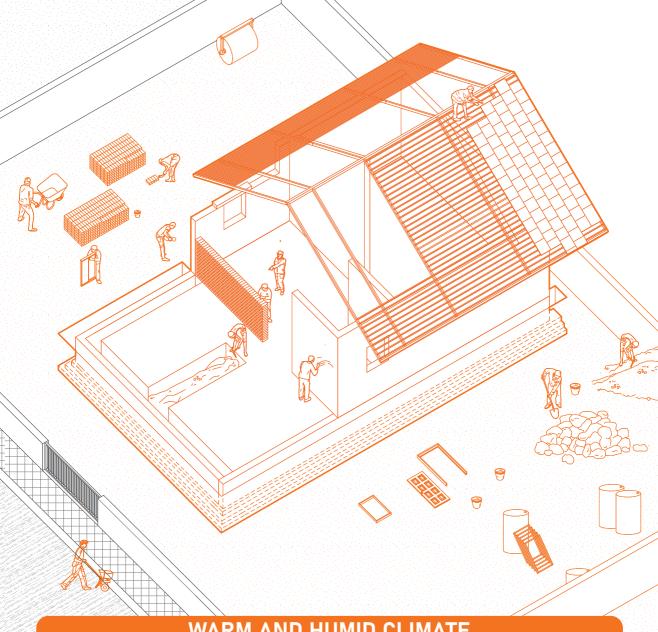
# |DB000||X FOR CLIMATE RESPONSIVE SELF-BUILT

# AFFORDABLE HOUSING



#### WARM AND HUMID CLIMATE









#### **DISCLAIMER**

This document was published under ADB TA-6722 IND: Enabling the Ecosystem to Improve Access to Green Affordable Housing for Women - Capacity Building (54164-002). The TA/GRANT is financed by an ADB-managed trust fund--the Urban Climate Change Resilience Trust Fund (UCCRTF) - with funding from The Rockefeller Foundation and the Governments of Switzerland and the United Kingdom. The views expressed in this publication are those of the authors and do not necessarily reflect the views and policies of the funders or ADB.

This Handbook has been prepared solely for information purposes. Whilst every endeavor has been made to obtain the best available data from appropriate sources, CRDF, CEPT University can give no guarantee of accuracy or completeness. Any views expressed in this Handbook reflect our judgment at this date, which are subject to change without notice. No investment or other business decision should be made solely on the views expressed in this Handbook, and no responsibility is taken for any consequential loss or other effects from these data. Advice given to clients in particular situations may differ from the views expressed in this report. Reproduction of this Handbook in whole or in part is allowed subject to proper reference to CRDF, CEPT University. Every effort has been made to ensure accuracy, give credits and trace copyright holders where appropriate. If any have been inadvertently overlooked, the necessary arrangements will be made at the first opportunity to amend the publication.

### Handbook for Climate Responsive Self-Built Affordable Housing

#### WARM AND HUMID CLIMATE









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#### **GRAPHICAL GUIDE FOR THE HANDBOOK**



Humidity



Rain



Wind



Sunlight



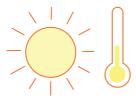
Money / Savings



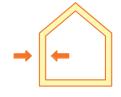
Air Flow



Cool Temperature



Hot Temperature



Thermal Mass



Compressive Strength



Water Absorption



Weight

#### WHO IS THIS HANDBOOK FOR?



Aspiring Home Owners

make it affordable. The book also suggests sustainable lifestyle choices and practices at home.



Architect / Engineer

Passive architectural strategies with clear design objectives for a particular climate zone given in this book help architects / engineers / technical representatives from HFCs to achieve a sustainable house with ease. Construction details further help in the execution of design goals.

This handbook guides homeowners to build a climate responsive house for the geography it is located in while keeping in mind cost efficiency in building construction to



Along with decision making, this handbook works as a reference for building construction on site with its detailed drawings made with precision and clear design objectives towards climate responsive building.

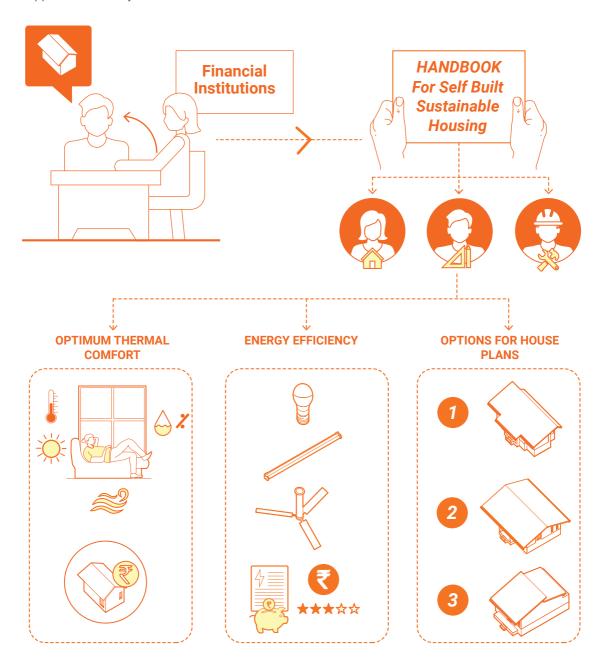


#### NOTE:

On the top right corner of the page, the icon highlighted in colour depicts for whom the information is applicable.

#### WHAT IS THIS HANDBOOK ABOUT?

- This illustrative handbook aims to provide guidance to key stakeholders involved in self-built housing (owners, designers and contractors) to develop sustainable affordable homes.
- The handbook lays out design strategies along with solutions for sustainable affordable construction to achieve optimum thermal comfort and energy efficiency in the house.
- -It contains plans for three typologies of houses which can be adapted to different site conditions and context. The book also encourages homeowners to choose sustainable appliances and systems at home.

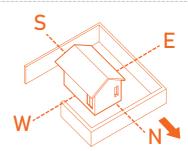


#### **HOW IS THIS HANDBOOK STRUCTURED?**

- This handbook begins with macro-level information about geography and design objectives for the particular climate zone. It further delves into specific passive design strategies (micro-level), construction details, material and appliance choices with the aim of achieving comfortable habitat in the given climate zone.
- It is devised into the following segments:



Fundamentals of Warm and Humid Climate



Recommendations at site level





Recommendations at building level







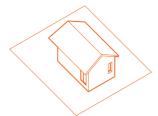
Recommendations for material choices







Recommendations for appliances and systems





Unit typologies

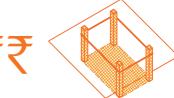






Waste management





Cost estimates for construction

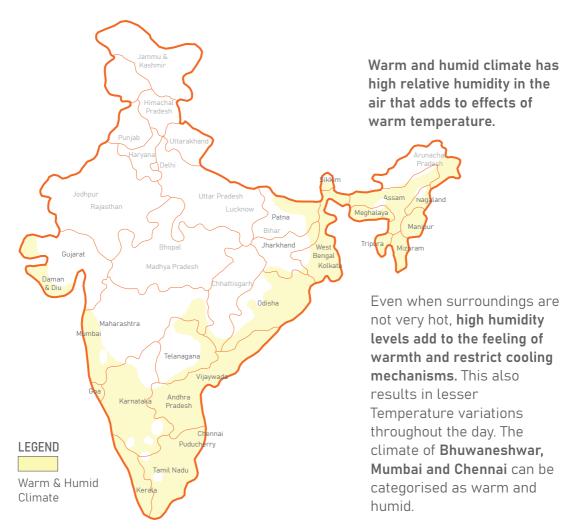
# INTRODUCTION TO WARM AND HUMID CLIMATE ZONE



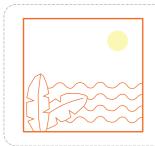




#### **KNOW YOUR CLIMATE ZONE**



Map of India highlighting the **Warm and Humid Climate** region of india







Maximum day- time air temperatures : 21 - 38° C (with little diurnal variations)





