



NOVEL DRUG DELIVERY TECHNIQUES FOR THE TREATMENT OF WOUNDS: A REVIEW

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INTRODUCTION

In recent years, novel technologies have revolutionized the field of wound healing, offering promising solutions to improve patient outcomes and enhance the healing process. Wound healing is a complex physiological process involving multiple stages and advancements in technology have paved the way for innovative approaches to accelerate healing, reduce complications, and improve overall wound care management. Traditional methods of wound healing, such as dressings, sutures, and staples, have been the mainstay of wound management for centuries. While these methods are effective to some extent, they often have limitations in promoting optimal healing and preventing complications. This has led to the exploration and development of novel technologies that harness the power of scientific advancements to address the challenges associated with wound healing.

One such technology is the use of advanced wound dressings. These dressings are designed to create an optimal wound environment by providing moisture balance, promoting oxygenation, and facilitating the removal of excess exudate. Advanced dressings can be classified into various types, including foam dressings, hydrogels, alginate dressings, and antimicrobial dressings. These dressings offer benefits such as enhanced wound closure, reduced infection risk, and improved patient comfort (Khan et al., 2022).

Another area of innovation in wound healing is the application of bioactive materials and scaffolds. These materials are designed to stimulate and support the natural healing process by delivering growth factors, cytokines, and other bioactive substances to the wound site. Bioactive materials can enhance cell migration, proliferation, and differentiation, leading to accelerated healing and tissue regeneration. Additionally, the use of tissue-engineered scaffolds provides a framework for cell attachment and organization, facilitating the regeneration of functional tissue.

In recent years, emerging technologies such as regenerative medicine and stem cell therapy have shown great promise in the field of wound healing. Regenerative medicine focuses on harnessing the body's innate regenerative capabilities to repair and replace damaged tissues. This can involve the use of stem cells, growth factors, and tissue engineering techniques to promote tissue regeneration and functional recovery.

Stem cell therapy, in particular, has garnered significant attention due to its potential to stimulate healing and enhance tissue regeneration in chronic and non-healing wounds. Furthermore, advancements in digital health technologies have revolutionized wound assessment and monitoring. Technologies such as 3D imaging, digital photography, and remote monitoring systems allow healthcare professionals to accurately document and track wound progression over time. These tools enable early detection of complications, facilitate timely interventions, and improve communication among the healthcare team, ultimately leading to better wound care management.

Novel technologies have opened up new avenues in the field of wound healing, offering innovative approaches to enhance the healing process and improve patient outcomes. From advanced wound dressings and bioactive materials to regenerative medicine and digital health technologies, these advancements hold tremendous potential to revolutionize the way we approach wound care. As research and development in this field continue to evolve, we can expect further breakthroughs that will transform the landscape of wound healing, bringing us closer to more effective and personalized treatments for patients with acute and chronic wounds.

Wound healing is a complex biological process that involves several stages, including inflammation, proliferation, and remodeling. In order to enhance wound

healing and improve patient outcomes, novel drug delivery techniques have been developed to deliver therapeutic agents directly to the wound site. These innovative approaches aim to overcome the limitations of traditional methods by providing controlled release, targeted delivery, and improved therapeutic efficacy. This note explores some of the promising novel drug delivery techniques used in the treatment of wounds (Pachua et al., 2015, Wang et al., 2019).

Topical drug delivery

Topical drug delivery is the most common and straightforward method for wound treatment. It involves applying medications directly to the wound surface in the form of creams, gels, ointments, or dressings. Recent advancements in topical drug delivery systems include hydrogels, nanoparticles, and transdermal patches. These formulations provide sustained release of drugs, enhance drug penetration into the wound bed, and promote wound healing through the controlled release of growth factors, antimicrobial agents, and other therapeutic agents.

Topical drug technologies play a crucial role in wound healing by delivering medications directly to the affected area, promoting faster and more effective healing. These technologies encompass various formulations and delivery systems designed to optimize drug delivery and enhance wound repair (Wang et al., 2019).

