MDB(0)(0)K FOR CLIMATE RESPONSIVE SELF-BUILT

AFFORDABLE HOUSING



TEMPERATE CLIMATE









DISCLAIMER

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Handbook for Climate Responsive Self-Built Affordable Housing

TEMPERATE CLIMATE









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GRAPHICAL GUIDE FOR THE HANDBOOK



Humidity



Rain



Wind



Sunlight



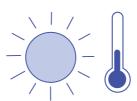
Money / Savings



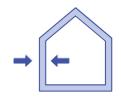
Air Flow



Cool Temperature



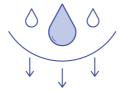
Hot Temperature



Thermal Mass



Compressive Strength



Water Absorption



Weight

WHO IS THIS HANDBOOK FOR?



Aspiring Home Owners

This handbook guides homeowners to build a climate responsive house for the geography it is located in while keeping in mind cost efficiency in building construction to make it affordable. The book also suggests sustainable lifestyle choices and practices at home.



Architect / Engineer

Passive architectural strategies with clear design objectives for a particular climate zone given in this book help architects / engineers / technical representatives from HFCs to achieve a sustainable house with ease. Construction details further help in the execution of design goals.



Along with decision making, this handbook works as a reference for building construction on site with its detailed drawings made with precision and clear design objectives towards climate responsive building.

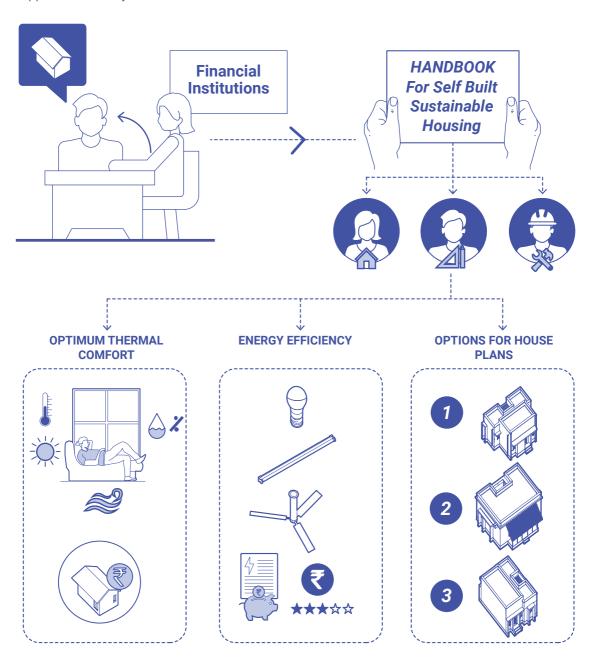


NOTE:

On the top right corner of the page, the icon highlighted in colour depicts for whom the information is applicable.

WHAT IS THIS HANDBOOK ABOUT?

- This illustrative handbook aims to provide guidance to key stakeholders involved in self-built housing (owners, designers and contractors) to develop sustainable affordable homes.
- The handbook lays out design strategies along with solutions for sustainable affordable construction to achieve optimum thermal comfort and energy efficiency in the house.
- -It contains plans for three typologies of houses which can be adapted to different site conditions and context. The book also encourages homeowners to choose sustainable appliances and systems at home.

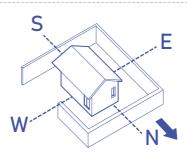


HOW IS THIS HANDBOOK STRUCTURED?

- This handbook begins with macro-level information about geography and design objectives for the particular climate zone. It further delves into specific passive design strategies (micro-level), construction details, material and appliance choices with the aim of achieving comfortable habitat in the given climate zone.
- It is devised into the following segments:



Fundamentals of Temperate Climate



Recommendations at site level





Recommendations at building level







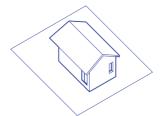
Recommendations for material choices







Recommendations for appliances and systems





Unit typologies

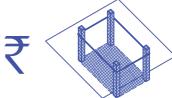






Waste management





Cost estimates for construction

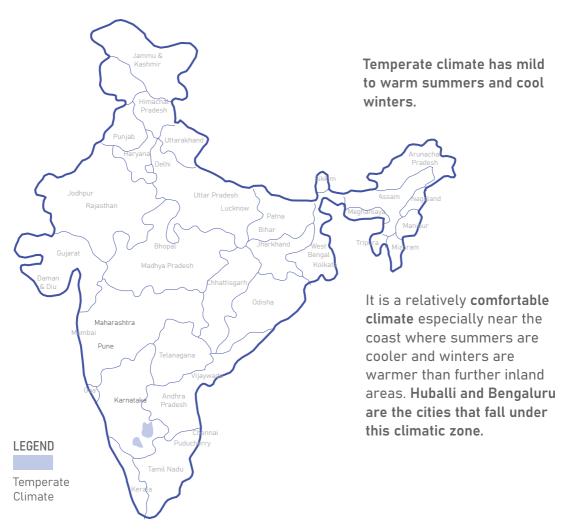
INTRODUCTION TO TEMPERATE CLIMATE ZONE







KNOW YOUR CLIMATE ZONE



Map of India highlighting the **Temperate Climate** region of India







Temperature Range
16 - 34° C
(with little diurnal variations)





High Humidity in monsoon 55% to 90%

Low Humidity for rest of

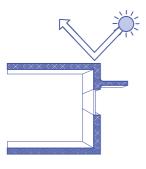
the months 20% to 55%



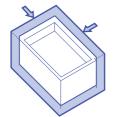




DESIGN OBJECTIVES



Resist Heat Gain in Summer and Resist **Heat Loss** in Winter



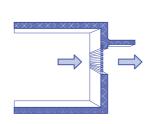
Decrease exposed surface area



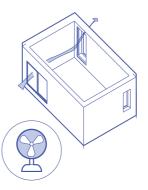
Increase shading and reflectivity



Increase thermal resistance



Promote Heat Loss in Summer and Monsoon



Increasing air exchange rate (crossventilation) throughout day.



Ventilation appliances

PASSIVE DESIGN STRATEGIES

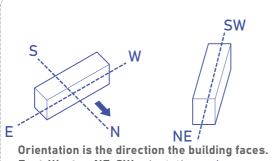




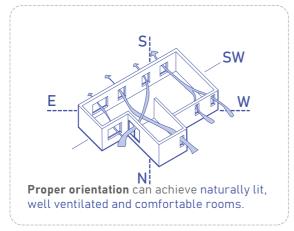


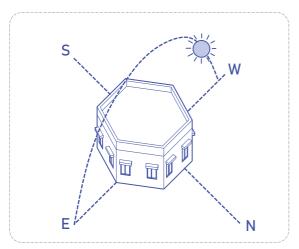
SITE LEVEL

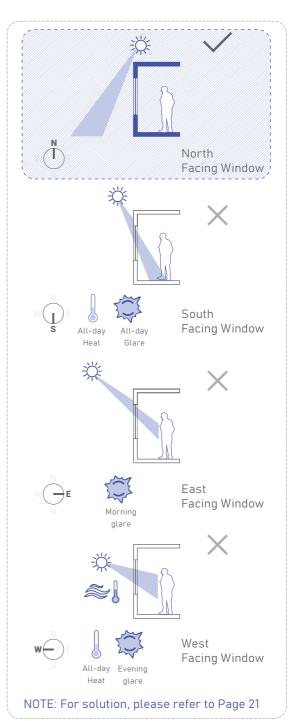
> BUILDING ORIENTATION



East-West or NE-SW orientation reduces solar heat gain by walls and improves building ventilation.









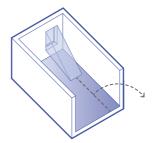




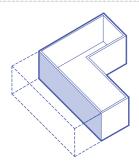
> BUILDING COMPACTNESS



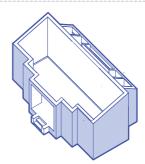
Frequently used spaces that must be well-lit, such as living rooms, should face North-South.



