FOR CLIMATE RESPONSIVE SELF-BUILT AFFORDABLE HOUSING

HOT AND DRY CLIMATE





R

P CENTER FOR URBAN PLANNING AND POLICY



DISCLAIMER

This document was published under ADB TA-6722 IND: Enabling the Ecosystem to Improve Access to Green Affordable Housing for Women – Capacity Building (54164-002). The TA/GRANT is financed by an ADB-managed trust fund--the Urban Climate Change Resilience Trust Fund (UCCRTF) – with funding from The Rockefeller Foundation and the Governments of Switzerland and the United Kingdom. The views expressed in this publication are those of the authors and do not necessarily reflect the views and policies of the funders or ADB.

This Handbook has been prepared solely for information purposes. Whilst every endeavor has been made to obtain the best available data from appropriate sources, CRDF, CEPT University can give no guarantee of accuracy or completeness. Any views expressed in this Handbook reflect our judgment at this date, which are subject to change without notice. No investment or other business decision should be made solely on the views expressed in this Handbook, and no responsibility is taken for any consequential loss or other effects from these data. Advice given to clients in particular situations may differ from the views expressed in this report. Reproduction of this Handbook in whole or in part is allowed subject to proper reference to CRDF, CEPT University. Every effort has been made to ensure accuracy, give credits and trace copyright holders where appropriate. If any have been inadvertently overlooked, the necessary arrangements will be made at the first opportunity to amend the publication.

Handbook for Climate Responsive Self-Built Affordable Housing

HOT AND DRY CLIMATE







Contents

A Graphical Guide to the Handbook	1
Who is this Handbook For?	2
What is this Handbook About?	3
How is this Handbook Structured?	4

Introduction to Warm and Humid Climate zone

Know your Climate Zone	5
Design Objectives	6

Passive Design Strategies

Site Level	7
Building Orientation	7
Building Compactness	8
Building Level	9
Building Envelope	9
Roofing Strategies with Construction Details	11
Wall Construction Strategy with Details	15
Fenestrations with WWR Recommendations	19
Natural Ventilation Strategies And Shading	21
Window Construction Detail	23
Future Expansion Scenario	24

Sustainable Material Choices

Walling Material	25
Plaster - Internal Walls	28
Plaster - External Walls	29
Paints - Internal and External Walls	30

pg.7

pg.25

pg.**5**

Sustainable Appliances and Technologies	pg. 31
Waste Management at Home	pg. 39
Architectural Drawings - Plans	pg. 41
Introduction to Typologies	41
S - Typology 1 - Individual House - 37 sq.m	43
M - Typology 2 - Row House - 54 sq.m	45
L - Typology 3 - Individual House - 60 sq.m	47
Typical Construction Details	49
Cost Estimates for Construction	pg. 52
Block Cost Estimates	52
Summary: Bill of Materials	53
References	59
Acknowledgements	61

GRAPHICAL GUIDE FOR THE HANDBOOK



WHO IS THIS HANDBOOK FOR?



This handbook guides homeowners to build a climate responsive house for the geography it is located in while keeping in mind cost efficiency in building construction to make it affordable. The book also suggests sustainable lifestyle choices and practices at home.



Architect / Engineer Passive architectural strategies with clear design objectives for a particular climate zone given in this book help architects / engineers / technical representatives from HFCs to achieve a sustainable house with ease. Construction details further help in the execution of design goals.



Along with decision making, this handbook works as a reference for building construction on site with its detailed drawings made with precision and clear design objectives towards climate responsive building.



NOTE :

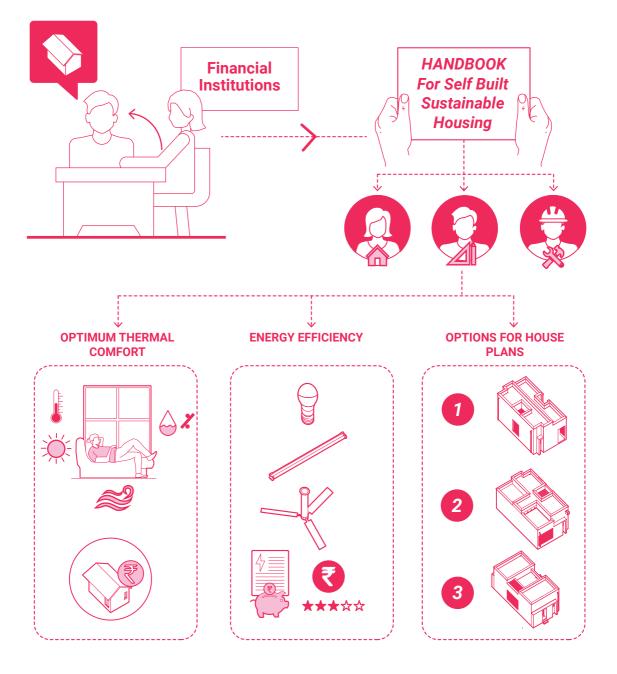
On the top right corner of the page, the icon highlighted in colour depicts for whom the information is applicable.

WHAT IS THIS HANDBOOK ABOUT ?

- This illustrative handbook aims to provide guidance to key stakeholders involved in self-built housing (owners, designers and contractors) to develop sustainable affordable homes.

- The handbook lays out design strategies along with solutions for sustainable affordable construction to achieve optimum thermal comfort and energy efficiency in the house.

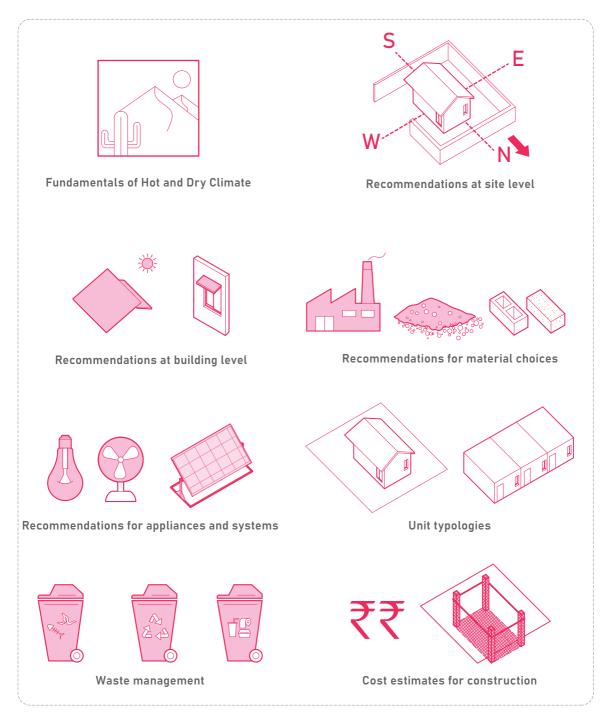
-It contains plans for three typologies of houses which can be adapted to different site conditions and context. The book also encourages homeowners to choose sustainable appliances and systems at home.



HOW IS THIS HANDBOOK STRUCTURED ?

- This handbook begins with macro-level information about geography and design objectives for the particular climate zone. It further delves into specific passive design strategies (micro-level), construction details, material and appliance choices with the aim of achieving comfortable habitat in the given climate zone.

- It is devised into the following segments:



INTRODUCTION TO HOT AND DRY CLIMATE ZONE

KNOW YOUR CLIMATE ZONE

Jammu &

Himach Prades

Madhva Pradesh

Andhra

Jodhpur Raiasthan

Gujarat

Maharashtra

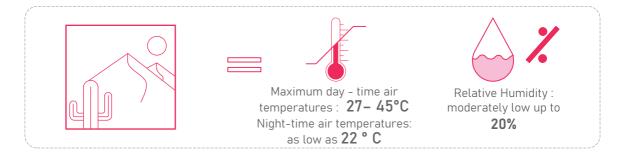
)amar & Diu

LEGEND

Hot & Dry Climate In Hot and Dry climate, the diurnal temperature variations, i.e. differences in high peak temperature during the day and low peak temperature during night, are high.

This is a result of low relative humidity levels of air. As a result of dry air, evaporative cooling mechanisms work well in this climate. Cities like **Ahmedabad, Baroda, Anand, etc, in western India** experiences a hot and dry climate along **parts of Gujarat, Rajasthan and Maharashtra**.

Map of India highlighting the **Hot and Dry Climate** region of india



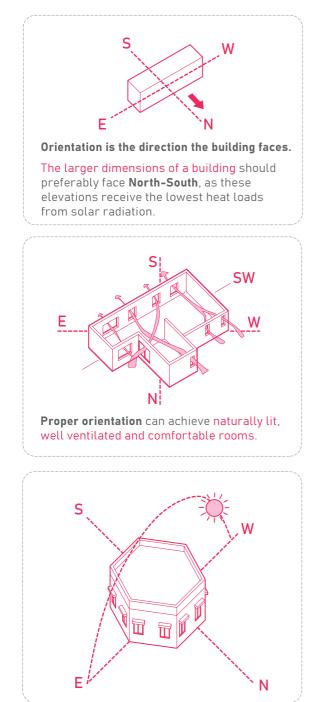


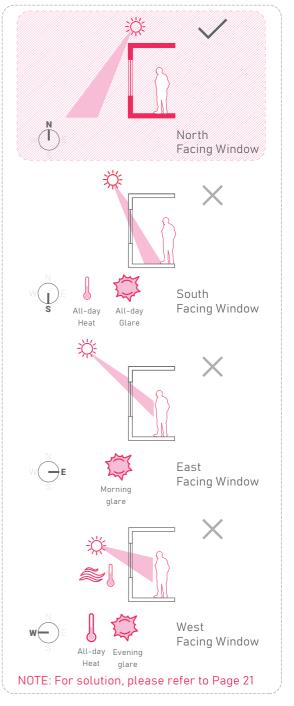
DESIGN OBJECTIVES Resist Promote Heat Heat Gain Loss Decrease exposed Increasing surface area air exchange rate (crossventilation) during the night time. Increase buffer spaces. Increase shading and Ventilation reflectivity of appliances Increase thermal resistance ÷Ö Decreasing Evaporative the aircooling exchange rate during the daytime.

