



## FORMULATION AND EVALUATION OF MUCOADHESIVE BUCCAL PATCHES OF TIMOLOL MALEATE

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### ABSTRACT

Timolol maleate is a non-selective beta-adrenergic blocker, and having short biological half-life, approximate 4.1 h, and low oral bioavailability. Therefore, the present investigation is concerned with the development of the buccal mucoadhesive patches, which were designed to prolong the residence time and thus to improve the bioavailability of the drug and its half-life. Hydroxy propyl methyl cellulose (HPMC) is one the polymers which is having good mucoadhesive property so therefore various formulations were developed by using release rate controlling and gel forming polymers like HPMC K and Ethyl cellulose by solvent casting method. In addition to this glycerol and DMSO was used as plasticizer and permeation enhancer respectively. All the formulations had good physical appearance and physicochemical properties. From among all the developed formations, since formulation, F2 retarded the drug release in a controlled manner for a prolonged period of more than 6 h, gave satisfactory bio adhesion for a maximum duration of 6 h and drug diffused up to the 80%, so it was selected as the best formulation. Swelling studies indicated significant water uptake and contributed in drug release. The most satisfactory formulation had showed no significant change in physicochemical properties, drug content, bio adhesion properties, in vitro diffusion pattern after storage at  $30 \pm 2^\circ\text{C}$  (65% RH) and at  $40 \pm 2^\circ\text{C}$  (75% RH) during stability studies for 3months as per ICH guidelines. Thus, best formulation satisfied physicochemical parameters, in vitro bio adhesion strength, in vitro drug release and requirements for a buccal mucoadhesive drug delivery system.

**KEYWORDS:** Buccal delivery system, Timolol Maleate, polymers, solvent casting technique, Mucoadhesive patches, In-vitro release studies.

### INTRODUCTION

The oral cavity has rich blood supply that drains directly into the jugular vein and bypassing the liver. Direct access to these systemic circulation through internal jugular vein (buccal mucosa) bypasses drugs from hepatic first pass metabolism, leading to high bioavailability. These factors make the oral mucosa a very attractive and feasible site for systemic drug delivery. The buccal delivery thus implies the absorption of medication through the mucosal lining of the buccal cavity.<sup>[1]</sup> The buccal route also provides possible pathways for absorption of complex, high-molecular-weight polysaccharides, oligonucleotides, hydrophilic and unstable proteins, and the traditional small molecules of medicines. The oral cavity is being utilized for local and systemic intake of medicines.<sup>[2]</sup> the use of mucoadhesive polymers in buccal drug delivery has a greater application. Various mucoadhesive devices,

including tablets, films, patches, disks, strips, ointments and gels, have recently been developed. However, buccal patch offers greater flexibility and comfort than the other devices. In addition, a patch can circumvent the problem of the relatively short residence time of oral gels on mucosa, since the gels are easily washed away by saliva.<sup>[3]</sup>

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2. delivery. Most of the dosage forms are swallowed from oral cavity.
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## MATERIALS

Timolol maleate was obtained from Hetero labs, HYD. HPMC K 100M and Ethyl cellulose procured from Synpharma Research Labs, Hyderabad. Other chemicals and the reagents used were of analytical grade.

## METHODOLOGY

### Drug- excipient compatibility study

The compatibility of drug and formulation components is important prerequisite for formulation development. It is therefore necessary to confirm that the drug does not interact with excipients under experimental conditions and affect the shelf life of product or any other unwanted effects on the formulation.<sup>[4]</sup>

### Formulation Development

**Table 1: Formulation Design of Timolol maleate buccal patches.**

Ingredients	F1	F2	F3	F4
Drug	20	20	20	20
HPMCK100M	40	80	-	-
Ethyl cellulose	-	-	40	80
PEG	1	1	1	1
DMSO	0.1	0.1	0.1	0.1

### Characterization of Buccal formulation

#### Physico- chemical evaluation

##### Physical appearance

All the formulated Timolol maleate patches were observed for color, clarity, flexibility, and smoothness.<sup>[5]</sup>

##### Folding endurance

Buccal patches folding endurance was estimated by frequently double over at the same place till it broke. The number of times the film could be folded at the same place without breaking is the folding endurance. This was restate on all the patches for three times and the mean values plus standard deviation was calculated.<sup>[6]</sup>

##### Thickness of the patch

The thickness of each film was measured by using screw gauze. Buccal patches thickness was estimated at various sites on each patch and the average thickness of the buccal patch was capture as the thickness of the patch.<sup>[7]</sup>

##### Weight uniformity

The formulated buccal patches are to be dried at 60°C for 6 hours before trial. A identify the area of 4.52 cm<sup>2</sup> of film is to be cut in different parts of the patch and weigh in digital balance. The average weight and standard deviation values are to be calculated from the individual weights.<sup>[8]</sup>

##### Drug content

The formulated buccal patch were assayed for drug content in each case. Patches from each formulation were

assayed for content of drug. Each formulation was casted in triplicate and one patch from each was taken and assayed for content of drug.

