability to make a difference in our communities. Consider changing one buying habit – just one! – to support El Dorado Hills’ many fine local businesses!

Debbie Manning
President/CEO, El Dorado Hills Chamber of Commerce

El Dorado Hills Library



7455 Silva Valley Parkway
www.eldoradolibrary.org (916) 358-3505

Hamilton Sing-A-Long

ages 13 & up

Thursday, January 11 • 4-6pm

We're celebrating A.Ham's birthday with a rowdy sing-a-long to our favorite musical. Sign up to sing karaoke style or sing along from the audience. Sponsored by Y.E.L.L.; Youth Executive League at the Library.

Used Book Sale (Members Only)

Friday, January 19, March 9 and April 27 • 3-7pm

Public Used Book Sale

Saturday, January 20, March 10 and April 28 • 8am-4pm

Take advantage of some great deals on gently used books at the El Dorado Hills Friends of the Library book sale. Books are \$1 per pound and there are books in every category. Proceeds from the book sale provide new books and support programs at the El Dorado Hills Library.

Family PJ Storytime

Thursday, February 1 • 6pm

Gather the whole family in your coziest jammies and enjoy an evening storytime at the library. Bring your favorite stuffed animal or toy! All ages welcome.

Painting with Bob Ross

ages 13 & up

Saturday, April 21 • 1-3pm

We'll provide all the supplies you need to paint along with the beloved PBS show, “The Joy of Painting with Bob Ross.” Sponsored by Y.E.L.L.; Youth Executive League at the Library.



990 Lassen Lane, El Dorado Hills, CA 95762 (at the corner of El Dorado Hills Blvd.) • Hours: 9am-4pm Monday-Friday
Phone: 916-358-3575 • Cell: (916) 817-9823



El Dorado County “Moni” Gilmore Senior Center

El Dorado Hills Gilmore Senior Center offers many classes, programs and special events including drawing, watercolor, line dance, computer classes, cooking, chair exercise, and so much more to residents and non-residents ages 50+. (Yes we know that’s very young!) Also, we host guest speakers to speak on topics, including: scam alerts, current events, legal matters, health & wellness, and even historical events and more. Call the Gilmore Senior Center at (916) 358-3575 to register or for information, we hope you will visit us soon!

Please Register in Advance!

Please make every effort to register for Gilmore Senior Center programs a minimum of one week in advance. Our instructors, many of whom are volunteers, often require advance notice for supply purchasing, preparations, etc. By waiting until the last few days before a program, you run the risk of the program being cancelled, or already filled. Most programs you can register for at the Gilmore Senior Center. Please call us for more information (916) 358-3575!

Breakdown of the Gilmore Senior Center Program Fees

We offer a multitude of program/activity opportunities. Many programs are run by delightful volunteers who do not wish to charge a class fee. We agree it’s confusing at times! Programs listed in this Activity Guide which have 8-digit activity code numbers require preregistration at the CSD Registration Office (1021 Harvard Way, or www.edhcsd.org). The programs which have a supply fee (only) listed, require cash prepayment at the Gilmore Senior Center office. Many programs are free.

El Dorado Hills CSD | (916) 933-6624

Register Online at www.edhcsd.org

Holiday Observances: Gilmore Senior Center CLOSED

- December 25: Christmas
- December 26: Christmas
- January 1: New Year’s Day
- January 15: Dr. Martian Luther King’s Day
- February 19: Presidents Day
- May 28: Memorial Day

Visitors and Guests

We welcome any Senior 50 years of age and up. We also welcome those accompanying a Senior – and you can be any age!...come on over!

Gilmore Senior Center Orientation

Last Wednesday of each month 9:30am

Visitors are always welcome at the Gilmore Senior Center, either to take a tour, try out programs any time throughout the month, or just poke around on your own. The last Wednesday of every month is a particularly good time to visit—that’s when we have Monthly Orientation. The orientation presentation is meant to show new guests about the Center and our programs and services, chat with other members and staff. Please call to hold your spot (916) 358-3575. Pre-registration required.

Year Round DROP-IN ACTIVITIES

Weekly

Morning Fitness Classes: Monday-Friday, 8am
Painting Pals: Monday, 10am
NEW TIME! Sit & Get Fit:
 Monday & Wednesday, 10:15 & 11:15am
Fun Bingo: Monday & Thursday, 12:30pm
Think You Can't Exercise?: Tuesday/Thursday 9:30am
Knit 'n Chat: Tuesday, 10am
Mah Jongg: Tuesday, 1pm
Wii Bowling: Wednesday, 9:30am
Social Bridge Play: Wednesday, 9am
Pinochle: Wednesday, 12:30pm
Mexican Train Dominoes: Wednesday, 12:30pm
Line Dance: Wednesday, 1pm
NEW! Evening Line Dance: Tuesday, 6:30pm
Evening Cribbage: Wednesday, 6:30pm
Chess Club: Thursday, 2pm
NEW TIME! Canasta: Thursday, 2:30pm
NEW! Cribbage Lessons for Old and New Players:
 Thursday, 4pm
Hand & Foot: Thursday/Friday, 12:30pm
Falun Dafa: Friday, 4:30pm

Monthly

Movie of the Month: 1st/3rd Monday, 1pm
American Sewing Guild Meeting:
 1st Monday, 6:30pm & 2nd Tues. 7pm
EDH Arts Association Meeting: 2nd Monday, 6pm
Computer User Group: 2nd/4th Monday, 1pm
Craniosacral Therapy: 2nd Monday, by appt.
NEW! Quilting Club: 4th Monday, 2-5:30pm
Caregiver Support Group: 3rd Tuesday, 5:30pm
Senior Council Meeting: Last Tuesday, 10:30am
Senior Attorney Appointments: 2nd Wednesday, by Appt.
"Golden Hills" Men's Group: 3rd Wednesday, 10am
"Let's Chat" Discussion Group: 1st/3rd Thursday, 10am
Caregiver Support Group: Last Thursday, 10:30am
Senior Stampers: 2nd Friday, 9:30am
French Social Club: 1st/3rd Friday, 1:30pm
Brain Connections: 3rd Friday, 10am
Grands' & Greats' Gazette: 4th Friday, 1pm
HICAP Counseling: 4th Friday, by appt.
Beginning French: 1st/3rd Friday, 3pm
Gilmore Center Orientation: Last Monday, 9:30am

BIG PARTIES

December 8
Christmas's Luncheon
 Doors open at 10:30am

February 10
Valentine's Day Luncheon
 Doors open at 10:30am

Events are hosted at
El Dorado Hills CSD Gym
 1021 Harvard Way, El Dorado Hills

C.A.R.E. Program for Seniors

In an effort to provide affordable recreation programs, the EDH Promise Foundation is offering the C.A.R.E. Program. Eligibility guidelines have been established to provide options for participation in District sponsored recreation activities. This program is for El Dorado Hills residents only. Please contact Gilmore Center staff at (916) 358-3575 for more information.





Guest Speakers & Special Events

Movie of the Month 1st & 3rd M, 1pm

Come and enjoy our big screen TV, popular and recently released movies. We even provide the popcorn! Movie suggestions are always welcome.