PASSIVE DESIGN STRATEGIES

SITE LEVEL

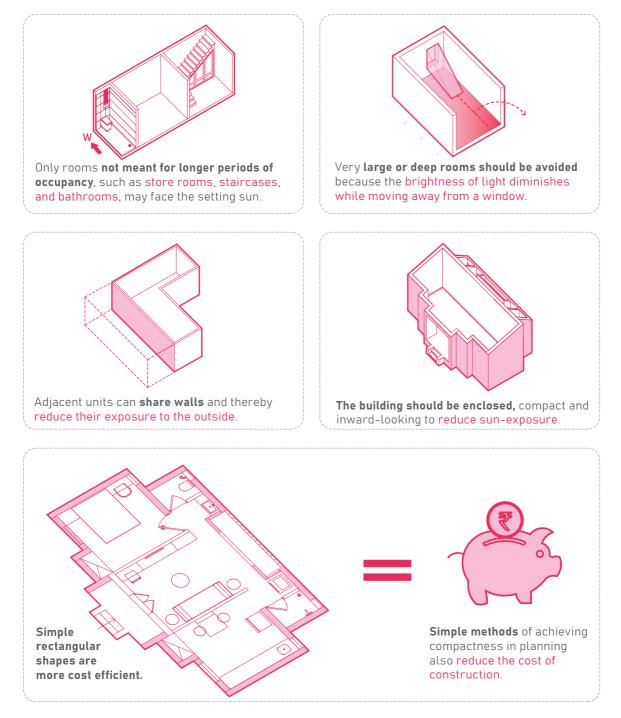
> BUILDING ORIENTATION







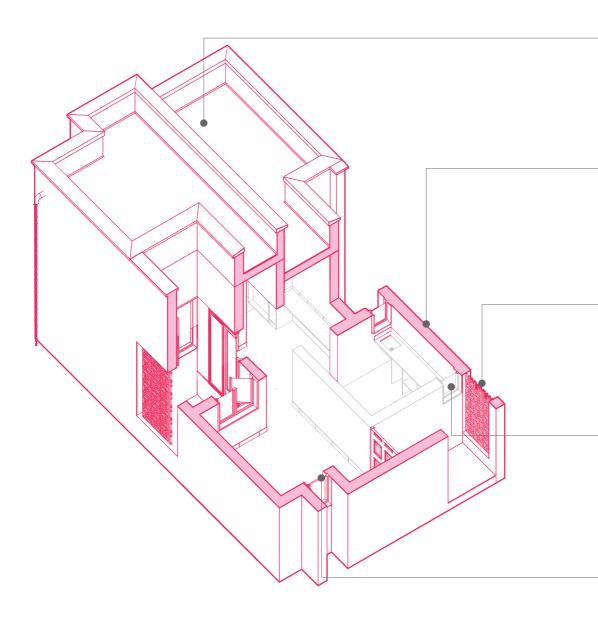
> BUILDING COMPACTNESS





BUILDING LEVEL

> BUILDING ENVELOPE

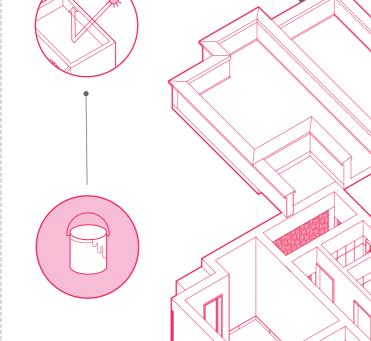






BUILDING LEVEL

> ROOFING STRATEGIES WITH CONSTRUCTION DETAILS



COOL ROOF STRATEGY

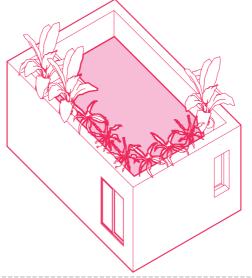
'Cool' roofs are used in hotter climates. As the name suggests, they prevent heat from entering the building. The roof is exposed to the sun throughout the day. It heats up during the day and passes this heat inside.

As the name suggests, cool roofs keep the heat out. In addition to shading and providing insulation in warmer climates, selecting the right roof finish can significantly reduce the need for cooling the house. Cool roofs reflect most of the solar radiation falling on the rooftops. It can be achieved through either of the two following strategies:

OPTION - 1

GREEN ROOF

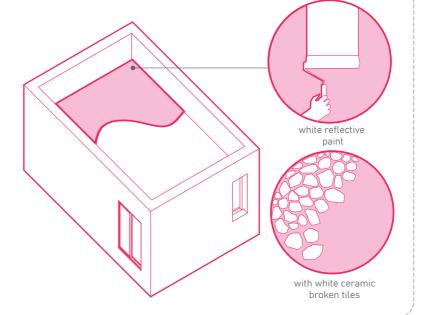
Green roofs are gardens cultivated on terraces. The soil and the plants will help insulate the roof, reducing overall heating and cooling costs. These roofs can reduce the 'urban heat island' effect. In increasingly urbanised spaces, Green roofs also provide easily accessible green spaces.



OPTION - 2

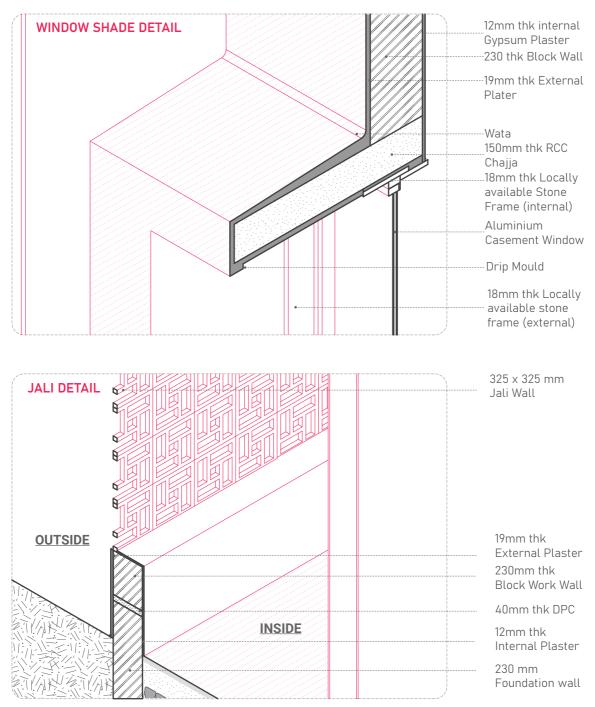
REFLECTIVE SURFACE

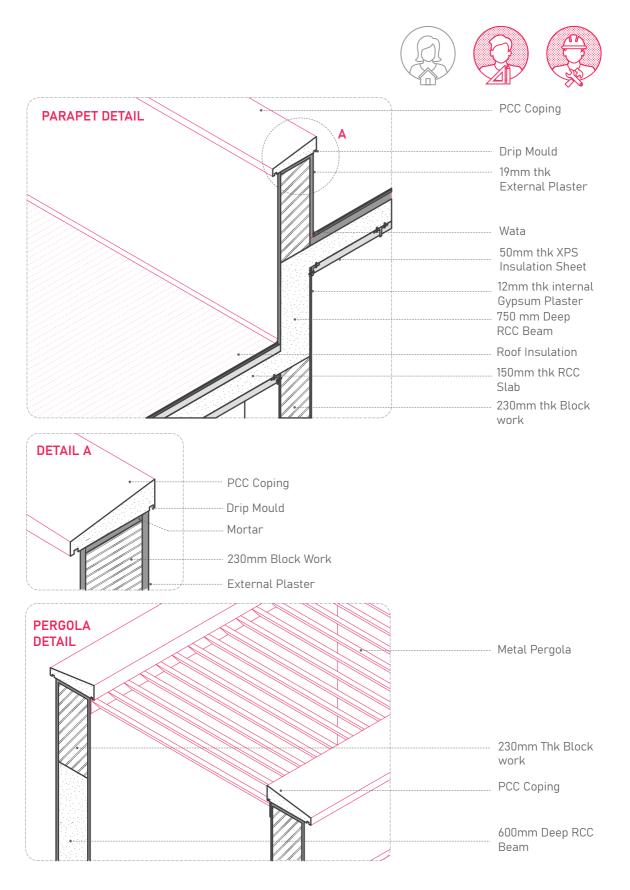
Applying white reflective paint on the roof or using white ceramic broken tiles improves reflectivity of the surface. It reduces heat gain and makes the indoors comfortable.



