



THE ILDSA PERFORMANCE OF THE YEAR AWARD

The most impressive swim with extra credit given for longest distance, difficulty, step up from the swimmer's previous best.

SEASON/ AWARDS YEAR	WINNERS
2019	Team Gavin Glynn Irish Sea
2020	No Awards
2021	The Rockys (Alex Rathkie & Padric Rocliffe)
2022	Team Bits Missing North Channel Relay (David Burke, Jonathan Warneken, Kate Sunley, Andrew Smith, Mary Clewlow-Self)
2023	