Here are some notable topical drug technologies used in wound healing:

Hydrogels: Hydrogels are three-dimensional, cross-linked polymer networks that can absorb and retain large amounts of water or biological fluids. They have gained significant attention in the field of wound healing due to their unique properties and versatile applications. Hydrogel dressings provide a moist environment for wound healing, facilitate the removal of necrotic tissue, and offer a protective barrier against infection. In this note, we will explore the different types of hydrogels used in wound healing and their mechanisms of action (Devi et al., 2021).

Types of hydrogels:

Synthetic hydrogels: These hydrogels are made from synthetic polymers such as polyvinyl alcohol (PVA) and polyethylene glycol (PEG). They are often designed to be biocompatible and biodegradable, allowing for controlled release of therapeutic agents.

Natural hydrogels: Derived from natural sources, these hydrogels include alginate, collagen, chitosan, hyaluronic acid, and gelatin. Natural hydrogels have inherent bioactive properties and promote cell proliferation and tissue regeneration.

Hybrid hydrogels: These hydrogels combine synthetic and natural components, incorporating the advantages of both materials. They can offer enhanced mechanical

strength, controlled degradation, and tailored drug release properties.

Mechanisms of action

Moist Wound Healing Environment: Hydrogel dressings maintain a moist environment at the wound site, which supports cell migration, angiogenesis, and collagen synthesis. The moisture prevents the formation of scabs and facilitates faster wound healing.

Debridement: Some hydrogels possess autolytic debriding properties, helping to remove necrotic tissue and slough by creating a favorable environment for the action of endogenous enzymes.

Absorption and Exudate management: Hydrogel dressings have high water content and absorb excess exudate from the wound, reducing the risk of maceration and promoting a balanced healing environment.

Protection against infection: Hydrogel dressings act as a barrier against microorganisms, preventing infection. Some hydrogels also contain antimicrobial agents to further reduce the risk of infection.

Drug delivery: Hydrogels can be loaded with bioactive molecules such as growth factors, antibiotics, or analgesics, allowing controlled release over an extended period. This localized drug delivery enhances wound healing and reduces systemic side effects.

Benefits of hydrogel dressings in wound healing:

Enhanced Healing: Hydrogel dressings promote faster wound healing by creating an optimal environment for tissue regeneration and cell proliferation.

Pain relief: Certain hydrogels contain analgesics or cooling agents that provide pain relief at the wound site.

Non-Adherence: Hydrogel dressings do not stick to the wound bed, minimizing pain and trauma during dressing changes.

Easy application: Hydrogel dressings are available in various forms, including sheets, gels, and sprays, making them easy to apply to wounds of different sizes and shapes.

Versatility: Hydrogels can be tailored to specific wound types, including chronic wounds, burns, and surgical incisions. They are suitable for both acute and chronic wounds (Devi et al., 2021, Dąbrowska et al., 2018).

Films and Dressings: Films and dressings are thin, flexible materials applied directly to the wound surface. They can be impregnated or coated with drugs, allowing controlled release over time. These technologies provide a barrier against external contaminants, maintain a moist environment, and can deliver active ingredients such as antimicrobials, growth factors, or anti-inflammatory

agents to enhance wound healing. Films are thin, transparent sheets made of various materials that adhere to the wound surface and provide a protective layer. They offer several benefits, including:

Moisture retention: Films act as a barrier, preventing excessive moisture loss from the wound. Maintaining a moist environment is crucial for optimal wound healing, as it promotes cell migration, angiogenesis, and the formation of granulation tissue.

Bacterial barrier: Films create a barrier against external contaminants, such as bacteria and debris, reducing the risk of infection. Some films have antimicrobial properties that further enhance their effectiveness in preventing infection.

Oxygen permeability: Many films are designed to allow oxygen to pass through while preventing the entry of water and bacteria. This feature aids in wound oxygenation, which is essential for cellular metabolism and healing.

