# Printing with Letter Stories Blackline Masters 

 with Teacher Materials and Student Materialsby Jill Pike

Incorporating the methods of<br>The Blended Sound-Sight Program of Learning by Anna Ingham, C.M.

First Edition, June 2014 Institute for Excellence in Writing, L.L.C.

# Printing with Letter Stories <br> Teacher Materials 

by Jill Pike

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## Printing with Letter Stories

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## Introduction

Foundational to all composition is the ability to print effortlessly. Students need to be able to hear a word, decipher its sounds, turn those sounds into symbols, and do it all automatically. If your students already know their letters, use these lessons to reinforce their ability and to ensure the correct formation of each letter using a mature pen grip.

To use these lessons, read through the introduction and pay close attention to the teacher's notes in each lesson. Each student will need a copy of the Student Handouts as well as the Additional Practice Pages if you choose to use them. Decide if you want to provide a set of matching cards per student or use a set per group of students. The Matching Game cards can be printed on card stock or regular paper. They are a fun game, but do not need to be indestructible.

## Letter Stories

The printing lessons blend the learning of the letters and their sounds with how to write them. Instead of presenting the letters alphabetically, they are presented by starting stroke so that your students can learn a few strokes that will work for many letters.

Each letter is presented along with a letter story to help your students remember the sound and shape of each letter-the focus will be on the sound a letter makes instead of its name. Th $s$ is indicated by placing the letter inside downstrokes. For example, the letter $c$ is introduced as the happy letter; it is happy because it is a cookie that someone took a bite out of: $|c|,|c|$, cookie. (Say the hard sound of $c$, not the name of the letter.) On the other hand, the letter $o$ is the sad letter. "Ah," says the $o$, "nobody took a bite out of me." Thus, these stories reinforce both the sounds and the shape of each letter.


Be expressive as you introduce each letter, and embellish the stories as much as you wish because it will help your students remember. If students are asked to write a $|g|$ and cannot remember the shape, simply remind them, "That is the draggy leg letter." Over time, they will remember without the stories to aid them.

The letter stories apply only to the lowercase letters; there are no stories for the capital letters. Once the lowercase letters have all been introduced, the capital letters will be introduced as the way the lowercase letters look when they are dressed up at the beginning of a sentence or a proper noun. Some look the same; others change their outfit a bit. See page 16 for an alphabetical summary of the letter stories.

## Stroke Order

Instead of presenting the letters in alphabetical order, the lowercase letters are presented according to stroke order. There is a little shuffl g to add interest, but grouping the letters according to stroke order is helpful for students. These are the groups:

```
c starters...........................................c, o, a, d, g, qu
short-line starters...............................i, i, r, p,m, n, y, j
tall letters that start with a line...........l, k, b, t, h
slant letters.
v,w,x
weirdos (odds and ends)....................e, f, s, z
```

By reminding students of the stroke order and the height of the letters as they are presented (tall letters and short letters), students will be more successful as they learn to print.

## Pacing

Primary age students have a wide range of ability when it comes to printing. Some students fi d holding and manipulating a pen or a pencil easy while others are still developing the fi e hand coordination necessary for this task.

See page 11 for the Scope and Sequence of the lessons and handouts. Th s schedule does not indicate a perfect pace; it simply provides a road map. Travel as fast or as slowly as your students' ability requires.

Adjust these lessons to give your students the time needed to master each new concept. If they need more practice forming a letter, provide additional practice sessions. If students are catching on faster than expected, double up lessons or skip some of the redundant ones.

Letter introduction is best presented in two sessions a day: one for teaching and seatwork and another later in the day at the whiteboard for review. Each session should be kept short and enjoyable-only ten or fi een minutes. If the presentation is moving too quickly for a student, then spend more days per lesson or practice again later in the day.

Watch your students carefully to ensure that letters are formed correctly each and every time. Bad habits are easy to develop and hard to break, so avoid them now. Model how to form the letters as often as needed, then monitor your students closely before moving them to independence. Place the reminder posters in your classroom and refer to them often so that your students learn to use them also.