The Buccal patches (4.52 cm<sup>2</sup>) were added to conical flask containing 100 ml of phosphate buffer pH 7.4 contain 0.5% SLS. This was then stirred with magnetic bead at 400 rpm for 2 hrs. The contents were filtered and the filtrate was analysed spectrophotometrically. Similarly a blank was prepared from Buccal patches without drug.<sup>[9]</sup>

### Moisture absorption studies

The buccal patches were weighed exactly and placed in a desiccators containing aluminium chloride to maintain 79.50% RH. After 3 days, the patches were taken out and weighed. The percentage of moisture uptake was calculated using the following formula.<sup>[10]</sup>

Parentage moisture uptake = (Final weight- Initial weight)/(Initial weight) ×100

### Moisture loss studies

Three patches were weighed separately and kept in a desiccator contains calcium chloride at 37°C for 24 hours. Then the last weight was noted when there was no further change in the weight of the patch. The percentage of moisture loss was calculated using the following formula.<sup>[11]</sup>

Percentage moisture loss = (Initial weight-Final weight)/(Final weight) ×100

### Swelling study

Three buccal patch were weighed individually (W1) and placed separately in 3% agar gel plates and incubated at 37 ± 1°C. After every 15min time interval until 1 h, the patches were removed from the Petri dish and excess surface water was removed carefully with blotting paper. The swollen patch was then reweighed (W2) and the swelling index (SI) were calculated using the formula given in equation.<sup>[12]</sup>

[Swelling Index = [(W2-W1) ÷ W1] × 100,

Where W1 = initial weight of the patch W2 = final weight of the patch.

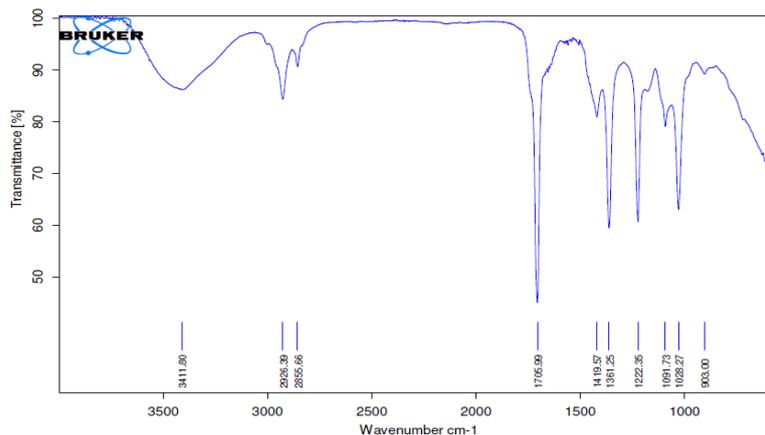
### Stability Studies

Optimized medicated buccal patches were subjected to short term stability testing. The Buccal patches were sealed in aluminium foils and kept in a humidity chamber maintained at 40 ± 2 °C and 75 ± 5% RH for 3 months as per ICH guidelines.<sup>[13]</sup>

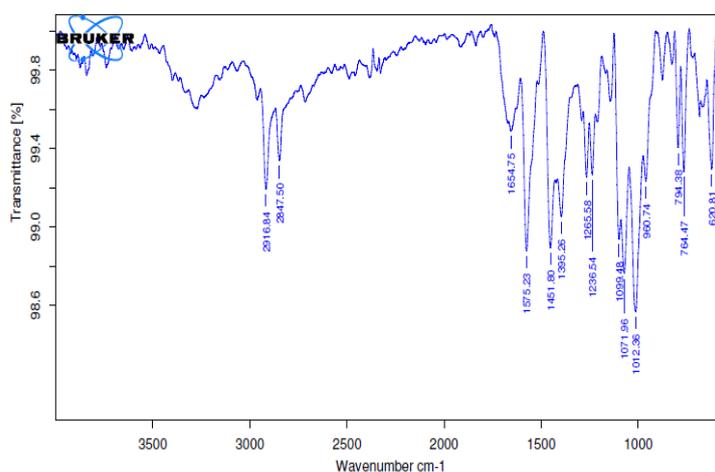
## RESULTS AND DISCUSSION

### Compatibility studies of drug and polymers

All these peaks have appeared in formulation and physical mixture, indicating no chemical interaction between Timolol maleate and polymer. It also confirmed that the stability of drug during microencapsulation process.



**Fig-1: FTIR Studies of Timolol maleate.**



**Fig-2: FTIR Studies of Physical mixture of drug and excipients.**

#### **Physical appearance and surface texture of buccal patches**

These parameters were checked simply with visual inspection of patches and by feel or touch. The observation reveals that the patches are having smooth surface and they are elegant in appearance.

#### **Weight uniformity of buccal patches**

The weight of the patches was determined using digital balance and the average weight of all patches.

#### **Thickness of buccal patches**

The thickness of the patches was measured using screw gauge and the average thickness of all patches.

