



## IMPORTANCE OF VAIDYA (PHYSICIAN) ACCORDING TO AYURVEDA

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### ABSTRACT

According to Acharya Charak the role of physician is in any disturbances in the equilibrium of dhatus is known as disease and other hand the state of their equilibrium is health, health and disease are also defined as pleasure and pain respectively. Health is a state of happiness or pleasure, vikara or disease, on the other hand, the cause of misery or pain. Misery itself is not disease. Excellence in medical knowledge, an extensive practical experience dexterity and purity. These are the four qualities of a physician. Acharya Vagbhat has also elaborated about the qualities of physician in Ashtang sangrah sutra as getting permission from his teacher to practice medicine and such doctor deserves to be called physician. Physician to be unopposed steadfast friendly and polite. Pleasing in appearance, should have read many sciences and knowing about practice knowledge. He has to be mastered in the science and conversant with Arthashastra. The physician who look after the destitute and sick as his own children. He should neither receive any gift from any women in the absence of husband nor talk to her in secrecy and also should avoid the jokes with her.

**KEY WORDS:** Vaidya, Vish Chikitsak, Ayurveda, Physician.

### INTRODUCTION

Good health stands at the every root of virtuous act, acquirement of wealth, gratification of desire and final emancipation. Diseases are destroyers of health, as well being and life. This has manifested itself as a great obstacle in the way of human life. What could be its remedy? With the end in view, they entered into meditation. Then in their vision they found a savior in Indra (and got an assurance to the effect) he the lord of the god would explain the proper way to counteracting the diseases.

Dharma is associated with the soul itself which is be interred from its result. Artha is the attainment of wealth like gold etc. Kama is the fulfillment of desire like embracing women. Moksha is liberation from the world. Health represents the equilibrium of dhatus in the absence of diseases. Thus health is root cause per excellence of the attainment of all these four objects of human life in as much as one suffering from the disease is absolutely incapable of performing any act conducive to the attainment of any of these four objects.

Indra expounded immortal and sacred science of life consisting of three principle i.e. etiology, symptometology and the knowledge of therapeutics as

means to well being Par excellence to healthy and diseased which had earlier been understood by Brahma.

**LITERARY REVIEW:** A qualified physician is he who is well acquainted with the principles of treatment who is wise, is well-versed in classics and is prompt in action. The patient who is administered proper emesis and purgation therapies by such physician surely attains happiness and the other hand, if a person who only claims to be physician without having any grounding (in the science of medicine) administers these therapies, the patients would subject themselves to further complications because of the excessive or inadequate administration of this therapies. According Astang hridaya The Physician must be efficient having learnt the science in all its meaning (implication) from a preceptor, must have witnessed the therapies (gained practical experiences) and pure/clean (in body, mind and speech).

According Sushrut Samhita important of Vish Vaidya as Enemies engrossed by valour /heroism and those of wicked mind who develop hatred towards the king, generate poison of anger finding, fault in his behavior and try to kill him by poisoning women who desirous of wealth some times administer different kinds of poisons prepared by them .The Person loses life quickly by

engaging himself with vish kanya (Poison girl). Hence the King should be protected from poison always by physician (Vaidya).

Duty of physician or medical practitioners since the prime object of medical profession is service to humanity. A medical practitioner has certain obligation to the state which he must carry out irrespective of financial consideration. These are by convention known as compulsory duties. The rest are known as voluntary duties.

Compulsory duties of physician- Duty refers to obligation to act or refrain from acting from such a way that a patient's medical condition is appropriately diagnosed and managed so that a patient is not exposed to an unreasonable risk of injury.

#### Duties of Physician

- 1) Duty to exercise a reasonable degree of skill and knowledge.
- 2) Duties with regards to attendance and examination.
- 3) Duties to furnish proper and suitable medicine.
- 4) Duty to give instruction regarding the use of medicine and diet, timing for taking medicine and about adverse reactions and stop the drug in case of reaction.
- 5) Duty to control and warn to patient about his medical condition and treatment.
- 6) Duty towards children and Adults incapable of taking care of themselves.
- 7) Duty to inform patient of risks.
- 8) Duty with regard poisons he should assist the Police
- 9) Duty to notify certain diseases.
- 10) Duties with regards to operation.
- 11) Duties under Geneva Conventions.
- 12) Duties with regard to consultations.
- 13) Duty in connection with X ray examination.

#### Aim and Objectives

To study importance of vaidya according Ayurveda.

#### Objectives

- 1) To detail study about vaidya according Charak, Sushrut, Vagbhat.
- 2) To study about type of vaidya.
- 3) To study about Vish Vaidya and responsibilities.
- 4) To study in detail about character, Vaidya Gun and qualities.
- 5) To detail study about responsibilities of vaidya chaturvidha vaidya vriti.
- 6) To study in detail about vish vaidya in ancient time.
- 7) Requirement knowing about present medical laws, various related medical act.

#### MATERIAL AND METHODS

On the basis of Ayurved granthas like Charak Samhita, Sushrut, Vagbhatta, Astang Sangraha who described about qualities, properties and work of Vaidya or Physician in ancient time. The detail content of and references are analysed from available texts.

Methods: Descriptive and conceptual Study.

#### CONCLUSION

- 1) After studying the all the aspect we came to conclusion that the role of vaidya or physician is very important for treating patient.
- 2) The Royal physician is he who is well versed with various causative factors or nidan of all diseases with their detailed symptoms and signs (linga) along with knowledge of treatment measure (prashamana) along with roganam apunarbhava i.e. measures required to prevent the relapse or recurrence of the diseases.
- 3) The physician should be well expert in practical medicine are considered for the treatment.
- 4) The physician should do his duty as described in granthas like Charaka, Sushrut, and Vagbhatta and other texts.
- 5) The Physician should follow all related medical act, CPA, CSA, and all new amended act and rules for practice.

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