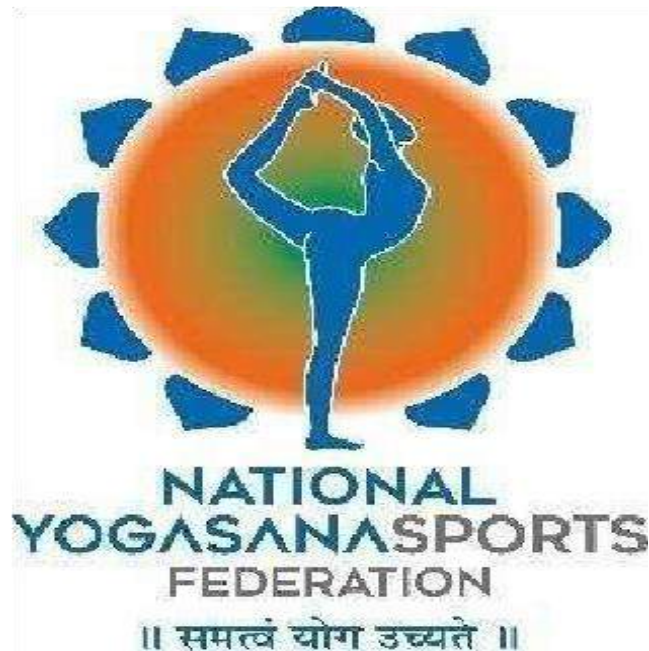
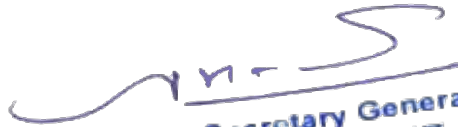


NATIONAL YOGASANA SPORTS FEDERATION



2021-2022 CODE OF POINTS

ARTISTIC YOGASANA GROUP


महा सचिव / Secretary General
राष्ट्रीय योगासन खेल महासंघ
National Yogasana Sports Federation
पंजीकरण संख्या एस / एनडी / 1042 / 2020
Registration No S/ND/1042/2020
68 अशोक रोड नई दिल्ली - 110001
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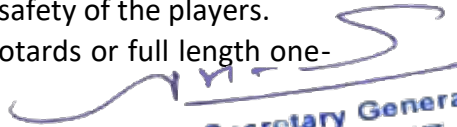
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1. ABOUT THE COMPETITION

- i. Artistic yogasana involves physical strength, power, agility, flexibility, grace, control, coordination and balance. The Artistic Yogasana events will be separate for Men and Women. (No mix pair is allowed).
- ii. Artistic Yogasana Group event consist of five (5) athletes.
- iii. Artistic Yogasana Group is the ability to execute all the movement as a unit.
- iv. In Artistic yogasana Group the number of Yogasanas/formations performed should be 10.
- v. Among total 10 postures/formations, group has to perform 5 formations of rhythmic yogasana in nature means 5 same asanas should be performed by the group of 5 athletes.
- vi. Remaining 5 postures/formations can be performed in the form of pyramidal or any other formation with the help of asanas provided at point no. 8.
- vii. Yogasanas/formations of postures can be selected from the given chart.
- viii. Pyramidal formation or postures/ asanas one above the other is allowed upto 2 stories(layer) i.e one above the other.
- ix. Time duration for the presentation will be 210 to 240 seconds for Artistic Yogasana Group.
- x. The Athlete/s will maintain each posture/ formation for 5 to 7 seconds during the performance.
- xi. The transition from one posture to the next posture should be Artistic and synchronized with music.
- xii. Athletes will give a greeting gesture of “Namaste” (joining both the hands before starting performance).

2. COSTUME FOR ARTISTIC YOGASANA

- i. The costume that the players use must be of a non-transparent material.
- ii. The neckline of the costume should be around the neck and should not have any cuts.
- iii. Costume may be according to the theme, tasteful and decorous.
- iv. Costume for all 5 athletes in group event can be in different colours but with same theme decorous.
- v. The costume must be tight-fitting so as to enable the judges to evaluate the correct positions. However, decorative applications or details are allowed according to the theme as long as it does not risk the safety of the players.
- vi. It is allowed to wear long tights over or under the leotards or full length one-piece dresses.
- vii. The hair style must be neat and clean.
- viii. The make-up used should not hide the identity of the player.


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Total marks for Costume is 5 Marks.

Deduction by 'A' Judge in multiple of 0.5/1.00 marks for not fulfilling of criteria by 'A' Judge.

3. THEME, CHARACTER & EXPRESSION

- i. It is important to have a theme in the routine.
- ii. While performing the player must present a theme that matches with the song/music.
- iii. A composition should be developed to create a unified artistic image or guiding idea throughout the act, expressed through the fine body movements.
- iv. The character of the music should be chosen in respect to the age, technical level and artistic qualities of the players and ethical norms.
- v. Yogasanas should not only be series without connection to the character, theme & Expression.
- vi. The character should be expressed prominently during the dance steps/artistic steps and during the transition between the two postures.
- vii. Expression should be an amalgamation of the strength, beauty and elegance of the movement.
- viii. Holistic participation of parts of the body like head, shoulder, trunk, arms, legs, including the face.
- ix. Supple movements should convey the character.
- x. Exact response to the music with facial expressions.
- xi. The performance of athletes should be graceful.
- xii. No props are allowed. Use of any type of props will lead to disqualification of athlete.

