Ready, Set, Goal

CHRISTIAN

Write a letter to your

future self in 2024. What advice would you have for yourself? What do you hope to achieve this year? How will you make this year stand out from years past?



Overcoming Fear

We all get scared sometimes, but God assured us that He would help us overcome the challenges we face.

List 3 fears that have gotten in the way of attaining your goals. For each, describe how you plan to overcome it.



#1	
resolution	
#2	
resolution	
#3	
resolution	

CHRISTIAN

We all make mistakes,

but God has always been there to correct and guide us -- to show us the way. And it's up to us to learn from them. Describe a mistake that taught you a valuable lesson and encouraged you to have a growth mindset. How will you do better? How did God guide you?







Shining as lights

After reflecting on how our Lord Jesus Christ gave His life for the Church Of Christ, we realize this is the greatest blessing of our life -to be a member of His body. And what greater way to utilize this blessing than sharing our faith?

> Whom do you plan to share it with? What inspires you to do it? And what different ways are you discovering how to share your faith?



Take a deep breath...

Learning how to meditate at the beginning of the day, or in the middle of a stressful situation can make a huge difference. Go somewhere you can comfortably sit/lie down. Clear your mind, and focus on your breathing.

Couple mediation with a breathing exercise to practice focus and mindfulness. Repeat for 10 minutes. Tackle the day. As the month progresses, observe how much calmer and focused you've become.





Who we are

Our identity as Christians defines us. We are transformed by God's words, and our Lord Jesus Christ is our greatest role model.

List three brothers and/or sisters inside the Church Of Christ. What did you learn from them? Are they present in your life today? How do you hope to influence others with what you've learned?

#1

#2

#3



Halfway

We've made it halfway through the year! It's time to check in with how we're doing.

What goals have you accomplished so far?

What are you still working on to accomplish? What steps are you planning to take to accomplish the rest of your goals?



Care of Self

It's easy to get caught up in the chaos of life. Sometimes we may even forget to take care of ourselves.

So, how are you really doing?

Reflect: Have you been eating and sleeping well? What healthy boundaries do you set? Do you make time to recharge? How? Do you ask for help when you need it? How often do you pray?





Strong Helpers of the Church Administration

As helpers of the Church Administration, we have to make sure that we are doing our part in staying strong and faithful.

What inspires you to keep performing your duties no matter what? How does the Executive Minister inspire you? How do you hope to inspire others?









Life is about the peaks and meadows. And sometimes, it's one after the other. But they all have a greater purpose for our journey. Describe a challenging experience that made you strong. If it happens again, what would you do differently?



A Look Back

You've made it to the end of another year. You've grown in your faith, love, and hope. And you're ready to be even better in 2024.

Affirmations to myself:

In 2024, I will focus on shifting my pattern of...

I am grateful for...

3 traits my future self will have are:

The person I'm becoming will experience more...

I have the opportunity to be my future self when I...

When I think about the person I'm becoming, I feel...

I will involve God in...

What can I say to myself as the year closes?