



REDUCTION IN ORGANS CADMIUM RETENTION IN MALE RATS: THE ROLE OF *ALLIUM CEPA*

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ABSTRACT

Cadmium has been known to be associated with various organs toxicity. Cadmium-induced organs toxicity arises from cadmium retention in those organs. Most of the organs toxicities have been ascribed to cadmium induced oxidative stress. *Allium cepa* is a known antioxidant that has been reported to ameliorate cadmium-induced organ toxicity. Therefore this study was carried out to investigate the effect of *Allium cepa* in cadmium retention of selected organs. Twenty four rats were randomly grouped into four groups of six rats each. Group 1, 2, 3, and 4 were given deionized water, 0.3ml of 0.05 mg/mL CdSO₄, 1.0mL/100g BW *Allium cepa* for seven days before 0.3ml of 0.05 mg/mL CdSO₄ for 21 days, and *Allium cepa* co-treated with cadmium for 21 days respectively. All the treatments were given orally. Blood, liver, duodenum, kidney and testes were analyzed for cadmium concentration, zinc concentration, catalase activity, superoxide dismutase activity and lipid peroxidation. Treatment with cadmium resulted in significant: decrease in percentage weight gain, increase in the organs cadmium retention, decrease in Zinc/Cadmium concentration ratio, decrease in catalase and superoxide dismutase activities, increase lipid peroxidation, co-treatment of cadmium treated animals with *Allium cepa* ameliorate all these effects of cadmium. This study gives evidence that cadmium retention in organs were reduced by *Allium cepa* as a result of its ability to reduce oxidative stress. The reduction in oxidative stress was brought about by increase in the zinc concentration in organs.

KEYWORDS: Zinc, Oxidative stress, superoxide dismutase, *Allium cepa*.

INTRODUCTION

Cadmium is one of the heavy metals that are highly toxic to both humans and animals. It has been known to be associated with various organs toxicity such as renal, hepatic and gonads.^[1,2,3] It accumulates in various organs over time with biological half-life of 20-30 years.^[4] Most of cadmium-induced organs toxicities have been ascribed to oxidative stress induction^[5] which occurs as a result of high levels of cadmium retention.^[6]

Two major routes of cadmium poisoning are the diet and the environment. Examples of diet containing cadmium include cereals and vegetables.^[7] meat (liver and kidney).^[8] The environment route includes cigarettes smoking^[9] and workplace exposure such as plastic industries, refineries of metals (zinc refining, lead refining *e.t.c*), metal plating with cadmium-containing materials, productions of metals (iron, steel), nickel-cadmium battery manufacturing, production of cadmium alloys, cadmium containing pigment production and combustion of fossil fuels.^[10-13]

Cadmium absorption from diet is high in the duodenum and less in the other part of the intestine.^[14] After intestinal absorption from diets, it is transported to the liver before distributed to other organs with the highest cadmium burden in liver and kidney.^[15]

Allium cepa is a potent antioxidant that is rich in flavonoids, reducing sugars, carbohydrates, glycosides, acid compounds, proteins, alkaloids, saponins and oils^[16] and and quercetin.^[17] It has been reported to play important roles in the amelioration of hepatotoxicity^[2], nephrotoxicity^[1] and testicular toxicity.^[3]

Zinc (Zn) is also a known cofactor of superoxide dismutase (SOD) enzyme and its deficiency has been shown to cause oxidative stress^[18]. Likewise, cadmium-induced organ toxicity arises through oxidative stress when there is deficiency of Zn. Therefore this study was carried out to investigate the effect/s of *Allium cepa* in cadmium distribution and retention in selected organs of

rats after oral exposure with reference to Zinc/Cadmium ratio and SOD activity.

MATERIALS AND METHODS

Animals

Twenty four male Wistar rats weighing 150-180g obtained from Animal Holdings of the Department of Physiology Ladoke Akintola University of Technology, Nigeria were used for this study. All the animals were allowed to rat pellet diet and water *ad libitum*. They were randomly grouped into four groups of six rats each. Control group were given deionized water only. Cadmium group were treated with 0.3ml of 0.05 mg/mL CdSO₄ for twenty one days. *Allium cepa* pre-treated (Ace Pre-treat) group received 1.0mL/100g BW *Allium cepa* for seven days follow by twenty one days of 0.05 mg/mL CdSO₄. *Allium cepa* co-treated with cadmium group (Ace Co-treat) received 1.0mL/100g BW *Allium cepa* and 0.3ml of 0.05 mg/mL CdSO₄ simultaneously for twenty one days. All the treatments were given orally.