BUILDING LEVEL

> CONSTRUCTION DETAILS





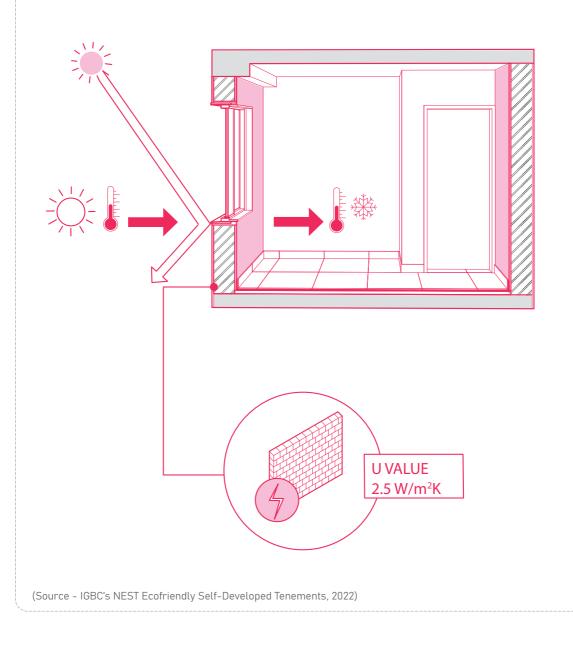


BUILDING LEVEL

> WALL CONSTRUCTION STRATEGIES WITH DETAILS

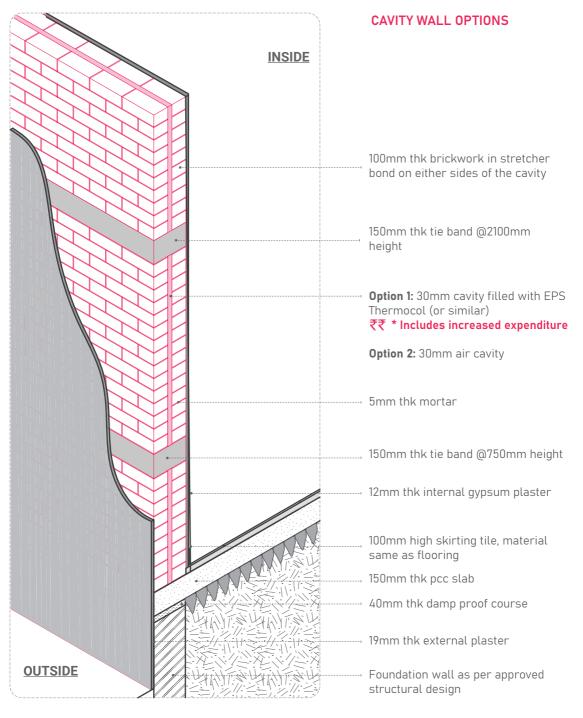
Implement efficient wall for building envelope

U-value of the wall assembly shall meet the baseline of 2.5 w/m²k.T





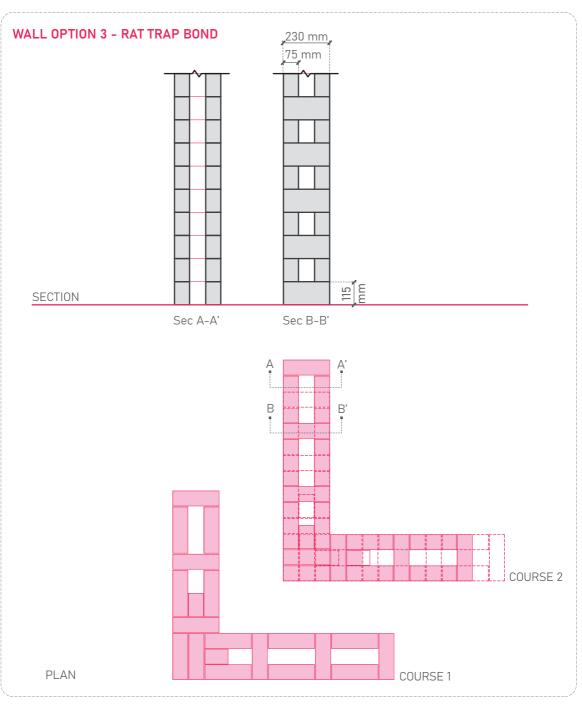
> WALL CONSTRUCTION DETAILS



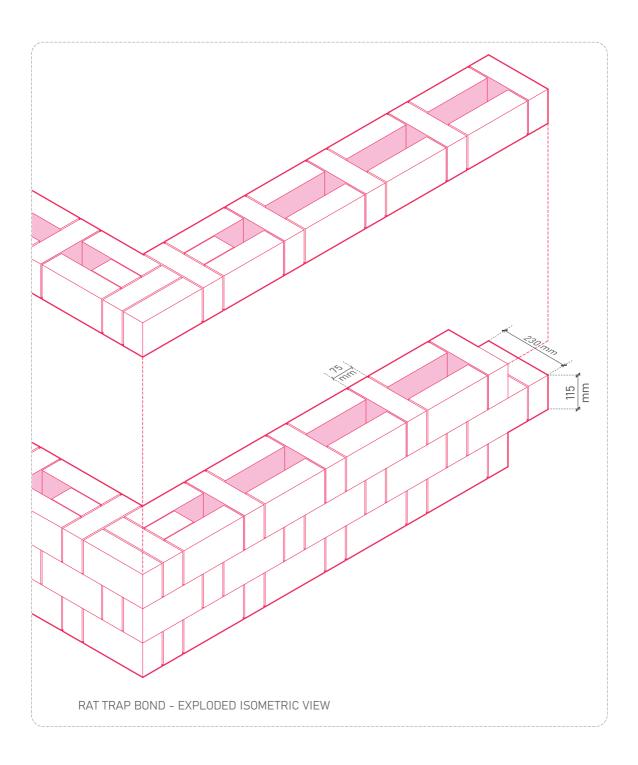


BUILDING LEVEL

> WALL CONSTRUCTION DETAILS



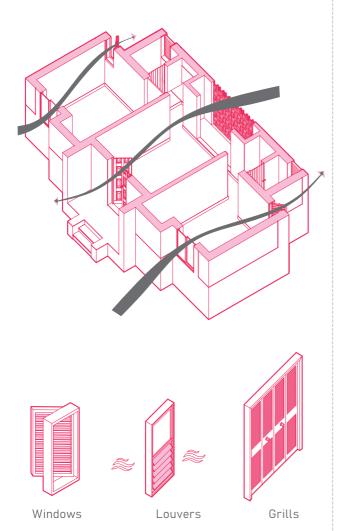






> FENESTRATIONS WITH WWR RECOMMENDATIONS

Window to Wall ratio (WWR) is a critical aspect of passive design strategies to achieve energy efficiency and thermal comfort.



For a Hot and Dry climate zone, WWR should be **should be at least 17%. Higher percentage is better.**



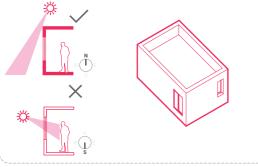


HOW TO CALCULATE WWR?

STEP 1 >>>>

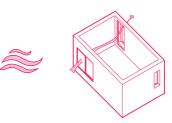
ň

Decide window placement on the building as per orientation recommendations and building structure.



STEP 2 >>>>

Decide window positions for a each room for cross ventilation to maximise natural ventilation.



STEP 3 >>>>

Determine window size on each wall as per respective recommended WWRs for your climate zone. As follows,

Wall Area(sq.ft) X WWR(%) = Area for Window(sq.ft)

STEP 4 >>>>

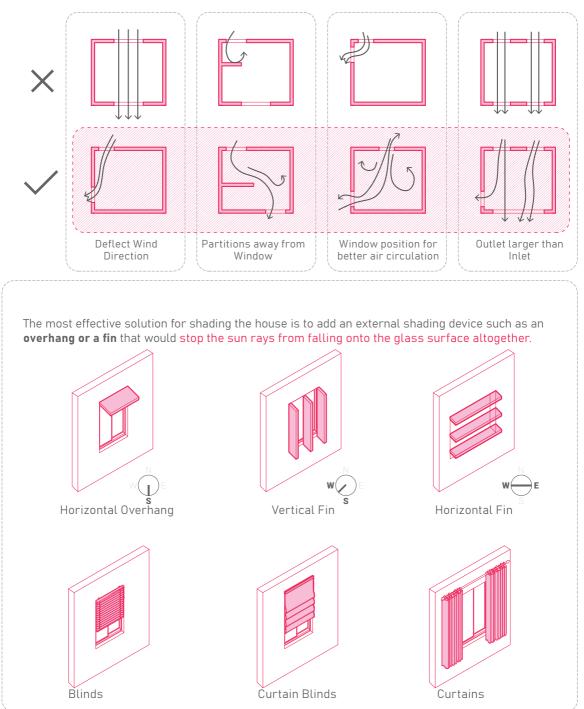
Based on the calculated area, one can decide dimensions for the window considering bedroom size, building structure and orientation





> NATURAL VENTILATION STRATEGIES AND SHADING

WINDOW PLACEMENTS





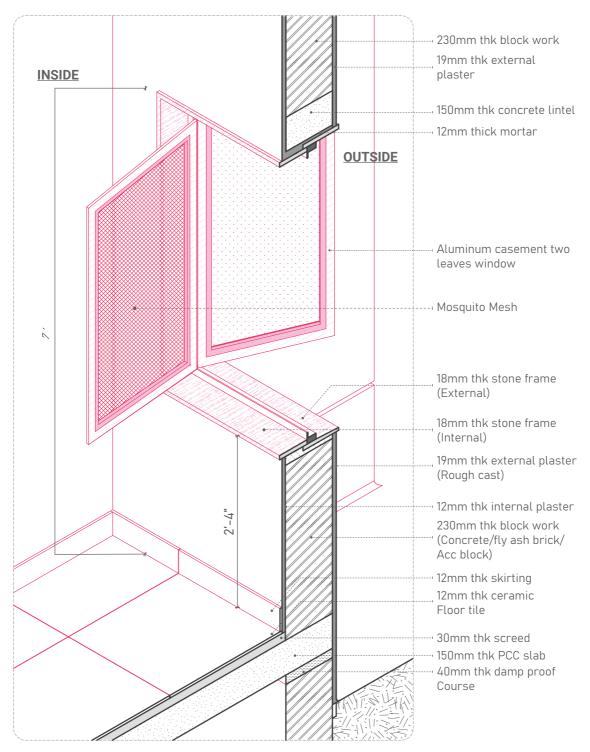
SHADOW ANGLES

South Direction Angle 12 PM 6 PM 3 PM 0' Μ 10 20 West Direction Angle 12 PM 3 PM 6 PM 0 10 20

* Due to the horizontal shading device, no/minimal shadow cast on the external wall.