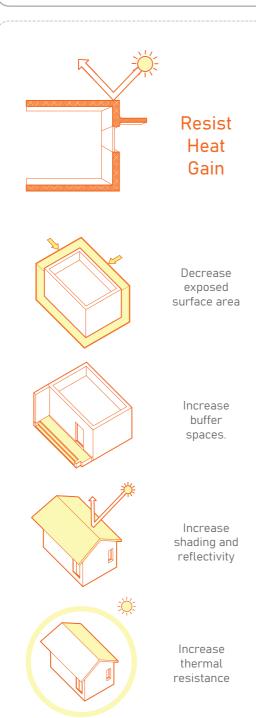
Relative Humidity: ranges between 70% to 90%

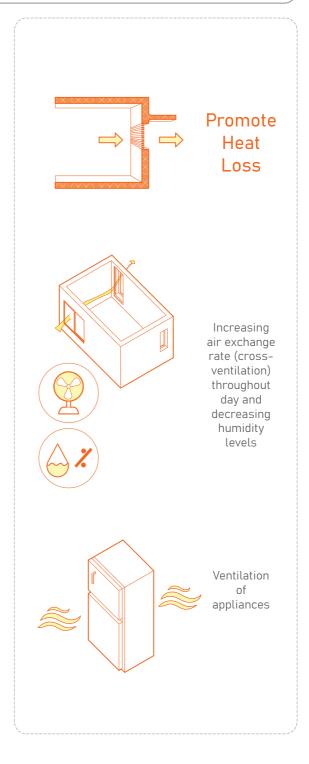






#### **DESIGN OBJECTIVES**





# PASSIVE DESIGN STRATEGIES

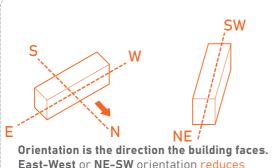




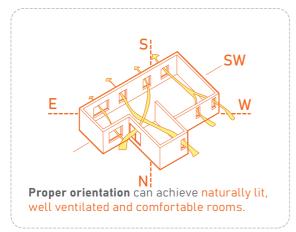


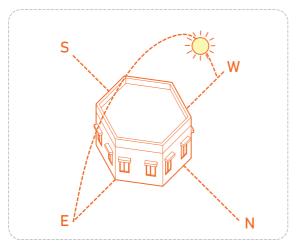
#### SITE LEVEL

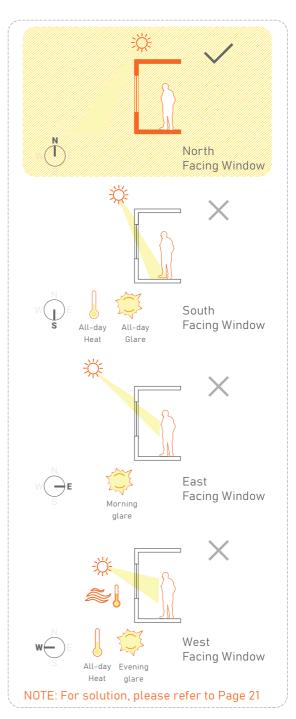
#### > BUILDING ORIENTATION



Orientation is the direction the building faces
East-West or NE-SW orientation reduces
solar heat gain by walls and improves
building ventilation.





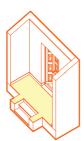




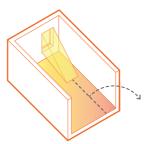




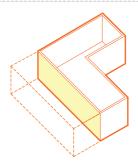
#### > BUILDING COMPACTNESS



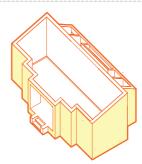
Semi-open spaces like balconies, verandas and porches can be used for daytime activities



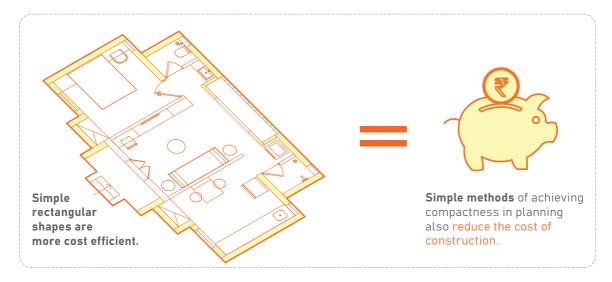
Very large or deep rooms should be avoided because the brightness of light diminishes while moving away from a window.



Adjacent units can **share walls** and thereby reduce their exposure to the outside.



The building should be enclosed, compact and inward-looking to reduce sun-exposure.

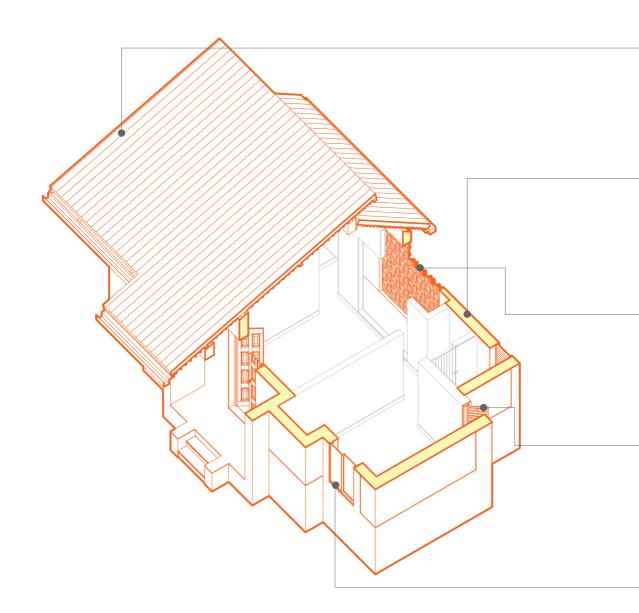








#### > BUILDING ENVELOPE









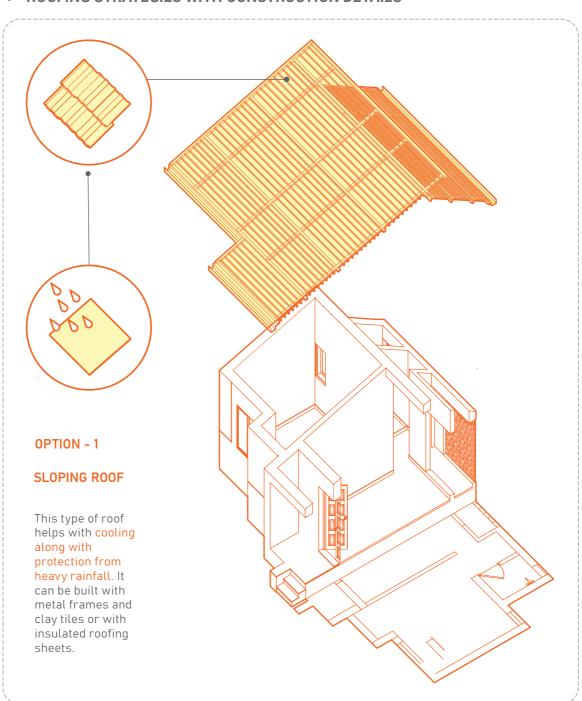
# Building Envelope **Thermal Comfort Natural Shading** Insulation **Ventilation ROOF EXTERNAL WALLS FENESTRATIONS - JALI FENESTRATIONS - WINDOW SHADING DEVICES**







#### > ROOFING STRATEGIES WITH CONSTRUCTION DETAILS

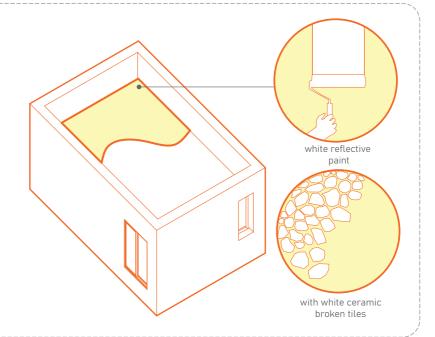


# OPTION - 2 DOUBLE ROOF CONSTRUCTION This is a combination of flat slab topped with sloped roof with vents on the upper part of roof that effectively induce ventilation and draw hot air out.

#### OPTION - 3

#### REFLECTIVE SURFACE

Applying white reflective paint on the roof or using white ceramic broken tiles improves reflectivity of the surface. It reduces heat gain and makes the indoors comfortable.