Note: The Gilmore Senior Center is closed National Holidays

Christmas Singalong with Valley View Charter Elementary School Students

Friday, December 22 • 1pm

Join us as we celebrate the Holidays with some of the most festive children in town! We would love for you to join us for an afternoon of Christmas cheer, your favorite Christmas Carols and decorating holiday cookies! We hope you can join us for this memorable event! Please call the Gilmore Center to reserve your seat (916) 358-3575.

Know the 10 Signs: Early Detection Matters with Denise Davis

Tuesday, January 9 • 1pm

This workshop addresses the ten warning signs of Alzheimer's disease. Learn what is involved in getting a diagnosis, risks associated with Alzheimer's, and the benefits of early detection. There will be time for questions and answers. Please call to hold your seat, (916) 358-3575.

Let's Talk About Your Final Plans: Burial or Cremation? with Carol Drebin

Tuesday, March 13 • 1pm

How do you honor a person's last wishes? Too often we guess... or just don't know. Burial or cremation? Funeral or memorial? What are the differences? Learn about the documents, costs, and process involved. Get answers to your questions in a comfortable class setting. Literature and resource list will be provided. No products or services will be promoted or sold. Carol Drebin speaks to seniors and Veterans groups about the value of advance planning. Please call to reserve your seat (916) 358-3575.

Social Security: How to Pay Less or Nothing in Taxes with Bill Corley, CFP

Thursday, January 25 • 6:30-8:30pm

Fee: \$10

Employed adults age 50+ may minimize or eliminate taxes on Social Security benefits with careful planning before they retire. Taxes are different in retirement... learn effective ways to balance benefits and other income in order to keep more of your hard-earned money. Question/answer period is included. Please call to save your seat, (916) 358-3575.

Smart Social Security Planning

with Bill Corley, CFP

Thursday, February 22 • 6:30-8pm

Fee: \$10

Transitioning to retirement requires careful planning to maximize Social Security benefits. When and how you elect benefits, and how you manage other income and savings, can make a big difference in the taxes you pay and the lifestyle you enjoy. Question/answer period is included. Please call to save your seat, (916) 358-3575.

Are you prepared for a Disaster?

Presented by Lesley Coovelis

Tuesday, February 27 • 1pm

Hear detailed information regarding how to prepare your family and pets to respond when emergencies happen. Learn about a go-kit, how to develop an emergency plan, and what resources exist to learn more or become involved in your community's readiness. Call to hold a spot (916) 358-3575.

Healthy Living for Your Brain and Body: Tips from the Latest Research

with Denise Davis

Thursday, April 26 • 1pm

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging. Please call to hold your spot (916) 358-3575!



An Afternoon with Roberta Rimbault, Commissioner from EDC Commission on Aging

Tuesday, January 30 • 1pm

Roberta Rimbault will be here to discuss advance directives and end-of-life care decisions. Learn the different types of advance directives. Recognize advantages and disadvantages of advance directives. Identify resources that can help you complete your advance directives. There will be a time for questions and answers. Please call to hold your spot! (916) 358-3575

Get rid of Hay Fever Naturally

Presented by: Yuko Nagahashi-Lee

Thursday, February 1 • 1pm

Did you know there are natural remedies you can do to treat seasonal allergies and hay fever without over the counter medication? In this presentation we will discuss many options including pressure points in the face and learn things we can do at home to get rid of hay fever naturally! There will be time set aside for questions and answers. Please call to hold your seat (916) 358-3575.

Natural Perfume & Aromatherapy Workshop

Tuesday, February 13

Material fee of \$45 due at start of the class

Make your own unique and natural organic perfume with the finest quality essential oils. Experience and learn about the aromatic ingredients, where they come from and how they can support health and wellbeing in this practical, sensual workshop. "This workshop is truly unique and well worth treating yourself to if you want to smell and feel totally gorgeous" Take home a 1 x 10ml bespoke natural roll on perfume. Pre-registration is required please call the Gilmore Center to reserve your space.

Natural Face Cream Workshop

Presented by: Laura Hoy

Friday, February 16 • 9am-12pm

Material fee of \$45 due at start of the class

Make your own completely natural, organic face and body cream, without any chemicals, emulsifiers or preservatives, with the finest quality ingredients. More pure and precious than any product you can buy on the market and makes your skin feel smooth, nourished and protected. Take home a 1 x 25g of bespoke natural face cream. Pre-registration is required please call the Gilmore Center to reserve your space.

An Afternoon with Raelene Nunn, Representative from EDC Commission on Aging

Tuesday, March 27 • 1pm

Raelene Nunn, District 1 Commission on Aging will be discussing senior issues affecting El Dorado County seniors, senior programs, the Commission on Aging and their role in helping seniors remain in their homes. She is interested in hearing from you about concerns and issues that you may have about the subject. There will be a time for questions and answers. Please call to hold your spot! (916) 358-3575

A Presentation by CTAP: California Telephone Access Program

Presented by: Love Miller

Thursday, March 29 • 1pm

Did you know that California Telephone Access Program provides FREE SPECIALIZED TELEPHONES for all eligible Californians, at no cost? "CTAP" provides FREE adaptive telephones and or devices that can help make using the phone easier for you. If you are someone who has difficulties using the telephone or if you know someone who does this is the perfect presentation for you! You will learn the steps necessary to apply for this free program. Please call to hold your seat (916) 358-3575.

Boarder Law Enforcement

Presented by: Rollin Klink

Tuesday, April 17 • 1pm

Retired Special Agent in Charge for the US Treasury Department, US Customs Service, Rollin Klink will share the intricacies and problems of border law enforcement and the different agencies involved. Hear how border law enforcement has changed over the years. Learn fascinating facts about smuggling techniques, Money laundering and other border crimes. Please call to hold your spot (916) 358-3575.

An Afternoon with David Groth from the EDC Districts Attorney's Office

Tuesday, April 24 • 1pm

The El Dorado County District Attorney's Victim Witness Program will be at the Gilmore Center to talk about the Elder and Dependent Adult Abuse. They would like to educate everyone in our county about the services they provide to victims and families. Please call to hold your seat (916) 358-3575.

Calling all Fashionistas!

Wednesday, May 2 • 10:30am

The Gilmore Center is hosting a ladies fashion show featuring clothing by Chico's on Wednesday, May 2nd. Your friends at the senior center will be featured as models who will show two or three outfits during this chic event. Come enjoy an afternoon of fun, refreshments and a raffle prize! Guests who attend the fashion show will have a unique opportunity to shop at Chico's during a 'Gilmore Only' hour Date TBA. Call (916) 358-3575 to reserve your spot today. **Please note: The Fashion Show will take place at the EDHCS, 1021 Harvard Way.**



Follow the CSD on Facebook, Instagram and Twitter! Search for "El Dorado Community Services District." Tag us in your photos and use hashtags #EDHCS and #YourPlaceToPlay so we see them!



Exercise & Fitness

Our health and fitness programs improve your physical fitness, your brain health, balance, energy and overall well-being.

