



**INTERNATIONAL JUDO FEDERATION
FEDERATION INTERNATIONALE DE JUDO
FEDERACION INTERNACIONAL DE JUDO**

EDUCATION AND COACHING COMMISSION

BRIEF OVERVIEW MASTER COACH LICENCE AWARD PROJECT

1. This special license is awarded to active coaches with exemplary profession and experience in judo Coaching who have obtained extraordinary results by their athletes.
2. 15th May 2024: deadline to apply for a master coach licence award.
3. All the applicants need to be tested online by the end of the year.
4. The IJF Academy will organize the online knowledge testing on the following subjects:
 - Coaching principles
 - Role of the coach
 - Training methodology
 - Biomechanics
 - Understanding body physiology
 - Nutrition and hydration
 - Tachi waza progression
 - Ne-waza progression
 - Injury prevention
 - Nage no kata
 - Psychology of the sport
 - First aid and safety
 - Refereeing rules
 - SOR competition rules
5. All coaches need to have a master coach licence or graduate from IJF Academy to coach on World Judo Tour events. This will apply from 1st September 2024.
6. A total of 158 applications were approved. They represent 50 countries as shown in the attached table.