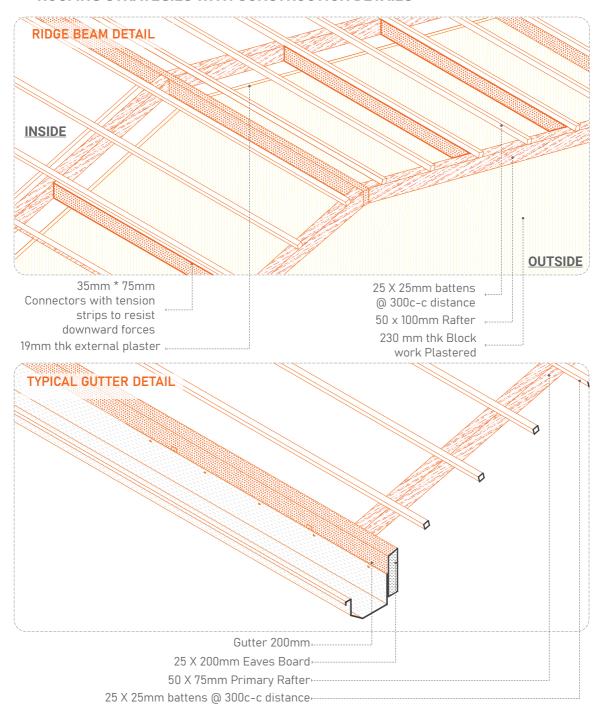








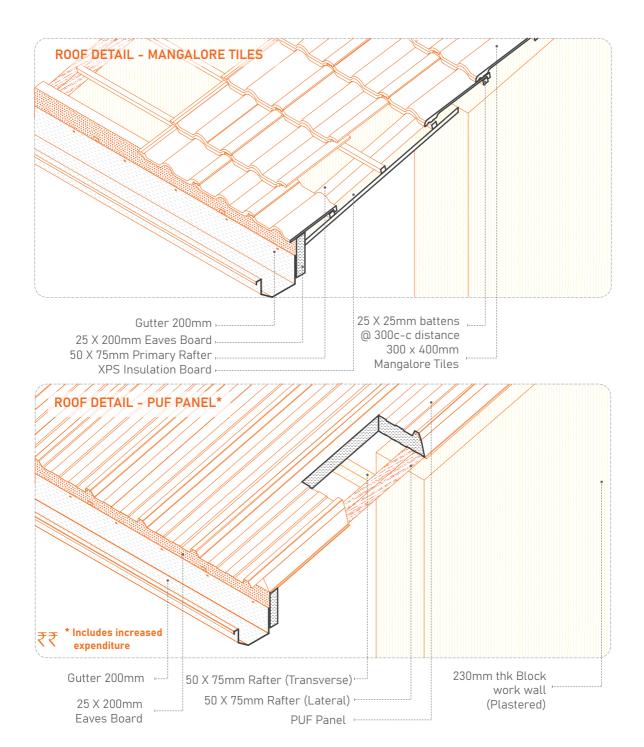
#### > ROOFING STRATEGIES WITH CONSTRUCTION DETAILS

















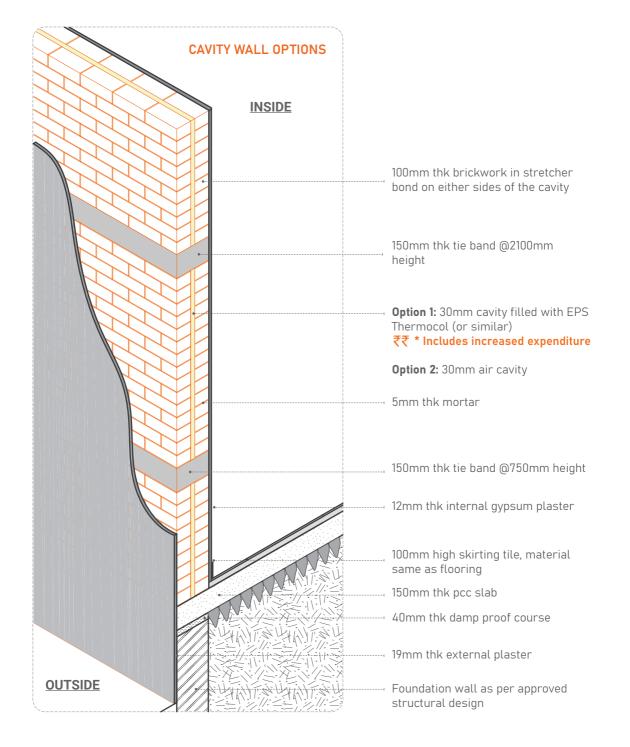
#### > WALL CONSTRUCTION STRATEGIES WITH DETAILS

# Implement efficient wall for building envelope U-value of the wall assembly shall meet the baseline of 2.5 w/m²k.T **U VALUE** 2.5 W/m<sup>2</sup>K







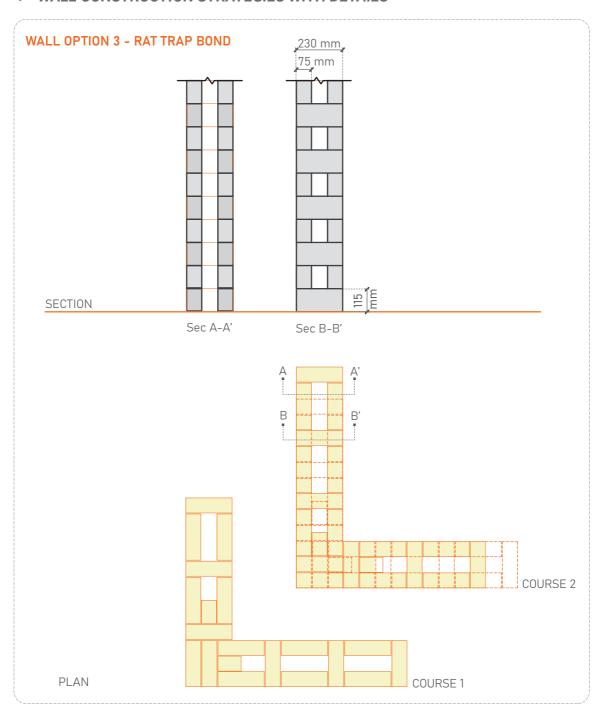








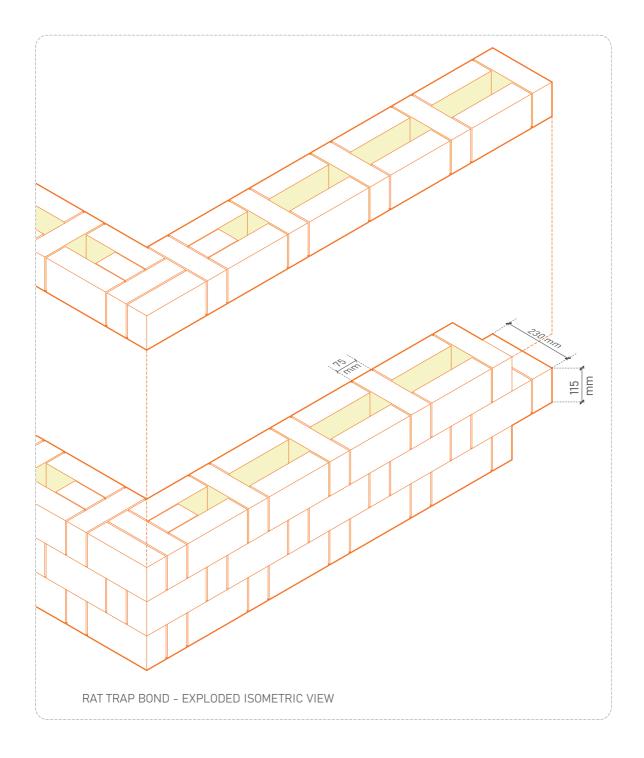
#### > WALL CONSTRUCTION STRATEGIES WITH DETAILS











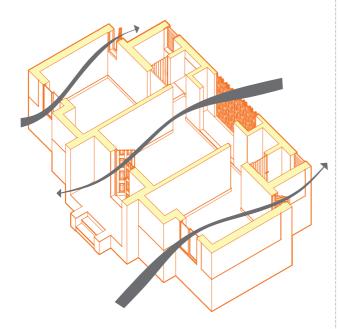


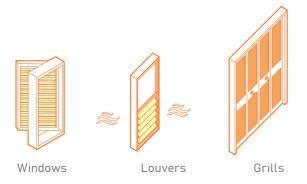




#### > FENESTRATIONS WITH WWR RECOMMENDATIONS

**Window to Wall ratio** (WWR) is a critical aspect of passive design strategies to achieve energy efficiency and thermal comfort.