Think You Can't Exercise? Yes YOU Can!!!

Group Leader: Yvonne Griffin.

Classes include safe stretching and strengthening exercises using resistance bands, range of motion, and simple movements. Both sitting and standing exercises are incorporated. Benefits include: lower blood pressure, improved circulation, and increased stamina and muscle strength.

DAYS	TIMES	DONATION
Tu & Th	9:30-10:30am	Drop-in \$2

Wednesday Wii Games W, 9:30-11am

Join us for Wii Bowling and other games. Get into the "team spirit" with friends as you develop better range of motion and balance. No experience is necessary. All levels of physical ability can play Wii games – you can even sit down. Lots of laughs and TONS OF FUN will be had in this casual, drop-in program. "Wii" hope to see you there.

Line Dance Lessons with Shelly Mills

NEW! T, 6:30-8pm (beginning)

W, 1-2pm (beginning)

W, 2-3pm (adv. beg./Inter)

Learn new and old dances! No partner and no experience necessary! Come on down, get some exercise, meet new friends and have some good ol' foot-stompin' fun! \$3 per class donation.

Falun Dafa Exercise F, 4:30-5:30pm

Instructor: Zhengwei (Zach) Lu

Falun Dafa, also known as Falun Gong, is a traditional Chinese self-cultivation practice that improves mental and physical wellness through a series of easy-to-learn exercises and meditation. Benefits include: stress and anxiety reduction; increased energy and improved health. These classes are FREE! For more information see www.falundafa.org. Please call to hold a spot.

Beginning Ballroom Dance

Instructor: Don Frankel

If you are not familiar with basic ballroom dances, this is the class for you! Ballroom dancing is fun, good exercise and studies show it is a great "brain exercise". We will start with simple dances such as the two-step and the box-step.

Location: Gilmore Center, 990 Lassen Lane, EDH

DAYS	TIMES	DATES
Th	1-2pm	2/1-3/8

Dance Party

Once each quarter we offer a special Dance Party just for you! Host Don Frankel brings favorite tunes from days long ago. Join us for a fun afternoon of music and dancing. Meet new friends who also love to cut a rug! Refreshments will be served. Please let us know you are coming.

Location: Gilmore Center, 990 Lassen Lane, EDH

DAYS	TIMES	DATES
Th	1-3pm	3/15



Forever Fit...

Good for Your Body, Balance and Brain

Classes are taught with a focus on safety. Whether you are new to exercise, or seasoned, you will enjoy the positive atmosphere while challenging your body at a level that's right for YOU. Try out a class for free!

Punch cards are good for the three classes listed below and expire 90 days after issuance. Instructors: Sue Reed & Rose Mullen
 Fee: \$53, 10 class punch-card / \$85, 20 class punch card

Body Blast

M & W, 8-8:45am

A sculpting and strength building workout that will tone and transform your body, improve balance and stability, and tighten your core.

Zumba Gold

T & Th, 8-8:45am

For active older adults who are looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. The design of the class introduces easy to- follow Zumba® choreography that focuses on balance, range of motion and coordination.

Sit 'n Get Fit

M & W, 10:15 & 11:15am

Feel better! Enhance your quality of life! Stretch and strengthen! AND, have fun and move! Class offers a variety of seated exercises designed to increase cardiovascular and muscular endurance, range of movement and activities for daily living. A chair is used for seated or standing support.



Fun Bingo!

M & Th, 12:30-1:30pm

Join us for these casual, yet fun Bingo games. Our local grocers, Raley's & Nugget participate in this program by offering us discount purchases of their \$5 gift cards which players can win. \$3 for 2 bingo cards.

Bridge Play

W, 9am-12pm

Join us for a fun game of bridge. Our bridge group plays American Standard Bridge. This group is not suitable for those who have never played the game, single players or partners welcome. Leader: Char Ferreira

It's Time to Play Cribbage...

W, 6:30pm

The Gold Country Cribbers meet year-round for American Cribbage Congress League play. Lessons available upon request. The weekly fee is \$3. For info check out this link: http://accgrassroots.org/local_cribbage_club.asp?clubid=306

Canasta

Th, 2:30pm

Hand & Foot

Th & F, 12:30pm

Our game groups are growing but we are always looking for more players. There are many opportunities to play both of these simple card games. Beginners are welcome, we will teach you to play.

Weekly Mah Jongg Play

Tu, 1-3pm

Mah Jongg, of Chinese origin, is played with tiles similar to dominoes but marked with Chinese characters. Our friendly group plays both Chinese and American versions of the game. Everyone who shows up gets to play. No experience necessary – we will teach you the game! Group Leader: Margie Yowell

Chess Club

Th, 2-4pm

We will exchange playing ideas, recreate famous games and compete with other participants. All ages are welcome and invited to join. Sorry, this is not for brand new beginners, as no lessons will be offered. Bring your own chess board. OFF-SITE LOCATION: Oak Knoll Club House, 3371 Alyssum Circle, off Bass Lake Road). Group Leader: Wil Brunet, Former ranked player.

NEW! Beginning Cribbage Lessons

Th, 4-7pm

Cribbage Lessons for new and old players. We will teach new players the game of cribbage and give pointers to players that understand the game but what to fine tune their skills.

Mexican Train Dominoes

W, 12:30-2:30pm

This simple and fun domino game brings lots of smiles and laughs to our players. Anyone can learn the very popular Mexican Train Dominoes! Join us!



Arts & Crafts

Paint and a Splash Too!

Instructors: Terri Haverty, Maggie Bosch & Sherry Pavloff

Fee: \$30

Yes you can complete a painting in two hours! The step-by-step instructions will have you creating your own artwork on canvas that you can hang on a wall or give as a gift. You and your friends can enjoy refreshments and just have fun while the instructor guides you through the painting session using acrylics. All materials are included. Pre-registration is necessary.

Location: Gilmore Center, 990 Lassen Lane, EDH

DAYS	TIMES	DATES	THEME
W	1pm	1/10	Winter Scene
W	1pm	2/7	Valentine's Day Hearts
W	1pm	3/14	Rabbit
W	1pm	4/11	Spring Bird

You Have Photos we have Solutions! (Ages 18+)

Dates: 2/2 at 9:30-11:30am or 3/13 at 6-8pm

Fee: \$25

Do you have boxes, bags and albums full of precious family photos and memorabilia just sitting neglected in the closet? Are your photos fading or stuck in photo album plastic? Here is your opportunity to learn the ABC's of Photo Organizing and the Do's and Don'ts of Photo Organizing. We will sort and organize your box of photos and then choose some of your favorites for scanning. By the end of the class, you will have scanned 80-100 photos (or 6 photo album pages) to start your digital collection for permanent preservation. Students should bring boxes of photos, memorabilia, and photo albums. Laptops and external drives (flash drives) optional.

Get Organized! Take Control of your Digital Photos!

