



CHEMISTRY OF BIOELECTRIC ENERGY OF RUDRAKSHA (*ELAEOCARPUS GANITRUS*): THE SPIRITUAL PROTECTIVE ENERGIZER FROM EVIL POWER

Prof. Dr. Dhrubo Jyoti Sen

Department of Pharmaceutical Chemistry, Shri Sarvajani Pharmacy College, Gujarat Technological University,
Arvind Baug, Mehsana-384001, Gujarat, India.

***Corresponding Author: Prof. Dr. Dhrubo Jyoti Sen**

Department of Pharmaceutical Chemistry, Shri Sarvajani Pharmacy College, Gujarat Technological University, Arvind Baug, Mehsana-384001, Gujarat, India.

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ABSTRACT

*Rudraksha beads are believed to provide a kind of protective energy for the wearer, to shield them from various circumstances, places and individuals they encounter in their daily life. For this reason, they are often worn by wandering sadhus and sannyasis and by travellers. Rudraksha is a Sanskrit compound consisting of the name Rudra (Shiva) and aksha (Teardrops). Its size is always measured in millimeters. They range from as small as pea seeds to larger ones, some almost reaching the size of a walnut. A Rudraksha's surface should be hard and the projections should be well grooved, as found in most of the Nepalese Rudrakshas. Indonesian Rudraksha has a different appearance. Rudraksha from India shows very high and deeply grooved projections resembling natural deep hills and valleys. Rudraksha (*Elaeocarpus ganitrus*), is a large evergreen broad-leaved tree whose seed is traditionally used for prayer beads in Hinduism and Buddhism. The seeds are known as rudraksha, or rudraksh, Sanskrit: rudrākṣa (Rudra's Tear Drops). Rudraksha may be produced by several species of *Elaeocarpus*; however, *E.ganitrus* is the principal species used in the making of organic jewellery or mala. In the present review, an attempt has been made to congregated the botanical, phytochemical, ethno medicinal, pharmacological information on *Elaeocarpus ganitrus* Roxb. belongs to family *Elaeocarpaceae*. It is prevalent for its fascinating fruit stones and medicinal properties. It procures a remarkable position in Hinduism and Ayurveda, the indigenous system of medicine. In Hindi it is recognized as Rudraksha, is a large evergreen broad-leaved tree whose seed is conventionally used for prayer beads in Hindu religion. In traditional system of medicine, different parts (beads, bark, leaves and outer shell of beads) of Rudraksha are taken for the alleviation of various health problems such as mental disorders, headache, fever, skin diseases and for healing the wounds. Ayurvedic texts categorize Rudraksha fruits as thermogenic, sedative, cough alleviator and are useful for the treatment of bronchitis, neuralgia, cephalalgia, anorexia, migraine, manic conditions and other brain disorders. It is employed in folk medicine as a counter agent of stress, anxiety, depression, palpitation, nerve pain, epilepsy, lack of concentration, asthma, hypertension, arthritis and liver diseases. Furthermore it is retrieve to exhibit multifarious pharmacological activities like anti-inflammatory, analgesic, hypoglycemic, antiulcerogenic and very high antimicrobial activity. Phytosterols, fats, alkaloids, flavonoids, carbohydrates, proteins and tannins have been found to be largely responsible for the therapeutic potential of *E.ganitrus*. Aqueous extract of leaves contains glycosides also. Ethanolic extract of leaves contains gallic acid, ellagic acid & quercetin. This review provides a scientific basis for pharmacological /medicinal properties and therapeutic uses of *Elaeocarpus ganitrus* Roxb.*

KEYWORDS: Rudra, Aksha, *Elaeocarpus ganitrus*, Indolizidine alkaloids, Mukhi, Deity, Beej mantra.

INTRODUCTION

Rudraksha, also rudraksh, Sanskrit: rudrākṣa (Sanskrit: रुद्राक्ष) (Rudra's [Shiva's] Eye), is a seed traditionally used as prayer beads in Hinduism. The seed is produced by several species of large evergreen broad-leaved tree in the genus *Elaeocarpus*, with *Elaeocarpus ganitrus* being the principal species. They are associated with the Hindu deity *Shiva* and are commonly worn for protection by his devotees. Rudrakshas are primarily used in India and Nepal as beads for organic jewellery and *malas* and are

valued similar to semi-precious stones. Various meanings and potencies are attributed to beads with different numbers of segments (faces) and rare or unique beads are highly prized and valuable. While having genuine spiritual significance for believers, they are often the source of claims similar to those made about magnetic or crystal bracelets, faith healing and other medical pseudoscience, attracting interest from businessman and other people seeking good fortune.⁽¹⁾

Origin and distribution

Rudraksha botanically called *Elaeocarpus ganitrus* raise in tropical and subtropical regions at the eminence ranging from seacoast to 2,000 meters above the sea level. Rudraksha cultivate in the area from the Gangetic Plain in foothills of the Himalayas to South-East Asia, Indonesia, New Guinea to Australia, Guam and Hawaii. Rudraksha tree flourish on mountains and hilly region of Nepal, Indonesia, Java, Sumatra and Burma.

Morphology

Elaeocarpus ganitrus is a large evergreen broad leaved tree. The tree of Rudraksha is about 50-200 feet long and

possess cylindrical trunk with a grayish white & rough textured bark. The diameter of trunk is up to 1.22 meter. The morphological & organoleptic examination demonstrates that rudraksha leaves are shining green on the upper side with a dull leathery on the dorsal side. The flowers of Rudraksha are white with bristling petals. The macroscopical study of the leaf and seed shows following observations as tabulated in Table-1.

Table-1: Morphology.

Leaf	Observations	Seed	Observations
Shape	Ovate	Shape	Bulbous
Colour	Shining green	Colour	Blue (on ripening)
Margin	Undulate	Texture	Hard
Size	5-6" in length, 2" broad	Size 1-Size 1.5"	
Apex/Base	Acute/Symmetric	Taste	Sour

Significance

There is a long tradition of wearing Rudraksha beads in India, particularly among Shaivites, due to their association with Lord *Shiva*. Lord *Shiva* himself wears rudraksha garlands. Rudrakshas are traditionally worn by men, due to Lord *Shiva* being a male deity. Although there are no specific prohibitions, it is more common for women to wear beads made of other materials, such as pearls. Rudraksha beads may be strung together as an *mālā* and used to count the repetition of a mantra or

prayer, similar to the use of rosaries in Christianity. Most garlands contain 108 beads plus one, as 108 is considered sacred and a suitable number of times to recite a short mantra. The extra bead, called the "meru", bindu or "guru bead", helps mark the beginning and end of a cycle of 108, as well as having symbolic value as a 'principle' bead. It is believed that, as a sacred material, rudraksha beads are able to hold onto to energy of the recited.



Figure-1: Rudraksha tree and Rudraksha seed.

mantra and aid the worshiper in his or her concentration and spiritual development. Single rudraksha beads may be worn around the neck as a form of protection, or on the skin in other forms of jewellery such as bracelets and earrings. When the beads are strung, silk or a cotton thread is commonly used. Less often, jewellers may use copper, silver or gold wire, though the Rudraksha may be damaged if strung too tightly. The *mālā* can be worn all the time, including in the shower. Observant Hindus may

follow other rules while wearing a Rudraksha bead, such as avoiding eating meat and alcohol, as part of chosen lifestyle.

Elaeocarpus ganitrus grows in the area from the Gangetic plain in the foothills of the Himalayas to Southeast Asia, Nepal, Indonesia, New Guinea to Australia, Guam and Hawaii. Rudraksha seeds are covered by an outer husk of blue when fully ripe and for

this reason are also known as blueberry beads. The blue colour is not derived from pigment but is structural. It is an evergreen tree that grows quickly. The Rudraksha tree starts bearing fruit in three to four years from germination. As the tree matures, the roots form buttresses, rising up near the trunk and radiating out along the surface of the ground. Rudraksha beads are the material from which mālās are made. The term is used both for the berries themselves and as a term for the type of mālā made from them. In this sense, a Rudraksha is a rosary, used for repetitive prayer (*japa*), a common aid to worship in Hinduism and other faiths. Rudrakshas are also used for the treatment of various diseases in traditional Indian medicine. A common type has five divisions and these are considered to be symbolic of the five faces of Shiva. It should only be worn on a black or red string/thread or, rarely, a gold chain. Rudraksha malas have been used by Hindus as rosaries from at least the 10th century for meditation purposes and to sanctify the mind, body and soul. The word rudraksha is derived from Rudra (*Shiva*—the Hindu god of all living creatures) and aksha (eyes). One Hindu legend says that once Lord *Shiva* opened His eyes after a long period yogic meditation and because of strong feelings He shed a tear. This single tear from *Shiva's* eye grew into the rudraksha tree. It is believed that by wearing the Rudraksha bead one will have the protection of Lord *Shiva*. The Rudraksha fruit is blue, but turns black when dried. The central hard seed may have 1 to 21 faces.

Definition and meaning of the word Rudraksha: The word rudraksha is derived from two words - rudra (रुद्र) and aksha (अक्ष).

A. Aksha means "Teardrops". Rudra and aksha together mean "the one that is capable of looking at and doing everything" (for example, the third eye). Aksha also means "axis". Since the eye can rotate on one axis, it too is known as "aksha".

B. Rudra is one of Shiva's Vedic names. A (अ) means to receive and ksha (क्ष) means to give. Hence, aksha (अक्ष) denotes the ability to receive or give. Rudraksha is the one that has the ability to wipe our tears and provide happiness.

The rudra (rudhir, rudraksha) tree.

C. Creation of the rudraksha tree from the tears of deepest meditation shed by Rudra (*Shiva*) upon seeing the unrighteous conduct of demon Tarakasur's sons and their destruction by Shiva:

"Through their righteous conduct and devotion unto Shiva, Tarakasur's sons Tadinmali, Tarakaksh and Kamalaksh, attained divinity. After some time, seeing that they had returned to their original unrighteous conduct, Shankar (*Shiva*) was grief-stricken and went

into deepest meditation and His eyes were filled with tears. A few of these tears fell onto the earth; a tree sprang up from these, which came to be known as the Rudraksha tree. Later, *Shiva* destroyed the sons of Tarakasur.

D. General information on the Rudraksha tree: found from sea level up to 3000m above. The Rudraksha tree grows in a narrow space, not on open ground. Its leaves resemble those of tamarind or *nux vomica*, but are longer. It yields one to two thousand fruits annually. The Yatis (Ascetics) in the Himalayas survive only on these fruits. These fruits are also known as amritphala (Fruits of Nectar). They satisfy thirst.

Description

Elaeocarpus ganitrus grows in the area from the Gangetic plain in the foothills of the Himalayas to South-East Asia, Nepal, Indonesia, New Guinea to Australia, Guam and Hawaii. Rudraksha seeds are covered by an outer husk of blue colour when fully ripe and for this reason are also known as blueberry beads. The blue colour is not derived from pigment but is structural. It is an evergreen tree that grows quickly. The rudraksha tree starts bearing fruit in three to four years. As the tree matures, the roots buttress rising up narrowly near the trunk and radiating out along the surface of the ground.

Botanical classification:

Kingdom: Plantae

Division: Magnoliophyta

Class: Magnoliopsida

Order: Oxalidales

Family: Elaeocarpaceae

Genus: Elaeocarpus

Species: *E. ganitrus*

Binomial name: *Elaeocarpus ganitrus* (Roxb.)

Common name: Rudraksha

Rudraksha and Hindu mythology

Rudraksha is a valuable and magical bead of Hindu Tradition & Meditation. Rudraksha beads signify the "eyes" of lord Shiva, so they are speculated to be very felicitous and sacred. All legends pertaining to the origin of Rudraksha describe them as tears shed by Lord Shiva. According to *Shiva Purana*, Lord *Shiva* once went into deep meditation for the health and prosperity of all living being. When he awoken, he opened his eyes and tear drops fell on the Earth. These tear drops carved out the form of seeds that later on emerges as the Rudraksha tree. "Rudraksha Daan (Donation) Is The Best Donation Among All".

Physicochemical parameters

The physicochemical analysis of coarsely powdered dried fruits of rudraksha exposed the moisture content (loss on drying), total ash, acid insoluble ash, water-soluble extractives, pet ether soluble extractives, chloroform soluble extractives, ethanol soluble extractives are as shown in Figure-2.

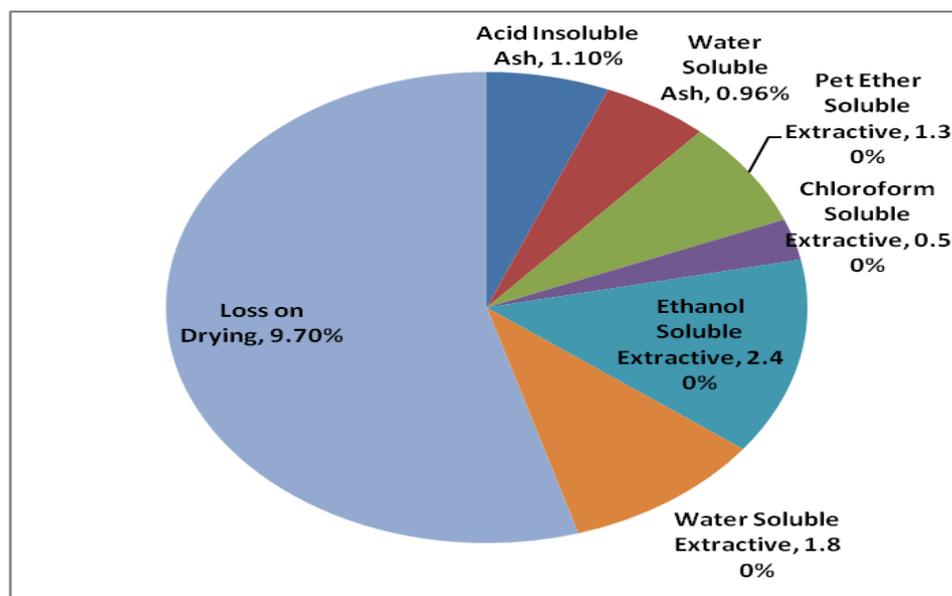
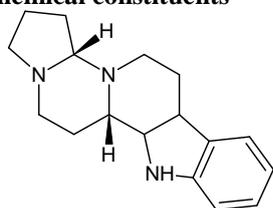


Figure-2: Physicochemical parameters.