Total marks allotted for Theme, Character & Expression is 10 marks.

Deduction by 'A' Judge:

- i. If theme is not matching music/song then 1 to 2 marks will be deducted in multiple of 0.50/1.00 marks.
- ii. Deduction of 1 mark each time for losing character.
- iii. For losing character more than three times will lead to deduction of maximum up to 4 marks.
- iv. Deductions in multiple of 1 marks for missing the appropriate participation of anybody segment/expression in the entire routine with maximum of 4 marks deduction.

4. RHYTHM & MUSIC

- i. The movement of the body should correlate precisely with the musical accents and musical phrases. Body movements should emphasize the tempo of the music.

For Example: -

- When movements are visibly emphasized before or after the accents
 - When a clear accent in the music is “passed through” and not emphasized by the movement
 - When movements are unintentionally after the musical phrase
 - When the tempo changes and the player is in the middle of slower movements and does not reflect the change in speed or rhythm.
- ii. An indicative sound signal may be given before start of music
 - iii. Non typical music of yogic character is not allowed. For example: Vulgar songs, item songs, rock music/song, pop music/song etc. is not allowed. The music should be decent.
 - iv. Players can use meditational, instrumental music or folk, devotion, patriotic songs, instrumental of rock music and instrumental of pop music.
 - v. Players should bring the music on a USB. The USB should have only the music which has to be played and no additional recording at all. The USB should be submitted to the stage manager in advance with the following details -
 - a. Name of the players
 - b. Chest no:
 - c. District /State / country.
 - d. Category : Artistic Yogasana Single/Artistic Yogasana Pair/ Artistic Yogasan Group/ Rhythmic Pair
 - vi. If the wrong music is played or if there is any interruption in the music again and again it may lead to discontinuation of the routine.
 - vii. If the music stops due to technical setup, then the athlete will get a chance to perform again without deduction of marks.

Total marks allotted for Rhythm & Music is 10 marks.

Deduction by ‘A’ Judge:

- i. If the rhythm is missed once then deduction of 1 marks.
- ii. If the rhythm is missed more than one time then deduction of 2 to 3 marks.
- iii. If the rhythm is missed more than 5 times then the deduction of maximum of 8 marks.
- iv. Deduction of 1 to 2 marks for violating the above points 4.iii to 4.vi.

5. USE OF FLOOR

- i. The official floor area for Artistic Yogasana Single = 12*12 m (exterior of the line) is compulsory.
- ii. Group should use maximum floor area allotted while executing the routine.
- iii. Touching or crossing or trespassing the boundary line/demarcated area either by one athlete or more athletes in group will be penalized. If the athlete/s crosses the aerial part of boundary line/demarcated area without touching the floor will not lead to penalty of marks. Deductions of marks will be done for lack of use of floor area.

Total marks allotted for Use of Floor is 5 marks.

Deduction by 'A' Judge:

- i. If the group is not using the maximum floor area then the deduction will be in multiple of 1 marks with maximum of 3 marks deduction.

Penalty:

- i. 1.00 marks will be penalised for touching or crossing or trespassing the boundary line by either one or more athlete in a group event for each time. Crossing of the line in an aerial part (if not touching floor) will not lead to penalty of marks.

6. ARTISTIC STEPS

- i. Artistic steps are mandatory in the routine.
- ii. Artistic Yogasana Group is the ability to execute all the movement as a unit.
- iii. Artistic steps should be continuous and connected with smooth transitions.
- iv. Players can use any classical, folk or traditional steps.
- v. Any acrobatic elements other than front walkover, back walkover, cart wheel, front roll and back roll is prohibited. Penalty of -1.00 marks will be levied for each acrobatic elements used by one or more athletes.
Eg: flips, summersaults, air jumps, etc.
- vi. Valid acrobatic elements for movements from one place to another is as Front walk over, back walk over, cart wheel, front roll and back roll (maximum of each 2 can be used).
- vii. Dance step/artistic steps combinations must be performed according to the tempo, rhythm, character and accents of the music.
- viii. The composition should be developed by technical, aesthetic and connecting elements, where one movement transitions logically and smoothly into the next without unnecessary stops or prolonged preparatory movements.
- ix. Unnecessary stops between movements which are not related to the rhythm or character will lead to deduction of marks.

Total marks allotted for Artistic steps is 10 marks.

Deduction by 'A' Judge:

- i. For each lack of flow in the steps/no confidence in the movement/ lack of proper merging from one asana or posture or transition to another asana or posture or transition. Will lead to deduction of marks in multiple of 1 marks.
- ii. Deduction of marks for each invalid artistic step.