Some students pick up printing rapidly, while others require signifi ant practice to succeed. You may want to wait until a student masters a few letters before moving on; however, there will be plenty of practice forming the letters in the copy work section. The goal is to move to writing words and sentences as quickly as possible and to practice printing in the context of sentences.

## Practice on a Chalk or Whiteboard First

Occupational therapists often recommend having students work on a slanted or vertical surface because it improves their concentration, increases their muscle strength and coordination, and aids in managing direction (e.g., up is truly up). Therefore, when introducing a new letter for printing, have your students practice using their whole arm in the air and then on a chalk or whiteboard. Using vertical boards or drawing easels can aid in the development of fi e motor control and upper extremity stability, both of which are critical to good penmanship.

An alternative to a large whiteboard on the wall is a small, lap-sized whiteboard which can be purchased in the office chool section of almost any department store. Inexpensive whiteboards of any size can be cut from "white hardboard wall panels," available at most building supply stores.

Other surfaces and materials can be used to practice letter formation. Students may use their fi ger to draw letters on velvety fabric, in shaving cream, with fi ger paint, or through sand. Letters may also be formed out of play dough. These surfaces are especially helpful for kinesthetic learners. If you would like to make your own play
 dough or fi ger paint, use the recipes below.


Play Dough
Play dough is great for rolling into a rope and forming the letters.

- 1 cup fl ur
- 1 teaspoon cream of tartar
- $1 / 4$ cup salt
- 1 Tablespoon oil
- 1 cup water
- Food coloring

Combine the ingredients in a saucepan. Cook over medium to medium-high heat, stirring constantly. Cook until a stiff lob is formed. Turn out onto a fl ured surface, and let cool for about 15 minutes. Then knead until smooth. Store in covered container.

## 

## Finger Paint

Finger paint is just plain fun. For practicing letters, spread a glob on a piece of wax paper and write letters in the paint. Smear it to "erase" and write another letter. It is also fun for painting. Shiny paper works best, but it will work on regular paper. A less messy method is to confine the paint in a reclosable plastic bag. Your students can write letters on the paint in the bag.

- $1 / 2$ cup cornstarch
- 3 Tablespoons sugar
| - 2 cups cold water
- Food coloring

Whisk together the cornstarch, sugar, and water in a saucepan. Over medium high heat, bring to a boil; reduce the heat to simmer, and stir until thickened to desired consistency (like pudding). Let cool. Divide the paint into 4 small containers. Add around 10 drops of food coloring to each container; stir until blended.

## Letter Blocks

When initially working on paper, letter blocks will be used instead of guidelines. Students can practice printing one letter in each square. Th s permits students to focus on the letter itself without having to worry about lines. Left o right progression can be emphasized when using the letter blocks-left o right, top to bottom. For additional practice, make extra copies of the printing pages or simply divide regular paper into blocks.

Do not introduce guidelines until your student has mastered the lowercase letters using letter blocks.

## Guidelines

Once students can correctly print all their lowercase letters, then guidelines can be introduced as the capital letters are taught. To help students understand where each letter sits, or lives, we have superimposed a house on the guidelines:


Sample letter block worksheet

Most letters are short and live on the "main fl or." They must touch the fl or and their head bumps the dotted line. Some letters are so tall that their heads poke up into the "attic" and they bump their head on the roof. Others have parts that drop down into the "basement." Using these reminders will help students form their letters correctly.

Again, it is helpful for students to practice their letters on guidelines drawn on a whiteboard before moving onto paper. Using a permanent marker to add the guidelines to a board cut from white hardboard can make a great practice board. Hang it on the wall or place it on an easel for easy access.

When moving to paper, use a size that is comfortable for your students. The guidelines used in these lessons are narrower than typical primary paper. Th s size is large enough to permit students to use larger hand motions when printing yet narrow enough to allow students to draw the letters without moving their hand too much. It also permits more words per line.

Students benefit from using guidelines all through their elementary years. For your convenience, the student materials include blank pages with guidelines that you can reproduce for student use for years to come.