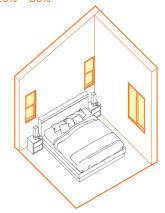




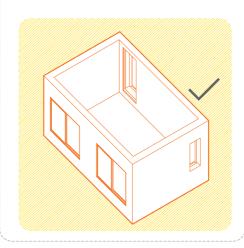
For a Warm and Humid climate zone, WWR should be should be at least 17%. Higher percentage is better.



Recommended WWR for Living Room = 20% - 30%



Recommended **WWR for Bedroom** = 10% - 30%







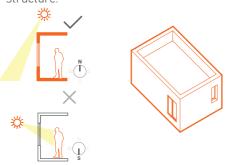




#### **HOW TO CALCULATE WWR?**

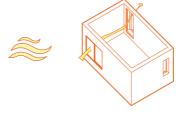
#### STEP 1 >>>>

Decide window placement on the building as per orientation recommendations and building



#### STEP 2 >>>>

Decide window positions for each room for cross ventilation to maximise natural ventilation



#### STEP 3 >>>>

Determine window size on each wall as per respective recommended WWRs for your climate zone. As follows.

Wall Area(sq.ft) X WWR(%) = Area for Window(sq.ft)

#### STEP 4 >>>>

Based on the calculated area, one can decide dimensions for the window considering bedroom size, building structure and orientation



Based on the above calculated area and considering **bedroom** size, building structure and orientation, Window of size 6' x 4' can be placed in the direction bringing least amount of glare and heat in the bedroom.

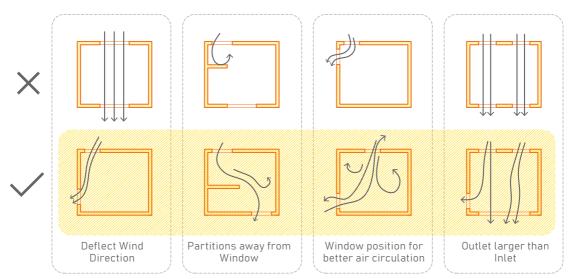




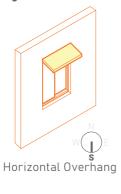


#### > NATURAL VENTILATION STRATEGIES AND SHADING

#### **WINDOW PLACEMENTS**



The most effective solution for shading the house is to add an external shading device such as an **overhang or a fin** that would stop the sun rays from falling onto the glass surface altogether.

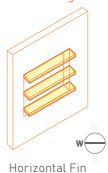


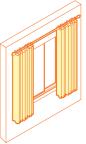


Blinds









Curtains







#### **SHADOW ANGLES**



**Angle** 



12 PM



3 PM



6 PM

0.



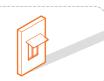




10°







20°







#### **West Direction**

**Angle** 



12 PM





0







10°







20





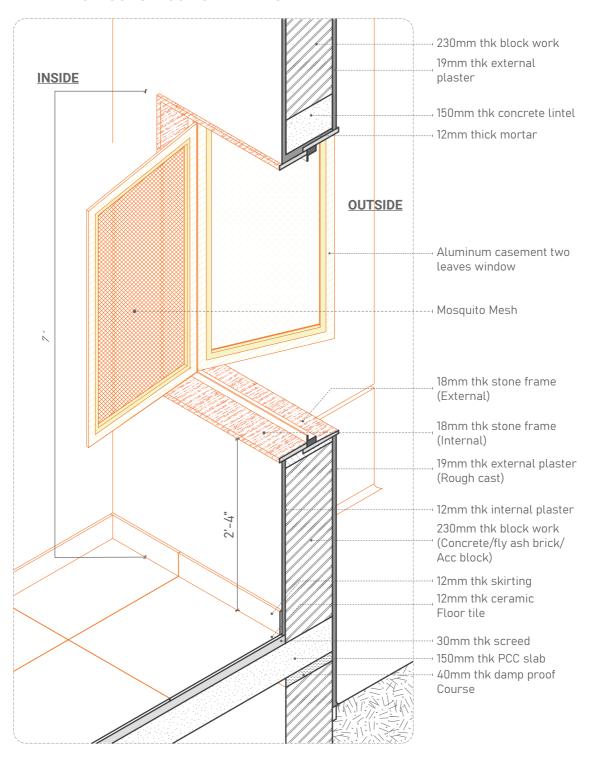








#### > WINDOW CONSTRUCTION DETAILS

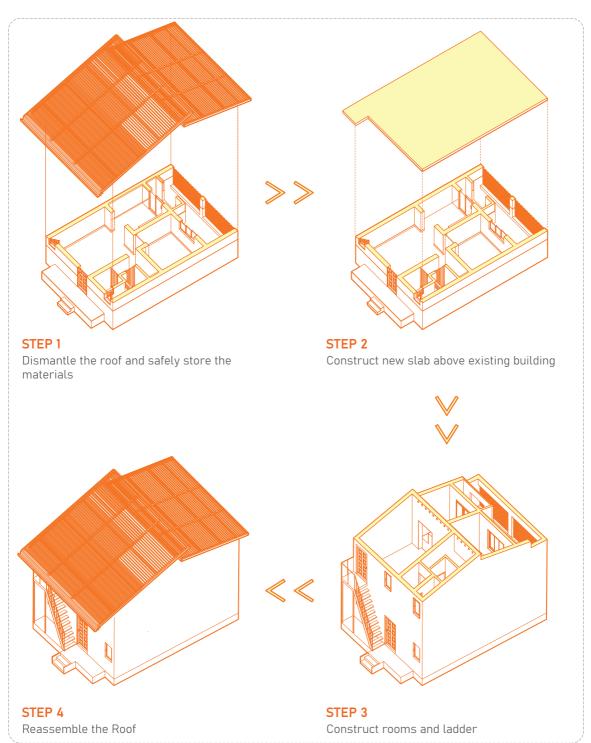








#### > FUTURE EXPANSION SCENARIO



## SUSTAINABLE MATERIAL CHOICES







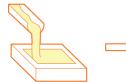
#### **WALLING MATERIAL**







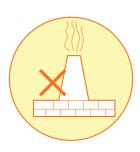
The use of **fly ash** (a by-product of coal combustion) as an alternative to fired clay bricks in building construction is being promoted by the government and its availability has increased during the last two decades, particularly in the urban areas.



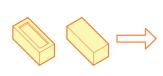


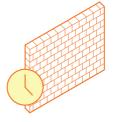






**Solid concrete block** and autoclaved aerated concrete **(AAC) blocks** are also widely used non-fired bricks.









The traditional red clay brick is a time-tested walling material of choice.







#### Types of brick

#### Remarks

#### **PHYSICAL**

#### **THERMAL**

#### **APPLICATIONS**



Clay Fired (Extruded)





Concrete brick and block



Calcium silicate brick



Low water absorption



High compressive strength



High thermal conductivity



High thermal mass.



Suitable for load bearing construction



High dead load





Disadvantage for mid- and high-rise buildings.



Clay Fired (Hand Moulded)



Fly ash brick



Compressed Stabilised Earth Blocks



C&D waste brick



Surkhi brick



Medium water absorption



Medium compressive strength



Medium thermal conductivity



Medium thermal mass.



Suitable for load bearing construction



Suitable for Framed construction







#### Types of brick

#### Remarks

#### **PHYSICAL**

#### **THERMAL**

#### **APPLICATIONS**



AAC blocks



CLC blocks



Expanded Clay Aggregate Brick



High water absorption



Low compressive strength



Low thermal conductivity



Low thermal mass.