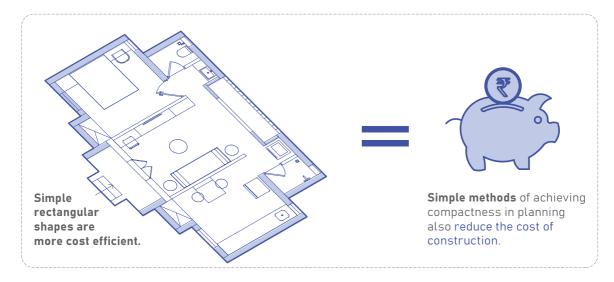
Very large or deep rooms should be avoided because the brightness of light diminishes while moving away from a window.



Adjacent units can **share walls** and thereby reduce their exposure to the outside.



The building should be enclosed, compact and inward-looking to reduce sun-exposure.



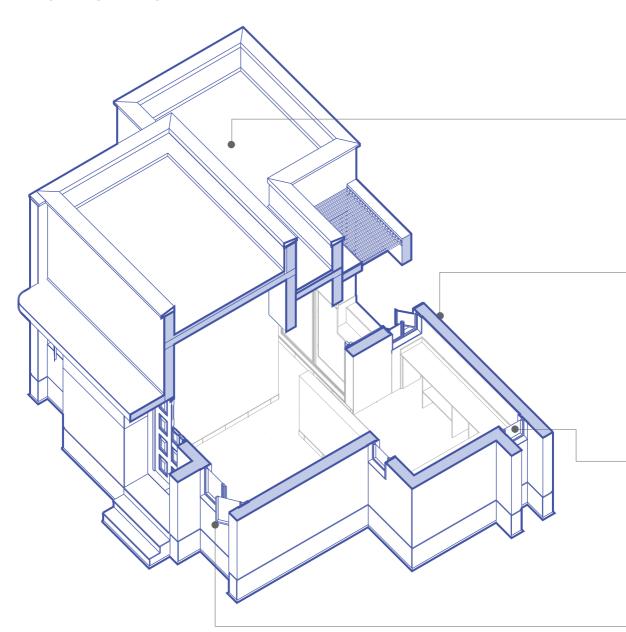






BUILDING LEVEL

> BUILDING ENVELOPE









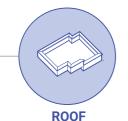
Building Envelope

Thermal Comfort

Natural Ventilation

Shading

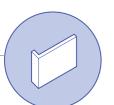
Insulation





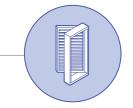






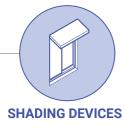
EXTERNAL WALLS







FENESTRATIONS - WINDOW











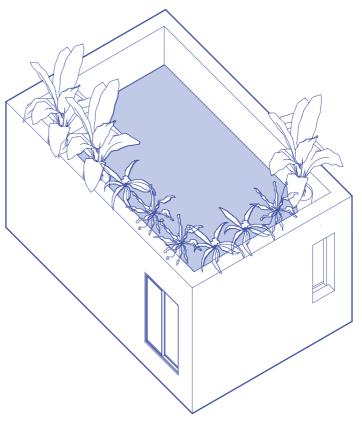
BUILDING LEVEL

> ROOFING STRATEGIES WITH CONSTRUCTION DETAILS

OPTION - 1

GREEN ROOF

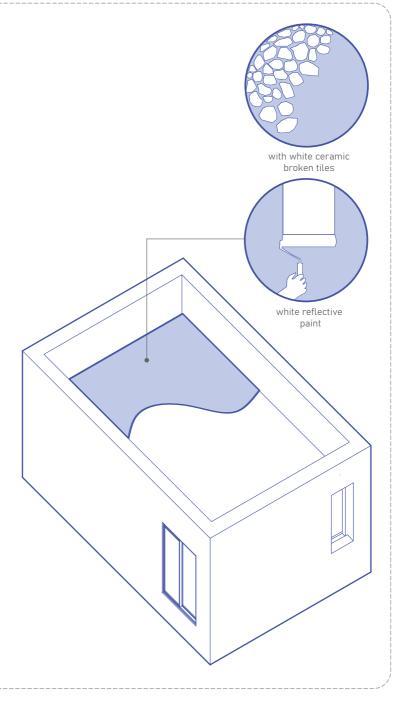
Green roofs are gardens cultivated on terraces. The soil and the plants will help insulate the roof, reducing overall heating and cooling costs. These roofs can reduce the 'urban heat island' effect. In increasingly urbanised spaces, Green roofs also provide easily accessible green spaces.



OPTION - 2

REFLECTIVE SURFACE

Applying white reflective paint on the roof or using white ceramic broken tiles improves reflectivity of the surface. It reduces heat gain and makes the indoors comfortable.



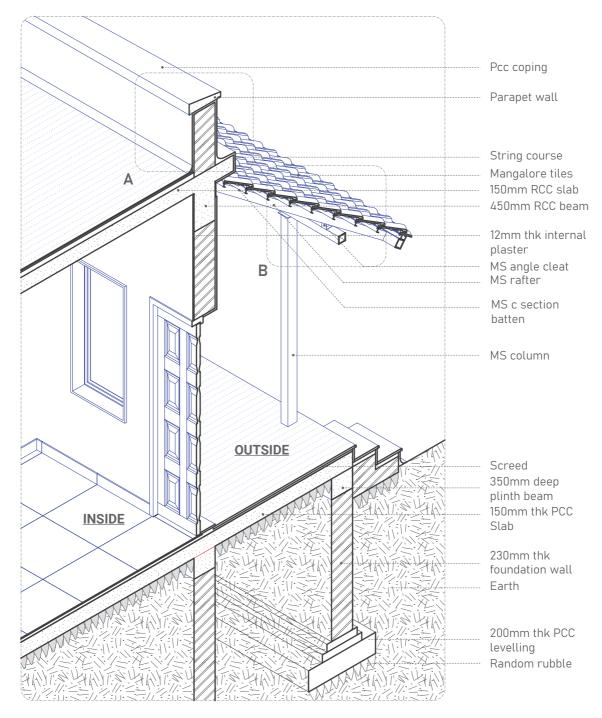






BUILDING LEVEL

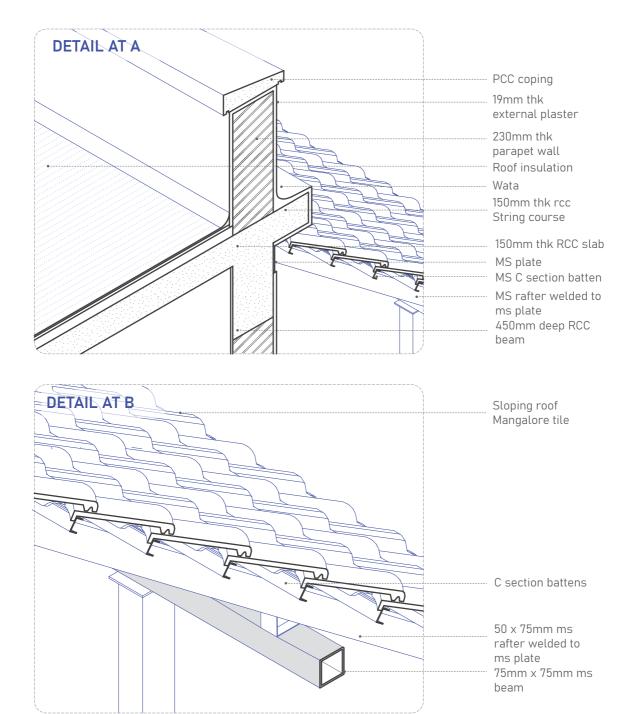
> ROOFING STRATEGIES WITH CONSTRUCTION DETAILS