## Pen or Pencil?

Traditionally, primary grade students have been required to write in pencil exclusively. You may defy tradition. Pencils are convenient because they permit erasure, but that is not necessarily a benefit. Much time is wasted erasing and rewriting. Why not just cross it out and try again? Most writing is in the rough draft orm where cross outs and rearranging arrows are embraced. Also, pencils can be frustrating. They do not create a dark contrast to paper unless students press
hard-something they should avoid. Pencils also require constant sharpening to write correctly, which wastes time. Pens, gel pens, and fi e-tipped markers create strong contrast with little pressure. They are also fun to use and offer variety in color and texture.

Thus, reserve pencils for fi al drafts here erasing is not only permissible but necessary since primary students often make mistakes. For practice, use pens or markers.

## Print or Cursive?

There is a debate going on about whether students should begin their handwriting with printing or cursive. Although a few children with dysgraphia might do better with cursive because it allows their writing to fl w instead of start and stop, teaching printing may be better for developing a student's ability to identify the individual letters and how they work phonetically.

Printing With Letter Stories teaches students to form their letters in one stroke instead of using the old "ball and stick" method; thus, they will easily transition to cursive when ready.

These lessons give you the freedom to adapt the printing style to whatever method you prefer; there is no perfect way to teach printing. Adjust these lessons to meet the needs of your students. If you like using loops and curls, include them. The important thing is to ensure a proper pen grip, to start each letter at the top using a single stroke (usually), and to develop neat, effici $t$ handwriting.

## Dysgraphia

If your student complains about working on handwriting, the problem might not be laziness; it is likely some form of dysgraphia, which is a very broad term describing difficulty with getting the written word down on paper. If a student complains about handwriting being too difficult, or if you see a delay in their ability to print, there are some things you can do to help. If you feel your student needs professional help, consult an occupational therapist.

In mild cases, the problem is often a delay in fi e motor control. A very simple thing you can do to help them develop their strength and complete their printing practice is to tape the page to the wall and have them do their work vertically.

Strengthening shoulders, arms, and fi gers will also help. Five to ten minutes of crawling around on the fl or (palms of hands and knees) is an excellent precursor to handwriting. A crawling race down the hall and up the stairs should be both fun and benefic al. Wheelbarrow walking is also helpful. (Child walks with his hands while someone holds his feet.)

To strengthen hand muscles, students can mold play dough and squeeze clothespins. Hiding coins in play dough and letting children extract them is a fun way to strengthen hands. Using tweezers to manipulate objects and cutting along pre-drawn lines will also help.

Fine motor skills can also be improved by playing with Lego ${ }^{\circ}$ blocks, stringing small beads, and moving small objects from the palm to the fi gers of their hand (without the help of the other hand).

For more
information regarding pens versus pencils, see Andrew Pudewa's article, "Convert to Pens" at IEW.com/ article-list.

Some students will benefit from "crossing the midline." Using a coin bank or some other container with a slit in the lid, place coins to the right of the student. Have him pick it up with his left and and place it in the container. Repeat using the opposite side.

Specialized paper is also benefic al. Th ee-colored lined paper (with the top line sky-blue, red dashed in the middle, and green fl or) can better segment the "fl ors" of the "house." Th s kind of paper is available almost anywhere. There is also raised-line paper that will add a tactile cue. You can fi d raised-line paper at assistivewritingsolutions.com

## Left-Handers

Handwriting is a challenge for "lefties." They must push the pen across the paper instead of pulling the instrument as it was designed to be used, which causes the pen to dig into the paper. Thus, gel pens or felt tip markers are great for left- anders because they reduce friction. Th $s$ is also why left- anded students often develop odd pencil grips. Since it is truly harder for them to force the pen across the page, they often do not have the fi ger strength to do so. Thus, monitoring a left- anded student's pen grip is critical. See Lesson 1 for complete instructions for teaching a student how to hold their writing instrument.