Non-Adherent properties: Certain films have non-adherent properties, minimizing trauma during dressing changes. This is particularly beneficial for wounds with fragile or newly formed tissue (Szycher et al., 1992).

II. Dressings for wound healing:

Dressings are materials applied directly to the wound bed, providing a physical barrier and facilitating the healing process. Different types of dressings are available, each with its specific functions and indications (Brumberg et al., 2021):

Hydrocolloid dressings: These dressings contain gel-forming agents that absorb wound exudate, creating a moist environment. They provide a protective barrier and are suitable for low to moderately exuding wounds, such as pressure ulcers and shallow partial-thickness burns.

Alginate dressings: Made from seaweed fibers, alginate dressings are highly absorbent and transform into a gel-like consistency upon contact with wound exudate. They are particularly effective for heavily exuding or bleeding wounds, such as venous ulcers and surgical wounds.

Foam dressings: Foam dressings are highly absorbent and provide thermal insulation. They can manage moderate to heavily exuding wounds, including pressure ulcers, leg ulcers, and postoperative wounds (Schreml et al., 2010, Sharma et al., 2022).

Transparent films: Transparent film dressings are moisture-retentive, breathable, and provide a protective barrier against bacteria and contaminants. They are commonly used for superficial wounds, minor abrasions, and as a secondary dressing over other wound types (Gwak et al., 2017).

Gwak JH, Sohn SY. Identifying the trends in wound-healing patents for successful investment strategies. *PLoS One*. 2017; 12(3): 1–19.

Hydrogel dressings: Hydrogel dressings contain a high percentage of water and help maintain a moist wound environment. They are suitable for dry or necrotic wounds, providing hydration and promoting autolytic debridement (Su et al., 2021, Kim et al., 2019).

Antimicrobial dressings: These dressings contain agents such as silver or iodine, which have antimicrobial properties. They help prevent or manage wound infections and are used for contaminated or infected wounds.

Films and dressings are essential tools in wound management, providing a conducive environment for optimal wound healing. The choice of film or dressing depends on various factors, including the wound type, exudate level, and presence of infection. Healthcare professionals should assess wounds carefully and select the appropriate film or dressing technique to promote healing, prevent complications, and improve patient outcomes. Regular monitoring and evaluation of the wound are necessary to ensure the chosen technique remains effective throughout the healing process (Negut et al., 2018).

Nanoparticles: Nanoparticles are microscopic particles with sizes typically less than 100 nanometers. They offer several advantages for wound healing, including enhanced drug stability, improved penetration into the wound bed, and targeted drug delivery. Nanoparticles can encapsulate drugs, protect them from degradation, and release them gradually at the wound site. Additionally, they can be engineered to respond to specific stimuli, such as pH or temperature changes, to trigger drug release.

Nanoparticles can be utilized to expedite the wound healing process. By incorporating growth factors or therapeutic agents within nanoparticles, controlled release mechanisms can be achieved, allowing sustained and localized delivery to the wound site. This targeted delivery enhances cell proliferation, angiogenesis (formation of new blood vessels), and collagen synthesis, leading to accelerated wound closure and tissue regeneration (Kushwaha et al., 2022, Mihai et al., 2019, Gowda et al., 2023).

Enhanced antibacterial properties: Infections are a major concern in wound healing, often leading to delayed healing or chronic wounds. Nanoparticles exhibit inherent antimicrobial properties that can combat a broad spectrum of pathogens. Silver nanoparticles, for instance, have demonstrated potent antibacterial activity against various drug-resistant bacteria. Additionally, nanoparticles can be functionalized with antimicrobial agents, such as antibiotics or antimicrobial peptides,

further augmenting their effectiveness in preventing or treating wound infections (Norouzi et al., 2015, Yu et al., 2022).