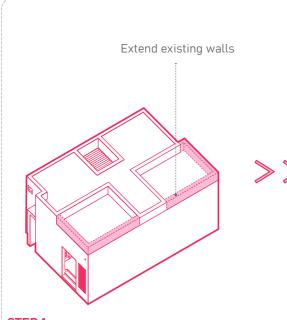


> WINDOW CONSTRUCTION DETAILS

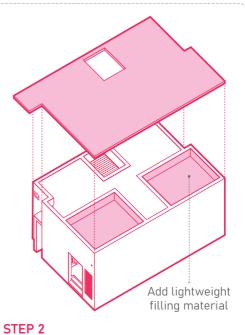




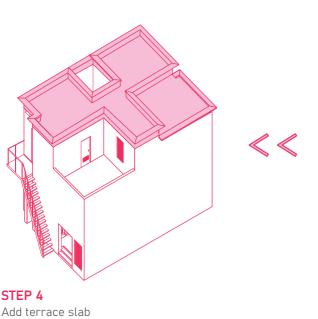
> FUTURE EXPANSION SCENARIO

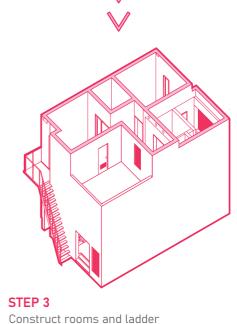


STEP 1 Extend walls of ground floor to achieve uniform height



Construct new slab above existing building



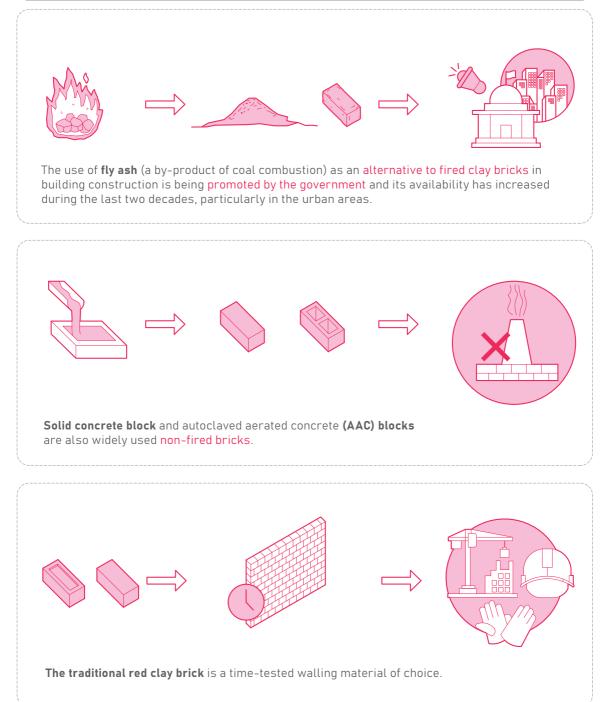


SUSTAINABLE MATERIAL CHOICES

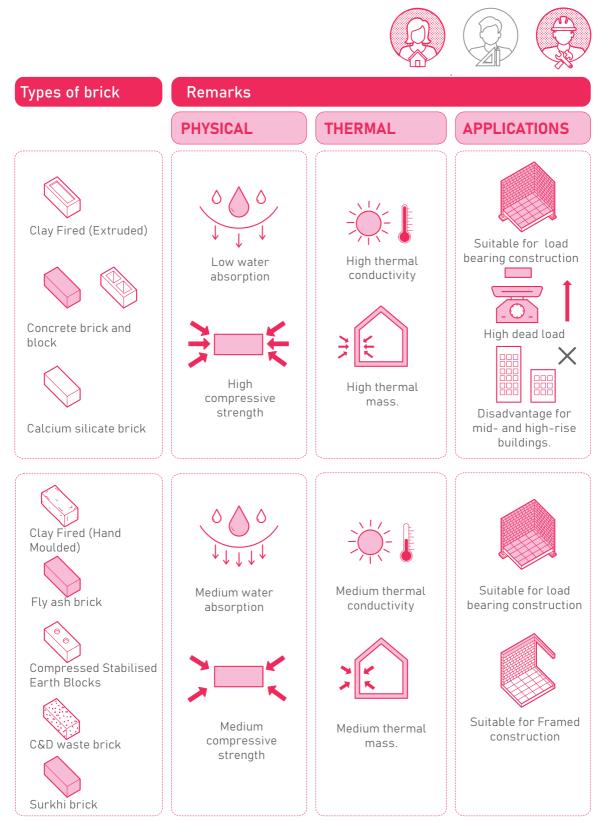




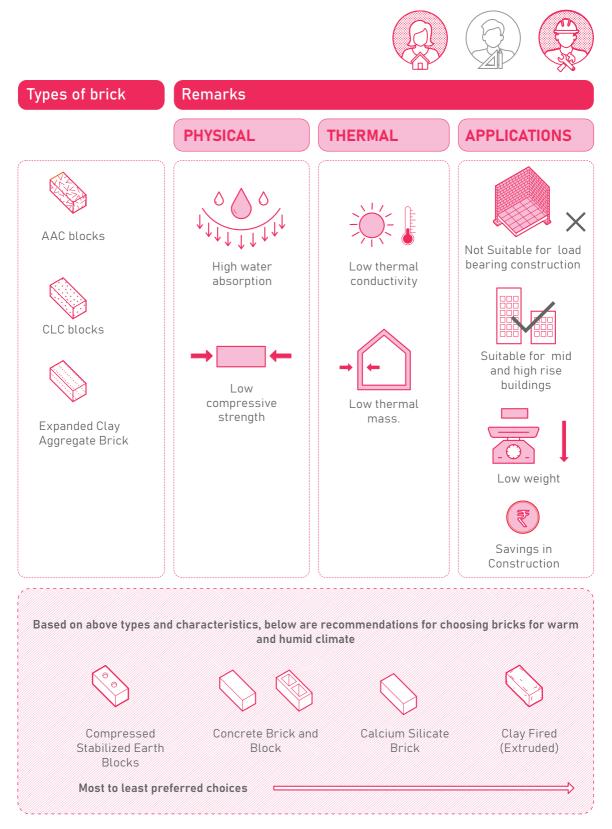
WALLING MATERIAL



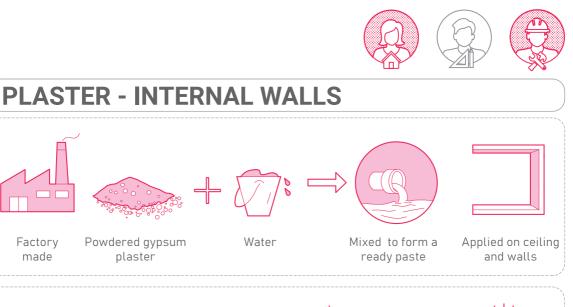
Centre for Advanced Research in Building Sciene and Energy (CARBSE). (November 2022). Thermal performance of Walling Materials and Wall Technology. CEPT Research and Development Foundation, CEPT University.



Centre for Advanced Research in Building Sciene and Energy (CARBSE). (November 2022). Thermal performance of Walling Materials and Wall Technology. CEPT Research and Development Foundation, CEPT University.

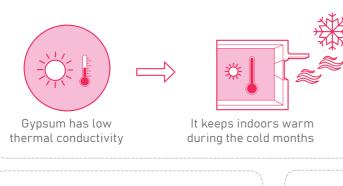


Centre for Advanced Research in Building Sciene and Energy (CARBSE). (November 2022). Thermal performance of Walling Materials and Wall Technology. CEPT Research and Development Foundation, CEPT University.



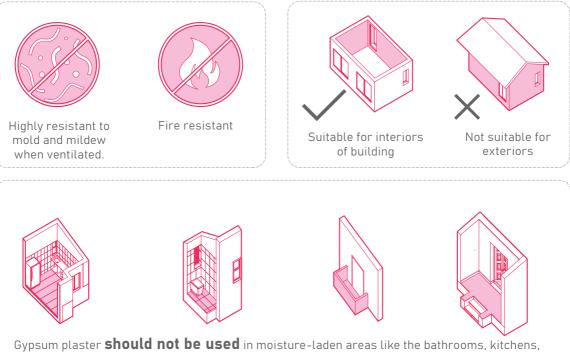
Cooler during the warm

summer



Factory

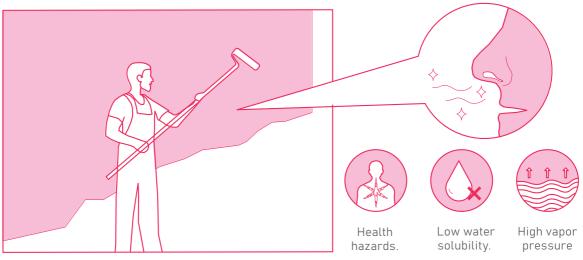
made



balconies or damp basements. Instead, cement plaster should be used.



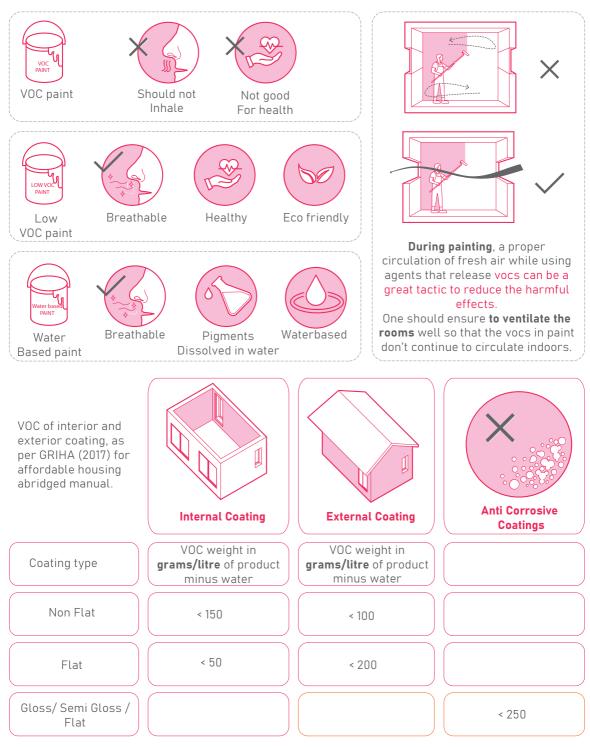
PAINTS - INTERNAL AND EXTERNAL WALLS



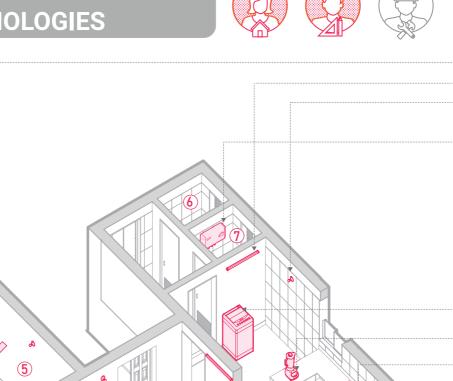
The **smell of freshly painted room** or surface experienced is the **result of Volatile Organic Compounds (VOCs) in paint**.