In addition to increased friction, left- anded students also fi d that their hand drags across the fresh ink, smudging the writing and staining the hand. A simple fix is to turn the paper to the right. In this orientation the hand slides under the text reducing smudges.
Providing model letters and sentences above the guidelines instead of to the left lso aids left- anded students so that the model is not covered by their left and.

Finally, if your left- anded students are writing in a spiral notebook, they will do better if they write on the "back" side of the paper (with the spiral to the right) rather than the "front" side. If using a three-ring binder, they should take the paper out, place it on the left side f the rings for writing, and return it to the binder when fin shed. Th s way a left- anded student will not be burdened with trying to work over the bindings of standard right-handed notebooks.

With all these challenges, be patient while teaching a left- anded student to print. They might end up forming their letters a little differently than their right-handed friends. That is fi e! The goal is a neat and readable script, not perfection.

## Scope and Sequence

The scope and sequence for the lessons begins on the next page. It is followed by the alphabetical description of all the letter stories in the full version of this product. The lesson plans will guide you through the presentation of all the letters (lowercase and capitals) along with teaching students how to write on guidelines.

Once all the capital letters have been introduced, the lessons end and copy work may begin using the Additional Practice Pages. Feel free to use other model sentences from your students' other studies for printing practice. Continue to monitor pen grip and how students are forming their letters. Practice does not make perfect; practice makes permanent. Be sure the practice is moving them toward good handwriting.

## Scope and Sequence

Th $s$ table summarizes the lessons in this book. They may be completed one per day if your students are able to progress at that pace. Be sure to add additional practice as needed, especially in the early weeks. Students may simply repeat one or more of the lesson handouts or the added practice may be completed on a whiteboard or plain paper.

| Lesson | Handout | Teacher's Notes | Reproducible student handouts are located in the Student Materials section of this book. |
| :---: | :---: | :---: | :---: |
| 1 | Printing Reminders The Happy Letter: c | Discuss the elements of the Printing Reminders sign: Left or right handed, en grip, Posture. Introduce the Happy Letter: c. Add Cc to the alphabet wall. |  |
| 2 | The Sad <br> Letter: o | Review the elements of the Printing Reminders sign and the letter c. Introduce the Sad Letter: o. Reinforce the short sound of o. Add Oo to the alphabet wall. | Reproducible matching game cards are located at the end of this book. They may be printed on card stock or plain paper. |
| 3 | The Angry <br> Letter: a | Review the Printing Reminders sign and the letters c, o. Introduced the Angry Letter: a. Reinforce short sound of a. Add Aa to the alphabet wall. |  |
| 4 | Printing Practice | Review the Printing Reminders sign and the letters c, o, a. Distribute matching game cards ( $c, o, a$ ). Conduct a "spelling test" (optional). |  |
| 5 | The Dog Letter: d | Play matching game. Review the Printing Reminders sign and the letters c, o, a. Introduce the Dog Letter: d. Add Dd to the alphabet wall. |  |
| 6 | The Draggy Leg Letter: g | Review the Printing Reminders sign and the letters c, o, a, d. Introduce the Draggy Leg Letter: g. Add Gg to the alphabet wall. |  |
| 7 | The Princess Letter: u | Review the Printing Reminders sign and the letters c, o, a, d, g. Introduce the Princess Letter: u. Reinforce short sound of $u$. Add Uu to the alphabet wall. |  |
| 8 | Printing Practice | Distribute additional Matching Game cards (d, g, u). Play a game with the entire set. Review the Printing Reminders sign and the letters $c, o, a, d, g, u$. Conduct a "spelling test" (optional). |  |
| 9 | The Crying Letter: i | Play a matching game using the letters learned thus far. Review the Printing Reminders sign and the letters c, o, a, d, g, u. Introduce the Crying Letter: i. Reinforce the short sound of $i$. Add Ii to the alphabet wall. |  |