Allium cepa extract preparation

Allium cepa extract was prepared following procedure from previous studies.^[1-2] Briefly, *Allium cepa* (common onion) bulbs were rinsed thoroughly in distilled water, air dried, and 200g was then blended. Juice was then filtrated and squeezed out of it using a tight sieve. The filtrate juice was prepared daily.

Sample collection and preparation.

Blood samples were collected by cardiac puncture. Liver, duodenum, kidney and testes were harvested and weighed. Samples were prepared according to Uyanik *et al.*,^[19] method with slight modification. Blood samples were centrifuge at 3500 rev/min for thirty minutes. Then, 2.5mL of nitric acid was added into 0.5mL of serum in a digestion vessel. Organs were also digested by adding 2.5mL of nitric acid into 0.5mg of each sample in a digestion vessel. The vessels were orderly arranged in Q-block wireless digester (Questron Technology Corp, 7-6725, Ontario, Canada.) regulated to 100°C and the digestion was carried out for three hours. Immediately after the digestion, the samples were diluted with

25.0mL of deionized water then filtered into other separate covered polypropylene bottles.

Determination of cadmium and zinc concentration

Cadmium concentration in each sample were determined using atomic absorption spectrophotometer (AAS) fixed with cadmium hollow cathode lamp. Readings were done at 228.9nm wavelength. Cadmium concentration in each sample was determined by multiplied the readings with the dilution factor (25/0.5). Concentration of zinc was also determined by atomic absorption spectrophotometer (AAS) fixed with zinc hollow cathode lamp.

Biochemical analysis

Superoxide dismutase activity was determined spectrophotometrically according to Mistrá and Fridovic^[20] method. Catalase activity was determined according to the method of Aebi.^[21] Estimation of lipid peroxidation was determined based on the reaction of MDA with thiobarbituric acid (TBA) forming MDA-TBA₂ according to the method of Varshney and Kale.^[22]

Statistical analyses

Data were expressed as mean ± S.E.M. One-way analysis of variance (ANOVA) was used to analyze for the significance of differences between means followed by Student's t-test. Level of significance was at a *p*-value of less than 0.05.

Ethics

Animals used in this study received care according to the institution guidelines, so also the guidelines for care of animals as outlined in the United State National Institute of Health Guidelines for the Care and Use of Laboratory Animals (NIH publication No85-23) was followed.

RESULTS

Effect of *Allium cepa* on weight gain of cadmium treated rats

There was significant decrease in percentage weight gain of animals treated with cadmium alone when compared with control, however the percentage reduction in weight gain of animals treated with *Allium cepa* did not significantly different from both control and cadmium treated groups, Table 1.

Table 1: Effect of *Allium cepa* on weight gain

Group	Control	Cd	Ace Pre-treat	Ace Co-treat
Initial Weight (g)	159.8 ± 5.2	166.3 ± 4.82	158.13 ± 4.7	153.57 ± 4.5
Final Weight(g)	202.0 ± 8.2	187.3 ± 7.8	185.3 ± 6.7	189.2 ± 6.7
Weight Changes (g)	42.2 ± 1.7	21.0 ± 1.6*	27.2 ± 6.2	35.6 ± 10.3
% Weight gain (%)	26.41	12.63	17.2	23.18

**p*<0.05 vs control

+*p*<0.05 vs Cd

Effect of *Allium cepa* on rats organs cadmium concentration.

Cadmium exposure caused significant increase in the organs cadmium retention. Simultaneous treatment of

cadmium treated animals with *Allium cepa* significantly reduced the cadmium retention. (Table 2).

Table 2: Effect of *Allium cepa* on organs cadmium concentration

Group/Organ	Control (mg/kg)	Cd (mg/kg)	Ace Pre-treat (mg/kg)	Ace Co-treat (mg/kg)
Duodenum	0.4±0.03	1.7±0.01*	1.6±0.08*	0.8±0.05* ⁺
Liver	0.6±0.02	2.4±0.05*	2.3±0.06*	1.4±0.03* ⁺
Kidney	0.5±0.02	2.3±0.06*	2.4±0.04*	1.4±0.06* ⁺
Testes	0.2±0.04	0.5±0.02*	0.4±0.02*	0.3±0.04 ⁺
Blood	0.1±0.05	2.8±0.06*	2.4±0.2*	0.2±0.03 ⁺

*p<0.05 vs control, +p<0.05 vs Cd

Effect of *Allium cepa* on Zn/Cd concentration ratio in rats organs

Zinc/Cadmium concentration ratio was significantly reduced in organs of cadmium treated animals. Co-treatment of the animals with *Allium cepa* significantly

increased the Zn/Cd ratio when compared with the cadmium only treated animals. There was no significant difference in Zn/Cd ratio in the testes of *Allium cepa* co-treated animals when compared with the control, (Table 3).