Scaffold and Tissue engineering: Nanoparticles play a crucial role in the development of scaffolds for tissue engineering. These scaffolds mimic the extracellular matrix and provide a structural framework for cellular attachment, migration, and proliferation. By incorporating nanoparticles into these scaffolds, researchers can tailor their properties to promote cellular functions, such as differentiation and tissue regeneration. Nanoparticles can also be employed to enhance the mechanical strength and biocompatibility of scaffolds, making them suitable for wound healing applications (Helary et al., 2015, Wang et al., 2016).

Diagnostics and Monitoring: Nanoparticles offer novel diagnostic capabilities for wound assessment and monitoring. Surface-enhanced Raman spectroscopy (SERS) nanoparticles, for example, can be used to detect and quantify specific biomarkers associated with wound healing, providing real-time information about the wound status. This enables healthcare professionals to make informed decisions regarding treatment strategies and adjust interventions as needed (Van Asten et al., 2017, Spoto et al., 2018).

Challenges and Future directions: While the potential of nanoparticles in wound healing is promising, several challenges need to be addressed. These include optimizing nanoparticle stability, controlling their release kinetics, ensuring biocompatibility, and evaluating long-term safety. Further research is required to fully understand the interactions between nanoparticles and biological systems, as well as their potential toxicity. Additionally, regulatory frameworks must be established to ensure the safe and responsible use of nanoparticle-based wound healing therapies. Nanoparticles represent a cutting-edge approach in wound healing, offering numerous opportunities to enhance healing outcomes. From accelerated wound closure to improved antibacterial properties and advanced diagnostic capabilities, nanoparticles hold tremendous potential in revolutionizing the field of wound care. Continued research and development in this area will pave the way for innovative therapies that can address the challenges associated with wound healing and ultimately improve patient outcomes (Van Asten et al., 2017, Spoto et al., 2018).

Foam dressings: Foam dressings consist of polyurethane foam that absorbs exudate from the wound while maintaining a moist environment. These dressings can be impregnated with drugs, including antimicrobial agents or growth factors, to aid wound healing. Foam dressings also provide thermal insulation, cushioning, and protection against mechanical stress, making them suitable for a wide range of wounds. Foam dressings are a type of wound dressing commonly used in the field of

wound care to promote effective healing. These dressings are composed of a soft, absorbent foam material that is designed to manage exudate (fluid) levels and create a moist wound environment. The technique of using foam dressings has proven to be beneficial in facilitating wound healing. Foam dressings provide several advantages in the wound healing process. Firstly, they have a high absorbency capacity, allowing them to effectively manage wound exudate. This is particularly beneficial in wounds with moderate to high levels of drainage. The foam material absorbs the excess fluid while still maintaining a moist environment, which is conducive to optimal wound healing.

Additionally, foam dressings are non-adherent, meaning they do not stick to the wound bed. This feature helps minimize trauma and pain during dressing changes, as the dressing can be easily removed without disrupting the healing tissue. The non-adherent property also contributes to the overall protection of the wound, reducing the risk of additional damage. Foam dressings also have excellent thermal insulation properties, which can aid in maintaining a stable wound temperature. This is important as a stable temperature promotes enhanced cellular activity and the proliferation of healthy tissue. Moreover, foam dressings are versatile and can be used on various types of wounds, including pressure ulcers, surgical wounds, diabetic foot ulcers, and venous leg ulcers. They come in different shapes and sizes, allowing customization to fit specific wound dimensions and anatomical sites. In terms of wound healing, foam dressings support the formation of granulation tissue, which is crucial for the healing process. The moist environment created by the dressings promotes angiogenesis (the growth of new blood vessels), accelerates the migration of epithelial cells, and stimulates the production of collagen and other extracellular matrix components. These factors collectively contribute to faster wound closure and improved overall healing outcomes. It is worth noting that foam dressings are not suitable for wounds with minimal exudate or dry wounds, as they may cause desiccation. In such cases, other types of dressings may be more appropriate.