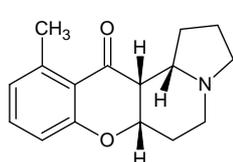
Total ash is approximately 1.36 times greater than the acid insoluble ash illustrates the existence of adequate acid soluble inorganic matter in *E.ganitrus*. Out of all the solvents analyzed, ethanol comprises a maximum extractable value of 2.4%, whereas chloroform comprises a minimum value of 0.5%. Biochemical/phytochemical constituents of *Elaeocarpus ganitrus* roxb. Rudraksha beads are constructed of carbon, hydrogen, nitrogen, oxygen and some trace elements in collective form. C-H-N analyzer and gas chromatography designates the percentage composition of these gaseous elements as 50.031% carbon, 0.95% nitrogen, 17.897% hydrogen and 30.53% oxygen. Phytochemical screening manifested positive test for phytosterols, fats, alkaloids, flavonoids, carbohydrates,

proteins and tannins. Aqueous extract of leaves contains glycosides also. Ethanolic extract of leaves contains gallic acid, ellagic acid & quercetin. *E.ganitrus* Roxb. (Syn. *E.sphaericus* Gaertn) leaves comprises of several isomeric alkaloids of molecular formula, $C_{16}H_{21}NO_2$. Rudraksha contains indolizidine type of Alkaloids. Two of the alkaloids are alike (-)-isoelaecarpiline and (+)-elaecarpiline earlier isolated from *E.dolichostylis*. The other alkaloids are Elaecarpidine, (+)-Elaecarpine, (+)-Isoelaecarpin, (+)-Epiisoelaecarpiline, (+) - Epialloelaecarpiline, (-) - Alloelaecarpiline, (+)-Pseudoepiisoelaecarpiline, Rudrakine and fatty acids includes palmitic acid and linolenic acid. The chemical structures of phytochemicals are depicted in Figure-3 (a-m).

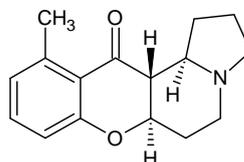
Chemical constituents



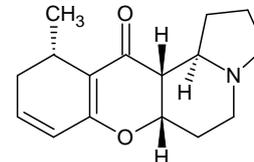
(a) Elaecarpidine



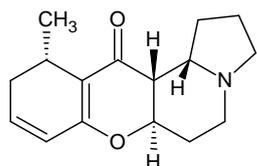
(b) (+)-Elaecarpine



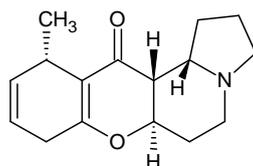
(c) (+)-Isoelaecarpine



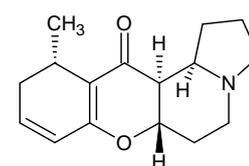
(d) (+)-Epielaecarpiline



(e) (-)-Alloelaecarpiline



(f) (+)-Pseudoepiisoelaecarpiline



(g) (+)-Epialloelaecarpiline

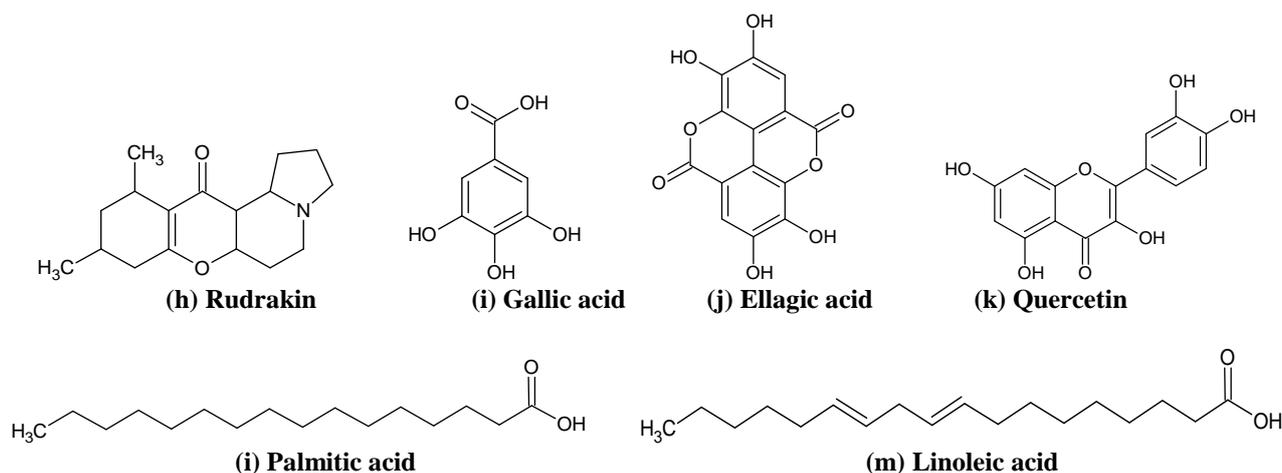


Figure-3: Active Constituents.

Chemical constituents present in *E.ganitrus* are elaeocarpidine, isoelaecarpine, epiisoelaecarpiline, rudrakine, flavonoids, quercetin, phytosterols, fat, alkaloids, carbohydrates, ethanol, proteins, tannins, gallic acid and ellagic acid.

Rudraksha is consisted of two words: rudra and aksha. The meaning of rudra is one who weeps while aksha comprises *A* means to receive and *ksha* means to give. In nut shell, we can say that the meaning of the sacred seed is the one that gives us health, happiness and help in eradication of evils. It is grown in the Himalayan regions like Nepal, Indonesia, Java, Sumatra and Myanmar. About 70% of the trees are found in Indonesia, 25% are found in Nepal and 5% are found in India.

Medicinal and scientific value of *Elaeocarpus ganitrus* roxb. (Rudraksha)

Rudraksha beads have been used for thousands of years as an amazing aid to gain power and for living healthy life. It has been observed that Rudraksha beads possess electromagnetic properties and by virtue of these properties they empower and control proper functioning of all body parts. Inductance, resistance, dielectrical as well as permanent magnetic properties and dynamic polarity are extensively catalogued in to electrical

properties of rudraksha. Due to electromagnetic and inductive properties of rudraksha beads, they send out equivalent signals, differing for different mukhis to brain, activates certain brain chemicals and neurotransmitters thereby imposes positive impact on blood circulation, nervous system and various other organ systems. Scientifically the Rudraksha beads are dielectrical as they store electrical energy and owing to this property they play an important role in regulating palpitations of heart, hyperactivity, streamlining heart beat, lack of concentration etc. Rudraksha seeds are dynamically polar and also possess both paramagnetic and diamagnetic properties which facilitate beneficial healing capacity to them. Rudraksha beads confer anti-ageing properties depend on their electromagnetism. Rudraksha pulp is used in managing head related diseases, epilepsy and mental sickness. Furthermore it is noted to have myriad pharmacological activities that involve anti-inflammatory, analgesic, hypoglycemic, antidepressant, antiasthmatic, sedative, antihypertensive smooth muscle relaxant, hydrocholeretic, anti-ulcerogenic and anticonvulsant. Besides, Rudraksha extracts possess potential antimicrobial activity and can be used even for the alleviation of chronic diseases like cancer. Different mukhi dusts of rudraksha are given for different disorders as listed in Table-2.

Table-2: Treatment of different diseases by different mukhi (face) dust of rudraksha.

Disorders	Rudraksha
Eye sight, Heart, Diaphragm, Spines, Blood Veins, Thymus	1 & 12 Mukhi
Stomach involving gastric processes, Non Blood Fluid System	2 Mukhi
Brain, Thyroid Gland, Sensory Organs, Hands, Arms, Lungs Disorders	4 Mukhi
Red Blood Cells, Adrenal Glands, Blood Pressure Disorders	3
Neurohypophysis related to growth and thighs	5
Depression, Mental Emotional Tension, Spleen, Skeletal System and Adenohypophysis	7 & 14
Body Pain, Skin Problem	9
Nervous System Disorders	11
Sleeping Problems	9

Health Benefits of Rudraksha

The pious plant has important position in ayurveda. It is regarded as just like Sanjeevani in ayurvedic scripture

because of its diseases and disorders prevention. Its health benefits were known since the ancient times; however, it had been used conventionally for prayer

beads in some sectors. It has been using as organic ornament or mala that is generally worn either in hand or neck or both.

15 Surprising benefits of Rudraksha

The holy seed has unique properties to know whether the water is poisoned/contaminated or drinkable. To know the drinkability of water, one should hold the blessed beads above the water, if it is good, the bead will move clockwise. If the water pool is poisoned, it will move anti-clockwise. It was largely used by the Sadhus and Sanyasis who wander in the forest. The revered bead will move clockwise if it is hold over a positive pranic substance while show anticlockwise movement if it hold over negative pranic substance.

1. For good health: The spiritual bead helps you settle down at new places which are not conducive as per your body energy. It is helpful in eating and sleeping at a new environment. Initially, this advantage was cherished by the Sadhus and Sanyasis. But in the modern days, it can be used by those people who travel different places for their works and businesses. Wearing of holy beads means ensuring good health as it is termed as the incarnation of God *Shiva*.

2. Shields negative energy: The blessed seed just acts like as a protective barrier against the negative energies. Negative energy, which is used by somebody else has the power to make you suffering or may lead you suffering to vital ailments.

3. Good for meditation: It is profusely used in meditation and prayer.

4. Use for evil removal: It means to ensure good luck, sound health, wealth, success and removal of evils.

5. Enhance memory: Four mukhi and six mukhi Rudraksha when tied together with copper wire is helpful in enhancing of memory.

6. Pain reliever: The revered seed is helpful at easing scorpion bite pain when five mukhi Rudraksha is rubbed on grind stone and the mix is applied on the affected parts.

7. Controls bile: It has in-depth potential to balance air, bile and phlegm. Taking its powder along with water is beneficial in controlling of phlegm.

8. BP management: It is associated with electro-magnetic properties, which is good in controlling of blood pressure. It helps to release heat from the body thus good in relaxation. The drinking of equal proportion of the mix of ashes of 2 mukhi Rudraksha and Swarnamachik may lower down high blood pressure.

9. Treat measles: Rudraksha prevents one from measles. Licking the powder of Rudraksha is good to keep bay measles.

10. Good for intellect: The kernel is good to enhance memory power. 4 Mukhi Rudraksha is good to improve memory and intellect.

11. Effective in skin diseases: It is helpful in treating skin diseases, wounds, injuries, skin irritation and itchiness. When the sanctified bead is put in a copper pot filled with water overnight and drinks the water in the morning an empty stomach is beneficial in treating skin diseases. The application of the paste of 9 Mukhi Rudraksha and Tulsi is effective in treating of wounds and injuries.

12. Skin beauty: It is used for shining skin. The application of the paste of it and sandalwood is good for radiant skin. The mix of pious bead, rose water and almond is good for skin beauty.

13. Ease joints pain: The mix of consecrated seed powder and mustard oil is used to treat body pain. It is applied over the joints pain and gives relief.

14. Treat cold and cough: The mix of powder seed, Tulsi and honey is effective in treating of cold and cough when taken an empty stomach.

15. Acts as stress buster: Drinking of cow's milk when boil with the seed is effective at easing of mental problems. Applying the paste of the blessed and sandalwood is also helpful to make you cool and calm.

Rudraksha rosary (Mala)

Mala or Rosary is made of beads in the numbers like (108+1, 54+1, 27+1). The +1 bead is termed as *Sumeru* which is not crossed while chanting and shows that one should reverse its *japa*. A number of renowned personalities like to wear these beads such as Mahatma Buddha, Mahatma Gandhi, Dalai Lama, Yehudi Menuhin, Osho Rajneesh, etc. A number of Hollywood and Bollywood artists also like to wear these revered beads.

Meaning of Mukhi Rudraksha

Face appearance/Mukhi appearance: Face/Mukhi: Naturally grown groove or grooves, starting from the natural vertically or horizontally stalk point reaching the opposite point having a definite boundary wall on both sides of the groove can only be termed as Mukhi/Face. Any kind of artificial modification by any means to complete the natural incompletely grown Mukhi/face or deepening the groove cannot be considered as Natural Mukhi/Face. Mukh/face in every Rudraksha irrespective to its origin is always raised above the thorns level.



Figure-4: Rudraksha beads and Rudraksha mala.