Not Suitable for load bearing construction



Suitable for mid and high rise buildings



Low weight



Savings in Construction

#### Based on above types and characteristics, below are recommendations for choosing bricks for warm and humid climate



Fly Ash Brick



Compressed Stabilized Earth Blocks



Surkhi brick



C & D waste brick



Clay Fired (Hand Moulded)

Most to least preferred choices







#### **PLASTER - INTERNAL WALLS**









Factory made

Powdered gypsum plaster

Water

Mixed to form a ready paste

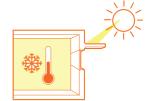
Applied on ceiling and walls



Gypsum has low thermal conductivity



It keeps indoors warm during the cold months



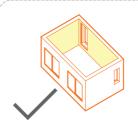
Cooler during the warm summer



Highly resistant to mold and mildew when ventilated.



Fire resistant



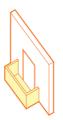
Suitable for interiors of building

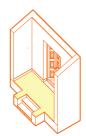


Not suitable for exteriors









Gypsum plaster **should not be used** in moisture-laden areas like the bathrooms, kitchens, balconies or damp basements. Instead, cement plaster should be used.

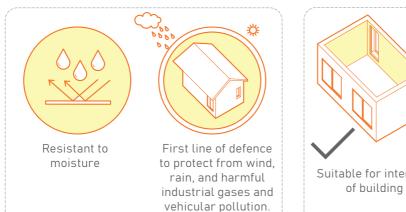


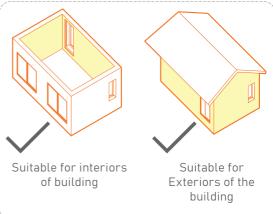




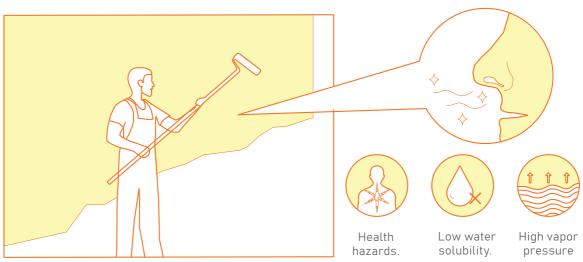
#### **PLASTER - EXTERNAL WALLS AND WET AREAS**







#### **PAINTS - INTERNAL AND EXTERNAL WALLS**



The smell of freshly painted room or surface experienced is the result of Volatile Organic Compounds (VOCs) in paint.







#### **LOW VOC PAINT**



VOC paint



Do not Inhale



Not good For health



Low VOC paint



Breathable



Healthy



Eco friendly



Water Based paint



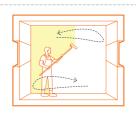
Breathable



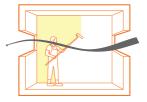
**Pigments** Dissolved in water



Waterbased









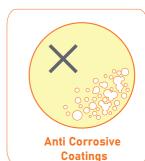
During painting, a proper circulation of fresh air while using agents that release vocs can be a great tactic to reduce the harmful effects.

One should ensure to ventilate the **rooms** well so that the vocs in paint don't continue to circulate indoors.

VOC of interior and exterior coating, as per GRIHA (2017) for affordable housing abridged manual.







Coating type

VOC weight in grams/litre of product minus water

VOC weight in grams/litre of product minus water

Non Flat

< 150

< 100

Flat

< 50

< 200

Gloss/Semi Gloss/ Flat

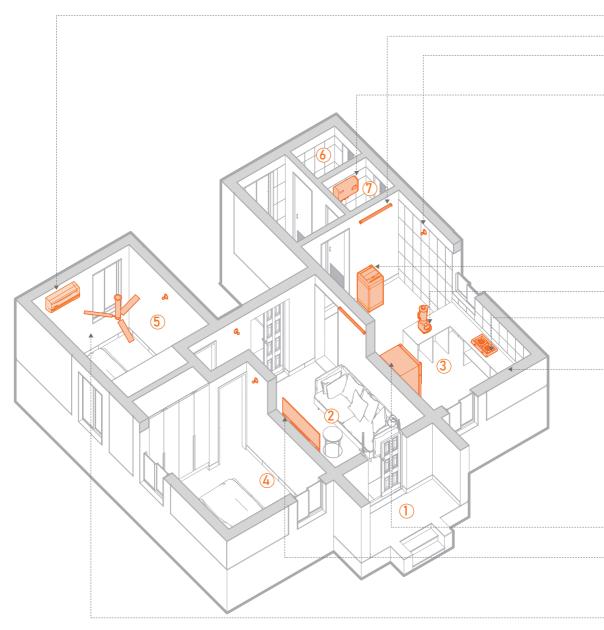
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# SUSTAINABLE APPLIANCES AND TECHNOLOGIES







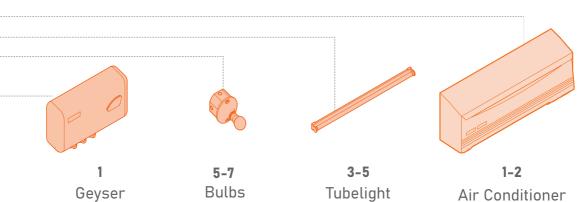


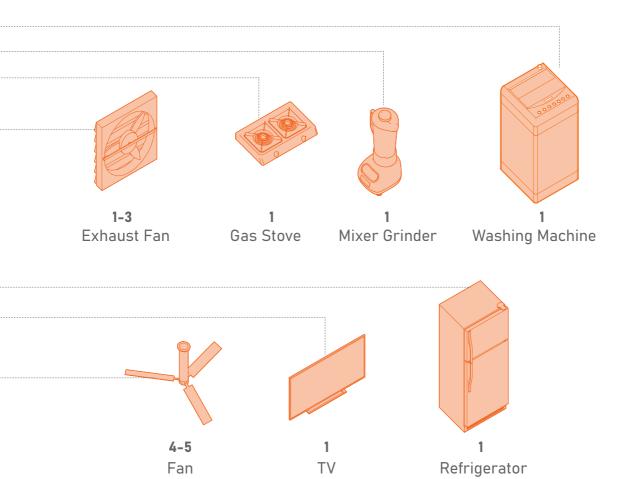
- 1. Verandah
- 2. Living Room
- 3. Kitchen
- 4. Bedroom 1
- 5. Bedroom 2
- 6. WC
- 7. Bath