Foam dressings are an effective technique for wound healing due to their absorbent nature, non-adherent properties, thermal insulation, and versatility. By creating a moist environment and supporting the growth of new tissue, foam dressings facilitate the healing process and improve patient outcomes. However, it is essential to assess the wound's characteristics and consult a healthcare professional to determine the most suitable dressing type for optimal wound management (Brigham et al., 1996, Markova et al., 2012)

Transdermal patches: Transdermal patches are a popular technique used in medicine for delivering medications through the skin and into the bloodstream. These patches are designed to adhere to the skin and

slowly release drugs over a specific period of time. They offer several advantages over traditional methods of drug delivery, such as oral medications or injections.

One of the primary benefits of transdermal patches is their ability to provide a controlled and consistent release of medication. This helps maintain steady drug levels in the body, which can improve therapeutic outcomes and minimize side effects. The patches are usually made of a flexible, adhesive material that contains the medication within multiple layers. The drug molecules gradually diffuse through the layers and into the skin, from where they are absorbed into the bloodstream. Transdermal patches can be used to deliver a wide range of medications, including pain relievers, hormone therapies, nicotine replacement for smoking cessation, and certain cardiovascular medications. They are particularly useful for drugs that have low oral bioavailability, are rapidly metabolized, or cause gastrointestinal side effects. When it comes to wound healing, transdermal patches can also play a significant role. Some patches are specifically designed to promote wound healing by creating a moist environment, protecting the wound from external contaminants, and facilitating the release of healing agents.

These wound healing patches often contain active ingredients such as growth factors, antimicrobials, or collagen. The patches are applied directly to the wound site and can help accelerate the healing process by providing the necessary environment for cell proliferation, tissue regeneration, and preventing infections.

In addition to their therapeutic benefits, transdermal patches offer convenience and ease of use. They eliminate the need for frequent dosing, reduce the risk of medication errors, and provide a non-invasive and painless method of drug administration.

However, it's important to note that not all medications can be delivered effectively through transdermal patches. Factors such as molecular size, lipophilicity, and the ability to penetrate the skin barrier can limit the range of drugs suitable for this delivery method. Overall, transdermal patches are a valuable technique for drug delivery and wound healing. Their controlled release mechanism and targeted application make them an attractive option for patients and healthcare providers alike (Ramakrishanan et al., 1985, Wang et al., 1995).

Antibiotic-loaded beads or sponges: Antibiotic-loaded beads or sponges are a technique commonly used in wound care to promote healing and prevent infection. These specialized medical devices are designed to deliver antibiotics directly to the site of the wound, providing a localized and sustained release of the medication.

The technique involves impregnating small beads or sponges with antibiotics, such as gentamicin or vancomycin, which are effective against a wide range of bacteria. These antibiotic-loaded beads or sponges are then placed directly into the wound during surgical procedures or wound debridement. There are several advantages to using antibiotic-loaded beads or sponges in wound healing. First and foremost, they help to prevent and treat infection. By delivering antibiotics directly to the wound bed, the risk of systemic side effects is reduced, and a higher concentration of the medication can be achieved at the site of infection. This targeted approach is particularly beneficial for wounds that are difficult to treat or have a high risk of infection, such as open fractures or chronic non-healing wounds. Additionally, antibiotic-loaded beads or sponges provide a sustained release of antibiotics over an extended period. This continuous delivery ensures that therapeutic levels of the medication are maintained at the wound site, even after the initial application. It helps to combat bacteria that may be present in the wound and prevent the development of resistant strains.

The use of antibiotic-loaded beads or sponges is often combined with other wound care techniques, such as regular dressing changes, wound irrigation, and appropriate systemic antibiotic therapy if necessary. The beads or sponges may be left in the wound for a specific duration, typically ranging from a few days to several weeks, depending on the severity of the infection and the healing progress. It is important to note that the use of antibiotic-loaded beads or sponges should be done under the supervision of a healthcare professional experienced in wound care. Proper wound assessment, selection of the appropriate antibiotic, and monitoring for any signs of adverse reactions or resistance development are essential aspects of this technique. Antibiotic-loaded beads or sponges are a valuable tool in wound care that aids in the healing process by providing localized and sustained release of antibiotics. They are particularly useful in preventing and treating infections in complex or high-risk wounds. However, their use should be carefully managed by healthcare professionals to ensure optimal outcomes and minimize potential risks (Anagnostakos et al., 2008, Arciola et al., 2012).

