



# YOGASANA BHARAT

(Earlier Known as National Yogasana Sports Federation)

Registration No. S/ND/1042/2020

Recognized by Ministry of Youth Affairs and Sports, Government of India

Affiliated to World Yogasana

Associate Member : Indian Olympic Association



Udit Sheth  
President

Dr. Jaideep Arya  
Secretary General

Rachit Kaushik  
Treasurer

Guinness World Record Holder Organization

File No. YB/138/2023-24

Date: 19.02.2024

Dr. Sanjay Malpani  
Vice President

Dr. Ananda Balayogi  
Bhawanani  
Vice President

Rakesh Kumar  
Vice President

Ved Prakash Sharma  
(Retd. IPS)  
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Dr. Aarti Pal  
Joint Secretary

Dr. C V Jayanthi  
Joint Secretary

Nandanam Krupakar  
Joint Secretary

Rohit Kaushik  
Member

Bikas Goswami  
Member

Shyamal Ta  
Member

Pukhrabam  
Birpradash  
Member

## CIRCULAR

To,  
All State President/ Secretary,  
State/UT Yogasana Sports Association

**Subject: 4<sup>th</sup> Senior Women's National Yogasana Sports Championship 2023-24 at Gurukul Chotipura, District Amroha, Uttar Pradesh from 11<sup>th</sup> to 13<sup>th</sup> March 2024.**

Dear Brothers & Sisters,

We are glad to inform you that, 4<sup>th</sup> Senior Women's National Yogasana Sports Championship 2023-24 will be organised by Uttar Pradesh Yogasana Sports Association from 11<sup>th</sup> to 13<sup>th</sup> March 2024 at Shrimad Dayanand Kanya Gurukul Mahavidyalaya, Chotipura, Amroha, Uttar Pradesh.

You are requested to confirm the participation of athletes, Team Managers and Coaches at Amroha, Uttar Pradesh for the above said championship. The guidelines/instructions for the above said championship is as under:

1. Reporting & Registration on 10<sup>th</sup> March before 5 PM.
2. Only Female Athletes of Senior, Senior A, Senior B & Senior C age group.
3. Last date of Submitting entries is 28<sup>th</sup> February 2024.
4. It is mandatory to have Yogasana Bharat I'd Card. Athletes/ Coaches/Judges can generate I'd card from [www.yogasanabharat.com](http://www.yogasanabharat.com). (Please use computer/laptop for generating I Card).
5. Medical Fitness Certificate and Risk Certificate is mandatory. Athletes must bring their latest passport size photographs. The Team Manager of respective State/UT team should submit the same to Competition Director.
6. Only 1 Team Manager, 1 Physiotherapist, 1 Female Coach, is permitted along with the State/UT team.
7. State/UT Associations should bring 2 Association flag along with them (3x2 ft & 6x4 ft).
8. The Competition Director will collect the certificates/documents and then only the athletes will be allowed to participate in the championship.
9. Fees per athlete per day is as under:

|                     |               |           |
|---------------------|---------------|-----------|
| Per Athlete per Day | Food          | Rs. 500/- |
|                     | Accommodation | Rs. 200/- |
|                     | TOTAL         | R. 700/-  |

The fees of athletes should be paid through State Association Bank Account in the Uttar Pradesh Yogasana Association Bank Account. Details of Bank Account is as under:

Name: Uttar Pradesh Yogasana Sports Association  
Account No.: 110006311037  
IFS Code: CNRB0018693  
Bank: Canara Bank

In campus of Guru Gorakhnath Mandir, Phase 1, Pocket 3, Sector 7, Dwarka, New Delhi-110075, India.

T: +91(11)42636206 | E: [secretariat@yogasanabharat.com](mailto:secretariat@yogasanabharat.com)

गुरु गोरखनाथ मंदिर परिसर, फेज 1, पॉकेट 3, सेक्टर 7, द्वारका, नई दिल्ली -110075, भारत.



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10. Athletes/Team Managers/ Coaches/ others are requested to refer latest rules & regulations (Code of Points) of the competition available on the website [www.yogasanaspport.in](http://www.yogasanaspport.in) .

### 11. Contact Details for any queries:

For Food, Accommodation & Stay: Sh. Parul Sharma (8130536081)

For Technical Assistance: Sh. Shreyas Markandeya (7972751045)

### 12. How to reach:

a) **Nearest Railway Station:** Moradabad Junction (41.5 km), Gajraula (22.9 km) & Amroha (12.3 km)

b) **Nearest Bus Stand:** Moradabad & Gajraula.

c) **Nearest Airport:** Moradabad (62 kms), New Delhi (146 km).

**Note:** It is in village area, so try to reach in Day light. It is in between Moradabad and Gajraula. Book the train for Moradabad Junction (UP). We will provide Bus service.

### Encls:

A. Format of Risk Certificate.

B. Format of Medical Fitness Certificate

Sincerely,

-sd-

**Dr. Jaideep Arya**

Secretary General

### Copy, for information to:

- 1) Secretary (Sports), Department of Sports, Ministry of Youth Affairs & Sports, Government of India, Shastri Bhawan, New Delhi.
- 2) Secretary, Ministry of AYUSH, Ayush Bhawan, B Block, GPO Complex, INA, New Delhi.
- 3) Director General, Sports Authority of India, Jawaharlal Nehru Stadium, New Delhi.
- 4) Director (Sports), Department of Sports, Ministry of Youth Affairs & Sports, Government of India, Jawaharlal Nehru Stadium, New Delhi.
- 5) Executive Director (TEAMS Division), Sports Authority of India, JNS, New Delhi.
- 6) Project Officer- Yogasana, TEAMS Division, Sports Authority of India, JNS, New Delhi.
- 7) President, Indian Olympic Association, Olympic Bhawan, Qutub Institutional Area, New Delhi.
- 8) Director General, National Anti Doping Agency, Hall No. 103-104, Jawaharlal Nehru Stadium, New Delhi.
- 9) Director, Morarji Desai National Institute of Yoga, Ashoka Road, New Delhi.
- 10) President/Secretary General, World Yogasana, 68, Ashoka Road, New Delhi, India.
- 11) President/ Secretary General, Asian Yogasana, Sangamner, Maharashtra, India.
- 12) Executive Council, Yogasana Bharat, New Delhi.
- 13) The Secretary, All India Police Sports Control Board, New Delhi.
- 14) Acharya, Gurukul Chotipura, Amroha, Uttar Pradesh.

**Dr. Jaideep Arya**

Secretary General

महासचिव / Secretary General

योगसन भारत / Yogasana Bharat

पंजीकरण संख्या एस/एन डी/1042/2020

Registration No.S/ND/1042/2020

परिसर: गुरु गोरखनाथ मंदिर, पॉकेट-1,

रौकटर-7, द्वारका नई दिल्ली-110075

Campus of Guru Gorakhnath Mandir, Pocket-1,  
Delhi-110075, India

In campus of Guru Gorakhnath Mandir, Phase 1, Pocket 3, Sector 7, Dwarka, New Delhi-110075, India

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