



MULTI DRUG THERAPY IN CANCER & RESISTANCE PATTERN

Rohit Kumar Kumawat^{1*}, Rajesh Asija² and Mahendra Kumar Chauhan³

¹Research Scholar, Maharishi Arvind Institute of Pharmacy, Jaipur, India- 302020.

²Principal, Maharishi Arvind Institute of Pharmacy, Jaipur, India- 302020.

³Associate Professor, Maharishi Arvind Institute of Pharmacy, Jaipur, India- 302020.

***Corresponding Author: Rohit Kumar Kumawat**

Research Scholar, Maharishi Arvind Institute of Pharmacy, Jaipur, India- 302020.

Article Received on 02/11/2022

Article Revised on 22/11/2022

Article Accepted on 12/12/2022

ABSTRACT

Anticancer drugs resistance is a complex process that arises from altering in the drug Targets. Advances in the DNA microarray, proteomics technology and the development of Targeted therapies provide the new strategies to overcome the drug resistance. Although a design of the new chemotherapy agents is growing quickly, effective chemotherapy agent has not been discovered against the advanced stage of cancer (such as invasion and Metastasis). The cancer cell resistance against the anticancer agents can be due to many Factors such as the individual's genetic differences, especially in tumoral somatic cells. Also, the cancer drug resistance is acquired, the drug resistance can be occurred by different Mechanisms, including multi-drug resistance, cell death inhibiting (apoptosis suppression), Altering in the drug metabolism, epigenetic and drug targets, enhancing DNA repair and gene amplification. In this review, we outlined the mechanisms of cancer drug resistance and in following, the treatment failures by common chemotherapy agents in the different type of cancers.

KEYWORDS: Drug resistance, Cancer, microRNA, Cell death inhibiting.

INTRODUCTION

By providing advances in the cancer research, our knowledge of the cancer biological characteristics is updating every day. Cancer causes the uncontrolled Growth of abnormal cells and dynamic altering in the Genome (which cause cancerous features in normal Cells). The cancer progression impairs the normal biological process of healthy cells which achieved by the Invasion of nearby tissues and metastasize to distant Tissues.^[1]

In addition to, common cancer treatments such as Surgery, radiation therapy, chemotherapy, combination therapy and laser therapy; the selective therapies are based on the better conception of the biology and Molecular genetics in the tumor progression used for the Promising treatments. Today's, despite these advances, The promising option for cancer treatment is Chemotherapy. Currently, 90% of failures in Chemotherapy are during the invasion and metastasis of Cancers related to drug resistance. In the chemotherapy, By following the administration of a certain drug, a large Number of patient tumor cells become resistant to the Drug. So, the drug resistance appears as a serious Problem in the field of cancer.⁴ There are many problems In the cancer therapy, such as cytotoxic agents resistance And toxic chemotherapy. The novel cancer

treatments by studying on the molecular targets of oncogenes, tumor Suppressor genes and RNA interference (RNAi) are expanded.^[2]

The purposes of these therapies include 1. The kinases inhibition that involved in the cell Proliferation, 2. Improving the rapid immune responses In cancer, 3. Specializing the medications, 4. Drug Delivery into cancer cells and 5. Reducing the side effects Of anticancer drugs, etc. 7 There are several mechanisms Including inactivation of the drug, multi-drug resistance, Inhibiting cell death (apoptosis suppression), changes in Drug metabolism, epigenetic and drug targets, enhance DNA repair and gene amplification that cause the Resistance to the chemotherapy.^[3]

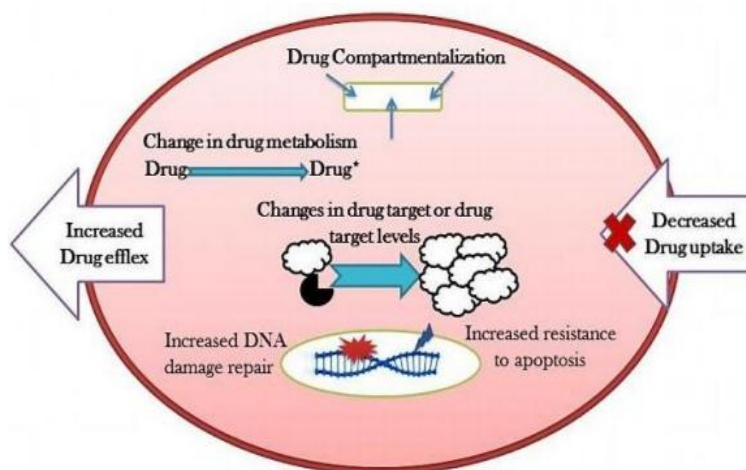


Figure 1: The mechanisms of drug resistance in the cancer Cells.