| Lesson | Handout | Teacher's Notes |
| :---: | :---: | :---: |
| $1 \bigcirc$ | The Licking Letter: | Review the Printing Reminders sign and all the letters learned thus far. Introduce the Licking Letter: I. Add LI to the alphabet wall. |
| 1 | The Kicking Letter: | Review the Printing Reminders sign and all the letters learned thus far. Introduce the Kicking Letter: k. Reinforce short sound of $u$. Add Kk to the alphabet wall. |
| $12$ | Printing Practice | Distribute additional Matching Game cards (i, l, k). Play a game with the entire set. Review the Printing Reminders sign and use the alphabet wall to review all the letters learned so far. Sort the letters on the wall into "mastered" and "need review." Conduct a "spelling test" using the review sheet, or have students practice letters using their Matching Game cards. |
| $13$ | The Bouncing Letter: b | Play a matching game using the letters learned thus far. Review the Printing Reminders sign and all the letters learned thus far. Introduce the Bouncing Letter: b. Add Bb to the alphabet wall. |
| $14$ | The Roaring Letter: r | Play a matching game using the letters learned thus far. Review the Printing Reminders sign and all the letters learned thus far. Introduce the Roaring Letter: r . Add $\operatorname{Rr}$ to the alphabet wall. |
| 15 | The Teeth Letter: e | Review the Printing Reminders sign and the letters learned thus far. Introduce the Teeth Letter: e. Reinforce the short sound of e. Introduce the concept of vowels and identify the long sounds of all vowels. Create a vowel ladder. Add Ee to the alphabet wall. |
| 16 | Printing Practice | Distribute Matching Game cards (b, r, e). Play a game with the entire set. Sort the cards into vowels/ consonants. Review long and short sounds of vowels. Explore CVC words. Review the Printing Reminders sign and use your letter wall or poster to review all the letters learned so far. Conduct a "spelling test" using the review sheet, or have students practice letters using their Matching Game cards. |
| $17$ | The Popping Letter: P | Play a matching game using the letters learned thus far. Continue to explore the vowels and their sounds. Review the Printing Reminders sign and the letters learned thus far. Introduce the Popping Letter: $p$. Add Pp to the alphabet wall. |


| Lesson | Handout | Teacher's Notes |
| :---: | :---: | :---: |
| 18 | The Mountain Letter: m | Review the Printing Reminders sign and the letters learned thus far. Introduce the Mountain Letter: m . Reinforce the short sound of e. Introduce the concept of vowels and identify the long sounds of all vowels. Add Mm to the alphabet wall. |
| 19 | The Nose Letter: n | Review the Printing Reminders sign and the letters learned thus far. Introduce the Nose Letter: n. Add Nn to the alphabet wall. |
| $20$ | Printing Practice | Distribute Matching Game cards ( $p, m, n$ ). Play a game with the entire set. Sort the cards into vowels/ consonants or lowercase tall letters/short letters. Review long and short sounds of vowels. Explore CVC words. Review the Printing Reminders sign and use the alphabet wall to review all the letters learned so far. Conduct a "spelling test" using the review sheet, or have students practice letters using their Matching Game cards. Practice printing words. |
| 21 | The Telephone Pole Letter: $\dagger$ | Play a matching game using the letters learned thus far. Review the Printing Reminders sign and all the letters learned thus far. Introduce the Telephone Pole Letter: $\dagger$. Add $\mathrm{T} \dagger$ to the alphabet wall. |
| 22 | The Tired Letter: h | Play a matching game using the letters learned thus far. Review the Printing Reminders sign and all the letters learned thus far. Introduce the Tired Letter: h. Add Hh to the alphabet wall. |
| $23$ | The Yanking Letter: y | Play a matching game using the letters learned thus far. Review the Printing Reminders sign and all the letters learned thus far. Introduce the Yanking Letter: $y$. Add $Y_{y}$ to the alphabet wall. |
| $24$ | Printing <br> Practice | Distribute Matching Game cards ( $\dagger, h, y$ ). Play a game with the entire set. Sort the cards into vowels/ consonants. Where should the letter y go? (Somewhere in the middle). Review long and short sounds of vowels. Review the Printing Reminders sign and use your letter wall or poster to review all the letters learned so far. Conduct a "spelling test" using the review sheet, or have students practice letters using their Matching Game cards. |
| $25$ | The Slow-Leak Letter: f | Play a matching game using the letters learned thus far. Review the Printing Reminders sign and all the letters learned thus far. Introduce the Slow-Leak Letter: f. Add Ff to the alphabet wall. |