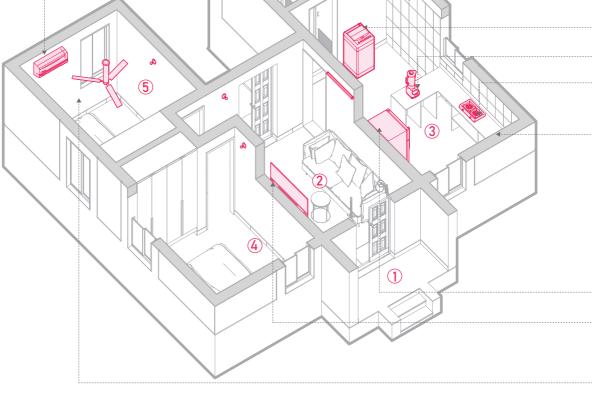


LOW VOC PAINT

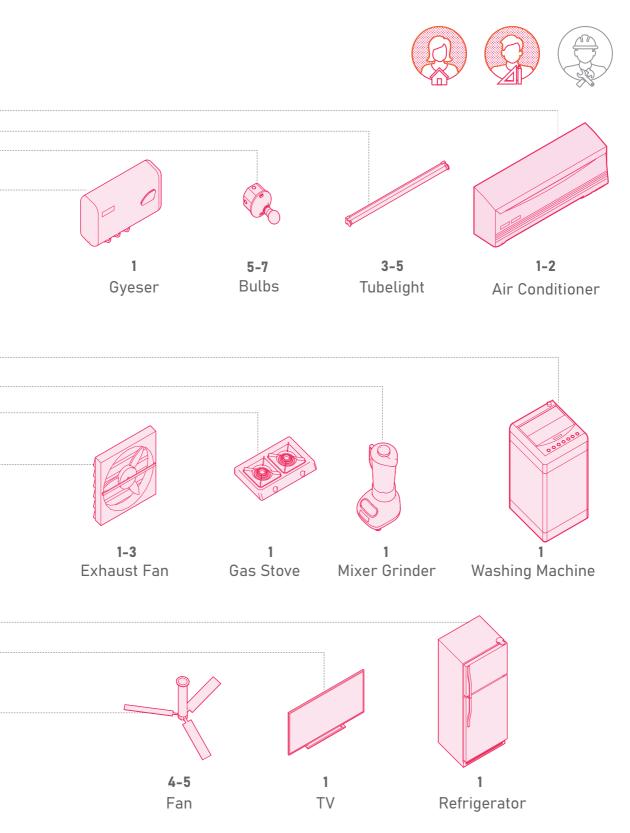


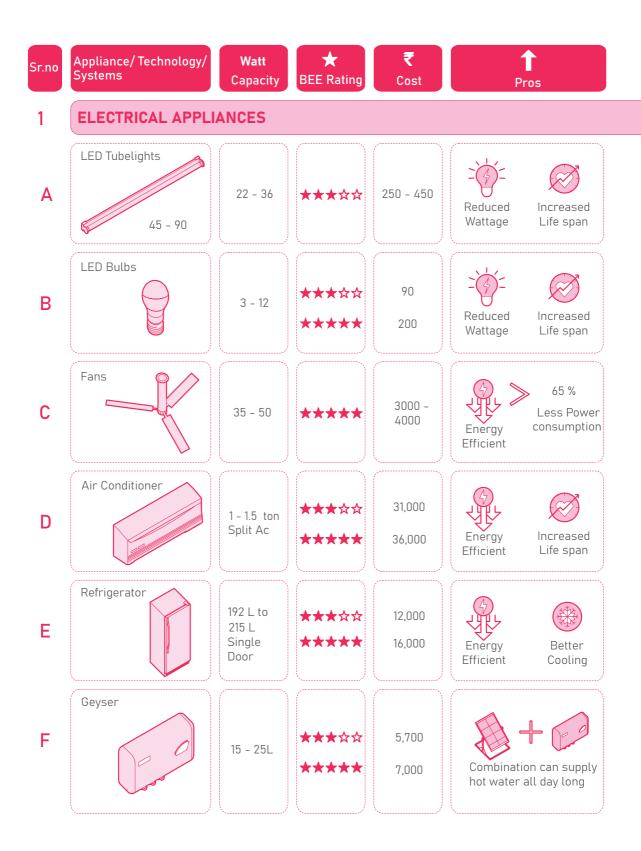
SUSTAINABLE APPLIANCES AND TECHNOLOGIES



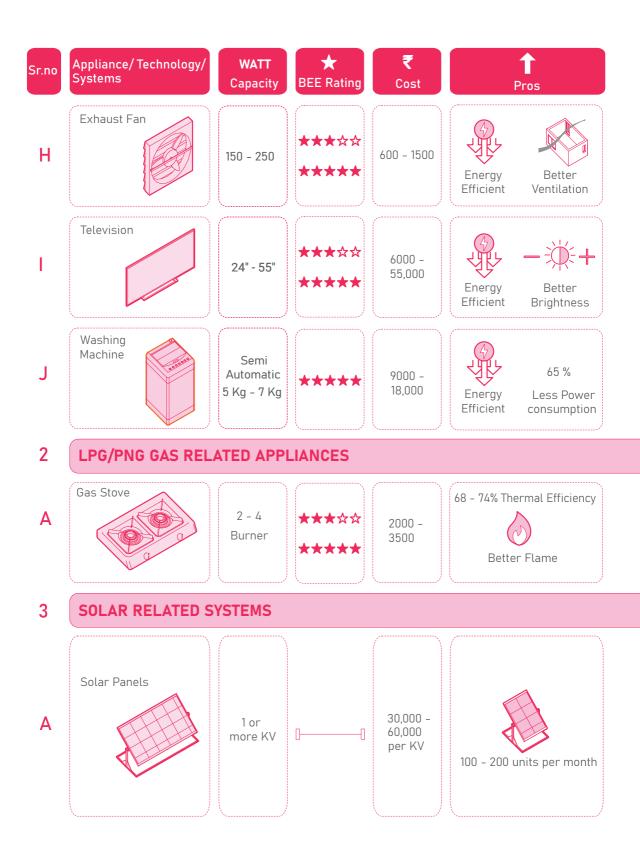


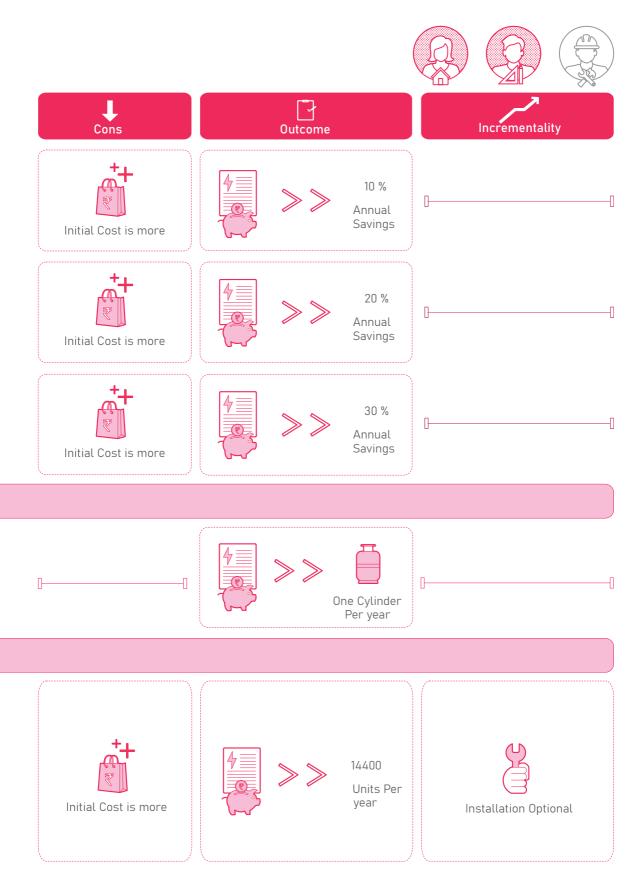
1.	Verandah	5.	Bedroom 2
2.	Living Room	6.	WC
3.	Kitchen	7.	Bath
4.	Bedroom 1		

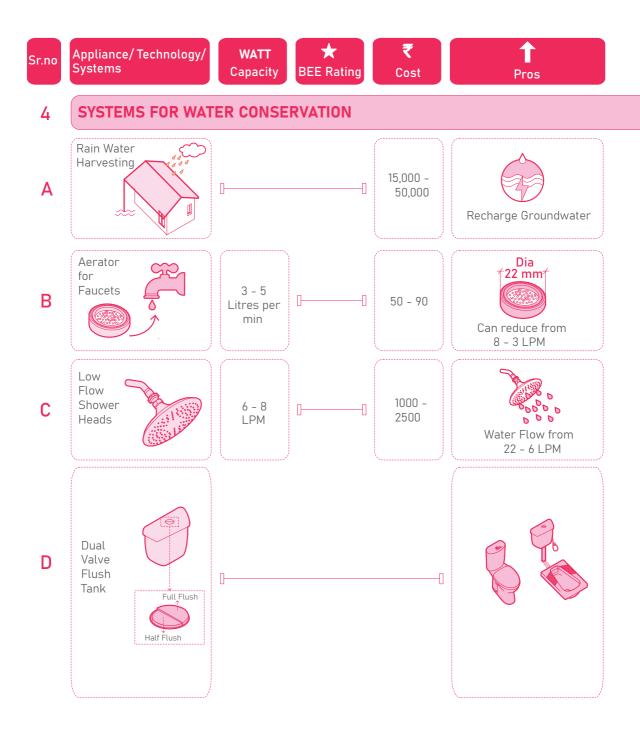


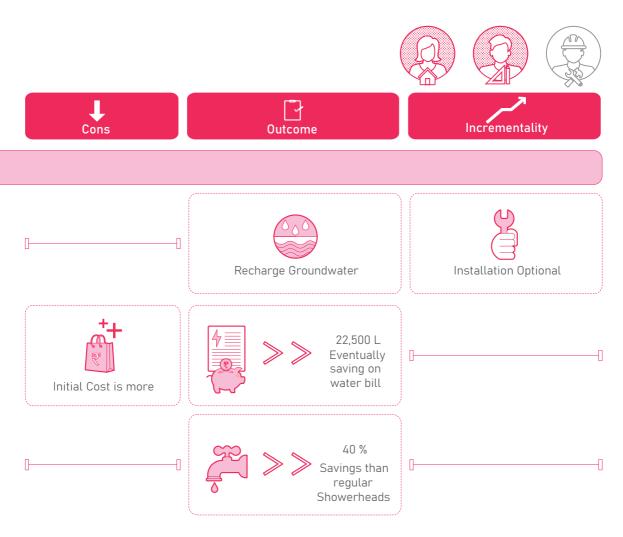












NOTE :

0

Ő

D

The above costs of the goods and systems have been defined as per the market scenario as of May 2023. It may vary over time and place.