Table 3: Effect of *Allium cepa* on organs Zn/Cd concentration ratio

Group/Organ	Control (mg/kg)	Cd (mg/kg)	Ace Pre-treat (mg/kg)	Ace Co-treat (mg/kg)
Duodenum	32.9 ± 2.1	17.5 ± 0.5*	8.7 ± 0.6* ⁺	28.25 ± 1.4 ⁺
Liver	64.1 ± 2.4	11.31 ± 0.6 *	9.9 ± 0.2*	24.6 ± 0.6* ⁺
Kidney	42.8 ± 1.9	10.5 ± 0.3*	11.4 ± 0.3*	13.7 ± 0.4* ⁺
Testes	107.2 ± 5	66.9 ± 1.2*	49.8 ± 5.4*	93.0 ± 7.8

*p<0.05 vs control

⁺p<0.05 vs Cd

Effect of *Allium cepa* on Antioxidants Activities and Lipid peroxidation in organs of Cd treated rats.

Superoxide dismutase and catalase activities were significantly reduced while lipid peroxidation was significantly increased in organs of cadmium only treated animals. Co-treatment of the animals with *Allium cepa*

significantly increased SOD and catalase and reduced lipid peroxidation in duodenum, liver and kidney when compared with the cadmium only treated group. There was no significant difference in testes SOD, catalase and lipid peroxidation when compared with control and cadmium treated animals, (Table 4,5 and 6).

Table 4: Effect of *Allium cepa* on SOD activity in organs

Group/Organ	Control (U/mg protein)	Cd (U /mg protein)	Ace Pre-treat (U/ mg protein)	Ace Co-treat (U/ mg protein)
Duodenum	0.3 ± 0.05	0.1 ± 0.01*	0.2 ± 0.03	0.3±0.07 ⁺
Liver	1.7 ± 0.16	0.2 ± 0.02*	0.4 ± 0.06* ⁺	0.5 ± 0.05* ⁺
Kidney	2.5 ± 0.04	0.7 ± 0.04*	0.6 ± 0.11	1.0 ± 0.09* ⁺
Testes	4.1 ± 0.6	1.2 ± 0.01 *	1.9 ± 0.62*	5.6± 3.43

*p<0.05 vs control, ⁺p<0.05 vs Cd

Table 5: Effect of *Allium cepa* on Catalase activity in organs

Group/Organ	Control (µmol/mg protein)	Cd (µmol/mg protein)	Ace Pre-treat (µmol/mg protein)	Ace Co-treat (µmol/mg protein)
Duodenum	0.4 ± 0.05	0.2 ± 0.02*	0.7 ± 0.07* ⁺	0.6 ± 0.03* ⁺
Liver	0.3 ± 0.03	0.1 ± 0.01*	0.2 ± 0.03* ⁺	0.2 ± 0.05* ⁺
Kidney	16.8 ± 0.49	18.5 ± 0.43*	15.8 ± 1.94	14.7 ± 0.89 ⁺
Testes	2.11 ± 0.31	0.9 ± 0.14*	1.1 ± 0.11*	1.8 ± 0.36

*p<0.05 vs control, ⁺p<0.05 vs Cd

Table 6: Effect of *Allium cepa* on organs lipid peroxidation

Group/Organ	Control (µmol/mg protein)	Cd (µmol/mg protein)	Ace Pre-treat (µmol/mg protein)	Ace Co-treat (µmol/mg protein)
Duodenum	2.8 ± 0.67	8.5±0.51*	5.0±0.46* ⁺	6.10±0.38* ⁺
Liver	2.2±0.08	4.1±0.42*	3.0±0.19*	3.3 ± 0.14 *
Kidney	0.2± 0.03	0.5 ± 0.04*	0.3± 0.06*	0.3 ± 0.04* ⁺
Testes	27.5±3.71	41.1±0.58	36.1 ± 2.75	37.0 ± 4.13

*p<0.05 vs control, ⁺p<0.05 vs Cd

DISCUSSION

Ingestion of contaminated water is one of the routes through which humans and animals can be exposed to the cadmium. In this study, animals were exposed to cadmium through oral route, from where it can be absorbed from gut and then transported by blood to other organs of the body. This study revealed a significant reduction in weight gain in the animals as a result of cadmium administration. This is in agreement with the previous study by Nadir *et al.*,^[23] where administration of cadmium resulted in reduction in weight gain.