(Ages 18+)

Dates: 4/10 at 6-8:30pm or 5/18 at 9-11:30am

Fee: \$35

Are your photos seemingly everywhere on your phone, laptop, Apple photos, Google photos, the 'cloud' ... but you can't seem to locate your photos??? No matter how far gone your image

collection may seem—unintelligible file names, photos without dates, too many images clogging up your hard drive or cloud storage—you can reorganize it so that it becomes more useful. The goal of this class is to easily find and share the photos you love without hassle. We will explore downloading from various devices, social media sites, tagging, renaming and backing up your collection. Bring your photo mess to this workshop where we will discuss ideas for organization and storage. Forever.com, Google + and Photos is some of the services used to protect and share your photos that we will discussed in this workshop.

Painting Pals!

M, 10am-12:30pm

This non-instructional gathering is a casual, creative avenue for painters of any kind to enjoy art in a new setting and meet others with the same interest. Come hang out and paint!

El Dorado Hills Arts Association

EDHAA provides monthly art demonstrations and activities for artists. It has been an active visual arts organization for five years and has over 100 artists in its membership. For more information visit www.eldoradohillsarts.com. Visitors welcome! All meetings at 6pm on the following dates: 1/8, 3/12 & 5/14

American Sewing Guild 1st M, 6:30pm & 2nd Tu, 7pm

The local American Sewing Guild group holds bi-monthly meetings at the Senior Center. Visitors are always welcome. Check out GoldCountryASG.org.

Knit 'n Chat

Tu, 10-11:30am

Join our casual social gathering! Bring your own knit or crochet supplies and project(s). Beginning and project assistance is happily provided. All ability levels are welcome. Facilitators: Diane Haug, Carmen Flores, Betty Eastment, Dinah Schade and Connie Yee

Quilting

4th M, 2-5:30pm

Instructor: Linda Del Rio

Join our casual social gathering! Bring your own quilting supplies and project(s). Beginning and project assistance is happily provided. All ability levels are welcome.





Appetizers! Tapas! h'ordorves!

Instructor: Pauline Rivera

NEW! Join Pauline Rivera and learn how to create appetizers that make party guests say "Wow!" It's easy to resort back to our tried and true appetizer when attending or hosting a party. You'll come away from this class with new ideas, new ingredients and even new ways of presenting fabulous appetizers! You've got one bite to grab someone and make them want to reach for more and more and more, and this class will show you the secret to doing just that. Hot and cold, come get new ideas, flavors and methods for making great new appetizers for your next party or party invitation!

Location: Gilmore Senior Center, 990 Lassen Lane, EDH

DATE	DAYS	TIMES	SUPPLY FEE
1/24	W	4-5:30pm	\$25
3/14	W	4-5:30pm	\$25
5/23	W	4-5:30pm	\$25

Cheesecake 101

Instructor: Pauline Rivera

Learn to make cheesecake from start to finish including cooking do's and don'ts. Learn about different crusts and take home lots of recipes. Cheesecake tasting included! Reservations required. A \$15 fee holds your spot in the class.

Location: Gilmore Senior Center, 990 Lassen Lane, EDH

DATE	DAYS	TIMES	SUPPLY FEE
2/21	W	4-5:30pm	\$15

Cuban Cooking

Instructor: Nora Kolthoff

Our very own gourmet cook, Nora Kolthoff will share both her talent and great recipes! Foods from the western areas of Cuba are not spicy, but are muy sabroso (flavor filled, savory and delicious) a \$25 cash supply fee is required to hold your spot. This class fills up quickly so please call early to hold your spot! (916) 358-3575

Location: Gilmore Senior Center, 990 Lassen Lane, EDH

DATE	DAYS	TIMES	SUPPLY FEE
1/13	Sa	10am	\$25

Tamales.... Si'!

Instructor: Pauline Rivera

Learn hands-on all of the necessary steps from working the masa, preparing the meat, cleaning the corn husks, and rolling, steaming and cooking tamales. You will make and take your own delicious creations. Reservations are a must. Your supply fee of \$25 will hold your spot in the class.

Location: Gilmore Senior Center, 990 Lassen Lane, EDH

DATE	DAYS	TIMES	SUPPLY FEE
4/14	Sa	9-11am	\$25

Wine 101... a Course All About Wine

Instructor: Rollin Klink

El Dorado Hills Gilmore Senior Center is offering a two-session WINE 101 class on Thursdays from 3-5pm. Class topics include: Growing the Grapes; Harvesting; Factors that affect the taste of wine such as fermentation, sugars, aging, and bottling; Tasting Room Etiquette, and more. The first session will be held at El Dorado Hills Gilmore Senior Center (990 Lassen Lane). The second classroom and tasting session is off-site at Total Wine, 2765 E. Bidwell in Folsom. Preregistration is necessary. The supply fee is \$15 and payable at the second class. Call to hold a spot, (916) 358-3575.

Location: Gilmore Senior Center, 990 Lassen Lane, EDH

DATE	DAYS	TIMES	SUPPLY FEE
2/20 & 2/22	Tu/Th	3-5pm	\$15

Cooking From India Part Two

Instructor: Rich Turoff

We will review some of the basics about Indian cooking and spices discussed in the first session. Part two we will concentrate on make several varieties of curries. Indian food does not have to be "hot" although many different spices are used. Reservations required. A \$15 supply fee holds your spot in the class.

Location: Gilmore Senior Center, 990 Lassen Lane, EDH

DATE	DAYS	TIMES	SUPPLY FEE
1/20	Sa	10am-12:30pm	\$15

Ultimate Chocolate Truffles

Instructor: Karen Moore

Make elegant, dome-shaped truffles with a variety of luscious fillings including: white, milk and dark chocolate. Learn how to flavor basic ganaches (fillings) with liqueurs and oils. Make and take a dozen truffles in a gift box, plus receive recipes, notes, tips, and truffle molds. Please bring a material fee of \$15 to instructor.

Location: CSD Gym Kitchen

CODE	DAYS	TIMES	DATES	MTGS	FEES
161991.01	Sa	10am-12:15pm	3/17	1	\$39

Location: Cameron Park CSD, 2502 Country Club Dr. Cameron Park

161991.02	Sa	10am-12:15pm	1/20	1	\$39
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Gilmore Center Library and Computer Room