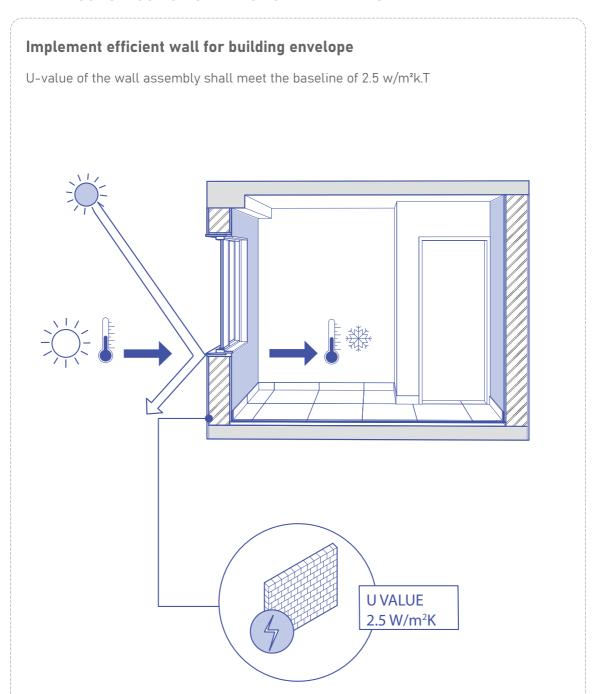






BUILDING LEVEL

> WALL CONSTRUCTION STRATEGIES WITH DETAILS

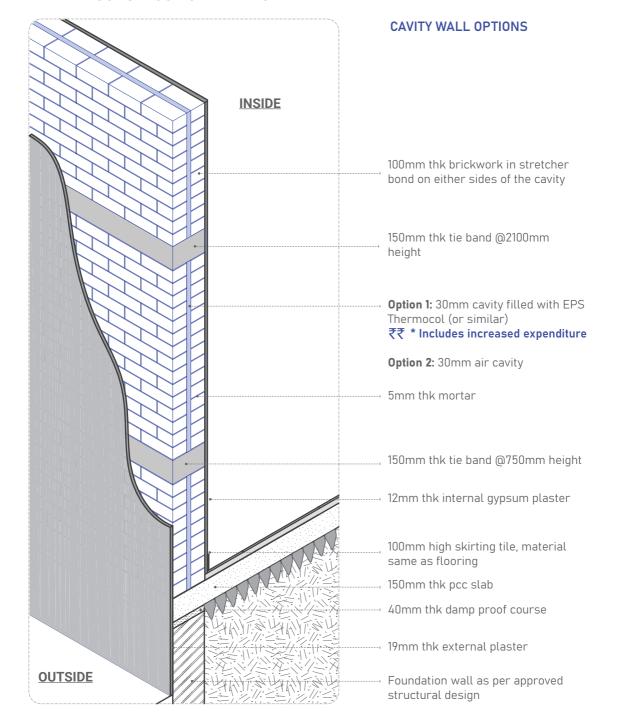








> WALL CONSTRUCTION DETAILS



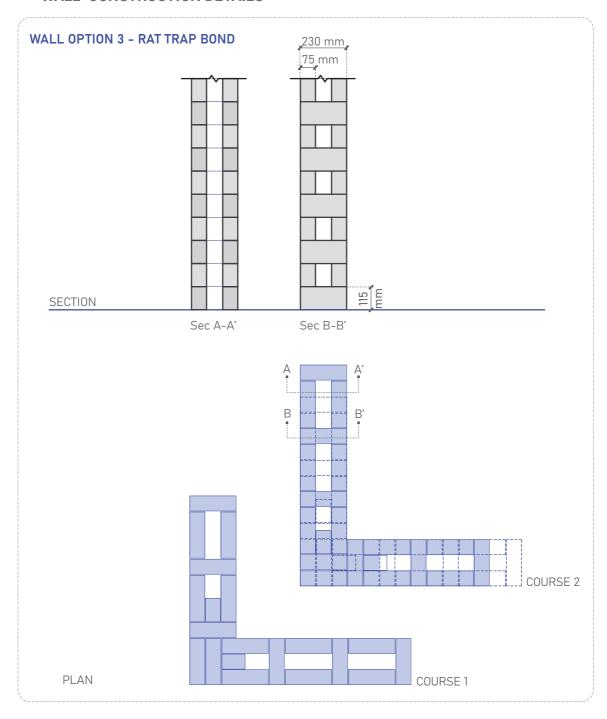






BUILDING LEVEL

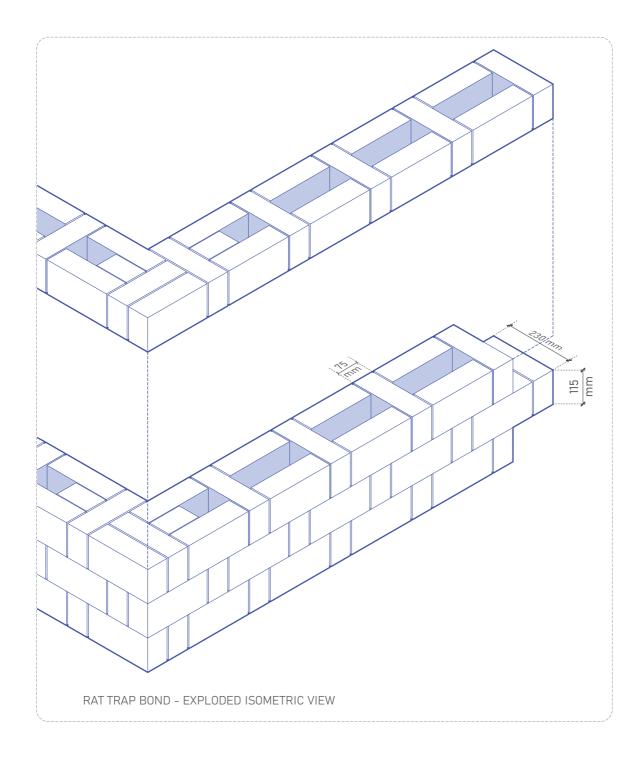
> WALL CONSTRUCTION DETAILS











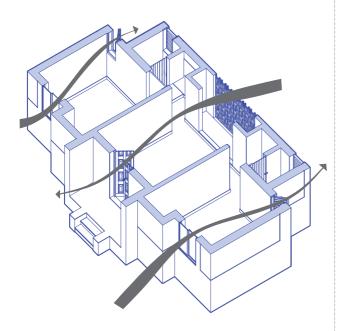


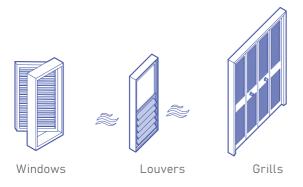




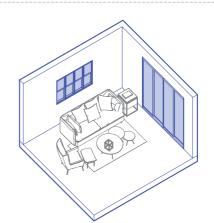
> FENESTRATIONS WITH WWR RECOMMENDATIONS

Window to Wall ratio (WWR) is a critical aspect of passive design strategies to achieve energy efficiency and thermal comfort.

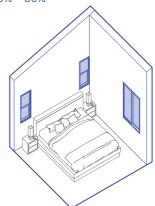




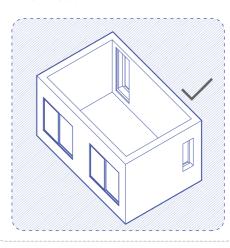
For a Temperate Climatic zone, WWR should be should be at least 17%. Higher percentage is better.



Recommended WWR for Living Room = 20% - 30%



Recommended **WWR for Bedoom** = 10% - 30%







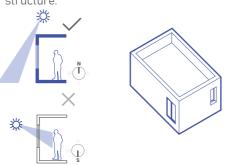




HOW TO CALCULATE WWR?

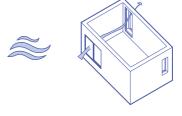
STEP 1 >>>>

Decide window placement on the building as per orientation recommendations and building



STEP 2 >>>>

Decide window positions for a each room for cross ventilation to maximise natural ventilation



STEP 3 >>>>

Determine window size on each wall as per respective recommended WWRs for your climate zone. As follows.

