



# Support Essentials

## **User Guide**

Restarting Your Computer

# Introduction

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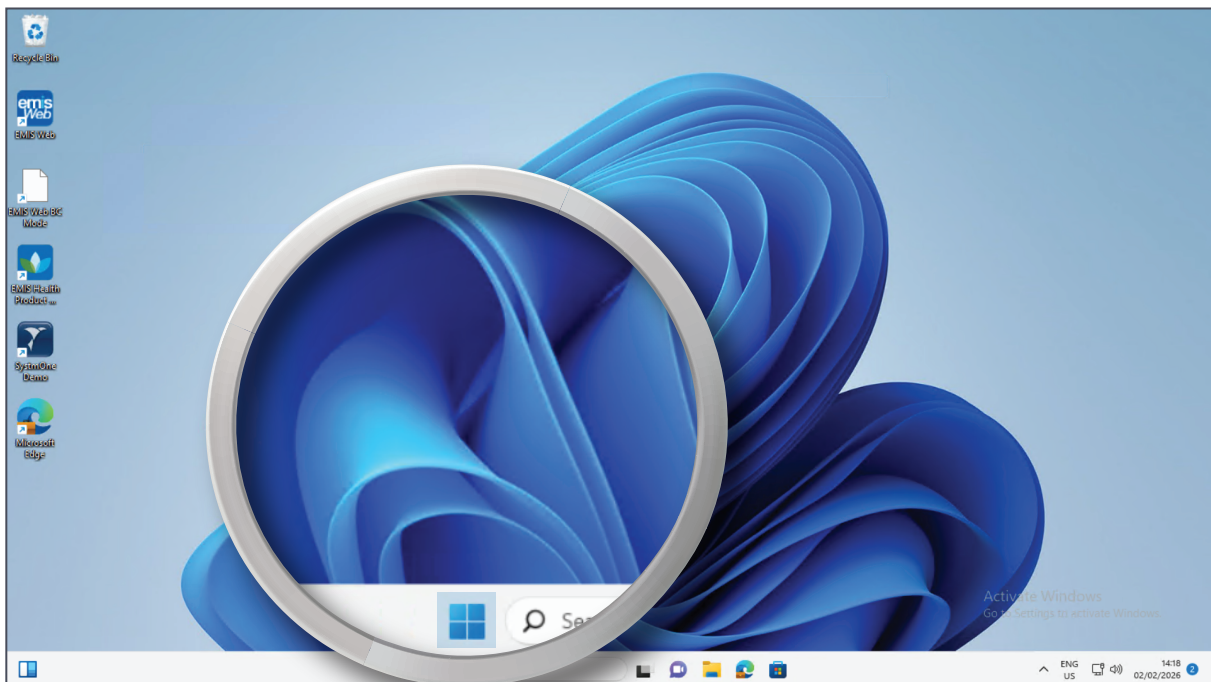
This guide shows you how to restart your computer to resolve temporary system issues and ensure all recent changes take effect.

Please note: before restarting your computer, save any open documents (consultation notes, referral forms, etc.) and close your clinical system and any other open applications.