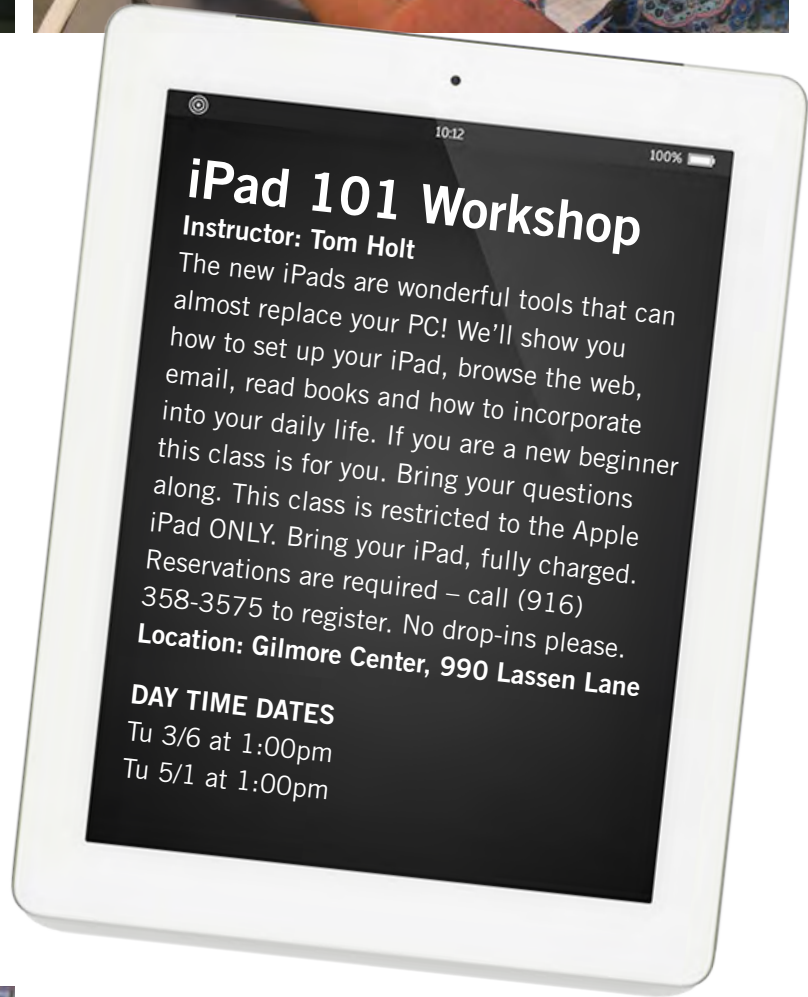
The Gilmore Center has MANY books available. There is no formal check out system, just come find books you like and take them! If you have books you would like to donate – let us know. The library also has a computer with a large screen for Seniors to use at their convenience. All you have to do is ask staff for the password and the world of computing opens up. Wi-Fi is available throughout the Center.

Computer Lessons for Beginners

If you need to learn the basics, including Internet and email, call to sign up for three free lessons. Our volunteer instructors will work with you one-on-one. Students must have a computer (PC or Mac) for practice. Thanks to our volunteer instructors Jenny Figueroa and Pete Motley. Sorry, due to schedule constraints only one three-week session per Senior is allowed.

Computer User Group 2nd & 4th M, 1-3pm

We offer one-on-one assistance with your portable units including laptops, tablets, iPads, iPhones, iPods, Smartphones, Kindles, etc. Bring your questions and problems faced during day-to-day home use. THANK YOU to our volunteer Instructor: Jenny Figueroa and Pete Montley.



We Thank Our Wonderful Volunteers!

Without our dedicated team of volunteers our programs would not happen. Please take a moment to thank our program leaders, guest speakers, presenters, instructors, Senior Council Members and Senior Nutrition Team. Our Volunteers are the backbone of our events, classes and activities. WE THANK YOU!

iPhone101 Workshop

The new iPhone is much more than a phone! We'll show you how to set up your iPhone, browse the web, email, use Siri, use it for navigation, play music, listen to the radio, etc. If you are a raw beginner this class is for you. Bring your questions! This class is restricted to the Apple iPhone ONLY. Bring your iPhone, fully charged. Reservations are required – call (916) 358-3575 to register. No drop-ins please. Instructor: Tom Holt

Location: Gilmore Center, 990 Lassen Lane, EDH

DAY	DATES	TIME
Tu	2/6	1pm
Tu	4/3	1pm
Tu	6/5	1pm



Health & Wellness

Blood Pressure Checks

2nd Th, 11:30am

Mercy Hospital's Auxiliary volunteers provide blood pressure checks.

Senior Peer Counseling

If you feel lonely, isolated, sad and blue, grief, or stressed, call the Senior Peer Counseling office at 530-621-6304. One-on-one confidential supportive counseling is offered at no charge.

Brain Connections

3rd F, 10-11am

Facilitator: Judy Bakke

Attend this dynamic group every month as we explore encouraging neurological research done by notable scientists. Challenge your brain playing interactive games, exercises, and investigate products that claim to enhance brain performance. Refreshments served, reservations suggested. There is a \$5 fee payable at class.

CranioSacral Therapy

2nd M, 9-11am by appt.

with Yuko Nagahashi-Lee, Craniosacral Therapist at EDPT

CranioSacral Therapy is a light touch approach that can create dramatic improvements in your life. It releases tensions deep in the body to relieve pain and dysfunction and improve whole body health and performance. Call (916) 358-3575 to schedule your appointment with Yuko today. \$10 donation. Please note: Time slots fill up fast.

Mind Fit Series

Just like the body, the brain can show signs of aging as we grow older. There are positive lifestyle changes you can make to keep your mind sharper for longer. Join us for a fun and informative three-part series, led by brain fitness expert Glenn Krakow from Home Care Assistance. In this series you will learn about proactive ways to enhance cognitive functioning, including fun group activities used in the Cognitive Therapeutics Method, a science-based cognitive stimulation program. A \$20 material fee will hold your spot.

DAYS	TIMES	DATES	MTGS	FEE
Th	2-4pm	5/17-5/31	3	\$20

AARP Smart Driver Course

Instructor: Ralph Hern, AARP Volunteer

This class will update you on current DMV information, review of the rules of the road and introduce defensive driving techniques. Receive a DMV certificate of completion by attending all 8 hours of class. The class on 5/8 is a four hour refresher class. Preregistration with payment is required.

Location: Gilmore Center, 990 Lassen Lane, EDH

DAYS	TIMES	DATES	FEE
Tu/Th	1:30-5:30pm	1/16 & 1/18	\$15 AARP Members
Tu/Th	1:30-5:30pm	3/20 & 3/22	\$15 AARP Members
Tu/Th	1:30-5:30pm	5/8	\$15 AARP Members

Note: \$20 for nonmembers, checks only, made out to AARP

Moni Gilmore was passionate about having a place for seniors in El Dorado Hills. Due to her perseverance and won't "take no for an answer" spirit, Moni collaborated with then Fire Chief Brian Veerkamp, EDH Fire District's Board of Directors and El Dorado County Health and Human Services to transform the fire station into a Senior Center. Later, the Gilmore Center became her namesake. In August of 2006, the El Dorado Hills CSD Recreation Department began implementing recreation and leisure programs and in March 2014, the County's Adult Day Services program began. Moni Gilmore passed away unexpectedly in April of 2008. The "hat" logo was launched at the 10th Anniversary Open House event, and celebrates and honors Moni who had quite the hat collection.





Senior Council

Last Tu, 10:30am

The SC is a liaison group between the senior community, El Dorado Hills CSD, and County Department of Human (Senior) Services. The all-volunteer, elected council coordinates annual senior parties in addition to overseeing Bingo and supporting other Center activities. Meetings are held the last Tuesday of the month at 10:30am. All are welcome!

Sierra Renaissance Society

SRS is an organization that provides opportunities for participatory lifelong learning and community engagement for older adults. Members choose to study topics proposed by peers who lead the seminars. Seminars are held on Friday afternoons at Folsom Lake College El Dorado Center in Placerville. For membership information go to www.srsedc.com

AARP Tax Assistance Program

APPOINTMENT ONLY!