Most Rudraksha have a small opening* at the stalk point resulting from the extraction and cleaning process; which is further expanded by drilling to use the Rudraksha for its benefits. (*opening might be limited to the surface or it might be present like a drill-hole). There are many examples of undeveloped, naturally joined, not formed faces in Rudraksha from all the locations. Fully developed faces are the easiest one to count but undeveloped faces, joint faces, partially formed faces and not formed faces creates confusion among traders while counting the numbers of the faces to qualify the Rudraksha as per their cells and actually toss the price of the Rudraksha to a lot. To support the trade till today there is not a single standard describing the method of counting the faces.^[2]

Undeveloped: Incomplete Joint: Nirmukhi

As per Puranic information, there are 14 types of Rudraksha, which are termed as Mukhi or faceted of the bead. In facts, Mukhi are the deep clefts or lines which

can be seen from the bottom to the top of the sacred bead. The number of lines indicates the number of Mukhi. If a particular bead has two lines means it is 2 Mukhi Rudraksha. If a seed has seven deep lines, it means it is 7 Mukhi Rudraksha. The rarest revered bead is the 1 Mukhi Rudraksha. Wearing of 1 Mukhi is considered as very auspicious, especially in lunar or solar eclipses. It is also being considered very sacred wearing on full or new moon.

Rudraksha Mukhi types

The different kinds of beads with their significance and importance are given below:

One Mukhi Rudraksha: It is known for super consciousness, enhances concentration and mental power. It is good for headache, heart and right eye. This type of Rudraksha symbolizes Lord *Shiva* himself. Generally it comes in the shape of cashew nut or half moon.



Figure-5: One Mukhi Rudraksha, Ruling Deity (Lord *Shiva*) and Ruling Planet (Sun).

Information about 1 Mukhi Rudraksha: A One Mukhi Rudraksha is considered as the ultimate blessing of Lord *Shiva* himself and is therefore supposed to be the most auspicious bead amongst all the Rudraksha beads. It removes all types of sins committed by a person, fulfills all desires and brings Prosperity, Luck, Fortune and bestows Worldly Pleasures as well as Salvation (*Nirvana*) to its wearer. A person wearing 1 Mukhi Rudraksha enjoys all the worldly pleasures yet remains detached from them. This is the most sought after rudraksha also known as Divine Bead. A round one mukhi rudraksha is extremely rare and therefore the 1 Mukhi Rudraksha is normally referred as a Kaju shaped

one also known as Half Moon Shaped One Mukhi Rudraksha. Blessings of Goddess *Maha Lakshmi* shower on the house where a One Mukhi Rudraksha is worshipped. Lord *Shiva* himself is pleased with the wearer of this Rudraksha and any obstacles in his path are removed thereby enabling him to lead a Rich and Powerful Life.

As per Hindu Mythology, Lord *Shiva* is considered as the most powerful of Gods and hence, also known as *Mahadev*. He is the creator of Language, Music, Dance & Ayurveda and also controls the cycle of Birth and Death. As per Ancient Vedic Texts, a 1 Mukhi

Rudraksha not only gives all the worldly pleasures to the wearer but it also provides salvation and hence, it has a unique place among all the other Rudrakshas. Those people who take Leadership responsibilities or are handling any big organizations can also derive great benefits by wearing One Mukhi Rudraksha since it is not only provides leadership qualities but also helps a person to face stressful situations. It has also been documented that a One mukhi Rudraksha is also very helpful if a person wants to get rid of bad habits like smoking, drinking, tobacco chewing or drug habits.

Product Info: This 1 Mukhi Rudraksha is without any Cap/Pendant, it can be kept in the place of worship.

Ruling Deity: Lord *Shiva*

Ruling Planet: Planet Sun

Beej Mantra: ***Om Hreem Namaha***

Origin: India

Positive Effects: (Benefits) The wearer enjoys all the Worldly Comforts and all his material desires get fulfilled yet he is not bound by them. Attainment of very high level of Spiritual Consciousness and Mental Peace. Attainment of *Nirvana*. One Mukhi Rudraksha pacifies the malefic effects of planet SUN and makes the individual charismatic and radiant like the Divine *Surya*. As per Ancient Vedic Texts, this Rudraksha is said to be very beneficial in curing Headache, Right Eye problems & diseases of Liver, Bowels, Heart Diseases, Bone Pains etc. This Rudraksha renders a person the power to Concentrate, Increased Confidence, Leadership qualities and Prosperity. A person wearing One Mukhi Rudraksha is able to lead a Healthier, Wealthier and Happier Life by the blessings of Lord *Shiva*.

Powers of 1 Mukhi Rudraksha

This is the supreme Rudraksha for anyone who wants to enjoy all the worldly blessings as well as get devoted to the supreme power. A person wearing this rudraksha becomes Fearless and no amount of negative powers or enmity can affect him. The power of concentration increases, all his sins are destroyed and a feeling of contentment and happiness comes along with Spirituality. The wearer of this Rudraksha begins to feel a detachment from worldly affairs and his inclination towards the supreme power i.e. God increases. This is the only Rudraksha that provides Health, Wealth and Happiness in true sense as it also enhances the Spiritual Growth of the wearer.

Planetary Powers of 1 Mukhi Rudraksha

The ruling planet of this Rudraksha is Sun which is the source of energy for the entire world. A person wearing this Rudraksha becomes Charismatic and Radiant like Sun and his fame and fortune increases due to blessing of the Sun. Also any negative aspects of a wrong placement of Sun in ones horoscope are nullified by wearing this Rudraksha. As per Ancient Vedic Texts, this rudraksha is said to be especially beneficial in diseases of Right Eye,

Headache, Liver problems, heart, bowel and skin problems.

Who should wear this Rudraksha

This Rudraksha is a blessing for all adults and everyone should try to wear or keep this Rudraksha in the *Puja*. It is very helpful for those who want to meditate or those who need higher level of concentration like Doctors, Engineers, Businessman and Leaders. Also all those people who want to protect themselves from the emotional trauma caused by the daily ups and downs of life should definitely wear this Rudraksha.

Diseases cured by 1 mukhi Rudraksha

It works as medical remedy for curing diseases like chronic asthma, TB, paralysis, stroke, heart problems, mental anxiety, eye problem, bone pain, headache etc.

How to wear a 1 Mukhi Rudraksha

A One Mukhi Rudraksha can be worn around the neck or alternately it can be kept in the place of worship.

Two Mukhi Rudraksha

It conferred the wearer with unity. It is good for left eye, brain, kidney and intestine. Two mukhi Rudraksha symbolizes the combined form of Lord *Shiva* and Goddess *Parvati*. Therefore, it is also known as the UNITY Rudraksha as it brings about unity for its wearer. This Rudraksha helps in harmonizing relations between two individuals (Husband-Wife, Father-Son and Friends etc.) thereby making happier and lasting relations. A 2 mukhi Rudraksha frees a person from even the sin of a cow slaughter. It gives a blessing of happy family, improved relationships with all people around as well as getting a suitable match.

This variety of 2 mukhi Rudraksha is oval in shape and a rough surface with slightly flatter appearance. The size is around 16-20 mm. The 2 mukhi Nepalese Rudraksha is also slightly flatter with tapered and with a smoother & hard surface. Its size is around 15 mm.

Ruling Deity: Lord *Ardh Nareeshwar* which is a combined form of Lord *Shiva* and Goddess *Parvati*.

Ruling Planet: Planet Moon

Beej Mantra: ***Om Namaha***

Positive Effects: (Benefits) The wearer of two Mukhi Rudraksha is bestowed with better relations with his Family, Friends and Clients. A Two Mukhi Rudraksha helps in stabilizing the mind and improves decision making ability by pacifying the planet MOON. As per Ancient Vedic Texts, A Two Mukhi Rudraksha helps to overcome Stress, Anxiety, Depression and Negative Thoughts by strengthening the planet Moon. Life of the wearer becomes more peaceful due to better relations with people all round him. As per Ancient Vedic Texts, this Rudraksha is said to help in the diseases of left eye, fluid systems of body, kidney problems and intestinal problems.

Powers of 2 Mukhi Rudraksha: As per Ancient Hindu Texts, Lord *Brahma* blesses Lord *Shiva* and Goddess *Parvati* that they will be so close that they will literally melt into each other. Hence, a combined form of Lord *Shiva* and Goddess *Parvati* came into existence in which the half body of the right hand side is that of Lord *Shiva* while the remaining half body on the left hand side is

that of Goddess *Parvati*. This combined form is known as *Ardh Nareeshwar* and it represents the ultimate unity of *Shiva* (Male energy) and *Shakti* (Female energy) which is responsible for the entire creation. A 2 mukhi Rudraksha represents this unified form of *Shiva* and *Shakti* and hence, a person is blessed with good relations all around.



Figure-6: Two Mukhi Rudraksha, Ruling Deity (*Ardh Nareeshwar*) and Ruling Planet (Moon).

Planetary Powers of 2 Mukhi Rudraksha

The representing deity is *Ardh Nareeshwar* (The sum total of male and female energies). It leads to the harmonizing of energies between two individuals and thereby making happy and lasting attachments. Excellent bead for improving relationships. Two mukhi Rudraksha cures the malefic effects of Moon. It helps in stabilizing the mind, making a person purposeful, making a person to complete a task before moving onto the next one. It is also helpful in the diseases of the left eye, fluid system of the body (the body is 75% water and water is represented by the moon-tide effect), renal failure and the intestinal system. As per the ancient vedic texts, this bead cures stress, anxiety, depression and negative thoughts. It is especially useful for individuals who have eye problems and who have a history of hysteria.

Who should wear this Rudraksha

A person seeking good relationships with friends as well as a better family life with peaceful relationship within family, relatives and co-workers as well as bigger circle of friends. A person who is desirous of getting good and suitable match as well as those couples who are trying to have kids but are unable to do due to strained relations between them.

Diseases cured by 2 mukhi

As per Ancient Hindu Vedic Texts, a 2 mukhi Rudraksha works miraculously for the treatment of diseases like impotency, lack of concentration, renal failure, stress, anxiety, depression, negative thinking, eye problems, mental chaos, hysteria, intestinal disorder etc.

How to Wear a 2 Mukhi Rudraksha

A 2 Mukhi Rudraksha can be worn around the neck as a Pendant or alternately it can be worn as a Bracelet around wrist or kept in the place of worship.

Three Mukhi Rudraksha

It means fire God. A three Mukhi Rudraksha has three natural lines or Mukhas on its surface. This Rudraksha is the signs of purity and helps to overcome inferior complexes, fear and depression. A three Mukhi Rudraksha has three natural lines or Mukhas on its surface. The ruling deity of this Rudraksha is Lord *Agni* (Fire). This Rudraksha destroys all the sins done by a person in his past life and makes him pure on a spiritual level like *Agni* does with all those who come in its contact. This Rudraksha should also be worn to get rid of Inferiority Complex as well as from Fear of unknown. It is helpful for those people also who experience self hatred or mental stress and it makes a person energetic via freeing him from laziness.

The variants are as follows:

Indian variety: This variety of 3 mukhi Rudraksha is oval in shape and a rough surface with slightly flatter appearance. The size is around 16-20 mm.

Nepalese variety: The 3 mukhi Nepalese Rudraksha is roundish as compared to the Indian variety and it is around 15 mm with smoother surface.

Ruling Deity: Lord *Agni* (Fire)

Ruling Planet: Planet Mars

Beej Mantra: *Om Kleem Namaha*



Figure-7: Three Mukhi Rudraksha, Ruling Deity (Lord Agni) and Ruling Planet (Mars).

Positive Effects

(Benefits) The representing deity of this Rudraksha is Agni (The Lord of Fire). A Three Mukhi Rudraksha bestows the wearer confidence and energy to face any situation. As per Ancient Vedic Texts, a Three Mukhi Rudraksha is very useful for those who suffer from depression, anxiety and guilt induced complexes. This Rudraksha controls the aggressive nature of a person by controlling Planet Mars and hence increases his creativity. The malefic effects of Mars (Mangal) are negated by this Rudraksha. This bead is also beneficial for those having *Manglik Dosha* in their horoscope & also for temperamental persons. As per Ancient Vedic Texts, a Three Mukhi Rudraksha is helpful in controlling Blood Pressure, regulation of Menstrual cycle, chronic fever, Depression & Lack of energy.

Powers of 3 Mukhi Rudraksha

The Negative Karmas of the past life also known as Sanchit Karma are destroyed by a 3 mukhi Rudraksha and hence a person wearing this Rudraksha is freed from negative karmic influences of the past life which can be causing obstacles in achieving material and spiritual success.

Planetary Powers of 3 Mukhi Rudraksha

It bestows the wearer Confidence and Energy to face any situation. It is excellent for introvert individuals or those who suffer from depression, anxiety, psychosis or guilt induced complexes. It gives success in sports. This bead is also excellent for those who have Real Estate as their career. The malefic effects of Mars are considerably reduced by wearing this bead. Mars represents the blood system and the energy levels in the body. As per the ancient vedic texts, it is widely used in controlling blood pressure, regulation of the menstrual cycle/menstrual stress and removal of depression.

Who should wear this Rudraksha

If a person suffers from problems and obstacles on daily basis for which no specific reason can be attributed then he should wear this Rudraksha. This Rudraksha is also recommended if a person suffers from intense anger, depression, anxiety, confusion, subjective fear and guilt which are destroying his qualities of life and happiness.

Diseases cured by 3 mukhi Rudraksha

As per Ancient Hindu Vedic Texts, this Rudraksha works wonders for diseases like Depression, Schizophrenia, Inferiority Complexes, Psychosis or guilt induced complexes, Blood Pressure, regulation of the menstrual cycle/menstrual stress, mood swings, fever or weakness, jaundice, mental disability etc.

How to Wear a 3 Mukhi Rudraksha

A 3 Mukhi Rudraksha can be worn around the neck or alternately it can be kept in the place of worship.

Four Mukhi Rudraksha

This bead denotes creativity. That's why it is good for students, teacher, researchers, scientists, etc. It helps to increase memory power and intelligence. A four Mukhi Rudraksha have four lines (Mukhas) on its surface. The ruling deity of this Rudraksha is Lord *Brahma* (One of the Gods of Hindu Trinity) who is the creator of universe as well as the bestower of knowledge and creativity. A wearer of this Rudraksha becomes more knowledgeable since his powers of concentration and learning are increased manifold as well as his memory power also increases and therefore he is able to retain whatever knowledge he acquires. This Rudraksha also positively affects speech of the person so that he is able to use it for his advantage. Students who wear this Rudraksha are able to do better in their studies due to increased memory power and concentration.