-[]

WASTE MANAGEMENT AT HOME





1. WASTE SEGREGATION 30 - 40% ORGANIC WASTE Waste segregation at homes is one of the best methods to reduce the burden on those handling the waste. í ís Plastic Food waste Glass Non-degradable garden waste Paper

waste

2. REUSE

- -Invest in reusable products
- -Utilise products with multiple uses
- -Minimise waste generation
- -Keep waste away from landfills





Plastic Bottle

Steel Bottle

ITEMS



Turning coffee tins into storage containers

3. RECYCLE

Recycling can be defined as turning any kind of waste into something new or useful.



4. REDUCE

Reducing waste is more of an attitude that can be followed while dealing with food, paper and plastic.











Reusing Newspaper as wrapping paper for Gifts

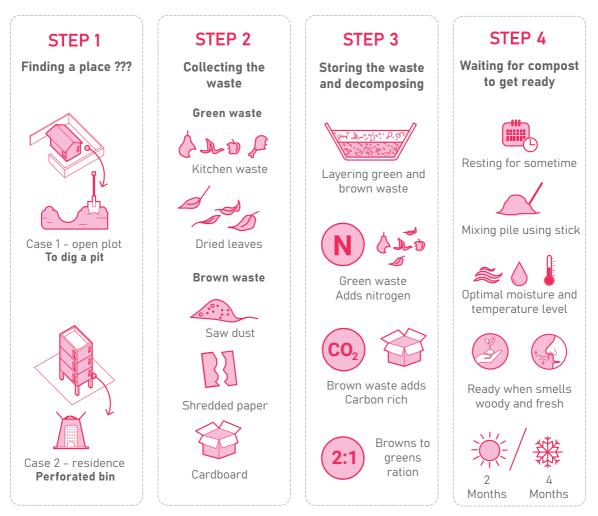




Composting is one of the best solid waste disposal methods when it comes to households, prepare the compost pile and allow the living microorganisms to break down the organic waste materials. The compost, once ready, can be used for improving soil quality and plant growth.

HOW TO START COMPOSTING?

It is interesting to note that 40% – 50% of the waste produced in households is organic. Thus, composting can be done by anyone living anywhere by following the simple steps mentioned below.



