



STRUCTURAL AND SAFETY CHARACTERIZATION OF 3-METHYLPENTAN-1-OL

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1. ABSTRACT

This study presents an integrated analysis of 3-methylpentan-1-ol ($C_6H_{14}O$), focusing on its structural identification through high-resolution 1H NMR spectroscopy and its industrial safety profile. We examine the electronic environment of its fourteen protons and the symmetry-breaking effects of the C3 chiral center. Furthermore, a toxicological assessment confirms its safety as a fragrance ingredient under current exposure levels.

KEYWORDS: 1H NMR, 3-methylpentan-1-ol, Chirality, Fragrance Safety.

1. INTRODUCTION

3-Methylpentan-1-ol is a branched primary alcohol known for its unique organoleptic properties, including chocolate and wine-like notes. It occurs naturally in various foods, such as apples, cheese, and brandy. Its molecular structure consists of a pentane backbone with a methyl branch at the third carbon
 $(CH_3CH_2CH(CH_3)CH_2CH_2OH)$.

2. 1H NMR Spectroscopic Analysis

The 1H NMR spectrum is a critical diagnostic tool for elucidating the electronic environment and connectivity of the molecule's fourteen protons.

2.1. Chemical Shift Assignments

- * Alpha-Methylene (C_1-H_2): Due to the inductive effect of the hydroxyl group, these protons resonate downfield at δ 3.66–3.74 ppm as a triplet.
- * Hydroxyl Proton ($-OH$): Appears as a broad singlet between δ 1.5–5.0 ppm, highly sensitive to solvent and concentration.
- * Aliphatic Region (δ 1.04–1.81 ppm): This cluster contains the C_2 and C_4 methylene protons and the C_3 methine proton.
- * Methyl Groups (δ 0.89–0.92 ppm): This region includes a doublet for the C_3 -methyl branch and a triplet for the terminal C_5 -methyl.

2.2. Impact of Chirality

The C_3 carbon is a stereocenter, meaning the molecule exists as two enantiomers. This chirality makes the C_2

and C_4 methylene protons diastereotopic. These protons are magnetically non-equivalent and exhibit complex multiplets rather than simple triplets at high resolution.

3. Safety and Toxicological Evaluation

According to the Research Institute for Fragrance Materials (RIFM), 3-methyl-1-pentanol is safe for its intended use.

3.1. Human Health Assessment

- * Genotoxicity: The compound is non-genotoxic based on BlueScreen assays and read-across data.
- * Repeated Dose Toxicity: The NOAEL (No Observed Adverse Effect Level) is established at 1250 mg/kg/day.
- * Skin Sensitization: Human clinical tests (HRIPT) at 0.5% concentration show no sensitization potential.
- * Phototoxicity: No significant UV absorbance was found between 290–700 nm, indicating no phototoxic risk.

3.2. Environmental Safety

- * Aquatic Risk: The risk quotient (PEC/PNEC) is < 1 , indicating no significant risk to the aquatic environment.
- * Bioaccumulation: The substance is not persistent or bioaccumulative according to IFRA standards.

4. CONCLUSION

The 1H NMR spectrum of 3-methylpentan-1-ol provides a detailed fingerprint of its branched structure, specifically through the deshielding of alpha-protons and the complexity induced by chirality. Combined with its robust safety profile, these analytical markers support its continued use in the

global chemical and fragrance industries.

5. REFERENCES

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