7. TIME

- i. The time limit for Artistic Yogasana Single is 04:00 min (240 seconds).
- ii. An informative bell or ring at 03:30 min (210 seconds) will be provided.
- iii. The routine must finish in sync with the music getting over.
- iv. Time starts with music start and with music / closing gesture.
- v. Total marks allotted for Time section is 10 marks. Among that 5 marks is for whole performance time (i.e TW) and another 5 marks is for each asana holding time (i.e TA)
$$TW + TA = 5 \text{ marks} + 5 \text{ marks} = 10 \text{ Marks}$$
- vi. 3:30 minutes (210 seconds) is the qualifying time for the performance.
- vii. If athlete completes his/her performance before 210 seconds then zero (0) marks will be allotted.
- viii. If the athlete completes his/her performance in between 210 to 240 seconds, then the athlete will get 5 marks.
- ix. After completing of 240 seconds (04:00 minutes), if the athletes continues his/her routine then penalty of -0.5 marks will be levied for each seconds. And after 10 seconds the athlete will be disqualified.
- x. Athlete has to hold every asana for 5 to 7 seconds.
- xi. If athletes hold each asana for 5 to 7 seconds then for each asana, he will get 0.5 marks. i.e $0.5 \times 10 \text{ asanas} = 05 \text{ marks}$.
- xii. If asana is held less than 5 seconds then the marks will be as follows:

| Holding Time of Asana | Marks |
|-----------------------|-------|
| 5 to 7 Seconds | 0.5 |
| 4 seconds | 0.3 |
| 3 seconds | 0.2 |
| 2 seconds | 0.1 |
| 1 second | 0.0 |

- xiii. If athlete start their routine before the music starts then penalty of -0.2 marks for each additional second with maximum of 2 marks will be levied.
- xiv. If the music ends and athlete continues their routine then penalty of -0.2 marks with each additional seconds with maximum of 2 marks will be levied.

8. ASANA DIFFICULTY CHART

- i. Group cannot exceed the number limit of Yogasanas/posture/formations which is in total 10.
- ii. Group has to compulsorily choose 5 asana of rhythmic yogasana nature i.e same asana from the given asana chart according to their capacity but the combination of Yogasanas in the total routine must consist following categories.
 - 1) Leg Balance
 - 2) Hand Balance
 - 3) Back Bend
 - 4) Forward Bend
 - 5) Body Twisting
- iii. In rhythmic type formations, one from each category should be covered i.e leg balance, hand balance, back bend, forward bend, body twisting. If the athletes not performing any one category then 5 marks will be penalised for each missing category, 10 marks penalty for missing two categories and 15 marks penalty for missing three categories. Missing more than three category will lead to disqualification.
- iv. The declaration of disqualification of group will be announced after completion of performance.
- v. Athletes can sequence the asanas from the given tables from below asana chart mentioned at point no. 8.1 to 8.10, choosing one each from each table of different categories.
- vi. One or more athletes can choose one or more asana from the given asana chart for the pyramidal or any other formation of remaining 5 formations/postures.
- vii. The athlete can also use base posture for the formation of pyramidal or any formation. Value of base posture will be same as the asana combination along with it (but in a storied/layered formation). Base posture can be other than asana provided in the syllabus only for pyramidal formation.
- viii. For the pyramidal formation, the base value of asana will be same for all athletes in the structure. And the base value will be counted which is highest for any asana in the pyramidal formation.

Example: If one athlete is performing LBF-E1 on the top of FBF-B1 then the highest value among them will be considered for both the athletes. LBF-E1 base value is 1.00 and FBF-B1 base value is 0.6, then the base value of the pyramidal formation/structure will be 1.00 for both the athletes, as it is highest. The same mechanism will be applicable for 2 or more athletes performing pyramidal formation.

- ix. If one or more athletes are lifted by another one or more athletes or one or more athletes are base of one or more athletes then one or more athletes will be getting same Base Value. In such case, if one or more athletes are just touching the pyramidal structure then that athletes will not getting the same Base Value of pyramid, rather they will be getting Base Value of their asana performed.
- x. Athletes has to select asanas from the given asana charts only. But the base posture in the pyramidal formation can be other than asanas provided in charts.
- xi. Group will have to write the sequence and the Yogasana base value on the 'Order of Performance sheet' to be submitted to judge's panel.
- xii. Group cannot change the sequence of asana provided in 'Athletes Performance Sheet' on the spot on the stage while performance.
- xiii. If Group changes sequence of asana as provided on the spot on the stage while performing will lead to penalty of marks. For such one change in the performance will lead to 2 marks of penalty. Second such change will lead to penalty of 4 marks, Third change will lead to 6 marks penalty and more than that it will lead to disqualification.
- xiv. If Group performs different asana other than the sequence provided by him in writing will lead to Zero (0) marks.
- xv. One special Referee will be allocated to perform duty to cross check the sequence of asana provided by the Group and its base value.
- xvi. Athletes will give a greeting gesture of "Namaste" (joining both the hands) depicting Indian culture, before starting performance.
- xvii. The 10 asanas to be performed and selected by athlete from the below categories:

1) Leg Balance

8.1 Single leg balance Forwardbend(LBF)

8.2 Single leg balance Backwardbend(LBB)

2) Hand Balance

8.3 Hand balance Forwardbend(HBF)

8.4 Hand balance Backwardbend(HBB)

3) Back Bend

8.5 Backbend Standing(BBS)

8.6 Backbend Floor(BBF)

4) ForwardBend


8.7 Forwardbend Standing(FBS)

8.8 Forwardbend Floor(FBF)

5) Body Twisting

8.9 Twisting body Balance(TBB)

8.10 Twisting body Floor(TBF)


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FBS-A
Mark - 0.6

FBS-B
Mark - 0.7

FBS-C
Mark - 0.8

FBS-D
Mark - 0.9

FBS-E
Mark - 1.0

| | | | | | |
|---|---|--|--|--|---|
| 1 |  Uttanasana - II |  Padapasha-Parshvottanasana |  Adhomukh Tittibhasana |  Kardalikasana - I |  Urdhvamukha Tittibhasana |
| 2 |  Malayāsana |  Prasarit-pash padottanasana |  Skandha-Pada-Adhomukh-Shwanasana |  Kardalikasana - II |  Sheersha-Kurmasana |
| 3 |  Parshvottanasana |  Put-Pada-Shwanasana |  Paripurna-Tittibhasana |  Panavasana |  Adhomukh-Skandhapadasana |
| 4 |  Prasarit Padottanasana-1 |  Prapada-Uttana-Prushthasana |  Suptakonasana |  Ardha Baddha Padmottanasana |  Utthit-Padamula Tittibhasana |
| 5 |  Prasarit Padottanasana-2 |  Padahastottanasana |  Samatvasana |  Skandha-Pada-Dandasana |  Shatapadyasana |

FBF-A
Mark - 0.6

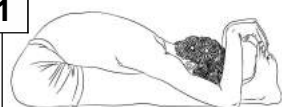
FBF-B
Mark - 0.7

FBF-C
Mark - 0.8

FBF-D
Mark - 0.9

FBF-E
Mark - 1.0

1



Paschimottanasana



Upavishta- Konasana



Saralahasta-
Pinda-Padmasana



Urdhvamukha-
Paschimottanasana - 1



Supta Tittibhasana

2



Halasana



Krounchasana



Karna-Peeadasana



Timayasana



Utthit-Ekpada-
Hasta-Prushtasana

3



Ardha-baddha-Padma-
Paschimottanasana



Salamb-
Sarvangasana-1



Baddha-Viparit-
Kurmasana



Parshva-Pindasana-
Yukta-Sarvangasana



Yoga-Nidrasana

4



Marichyasana - 1



Marichyasana - 2



Pindasanayukta-
Sarvangasana



Urdhva-Padapadma-
Sarvangasana



Saraghasana

5



Skandasan - I



Urdhavamukha-
Paschimottanasana - 2



Bhrunasana



Ramadootasana



Pingalasana

BBS-A
Mark - 0.6

BBS-B
Mark - 0.7

BBS-C
Mark - 0.8

BBS-D
Mark - 0.9

BBS-E
Mark - 1.0

| | | | | | |
|---|--|--|--|---|--|
| 1 |  Ardha-Chandrasana |  Nandighoshasana |  Tryanga-Mukhotanasana |  Eka-Pada-Urdhva-Dand-Dhanurasana |  Urabhrasana |
| 2 |  Bheemasana |  Veernilasana |  Sooryanamaskarasana |  Mahakarnasana |  Mahanceelasana |
| 3 |  Chamatkarasana |  Darukasana |  Poorna-Chakrasana |  Konarkasana |  Dimbasana |
| 4 |  Chitroshtakasana |  Gajananasana |  Chakra-Garudasana |  Eka-Pada-Lambakona-Chakrasana |  Dhwaja Dwarasana |
| 5 |  Eka-Pada-Setubandha-chakrasana |  Girijasana |  Chakravayuvhasana |  Kambalasana |  Kosha Krumikasana |

BBF-A
Mark - 0.6

BBF-B
Mark - 0.7

BBF-C
Mark - 0.8

BBF-D
Mark - 0.9

BBF-E
Mark - 1.0

| | | | | | |
|---|---|--|---|--|---|
| 1 |  Ushtrasana |  Laghu-Vajrasana |  Purna-Chakrabandhasana |  Shankhapalasana |  Chitrapatangasana |
| 2 |  Ekapada- Rajakapotasana-3 |  Govardhanasana |  Ardha-Kapota- Vamadevasana |  Ekapada-Viparita- Shalbasana |  Mriga-Mukhasana |
| 3 |  Sharangasana |  Mahaveerasana |  Vayuputrasana |  Sugreevasana |  Viparita-Valkhilyasana |
| 4 |  Ekapada-Viparita- Dandasana - 1 |  Padmanabhasana |  Padangushtha- Dhanurasana |  Padma-Jhashasana |  Prajaktasana |
| 5 |  Shivadhanushyasana |  Poorna-Matsyasana |  Gandabherundasana |  Supta-Dimbasana |  Vibhakta-Viparita- Shalabhasana |