| Lesson | Handout | Teacher's Notes |
| :---: | :---: | :---: |
| $26$ | The Hissing Letter: s | Play a matching game using the letters learned thus far. Review the Printing Reminders sign and all the letters learned thus far. Introduce the Hissing Letter: s. Add $S s$ to the alphabet wall. |
| $27$ | The Queen Letter: qu | Play a matching game using the letters learned thus far. Review the Printing Reminders sign and all the letters learned thus far. Introduce the Queen Letter: qu. Add Qu/qu to the alphabet wall. |
| $28$ | Printing Practice | Distribute Matching Game cards ( $f, s, q u$ ). Play a game with the entire set. Sort the cards into vowels/ consonants. Review long and short sounds of vowels. Review the Printing Reminders sign and use your letter wall or poster to review all the letters learned so far. Conduct a "spelling test" using the review sheet, or have students practice letters using their Matching Game cards. |
| $29$ | The Vase Letter: v | Play a matching game using the letters learned thus far. Review the Printing Reminders sign and all the letters learned thus far. Introduce the Vase Letter: v. Add $V v$ to the alphabet wall. |
| $3 \bigcirc$ | The Water Letter: w | Play a matching game using the letters learned thus far. Review the Printing Reminders sign and all the letters learned thus far. Introduce the Water Letter: w. Add $\mathrm{W}_{\mathrm{w}}$ to the alphabet wall. |
| 31 | X Marks the Spot Letter: x | Play a matching game using the letters learned thus far. Review the Printing Reminders sign and all the letters learned thus far. Introduce the X Marks the Spot Letter: x. Add $X x$ to the alphabet wall. |
| $32$ | Printing Practice | Distribute Matching Game cards ( $\mathrm{v}, \mathrm{w}, \mathrm{x}$ ). Play a game with the entire set. Sort the cards into vowels/ consonants. Review long and short sounds of vowels. Review the Printing Reminders sign and use the alphabet wall to review all the letters learned so far. Conduct a "spelling test" using the review sheet, or have students practice letters using their Matching Game cards. |
| $33$ | The Jumping Letter: j | Play a matching game using the letters learned thus far. Review the Printing Reminders sign and all the letters learned thus far. Introduce the Jumping Letter: j. Add $J j$ to the alphabet wall. |


| Lesson | Handout | Teacher's Notes |
| :---: | :---: | :---: |
| 34 | The Zigzag Letter: z | Play a matching game using the letters learned thus far. Review the Printing Reminders sign and all the letters learned thus far. Introduce the Zigzag Letter: z. Add $Z z$ to the alphabet wall. Distribute remaining Matching Game cards. |
| $35$ | Printing practice | Introduce guidelines. <br> Practice single letters on guidelines. |
| $36$ | Printing practice | Review guidelines. Practice words on lines. Focus on spacing. |
| 37 | Printing practice | Introduce capital letters. <br> Start with the twins: Cc, Oo, Ss. |
| $38$ | Printing practice | More twins: $U_{u}, V_{v}, W_{w}$ |
| $39$ | Printing practice | More twins: $P$ p, Yy |
| $4 \bigcirc$ | Printing practice | More twins: $\mathrm{X}_{\mathrm{x}}, \mathrm{Z}_{\mathrm{z}}$ |
| 41 | Printing practice | Introduce more capital letters. Continue with letters that look somewhat like their lowercase letter: $\mathrm{Bb}, \mathrm{Hh}, \mathrm{I}$, J j, Kk |
| 42 | Printing practice | More capitals that are a little like the lowercase letter: Ff, LI, Mm, Qu/qu, T $\dagger$ |
| 43 | Printing practice | Capital letters that are very different than the lowercase letter: Aa, Dd, Ee. |
| 44 | Printing practice | More capitals that are very different than the lowercase letter: $\mathrm{Gg}, \mathrm{Nn}, \mathrm{Rr}$. |
| 45 | Printing practice | Use this last lesson page to identify any letters that your student needs to practice. |

For continued practice, twenty-five reproducible additional copy work pages are located after the lesson handouts in the Student Materials section of the full product.