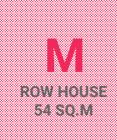
ARCHITECTURAL DRAWINGS - PLANS



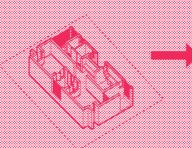


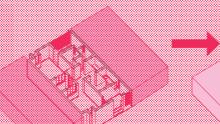
> INTRODUCTION TO TYPOLOGIES

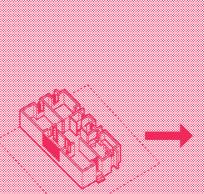


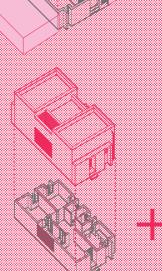


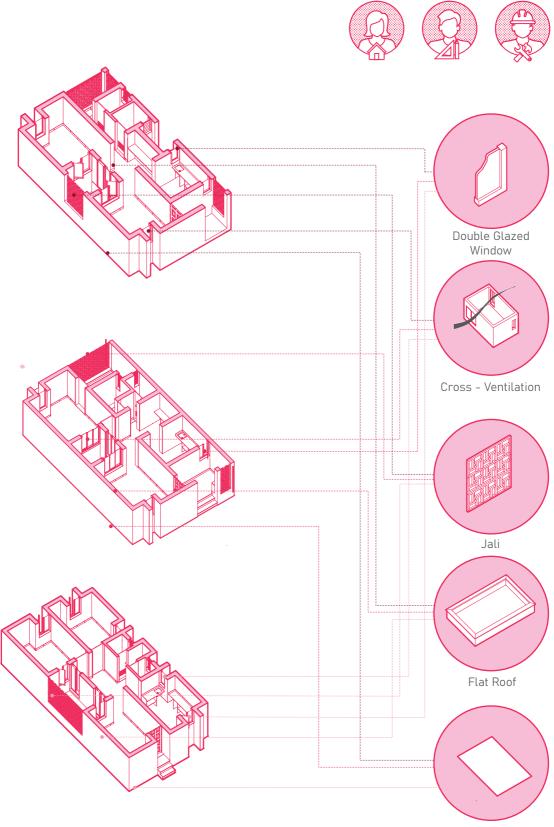










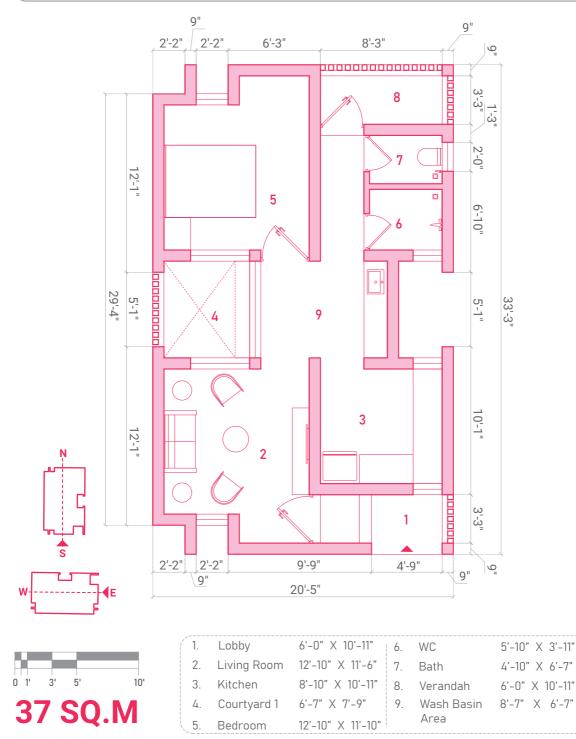


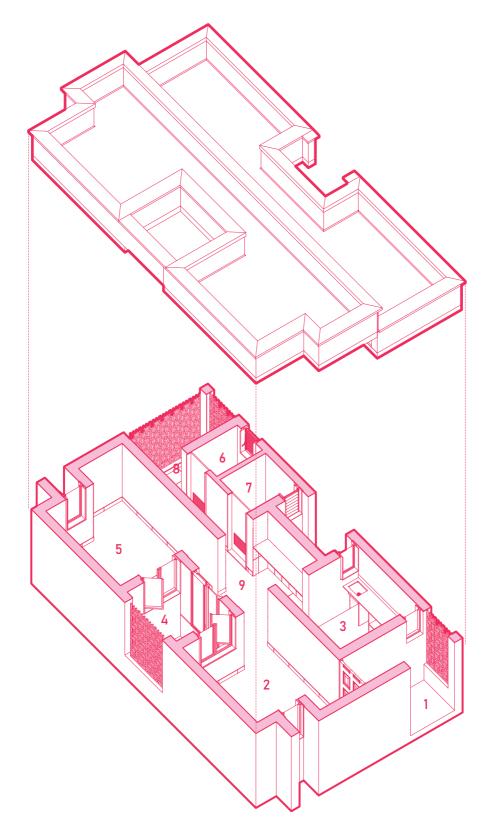
Small Footprint





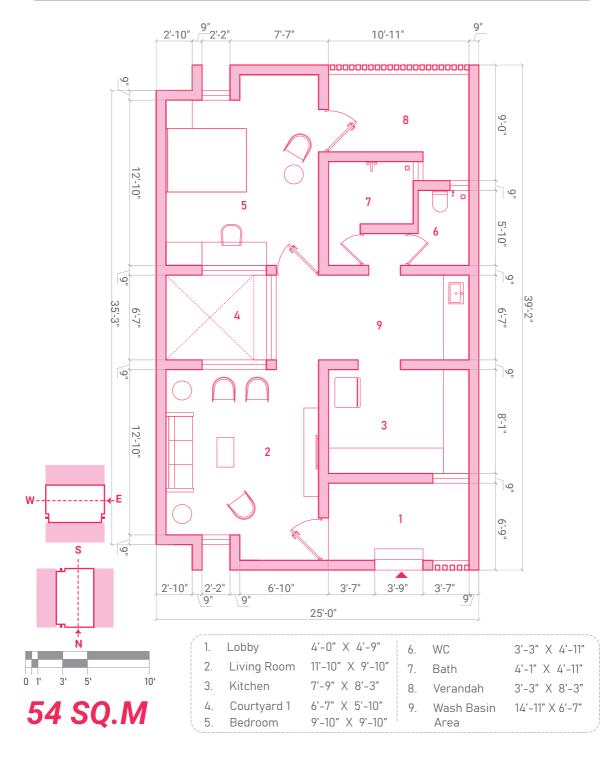
S - TYPOLOGY 1 - INDIVIDUAL HOUSE

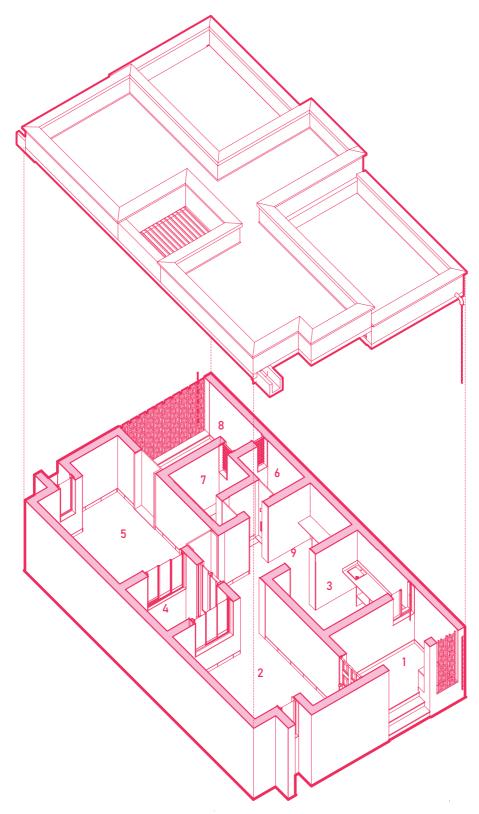






M - TYPOLOGY 2 - ROW HOUSE

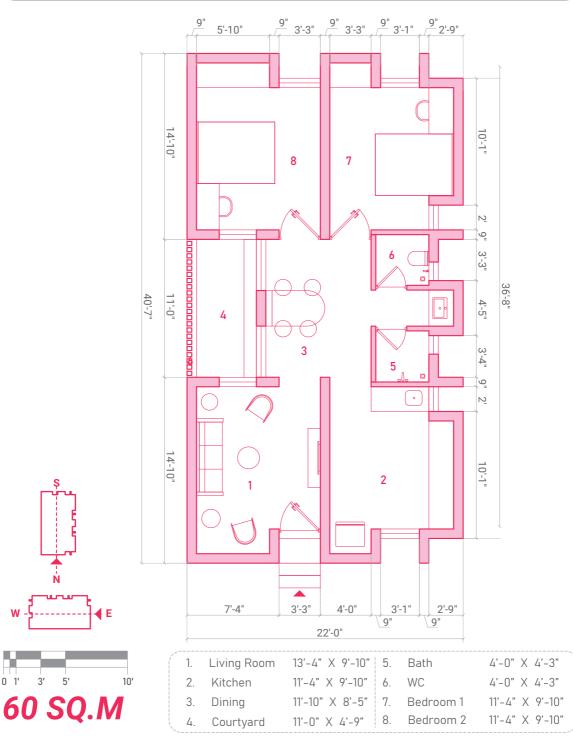


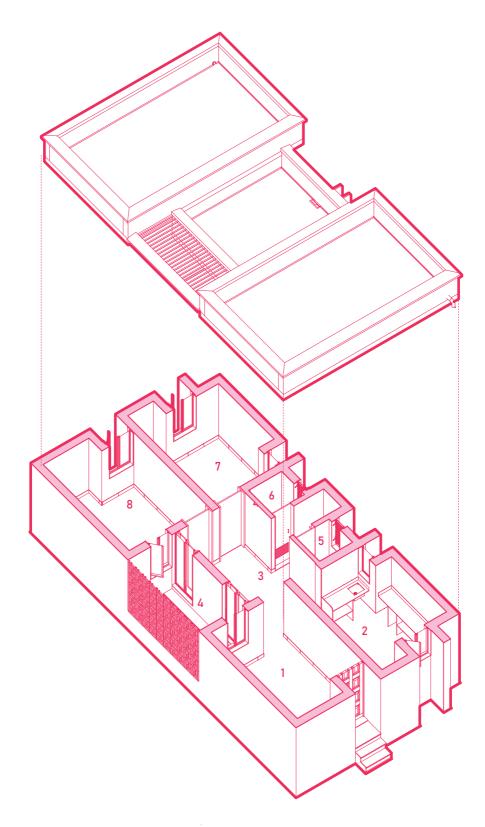


Exploded Axonometric View of the House



L - TYPOLOGY 3 - INDIVIDUAL HOUSE

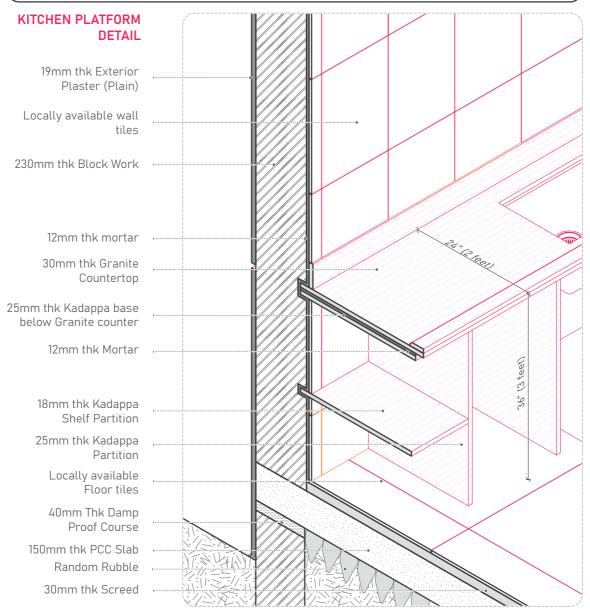




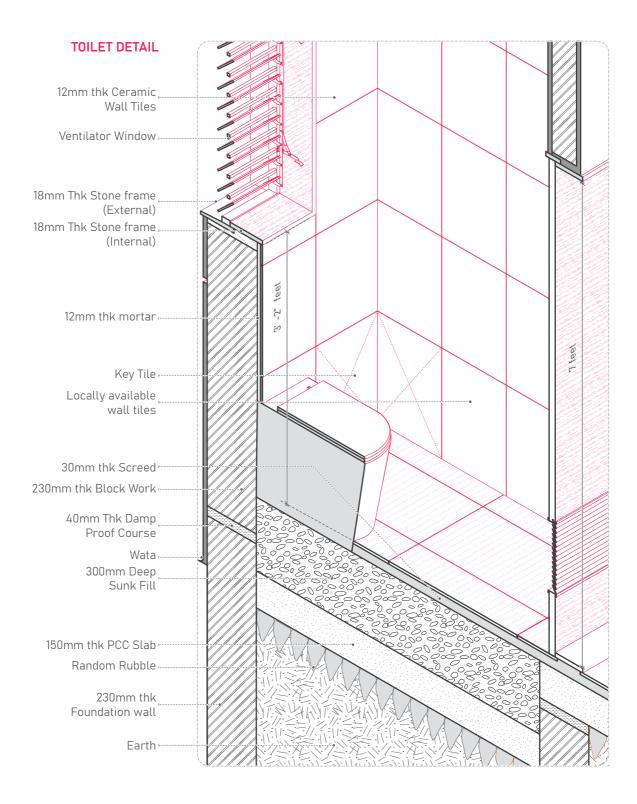




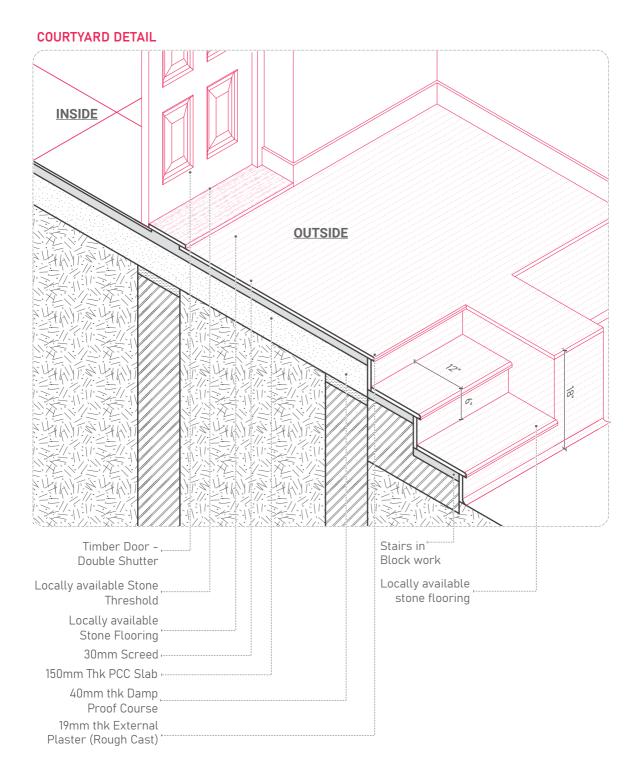
TYPICAL CONSTRUCTION DETAILS







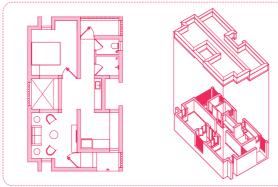






COST ESTIMATES FOR CONSTRUCTION

> BLOCK COST ESTIMATES

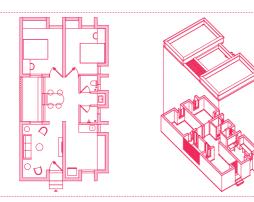


S INDIVIDUAL HOUSE 37 SQ.M

INR 11 to 12 lakhs

M ROW HOUSE 54 SQ.M

INR 12 to 13 lakhs



INDIVIDUAL HOUSE 60 SQ.M

INR 15 to 16 lakhs



ő

The above costs have been defined as per the overall construction industry scenario (costs of material, labour, etc.) in Aurangabad, Maharashtra, as of May 2023. It may vary as per the conditions of the place of construction.