Figure-8: Four Mukhi Rudraksha, Ruling Deity (Lord Brahma) and Ruling Planet (Mercury).

Ruling Deity: Lord *Brahma*
 Ruling Planet: Planet Mercury
 Beej Mantra: ***Om Hreem Namaha***

Positive Effects

(Benefits) A Four Mukhi Rudraksha increases the power of original thinking, knowledge, learning and creativity. As per Ancient Vedic Texts, a Four Mukhi Rudraksha is also very useful if a person is suffering from the Problem of Stammering. This Rudraksha pacifies the malefic effects of planet Mercury and is useful for controlling the problems related to a Malefic Mercury in horoscope. The oratory and writing skills of the wearer are highly increased by the blessings of Goddess *Saraswati*. This Rudraksha increases the wit and intelligence of the wearer. As per Ancient Vedic Texts, this Rudraksha is said to be useful in diseases of Gall Bladder, Mental ailments, paralysis and diseases of nose.

Powers of 4 Mukhi Rudraksha

This Rudraksha is said to be suitable for all the four stages of life which are *Brahmacharya*, *Grahasst*, *Vaanprasth* and *Sanyas* as per Ancient Hindu Vedic Texts and it is said to spread the fame of a person in all the four directions.

Planetary Powers of 4 Mukhi Rudraksha

In mythology, this represents Goddess *Saraswati* and *Brahma*. It increases the power of original thinking and helps those who are involved in mental pursuits. It helps to remove the malefic effects of Mercury and helps in developing the power of speech. As per the ancient vedic texts, it is very useful in the treatment of stammering, asthma and directing the mind towards grasping knowledge. Good for individual with respiratory tract problems.

Who should wear this Rudraksha

This Rudraksha is excellent for students, scientists, executives and all those people who are in computers, electronics and communication line.

Diseases cured by 4 mukhi Rudraksha

It provides medical treatments for diseases like blood circulation, cough, brain related illness, asthma, stammering, memory lapse, respiratory tract problems etc.

How to Wear a 4 Mukhi Rudraksha

A 4 Mukhi Rudraksha can be worn around the neck or alternately it can be kept in the place of worship.

Five Mukhi Rudraksha

It is the symbol of auspiciousness, peace and health. A five Mukhi Rudraksha has got 5 natural lines (mukhas) on its surface. The ruling deity of this Rudraksha is Lord *Kalagni* which is a form of Lord *Shiva*. This is a most commonly found Rudraksha & it destroys the *Bad Karmas* of the present life, thereby making the wearer pure and his mind become peaceful and calm. This Rudraksha removes sins of various kinds which have been committed by a person in the present life. This Rudraksha has been highly regarded in Ancient Texts and Scripts and it has been given the status of Dev Guru Rudraksha because of the fact that its ruling planet is Jupiter who is the Guru of Gods. This Rudraksha also protects a person from Accidental Deaths and it is also very important in any kind of Saadhna or Meditation. A five mukhi Rudraksha also gives a person Name, Fame and Mental Peace.

Beej Mantra: ***Om Hreem Namaha***

Ruling Planet: Jupiter



Figure-9: Five Mukhi Rudraksha, Ruling Deity (Lord Kalagni) and Ruling Planet (Jupiter).

Ruling Deity: Lord *Kalagni*.

Positive Effects

(Benefits) As per Ancient Vedic Texts, a Five Mukhi Rudraksha is very helpful for the regulation of Blood Pressure and Body Fats. It brings good luck, academic excellence and has a tranquil effect on mind. A five Mukhi Rudraksha also pacifies the malefic effects of planet Jupiter. This Rudraksha is also very helpful in

curing memory loss i.e. when there are memory lapses as per Ancient Vedic Texts. Wearer of five Mukhi Rudraksha never gets an untimely death. Those who seek for spirituality, good health and mental peace should wear five mukhi Rudraksha.

Powers of 5 Mukhi Rudraksha

The 5 mukhi Rudrakshas of Nepalese origin are used by many people for water therapy in which three beads of

raw (untreated by oil or colors) 5 mukhi Rudraksha are dipped in clean water overnight after which the Rudraksha are taken out in the morning and the water is consumed preferably in an empty stomach. This therapy is said to give good results in diseases like Blood Pressure, Diabetes or even providing a general difference against diseases. The 5 mukhi beads taken out should be dried in a fresh air to be used once again. Generally, a set of three beads is said to remain effective for around a year after which they should be replaced with a new set of 5 mukhi Rudrakshas.

Planetary Powers of 5 Mukhi Rudraksha

5 mukhi is the most abundant bead among all Rudraksha beads. At least 90% yield of the Rudraksha Tree is of the five faced Rudraksha bead. Rudraksha malas used for chanting mantras are generally made of 5 faced beads. The representing deity is Lord Kalagni. It helps in curing the malefic effects of Jupiter. It is the bead of Good luck & academic excellence. It has a tranquil effect over the mind and helps one to be calm. It is helpful in regulation of blood pressure and controlling body fats. It creates a protective amour around the body and protects the wearer from adverse situations. Widely used in blood pressure related problems.

Who should wear this Rudraksha

Those people who want Good Health, Mental Peace as well as Enhanced Spirituality should wear a 5 mukhi Rudraksha. This Rudraksha is also beneficial for those people who are having diseases like Blood Pressure, Diabetes and Stomach disorders.

Diseases cured by 5 mukhi Rudraksha

It works as a medical boon for blood pressure, mental disability, obesity, heart problems, stress, anger management, diabetics, piles, neurotic and maladjustment problems etc.

How to Wear a 5 Mukhi Rudraksha

A 5 Mukhi Rudraksha can be worn around the neck or alternately it can be kept in the place of worship.^[3]



Figure-10: Six Mukhi Rudraksha, Ruling Deity (Lord Kartikeya) and Ruling Planet (Venus).

Powers of 6 Mukhi Rudraksha

The 6 mukhi Rudraksha improves the power of Learning. Concentration as well as enhanced Wisdom and Knowledge therefore it is used along with 4 mukhi

Six Mukhi Rudraksha

It is for learning, wisdom and knowledge. A Six Mukhi Rudraksha has six lines (Mukhas) on its surface. The ruling deity of this Rudraksha is Lord *Kartikeya* who is the second son of Lord *Shiva* and is also the chief of the celestial army. Therefore the wearer of this Rudraksha gets courage as well as wisdom by the blessings of Lord *Kartikeya*. This Rudraksha also increases the will power and the power of expression and hence, Leaders & Actors who have to perform or give speeches can derive benefits by wearing this bead. It is said that wearer of this Rudraksha is blessed by Goddess *Parvati*, Goddess *Maha Lakshmi* as well as Goddess *Saraswati* since all of them have blessed Lord *Kartikeya* who is the ruling Deity of this Rudraksha. Hence, the wearer of this Rudraksha is bestowed with Health, Wealth & Happiness as well as all the Luxuries, Pleasures and Comforts of Life since the ruling planet of this Rudraksha is planet Venus.

Beej Mantra: **Om Hreem Hoom Namah**

Ruling Planet: Venus

Ruling Deity: Lord *Kartikeya* (Lord *Shiva*'s 2nd Son)

Positive Effects

(Benefits) Six Mukhi Rudraksha increases the will power, expression power, learning power and the wearer becomes mentally strong. Therefore it is very good for students.

This Rudraksha endows the wearer a power of *Vashikaran* (enchantment) by making him witty, charming and intelligent. Therefore it is good for people having public dealings like actors and politicians. This Rudraksha helps in having a happy marital life and blesses it wearer with all kinds of worldly possession. Six Mukhi Rudraksha also pacifies the negative effects of planet Venus and is therefore very helpful in the diseases of sexual nature and those related to sexual organs, as per Ancient Vedic Texts.

Rudraksha for excellence in Learning. Art and Education. This Rudraksha saves a person from worldly sorrows due to enhanced knowledge and increased energy and courage. It is also beneficial in research,

investigation and discovery work as well as in legal problems and personal relationship. This Rudraksha can also be worn as a substitute to 13 mukhi Rudraksha and if two beads of 6 mukhi Rudraksha are worn with a **Gauri Shankar Rudraksha** then it is extremely good for happy marital life.

Planetary Powers of 6 Mukhi Rudraksha

The representing deity is Lord *Kartikeya* also known as *Skandha*. It blesses the wearer with victory and wisdom. The malefic effects of Venus are controlled by wearing this bead. As per the ancient vedic texts, diseases of a sexual nature, of sexual organs are cured by this bead.

Who should wear this Rudraksha

All those people who are related to professions where learning is very important like Teachers, Students, Artists, Writers etc. should wear this Rudraksha. Leaders and Actors are also benefited by this Rudraksha since it enhances their speech as well as increases their charm and attraction.

Diseases cured by 6 mukhi Rudraksha

It cures diseases like epilepsy, gynecological problems. Problems related to Throat, Neck, Kidney, Sex organs, Thyroid, Sexuality, Dropsy, Urinary and Eye Diseases, Conceiving problem, Indigestion, Arthritis and for all obstruction in veins/nerves etc.

How to Wear a 6 Mukhi Rudraksha

A 6 Mukhi Rudraksha can be worn around the neck as a Pendant or alternately it can be worn as a Bracelet around wrist or kept in the place of worship.



Figure-11: Seven Mukhi Rudraksha, Ruling Deity (Goddess *Maha Lakshmi*) and Ruling Planet (Saturn).

Ruling Deity: Goddess *Maha Lakshmi*.

Positive Effects

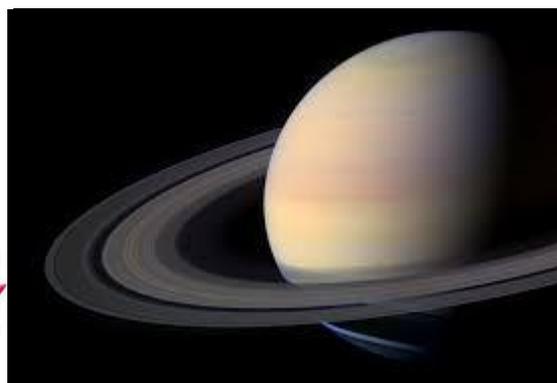
(Benefits) Seven Mukhi Rudraksha gives Wealth in all areas like Business, Service and Career thereby bringing All around Prosperity and Riches. This Rudraksha also brings good fortune, increased profits, financial security, creativity and enhanced intuition. It is very useful for reducing muscular body pains especially those caused due to Arthritis, as per the ancient vedic texts. This Rudraksha helps in overcoming the malefic effects of Saturn and its Sade Sati period. As per Ancient Vedic

Seven Mukhi Rudraksha

It confers good health. A Seven mukhi Rudraksha has seven lines (mukhas) on its surface. The ruling deity of seven Mukhi Rudraksha is Goddess *Maha Lakshmi* (Goddess of wealth) and the ruling planet is Saturn. Hence, the wearer of this Rudraksha gets wealth and prosperity by the blessings of Goddess *Maha Lakshmi* & he is also relieved of malefic or adverse affects of planet Saturn if the same is badly placed in one's horoscope or if the wearer is under the major or minor affliction of Saturn known as Saturn Sade Sati and Small Panoti respectively. This Rudraksha is also related to the 7 sages (*Saptarshi*) and the wearer is bestowed with good Health and Wealth by their blessings. This Rudraksha is also very good for getting Success in Business and Increased profits if it is used in combination with 8 mukhi Rudraksha. This Rudraksha is also said to help in regaining block funds as well as for attracting wealth and therefore it is said to be extremely good for businessmen as well as for those also who are in a Job and want Success, Happiness, Promotion and Wealth. As per Ancient Vedic Texts, there are seven divine snakes who reside in the seven mukhas of this Rudraksha and therefore a person wearing this Rudraksha is protected from poisoning of any kind. Since this Rudraksha is blessed by many powerful Gods and Goddesses, the wearer is able to get good Name & Fame, Progress and Wealth as well as Good Luck by the blessings of Goddess *Maha Lakshmi*, *Saptrshi*, seven Divine Snakes, seven Divine mothers as well as planet Saturn.

Beej Mantra: **Om Hoom Namaha**

Ruling Planet: Saturn



Texts, a Seven Mukhi Rudraksha is said to help in curing of Saturn induced diseases like Impotency, foot diseases, respiratory disorders and chronic diseases.

Powers of 7 Mukhi Rudraksha

The 7 mukhi Rudraksha is very good for Prevention of losses in Business & Investment and also to remove financial difficulties, Delay in Success as well as mental and emotional problems which adversely affects the physical health and brings a feeling of despair. By wearing a seven mukhi Rudraksha, a person is saved from problems related to Body, Finances & mental

tension and he can progress in any field of life whether it is Business or Service.

Planetary Powers of 7 Mukhi Rudraksha

The ruling planet of this Rudraksha is Saturn and hence, it helps in overcoming the malefic effects of Saturn if it is badly placed in a person's horoscope or if it is in conjunction with planets like Rahu. A person is said to be under the major affliction of Saturn when the planet Saturn is transiting through the 12th, 1st & 2nd house from Natal Chart Moon. This period lasts for approximately seven and a half years. Similarly, a person is said to be undergoing through a period of Small Panoti when the planet Saturn is transiting through the 4th or 8th house from his Natal Chart Moon. Both these periods can cause various kinds of problems, obstacles, miseries, tensions, stress and health related issues and therefore it is recommended that such a person should wear a seven mukhi Rudraksha to get relief in the above problems caused by planet Saturn.