Practice Letters with Guidelines


# Lesson Plans with Teacher's Notes 

## TEACHER NOTES Lesson 1

## Left or Righ ?

The fi st difficulty students might have is telling their left and from their right hand. A teacher can overcome this difficulty by replacing the terms left nd right with concrete objects in the room. Instead of telling a student to move his pen "to the left" the teacher might say "toward the windows." Determine which hand each student uses to write. If a student uses either hand, observe their ability and suggest that they choose one or the other to use consistently.

Next, discuss how to tilt their paper. Right-handed students should tilt their paper slightly to the left o they can see what they are printing. Left- anded students should tilt their paper slightly to the right so they can see what they are printing.

The poster illustrated in the margin is located in the student handouts. Display it each time your students are practicing handwriting.

## Pen Grip

Ensure that your students are holding their writing instrument properly. Instruct students to pick up the pen between the pads of their thumb and index fi ger and then tip the pen back to rest on the hand. The pen rests on the middle fi ger while the rest of the fi gers should be gently curled under the hand. An acceptable alternative to this is to hold the pen between the pads of the thumb and index/ middle fi ger. In either case, the thumb and index fi ger should form a circular shape if the pen is held correctly. Monitor this position carefully to avoid the development of bad habits such as the thumb wrapped around the index fi ger. Often students will complain that they do not like the correct position, but it is crucial for the development of a mature and effici $t$ grasp.

If you fi $d$ that you must constantly remind a student how to hold a pen, you might want to purchase a pencil grip. There are two basic varieties. The Stetro pencil grip is small and fi m. It slips over any standard pen or pencil and has symbols and grooves for the fi gers to ensure a correct grasp. For right-handed students, the arrow should point to the tip of the pen; for left- anded students the arrow should point away from the tip. The thumb goes on the star, and the rest of the fi gers will naturally fall into place. The Pencil Grip is larger and squishy. The smaller end goes toward the tip of the pen, and the thumb is placed on the $L$ or $R$ depending on handedness.

Remember—practice makes permanent. If a student develops bad habits early, they will likely stay with him for life. Also, consider that some children are usually not ready to begin formal handwriting until they are five or six years old. If your students are younger than six, consider using fat pens, pencils, crayons, or markers for writing. Hold off $n$ using guidelines until they are older. Encourage very young children to hold their writing instrument in their fi gertips instead of their fists.

## Posture

Correct posture will help students develop a mature grip as well. Students should be sitting comfortably in a chair with their feet on the fl or. They should not slouch. If their feet do not reach the fl or, use a book or stool for them to rest their feet on. Ankles, hips, and knees should be at ninety degrees. The top of the table should be an inch or two above their elbow.

## The Happy Letter: c

Begin by introducing the letter $c$. Say the sound (the hard $|c|$ or $|k|$ sound, not the name of the letter). Write a $c$ on the whiteboard and say, " $|c|$ is the happy letter. He is happy because he is a cookie, and somebody took a bite!"

Say, "To make a $|c|$, I start up on the right (relate to an object in the room, such as the windows or the wall). Do not pick your pen up! Go up and around, but do not close it up. $|c|,|c|$, cookie!" Be sure your student starts near the top of the c and circles all the way around.

Tell students to imagine they are drawing a circle around their head. Starting at the temple, move around the top of the head and around to the chin stopping at the jaw line.

Practice several c's on the whiteboard and then move to paper. The student handouts are located in the student materials section of this packet. If students need more practice, form the letter out of play dough or use fi ger paint.

## Alphabet Wall

As you teach the lowercase letters, begin a collection of letters on a poster or bulletin board in your room (alphabet wall). As the letters are taught, print the capital and lowercase letter on a $3 \times 5$ card for this wall or poster. In this way the alphabet will grow letter by letter. Having the letters on cards also permits you to rearrange them later and sort them by size, shape, sound, or alphabetization.