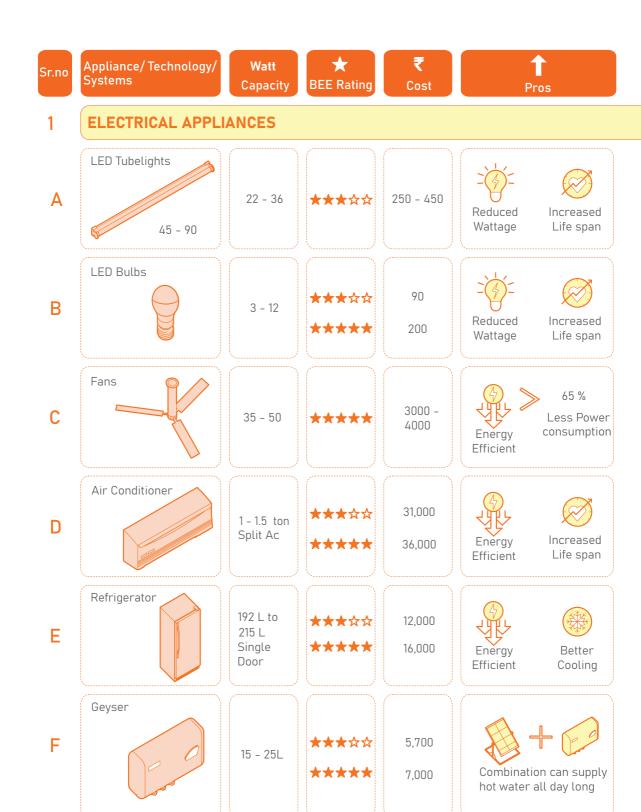


























Initial Cost is more



50 % Annual Savings





Initial Cost is more



50 % Annual Savings









Initial Cost is more



1500 Rs Per Fan





Initial Cost is more



30 % Annual Savings





Initial Cost is more









Initial Cost is more





Annual Savings

40 %

















Initial Cost is more



10 % Annual Savings





Initial Cost is more





20 % Annual Savings





Initial Cost is more





30 % Annual Savings





Initial Cost is more







One Cylinder Per year



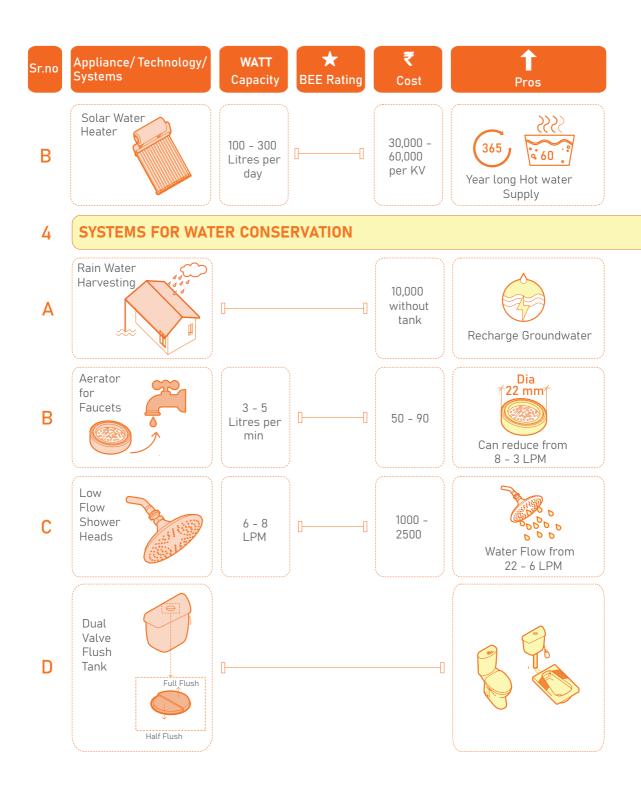








Installation Optional







## NOTE:

The above costs of the goods and systems have been defined as per the market scenario as of May 2023. It may vary over time and place.

# WASTE MANAGEMENT AT HOME







## 1. WASTE SEGREGATION



Waste segregation at homes is one of the best methods to reduce the burden on those handling the waste.



Food waste garden waste



Glass Paper



Plastic Non-degradable waste

# 2. REUSE

- -Invest in reusable products
- -Utilise products with multiple uses
- -Minimise waste generation
- -Keep waste away from landfills



## 3. RECYCLE

Recycling can be defined as turning any kind of waste into something new or useful.







RECYCLE ITEMS







# 4. REDUCE

Reducing waste is more of an attitude that can be followed while dealing with food, paper and plastic.















Reusing Newspaper as wrapping paper for Gifts







## 5. COMPOSTING







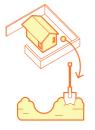
Composting is one of the best solid waste disposal methods when it comes to households, prepare the compost pile and allow the living microorganisms to break down the organic waste materials. The compost, once ready, can be used for improving soil quality and plant growth.

### **HOW TO START COMPOSTING?**

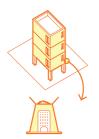
It is interesting to note that 40% - 50% of the waste produced in households is organic. Thus, composting can be done by anyone living anywhere by following the simple steps mentioned below.

#### STEP 1

Finding a place ???



Case 1 - open plot To dig a pit



Case 2 - residence Perforated bin

## STEP 2

Collecting the waste

Green waste







Kitchen waste



Dried leaves

**Brown waste** 



Saw dust



Shredded paper



Cardboard

# STEP 3

Storing the waste and decomposing



Layering green and brown waste





Green waste Adds nitrogen





Brown waste adds Carbon rich



Browns to greens ration

## STEP 4

Waiting for compost to get ready



Resting for sometime



Mixing pile using stick







Optimal moisture and temperature level





Ready when smells woody and fresh





Months

Months

# ARCHITECTURAL DRAWINGS - PLANS

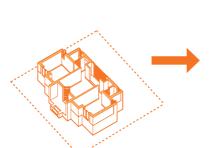






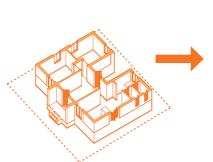
> INTRODUCTION TO TYPOLOGIES

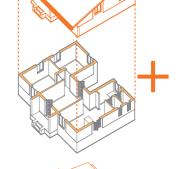




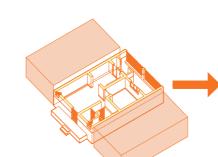


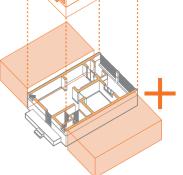








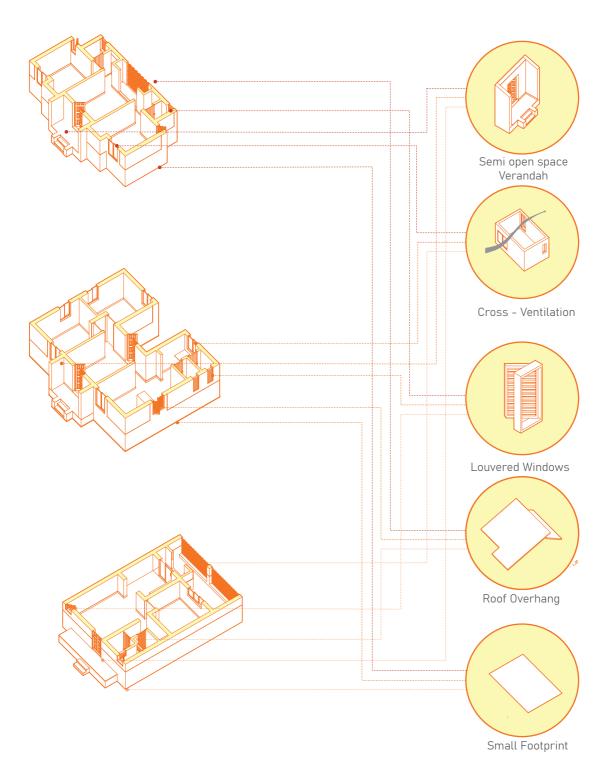










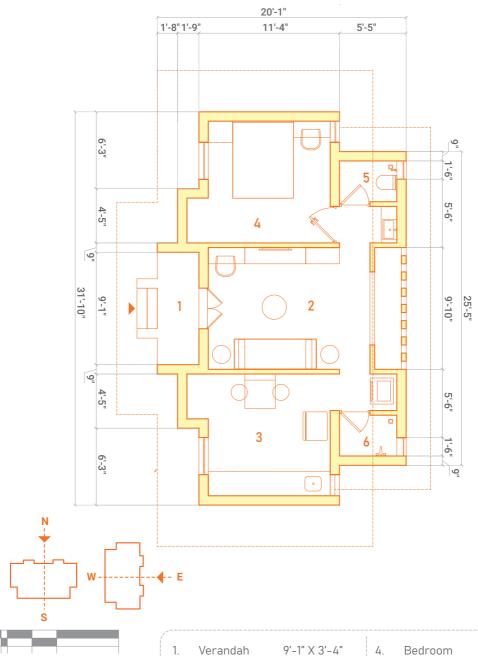








# S - TYPOLOGY 1 - INDIVIDUAL HOUSE



37 SQ.M

9'-1" X 3'-4" 1. Verandah

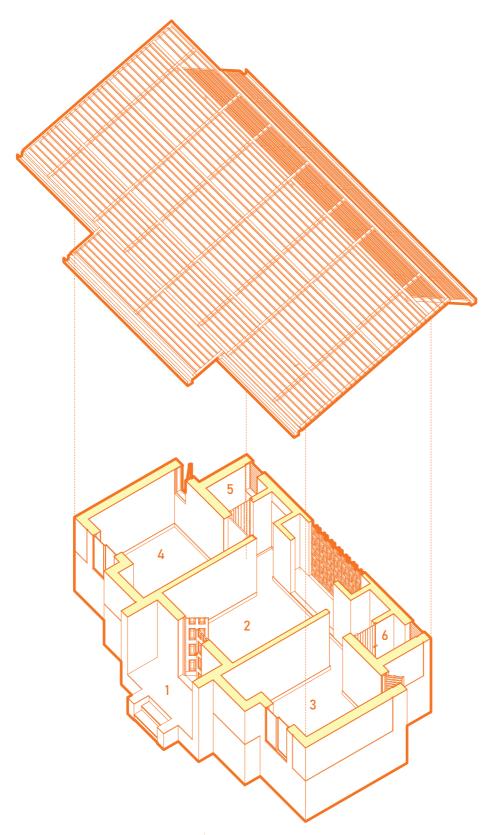
2. Living Room 9'-10" X 19'-7"