Mechanisms of Drug Resistance

Both primary and acquired resistance can be caused by alterations to drug metabolism (sequestrations or enhanced detoxification) or modifications to the drug targets.^[4]

Intrinsic and extrinsic factors in drug resistance

Tumor heterogeneity

Intra-tumor heterogeneity can be observed at many Different cancer levels and may be assignable to a Number of different factors that primarily occur at the Cellular level. This means, the natural generation of Variants form which are considered by various genetic, Epigenetic, transcriptomic and proteomic properties. The Genotypic changes include: mutations, gene Amplifications, deletions, chromosomal rearrangements, Transposition of the genetic elements, translocations and microRNA alteration. Genomic instability generates a great level of intercellular genetic heterogeneity in cancer. Epigenetic factors including miRNA, transcriptomic and proteomic heterogeneity may rise due to primary genotypic variations, but can also reflect cell cycle stage, stochastic variations between cells, or hierarchical organization of cells according to the cancer stem cell theory. These alterations known as intrinsic factors cause tumor heterogeneity. Extrinsic factors include pH, hypoxia, and paracrine signaling interactions with stromal and other tumor cells. These factors change, increase, or diminish gene products which directly are involved in the generation of Drug resistance and poor prognosis.^[5]

Tumor microenvironment

Growing evidence supports the important role of tumor Microenvironment in drug resistance discussion as the Main reason for the relapse and incurability of various Cancers. The tumor microenvironment involves normal Stromal cells (SC), extracellular matrix (ECM), and several soluble factors include cytokines and growth Factors. Tumor-tumor cell communication, tumor stromal cell communication, as well as tumor-ECM

Interface, all contribute to direct cell interaction Mediated by drug resistance. Moreover, growth factor (GF), cytokines produced in the tumor Microenvironment provide additional signals for tumor Cell growth and survival. Environment mediated-drug Resistance (EM-DR) could be well thought-out as the Whole of cell adhesion mediated drug resistance (CAMDR) and soluble factor -mediated drug resistance (SMDR) products including VEGF (vascular endothelial Growth factor); bFGF (basic fibroblast growth factor); SDF-1 (stromal cell-derived factor- 1); IL-6 (interleukin-6); NO (nitric oxide); IL-3 (interleukin-3), G-CSF (granulocyte colony stimulating factor); M-CSF (macrophage colony stimulating factor); GM-CSF (granulocyte-macrophage colony stimulating factor); TNF super family members BAFF (B cell-activating Factor of the TNF family) and APRIL (a proliferation inducing ligand); and many others by the tumor cell interaction.^[6]

Cancer stem cell

Cancer stem-cell populations have been detected in a variety of hematopoietic and solid tumors, and might be The cell of origin of hematopoietic and solid tumors. Although chemotherapy impairs an enormous number of cells in a tumor, but it is understood that the Chemotherapy agents are removed from cancer stem Cells with the special mechanisms, which might be an important for drug resistance, for instance, Overexpression of the ATP-binding cassette (ABC), Drug transporters such as ABCB1, which encodes Glycoprotein, and the ABCG2, which was originally identified in mitoxantrone resistant cells have been shown to keep cancer stem cells away from Chemotherapeutic agents. Cancer stem cells share Several of normal stem cells possession that provides for a long lifetime, including the relative silence, resistance to drugs and toxins through the expression of drug efflux transporters, an active DNA-repair capacity, and a resistance to apoptosis, vascular niche, dormancy, Hypoxic stability and enhance activity of repair

Enzymes.^[7] Following the cancer cells features mentioned above, these cells remain stable in the Patients recovering seemingly or metastasize to distant Organs and cause the cancer recurrence. So, identifying and eliminating these small populations of Cancer cells is such a significant help to eliminate Drug resistance.^[8]

Multi Drugs Resistance (MDR)

Multi-drug resistance (MDR) in the cancer chemotherapy has been pointed out as the ability of cancer cells to survive against a wide range of anticancer drugs. MDR mechanism may be developed by increased release of the drug outside the cells. so the drug absorption is reduced in these cells.^[9]