Wall Area(sq.ft) X WWR(%) = Area for Window(sq.ft)

STEP 4 >>>>

Based on the calculated area, one can decide dimensions for the window considering bedroom size, building structure and orientation



Based on the above calculated area and considering **bedroom** size, building structure and orientation, Window of size 6' x 4' can be placed in the direction bringing least amount of glare and heat in the bedroom.

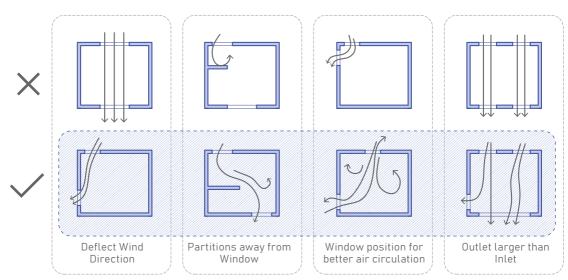


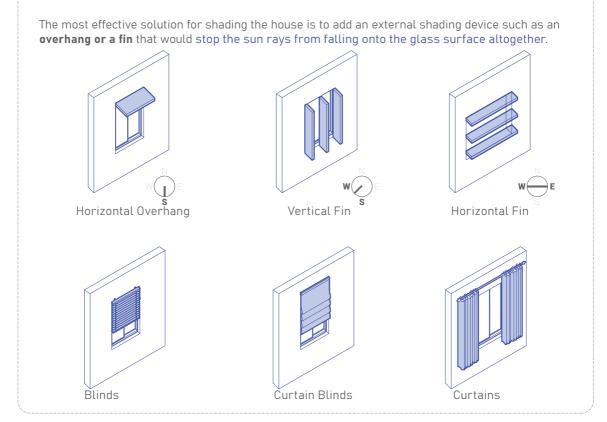




> NATURAL VENTILATION STRATEGIES AND SHADING

WINDOW PLACEMENTS











SHADOW ANGLES



Angle



12 PM



3 PM

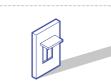


6 PM

0.



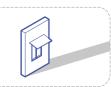




10



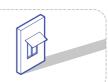




20°







West Direction

Angle



12 PM



3 PM



6 PM

0.







10°







20





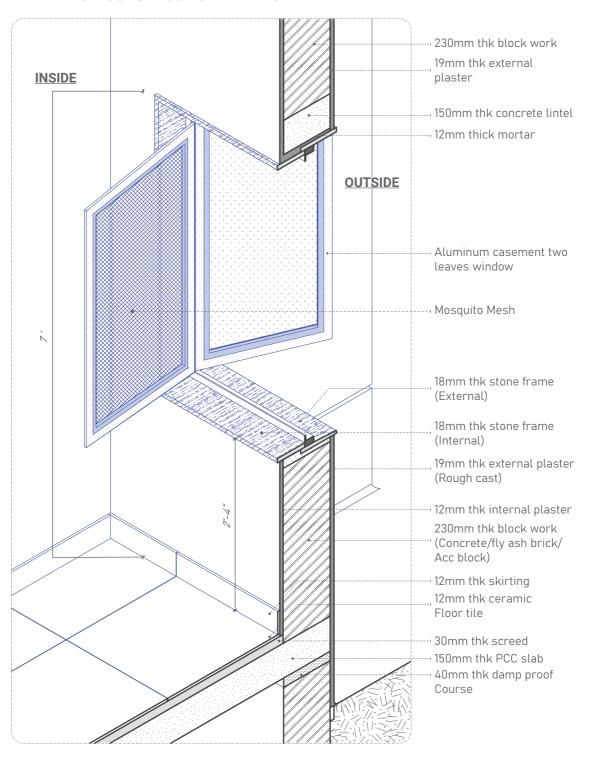




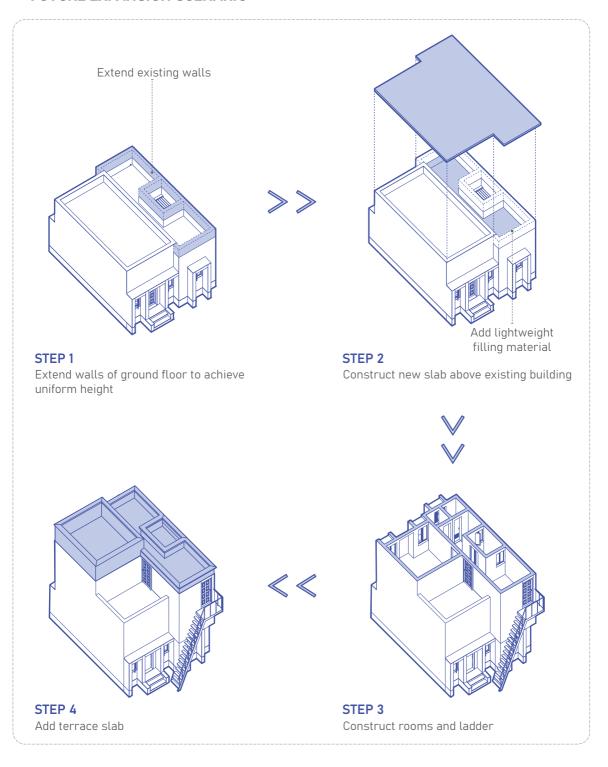




> WINDOW CONSTRUCTION DETAILS



> FUTURE EXPANSION SCENARIO



SUSTAINABLE MATERIAL **CHOICES**







WALLING MATERIAL







The use of fly ash (a by-product of coal combustion) as an alternative to fired clay bricks in building construction is being promoted by the government and its availability has increased during the last two decades, particularly in the urban areas.





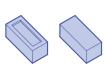




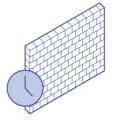




Solid concrete block and autoclaved aerated concrete (AAC) blocks are also widely used non-fired bricks.











The traditional red clay brick is a time-tested walling material of choice.







Types of brick

Remarks

PHYSICAL

THERMAL

APPLICATIONS



Clay Fired (Extruded)





Concrete brick and block



Calcium silicate brick



Low water absorption



High compressive strength



High thermal conductivity



High thermal mass.



Suitable for load bearing construction



High dead load





Disadvantage for mid- and high-rise buildings.



Clay Fired (Hand Moulded)



Flv ash brick



Compressed Stabilised Earth Blocks



C&D waste brick



Surkhi brick



Medium water absorption



Medium compressive strength



Medium thermal conductivity



Medium thermal mass.



Suitable for load bearing construction



Suitable for Framed construction







Types of brick

Remarks

PHYSICAL

THERMAL

APPLICATIONS



AAC blocks



CLC blocks



Expanded Clay Aggregate Brick



High water absorption



Low compressive strength



Low thermal conductivity



Low thermal mass.



Not Suitable for load bearing construction



Suitable for mid and high rise buildings



Low weight



Savings in Construction

Based on above types and characteristics, below are recommendations for choosing bricks for warm and humid climate



Fly Ash Brick



Compressed Stabilized Earth Blocks



Surkhi brick



C&D waste brick



AAC blocks



CLC blocks



Clay Fired (Hand Moulded)

Most to least preferred choices







PLASTER - INTERNAL WALLS











Factory made

Powdered gypsum plaster

Water

Mixed to form a ready paste

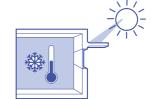
Applied on ceiling and walls



Gypsum has low thermal conductivity



It keeps indoors warm during the cold months



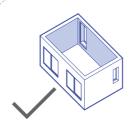
Cooler during the warm summer



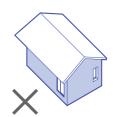
Highly resistant to mold and mildew when ventilated.



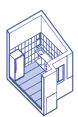
Fire resistant

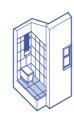


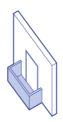
Suitable for interiors of building

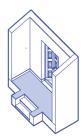


Not suitable for exteriors









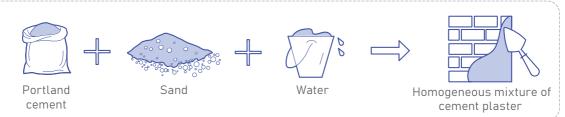
Gypsum plaster **should not be used** in moisture-laden areas like the bathrooms, kitchens, balconies or damp basements. Instead, cement plaster should be used.