Growth factor formulations: Growth factors are proteins that play a crucial role in cell proliferation, migration, and differentiation. They regulate various cellular processes involved in wound healing, such as angiogenesis (formation of new blood vessels), extracellular matrix synthesis, and cell recruitment. Growth factor formulations are designed to deliver these bioactive proteins directly to the wound site, providing a localized and targeted approach to stimulate healing.

Types of growth factors: Several growth factors have been identified for their wound healing properties. Some commonly used growth factors in formulations include:

Platelet-Derived Growth Factors (PDGF): PDGF promotes cell migration and replication, stimulating the production of collagen and other extracellular matrix components.

Transforming Growth Factor-Beta (TGF- β): TGF- β regulates cell proliferation, differentiation, and wound contraction. It also plays a crucial role in modulating the immune response during wound healing.

Epidermal Growth Factor (EGF): EGF promotes cell proliferation and migration, facilitating re-epithelialization the process of forming a new outer layer of skin over the wound bed.

Vascular Endothelial Growth Factor (VEGF): VEGF stimulates angiogenesis, facilitating the formation of new blood vessels to supply oxygen and nutrients to the healing tissue.

Benefits of Growth Factor Formulations in Wound Healing:

The application of growth factor formulations in wound healing offers several advantages:

Enhanced healing: Growth factors promote cell growth, collagen synthesis, and angiogenesis, leading to faster wound closure and improved tissue regeneration.

Reduced inflammation: Growth factors modulate the immune response, reducing excessive inflammation and promoting a balanced healing environment.

Minimized scarring: Growth factors aid in the formation of well-organized and functional tissue, potentially reducing scar formation and improving the cosmetic outcome.

Customization: Growth factor formulations can be tailored to specific wound types, allowing for personalized treatment approaches based on the wound's characteristics.

Challenges and Future directions

While growth factor formulations hold great promise for wound healing, there are challenges that need to be addressed. These include optimizing the delivery systems, ensuring sustained release of growth factors, and minimizing potential side effects. Additionally, further research is needed to explore the use of combination therapies, such as growth factors in conjunction with biomaterial scaffolds or stem cells, to enhance their efficacy.

Nanotechnology-Based approaches

Nanotechnology has revolutionized the field of wound healing by enabling targeted drug delivery and enhanced wound closure. Nanoparticles, such as liposomes, polymeric nanoparticles, and dendrimers, can encapsulate drugs and deliver them to the wound site.

These nanoparticles offer advantages such as improved stability, prolonged release, and the ability to carry multiple drugs simultaneously (Andrae et al., 2008, Gao et al., 2005).

Antimicrobial nanomaterials

One of the key challenges in wound healing is preventing infections, as they can significantly impede the healing process. Nanomaterials with antimicrobial properties, such as silver nanoparticles and metal oxide nanoparticles, have been extensively studied. These nanoparticles exhibit enhanced antimicrobial efficacy compared to traditional antimicrobial agents. They can directly target and destroy pathogenic bacteria while minimizing damage to healthy tissue, reducing the risk of antibiotic resistance (Varshney et al., 2022)..

Nanofiber scaffolds

Nanofiber scaffolds have shown immense potential in wound healing applications. These scaffolds, typically made of biodegradable polymers, mimic the structure of the extracellular matrix (ECM) and provide a supportive framework for cell attachment, migration, and proliferation. Nanofiber scaffolds can be functionalized with growth factors, cytokines, or other bioactive molecules to promote cellular activities, including angiogenesis and collagen synthesis, which are crucial for tissue regeneration. Additionally, nanofiber scaffolds can control the release of therapeutics in a controlled manner, providing localized and sustained drug delivery to the wound site (Chen et al., 2015).