Increasing the release of drugs outside the cell

There is a family of ATP-dependent transporters which Involved in the transporting of the nutrients and other Molecules across the membrane. The ABC transporters Are composed of two cytoplasmic domains that bind to ATP known as ATP-binding cassette (ABC) and two Transmembrane domains(TMDs). ABC Family has Three members, including 1. P-glycoprotein (PGP), 2. Multi-drug Resistance-associated Protein 1 (MRP1) and 3. Breast Cancer Resistance Protein (BCRP/ABCG2).25 P-Glycoprotein (P-gp) which is a multidrug membrane Transporter that normally known as a pump for the Moving chloride out of the cells and can bind to the Variety of chemotherapy agents, including Doxorubicin, Vinblastine and Taxol, following binding ATP Hydrolyzed and then the structure of P-gp has been Altered. As a result, the agent releases to the extracellular Space. Following the second ATP hydrolysis, the Transporter returns its basic structure and is able to Release the drug outside of the cell.^[10]

Reducing the absorption of the drugs

The absorption of the anticancer agent into the tumoral Cells can occur by passive transfer (e.g., doxorubicin and Vinblastine), facilitate diffusion, activate the transport (for example, nucleoside analogs). The cytotoxic agents Are able to enter the cells via direction of the Concentration gradient by the three ABC transporter Molecules which were mentioned above. But the Absorption of the drug into the cells via direction of a high concentration gradient occurs only through active transport.^[11] Most of the membranes transporters belong To solute carrier SLC transporters (transports minerals, Vitamins and etc). Reducing the absorption of the drugs can occur at two main ways:

1. Reducing the tendency to Drugs binding and/or
2. Reducing the numbers of Transporters.

Some of the agents use the specific transporters to enter the cells.^[12] Mutations in these Transporters inhibit them and reduce the absorption of the Drugs. The resistance to Methotrexate is occurred usually by the human folate carrier's (hRFC) gene mutation in The patients with acute lymphoblastic leukemia (ALL). The mutation of G point at nucleotide 133 and the Substitution of lysine by

glutamic acid in the first Transmembrane domain of hRFC protein reduces the tendency of the drugs to bind the transporter.^[13]

Enhancing The DNA Repair

DNA repair is one of the well-known mechanisms of the Drug resistance in cancer field. The chemotherapeutic agents damage directly or/and indirectly the cancer cells DNA, so, there are mechanisms that can repair the damage of DNA. For example, platinum-based agents Such as cisplatin cause DNA damage which leads to the Apoptosis of tumoral cells.^[14] The resistance to these Agents occurs by the DNA repair systems, including Nucleotide excision repair system (NER) and Homologous recombination repair mechanisms (RRM) in the cancer cells. So, the efficiency of these agents is dependent on the inhibition of the DNA repair systems in The cancer cells. The inhibition of DNA repair systems Sensitizes the cancer cells to these drugs and thus the Effectiveness of the chemotherapy will increase. The defects in the DNA repair systems in the cancerous cells Could be one of the therapeutic targets which can be Possible by mutations and epigenetic silencing in these systems. The enhancement of DNA repair and Alkyltransferase activity also cause the resistance to Doxorubicin (alkylating agent).^[15]

Gene amplification

Gene amplification is a mechanism of the drug resistance in 10% of the cancers, especially in leukaemia's. Increasing the numbers of target genes by the gene amplification in some tumoral cells, including leukaemia cause the drug resistance to Methotrexate.^[16] The cancer cells cause the drug resistance via providing the multiple copies of the Dihydrofolate reductase gene (could target enzyme of methotrexate). The gene amplification increases the copy numbers of the oncogenes per cells to several hundred folds. Finally, this mechanism cause to the production of larger amounts of the related oncoproteins.⁵⁵ The sequences amplified in the cancer cells are detectable with additional small chromosomes called double chromosomes (DMs- double minute chromosome) or homogeneously staining regions-HSR in the final stages of malignancy.^[17]

MicroRNA in cancer drug resistance

MicroRNAs (miRNAs) are ~22 nucleotide RNAs Processed from RNA hairpin structures. MicroRNAs are Much too short to code for protein and instead play Important roles in regulating gene expression. They Regulate most protein-coding genes, including important Genes in cancer and especially in cancer drug resistance Generation. There are three mechanisms involved in gene Silencing with miRNA process: 1. Cleavage of the mRNA Strand into two pieces, 2. Destabilization of the mRNA Through shortening of its poly(A) tail and, 3. Less efficient Translation of the mRNA into proteins by ribosomes. miRNA might involve in all the drug Resistance mechanisms which mentioned above. miRNAs Could increase the efficacy of tumors to

chemotherapy Agents or it could avoid cancer drug resistance. Also, these small molecules could serve as a biomarker for prognosis And survival in response to chemotherapy.^[18]