> SUMMARY: BILL OF MATERIALS

Sr. no			ltem		
	ARCHITECTURAL WORKS				
		Earth Work Excavation	1. Excavation: Local		
1			2. Plinth filling		
			3. Rubble soling		
2		Plain Cement Concrete	1. PCC		
3		Reinforced Cement Concrete	1. RCC		
4		Steel Reinforcement	1. Steel re-inforcement: Fe = 500 N/sq.mm		
5		Pest Control	1. Pre-construction anti-termite treatment		
6		Masonry	1. Full-width brick/block		
			2. Half-width brick/block		





297

Units	Individual House 37 sq.m	Row House 54 sq.m	Individual House 60 sq.m
Cum	78	96	91
Cum	45	56	56
Cum	24	32	30
	T		
Cum	20	26	22
Cum	13	18	17
<			
MT	2	2	2
Sqm	63	93	82
·			
Cum	64		80

9

Sqm

Sr. no

ltem

ARCHITECTURAL WORKS

7	Plastering	1. External sand faced plaster
		2. Gypsum plaster
		3. Internal Plaster Rough
8	Waterproofing Works	1. Washroom Water-proofing-Chemical Coating with Protective Coat
		2. Washroom Brick bat coba
		3. Terrace Water-proofing chemical treatment
		4. Terrace Brickbat coba+ with mosaic tile finish on top
9	Painting Work	1. Acrylic emulsion paint
		2. Exterior grade paint

10		Flooring, Skirting, Dado	1. Kota flooring for varandah with entry steps tread and riser
			2. Vitrified tile floor
			3. Vitrified tile dado
			4. Vitrified tile skirting
			5. Window frame in granite
			6. Threshold in granite
			7. Twin granite slab frame
			8. Granite pantry counter
			9. Granite hand wash counter





Units	Individual House 37 sq.m	Row House 54 sq.m	Individual House 60 sq.m
Sqm	210	206	216
Sqm	148	235	171
Sqm	28	20	25
	······		
Sqm	15	23	14
Cum	1	2	1
Sqm	59	59	82
Sqm	59	59	82
	T		
Sqm	207	294	253
Sqm	210	206	216
Sqm	4	5	3
Sqm	45	45	64
Sqm	28	20	25
Rmt	49	70	61
Rmt	40	30	55
Rmt	2	2	2
Rmt	10	10	10
Rmt	4	6	4
Rmt	2	4	1

Sr.

no **ARCHITECTURAL WORKS** 1. Main entry door : 1000mm X 2100mm (single shutter) 2. Bedroom door : 1000mm X 2100mm (single shutter) 3. Washroom door : 750mm X 2100mm (single shutter) 4. Courtyard entry door : 2000mm X 2100mm (single shutter) Doors and 11 Windows 5. Backyard entry door : 900mm X 2100mm (single shutter) 6. Aluminium windows 7. Louvered windows (powder coated) 8. RCC Jali 1. Plumbing works for kitchen 2. Plumbing works for WC and shower 3. PVC nahni traps Plumbing 12 4. Kitchen sink with tap, stop cock, bottle trap, waste coupling Work 5. EWC with concealed flush valve, stop cock, health faucet and bib cock 6. Washbasin with tap, stop cock, bottle trap, waste coupling 7. Shower unit **Miscellaneous** 13 1. Metal Pergola Work 1. Electrical wiring & cabling, switch & sockets, lightfixtures, Electrical 14 Work fan etc Interior work including carpentry furniture, loose furniture, wall **EXCLUSIONS** panelling, false ceiling work Artwork and artefacts

Item

- · External electrical and irrigation work
- · Landscape work, septic tank, compound wall





Units	Individual House 37 sq.m	Row House 54 sq.m	Individual House 60 sq.m
Nos	1	1	1
Nos	1	1	2
Nos	2	2	2
Nos	1	1	2
Sqm	-	1	-
Sqm	7	7	10
Sqm	2	2	2
Sqm	16	11	9
Nos	1	1	1
Nos	2	2	2
Nos	3	3	3
Nos	1	1	1
Sqm	1	1	1
Sqm	1	0	1
Sqm	1	1	1
	· · · · · · · · · · · · · · · · · · ·		
Sqm	4	5	5
	1		
LS	1	1	1

NOTE :

ň

.

For costing estimates on white goods, light, fan, etc., refer to the section 'Sustainable Appliances and Technologies' (pages 33-38).

REFERENCES

- Alpha Pro | Solar Domestic Water Heater in India. (n.d.). Racold. Retrieved February 23, 2023, from https://www.racold.com/solar-water-heaters/alpha-pro
- Bharat Hi-Star® Stove. (n.d.). Bharat Petroleum. Retrieved February 23, 2023, from https://www. bharatpetroleum.in/R-and-D-Centre/Hi-Star-Stove.aspx
- Center for Advanced Research in Building Science and Energy (CARBSE). (2022, September). Climate Smart Buildings Handbook [Training Program on Innovative Construction Technologies & Thermal Comfort in Affordable Housing]. CEPT Research and Development Foundation (CRDF).
- Centre for Advanced Research in Building Sciene and Energy (CARBSE). (November 2022). Thermal performance of Walling Materials and Wall Technology. CEPT Research and Development Foundation, CEPT University.
- CEPT Research and Development Foundation (CRDF). (2022, October). Climate Smart Buildings Training Program on Innovative Construction Technologies & Thermal Comfort in Affordable Housing HANDBOOK.
- Chandra, N. (2023, February 14). How much does Solar Panel Installation Cost in India, 2023. Loom Solar's. Retrieved February 23, 2023, from https://www.loomsolar.com/blogs/collections/solar-panel-installation-cost-in-india
- Difference Between 3 Star and 5 Star AC. (2022, March 8). Everything Better. Retrieved February 23, 2023, from https://www.everythingbetter.in/difference-between-3-star-and-5-star-ac/
- ECO-NIWAS. (n.d.). ECO-NIWAS. Retrieved January 6, 2023, from https://www.econiwas.com/energy-efficiency-in-buildings.html#head3
- Eco-niwas Samhita 2018 (Energy Conservation Building Code for Residential Buildings) (Vol. Part i: Building envelope). (2018). Bureau of Energy Efficiency.
- *Fairconditioning. (n.d.). Window Shape and Sizing Fairconditioning. https://fairconditioning.org/knowledge/passive-design/window-shape-and-sizing/#1500296799565-408a1441-895b*
- Gangwar, G., Kaur, P., & Singh, I. (2020, December 6). A Study of Passive and Active Strategies through Case Studies for the Composite Climate Zone of India. Civil Engineering and Architecture, -(-), -.
- Gov. of India. (2021, 2021). Pradhan Mantri Awas Yojana (Urban)_Housing for All Mission_Scheme Guidelines. Ministry of Housing & Urban Affairs Government of India.
- GRIHA. (2017). GRIHA for Affordable Housing Abridged Manual (Volume 1). GRIHA Council.

- Han, E. (2022, September 13). What Is Impact Measurement? | HBS Online. HBS Online. Retrieved February 21, 2023, from https://online.hbs.edu/blog/post/what-is-impact-measurement
- Handbook of Replicable Designs for Energy Efficient Residential Buildings. (2021, July). Bureau of Energy Efficiency, Ministry of Power, Gov. of India.
- Houzz. (2018, December 16). Cement Plaster vs Gypsum Plaster. Retrieved Feb 7, 2023, from https:// www.houzz.in/magazine/cement-plaster-vs-gypsum-plaster-stsetivw-vs~116271903
- IGBC Rating System for Green Affordable Housing (Pilot Version). (2017, May). Indian Green Building Council (IGBC).
- IGBC's NEST Ecofriendly Self-developed Tenements. (2022, October). Indian Green Building Council (IGBC).
- Kapoor, V. (2023, January 11). Impact of LED lighting on power consumption in India: Opportunities and challenges - ET EnergyWorld. ETEnergyworld.com. Retrieved February 23, 2023, from https://energy.economictimes.indiatimes.com/news/power/impact-of-led-lighting-on-powerconsumption-in-india-opportunities-and-challenges/96904791
- Koopman, A. (2021, July 27). How to grow your own herb garden in any indoor or outdoor space. SFGATE. Retrieved January 12, 2023, from https://homeguides.sfgate.com/grow-herb-garden-indoor-outdoor-13771633.html
- Ministry of Power. (2023, January 5). UJALA UNNAT JYOTI BY AFFORDABLE LEDS FOR ALL 72.18 LAKH TUBELIGHTS 23.59 LAKH FANS 36.86 CRORE LEDS. Retrieved February 23, 2023, from https://static.pib.gov.in/WriteReadData/specificdocs/documents/2023/jan/ doc2023112151401.pdf
- National Policy Roadmap for Home Automation Technologies for Residential Energy Efficiency. (2021, July). Bureau of Energy Efficiency, Ministry of Power, Govt. of India.
- Sathyabama Institute of Science and Technology. (-). Design with Climate. In Design with Climate (-). School of Building and Environment_Department of Architecture.
- What is the difference between BLDC Fans and Normal Fans. (2022, June 14). Crompton. Retrieved February 23, 2023, from https://www.crompton.co.in/blogs/fans/bldc-fan-vs-normal-fan/
- What is VOC? | Zero VOC Paints Kansai Nerolac. (n.d.). Nerolac. Retrieved February 7, 2023, from https://www.nerolac.com/healthy-home-paints/what-is-voc.html

ACKNOWLEDGEMENTS

The following individuals graciously contributed to the reviews, discussions, decisions and content development under this capacity building program.

CLIENTS



PROGRAM DONORS



Schweizerische Eidgenossenschaft Confédération suisse Confederazione Svizzera Confederaziun svizra

Swiss Confederation

Federal Department of Economic Affairs, Education and Research EAER State Secretariat for Economic Affairs SECO





LEAD CONSULTANTS





SUB - CONSULTANTS





•••••••••••••••••••••••••••••••••••••••

 • •
 • •
 • •
 • •
 •••
 • •
 •••
 ••
 •••
 •••
 • •
 •••
 • •
 • •
 •••
 • •
 • •
 •••