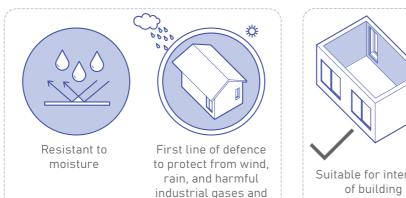




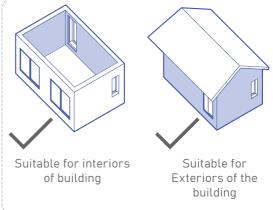


PLASTER - EXTERNAL WALLS AND WET AREAS

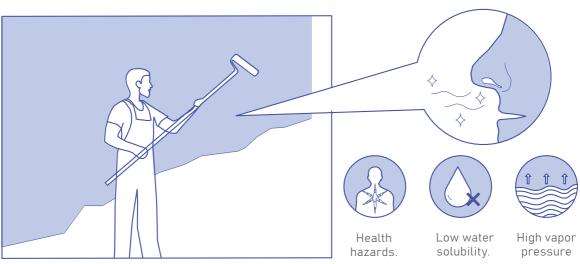




vehicular pollution.



PAINTS - INTERNAL AND EXTERNAL WALLS



The **smell of freshly painted room** or surface experienced is the result of Volatile Organic Compounds (VOCs) in paint.







LOW VOC PAINT



VOC paint



Should not Inhale



Not good For health



Low VOC paint



Breathable



Healthy



Eco friendly



Water Based paint



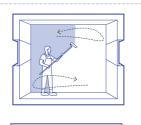
Breathable

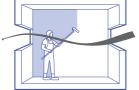


Pigments Dissolved in water



Waterbased





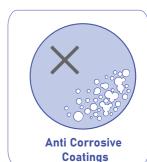
During painting, a proper circulation of fresh air while using agents that release vocs can be a great tactic to reduce the harmful effects.

One should ensure to ventilate the **rooms** well so that the vocs in paint don't continue to circulate indoors.

VOC of interior and exterior coating, as per GRIHA (2017) for affordable housing abridged manual.







Coating type

VOC weight in grams/litre of product minus water

VOC weight in grams/litre of product minus water

Non Flat

< 150

< 100

Flat

< 50

< 200

Gloss/Semi Gloss/ Flat

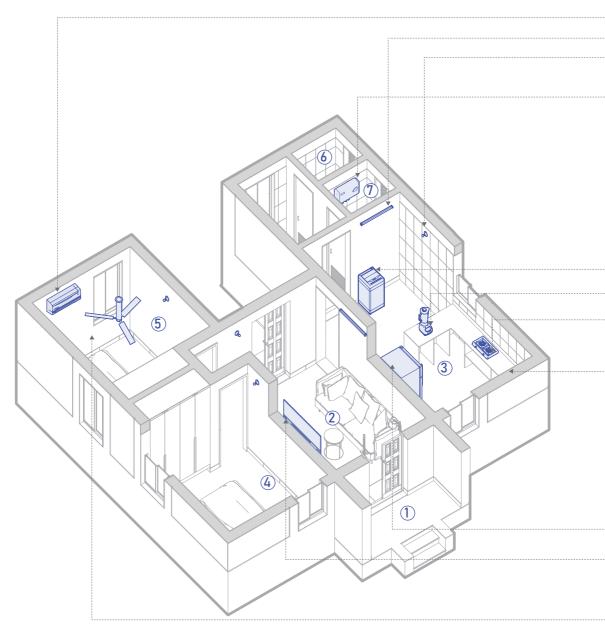
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SUSTAINABLE APPLIANCES AND TECHNOLOGIES







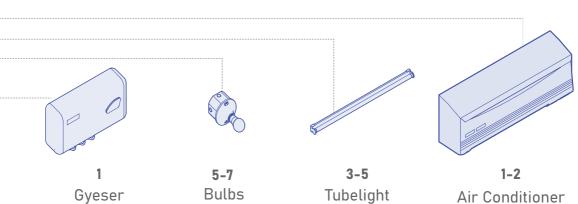


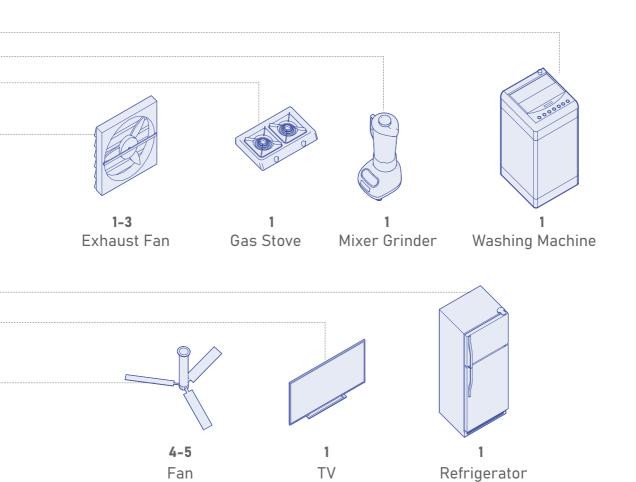
- Verandah 1.
- 2. Living Room
- 3. Kitchen
- Bedroom 1
- 5. Bedroom 2
- 6. WC
- 7. Bath

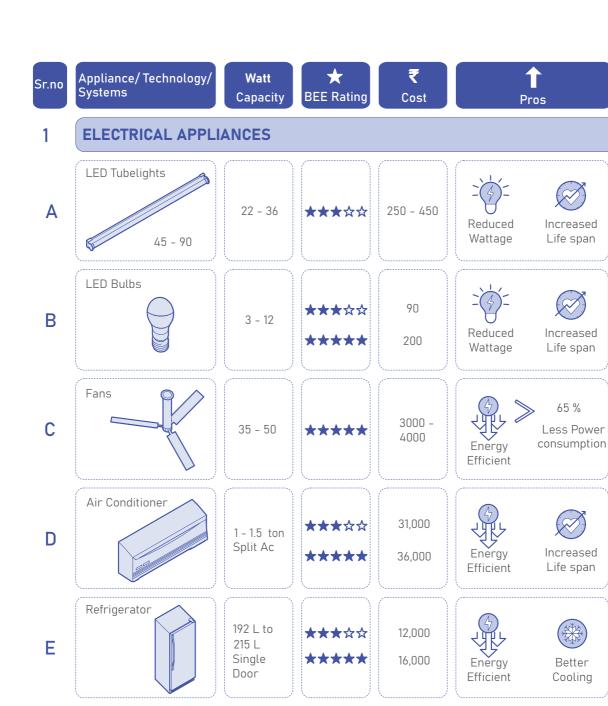
















15 - 25L



5,700

7.000





Better

65 %

Sufficient for a family of 4







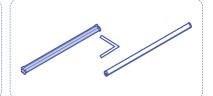








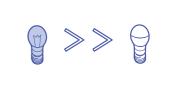






Initial Cost is more







Initial Cost is more







Initial Cost is more







Initial Cost is more









more KV

60,000

per KV

100 - 200 units per month















Initial Cost is more



10 % Annual Savings





Initial Cost is more





20 % Annual Savings

-[]