Epigenetic altering caused drug resistance

One of the important mechanisms of the drug resistance in the cancer therapy is the epigenetic altering. There are two types of the epigenetic altering such as 1. methylation of DNA and 2. histone alterations. The acetylation of lysine open the chromatin structure, and deacetylation of this unit (lysine) cause the chromatin compaction and the stability of them, these mechanisms regulate the gene expression.^[19] For example, the tumor suppressor genes often silenced by methylation, in contrast, the hypermethylation of oncogenes induced their expression.^[20] Demethylation of multi-drug resistance gene (MDR1), in the cancer cell lines, leads to the acquisition of multi drug-resistant phenotype and reduces the accumulation of the anti-tumor drug inside the cancer cells. MDR1 is overexpressed in the premature myeloid cancer cells, but the mature myeloid cancer cells decrease the expression of MDR1.^[21]

Changing the drug metabolism

Chemotherapeutic agent metabolisms can be occurred by Enzymes. Enzymes are the most important factors for Determining the agent concentration, the inner and outer Of the cells. Reactions to the agents such as oxidation, reduction and hydrolysis which are known as phase I Reactions, and the consumption and conversion which are Known as phase II reactions play an important role in protecting normal cells against toxic agents. These Reactions reduce the drug resistance in the cancer cells in two manners including 1. Reducing the activation of Pro-drugs (reduced the activity of some enzymes) and 2. Increasing the drug inactivation (increased activity of Some enzymes).[22] One of the important examples in the Phase I reactions which managed with cells is the Detoxification done by cytochrome P450.^[23] The drug Resistance in the breast cancer with increasing the Activity of cytochrome P450 has been reported, also the Enhancing of the cytochrome P450 resulted in the Docetaxel inactivation.^[24]

Changing the chemotherapeutic agents targets

The effect of chemotherapeutic agents could have Depended on the modifications such as the mutations and changes in the expression levels of their targets. These types of modifications in the agent targets will lead to drug resistance, eventually.^[25] For example, the Topoisomerase enzymes are responsible for opening the compaction in the structure of DNA during replication. Doxorubicin, mainly used for the treatment of solid tumors (such as breast cancer and lung Tumors), originates from anthracycline fungus antibiotic Could inhibit Topoisomerase II. Cancer cells with Mutations in topoisomerase II alter the purpose of the mentioned drug.^[26]

CONCLUSION

The overdose of the antibiotics leads to Drug resistance to the bacteria. Thus, the rapid cell division and high frequencies of mutations cause the Natural selection of the resistant strains of these bacteria and survive in the presence of the certain drugs. Also, Human cancer cells with high proliferation rate are genetically unstable, the drug resistance could occur in a similar way. Interestingly, the studies approved that Cancer cells which are smart, and resistance to cellular stresses and agents have been created via altered Mechanisms of the cell biology. The cancer drug Resistance is a complex phenomenon. Thus; combination therapy is the best option for drug resisted type of cancers. The replacement of tumor suppressor miRNA and suppression of oncomiRs can regulate cancerous cells by suppressing their target genes which are involved in cancer development especially cancer drug resistance.

REFERENCE

1. Aas, T., Borresen, A. L., Geisler, S., Smith-Sorensen, B., Johnsen, H., Varhaug, J. E., et al., Specific P53 mutations are associated with De novo resistance to doxorubicin in Breast cancer patients. *Nat. Med.*, 1996; 2: 811–814.
2. Apperley, J. F. Part I: mechanisms of resistance to imatinib in Chronic myeloid leukaemia. *Lancet Oncol*, 2007; 8: 1018–1029.
3. Arber, N., Doki, Y., Han, E. K., Sgambato, A., Zhou, P., Kim, N. H., Et al. Antisense to cyclin D1 Inhibits the growth and tumorigenicity of human colon cancer cells. *Cancer Res.*, 1997; 57: 1569–1574.
4. Atwood, S. X., Chang, A. L., and Oro, A. E. Hedgehog pathway inhibition and the race against Tumor evolution. *J. Cell Biol.*, 2012; 199: 193–197.
5. Benner SE, Wahl GM, Von Hoff DD. Double minute Chromosomes and homogeneously staining regions in Tumors taken directly from patients versus in human Tumor cell lines. *Anticancer Drugs*, 1991; 2(1): 11-25. Doi: 10.1097/00001813-199102000-00002
6. Gatenby RA, Gillies RJ, Brown JS. The evolutionary Dynamics of cancer prevention. *Nat Rev Cancer*, 2010; 10(8): 526-7. Doi: 10.1038/nrc2892
7. Junttila MR, de Sauvage FJ. Influence of tumour Micro-environment heterogeneity on therapeutic Response. *Nature*, 2013; 501(7467): 346-54. Doi: 10.1038/nature12626.
8. Li ZW, Dalton WS. Tumor microenvironment and Drug resistance in hematologic malignancies. *Blood Rev*, 2006; 20(6): 333-42. Doi: 10.1016/j.blre.2005.08.003
9. Pal B, Bayat-Mokhtari R, Li H, Bhuyan R, Talukdar J, Sandhya S, et al. Stem cell altruism may serve as a Novel drug resistance mechanism in oral cancer. *Cancer Res*, 2016; 76(14): 251. Doi: 10.1158/1538-7445.AM2016-251