Who should wear this Rudraksha

A seven mukhi Rudraksha can be worn by Businessmen as well as Professionals from all fields to gain Success, Wealth and Prosperity. People suffering from diseases caused by planet Saturn should also wear this Rudraksha. This Rudraksha is also very helpful if worn during the major or minor affliction of Saturn as mentioned above.

Diseases cured by 7 mukhi Rudraksha

As per Ancient Vedic Texts, a 7 mukhi Rudraksha is extremely beneficial for treating diseases like Asthma,

Paralysis, Impotency, Foot related diseases, Weakness, Stomach ache, Epilepsy, Dumbness, Abortions, Problems in women, Arthritis, Purification of Sperms and Flow of Ojas (divine energy), Respiratory disorders etc.

How to Wear a 7 Mukhi Rudraksha

A 7 Mukhi Rudraksha can be worn around the neck or alternately it can be kept in the place of worship.

Eight Mukhi Rudraksha

This seed is the symbol of success. The ruling deity of 8 mukhi Rudraksha is Lord *Ganesha* who is also known as *Vighna Harta* i.e. the remover of obstacles. Hence, the wearer of this Rudraksha is able to get Success in every venture by the blessings of Lord *Ganesha*. One of the most important effects of this Rudraksha is that it removes obstacles so that the wearer is able to achieve Success easily thereby leading to a happier life. This Rudraksha is said to be related to Lord *Kartikeya* as well who is the Elder Son of Lord *Shiva*. This Rudraksha also increases the stability of mind so that the wearer is able to remain more peaceful and calm. Any person who is desirous of getting Name, Fame and Leadership qualities should also wear this Rudraksha.

Ruling Planet: Rahu



Figure-12: Eight Mukhi Rudraksha, Ruling Deity (Lord *Ganesha*) and Ruling Planet (Rahu).

Ruling Deity: Lord *Ganesha*

Beej Mantra: *Om Hoom Namaha*

Positive Effects

(Benefits) Eight Mukhi Rudraksha helps in removing all types of obstacles from the life of its wearer. It ensures all round success and the wearer never faces defeat from his Enemies. The malefic effects of Rahu are cured by this bead and therefore it is helpful in diseases of mysterious kind and protects from evil spirits as per Ancient Vedic Texts. Snake bites are also the result of malefic effects of Rahu and this Rudraksha is helpful in such cases also.

As per Ancient Vedic Texts, this Rudraksha is said to say to be helpful in curing Bad dreams, skin diseases, diseases of lungs, feet, skin and Hydroceol. It protects the wearer from stress and anxiety due to repeated failures. This Rudraksha is also very good for those people who have a *Sarp Dosh* (Planet Rahu in the 5th House) in their horoscope. An Eight Mukhi Rudraksha is also very good for Astrologers and those people who are interested in Occult.

Powers of 8 Mukhi Rudraksha

If a person is facing obstacles and hurdles in every sphere of his life then he should wear the 8 mukhi Rudraksha. This Rudraksha is also very helpful in

reducing the enemies and also positively affecting the minds of the opponents. This Rudraksha should be worn in conjunction with 7 mukhi Rudraksha to reduce the negative effects of *Shani Dasha*. This Rudraksha also protects the wearer from miseries of all kinds and at all the 3 levels that is mental, physical and spiritual. 8 mukhi Rudraksha also makes a person more intelligent so that he is able to gather more knowledge thereby becoming more successful in life.

Who should wear this Rudraksha

An 8 mukhi Rudraksha can be worn by those people who find it difficult to achieve success in any work and whose life is full of obstacles and problems. People undergoing major or minor affliction of Saturn should wear this Rudraksha in combination with 7 mukhi Rudraksha. It is also helpful for people suffering from Skin Diseases, Fear of Snake, Cataract and Hydroceol.

Diseases cured by 8 mukhi Rudraksha

As per Ancient Vedic Texts, an 8 mukhi Rudraksha is extremely beneficial for treating diseases of Nervous System, Prostrate, Gall Bladder and Lungs, Fear of Snakes, Cataract, Hydroceol and Breathing Problems.

How to Wear an 8 Mukhi Rudraksha

An 8 Mukhi Rudraksha can be worn around the neck or alternately it can be kept in the place of worship.

Nine Mukhi Rudraksha

It is blessed with energy and fearlessness. The ruling deity of 9 mukhi Rudraksha is Goddess *Maha Durga* and it is believed that all the 9 incarnations of Goddess *Durga* (*Shailputri, Brahmacharni, Chandraghanta, Kooshmanda, Skandmata, Katyayani, Kalratri, Maha Gauri & Siddhi Datri*) reside in this Rudraksha and hence, the wearer of this Rudraksha is blessed by all of them. This Rudraksha is blessed by Lord *Kaal Bhairav* and *Yamraj* who is the Lord of Death and hence, its wearer is no more afraid of Death. This Rudraksha is said to make a person fearless and he is blessed with energy, power, dynamism and fearlessness which leads to a better self confidence thereby helping him achieve Success, Name & Fame. The wearer of this Rudraksha gets blessings which are received by fasting for the 9 days of Navratras. It is said that this Rudraksha also protects a person from the malefic effects of all the 9 planets.



Figure-13: Nine Mukhi Rudraksha, Ruling Deity (Goddess *Maha Durga*) and Ruling Planet (Ketu).

This Rudraksha is said to make a person fearless and he is blessed with energy, power, dynamism and fearlessness which leads to a better self confidence thereby helping him achieve Success, Name & Fame. The wearer of this Rudraksha gets blessings which are received by fasting for the 9 days of Navratras. It is said that this Rudraksha also protects a person from the malefic effects of all the 9 planets.

Ruling Deity: Goddess *Maha Durga*

Ruling Planet: Planet Ketu

Beej Mantra: *Om Hreem Hoom Namaha*

Positive Effects

(Benefits) Nine Mukhi Rudraksha represents Goddess *Maha Durga* & it protects its wearer from anything & everything that is harmful to him. This Rudraksha helps in cultivating patience, controlling unnecessary anger and provides a feeling of FEARLESSNESS. The wearer gets endurance, bravery, courage and his name and fame spreads all around. It is said that Lord *Bhairav* also

blesses this Rudraksha & the wearer is no more afraid of *Yamraj* which is the Lord of Death. The malefic effects of Ketu are controlled by these beads which are similar to those of Rahu and Saturn. It also helps in mastering foreign languages by boosting one's vocabulary power. As per Ancient Vedic Texts, this Rudraksha is said to help in curing diseases of Lungs, Fever, Eye pain, Bowel pain, Skin diseases, Body pain, etc.

Powers of 9 Mukhi Rudraksha

A 9 mukhi Rudraksha is blessed by Goddess *Durga* and the blessings and powers of all the 9 incarnations of Goddess *Durga* resides in this Rudraksha. Hence, all those people who worship Goddess *Durga* should wear this Rudraksha. It is due to this very reason that this Rudraksha is supposed to be most important Rudraksha for women since they get a protection shield of Goddess *Durga* by wearing it and hence nothing can harm them. This Rudraksha increases their self confidence manifold and thereby makes them fearless and protected.

Who should wear this Rudraksha

A 9 mukhi Rudraksha can be worn by those people who suffer from fear of unknown, physical weakness, lack of concentration and depression should definitely wear a 9 mukhi Rudraksha. This Rudraksha should be worn by females since it gives them the protection of Goddess *Durga*. Also all those people in whose horoscope, the planet Ketu is giving bad results should also wear this Rudraksha.

Diseases cured by 9 mukhi Rudraksha

As per Ancient Vedic Texts, a 9 mukhi Rudraksha is extremely beneficial for treating diseases of Brain, Lungs, Breasts, Sexual organs, Abortions, Conceiving problems, Epilepsy, Eye problems.

How to Wear a 9 Mukhi Rudraksha

A 9 Mukhi Rudraksha can be worn around the neck or alternately it can be kept in the place of worship.

Ten Mukhi Rudraksha

It acts like as shield for negative energy. 10 Mukhi Rudraksha represents Lord *Vishnu* who is the preserver

of entire universe. It helps the wearer to overcome difficult times and ensures that the wearer & his family are protected by the blessings of Lord *Vishnu*. It also represents Gods of all the ten directions whose blessings are also showered on its wearer. All sins done by the ten human organs are destroyed by wearing this rudraksha. This Rudraksha is also blessed by Yamraj who is the God of Death and hence the wearer is saved from untimely death. It is also blessed by *Das Maha Vidya* (10 incarnations). This Rudraksha also protects a person from any kind of Black magic, Evil Eye etc. since it controls and eliminates all kinds of Evil beings. This Rudraksha pacifies all the 9 planets and it is also a very good tool to remove Vastu faults of a place. Hence, the wearer of this Rudraksha is blessed by several Gods as well as he is protected from the negative effects of all the 9 planets, Black Magic and Evil Eye.

Ruling Planet: None



Figure-14: Ten Mukhi Rudraksha, Ruling Deity (Lord *Vishnu*) and Ruling Planet (All 9 planets).

Ruling Deity: Lord *Vishnu*

Ruling Planet: All the 9 planets

Beej Mantra: ***Om Hreem Namaha***

Positive Effects

(Benefits) Ten Mukhi Rudraksha protects its wearer from the malefic effects of all the Nine planets and he is blessed with Name, Fame, Health and Prosperity. This Rudraksha also nullify Black Magic, Evil Eye etc. and also controls anger. Those people who feel nervous all the times and are not able to make a concrete decision at the right times should wear this Rudraksha. This Rudraksha helps the wearer in moving his life in a right direction. This Rudraksha should also be worn when there is a *Pitra Dosha* in the Horoscope since Lord *Vishnu* showers his blessings on the wearer of this Rudraksha.

Powers of 10 Mukhi Rudraksha

A 10 mukhi Rudraksha is very powerful in pacifying all the 9 planets especially so if it is worn in combination with 11 mukhi Rudraksha. The ruling Deity is Lord *Vishnu* who is the preserver of entire universe and hence the wearer is able to achieve Success, Name & Fame, his self confidence is enhanced and he is able to lead a more Happier, Healthier & Wealthier life. This Rudraksha is also helpful to win over the Enemies especially if there are any Litigations or Court Cases. People having a disturbed sleep due to unstable mind as well as those who are unable to find a right direction for their life should wear this Rudraksha.

Planetary Powers of 10 Mukhi Rudraksha

This Rudraksha is extremely powerful for pacifying the negative effects of all the 9 planets especially if it is worn with one bead of 11 mukhi Rudraksha.

Who should wear this Rudraksha

A 10 mukhi Rudraksha can be worn by those people who have a short temperament and also those people who are easily affected by Evil Eye or Black Magic. Those people who are unable to get a sound sleep as well as a right direction for their life should also wear this Rudraksha. People who have a large number of Enemies or Court cases should also wear this Rudraksha.

Diseases cured by 10 mukhi Rudraksha

As per Ancient Vedic Texts, a 10 mukhi Rudraksha is extremely beneficial for treating diseases of Insomnia, Hearing Diseases, Fear of someone standing behind, Conceiving problem etc.

How to Wear a 10 Mukhi Rudraksha

A 10 Mukhi Rudraksha can be worn around the neck or alternately it can be kept in the place of worship.^[4]

Eleven Mukhi Rudraksha

It is blessed with wisdom, success and protects one from accidents. Eleven Mukhi Rudraksha is represented by

Eleventh Rudra i.e. Lord *Hanuman* who is the Lord of Courage, Bravery and Adventure. Therefore its wearer gets a feeling of right actions, courage and he/she fears nothing. If a person wished to donate something for a good cause but could not do that due to any reason, then his/her wish is considered completed by merely wearing this Rudraksha. This Rudraksha is also blessed by Lord *Indra* and therefore the wearer is bestowed with all the Fortunes and Luxuries of life.

Information about this Rudraksha

11 mukhi Rudraksha has eleven natural lines on its surface. Anyone becomes Lucky and is able to control all his physical senses which makes him/her extremely courageous and fearless as well as bestows good health and protection from untimely death. Hence, this Rudraksha is supposed to be extremely good for meditation purpose. This Rudraksha is extremely good and powerful for the devotees of Lord Shiva. The wearer of this Rudraksha is protected from any kind of Evil Eye or Black Magic since the ruling deity is Lord *Hanuman* who is destroyer of all kinds of negative energies.



Figure-15: Eleven Mukhi Rudraksha and Ruling Deity (Lord Hanuman).

This Rudraksha makes a person Learned, Knowledgeable and Clever. Those people who have constant struggles in life and most of their decisions go wrong due to which they have to face humiliation should definitely wear this Rudraksha to get the blessings of Lord Hanuman and lead a successful life.

Ruling Deity: Lord *Hanuman*

Ruling Planet: None

Beej Mantra: ***Om Hreem Hoom Namaha***

Positive Effects

(Benefits) Eleven Mukhi Rudraksha blesses its wearer with Wisdom, Right Judgmental power and an Adventurous & Successful life. It also protects the wearer from accidental death. This Rudraksha gives a Control and Authority over all the Six Senses and therefore it is very helpful in Meditation and Yogic practices. It is said that the wearer of this Rudraksha gets the benefits of donating thousand cows and performing thousand *Ashwamedha Yagyas*.

Those people who generally make wrong decision in haste should definitely wear this Rudraksha. As per ancient vedic texts, this Rudraksha is said to help in body pains, backache, chronic alcoholism & liver diseases.

