

Teambuilding for efficient cooperation



TRAINING

How to strengthen trust in each other?

You think to yourself: I know my colleagues. That makes sense. You do spend loads of time with them. But do you know them... really know them? The person behind all those colleagues?

Often not. However, the way you treat each other largely determines the working atmosphere. And a good working atmosphere is invaluable. Moreover, it creates trust. And when there is trust, productivity, creativity and efficiency will skyrocket. Makes sense, right?

Do you feel the mutual trust in your team could use a boost? Then you're in the right place. Our team building will immerse you in a do-and-feel programme, actively working with each other to bring you closer together. During our challenging exercises, you will get to know each other in a totally different way. And you will realise that you have much more in common than you think. 'Gosh! I didn't know that about you.' The goal of our programme? Shifting your mindset from 'having' to work together to 'liking' to work together. With plenty of enthusiasm.

LENGTH

half a day or a full day

NUMBER OF PARTICIPANTS

between 4 and 12

LANGUAGE

Dutch or English

LEARNING OBJECTIVES

In a nutshell: what will you learn during the training?

Which need is most crucial for each group member to feel good at work.

How to have fun at work.

How to focus on the positive. Complaining can bring some relief, but also harms the collective mood.

How to communicate solution-oriented instead of problem-oriented

That a heartfelt compliment boosts self-confidence.

That you are responsible for your own well-being and happiness.

That you invest in relationships with others by being open about what you think and feel.

You can opt for a half day or a full day of training. The content remains the same. However, if you opt for the shorter version, the pace will be a bit faster. During a full day of training, there will be more practical cases.

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