Initial Cost is more





30 % Annual Savings



Initial Cost is more







One Cylinder Per year



Initial Cost is more

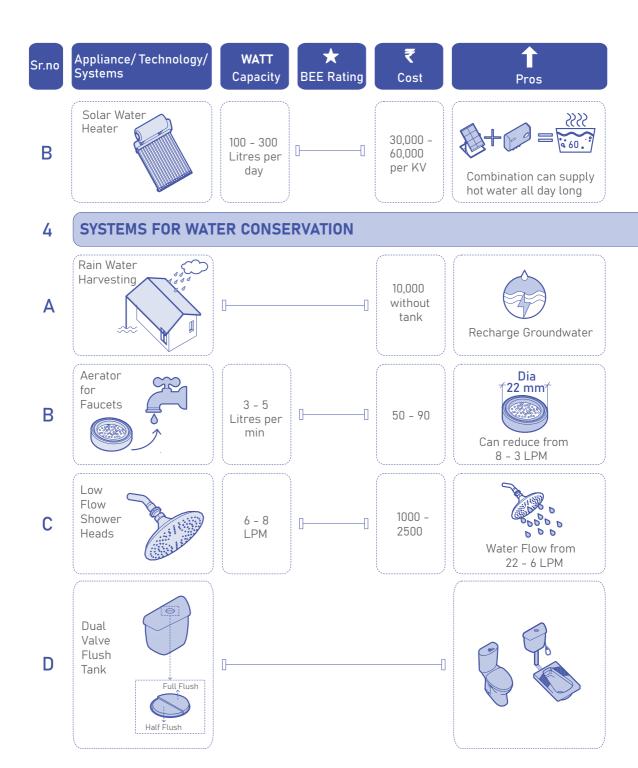




14400 Units Per year



Installation Optional

















Initial Cost is more





80%

Savings compared to normal Gyeser



Installation Optional





Recharge Groundwater



Installation Optional



Initial Cost is more



22,500 L Eventually saving on water bill







NOTE:

The above costs of the goods and systems have been defined as per the market scenario as of May 2023. It may vary over time and place.

WASTE MANAGEMENT AT HOME







1. WASTE SEGREGATION



Waste segregation at homes is one of the best methods to reduce the burden on those handling the waste.



Food waste garden waste



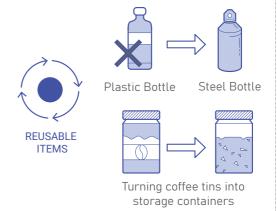
Glass Paper



Plastic Non-degradable waste

2. REUSE

- -Invest in reusable products
- -Utilise products with multiple uses
- -Minimise waste generation
- -Keep waste away from landfills



3. RECYCLE

Recycling can be defined as turning any kind of waste into something new or useful.



ITEMS











4. REDUCE

Reducing waste is more of an attitude that can be followed while dealing with food, paper and plastic.















Reusing Newspaper as wrapping paper for Gifts







5. COMPOSTING







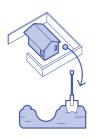
Composting is one of the best solid waste disposal methods when it comes to households, prepare the compost pile and allow the living microorganisms to break down the organic waste materials. The compost, once ready, can be used for improving soil quality and plant growth.

HOW TO START COMPOSTING?

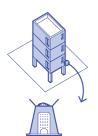
It is interesting to note that 40% - 50% of the waste produced in households is organic. Thus, composting can be done by anyone living anywhere by following the simple steps mentioned below.

STEP 1

Finding a place ???



Case 1 - open plot To dig a pit



Case 2 - residence Perforated bin

STEP 2

Collecting the waste

Green waste





Kitchen waste



Dried leaves

Brown waste



Saw dust



Shredded paper



Cardboard

STEP 3

Storing the waste and decomposing



Layering green and brown waste





Green waste Adds nitrogen





Brown waste adds Carbon rich



Browns to greens ration

STEP 4

Waiting for compost to get ready



Resting for sometime



Mixing pile using stick







Optimal moisture and temperature level





Ready when smells woody and fresh





Months

Months

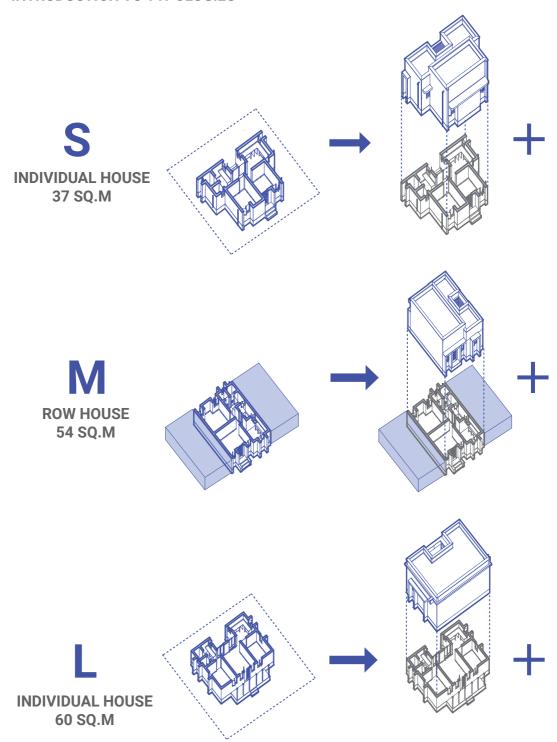
ARCHITECTURAL **DRAWINGS - PLANS**







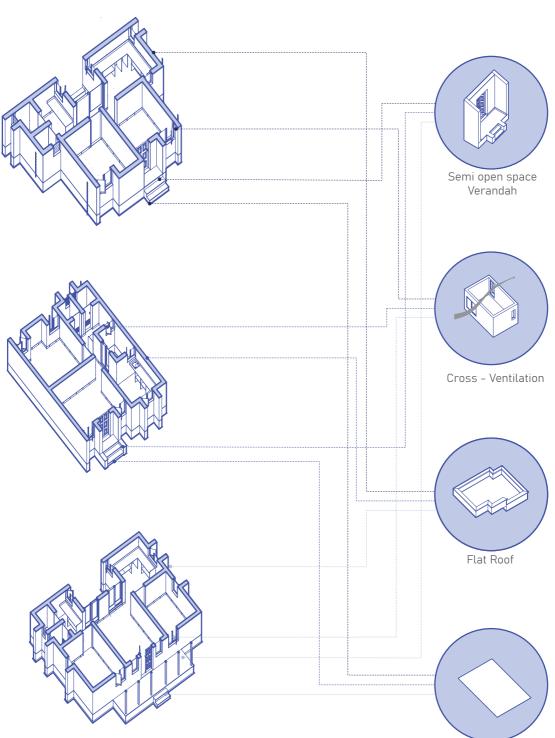
> INTRODUCTION TO TYPOLOGIES











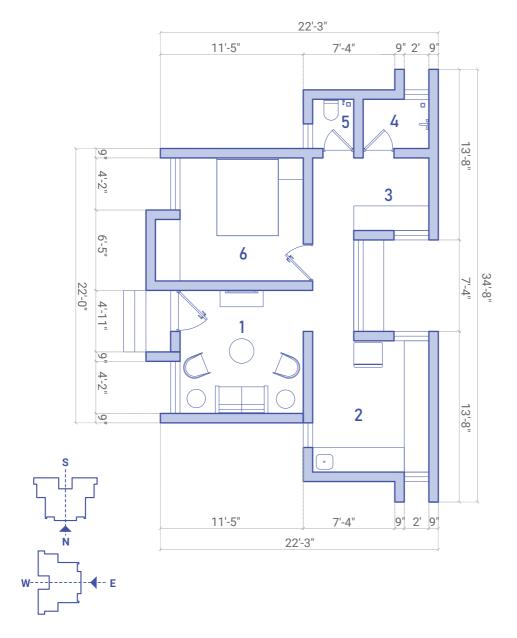
Small Footprint

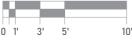






S - TYPOLOGY 1 - INDIVIDUAL HOUSE





37 SQ.M

9'-10" X 9'-10" Living Room

Kitchen 10'-6" X 9'-4"

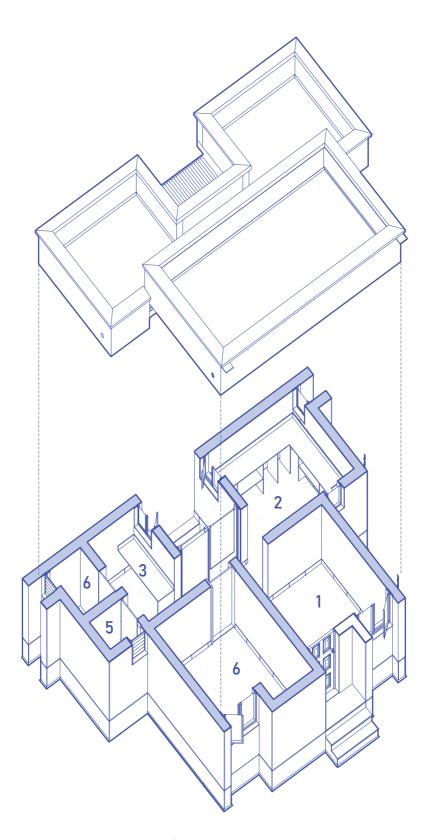
3. WashBasin 5'-10" X 6'-0" 4. Bath 3'-11" X 5'-3"

5.