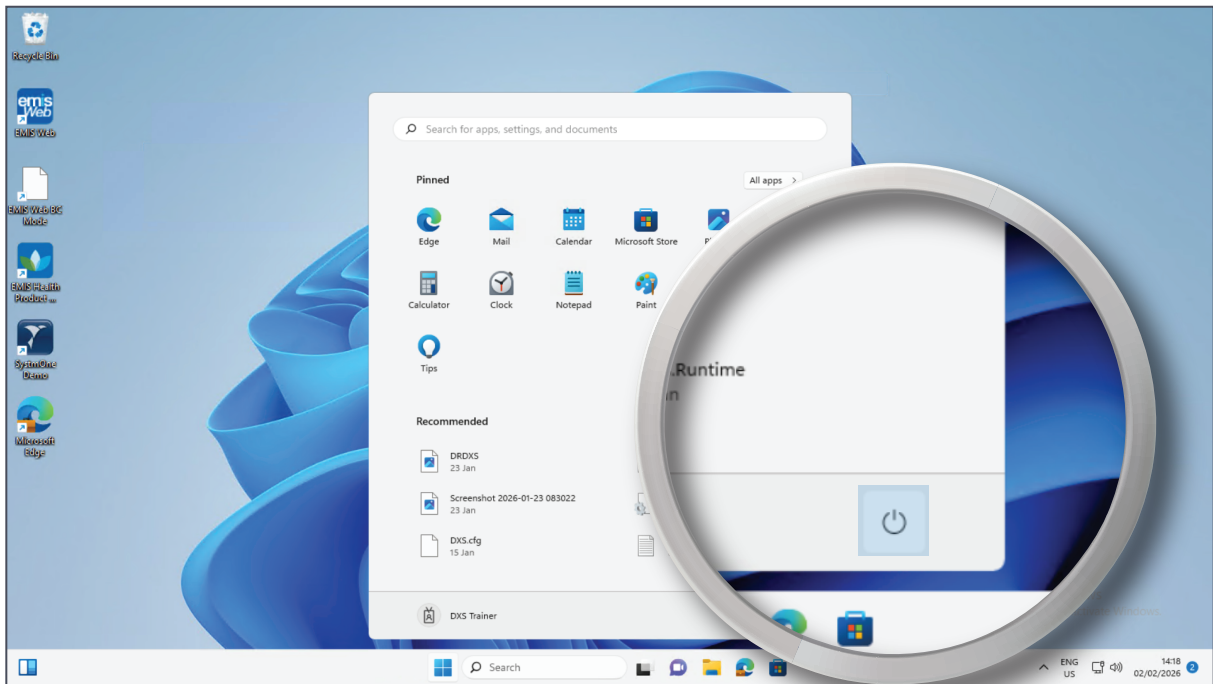
# Instructions

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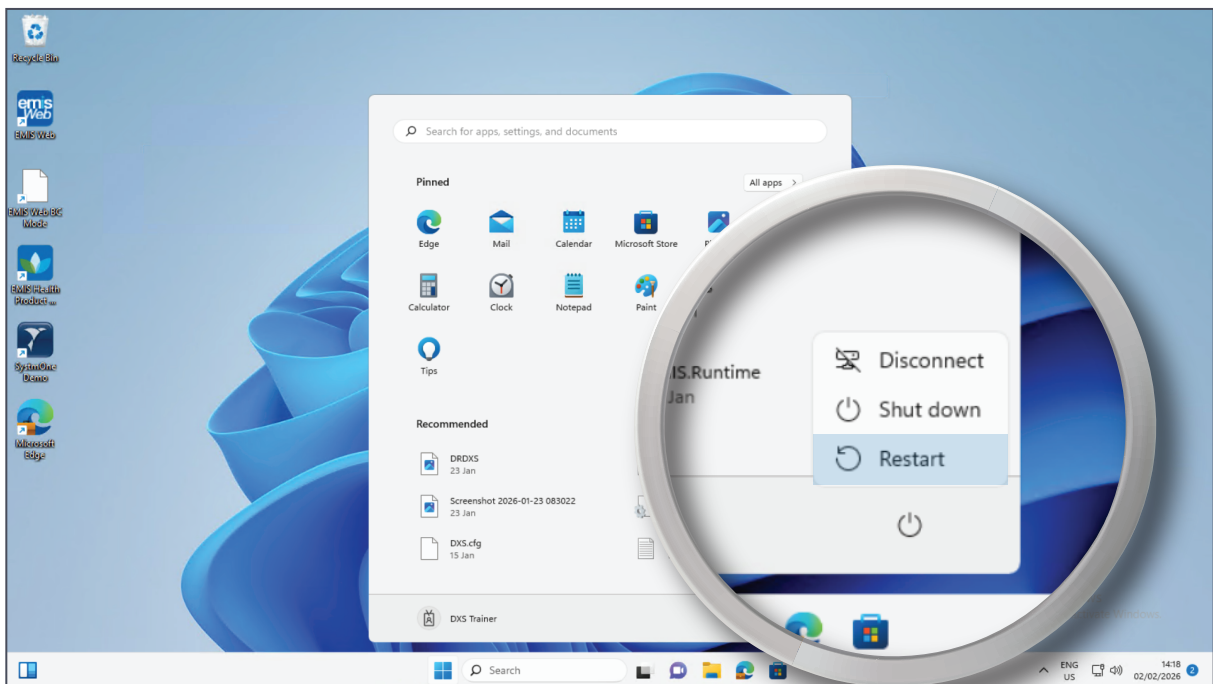
1. Click the **'Start'** (Windows) button.