TBF-A
Mark - 0.6

TBF-B
Mark - 0.7

TBF-C
Mark - 0.8

TBF-D
Mark - 0.9

TBF-E
Mark - 1.0

1



Parivritta - Padmasana



Parivritta-Janushirshasana



Ardha-Matsyendrasana - 1



Parivritta-Ramadootasana



Parivritta Upavishta-Konasana

2



Ardha-Matsyendrasana - IV



Shoolpashasana



Kesarisutasana



Parivritta-Ushtrasana



Katipada-Matsyendrasana

3



Parighasana



Marichyasana-III



Parivritta-Paschimottanasana



Marichyasana - 4



Parivritta-Eka-Pada-Shirasana

4



Ranaveerasana



Uddalakasana



Trishoolpashasana



Ardha-Padma-Shoolpashasana



Pushpadantasana

5



Baddhapada-Matsendrasana



Amit-Vikramasana



Padaputa-Parivritta-Janushirasana



Paripurna-Matsyendrasana



Utthit-Pada-Parivritta-Janushirasana

TBB-A
Mark - 0.6

TBB-B
Mark - 0.7

TBB-C
Mark - 0.8

TBB-D
Mark - 0.9

TBB-E
Mark - 1.0

1



Parivrutta-Namanasana



Shrugalasana



Parivritta-
Uttanasana



Maroodasana-1



Malayasana

2



Himavanasana



Baddha-Parivritta-
Parshva-Konasana



Mahendrasana



Kanchangangasana



Kailasasana

3



Parivritta-Utkatasan



Baddhapada-Parivritta-
Upveshasana



Angushta-
Padottanasana



Maheshwarasana



Parivritta-
Vishwamitrasana

4



Parivritta-Parshva-
Konasana



Parivritta-
Trikonasana



Ardhapadma-Parivritta-
Parighasana



Nishigandhasana



Putpada-
Vishwamitrasana

5



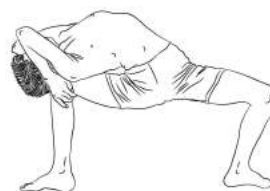
Vindhyasana



Parivritta-
Padottanasana



Parivritta-
Kallyasana



Parshva-Kallyasana



Vetalasana

LBB-A
Mark - 0.6

LBB-B
Mark - 0.7

LBB-C
Mark - 0.8

LBB-D
Mark - 0.9

LBB-E
Mark - 1.0

1



Saral-Natrajasana



Natarajasana



Dwihastapada-
Natarajasana



Urdhvamukha-
Veerabhadrasana



Kunjarasana

2



Hastapada-Lasyasana



Muktahast-
Marutsakhasana



Anta-Gulfa-Hasta-
Natarajasana



Greevapada-
Natarajasana



Viparit-Dandayaman-
Tripurasana

3



Baddha-Natrajasana



Lasya-Natrajasana



Yoganandasana



Sundara-Vimanasana



Vamdeva-
Tripurasana

4



Hastanka-Lasyasana



Raj-Vimanasana



Shikhapada-Natrajasana



Pratyanchyasana



Ekapada-Tryanga-
Mukhottanasana

5



Pratiruddhasana



Vayu-Rathasana



Skandhapada-
Natrajasana



Tandavasana



Mohini-Astrasana

LBF-A
Mark - 0.6

LBF-B
Mark - 0.7

LBF-C
Mark - 0.8

LBF-D
Mark - 0.9

LBF-E
Mark - 1.0

1



Urdhva-Prasarita-
Lambakonasana



Dandayamana-
Janushirasana



Dhvajadandasana



Ruchikasana-2



Muktahasta-
Trivikramasana

2



Swarga-Dwijasana



Veebhandrasana-III



Parivrutta-Baddha-
Ardhachandrasana



Vamanasana



Urdhva-Prasarit-
Eipadasana - II

3



Pasha-Lamba-
Konasana



Parivrutta-Swarga-
Dwijasana



Uttkata-Dandayamana-
Janushirasana



Pakshikasana



Kanishhasana

4



Garudasana



Pashstrasana



Niralamba-
Vatayanasana



Sankhyasana



Trishoolasana

5



Vrukshasana
(Namaskara)