3. Kitchen 9'-10" X 11'-7" Bedroom

9'-10" X 11'-7"

5. WC 3'-4" X 4'-8"

6. Bath 3'-4" X 4'-8"



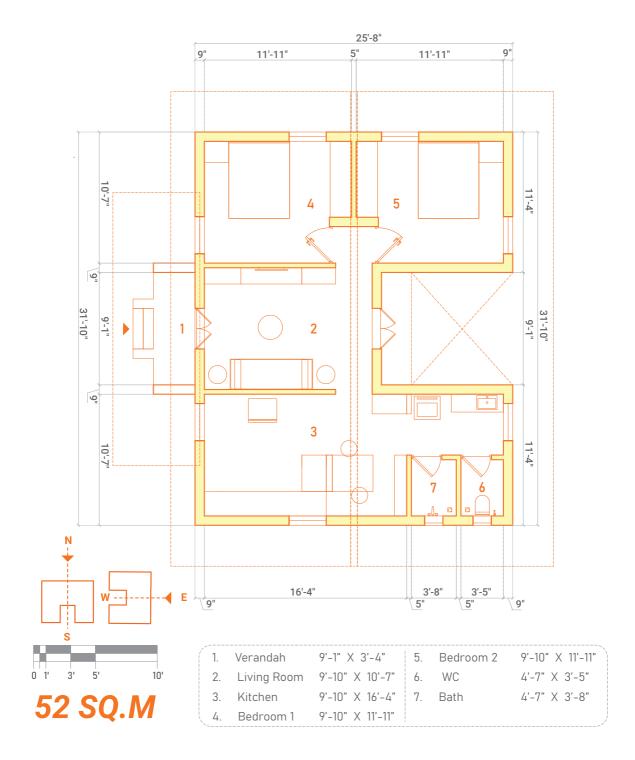
Exploded Axonometric View of the House

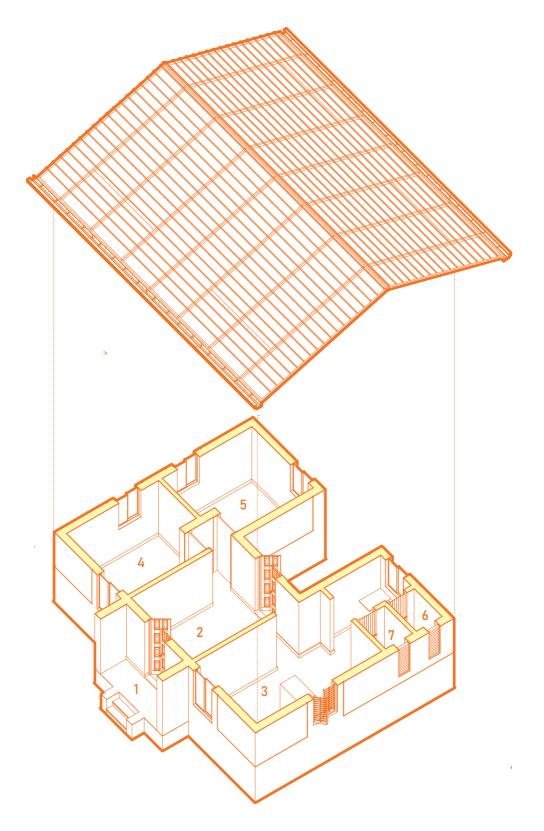






# **M - TYPOLOGY 2 - INDIVIDUAL HOUSE**





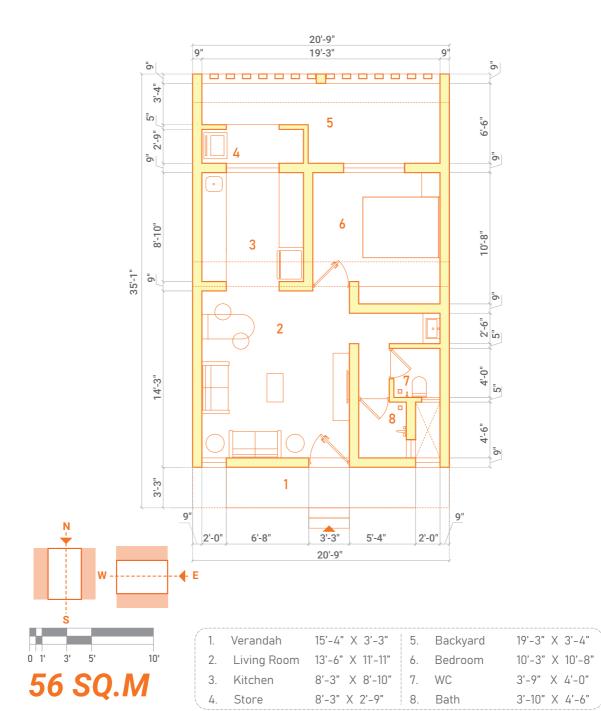
Exploded Axonometric View of the House

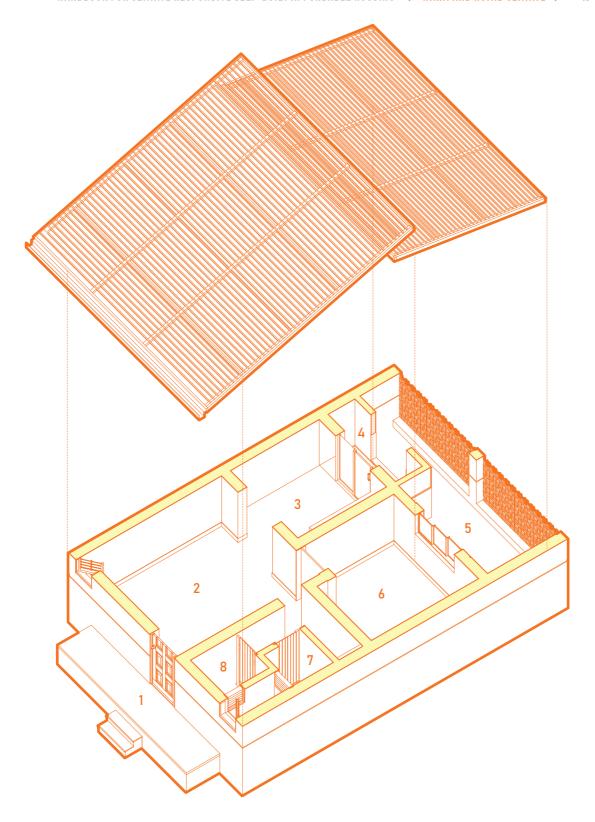






# L - TYPOLOGY 3 - ROW HOUSE





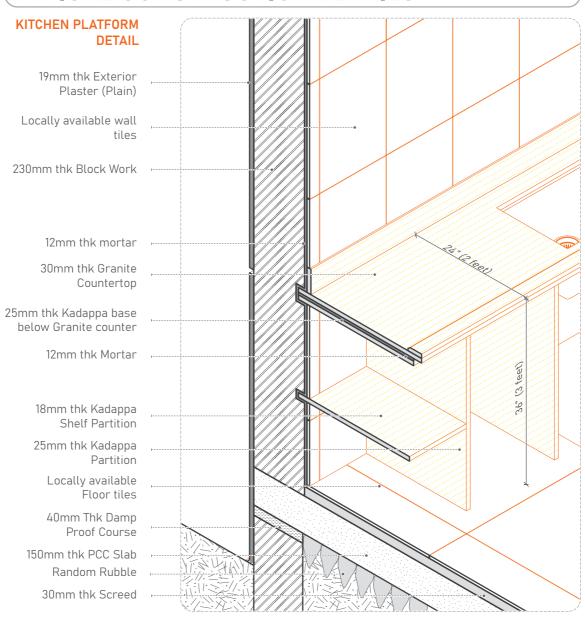
Exploded Axonometric View of the House







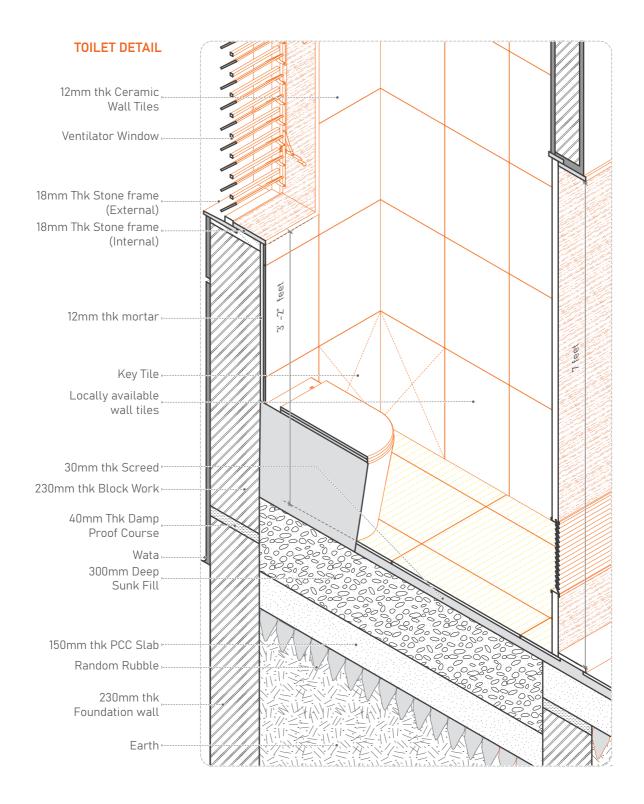
# **TYPICAL CONSTRUCTION DETAILS**









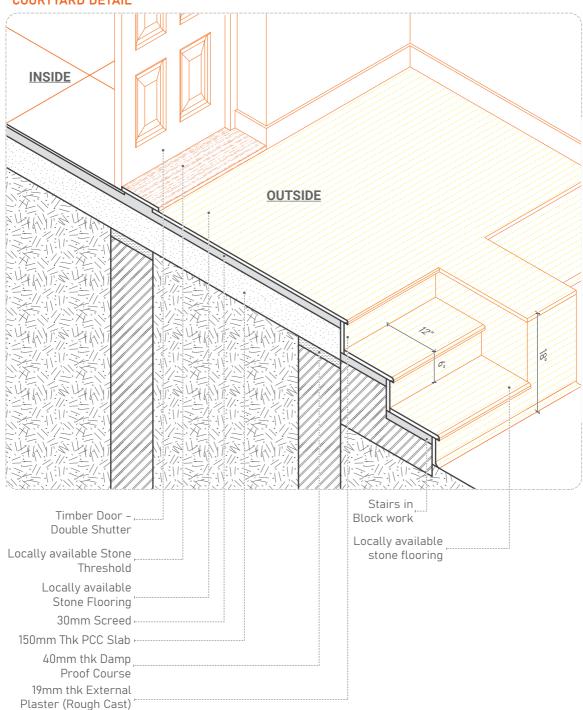








#### **COURTYARD DETAIL**



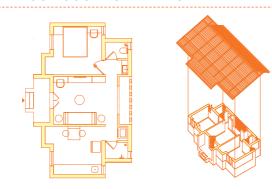






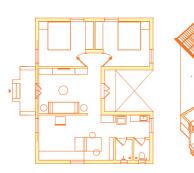
# **COST ESTIMATES FOR CONSTRUCTION**

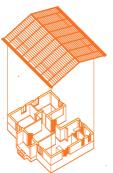
#### > BLOCK COST ESTIMATES



**INDIVIDUAL HOUSE** 37 SQ.M

**INR 10 to 11** lakhs





M INDIVIDUAL HOUSE 52 SQ.M

**INR 13 to 14** lakhs





**ROW HOUSE** 56 SQ.M

**INR 12 to 13** lakhs



#### NOTE:

The above costs have been defined as per the overall construction industry scenario (costs of material, labour, etc.) in Karwar, Karnataka, as of May 2023. It may vary as per the conditions of the place of construction.

# > SUMMARY: BILL OF MATERIALS

ltem		
ARCHITECTURAL WORKS		
	Earth Work Excavation	1. Excavation: Local
		2. Plinth filling
		3. Rubble soling
	Plain Cement Concrete	1. PCC Work
	Reinforced Cement Concrete	1. RCC M-25
	Steel Reinforcement	1. Steel re-inforcement: Fe = 500 N/sq.mm
	Pest Control	Pre-construction anti-termite treatment
	Masonry	1. Full-width brick/block  2. Half -width brick/block
	ARCHITECTURA	Earth Work Excavation  Plain Cement Concrete  Reinforced Cement Concrete  Steel Reinforcement  Pest Control







Units

Individual House 37 sq.m

Individual House 52 sq.m

Row House 56 sq.m

Cum	71	80	84
Cum	43	47	49
Cum	22	28	27
·			
Cum	16	19	19
Cum	4	7	5
MT	1	1	1
Sqm	55	76	65
<u> </u>			
Cum	47	58	62
Sqm	45	46	14

Item no **ARCHITECTURAL WORKS** 1. External sand faced plaster 7 **Plastering** 2. Internal gypsum plaster 3. Internal plaster rough: Washroom 1. Washroom: Water-proofing, chemical coating with protective coat Waterproofing Works 2. Brick bat coba 1. Acrylic emulsion paint Painting Work 2. Exterior grade paint 1. Kota flooring for varandah with entry steps tread and riser 2. Vitrified tile floor 3. Vitrified tile dado 4. Vitrified tile skirting Flooring, 10 Skirting, Dado 5. Window frame in granite 6. Threshold in granite 7. Twin granite slab frame 8. Granite pantry counter