AARP Tax-Aide is the Nation's largest free volunteer run tax preparation service. This service can answer most of the issues faced by many seniors with special attention to those 50 and older. AARP Foundation Tax-Aide has more than 5,000 locations in neighborhood libraries, malls, banks, community centers and senior centers and The Gilmore Center happens to be one of those locations! There's no fee and no sales pitch for other services and AARP membership is not required. Appointments start February 1st- April 12th Please call (530) 303-7046 to set up your appointment.

THEMED *Days*

Join us for lunch stay for the FUN!

February

Ground Hogs Day, Friday, February 2
Chinese New Year, Friday, February 16

March

Oscars Pre-Party Friday, March 2
St. Patrick's Day Friday, March 16

May

Cinco De Mayo, Friday May 4
May is Older Americans Month

Watch for information regarding our celebration of May is Older Americans Month. You know us, any excuse to PARTY! Please call the Gilmore for more information! 916.358.3575

THE GILMORE SENIOR CENTER NEEDS YOUR HELP!

Do you have a hobby or talent to share with senior center guests? Are you an expert in your profession or trade and wish to share your knowledge with seniors? Please contact staff to discuss presenting your topic during our weekly Guest Speaker Series. Is there a topic that you think seniors need to know more about? Please share with us your ideas, all are welcome!



Discussion Groups

Sharing and Caring in EDH

3rd Tu, 5:30-7pm

A Monthly Caregiver Support Group Caring for a family member with a dementia or other illness can be both mentally and physically exhausting. Support groups can provide care giving strategies, education, resources, information and a shoulder to lean on. Respite available to qualified caregivers. Sponsor: Greater Sacramento Area Office of the Alzheimer's Association.

The Gilmore Senior Center "Golden Hills Men's Group"

Led By Rich Cuffe

3rd W, 10am

Your chronological age doesn't matter, but your interests and needs do! We welcome all seniors including women to attend! Come visit over an endless cup of coffee as we discuss health, life's journey and current events in our lives and our community.

Daytime Caregiver Support Group

Last Th, 10:30am

Facilitator: Jillien Smith, Senior's Day Care Program Supervisor

Jillien Smith has over 17 years of experience in supporting elders who have care needs and their loved ones. This group is an upbeat but caring circle where each attendee is heard and validated and has the chance to share their concerns, experiences and ideas. If you are supporting another person who has chronic health conditions, don't try to reinvent the wheel! Take this chance to join a group where you will be understood and able to gain from the experience of others.

"Let's Chat..." A Topical Discussion Group

1st & 3rd Th, 10am

Led by Mary Bradford

The group will use newspaper headlines and articles for its discussion points. We hope to see you there!

Senior Stampers

2nd F, 9:30am

Facilitator: Ray Ally

If you currently collect stamps, are interested in doing so, or just want to learn more about stamps, join us for these informal monthly meetings. Bring your stamps, albums, collections and ideas and resources for sharing.

The Grands' & The Greats' Gazette

4th F, 1pm

Leader: Flora LaForce

Share your grand-parenting stories, jokes, trials and tribulations for our quarterly newsletter, "The Grands' & the Greats' Gazette". No experience is necessary. Articles are always welcome and much needed. You don't have to attend a meeting to submit an article, but of course you are welcome to!

French Social Club

1st & 3rd F, 1:30pm

New group leader, Ralph Gross, has stepped up to the plate to continue the French Social Club in honor of the longtime volunteer, Terry Provenza, who passed away in late June 2017. We are going to emphasize speaking French and would love to have you join us twice a month! Please call for more information or to hold your spot (916) 358-3575.

COFFEE TALK

Join the Gilmore Senior Center Staff for an informal chat regarding Gilmore Center Activities. We will discuss program ideas, evaluation and other issues regarding the Gilmore Center. We value your input! Hope to see you at coffee talk!

Friday, 2/23 at 1pm
 Tuesday, 3/20 at 9am
 Thursday, 4/19 at 2pm
 Friday, 5/10 at 11am

El Dorado County Programs

Senior Nutrition Lunch

Monday-Friday

El Dorado County's Senior Nutrition Program offers excellent meals for a reasonable donation of only \$3 for seniors age 60 and over, and \$5 for those under 60. Lunch is served at 12 noon. Please call (916) 939-4410, 11am-1pm, for menu questions.

Senior Day Program

El Dorado County's Senior Day Care program located in the rear portion of the Senior Center, serves adults with chronic illnesses, disabilities or frailty due to age related conditions. "Members" enjoy activities, make friends, increase their mental and physical functioning, and increase their sense of self-worth. For more information, call (916) 358-3560.

HICAP Insurance Counseling 4th F, by appt.

Health Insurance Counseling and Advocacy Program for Medicare Beneficiaries If you have Medicare questions, need to learn about programs available, have had a claim denied, or are evaluating Long Term Care Insurance, our volunteer HICAP counselors can help! Appointments are available by calling (530) 621-6369.

Senior Legal Assistance 2nd W, by appt.

For seniors age 60+ who reside in El Dorado County. Call (530) 621-6154 to schedule an appointment.



Transportation Options for Seniors

El Dorado Hills Taxi Voucher Program

Seniors and persons with disabilities may register for a photo ID that allows the purchase of \$3 vouchers good for one-way trips within the El Dorado Hills CSD area by Gold Rush Taxi from 7am-10pm seven days a week. Vouchers can be purchased at the CSD Registration Office and EDH Chamber of Commerce during regular business hours.

Dial-a-Ride

Seniors can call Dial-A-Ride up to 3 business days in advance to arrange for transportation within El Dorado County. Get a ride to the Senior Center and personal appointments by calling (530) 642-3696. Limited availability. *Registration Required

Sac-Med Transportation

Sac-Med will take you to doctor's appointments in the Greater Sacramento area on Tuesdays and Thursdays. The pick-up point is El Dorado Hills Park and Ride. If you need a ride there, simply schedule a separate Dial-A-Ride pick-up or utilize the taxi-voucher service. Wheelchair transport is available. *Registration Required Download the application at eldoradotransit.com or call (530) 642-5383

Now Open!

Now open the 2nd Saturday of the Month beginning in January 2018 from 9:30am-3pm. Please call to see what activities will be offered. We hope you will join us! Lunch will not be served on Saturdays.

We are taking an interest list for the follow Social Games Hearts and Rummy Cube. If you would like to be added to the interest list please call the Gilmore Center or stop by the Front Desk. If we get enough interest we will start these games weekly in early Spring 2018.



Registration Information

All participants must sign an Emergency Release Form and pay all fees before attending a program. Questions can be answered by calling (916) 933-6624.

Online Registration

Available 24 hours a day at www.edhcsd.org. An account name and password is required.

Walk-in Registration

Accepted Monday-Friday, 9am-4pm at the Registration Office:
1021 Harvard Way, El Dorado Hills

Phone-in Registration

Call (916) 933-6624. Have your payment (Visa or Mastercard) ready.