Powers of 11 Mukhi Rudraksha

An 11 mukhi Rudraksha should be worn by people who want stability in their life and work. Those people who are always fearful and lack self confidence should also wear this Rudraksha. Businessmen can also highly benefit by wearing this Rudraksha along with 7 and 8 mukhi Rudraksha. This Rudraksha is also said to be extremely good for women since it provides Protection and Long Life to their Husbands.

Planetary Powers of 11 Mukhi Rudraksha

It protects the wearer from *Aakal Mrityu* (sudden or accidental death). Helps in concentration and instills a feeling of right actions and courage. A bead with strong protective influences it a good for removing fear. The wearer knows no fear. This Rudraksha induces courage and confidence in the wearer to lead an adventurous life.

Also helpful in meditation and removes problem of Yogic practices.

Who should wear this Rudraksha

An 11 mukhi Rudraksha can be worn by those people who are unsuccessful in their life due to lack of Courage, Confidence, Cleverness or due to making wrong decisions thereby being subjected to humiliation everywhere. This Rudraksha makes a person healthy at all the three levels i.e. Physical, Mental and Spiritual thereby leading him to Successful and a peaceful life.

Diseases cured by 11 Mukhi Rudraksha

As per Ancient Vedic Texts, an 11 mukhi Rudraksha is extremely beneficial for treating diseases of Body pain, Backache, Chronic Alcoholism, Liver diseases, Heart problems, Blood Pressure and Diabetes.

How to wear an 11 Mukhi Rudraksha

An 11 Mukhi Rudraksha can be worn around the neck or alternately it can be kept in the place of worship.

Twelve Mukhi Rudraksha

12 mukhi Rudraksha has twelve natural lines on its surface. It is known for administrative capacity and good for strength and radiance. It is for executives and administrators. 12 Mukhi Rudraksha is ruled by Lord *Surya* (Sun) who creates a powerful Aura around the wearer. If the Planet Sun is Malefic in the wearers horoscope, then its negative effects are also pacified by this Twelve Mukhi Rudraksha. This Rudraksha improves the Administrative capacity of a person and therefore it is very good for Administrators, Businessmen and Politicians who should wear this Rudraksha for Name, Fame, Wealth and Power. This Rudraksha is said to possess the Brilliance, Luster, Radiance and Strength of Lord Sun and hence, the wearer is bestowed with all these virtues. The wearer also gets protection from diseases, worries, fear of armed people and wild animals.



Figure-16: Twelve Mukhi Rudraksha, Ruling Deity (Lord *Surya*) and Ruling Planet (Sun).

Ruling Deity: Lord *Surya*

Ruling Planet: Sun

Beej Mantra: *Om Kraum Sraum Raum Namaha*

Positive Effects

(Benefits) The wearer of a Twelve Mukhi Rudraksha becomes Energetic, Brilliant, Radiant and Strong like Lord SUN. As per ancient vedic texts, this Rudraksha is said to help in curing diseases caused by an adverse placement of the SUN in a horoscope such as diseases of the right eye, bones, mental anxiety, problems with elders and heart ailments. This Rudraksha is also said to represent 12 *Jyotirlingas* as well as twelve forms of *Aditya* i.e. Lord Sun. All the worries, fears and suspicions of a person are removed by wearing this Rudraksha.

Any person who wears this Twelve Mukhi Rudraksha is able to lead a more Happier, Healthier and a Wealthier Life.

Powers of 12 Mukhi Rudraksha

A 12 mukhi Rudraksha is excellent for those who are involved in politics, government service or

administration. It also helps in curing the disease caused by the adverse placement of the Sun in the Birth chart such as diseases of the right eye, bones, mental anxiety and problems with elders specially with one's Father. It gives protective powers against heart ailments.

Planetary Powers of 12 Mukhi Rudraksha

This Rudraksha helps in creating a powerful aura around the wearer and malefic effects of the Sun are controlled. Those who cannot get a genuine Ek Mukhi Bead should wear a 12 faced bead as this bead is similar to effects to the one faced Rudraksha bead.

Who should wear this Rudraksha

A 12 mukhi Rudraksha can be worn all those people who are in Administration, Business or Politics should wear this Rudraksha to get Name, Fame, Power & Success. People suffering from the Diseases of Eyes, Bones or Heart Ailments should also wear this Rudraksha since it gives them the ability to remove all kinds of doubts from the mind and confidently take control of people or any kind of adverse situation. This Rudraksha is also good for people suffering from diseases of skin including leprosy as per Ancient Vedic Texts.

Diseases cured by 12 Mukhi Rudraksha

As per Ancient Vedic Texts, 12 mukhi Rudraksha is medically beneficial for treating diseases like Bone diseases, Rickets, Osteoporosis, Mental disability, Anxiety etc.

How to wear a 12 Mukhi Rudraksha

A 12 Mukhi Rudraksha can be worn around the neck or alternately it can be kept in the place of worship.

Thirteen Mukhi Rudraksha

13 mukhi Rudraksha has thirteen natural lines on its surface. It is blessed with comforts, and honors. 13 Mukhi Rudraksha represent Lord *Kaamdev* and Lord *Indra* (King of the Gods). It is a very rare bead and it gives immense Wealth and the Position of Authority to its wearer. A person who wears is liked by all those people who interact with him by the blessings of Lord *Indra*. Hence, a person is able to achieve great heights of Success in his life by wearing this Rudraksha. A person wearing this Rudraksha is said to achieve perfection in Alchemy, Research work and Medicines. A person is able to enjoy all the Luxuries of life and he is able to lead a happy and satisfactory life. Since Lord *Indra* is the king of all the other Gods, a wearer of this Rudraksha is blessed by all the other Gods as well. A person desirous of getting Knowledge, Good Oratory and Debating power should use this Rudraksha.

Product Info: 13 mukhi Nepalese Rudraksha with FREE Silver Caps & Red Thread + Laboratory Tested Certificate

Ruling Deity: Lord *Indra/Kaamdev*

Ruling Planet: Venus

Beej Mantra: *Om Hreem Namaha*

Positive Effects

(Benefits) Since the ruling planet of a 13 Mukhi Rudraksha is Venus, it bestows Charm as well as

Popularity to its wearer. This Rudraksha also gives all the Worldly Comforts as well as a Spiritual upliftment to its wearer. A Thirteen Mukhi Rudraksha ensures that the wearer emerges victorious in challenging situations and full potential of destiny is available to him. The Lord *Kaamdev* is also pleased with wearer and fulfills all his worldly desires. This Rudraksha is very beneficial for those people who are in contact with masses like Leaders, Marketing Professionals and Company Presidents. This Rudraksha enhances the performance of its wearer by improving his Charm and Attraction. Hence this Rudraksha is also very good for those who are seeking a True Love in their Life.

Powers of 13 Mukhi Rudraksha

A 13 mukhi Rudraksha is blessed by Lord *Indra* who bestows him with all kinds of Success and Happiness by which all his earthly desires are fulfilled. This Rudraksha is also blessed by Lord *Kaamdev* who fulfills all his worldly desires and makes him a center of attraction for all the people he meets. The person is able to succeed in any kind of research work especially in the field of medicine.

Planetary Powers of 13 Mukhi Rudraksha

It bestows charm, worldly comforts and spiritual success equally. Very rare bead, this Rudraksha gives secret wealth and a position of authority to the wearer. The effects are similar to that of 6 mukhi and it is helpful for meditation and spiritual attainments. It bestows spiritual achievements on its *Sadhaka* and the wearer becomes equivalent to a King. This rare bead ensures that the individuals emerge victorious in challenging situations and the full potential of destiny is realized.



Figure-17: Thirteen Mukhi Rudraksha, Ruling Deity (Lord *Indra*) and Ruling Planet (Venus).

Who should wear this Rudraksha

A 13 mukhi Rudraksha can be worn by person who wants to influence and attract masses like Entertainers, Politicians, Company Presidents, Professional Negotiators and Professionals engaged in the field of

Finance, Research and Science especially Medical Science. This Rudraksha improves Self Confidence and Performance of a person by increasing his charm and attraction.

Diseases cured by 13 Mukhi Rudraksha

As per Ancient Vedic Texts, 13 mukhi Rudraksha helps in Diseases of muscle like dystrophies, problems of Throat, Neck, Kidney, Sex organs, Thyroid, Sexuality, Dropsy, Urinary and Eye diseases, Conceiving problems, Indigestion, Arthritis, all obstruction in Veins/Nerves and Psychiatric Disorders can be eliminated by the use of this Rudraksha.

How to wear a 13 Mukhi Rudraksha

A 13 Mukhi Rudraksha can be worn around the neck or alternately it can be kept in the place of worship.

Fourteen Mukhi Rudraksha

14 mukhi Rudraksha has fourteen natural lines (mukhas) on its surface. It is known for future happenings. 14 Mukhi Rudraksha is also known as a Divine Gem (*Dev Mani*). This Rudraksha is considered to have come directly from the eyes of Lord *Shiva* who himself wears this bead. This Rudraksha activates the *Ajna Chakra* located between the two Eyebrows thereby giving the wearer an ability to visualize the future so that he is able to make correct decisions. This Rudraksha also represents the 3rd eye of Lord *Shiva* and hence the wearer is protected from all kinds of Negativity, Negative Energies and Enemies. The wearer of this Rudraksha becomes a favourite of Lord *Shiva* and he is blessed by both the *Shiva* and the *Shakti*. Not only his present becomes better but his future also becomes brighter. This Rudraksha start giving its results very quickly and hence the name *Dev Mani*. This Rudraksha pacifies the negative effects of planet Saturn and therefore it should be worn by people in whose horoscope either the planet Saturn is malefic or a person is undergoing the affliction of Saturn like *Sade Sati* (Seven and half years) etc.

Product Info: 14 mukhi Nepalese Rudraksha with FREE Silver Caps & Red Thread + Laboratory Tested Certificate

Ruling Deity: Lord *Shiva*

Ruling Planet: Saturn

Beej Mantra: Om Namaha

Positive Effects

(Benefits) A Fourteen Mukhi Rudraksha awakens the power of intuition and sixth sense of the wearer by strengthening the *Ajna Chakra*. This Rudraksha is also said to bestow the power of foreseeing the future events intuitively and therefore the wearer is able to take decisions in a right direction. A Fourteen Mukhi Rudraksha protects its wearer against Evil spirits and Black Magic. The ruling planet of this Rudraksha is Saturn. Hence, this Rudraksha is also very beneficial if the planet Saturn is Malefic in the horoscope or if the Person is under the *Sade Sati* (Seven and half years) of Saturn. Businessmen, Politicians, Senior Managers can get huge benefits by wearing this Rudraksha as it increases and sharpens their Acumen by improving their Sixth Sense and Foresightedness.

Powers of 14 Mukhi Rudraksha

A 14 mukhi Rudraksha is a rare Rudraksha which is said to have come directly from the eyes of Lord *Shiva* and the wearer feels himself in the company of Lord *Shiva*. It awakens the *Ajna Chakra* so that the wearer is able to foresee the future events by intuitive powers. Hence, all the decisions of the wearer are becomes right and hence he is able to free himself from all the problems, obstacles, miseries and worries.



Figure-18: Fourteen Mukhi Rudraksha, Ruling Deity (Lord *Shiva*) and Ruling Planet (Saturn).

Planetary Powers of 14 Mukhi Rudraksha

The ruling planet of 14 Mukhi Rudraksha is Saturn. Hence, this rudraksha is very helpful to pacify the negative effects of planet Saturn. It should be worn by any person who is undergoing major or minor affliction of Saturn known as *Sade Sati* or *Small Panoti* respectively. Even if, the planet Saturn is

DEBILITATED, RETROGRADE or COMBUST in a person's horoscope, then also this Rudraksha should be worn.

Who should wear this Rudraksha

A 14 mukhi Rudraksha should be worn by those people who are in Business, Politics, Administration since it not

only increases their Intuitive power but also helps them to make right decisions which are necessary for the above fields of work. People undergoing Saturn Sade Sati or Small Panoti should also wear this Rudraksha.

Diseases cured by 14 Mukhi Rudraksha

As per Ancient Vedic Texts, 14 mukhi Rudraksha helps in Diseases of Epilepsy, Dumbness, Paralysis, Stomach Ache, Weakness, Impotence, Abortion, Arthritis, Purification of sperms, flow of ojas (divine energy), Increase in Secretions of Eight Chakra etc.

How to wear a 14 Mukhi Rudraksha

A 14 Mukhi Rudraksha can be worn around the neck or alternately it can be kept in the place of worship.

Gauri Shankar Rudraksha

Two naturally joined Rudrakshas are known as *Gauri Shankar Rudraksha*. It represents a combined form of Lord *Shiva* and Goddess *Parvati*. This is a very powerful Rudraksha for improving relations between husband-wife, family and friends, and is considered as a best Rudraksha for bringing peace and happiness in the family. Those people who want to find a suitable match for marriage should wear this Rudraksha. Couples who are childless should also wear this Rudraksha.

Information about this Rudraksha

Two naturally joined Rudrakshas are known as *Gauri Shankar Rudraksha*. It represents a combined form of

Lord *Shiva* and Goddess *Parvati*. This is a very powerful Rudraksha for improving relations between husband-wife, family and friends and is considered as a best Rudraksha for bringing peace and happiness in the family.

Ruling Deity: Lord *Shiva* & Goddess *Parvati*

Ruling Planet: Planet Moon

Beej Mantra: *Om Gauri Shankaraye Namaha*

Positive Effects

(Benefits) This Rudraksha improves relations between the wearer and his/her spouse, friends and relatives. This Rudraksha helps husband and wife to know each other better and improves their relations. By worshipping this Rudraksha, all the pains, sufferings and other earthly obstacles of the wearer are destroyed as per Ancient Vedic Texts. This Rudraksha should be worn by unmarried persons to get a proper match in their Life. It should also be worn by a Childless Couple with very good results. The combined blessings of Lord *Shiva* and Goddess *Parvati* are showered upon the wearer of this *Gauri Shankar Rudraksha* and hence he/she is able to lead a better and more Happier, Healthier and a Wealthier Life.