9. Granite hand wash counter







Units

Individual House 37 sq.m

Individual House 52 sq.m

Row House 56 sq.m

Sqm	98	132	96
Sqm	154	175	203
Sqm	24	22	38
·			
Sqm	14	14	14
Cum	1	1	1
, Sqm	154	252	203
Sqm	98	132	96
Sqm	5	8	7
Sqm	44	65	56
Sqm	25	25	39
Rmt	50	64	64
Rmt	23	38	20
Rmt	2	2	2
Rmt	11	11	11
Rmt	3	3	5
Rmt	1	2	1

Sr.

#### Item

1. Main entry door: 1000mm X 2100mm (single shutter)

## **ARCHITECTURAL WORKS**

2. Bedroom door: 900mm X 2100mm (single shutter) 3. Utility door: 1300mm X 2100mm (single shutter) Doors and 11 4. Washroom door: 750mm X 2100mm (single shutter) Windows 5. Aluminium windows 6. Louvered windows (powder coated) 7. RCC Jali 1. Plumbing works for kitchen 2. Plumbing works for WC and shower 3. PVC nahni traps Plumbing 12 4. Kitchen sink with tap, stop cock, bottle trap, waste coupling Work 5. EWC with concealed flush valve, stop cock, health faucet and bib cock 6. Washbasin with tap, stop cock, bottle trap, waste coupling 7 Shower unit 13 Roofing Work 1. Mangalore tile roof with MS structure support and gutter 1. Electrical wiring & cabling, switch & sockets, lightfixtures, Electrical 14

#### **EXCLUSIONS**

- Interior work including carpentry furniture, loose furniture, wall panelling, false ceiling work
- · Artwork and artefacts

Work

· External electrical and irrigation work

fan etc

· Landscape work, septic tank, compound wall







Units

Individual House 37 sq.m

**Individual House** 52 sq.m

Row House 56 sq.m

Nos	1	2	1
Nos	1	2	1
Nos	-	-	1
Nos	2	2	2
Sqm	4	10	4
Sqm	2	2	2
Sqm	8	-	15
Nos	1	1	1
Nos	2	2	2
Nos	3	3	3
Nos	1	1	1
Sqm	1	1	1
Sqm	1	1	1
Sqm	1	1	1
Sqm	103	126	78
LS	1	1	1



NOTE:

For costing estimates on white goods, light, fan, etc., refer to the section 'Sustainable Appliances and Technologies' (pages 33-38).

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# **ACKNOWLEDGEMENTS**

The following individuals graciously contributed to the reviews, discussions, decisions and content development under this capacity building program.

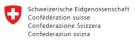
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