



# Grace Simmons

CEO & Founder

The Amethyst Palaver Hut LLC



@amethystpalaverhut



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<https://www.amethystpalaverhut.com>

## The Amethyst Palaver Hut LLC

I help highly driven, professional women, go from struggling with imposter syndrome, burnout, and financial instability to being equipped with the tools to stabilize their emotions and be empowered to control how they react to those triggers to enjoy emotional balance & freedom.

## Education

M.A. in Organizational Communications 2015 - 2017  
Bowie State University, Bowie, MD

B.A. in Writing & Linguistics 2008 - 2012  
Georgia Southern University, Statesboro, GA

## Certifications

Master Mindset Life Coach Certification – Transformation Academy

Professional Life Coach Certification – Transformation Academy

Confidence Life Coach Certification – Transformation Academy

CBT Cognitive Behavior Life Coach Certification – Transformation Academy

## Skills

Christian-perspective - Emotional Intelligence – Communication –  
Patience – Leadership – Relationship building

## Additional Resources

The Random & Wonderful Podcast (2023)