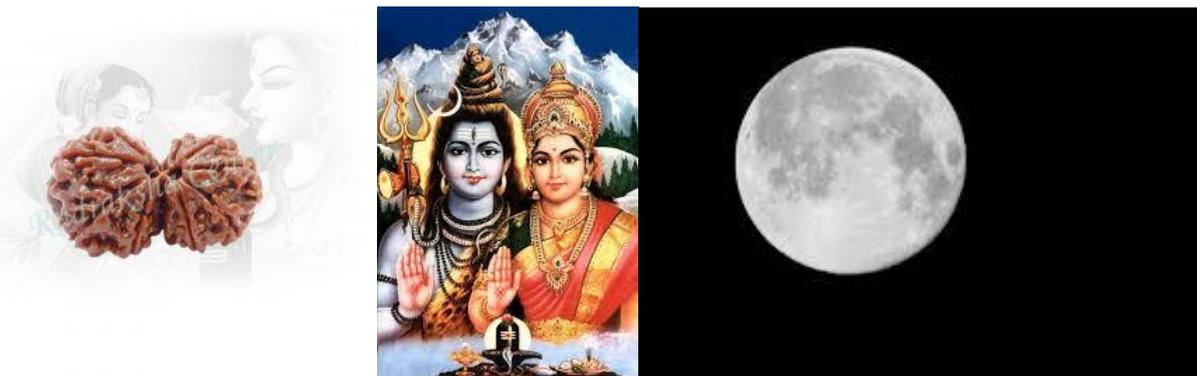


Figure-19: Gauri Shankar Rudraksha, Ruling Deity (Lord *Shiva* & Goddess *Parvati*) and Ruling Planet (Moon).

Powers of Gauri Shankar Rudraksha

A *Gauri Shankar Rudraksha* improves the relationship and understanding between Husband-Wife, Father-Sun or any other two persons like friends. Those people who are finding it difficult to get a suitable match for marriage should take advantage of this Rudraksha by wearing it. Couples who are desirous of having a child should also wear this Rudraksha.

Who should wear this Rudraksha

Those people who want to find a suitable match for marriage should wear this Rudraksha. Couples who are childless should also wear this Rudraksha. Those people

who want to increase Peace, Harmony and Understanding within family or even outside family should wear this Rudraksha.

Diseases cured by Gauri Shankar Rudraksha

As per Ancient Vedic Texts, *Gauri Shankar Rudraksha* is used for the treatment of diseases like sexual problems, behavioral disorders etc.

How to wear a Gauri Shankar Rudraksha

A *Gauri Shankar Rudraksha* can be worn around the neck or alternately it can be kept in the place of worship.

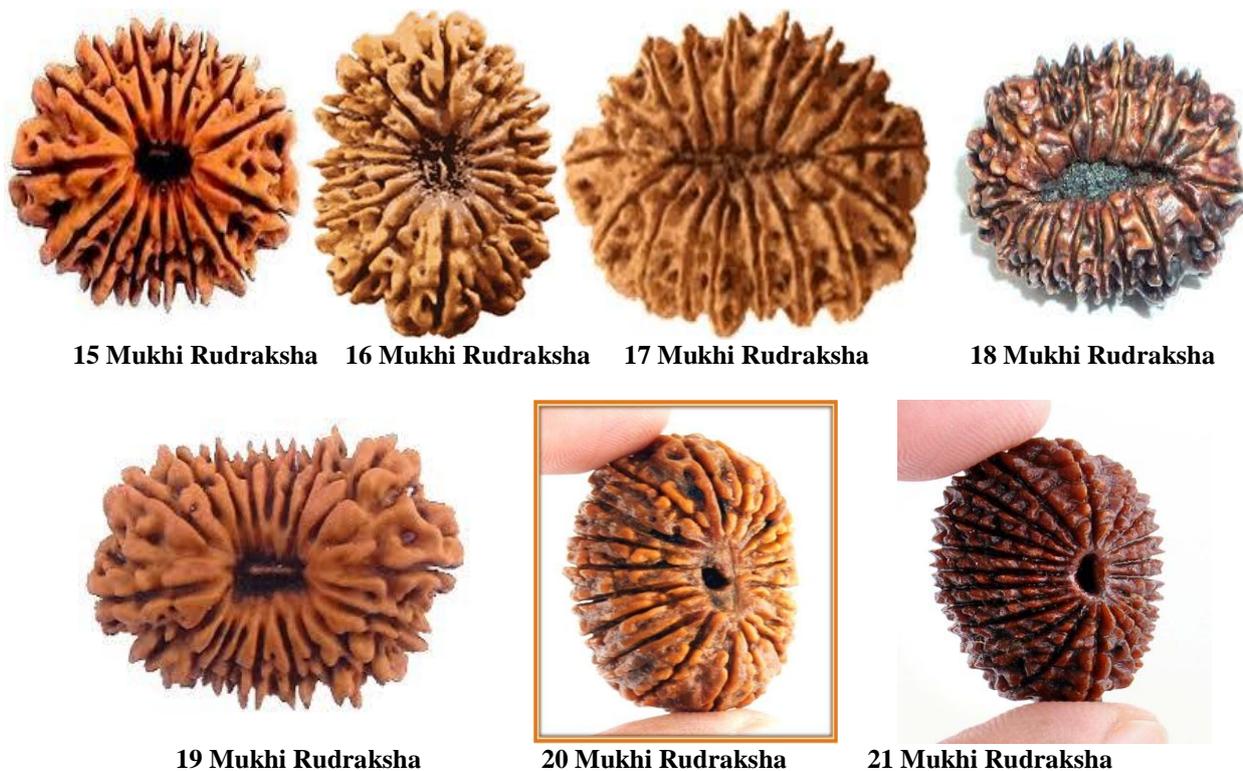


Figure-20: Other Rudraksha Beads.

Puja of Rudraksha

Rudraksha is a divine bead and it bestows all sorts of Spiritual, Mental & Physical benefits to its wearer. However, in order to get maximum benefits from Rudraksha, it needs to be sanctified & energized also known as Pran Prathista prior to its use for the first time.

1. An auspicious Day, Date and Nakshtra is chosen by our Guruji taking into consideration the clients Name, Date of Birth and Place of Birth.
2. Then the mind is cleared of all negative thoughts so as to achieve a clear and positive mind frame.
3. A Matt is placed on the Floor in such a way that the face is towards East, North or North-East while performing the Pran Prathista Puja of the Holy Rudraksha Bead.
4. The Rudraksha is opened and washed with Unboiled Milk and Holy Water. After that Sandalwood Paste is applied to it and it is kept on the Special (Seat) made for it in front of Lord Shiva Idol.
5. An Incense or a Diya is Lit in front of the Rudraksha and Fresh Flowers, Fruits, Sweets and *Panchamrut* (A Special Spiritual Preparation made of Five items viz, Holy Water, Milk, Ghee, Honey and Curd) is offered to Lord *Shiva* and the Holy Rudraksha Bead.
6. After that the Name of the Client, Date of Birth and Place or Birth are spoken by our Guruji with an intention to Energize the Holy Rudraksha Bead for the said Person along with a request to Lord *Shiva* that the wishes of the Client be granted and he/she is able to lead a more Happier, Healthier and Wealthier Life after wearing this Holy Rudraksha Bead.

7. The Eyes are closed while concentrating on the Holy Rudraksha Bead and reciting the Beej Mantra of the Rudraksha for 108 times followed by recitation of Other Spiritual Mantras to appease Lord *Shiva*.

8. This completes the procedure which is called as *Prana Prathista* of Rudraksha. This procedure creates a Live Energy within the Rudraksha.

9. After the above procedure is completed by our Learned Guruji, the Holy Rudraksha Bead is dispatched. Since the Energization procedure has already been done, you can directly start wearing the Rudraksha once you have received it.

The Beej Mantra for various Mukhi Rudrakshas are as follows. You may yourself recite the mantra of the Rudraksha bead that you have purchased for 11 times every day or at least on every Monday.^[5]

One Mukhi: ***Om Hreem Namaha***

Two Mukhi: ***Om Namaha***

Three Mukhi: ***Om Kleem Namaha***

Four Mukhi: ***Om Hreem Namaha***

Five Mukhi: ***Om Hreem Namaha***

Six Mukhi: ***Om Hreem Hum Namaha***

Seven Mukhi: ***Om Hoom Namaha***

Eight Mukhi: ***Om Hoom Namaha***

Nine Mukhi: ***Om Hreem Hoom Namaha***

Ten Mukhi: ***Om Hreem Namaha***

Eleven Mukhi: ***Om Hreem Hoom Namaha***

Twelve Mukhi: ***Om Kraum Sraum Raum Namaha***

Thirteen Mukhi: ***Om Hreem Namaha***

Fourteen Mukhi: ***Om Namaha***

Scientific Research on Rudraksha

In Asia the benefits of Rudrakshas are always been known from long ages. Even, it is not only known but it is well written in ancient literature and *Shastras*. In India its popularity is well known because of *Aryans* who came from central Asia, who have written many Vedic literatures. Due to increasing popularity of Rudraksha with the general popularity in India, scientific studies have been undertaken in recent years to determine whether there is any real significance in the Vedic literature regarding the healing powers of Rudraksha or not and the research confirmed that the healing powers of Rudraksha beads work scientifically.

Scientific research proved that Rudraksha bead consists of Magnetic and Electric Inductive properties. Depending on the polarity and intensity of this induced magnetic field, Rudraksha beads transmits electrical and inductive impulses with opposing polarity and intensity. The human body is a complex bio-electronic circuit comprised of the Central Nervous System and the organs and functions it regulates. Streamlined blood flow has a powerful rejuvenating impact on this circuit and serves to prevent stress-related disorders caused by the damaging effects of excess energy on neurons and neurotransmitters.

Biomedical Properties of Rudraksha: The beneficial powers of Rudraksha are by virtue of its Electrical and Magnetic Properties.

Electrical Properties

Our Human body, consists of Central Nervous System, Autonomous, Sympathetic & Para sympathetic Nervous System and various other Organ systems, all are in combination known as complex Bio Electronic circuit. Blood pumps constantly from the heart and flows to brain and other body organ. With this flow of blood, transmission of various impulses takes place. With these impulses continuous movement of neurons and nerve cells takes place in the brain which generates electrical impulses. This generation of impulses is termed as Bio-electricity. This flow of Bio-electricity facilitates movement of information from the brain to various parts of the body and back. Whatever we feel, think, hear, taste, see and perceive all depends on the flow of Bio-electric current. This flow of bio-electric current occurs due to the existence of potential differences or the different energy levels that exist between different parts of the body. As long as the flow of Bio-electricity is smooth the body functions normally and we have the feeling of being in control but there is a third element to the body and brain bio-electronic circuit interface, that of the mind.

There are many activities that can produce stress or maladjustment that affects the Electronic circuit of the body & mind out of gear. When there is stress or maladjustment corresponding stress signals are sent to the Central Nervous systems, there is an increased

activity or abnormal of neurons and neurotransmitters. The magnitude of change will depend on the cause and specific case. When such a thing occurs and it occurs continuously, streamlined flow of electrical signals throughout the mind-body interface is disrupted and it makes us feel uncomfortable and we are not able to act with our full efficiency. Our blood circulation becomes non-ideal and we feel various illnesses. Unfortunately this happens all the time. Rudraksha beads act as a stabilizing anchor. When Rudraksha beads are placed over the heart, they act to stabilize the heart beat. Similar to magnets, the beads work on the principle of Dynamic Polarity. Blood circulation and heart beat automatically induce a magnetic field around the body and particularly the heart region accordingly; a proportionate balancing force is exerted on the heart to regulate it if it starts beating above or below normal rates. This action helps to ensure ideal blood circulation in the body and stabilizes the heart beat.

Resistance

Due to potential difference between parts of the Body there is continuous and subtle flow of bio-electrical signal throughout the body. Rudraksha beads of particular Mukhis or Facets have a definitive Factor of Resistance. It is measured in Ohms (Ω). When these beads resist the flow of bio-electrical impulses a specific ampere of current flow is generated depending on the factor of resistance. This acts in tandem with heartbeat, streamlining it and sending out specific impulses to brain. These impulses stimulate certain positive brain chemicals. Making us feel better, more confident, poised and more energetic. It has been observed that specific Mukhis or Facets of Rudraksha beads send out specific signals acting on a particular brain chemical and thereby by effecting specific positive changes in personality. It is well proven that the state of mind and our personality is governed almost completely by the Brain, it's functioning and that of Central Nervous System.

Capacitance or the Dielectric Properties

Rudraksha beads act as dielectric (i.e.) as a storage of electrical energy. This property of Rudraksha makes it capable in stabilizing and anchoring the Bio-electric current. The values are measured in units of Farad. This property is very helpful in controlling hyperactivity, palpitations of heart, streamlining heartbeat etc. Due to stress when there is increased physical activity heart beats faster and the overall activity of hormones and nervous system increases. This causes increased energy levels or increase in potential difference. As a result of this the magnitude of the Bio-electric Current increases. Rudraksha beads acting as Dielectric store this excess Bio-electric Energy, thereby streamlining the overall activity to Normalcy.

Inductance

It is observed that Rudraksha beads by it have permanent magnetic properties send out Inductive vibrations with

frequencies which are measured in units of Henry (Volt Seconds/Ampere). This perhaps is the reason why people have felt better even when Rudraksha beads do not touch them physically.