Mail-in Registration

Accepted if postmarked five business days prior to class beginning date.

1. Fill out the registration form on page 38.
2. Send registration form and payment to EDHCSD, 1021 Harvard Way, El Dorado Hills, CA 95762. No cash please.

Fax-in Registration

Fax your completed, signed registration form (available at edhcsd.org) to (916) 941-1627. (Credit card required)

Things to know

Registration is on a first come, first serve basis. Classes may be combined or canceled due to lack of registration.

Refund Policy

- Refunds will be given if an activity or class is canceled by EDHCSD.
- Refund requests need to be made in writing, by phone, or in person at the EDHCSD Administration Office. Refund requests must be made at least 3 business days prior to the start of the program or class, unless noted differently in a specific program (i.e. KydZone, Aquatics, Sports, etc.)
- There is a \$5 processing fee for each and every refund or transfer request.
- Refund checks take approximately 2-3 weeks to process.
- Refunds will not be granted for any excursions/trips or activities that require pre-paid admission, including KydZone/Teen Center field trips.

C.A.R.E. Program

Residents requiring financial assistance to participate in District programs may inquire. Contact the registration office at (916) 933-6624.

The El Dorado Hills CSD will be closed on the following Holidays:

December 25/26 Christmas
January 1 New Year's Day

January 15 Martin Luther King Jr. Day
February 19 President's Day

El Dorado Hills CSD

Phone Numbers :

Registration Office:

(916) 933-6624

Fax: (916) 941-1627

KydZone:

(916) 614-3225

Senior Center: (916) 358-3575

Community Pool:

(916) 614-3228

Teen Center: (916) 643-4367

The District Office

is located

at the Gym West Entrance

1021 Harvard Way,

El Dorado Hills, CA 95762

Hours: Monday-Friday 9am-4pm

General Manager

Kevin A. Loewen: kloewen@edhcsd.org

Recreation Director

Vacant

Recreation Supervisors

Whitney Kahn: Youth & Teen Development
wkahn@edhcsd.org

Michael Cottrell: Leisure Classes & Special Events
mcottrell@edhcsd.org

Frank Sianez: Youth & Adult Sports
fsianez@edhcsd.org

Teri Gotro: Aquatics
tgotro@edhcsd.org

CSD Board

BOARD OF DIRECTORS

Wayne Lowery, Noelle Mattock,

Benjamin Paulsen, Allan Priest &

Bill Vandegrift

The El Dorado Hills CSD Board of Directors meets the second Thursday of each month at 6:30pm in the Pavilion. Requests to place an item on the agenda must be received by noon on the Wednesday one-week prior to the meeting. Regular meeting agendas are posted at www.edhcsd.org 72 hours prior to the meeting. Special Board meetings are scheduled as the need arises with agendas posted 24 hours prior to the meeting.

Registration Form

El Dorado Hills Community Services District · PROGRAM REGISTRATION FORM

Mail Form with Payment to: EDHCSD 1021 Harvard Way El Dorado Hills, CA 95762 · Phone (916) 933-6624 · Fax (916) 941-1627 · www.edhcsd.org

Participant's Name: _____ Circle: M F Date of Birth: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Home Phone: _____ Work Phone: _____ Cell Phone: _____
 Parent/Guardian Name(s): _____ E-Mail: _____
 *To send receipt _____
 Emergency Contact: _____ Phone: _____

Grade: _____ Circle T-Shirt Size (Youth Sports): Youth: S M L Adult: S M L

Program Name	Class Code	Month/Dates	Day	Time	Fee

This constitutes application and consent that the above named individual(s) participate in the recreation program sponsored by the El Dorado Hills Community Services District. I/We understand and acknowledge that the recreation program may involve risk of injury to participants from bodily contact with other participants and/or other risks inherent in the activity and that the District has no medical insurance resulting from such recreation activity. The undersigned further agrees that the District will not be held responsible for any such accidental injuries, not involving fault or negligence of the District. I/We authorize and consent to such emergency medical care and treatment prescribed by a duly licensed physician as the physician deems advisable, and the undersigned will be responsible for the costs of any such medical care or treatment.

Participant's Signature: _____ Date: _____
 (Parent Signature if participant is a minor)

Received \$ _____ Employee Signature: _____ Date: _____

Check # _____ Cash: _____ Money Order: _____

Visa/MC #: _____ Exp. Date: _____ Auth. #: _____

REGISTRATION

Rent the Pavillion for Your Next Event

The EDHCSD Pavilion is our newest remodeled facility. It's the perfect space for hosting different business and/or social events. For more information, call (916) 933-6624.



Picnic Rental Sites Available



CSD Parks have reservable sites:


- Lake Forest
- Promontory
- Peter Bertelsen

For reservations please call (916) 933-6624


























Plan ahead... Reserve your picnic site now! The sites can accommodate various group sizes, from a small family gathering to a large company picnic.

El Dorado Hills PARKS at a Glance















Park Name	Amenities																				
	Soccer	Tables	BBQ	Restrooms	Playground	Spray Ground	Volleyball	Tennis Courts	Bocce Ball	Horse Shoe Pit	Exercise Course	Basketball Courts	Trails/Trail Access	Parking Lot	Street	Structure	Trees	Baseball	Birthdays & Special Events	Picnic Rental Area	
 Parks Make Life Better!																					
Allan Lindsey	x	x	x		x										x		x	x	x		
Art Weisberg										x			x		x		x		x		
Creekside Greens				x	x										x				x		
El Dorado Hills Community	x	x	x	x	x									x		x	x	x	x		
Fairchild		x			x								x				x		x		
Governor's															x		x		x		
Kalitheia	x	x	x		x									x		x		x			
Lake Forest		x	x	x	x		x	x	x				x	x		x			x		x
Laurel Oaks		x	x		x					x					x				x		
Murray Homestead		x	x		x										x						
Oak Knoll & Clubhouse		x	x	x	x									x			x		x		
Overlook		x	x		x															x	
Parkview Heights		x	x							x		x					x				
Peter Bertelsen		x	x	x	x	x				x				x	x	x			x		x
Promontory Community	x	x	x	x	x	x		x	x	x				x		x		x	x	x	x
Ridgeview		x													x		x		x		
Ridgeview Unit 7		x			x												x				
Sellwood	x																	x			
Stephen Harris	x	x	x	x			x	x				x							x		
McCabe		x	x		x										x		x		x		
Village Green					x																
Waterford		x	x		x																
Wild Oaks													x								
Windsor Point		x	x									x			x						