The reduction in weight gain as a result of cadmium administration in the current study can be suggested to be as a result of toxic effect of cadmium and consequently increase in metabolic demand. Heydarnejad and co-workers has also shown reduction in fish growth to be due to the toxicity effect of cadmium^[24] and consequent increase metabolic demand. Other study by El-Missiry and Shalaby^[25] also gave evidence that exposure to cadmium affect basal metabolic rate. In present study, feed and water intake of cadmium only treated rats decreased per day (data not shown) compared to the control which may be responsible for the observed decrease in their weight gain (Table 1). The decrease in feed and water intake of cadmium only treated group is in tandem with the previous work which might be one of the plausible reasons for increase in metabolic demand that cannot be met by food supply. Since previous study has made it clear that cadmium causes an increase in metabolic rate and our own study and that of other^[26] established reduction in feed intake in cadmium treated rats. Therefore from our study and that of other, reduction in weight gain can be ascribed to increase in metabolic demand which cannot be met by feed supply.

The distribution pattern of organs cadmium retention in this study reveals that liver and kidney have the highest retention potential which is in agreement with previous studies.^[27,28] Although, previous study averred with evidence that organs cadmium retention do not follow the same pattern.^[29] However, in this study, liver has the highest cadmium retention followed by kidney, duodenum and the testis (Table 2). This supports reports from previous studies where cadmium was found to be concentrated mainly in the liver.^[30] Liver being the major metabolic organ in the body which metabolizes every ingested substance can be one of the reasons why we have high content of cadmium in the liver. Likewise absorption of cadmium takes place in the liver before transported to other organs.

Transportation of cadmium in the circulation is by binding with albumin or metallothionein (Cd-MT).^[31] Cadmium – metallothionein Cd-MT) complex is non-toxic; however, organ toxicity begins when the production of MT is not enough to detoxify cadmium.^[32]

Result of the present study also reveals significant reduction in Zinc concentration of cadmium treated rats

compared to control, though the Zinc concentration of cadmium treated group was increase in testis compared to other organs which shows that testis has the highest Zn/Cd ratio out of the organs studied. This is in agreement with previous study of Amara *et al.*,^[33] Previous study of Susuki *et al.*^[34], has also reported decrease organ Zinc content by accumulation of cadmium.

Cadmium is known to alter antioxidant-oxidant balance in the body system and thereby induced oxidative stress which culminated into cadmium-induced organ toxicity.^[1, 35.] It has been reported to generate reactive oxygen species (ROS) and lipid peroxidation in the organs.^[36] In the present study, cadmium administration significantly decreased the catalase and superoxide dismutase activities and increased the lipid peroxidation in organs studied. Though lipid peroxidation was non - significantly increased in the testis, this may be due to high content of Zinc in the testes which had been earlier reported^[33] and reveals by this study. Co-treatment of the animals with the *Allium cepa* ameliorates cadmium effects better than pre-treatment by significantly increased the catalase and superoxide dismutase activities and decreased the organs lipid peroxidation. This effect of *Allium cepa* can be attributed to the quercetin component of it because it has been reported to contain quercetin which can scavenge free radicals and chelating transitional metal ions - catalysts of oxidative processes.^[17]

Significant reduction of SOD an antioxidant enzyme and increase in lipid peroxidation occasioned by cadmium treatment in this study may be useful evidence of increase oxidative stress in those organs.^[37] This is in agreement with previous study where cadmium caused reduction in SOD activities.^[1]

Zinc deficiency is related to oxidative stress and DNA damage and its supplement has been found to alleviate cadmium-induced oxidative stress.^[17, 33, 36] Zinc is a known co-factor of SOD and competes with cadmium binding site of enzymatic protein and aids the elimination of the metalloid thereby ameliorate its toxicity.^[36] It has also been shown to induce the synthesis of metallothionein^[36] a protein with high affinity for cadmium which can cause detoxification of cadmium by binding with it.^[36] The present study shows a significant decrease in Zn/Cd ratio in the selected organs while co-treatment of the animals with *Allium cepa* and cadmium significantly increased the Zn/Cd ratio when compared with the cadmium only treated animals.

CONCLUSION

This study shows that *Allium cepa* has ability to reduce organ cadmium retention and increase organ Zn/Cd ratio which leads to possible amelioration of cadmium toxicity.

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Conflict of Interest: Nil.

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