Pushpakasana



Garuda-
Vimanasana



Bhingyasana



Sarasasana

HB-F-A
Mark - 0.6

HB-F-B
Mark - 0.7

HB-F-C
Mark - 0.8

HB-F-D
Mark - 0.9

HB-F-E
Mark - 1.0

1



Brahmacharyasana



Urdhva-
Kukkutasana



Adhomukh-
Vrukshasana



Dand-Tolan-
Paschimottanasana



Urdhvamukha-Hasta-
Padmasana

2



Kukkutasana



Mayoorasana



Ekapada-Vaksha-
Mayoorasana



Chakorasana



Adhomukha-Utthit-
Koormasana

3



Bakasana



Ashtavakrasana



Koundinyasana



Parivrutta-Tittibhasana



Bramhastrasana

4



Dwipada-
Koundinyasana



Padma-Mayoorasana



Tittibhasana



Fanindrasana



Ekahasta-Padma-
Mayoorasana

5



Bhallukasana



Makshikasana



Ekapada-Prushtha-
Tittibhasana



Utthit-Ekpada-
Prushtha-Sheershasana



Parashupashasana

HBB-A
Mark - 0.6

HBB-B
Mark - 0.7

HBB-C
Mark - 0.8

HBB-D
Mark - 0.9

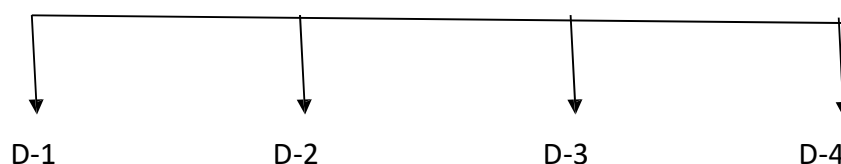
HBB-E
Mark - 1.0

| | | | | | |
|---|---|--|---|--|---|
| 1 |  Pinch-Mayurasana |  Padanka-Vrishikasana - II |  Ekipad-Vrushik-Shiva-Linkarasana |  Nagastrasana |  Parivrutta-Shiva-Lingakarasana |
| 2 |  Eka-Pada-Pinch-Mayoorasana |  Vruschikasana - II |  Karkotasana |  Padma-Vruschikasana |  Kakmukta-Hastasana |
| 3 |  Vruchikasana - 1 |  Adhomukh-Vrikshasana |  Paripurnasana |  Ekipad-Kokilasana |  Dwipad-Kokilasana |
| 4 |  Jatukasana |  Padma-Pada-Vruschikasana - II |  Shiv-Lingakarasana |  Putpada-Kokilasana |  Hast-Samkonasana |
| 5 |  Ardha-Padma-Pincha-Mayoorasana |  Ekapada-Skandha-Shiva-Lingakarasana |  Ekipad-Kokila-Vruschiksana - 1 |  Utthit-Lamb-Konasana |  Vibhakt-Pada-Shiva-Lingakarasana |

9. JUDGE AND JUDGING SYSTEM

9.1 ASANA DIFFICULTY JUDGE

ASANA DIFFICULTY JUDGE (D Judge)



Work of D Judge (Asana Difficulty Judge)

- To observe the perfection of Yogasana as mentioned in the point no. 8 according to the rules and key points.
- D Judge will provide marks to the asana out of 10 as per the micro marking system.
- 10 marks for each asana * 10 asana = 100 marks
- To deduct marks if the Yogasana is not fulfilling the listed criteria.
- To count that the number of Yogasanas performed do not exceed 10.
- Highest and lowest marks will be deducted and only the mean of marks given by remaining 2 judges will be considered.

| Posture/ Formation/ Asanas | P1 | | | P2 | | | P3 | | | P4 | | | P5 | | | Average Score of Player (SP) (Out of 10 marks)) | Pyramidal Formation (PF) (Out of 10 marks) | Group Score (GS) = (SP+PF)/2 |
|----------------------------------|---------------------|---------|---------|---------------------|---------|---------|---------------------|---------|---------|---------------------|---------|---------|---------------------|---------|---------|--|---|---------------------------------|
| | BV & Co de | EP 1 | SP 1 | BV & Co de | EP 2 | SP 2 | BV & Co de | EP 3 | SP 3 | BV & Co de | EP 4 | SP 4 | BV & Co de | EP 5 | SP 5 | | | |
| 1 | | | A | | | A | | | A | | | A | | | A | | | |
| 2 | | | U | | | U | | | U | | | U | | | U | | | |
| 3 | | | T | | | T | | | T | | | T | | | T | | | |
| 4 | | | O | | | O | | | O | | | O | | | O | | | |
| 5 | | | F | | | F | | | F | | | F | | | F | | | |
| 6 | | | I | | | I | | | I | | | I | | | I | | | |
| 7 | | | L | | | L | | | L | | | L | | | L | | | |
| 8 | | | L | | | L | | | L | | | L | | | L | | | |
| 9 | | | | | | | | | | | | | | | | | | |
| 10 | | | | | | | | | | | | | | | | | | |
| TOTAL | | | | | | | | | | | | | | | | | | |

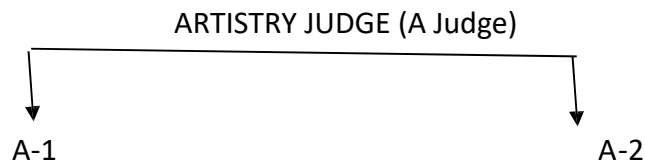
| | | |
|--------------|---|-----------------------------------|
| | Penalty for Change of Sequence | Penalty for Categories |
| Marks | | |

Terminology:

BV= Base Value, EP1= Executive Value of Player 1, SP1= Score of Player 1 (BV*EP1), P1= Player 1, SP= (SP1+SP2+SP3+SP4+SP5)/5, PF= Pyramidal/Structural/Rhythmic formation, GS= Group Score.

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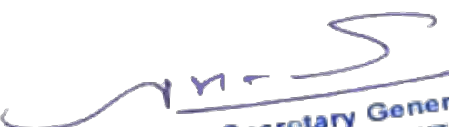
9.2 ARTISTRY JUDGE



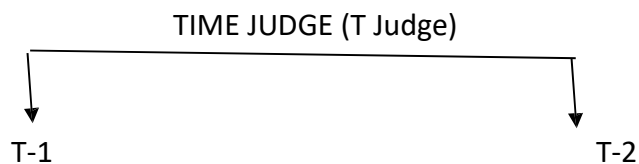
WORK OF ARTISTRY and ASTHETIC JUDGE

- i. Artistry Judge (A Judge) has to check the parameters mentioned in point no. 2 to 6.
- ii. Following are the components of the Artistry and aesthetic judging which the judge A1 and A2 have to observe and deduct the marks accordingly.
- iii. Penalties will be deducted from total score given by 'A' Judge.