Nanoparticle-Based dressings

Conventional wound dressings primarily serve as protective barriers. However, nanotechnology has enabled the development of advanced dressings with multifunctional capabilities. Nanoparticle-based dressings can incorporate antimicrobial nanoparticles, growth factors, and other bioactive molecules to promote wound healing. These dressings can also be engineered to respond to specific stimuli, such as pH, temperature, or moisture, facilitating the timely release of therapeutic agents. Additionally, nanoparticle-based dressings may possess properties such as enhanced mechanical strength, flexibility, and breathability, optimizing the healing environment (Varshney et al., 2022).

Diagnostic and Imaging tools

Nanotechnology has also contributed to the development of advanced diagnostic and imaging tools for wound assessment. Nanosensors and nanoprobe can be used to detect biomarkers indicative of infection, inflammation, or tissue regeneration. These tools enable real-time monitoring of wound healing progression, facilitating timely intervention and personalized treatment approaches. Moreover, nanotechnology-based imaging techniques, such as nanoparticle-enhanced magnetic resonance imaging (MRI) and quantum dot-based fluorescence imaging, offer improved visualization of wounds at the cellular and molecular levels.

Nanotechnology-based approaches hold immense promise in the field of wound healing. The unique properties of nanomaterials enable precise control over various aspects of the healing process, including infection prevention, tissue regeneration, and scar formation. While significant progress has been made in this field, further research is necessary to optimize nanomaterial properties, understand their long-term effects, and address regulatory considerations. With continued advancements, nanotechnology has the potential to revolutionize wound healing strategies, leading to improved outcomes for patients worldwide (Li et al., 2020).

Microneedles

Microneedles are small, minimally invasive devices that painlessly penetrate the skin's outermost layer to deliver drugs. They can be solid or hollow, made from various materials such as metals, polymers, or silicon. Microneedles can be used to deliver drugs directly into the wound bed, enabling precise and controlled drug release. This technique offers advantages like improved patient compliance, reduced pain, and enhanced drug permeation into the targeted tissue.

Microneedles are tiny, needle-like structures typically ranging in size from hundreds of micrometers to a few millimeters. They are designed to penetrate the skin's surface and create microchannels, which can be utilized for various purposes, including drug delivery, cosmetic applications, and wound healing.

In the context of wound healing, microneedles offer several advantages over traditional wound management techniques. When applied to the skin, they create microchannels that enhance the delivery of therapeutic agents directly into the target site. These agents can include growth factors, antibiotics, or other wound-healing compounds.

The microneedles themselves can be made from different materials, such as metals, polymers, or dissolvable materials. Dissolvable microneedles have gained significant attention due to their convenience and ease of use. These microneedles, typically made from biocompatible materials, gradually dissolve within the skin, releasing the incorporated therapeutic agents over time.

The microneedles technique promotes wound healing through various mechanisms. Firstly, the microneedle-induced microchannels facilitate the transportation of therapeutic agents into the wound bed, increasing their local concentration and bioavailability. This targeted delivery enhances the effectiveness of the wound healing process.

Moreover, the mechanical action of the microneedles stimulates the skin's natural healing response. The microinjuries created by the microneedles trigger the

production and release of growth factors and cytokines, which promote cell proliferation, angiogenesis (the formation of new blood vessels), and extracellular matrix remodeling. These processes are essential for tissue regeneration and wound closure.

Additionally, microneedles can improve the adherence and penetration of topical wound dressings or skin patches. By creating microscopic channels, they facilitate the absorption of active ingredients from these formulations into the wound, further accelerating the healing process. Overall, the microneedles technique offers a promising approach for enhancing wound healing outcomes. The combination of targeted drug delivery and mechanical stimulation provided by microneedles has the potential to accelerate wound closure, improve tissue regeneration, and reduce the risk of complications associated with chronic wounds. Continued research and development in this field may lead to the widespread adoption of microneedle-based therapies in wound management (Gurtner et al., 2008, Tomasek et al., 2002).

