



YOGASANA BHARAT

(Earlier Known as National Yogasana Sports Federation)

Registration No. S/ND/1042/2020

Recognized by Ministry of Youth Affairs and Sports, Government of India

Affiliated to World Yogasana

Associate Member : Indian Olympic Association



Udit Sheth
President

Dr. Jaideep Arya
Secretary General

Rachit Kaushik
Treasurer

Guinness World Record Holder Organization

File No. YB/139/2023-24

Date: 03.03.2024

Dr. Sanjay Malpani
Vice President

Dr. Ananda Balayogi
Bhawanani
Vice President

Rakesh Kumar
Vice President

Ved Prakash Sharma
(Retd. IPS)
Joint Secretary

Dr. Aarti Pal
Joint Secretary

Dr. C V Jayanthi
Joint Secretary

Nandanam Krupakar
Joint Secretary

Rohit Kaushik
Member

Bikas Goswami
Member

Shyamal Ta
Member

Pukhrabam
Birpradash
Member

CIRCULAR

To,
All State President/ Secretary,
State/UT Yogasana Sports Association

SUBJECT: 4TH SENIOR MEN'S NATIONAL YOGASANA SPORTS CHAMPIONSHIP 2023-24 AT DINDIGUL, TAMIL NADU FROM 29TH TO 31ST MARCH 2024.

Dear Brothers & Sisters,

We are glad to inform you that, 4th Senior Men's National Yogasana Sports Championship 2023-24 will be organised by Tamil Nadu Youth Yogasana Sports Association from 29th to 31st March 2024 at PSNA College of Engineering & Technology, Kothandaraman Nagar, Dindigul-624622, Tamil Nadu.

You are requested to confirm the participation of athletes, Team Managers and Coaches at Dindigul, Tamil Nadu for the above said championship. The guidelines/instructions for the above said championship is as under:

1. Reporting & Registration on 28th March before 5 PM.
2. Only Male Athletes of Senior, Senior A, Senior B & Senior C age group.
3. Last date of Submitting entries is 18th March 2024.
4. It is mandatory to have Yogasana Bharat I'd Card. Athletes/ Coaches/Judges can generate I'd card from www.yogasanabharat.com. (Please use computer/laptop for generating I Card).
5. Medical Fitness Certificate and Risk Certificate is mandatory. Athletes must bring their latest passport size photographs. The Team Manager of respective State/UT team should submit the same to Competition Director.
6. Only 1 Team Manager, 1 Physiotherapist, 1 Male Coach, is permitted along with the State/UT team.
7. State/UT Associations should bring 2 Association flag along with them (3x2 ft & 6x4 ft).
8. The Competition Director will collect the certificates/documents and then only the athletes will be allowed to participate in the championship.
9. Fees per athlete per day is as under:

Per Athlete per Day	Food	Rs. 500/-
	Accommodation	Rs. 200/-
	TOTAL	R. 700/-

The fees of athletes should be paid through State Association Bank Account in the Tamil Nadu Youth Yogasana Sports Association Bank Account. Details of Bank Account is as under:

Name: Tamil Nadu Youth Yogasana Sports Association
Account No.: 10068838564
IFS Code: IDFB0080131
Bank: IDFC FIRST Bank

In campus of Guru Gorakhnath Mandir, Phase 1, Pocket 3, Sector 7, Dwarka, New Delhi-110075, India.

T: +91(11)42636206 | E: secretariat@yogasanabharat.com

गुरु गोरखनाथ मंदिर परिसर, फेज 1, पॉकेट 3, सेक्टर 7, द्वारका, नई दिल्ली -110075, भारत.



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10. Athletes/Team Managers/ Coaches/ others are requested to refer latest rules & regulations (Code of Points) of the competition available on the website www.yogasanaspport.in .

11. Contact Details for any queries:

For Food, Accommodation & Stay: Sh. Parul Sharma (8130536081)

For Technical Assistance: Sh. Shreyas Markandeya (7972751045)

12. How to reach:

a) **Nearest Railway Station:** Dindigul Railway Station (13 km), Madurai (72 km)

b) **Nearest Bus Stand:** Dindigul.

c) **Nearest Airport:** Tiruchirappalli (Trichy) Airport (113 km), Madurai (91 km)

Encls:

A. Format of Risk Certificate.

B. Format of Medical Fitness Certificate

Sincerely,

-sd-

Dr. Jaideep Arya

Secretary General

Dr. Sanjay Malpani
Vice President

Dr. Ananda Balayogi
Bhawanani
Vice President

Rakesh Kumar
Vice President

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Joint Secretary

Rohit Kaushik
Member

Bikas Goswami
Member

Shyamal Ta
Member

Pukhrabam
Birpradash
Member

Copy, for information to:

- 1) Secretary (Sports), Department of Sports, Ministry of Youth Affairs & Sports, Government of India, Shastri Bhawan, New Delhi.
- 2) Secretary, Ministry of AYUSH, Ayush Bhawan, B Block, GPO Complex, INA, New Delhi.
- 3) Director General, Sports Authority of India, Jawaharlal Nehru Stadium, New Delhi.
- 4) Director (Sports), Department of Sports, Ministry of Youth Affairs & Sports, Government of India, Jawaharlal Nehru Stadium, New Delhi.
- 5) Executive Director (TEAMS Division), Sports Authority of India, JNS, New Delhi.
- 6) Project Officer- Yogasana, TEAMS Division, Sports Authority of India, JNS, New Delhi.
- 7) President, Indian Olympic Association, Olympic Bhawan, Qutub Institutional Area, New Delhi.
- 8) Director General, National Anti Doping Agency, Hall No. 103-104, Jawaharlal Nehru Stadium, New Delhi.
- 9) Director, Morarji Desai National Institute of Yoga, Ashoka Road, New Delhi.
- 10) President/Secretary General, World Yogasana, 68, Ashoka Road, New Delhi, India.
- 11) President/ Secretary General, Asian Yogasana, Sangamner, Maharashtra, India.
- 12) Executive Council, Yogasana Bharat, New Delhi.
- 13) The Secretary, All India Police Sports Control Board, New Delhi.
- 14) The President/ General Secretary, Tamil Nadu Olympic Association.
- 15) The CEO/Member Secretary, Sports Development Authority of Tamil Nadu, Chennai.


Dr. Jaideep Arya
Secretary General

महासचिव / Secretary General
योगासन भारत / Yogasana Bharat
पंजीकरण संख्या एस/एन डी / 1042 / 2020
Registration No.S/ND/1042/2020
परिसर: गुरु गोरखनाथ मंदिर, पॉकेट-1,
सेक्टर-7, द्वारका नई दिल्ली-110075
Campus of Guru Gorakhnath Mandir, Pocket-1
Sector-7, Dwarka, New Delhi-110075

In campus of Guru Gorakhnath Mandir, Phase 1, Pocket 3, Sector 7, Dwarka, New Delhi-110075, India.

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