#### **Folding endurance of buccal patches**

The folding endurance gives the idea of flexible nature of patches. The folding endurance was measured manually, patches were folded repeatedly till it broke, and it was considered as the end point. The folding endurance was found optimum and the patches exhibited good physical and mechanical properties and the average folding endurance of all patches.

#### **Drug content uniformity of buccal patches**

Timolol maleate buccal patches prepared with various polymers were subjected to the valuation for uniform dispersion of drug throughout the patch. In each case three patches were used and the average drug content was calculated.

#### **% Moisture loss**

The moisture content in the buccal patches ranged from 8.75 to 8.96%. The moisture content in the formulations was found to be increased by increase in the concentration of polymers.

#### **% Moisture absorption**

The moisture absorption in the buccal patches ranged from 9.92 to 10.52%.

#### **Swelling index**

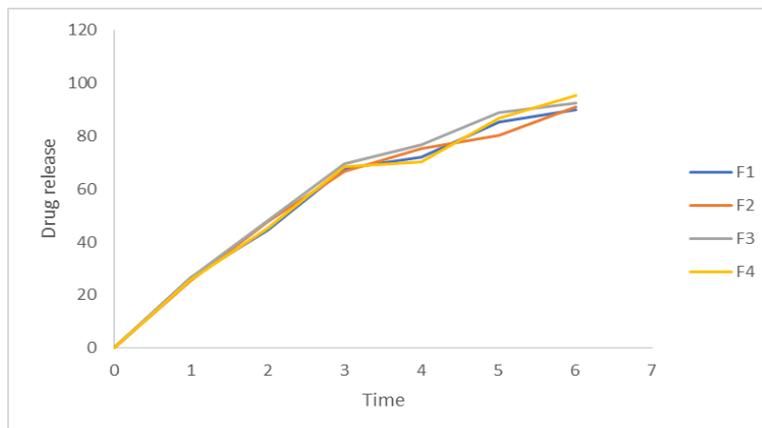
The swelling index in the buccal patches ranged from 14.58 to 15.98 %.

**Table 2: Physicochemical evaluation data of Timolol maleate Buccal Patches.**

F. code	F1	F2	F3	F4
Thickness (mm)	0.34	0.24	0.26	0.22
Weight variation (mg)	47.36	48.16	44.62	43.29
Drug content Uniformity	90.96	94.36	94.46	98.83
Folding endurance	76	79	82	88
% Moisture loss	8.16	8.82	8.92	8.57
% Moisture absorption	10.62	10.74	10.72	10.32
Swelling index	14.89	15.54	15.86	15.45

**Drug release studies****Table 3: *In vitro* release data of film F<sub>1</sub> to F<sub>4</sub>.**

Time (hrs.)	F <sub>1</sub>	F <sub>2</sub>	F <sub>3</sub>	F <sub>4</sub>
0	0	0	0	0
1	26.50	25.55	26.70	25.89
2	44.50	47.59	48.18	45.23
3	67.65	66.55	69.75	68.35
4	71.98	75.32	76.89	70.34
5	85.32	80.28	88.86	86.77
6	90.12	91.22	92.45	95.50

**Fig-3: In vitro drug release of (F1- F4) formulation.****Stability Studies**

Optimized formulations F4 was selected for accelerated stability studies as per ICH guidelines. The patches were observed for colour, appearance and flexibility for a period of three months. The folding endurance, weight,

drug content, % cumulative drug release of the formulation was found to be decreasing. This decrease may be attributed to the harsh environment (40°C) maintained during the studies.

**Table 4: Stability studies of optimized formulations.**

Formulation Code	Parameters	Initial	1 <sup>st</sup> Month	2 <sup>nd</sup> Month	3 <sup>rd</sup> Month	Limits as per Specifications
F4	25°C/60%RH	95.50	94.78	93.68	92.58	Not less than
F4	30°C/75% RH	95.50	94.75	93.54	92.21	Not less than
F4	40°C/75% RH	95.50	94.63	93.42	92.35	Not less than

**CONCLUSION**

FTIR studies revealed that there is no incompatibility or interaction between Timolol maleate and excipients. Formulated buccal films gives satisfactory film characteristics like physical appearance, surface texture, weight uniformity, thickness uniformity, folding endurance, surface pH, percentage swelling index, percentage moisture uptake, drug content uniformity, in-

vitro drug release. The low values for standard deviation for average weight, thickness, surface pH, percentage swelling index, percentage moisture uptake, in vitro drug release and drug content indicated uniformity within the batches. Based on in vitro drug release, formulation F4 exhibited a drug release of 95.50% in 6 hours. The drug release could be retarded more than 6 hr with controlled release behaviour. The prepared buccal patches were

found to stable after performing stability testing for three month. Short term stability studies of optimized formulation as per ICH guidelines indicated that there is no significant change in physical appearance, drug content determination and in vitro drug release. So finally, it can be concluded that mucoadhesive buccal films of Timolol maleate could provide sustained buccal delivery for prolonged period. A further clinical investigation has to be conducted to establish the safety and efficacy of the developed formulation.

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