WC 3'-11" X 3'-3"

Bedroom 1

9'-10" X 9'-10"



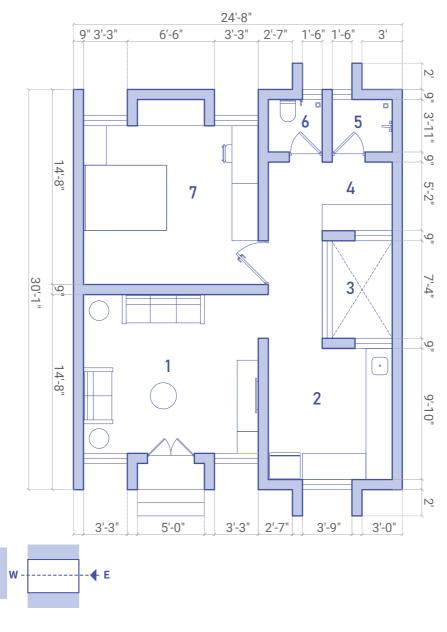
Exploded Axonometric View of the House







M - TYPOLOGY 2 - ROW HOUSE



N

S

54 SQ.M

1. 11'-11" X 13'-1" Living Room

9'-10" X 9'-4" 2. Kitchen

3. 7'-4" X 4'-6" Courtyard

5'-2" X 5'-3" WashBasin

Bath

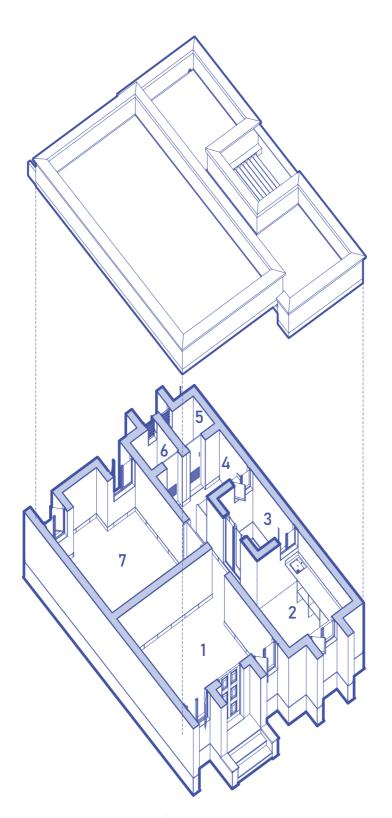
3'-11" X 4'-6"

6. WC

3'-11" X 4'-0"

Bedroom 1

11'-11" X 13'-1"



