## SOLUTION

## Guide to Using Captions and Direct Message Templates for Your Next Faith Conversations

Knowing what you know about your friends, family members, and acquaintances, select the caption or direct message that you feel would be relevant to them.

Copy and paste the message to your direct messages. Personalize it! Add their name where it says [name] and adjust the message to make it specific to the person you're sending it to.

These captions are just a starting point.
After sending the content, make sure to follow up with a question or two to keep the conversation going.

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## Start a faith conversation with anyone you know who needs some upliftment and inspiration from Bible-based advice!

How have you been, [name]?
Have you heard of *The Solution or The Solution In Seconds*? I often watch the episodes when I need encouragement. Check it out when you can!

https://incmedia.org/the-solution/

Anxiety sometimes gets to me too, [name]. The Solution has a few episodes on anxiety that have some great Bible-based advice!

https://incmedia.org/coping-with-job-lossand-anxiety/

Hi [name]! You know, a lot of people are experiencing loneliness right now. I think this episode, containing biblical advice, from *The Solution* might help!

https://incmedia.org/how-to-cope-with-adult-loneliness/

Hello there, [name]! Have you ever had that feeling of failure or wanting to succeed more? I just wanted to share that *The Solution* has a few episodes on this topic!

https://incmedia.org/learning-from-failure/

I know you've been feeling quite stressed lately, [name]. If you get a moment, watch How To Cope With Stress from The Solution, because I think it would truly be helpful.

https://incmedia.org/how-to-cope-withstress/ I'm so sorry for your loss, [name]! When you're ready, watch *How To Cope With The Death Of A Parent* from *The Solution*. It might bring you some comfort!

https://incmedia.org/coping-with-thedeath-of-a-parent/

If you're ever frustrated with change or managing your expectations in life, [name], The Solution has a couple of episodes you should check out!

https://incmedia.org/change/

Does anger seem to creep up on you sometimes, [name]? There's a great episode that you can watch from *The Solution*! The Bible-based advice is truly helpful.

https://incmedia.org/dealing-with-anger/

During those moments when navigating through life is tough, [name], watch some episodes of *The Solution*. A variety of issues and topics are solved with Bible-based advice!

https://incmedia.org/lifes-ups-and-downs/