Gene therapy

Gene therapy holds great potential for wound healing by delivering therapeutic genes directly to the wound site. Viral vectors or non-viral delivery systems can be used to transfer genes encoding growth factors, cytokines, or other healing-promoting factors to the wound bed. This approach stimulates the production of desired proteins locally, promoting tissue regeneration, angiogenesis, and wound closure. Gene therapy-based approaches are still under development and require further research before widespread clinical use.

Gene therapy is a rapidly advancing field in medical science that aims to treat diseases by modifying or replacing faulty genes. It holds immense potential for various conditions, including wound healing. Wound healing is a complex biological process involving multiple stages and cellular interactions. Gene therapy techniques offer promising avenues to enhance and accelerate wound healing, particularly in cases of chronic or non-healing wounds.

Gene therapy techniques for wound healing

Growth factor delivery: Growth factors are proteins that regulate cell growth, migration, and differentiation. Gene therapy can be used to introduce genes encoding specific growth factors into the wound site. This approach promotes the production and sustained release of growth factors, stimulating tissue regeneration, angiogenesis (formation of new blood vessels), and re-epithelialization (re-growth of the outermost layer of the skin) (Martin et al., 1997).

Angiogenic factors: Poor blood supply to the wound area hampers healing. Gene therapy can be employed to deliver genes encoding angiogenic factors, such as vascular endothelial growth factor (VEGF) or fibroblast

growth factor (FGF). By promoting blood vessel formation, these factors enhance oxygen and nutrient supply to the wound, facilitating healing.

Extracellular Matrix (ECM) Modulation: The extracellular matrix is a structural support network crucial for tissue repair. Gene therapy can be utilized to modulate ECM components, such as collagen or elastin, by introducing genes encoding these proteins. This approach strengthens the wound bed and aids in tissue regeneration.

Anti-inflammatory genes: Chronic wounds often exhibit persistent inflammation, inhibiting the healing process. Gene therapy can be employed to deliver anti-inflammatory genes, such as interleukin-10 (IL-10), which dampens the inflammatory response. By reducing inflammation, this technique promotes wound healing.

Cell therapy: Gene therapy can also be combined with cell-based therapies for wound healing. Genes encoding specific proteins or growth factors can be introduced into cells, such as fibroblasts or stem cells, which are then applied to the wound site. This approach enhances the cells' therapeutic potential, leading to improved healing outcomes.

Challenges and Future perspectives

While gene therapy holds great promise for wound healing, several challenges need to be addressed. Delivery methods, such as viral vectors or non-viral techniques, need to be optimized for efficient gene transfer. Safety concerns, including potential immune responses or unintended gene modifications, must be carefully evaluated. Additionally, the translation of gene therapy approaches from preclinical studies to clinical applications requires rigorous testing and validation (Lawrence et al., 1994).

Lawrence WT, Diegelmann RF. Growth factors in wound healing. *Clin Dermatol*. 1994; 12:157–69.

Despite these challenges, gene therapy techniques offer exciting possibilities for advancing wound healing strategies. As research continues and technology improves, gene therapy has the potential to revolutionize wound care, providing more effective and personalized treatments for patients with chronic or non-healing wounds (Singer et al., 1999, Werner et al., 2003).

CONCLUSION

Novel drug delivery techniques have opened up new possibilities for the treatment of wounds. These approaches offer advantages such as controlled drug release, targeted delivery, enhanced wound healing, and reduced systemic side effects. Further research and development are needed to optimize these techniques and translate them into clinical practice. By harnessing the potential of novel drug delivery systems, healthcare

professionals can improve wound management, enhance patient comfort, and accelerate the healing process

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