10. Settleman J. Cancer: Bet on drug resistance. *Nature*, 2016; 529(7586): 289-90. Doi: 10.1038/nature16863.
11. Dean M, Fojo T, Bates S. Tumour stem cells and Drug resistance. *Nat Rev Cancer*, 2005; 5(4): 275-84. Doi: 10.1038/nrc1590
12. Druker BJ, Sawyers CL, Kantarjian H, Resta DJ, Reese SF, Ford JM, et al. Activity of a specific Inhibitor of the BCR-ABL tyrosine kinase in the blast Crisis of chronic myeloid leukaemia and acute Lymphoblastic leukaemia with the philadelphia Chromosome. *N Engl J Med*, 2001; 344(14): 1038-42. Doi: 10.1056/NEJM200104053441402.
13. Zahreddine H, Borden KL. Mechanisms and insights Into drug resistance in cancer. *Front Pharmacol*, 2013; 4: 28. Doi: 10.3389/fphar.2013.00028.
14. Michael M, Doherty MM. Tumoral drug metabolism: Overview and its implications for cancer therapy. *J Clin Oncol*, 2005; 23(1): 205-29. Doi: 10.1200/JCO.2005.02.120
15. Townsend DM, Tew KD. The role of glutathione-Stransferase in anti-cancer drug resistance. *Oncogene*, 2003; 22(47): 7369-75. Doi: 10.1038/sj.onc.1206940
16. Manolitsas TP, Englefield P, Eccles DM, Campbell IG. No association of a 306-bp insertion Polymorphism in the progesterone receptor gene with Ovarian and breast cancer. *Br J Cancer*, 1997; 75(9): 1398-9. Doi: 10.1038/bjc.1997.238.
17. Cumming RC, Lightfoot J, Beard K, Youssoufian H, .238 Buchwald M. Fanconi anemia group C Protein prevents apoptosis in hematopoietic cells Through redox regulation of GSTP1. *Nat Med*, 2001; 7(7): 814-20. Doi: 10.1038/89937.
18. Juliano RL, Ling V. A surface glycoprotein Modulating drug permeability in chinese hamster Ovary cell mutants. *Biochim Biophys Acta*, 1976; 455(1): 152-62. Doi: 10.1016/0005-2736(76)90160-7.
19. Watson JV. Introduction to flow cytometry. Cambridge: Cambridge University Press, 2004.
20. Lothstein L, Hsu SI, Horwitz SB, Greenberger LM. Alternate overexpression of two P-glycoprotein [corrected] genes is associated with changes in Multidrug resistance in a J774.2 cell line. *J Biol Chem*, 1989; 264(27): 16054-8.
21. Higgins CF. ABC transporters: From Microorganisms to man. *Annu Rev Cell Biol*, 1992; 8: 67-113. Doi: 10.1146/annurev.cb.08.110192.000435
22. de Vree JM, Jacquemin E, Sturm E, Cresteil D, Bosma PJ, Aten J, et al. Mutations in the MDR3 gene Cause progressive familial intrahepatic cholestasis. *Proc Natl Acad Sci U S A*, 1998; 95(1): 282-7. Doi: 10.1073/pnas.95.1.282
23. Longo-Sorbello GS, Bertino JR. Current Understanding of methotrexate pharmacology and Efficacy in acute leukaemia's. Use of newer antifolates In clinical trials. *Haematological*, 2001; 86(2): 121-7.
24. Inaba H, Greaves M, Mullighan CG. Acute Lymphoblastic leukaemia. *Lancet*, 2013; 381(9881): 1943-55. Doi: 10.1016/S0140-6736(12)62187-4.
25. Ribera JM. Acute lymphoblastic leukemia. In: Hentrich M, Barta S, editors. HIV-associated Hematological malignancies. Switzerland: Springer; 2016; 145-51.
26. Jones D, Kamel-Reid S, Bahler D, Dong H, Elenitoba-Johnson K, Press R, et al. Laboratory Practice guidelines for detecting and reporting BCRABL drug resistance mutations in chronic Myelogenous leukemia and acute lymphoblastic Leukemia: A report of the Association for Molecular Pathology. *J Mol Diagn*, 2009; 11(1): 4-11.