



THE ILDSA FEMALE SWIMMER OF THE YEAR AWARD

This ILDSA Award is for a female swimmer Age 18 + in the year of the swim, who has demonstrated outstanding achievements with respect to marathon swimming during this season. This could include the number of marathon swims completed, distance swam, triple crown accolades and may also have demonstrated significant contribution to their community as part of their achievements.

SEASON/ AWARDS YEAR	WINNER
2017	Carol Cashell
2018	Lisa Cummins
2019	Rachael Lee
2020	No Awards
2021	Elaine Burrows Dillane
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2023	Patricia Heffernan