Explain to your students that every letter in the alphabet is presented in two ways: lowercase, which is what you are teaching now, and capital, which is what the letter looks like when it is all dressed up. Students will only practice the lowercase now, but should become familiar with the look of the captial for later.

Begin an alphabet wall by printing a $C c$ on a card and sticking it on the wall or poster. If desired, be creative and make the board a letter tree with the letters on leaves or some other theme.

## No Tracing

Unlike many handwriting programs, this one does not include dotted versions of the letters for tracing. Th $s$ is intentional. Research has shown that model letters actually prolongs good handwriting skills. It is far better for students to learn and practice the motions on their own to build muscle memory. Tracing with a fi ger is fi e, but tracing with a pen is not. (Peterson, P. O. Peterson Directed Handwriting.)

## Lesson 2

## Review

Review the letter $c$ and practice a few on the whiteboard or plain paper.

## The Sad Letter: 0

Introduce the letter $o$. Draw one on the board and say, "Th s is the sad letter |ŏ|. He says, 'Ah! Nobody took a bite out of me.'
"To form the letter, start just like the happy letter, but continue around until you meet where you started."

Be sure your students do not get into the habit of starting the $o$ at the top; it starts like the $c$ to the right (relate to an object in the room).

If desired, have your students place a breve ( ${ }^{〔}$ ) over the |ŏ|. (A breve is the shape of a reverse arc, or a smile.) You will do this with all the vowels as they are fi st introduced since you will be introducing just the short sounds with the letter stories. Later, the long sounds (the vowel names) can all be taught in one lesson. The long sounds will be marked with a macron $\left(^{-}\right.$), which is the shape of a line over the vowel.

Before practicing the new letter, revisit and discuss the Printing Reminders sign. Also, print $O o$ on a card and add it to the alphabet wall.


## Lesson 3

## Review

Review the Printing Reminders sign and the letters $c$ and $o$ using the whiteboard or plain paper.

## The Angry Letter: a

Introduce the letter $a$. Model how to print it on the whiteboard.
Show your students the letter story image. On the whiteboard, start on the right (orient to the room). Say, "Start at the top; do not take your pen off he paper. Close up the circle and then draw a straight line down. The letter says 'ăa)! Don't pull on
 my ponytail!" Be sure the line from the top to the bottom is straight and not slanted; she keeps her ponytail close to her head. It should end at the bottom of the letter and not extend below the letter.

If desired, place a breve ( ${ }^{\varsigma}$ ) over each $a$ to reinforce the short sound. Remind your student of the importance of not picking up the pen during the entire letter formation of the letter $a$.

Print $A a$ on a card and add it to the alphabet wall.


# Printing with Letter Stories <br> Student Materials Blackline Masters 

by Jill Pike

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Primary Arts of Language: Reading Program
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## Contents

## STUDENT MATERIALS BLACKLINE MASTERS

Lesson Handouts<br>S-3

## Printing Reminders

## Left or Right

$\checkmark$ Right-handed tilt to the left
$\checkmark$ Left-handed tilt to the right

## Pen Grip

$\checkmark$ not too tight
$\checkmark$ use fingertips
$\checkmark$ write softl


## The Happy Letter: c

This letter says,
"I'm a happy cookie because somebody
took a bite out of me; |c|, |c|, cookie!"
Start at the top and curve around.
Don't close him up because he is a happy cookie.



## The Sad Letter: o o

This letter says,
"Ah, nobody took a bite out of me."
Start at the top and curve around. Close him up because he is a cookie that nobody took a bite out of.


|  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |

## The Angry Letter: ă

This letter says,
"|ă|; Don’t pull my ponytail!"
(She keeps her ponytail short, so it is harder to pull.)

Start at the top and curve around. Close it up and come straight down with a yank as you say "a!"


|  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |

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- Unit 3 in the K-2 Classroom MP3 Audio by Shirley George
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