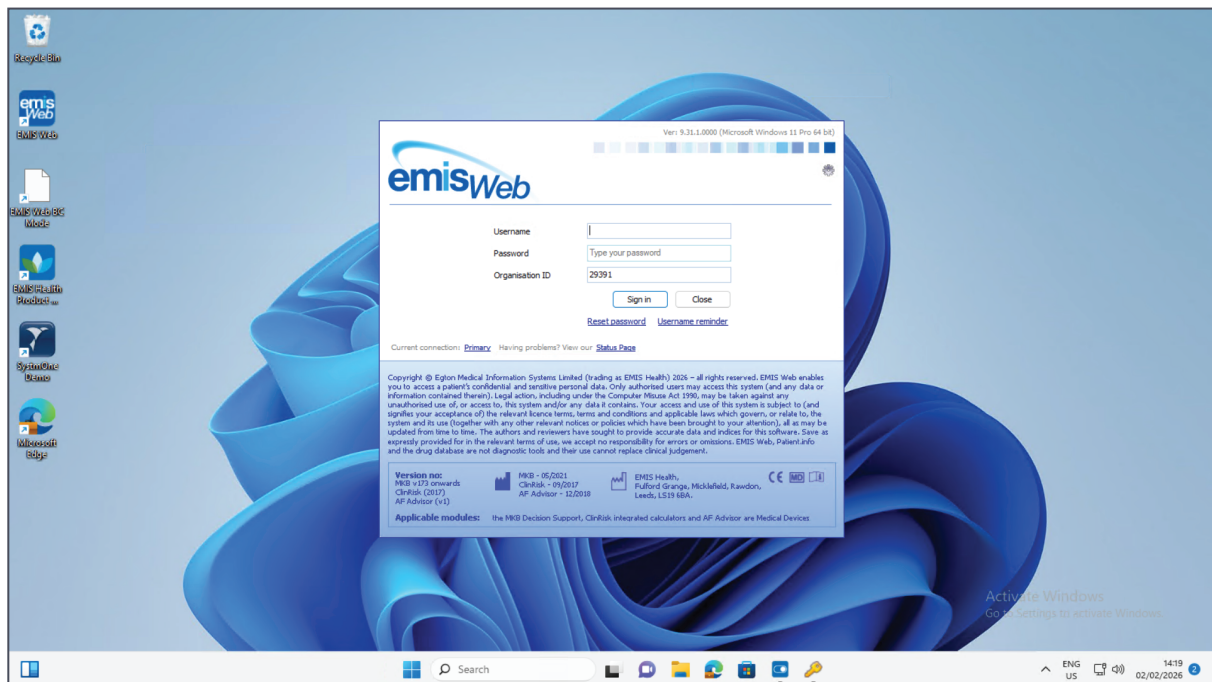
2. Select the **'Power'** button.



3. Choose the **'Restart'** option.



4. Wait for your computer to restart.
  - This may take **1–3 minutes**, depending on system speed.
5. Once the computer is back on, log back into your **Windows account**.
6. Open and log back into your **clinical system**.



# Support

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# Training

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