Parks

-  **Allan Lindsey Park**
2150 Armsmere Circle
-  **Art Weisberg Park**
2560 Francisco Drive
-  **Creekside Greens Park**
4735 Concordia Drive
-  **Dog Park**
1021 Harvard Way
-  **EDH Community Park & Pool**
1021 Harvard Way
-  **Fairchild Park**
3045 Brackenwood Place
-  **Governor's Park**
905 Governor Drive
-  **Governor's West Park**
4120 Hensley Circle
-  **Kalitheia Park**
4900 Gillette Drive
-  **Lake Forest Park**
1821 Francisco Drive
-  **Laurel Oaks Park**
5034 Whistlers Bend Way
-  **Murray Homestead Park**
3700 Amer Way
-  **Oak Knoll Park & Clubhouse**
3371 Alyssum Circle
-  **Overlook Park**
3273 Kensington Drive
-  **Parkview Heights Park**
2925 Ridgeview Drive
-  **Peter Bertelsen Park**
831 Redwood Lane
-  **Promontory Community Park**
2700 Alexandra Way
-  **Ridgeview Park**
3449 Ridgeview Drive
-  **Ridgeview Unit 7 Park**
3397 Julie Ann Way
-  **Stephen Harris Tennis Court Park**
2560 Riviera Circle
-  **Tam O'Shanter Parklet**
See map
-  **Teen Center & Skate Park**
1021 Harvard Way
-  **Valley View Sports Park**
1661 Blackstone Parkway
-  **Village Green Park**
4655 Serrano Parkway
-  **Waterford Park**
2617 Carnelian Circle

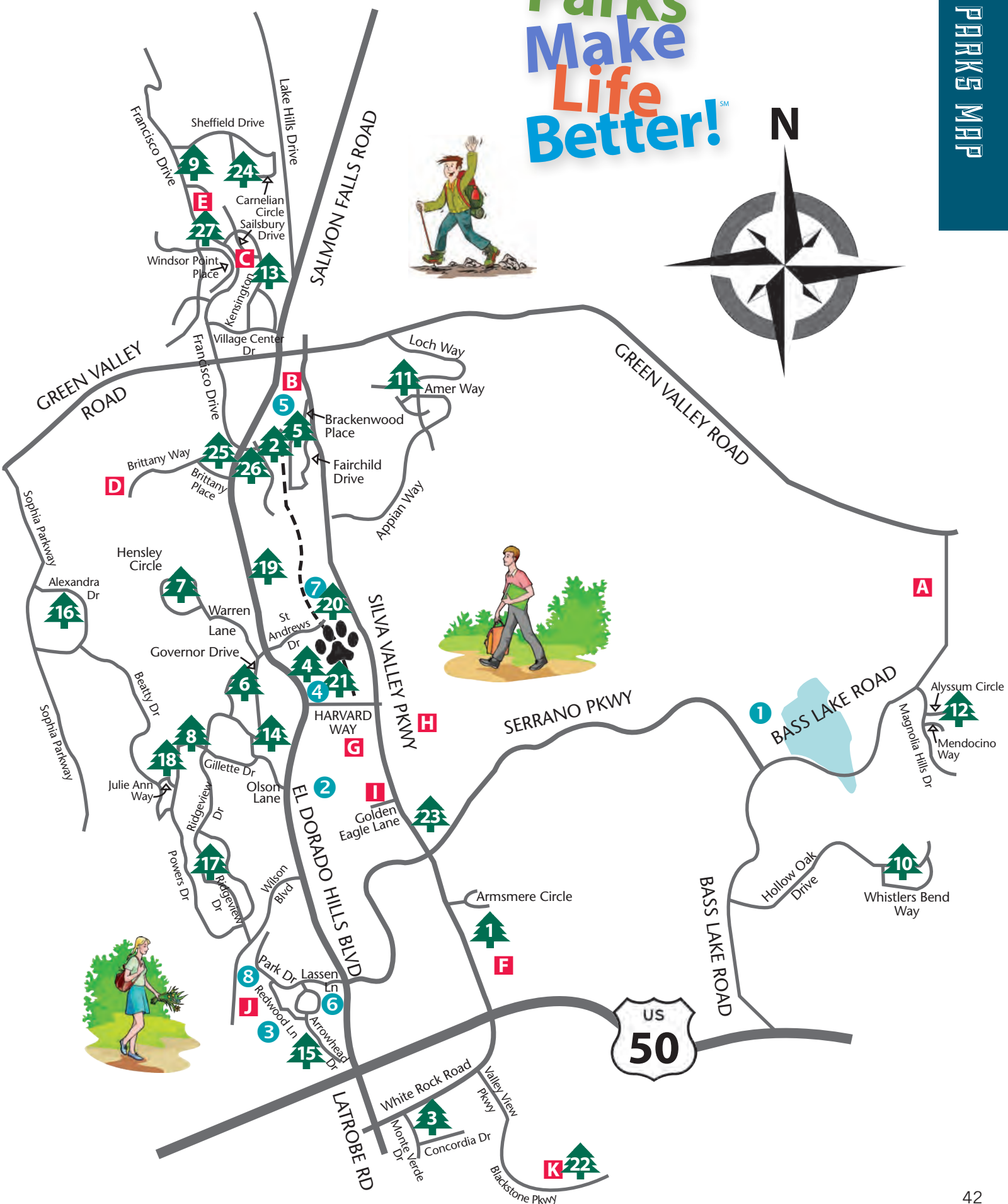
Facilities

-  **Wild Oaks Park**
2510 El Dorado Hills Blvd.
-  **William C. "Bill" McCabe Park**
2590 Hoffman Court
-  **Windsor Point Park**
4005 Windsor Point Place
-  **Bass Lake (Sellwood) Field**
3240 Bass Lake Road
-  **Bowmen's Archery Range**
3321 El Dorado Hills Blvd.
-  **Deputy Jeff Mitchell Field**
831 Redwood Lane
-  **EDHCSD Gym & Norm Rowett Pavilion**
1021 Harvard Way
-  **Jackson School Gym**
2561 Franciso Drive
-  **"Moni" Gilmore Senior Center**
990 Lassen Lane
-  **New York Creek Nature Trail**
1021 Harvard Way (starting point)
-  **William Brooks School Gym**
3610 Park Drive
-  **Oak Knoll Clubhouse**
3371 Alyssum Circle

Schools

-  **Green Valley School**
2380 Bass Lake Road
-  **Jackson Elementary School**
2561 Francisco Drive
-  **Lake Forest Elementary School**
2240 Salsbury Drive
-  **Marina Village Middle School**
1901 Francisco Drive
-  **Oak Meadow School**
7701 Silva Valley Parkway
-  **Oak Ridge High School**
1120 Harvard Way
-  **Rolling Hills Middle School**
7141 Silva Valley Parkway
-  **Silva Valley School**
3001 Golden Eagle Lane
-  **William Brooks Elementary School**
3610 Park Drive
-  **Valley View Elementary School**
1665 Blackstone Parkway

Parks Make Life Better!™





El Dorado Hills
COMMUNITY SERVICES DISTRICT

1021 Harvard Way
El Dorado Hills, CA 95762

PRSR STD
US POSTAGE
PAID
FOLSOM, CA
PERMIT #267

To Our Valued Customer
ECRWSS Postal Customer - Local
El Dorado Hills, CA 95762
Carrier Route



EASTER EVENTS

Easter Egg Hunt

Saturday, March 31 • 9-10:30am
EDH Community Park, 1021 Harvard Way

Aqua - Egg Hunt

Saturday, March 31 • 2-4pm
EDH Community Pool