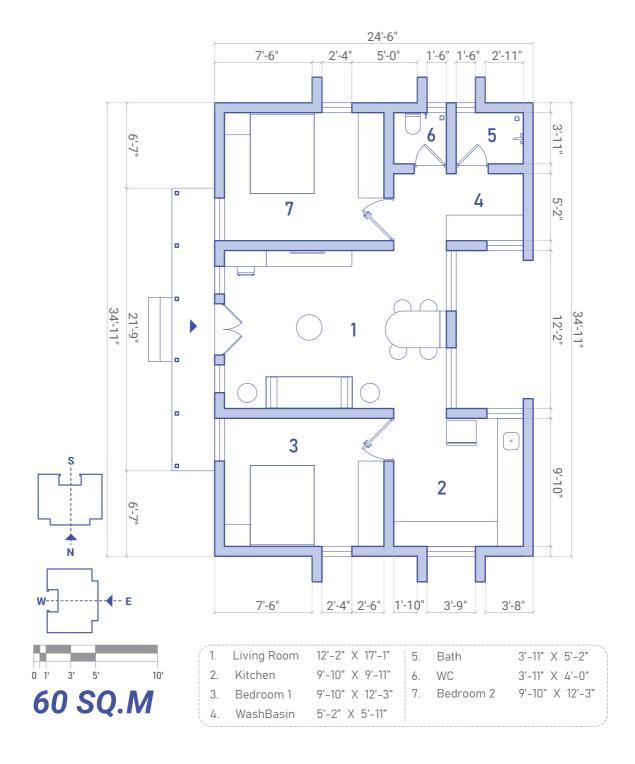
Exploded Axonometric View of the House

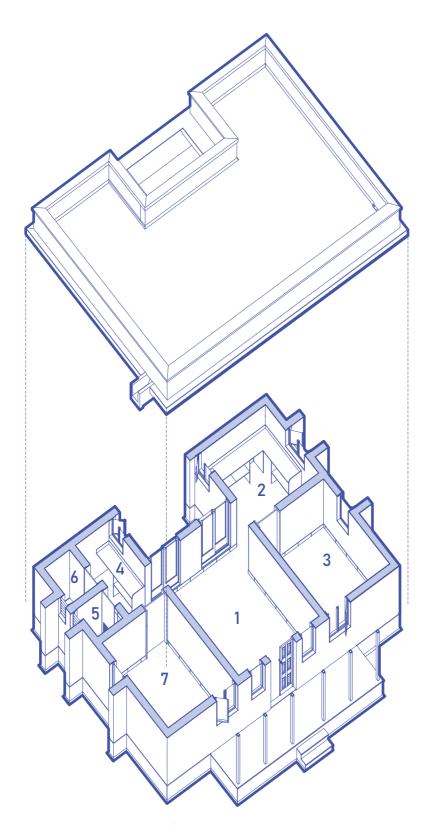






L - TYPOLOGY 3 - INDIVIDUAL HOUSE





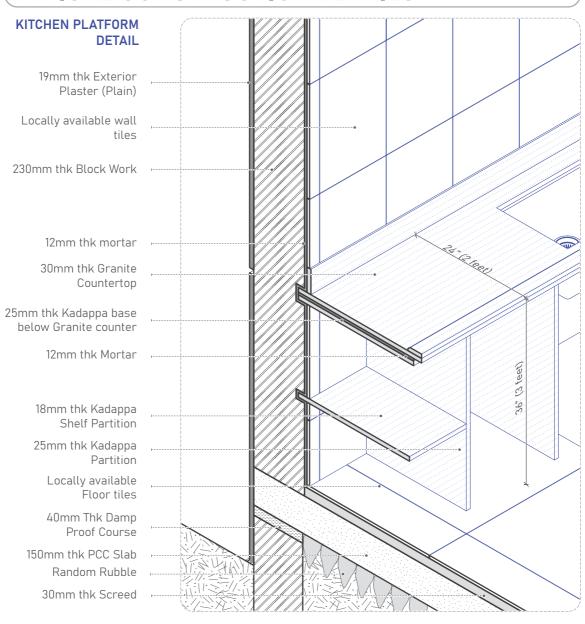
Exploded Axonometric View of the House







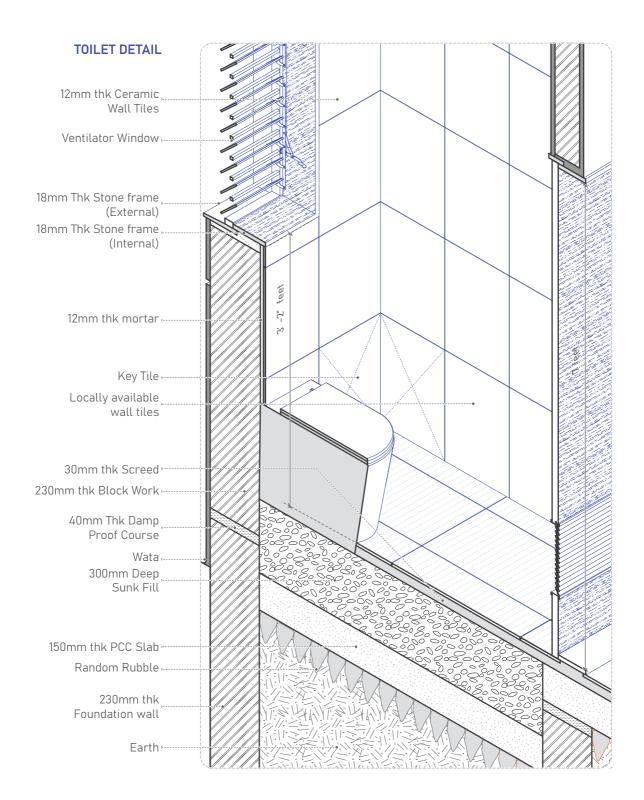
TYPICAL CONSTRUCTION DETAILS









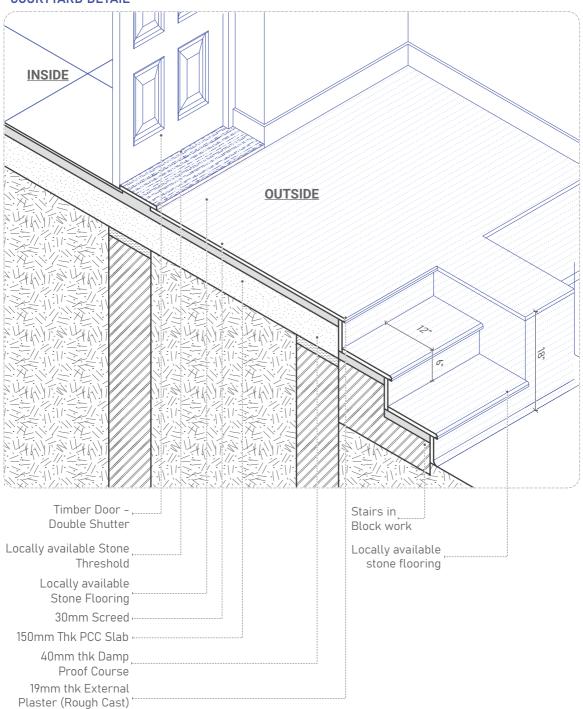








COURTYARD DETAIL



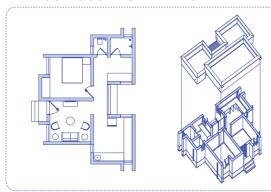






COST ESTIMATES FOR CONSTRUCTION

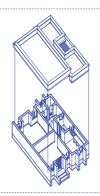
> BLOCK COST ESTIMATES



S INDIVIDUAL HOUSE 37 SQ.M

INR 10.5 to 11.5 lakhs

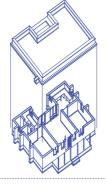




ROW HOUSE 56 SQ.M

INR 13.5 to 14.5 lakhs





L INDIVIDUAL HOUSE 60 SQ.M

INR 16.5 to 17.5 lakhs



NOTE:

The above costs have been defined as per the overall construction industry scenario (costs of material, labour, etc.) in Huballi, Karnataka, as of May 2023. It may vary as per the conditions of the place of construction.

> SUMMARY: BILL OF MATERIALS

> SUMMARY: BILL OF MATERIALS			
Sr.	ltem		
	ARCHITECTURAL V	VORKS	
1		Earth Work Excavation	1. Excavation: Local 2. Diliph filling
'	Exc		Plinth filling Rubble soling
2		in Cement ncrete	1. PCC Work
3	Cen	nforced nent icrete	1. RCC
4	Ster Rein	el nforcement	1. Steel re-inforcement: Fe = 500 N/sq.mm
5	Pes	t Control	Pre-construction anti-termite treatment
6	Mas	sonry	1. Full-width brick/block







Units

Individual House 37 sq.m

Row House 54 sq.m

Individual House 60 sq.m

Cum	70	73	78
Cum	40	42	48
Cum	21	22	29
<i></i>			
Cum	19	18	21
<u> </u>			
Cum	19	19	22
Guiii	"	"	22
<u> </u>			L
MT	2	2	2
Sqm	55	71	84
<u> </u>			
Cum	62	64	69
<u> </u>	<u> </u>		L

Item

ARCHITECTURAL WORKS

7



Plastering

- 1. External sand faced plaster
- 2. Internal gypsum plaster
- 3. Internal Plaster Rough



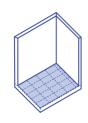
Waterproofing Works

- 1. Washroom water-proofing: Chemical coating with protective coat
- 2. Washroom brick bat coba
- 3. Terrace water-proofing chemical treatment
- 4. Terrace brickbat coba + with mosaic tile finish on top



Painting Work

- 1. Acrylic emulsion paint
- 2. Exterior grade paint



Flooring, Skirting, Dado

- 1. Kota flooring for varandah with entry steps tread and riser
- 2. Vitrified tile floor
- 3. Vitrified tile dado
- 4. Vitrified tile skirting
- 5. Window frame in granite
- 6. Threshold in granite
- 7. Twin granite slab frame
- 8. Granite pantry counter
- 9. Granite hand wash counter

10







Units

Individual House 37 sq.m

Row House 54 sq.m

Individual House 60 sq.m

Sqm	177	193	191
Sqm	123	156	167
Sqm	28	27	31
Sqm	14	14	15
Cum	1	1	1
Sqm	54	56	84
Sqm	54	56	84
		·	,
Sqm	182	215	252
Sqm	177	193	191
Sqm	3	2	10
Sqm	44	56	71
Sqm	29	27	32
Rmt	44	70	66
Rmt	48	46	67
Rmt	2	2	2
Rmt	10	10	10
Rmt	6	5	6
Rmt	2	2	2

no

Item

ARCHITECTURAL WORKS

11



Doors and Windows

- 1. Main entry door: 1000mm X 2100mm (single shutter)
- 2. Bedroom door: 1000mm X 2100mm (single shutter)
- 3. Washroom door: 750mm X 2100mm (single shutter)
- 4. Courtyard entry door: 2200mm X 2100mm
- 5. Aluminium windows
- 6. Louvered windows (powder coated)

12



Plumbing

- 1. Plumbing works for kitchen
- 2. Plumbing works for WC and shower
- 3. PVC nahni traps
- 4. Kitchen sink with tap, stop cock, bottle trap, waste coupling
- 5. EWC with concealed flush valve, stop cock, health faucet and bib cock
- 6. Washbasin with tap, stop cock, bottle trap, waste coupling
- 7. Shower unit

13



Miscellaneous Work

1. Metal pergola

14



Electrical Work

1. Electrical wiring & cabling, switch & sockets, lightfixtures, fan etc

EXCLUSIONS

- Interior work including carpentry furniture, loose furniture, wall panelling, false ceiling work
- Artwork and artefacts
- External electrical and irrigation work
- Landscape work, septic tank, compound wall







Units

Individual House 37 sq.m

Row House 54 sq.m

Individual House 60 sq.m

Nos	1	1	1
Nos	1	1	2
Nos	2	2	2
Nos	1	1	2
Sqm	7	17	10
Sqm	2	2	2
Nos	1	1	1
Nos	2	2	2
Nos	3	3	3
Nos	1	1	1
Sqm	1	1	1
Sqm	1	0	1
Sqm	1	1	1
Sqm	4	4	8
LS	1	1	1



NOTE:

For costing estimates on white goods, light, fan, etc., refer to the section 'Sustainable Appliances and Technologies' (pages 33-38).

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The following individuals graciously contributed to the reviews, discussions, decisions and content development under this capacity building program.

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