| Sr. NO. | Component | Total Marks | Deduction | Penalty |
|---------|--------------------------------|-------------|-------------------------|---------------|
| 1 | Costume | 5 | In multiple of 0.5/1.00 | NA |
| 2 | Theme, Character & Expressions | 10 | In multiple of 0.5/1.00 | NA |
| 3 | Rhythm & Music | 10 | In multiple of 0.5/1.00 | NA |
| 4 | Use of Floor | 5 | In multiple of 0.5/1.00 | 1.00 |
| 5 | Artistic Steps | 10 | In multiple of 0.5/1.00 | 1.00 |
| TOTAL | | 40 | | Total Penalty |

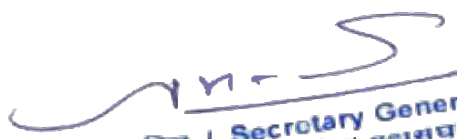

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9.3 TIME JUDGE



- i. Average of two Time Judge (T Judge will be taken).
- ii. T Judge will work as per the criteria's mentioned in point no. 9.
- iii. Penalty will be deducted from total score given by 'T' Judge.

| Whole performance Time (TW) | | | | | Asana Time (TA) | | |
|-----------------------------|-----------------|-------|---------------|--|-------------------|----------------------------|-------------------------|
| Time in Seconds | Time in minutes | Score | penalty | | Sequence of Asana | Holding time of each asana | Marks for holding asana |
| | | | | | 1 | | |
| | | | | | 2 | | |
| | | | | | 3 | | |
| | | | | | 4 | | |
| | | | | | 5 | | |
| | | | | | 6 | | |
| | | | | | 7 | | |
| | | | | | 8 | | |
| | | | | | 9 | | |
| | | | | | 10 | | |
| TOTAL(TW) | | | Total Penalty | | TOTAL(TA) | | |
| TOTAL (TW+TA) | | | | | | | |

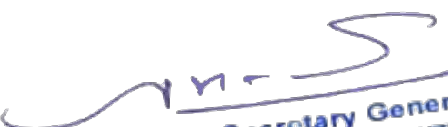

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10. ORDER OF PERFORMANCE SHEET: EXAMPLE

Players have to submit the performance sequence sheet before the performance. It should clearly mention the sequence of Asana and the sequence of the dance steps.

Example:

| Sr. No. | FORMATION | CODE & BASE VALUE | | | | | | | | | |
|------------|-----------------------|-------------------|----|------|----|------|----|------|----|------|----|
| | | P1 | | P2 | | P3 | | P4 | | P5 | |
| | | Code | BV | Code | BV | Code | BV | Code | BV | Code | BV |
| 1 | Posture/ Formation 1 | | | | | | | | | | |
| 2 | Posture/ Formation 2 | | | | | | | | | | |
| 3 | Posture/ Formation 3 | | | | | | | | | | |
| 4 | Posture/ Formation 4 | | | | | | | | | | |
| 5 | Posture/ Formation 5 | | | | | | | | | | |
| 6 | Posture/ Formation 6 | | | | | | | | | | |
| 7 | Posture/ Formation 7 | | | | | | | | | | |
| 8 | Posture/ Formation 8 | | | | | | | | | | |
| 9 | Posture/ Formation 9 | | | | | | | | | | |
| 10 | Posture/ Formation 10 | | | | | | | | | | |


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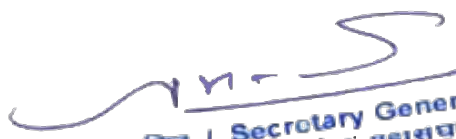
11. SAMPLE SCORE SHEET OF D JUDGE

