



YOGASANA BHARAT

(Earlier Known as National Yogasana Sports Federation)

Registration No. S/ND/1042/2020

Recognized by Ministry of Youth Affairs and Sports, Government of India

Affiliated to World Yogasana

Associate Member : Indian Olympic Association



Udit Sheth
President

Dr. Jaideep Arya
Secretary General

Rachit Kaushik
Treasurer

Guinness World Record Holder Organization

File No. YB/132/2023-24

Date: 25.11.2023

Dr. Sanjay Malpani
Vice President

Dr. Ananda Balayogi
Bhawanani
Vice President

Rakesh Kumar
Vice President

Ved Prakash Sharma
(Retd. IPS)
Joint Secretary

Dr. Aarti Pal
Joint Secretary

Dr. C V Jayanthi
Joint Secretary

Nandanam Krupakar
Joint Secretary

Rohit Kaushik
Member

Bikas Goswami
Member

Shyamal Ta
Member

Pukhrabam
Birpradash
Member

CIRCULAR

To,
All State President/ Secretary,
State/UT Yogasana Sports Association

Subject: 4th Sub-Junior & Junior National Yogasana Sports Championship 2023-24 at Lovely Professional University (LPU), Jalandhar, Punjab from 18th to 20th December 2023.

Dear Brothers & Sisters,

We are glad to inform you that, 4th Sub-Junior & Junior National Yogasana Sports Championship 2023-24 will be organised by Punjab Yogasana Sports Association from 18th to 20th December 2023 at Lovely Professional University, Jalandhar, Punjab.

You are requested to confirm the participation of athletes, Team Managers and Coaches at Jalandhar, Punjab for the above said championship. The guidelines/instructions for the above said championship is as under:

1. Reporting on 17th December 2023 before 3 PM.
2. Last date of Submitting entries is 4th December 2023.
3. It is mandatory to have Yogasana Bharat I'd Card. Athletes/ Coaches/Judges can generate I'd card from www.yogasanabharat.com. (Please use computer/laptop for generating I Card).
4. Medical Fitness Certificate and Risk Certificate is mandatory. Athletes must bring their latest passport size photographs. The Team Manager of respective State/UT team should submit the same to Competition Director.
5. Only 1 Team Manager, 1 Physiotherapist, 1 Male, 1 Female Coache, 1 Male Masseur and 1 Female Masseur is permitted along with the State/UT team.
6. State/UT Associations should bring 2 Association flag along with them (3x2 ft & 6x4 ft).
7. The Competition Director will collect the certificates/documents and then only the athletes will be allowed to participate in the championship.
8. Fees per athlete per day is as under:

Per Athlete per Day	Food	Rs. 500/-
	Accommodation	Rs. 200/-
	TOTAL	R. 700/-

The fees of athletes should be paid through State Association Bank Account in the Yogasana Bharat Bank Account. Details of Bank Account is as under:

Account No.: 0153002100574293

IFS Code: PUNB0015300

Branch: 5, Parliament Street, New Delhi

Bank: Punjab National Bank

In campus of Guru Gorakhnath Mandir, Phase 1, Pocket 3, Sector 7, Dwarka, New Delhi-110075, India.

T: +91(11)42636206 | E: secretariat@yogasanabharat.com

गुरु गोरखनाथ मंदिर परिसर, फेज 1, पॉकेट 3, सेक्टर 7, द्वारका, नई दिल्ली -110075, भारत.

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Joint Secretary

Rohit Kaushik
Member

Bikas Goswami
Member

Shyamal Ta
Member

Pukhrambam Birpradash
Member

9. Dress code for all the Judges will be formal dress (white Shirt and Navy-Blue Blazer). Judges should be their own laptop. Laptop is mandatory.
10. Athletes/Team Managers/ Coaches/ others are requested to refer latest rules & regulations (Code of Points) of the competition available on the website www.yogasanaspport.in.

11. Contact Details for any queries:

For Food, Accommodation & Stay: Sh. Parul Sharma (8130536081)

For Technical Assistance: Dr. C K Mishra (9814628178), Sh. Shreyas Markandeya (7972751045)

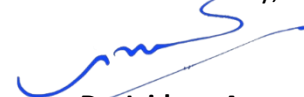
12. How to reach:

- a) **Nearest Railway Station:** Jalandhar City, Jalandhar Cantt. & Phagwara Jn.
- b) **Nearest Bus Stand:** Jalandhar City, Jalandhar Cantt. & Phagwara. LPU is in between Phagwara & Jalandhar. Buses stops in front of LPU in the way of Phagwara & Jalandhar.
- c) **Nearest Airport:** Amritsar.

Encls:

- A. Format of Risk Certificate.
- B. Format of Medical Fitness Certificate

Sincerely,



Dr. Jaideep Arya
Secretary General

Copy, for information to:

- Secretary (Sports), Department of Sports, Ministry of Youth Affairs & Sports, Government of India, Shastri Bhawan, New Delhi.
- Secretary, Ministry of AYUSH, Ayush Bhawan, B Block, GPO Complex, INA, New Delhi.
- Director General, Sports Authority of India, Jawaharlal Nehru Stadium, New Delhi.
- Director (Sports), Department of Sports, Ministry of Youth Affairs & Sports, Government of India, Jawaharlal Nehru Stadium, New Delhi.
- Executive Director (TEAMS Division), Sports Authority of India, Jawaharlal Nehru Stadium, New Delhi.
- Project Officer- Yogasana, TEAMS Division, Sports Authority of India, Jawaharlal Nehru Stadium, New Delhi.
- President, Indian Olympic Association, Olympic Bhawan, Qutub Institutional Area, New Delhi.
- Director General, National Anti Doping Agency, Hall No. 103-104, Jawaharlal Nehru Stadium, New Delhi.

In campus of Guru Gorakhnath Mandir, Phase 1, Pocket 3, Sector 7, Dwarka, New Delhi-110075, India.

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Member

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Member

Pukhrambam Birpradash
Member

- 9) Director, Morarji Desai National Institute of Yoga, Ashoka Road, New Delhi.
- 10) President/Secretary General, World Yogasana, 68, Ashoka Road, New Delhi, India.
- 11) President/ Secretary General, Asian Yogasana, Sangamner, Maharashtra, India.
- 12) Executive Council, Yogasana Bharat, New Delhi.
- 13) Dr. Chandrakant Mishra, Competition Director-4th Sub Junior & Junior National Yogasana Sports Championship 2023-24.

Dr. Jaideep Arya
Secretary General

महासचिव / Secretary General
योगसन भारत / Yogasana Bharat
पंजीकरण संख्या एस/एन डी/1042/2020
Registration No.S/ND/1042/2020
परिसर: गुरु गोरखनाथ मंदिर, पॉकेट-1,
सेक्टर-7, द्वारका नई दिल्ली-110075
Campus of Guru Gorakhnath Mandir, Pocket-1
Sector-7, Dwarka, New Delhi-110075

In campus of Guru Gorakhnath Mandir, Phase 1, Pocket 3, Sector 7, Dwarka, New Delhi-110075, India.

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