Magnetic Properties

We all are most probably aware of the beneficial healing properties of magnets. Magnetic Healing has become extremely popular and everyone who have been using magnets for healing have been getting the benefits and found overall betterment and rejuvenation. Rudraksha beads also contain the properties of Magnets but it is unparallel in one aspect, that of the ability to change its polarity or the Property of Dynamic Polarity. Rudraksha beads have both Para-magnetic and Dia-magnetic property. It also has a most important property of Dynamic Polarity. The basic way of healing is based on the fact that when the passage of arteries and veins which carry blood to and from heart to all the parts of the body is blocked or reduced due to variety of reasons, various illnesses creep. Blood carries oxygen and energy to various parts of the body and cleanses it off waste materials. Any disruption of the smooth flow of blood circulation is bound to cause illnesses. We experience pain and uneasiness due to improper blood circulation. Every cell in the blood as well as the arteries and veins are charged either positively or negatively. Magnets have the poles Positive (+) and Negative (-). When magnets are passed on various parts of the body the opposite poles of the magnets and that of cells get attracted and there is an expansion of the passage. The arteries and veins open up to facilitate streamlined blood circulation. When there is a streamlining of blood circulation most of the illnesses get automatically healed and we feel better

and rejuvenated but with magnets the polarity is fixed. When magnets are brought near a particular part of the body it opens up only those sections of veins and arteries where there is a matching of polarities hence complete healing and streamlining of blood circulation cannot be ensured. We experience healing and feel better but we can still go much further with Dynamic Polarity of Rudraksha beads.

Dynamic Polarity

Rudraksha has the ability to Change its polarity-The property of Dynamic Polarity. This in turn is by virtue of its property, Dia-magnetism. Dia-magnetism is termed as the ability of any material to acquire temporary magnetic property in presence of an external magnetic field. The polarity of the charge induced is opposite to that of the external field inducing the charge. Blood circulation and heart beat automatically induces a magnetic field around the body and particularly the heart region. Bio-electricity automatically gives raise to Bio-magnetism depending on the polarity of the induced magnetic field. Rudraksha bead acquires a polarity that is opposite of the inducing field. As a result of this the opening up the passages of Arteries and Veins are far better than that of magnets. Much better healing and rejuvenation is experienced.

Various Literatures mention of powerful Anti Ageing properties of Rudraksha beads. This is mainly because of the Dynamic Polarity of the Rudraksha a bead thus the healing powers of Rudraksha are far superior to that of Magnets. In some sense Rudraksha beads can be termed to have some additional life or Intelligence as against Magnets.



Figure-21: Rudraksha testing.

TEST OF RUDRAKSHA FOR GENUINENESS

To meet the ever increasing demand rudraksha beads, sellers have started manufacturing rarely available beads such as one faced Rudraksha body (The Ek Mukhi Rudraksha) etc. Beads of Bhadraksha, Areca nut, Nutmeg or Tulsi are used to fashion Rudraksha Beads. There is much confusion on Real Rudraksha. There has been practice of cheating people with fake rudraksha. And few buyer do not have faith with the current rudraksha market.

Cut Test

A fool proof method is to cut the Rudraksha bead horizontally. One will find the same number of compartments as that of the number of lines. However the drawback the bead gets destroyed.

Properties Test

The other is to find out whether the beads exhibit properties like inductance, capacitance, conduction of electric current etc.

The copper coin test

If Rudraksha beads are placed between two copper coins it should rotate slightly. This is due to the physical and magnetic properties of the Rudraksha beads. This test requires a high level of expertise.

Eye test

A fake or the artificial Rudraksha may look like a real one. In Rudraksha the facets or the mukhis means deep lining from the upper part to the lower part of Rudraksha. Looking at these deep linings (facets) with the help of a

magnifying glass, one can easily recognize a real Rudraksha.

Water test

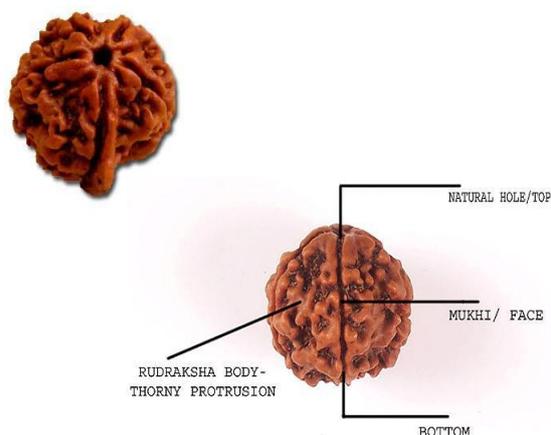
Sometimes a higher valued Rudraksha (Gaurishankar Rudraksha or a Trijuti) are made by artificially joining two or three Rudraksha with the help of glue etc. In case of doubt such Rudraksha should be boiled in water for one to two hours. A sharp discoloration will take place at the joint in case of artificial Rudraksha. The test wherein the Rudraksha Bead dips in water (commonly known as water test) is not dependable.

Water Sink Test

A fake Rudraksha made out of wood and impregnated with lead will sink in water thereby giving a false impression of a real Rudraksha. Sometimes a rare available Rudraksha (like one mukhi) is made by tempering other easily available real Rudraksha beads of lesser value. Such Rudraksha will also sink in water.

Still it is one of the most popular methods to test the beads and many times gives accurate results.

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Genuine 1 Mukhi Rudraksha Sinks in Water while Matchstick is Floating



Figure-22: Rudraksha testing for genuineness.

CONCLUSION

Rudraksha	Ruling God	Ruling Planet	Beej mantra	Major benefit
1 Mukhi	<i>Shiva</i>	Sun	<i>Om Hreem Namah</i>	Enlighten the Super Consciousness, provides improved concentration and mental structure changes specific to renunciation from worldly affairs. The wearer enjoys all comforts at his command but still remains unattached.
2 Mukhi	<i>Ardh Nareeshwar</i>	Moon	<i>Om Namah</i>	Blesses the wearer with 'UNITY'. It could be related to Guru-Shishya, parents-children, husband-wife or friends. Maintaining ONENESS is its peculiarity.
3 Mukhi	<i>Agni</i>	Mars	<i>Om Kleem Namah</i>	The wearer gets free from sins or wrongs from his life and returns to purity. Ideal for those who suffer from inferior complexes, subjective fear, guilt and depression.
4 Mukhi	<i>Brahma</i>	Mercury	<i>Om Hreem Namah</i>	The wearer gains power of creativity when blessed. Increases memory power, wit and intelligence.
5 Mukhi	<i>Kalaagni Rudra</i>	Jupiter	<i>Om Hreem Namah</i>	Wearer gains health and peace. Lowers blood pressure.
6 Mukhi	<i>Kartikeya</i>	Venus	<i>Om Hreem Hum Namah</i>	Saves from the emotional trauma of worldly sorrows and gives learning, wisdom and knowledge. Affects understanding and appreciation of Love, Sexual Pleasure, Music and Personal Relationships.
7 Mukhi	<i>Mahalaxmi</i>	Saturn	<i>Om Hum Namah</i>	It should be worn by those who are suffering from miseries pertaining to body, finance and mental set-up. By wearing this man can progress in business and service and spends his life happily.
8 Mukhi	<i>Ganesh</i>	Rahu	<i>Om Hum Namah</i>	Removes all obstacles and brings success in all undertakings. It gives the wearer all kinds of attainments - Riddhies and Siddhies. His opponents are finished i.e. the minds or intentions of his opponents are changed.
9 Mukhi	<i>Durga</i>	Ketu	<i>Om Hreem Hum Namah</i>	Wearer is blessed with lot of energy, powers, Dynamism and fearlessness, which are useful to live a life of success.
10 Mukhi	<i>Vishnu</i>	None	<i>Om Hreem Namah</i>	This contains the influence of ten incarnations and the ten directions. It works like a shield on one's body and drives evils away.
11 Mukhi	<i>Hanuman</i>	None	<i>Om Hreem Hum Namah</i>	Blesses wearer with wisdom, right judgment, powerful vocabulary, adventurous life, fearlessness and success. Above all, it also protects from accidental death. It also helps in Meditation and removes the problems of yogic practices.
12 Mukhi	<i>Sun</i>	Aum Kraum	<i>Sraum Raum Surya Namah</i>	Wearer gets the quality of the sun - to rule and to move continuously with brilliant radiance and strength. Good for ministers, politicians, administrators, businessmen and executives. Removes worry, suspicion and fear. Increases self image and motivation.
13 Mukhi	<i>Indra</i>	Venus	<i>Om Hreem Namah</i>	Showers all possible comforts of life one can ever desire. It

				gives riches and honor and fulfills all the earthly desires and gives eight accomplishments (Siddhies) and the god cupid (Kamadeva) pleases with the man who wears it. It is helpful for meditation and spiritual and materialistic attainments
14 Mukhi	<i>Hanuman</i>	Saturn	<i>Om Namah</i>	Most precious divine gem - Deva Mani. It awakens the sixth sense organ by which the wearer foresees the future happenings. Its wearer never fails in his decisions. Its wearer gets rid of all the calamities, miseries, worries. It protects from ghosts, evil spirits and black magic. It provides the wearer safety, security and riches and self power.

Special mukhi rudraksha.

Rudraksha	Ruling God	Ruling Planet	Beej mantra	Major benefit
15 Mukhi	<i>Lord Pashupati</i>	None	<i>Om Namah Shivay</i>	This represents Lord Pashupati and is specially beneficial for economic progress. Its possessor is neither bereft of wealth nor inflicted by any kinds of skin diseases.
16 Mukhi	<i>Lord Ram</i>	None	<i>Om Namah Shivaya</i>	It represents victory and the possessor is never affected by heat or cold. It is especially useful for the saints living in jungles. The house in which it is kept is free from fire, theft or robbery.
17 Mukhi	<i>Vishvakarma</i>	None	<i>Om Namah Shivaya</i>	It represents Vishvakarma the builder of this world. It is very effective in gaining unexpected money. It is specially useful in attaining property, vehicles and all physical assets.
18 Mukhi	<i>Mother Earth</i>	None	Om Namah Shivaya	It represents the mother earth. The possessor remains happy and healthy. It is specially beneficial for the pregnant women in protecting their child.
19 Mukhi	<i>Lord Narayana</i>	None	<i>Om Namah Shivaya</i>	It represents Lord Narayana. The possessor is bestowed with all worldly pleasures. There is no scarcity in their life.
20 Mukhi	<i>Vishwasu Sadhu & Narayan</i>	None	<i>Hidden</i>	It represents Vishwasu Sadhu Praani. The wearer of this Rudraksha is known for his words. he always speak truth and his wordings becomes truth. Lord Shiva opens the power of truth for his words. This Rudraksha reaches to the Sadhu, saints and brahmins by the virtue of their devotion for Lord Shiva. Lord Shiva bless them with 21 mukhi Rudraksha and removes their sins. It provides Moksha (liberation) in the end.
21 Mukhi	<i>Ek Alakh Niranjan that is Omkar</i>	None	<i>Hidden</i>	It is called Ek Alakh King. It is the creator and do preservation of the universe and it is the past, present and future itself. This Rudraksha belongs to each and every Shakti (power). Lord Brahmma, Vishnu and Mahesha along with all other God and Goddess live in this Rudraksha. The wearer of this Rudraksha gets all the comforts, leisure and happiness and in the end get the Moksha (Blessing).
Gauri Shankar	<i>Shiva & Parvati</i>	Moon	<i>Om Shree GauriShankaraya Namah</i>	Regarded the best for peace and comfort in the family. If a man worships Gauri Shankar at his worshipping place, the pain and suffering and other earthly obstacles are destroyed and the peace and pleasure of family are increased.

Rudraksha precautions

1. One shouldn't wear the holy bead during sex.
2. The sacred bead should be taken off during menstrual cycle.
3. At funeral visit, one should not carry it.
4. It should be taken off during the bath.

There are many examples of undeveloped, naturally joined, partially formed, or unformed faces in Rudraksha from all locations. Fully developed faces are the easiest one to count and can command greater value than their normal market standards. Undeveloped faces, joint faces, partially formed faces and unformed faces create confusion among traders, and can actually alter the price of the Rudraksha considerably. There is not a single standard used amongst traders to describe the method of

counting a Rudraksha's faces. Sometimes an incomplete groove is completed by human process to increase the sell ability of the bead or to fetch more value...in other words, to fool the customer. Such work on grooves is done with basic tools like saw blades, files, etc. A Rudraksha face should be naturally formed not made by any human effort; if any Rudraksha has any modified faces, those faces should not "count" and the bead should be classed as Modified or Tempered Rudraksha. Few Rudraksha are filling or sawn for proper mounting jewellery. GJSPC Laboratory (<http://www.gjspc.in/>: K-95, W Patel Nagar, Block K, West Patel Nagar, Shadipur, New Delhi, Delhi 110008; Phone: 011 2588 5577; Open: Monday to Saturday: 10.30am-8.30pm) considers this as worked Rudraksha.



The grinding/sawing should be negligible; as long as it is, the Rudraksha should not be termed as Modified, as the grinding or drilling is not done to improve the appearance of any mukhi or face, it is just done to facilitate the bead's usage and wear ability. If incorrectly maintained, Rudraksha pods are susceptible to fungal infection which can affect their integrity and value. Sellers may wrap Rudrakshas in cotton cloth to avoid surface contact and pesticides to preserve the dried pod. Some sellers may use vegetable or mineral oils to coat and protect the surface and/or darken the colour of the pod. Many sellers include a note if explicitly using treatments that affect the color.

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