| Posture/ Formation/ Asanas | P1 | | | P2 | | | P3 | | | P4 | | | P5 | | | Average Score of Player (SP) (Out of 10 marks)) | Pyramidal Formation (PF) (Out of 10 marks) | Group Score (GS) = (SP+PF)/2 |
|----------------------------------|----------|---------|----------|----------|---------|----------|----------|---------|---------|----------|---------|---------|----------|---------|---------|--|---|---------------------------------|
| | BV | EP 1 | SP 1 | BV | EP 2 | SP 2 | BV | EP 3 | SP 3 | BV | EP 4 | SP 4 | BV | EP 5 | SP 5 | | | |
| 1 | 0.6 | 8 | 4.8 | 0.6 | 8 | 4.8 | 0.6 | 8.5 | 5.1 | 0.6 | 9 | 5.4 | 0.6 | 8 | 4.8 | 4.98 | 7 | 5.99 |
| 2 | 0.7 | 7 | 4.9 | 0.7 | 7 | 4.9 | 1.0 0 | 8 | 8 | 1.0 0 | 9 | 9 | 1.0 0 | 8 | 8 | 6.96 | 7.5 | 7.23 |
| 3 | 0.8 | 7.5 | 6 | 0.8 | 7.5 | 6 | 0.8 | 7.5 | 6 | 0.8 | 8.5 | 6.8 | 0.8 | 8 | 6.4 | 6.24 | 8 | 7.12 |
| 4 | 0.8 | 8 | 6.4 | 0.6 | 8 | 4.8 | 0.8 | 8 | 6.4 | 0.8 | 8.5 | 6.8 | 0.9 | 9 | 8.1 | 6.5 | 8 | 7.25 |
| 5 | 0.9 | 8 | 7.2 | 0.9 | 8.5 | 7.6 5 | 0.9 | 8 | 7.2 | 0.9 | 9 | 8.1 | 0.9 | 8 | 7.2 | 7.47 | 7 | 7.235 |
| 6 | 0.8 | 8 | 6.4 | 0.8 | 8.5 | 6.8 | 1.0 0 | 8 | 8 | 0.8 | 9 | 7.2 | 0.8 | 8 | 6.4 | 6.96 | 8 | 7.48 |
| 7 | 1.0 0 | 9 | 9 | 1.0 0 | 9 | 9 | 1.0 0 | 9 | 9 | 1.0 0 | 9 | 9 | 1.0 0 | 8 | 8 | 8.8 | 9 | 8.9 |
| 8 | 0.9 | 8.5 | 7.6 5 | 0.9 | 8.5 | 7.6 5 | 1.0 0 | 8 | 8 | 1.0 0 | 8.5 | 8.5 | 1.0 0 | 9 | 9 | 8.16 | 9 | 8.58 |
| 9 | 1.0 0 | 7 | 7 | 1.0 0 | 8 | 8 | 1.0 0 | 8.5 | 8.5 | 1.0 0 | 8.5 | 8.5 | 1.0 0 | 8 | 8 | 8 | 8 | 8 |
| 10 | 0.8 | 7.5 | 6 | 0.8 | 8.5 | 6.8 | 0.6 | 8.5 | 5.1 | 0.9 | 9 | 8.1 | 1.0 0 | 8 | 8 | 6.8 | 8 | 7.4 |
| TOTAL | | | | | | | | | | | | | | | | | | 75.185 |

| | Penalty for Change of Sequence | Penalty for Categories |
|-------|-----------------------------------|---------------------------|
| Marks | | |

SCORE TALLY EXAMLE

D Judge


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| Judge | D1 | D2 | D3 | D4 |
|---------------------------|--------------------------|---------------|--------|-----------------|
| Score | 75.185 | 75 | 75.185 | 76.5 |
| D Judge Score | 75.185+75.185 = 150.37/2 | | | |
| | 75.185- Penalty | | | |
| Total Score of D Judge | 75.185-0 | | | |
| | 75.185 | | | |

12. SAMPLE ARTISTRY JUDGE SCORE SHEET

| Sr. No. | Component | Base value | Execution Value | Penalty |
|---------|-------------------------------|------------|-----------------|---------|
| 1 | Costume | 5 | 1.5 | NA |
| 2 | Theme, Character & Expression | 10 | 7 | NA |
| 3 | Rhythm & Music | 10 | 7.5 | NA |
| 4 | Use of Floor | 5 | 4 | 1.00 |
| 5 | Artistic Steps | 10 | 7 | 1.00 |
| TOTAL | | | 27 | 2.00 |

SCORE TALLY EXAMLE

A Judge

| | | |
|---------------------|----------------------|------|
| Judge | A1 | A2 |
| Score | 27 | 27.6 |
| A Judge Score | $27 + 27.6 = 54.6/2$ | |
| | 27.3- Penalty | |
| Total A Judge Score | 27.3-2 | |
| | 25.3 | |

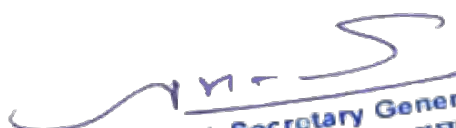
13. SAMPLE TIME JUDGE SCORE SHEET

| Whole performance Time (TW) | | | | Asana Time (TA) | | |
|-----------------------------|-----------------|-------|---------|-------------------|----------------------------|-------------------------|
| Time in Seconds | Time in minutes | Score | Penalty | Sequence of Asana | Holding time of each asana | Marks for holding asana |
| 195 | 3.15 | 5 | - | 1 | 5 | 0.5 |
| | | | | 2 | 6 | 0.5 |
| | | | | 3 | 7 | 0.5 |
| | | | | 4 | 5 | 0.5 |
| | | | | 5 | 4 | 0.3 |
| | | | | 6 | 3 | 0.2 |
| | | | | 7 | 6 | 0.5 |
| | | | | 8 | 7 | 0.5 |
| | | | | 9 | 5 | 0.5 |
| | | | | 10 | 5 | 0.5 |
| TOTAL | | 5 | - | TOTAL | 4.5 | |
| TOTAL (TW+TA) | | | | 9.5 | | |

SCORE TALLY EXAMLE

T Judge

| Judge | T1 | T2 |
|---------------------|--------------------|-----|
| Score | 9.5 | 9.6 |
| T Judge Score | 9.5 + 9.6 = 19.1/2 | |
| | 9.55- Penalty | |
| Total T Judge Score | 9.55-0 | |
| | 9.55 | |


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14. TOTAL FINAL SCORE SHEET

| Judge | D Judge | A Judge | T Judge |
|-------------|-----------------------------|---------|---------|
| Score | 75.185 | 25.3 | 9.55 |
| TOTAL SCORE | D Judge + A Judge + T Judge | | |
| | 75.185 + 25.3 + 9.55 | | |
| | 110.035 | | |


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