



ONCOLOGY EXPLANATION WITH JANPADODHWANSA

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ABSTRACT

In Ayurveda with reference to Janpadodhwansa Charka Viman Sthana has explain main etiology of diseases as Pragyapradh. Pragyapradh is that any wrong physical or psychological activity done in a state of complete consciousness and orientation willingly, even our body and mental status is not supportive to do that work. This will provoke abnormal formation of Doshas and gradually manifest as disease. Immunity statues and strength of exposed stimulus both are responsible for manifestation of disease. Gradually immunity statues of body are going to decrease and potency of stimulus is increase due to regular use of modern medicine and improper Ahar (Diet), Nidra and Brahmacharya. This makes easy in manifestation of diseases. Previous days we are always in regular use of Rasayan thinks, which are helpful in maintain integrity of Dhatus (Tissue), Indrias and vital part of body. Day by day these things have been abolished from our daily routine. Uncontrolled and mass level Pragyapradh is main cause of Janpadodhwans, that is going on today. Janpadodhwans is represented with toxicity of Vayu (air), Jala (water), Desh (Country), Kala(Time). Clinical presentation of toxic (Dhusta) Vayu, Jala, Desh and Kala explain by Charka are regularly presented to use in day to day observation. As per this presentation very early humanity will suffer with Janpadodhwansa in future. So that we have to prepare our medical science to treat the humanity from this stage with Rasayana (Rejuvenating) and Panchakarma Medicine. Day by day increase in no of cases of oncology not having any specific etiology is also may be a form of Janpadodhwans. So that today we have to think about Rasayan and Panchakrama medicine for Oncology.

KEYWORDS: Janpadodhwans, Pragyapradh, Rasayan and Panchakrama etc.

INTRODUCTION

Today Modern medical science has achieved stage of success that no body remains healthy. Society is suffering with over burden of Viral, Metabolic and oncology diseases. These diseases having no specific etiology and resultant of uncontrolled reaction of agents against antigen. Our main stream of medical management always focuses on treatment of diseases not improving quality of body tissue and organs, so that disease not be manifested for betterment of life.

Ayurved emphasis three main concept for maintenance of life- Ahar, Nidra and Brahmacharya. But we have forgot the importance of proper Nidra and Brahmacharya and concise about our diet and exercise.

Reason of over burden of diseases has been explain by Acharya Charak in Viman Sthan with it etiology, clinical presentation, pathology and treatment with prevention- JANPADODHWANS.

Definition- Person with different Prakrati, Diet, Physic, Immunity, Satmya (Acceptability), Psychological state and Age suffers with same diseases.

- Toxicity of four factors are responsible for manifestation disease by Janpadodhwans.
- Vayu (Environmental Air)
- Jala (Environmental Water)
- Desh (Environment)
- Kal (Proper seasonal variation)

Toxic environmental Air

- Flow of air is not as per season
- Very slow flow, Very fast flow, Very Dry, Very Cold, Very hot, Very Dry, Full of heavy moisture, Flow with abnormal sound, Not in steam line flow.
- Not acceptable for health (Asatmaya)
- Having foul smell, Dust particle, loaded with particulate matter of various size, associated with smog/ smoke.

Toxic Environmental Water

- Having foul smell, deformed color, test, touch, Sticky in nature.
- Not having water living animal,
- Water containing bodies are dry up and having small amount of water.
- Having loss of test.

Toxic Environment

- Natural beauty of environment has been lost.
- Having excess, no of violating animal, snakes, grasshopper, mosquito, mouse, owl, fly, eagle and jackal
- Garden and vacant land full of weeds and abnormal climber plant.
- Having the character which was not been present previously.
- Full of smog.
- Animals are confused, with abnormal cry and running here and there
- Society has lost their religion, truth, feeling of guilty, culture, nature and previously having natural character.
- Water bodies having abnormal wave and tsunami.
- Having falling of meteorite, Thunder storm, earth quake, abnormal sound produces from sky.
- Abnormal color full lightening from sky and sky is full of clouds.
- Having not proper visibility of Sun, Moon and stars.
- Persons are fear up, confused, crying, full of darkness and affected by abnormal asteroids

Toxic Time

- Seasons are have loosed their natural characters and having opposite, less or excess quality of characters.

Etiology of Janpadodhowans

- Adharma
- Pragyapradha

The pathogenesis of janpadodhowans will start with the violation of Dharma with the king of society or country then the fallowers of him also be associated with him and affect the whole society. This will further reproduce the character of janpadodhowans.

Treatment of Janpadodhwans

- Panchakarma
- Rasayan

Janpadodhwans and Oncology

Cancer is an uncontrolled division abnormal cell differ from the tissue having. It is a resultant of dystrophy of cells/ tissue.

Etiological factor of janpadodhwans are acting as mutagen for processing of dystrophy by changing genomic configuration of cell. Which ultimately reproduce as cancer cell. If it is not being controlled or treated in that generation, it will have inherited in

another generation and represents as mutation. That is not fruitful for living hood.

Treatment Modality in Oncology

Panchakarm- This is only help full in those patients having good body built, young age and also having their limitation. In generally old age more than 60 years' age patients are affected and they are not eligible for Panchakarm and Modern medical science treatment (Surgery, Chemo and Radiotherapy). That have its own complication.

Rasayan- This have no any limitation, no side effect, effective in every age group, effective in every stage of cancer, effective in every tissue involvement and increases viability of living hood. This is one of eighth branch of Ayurved, which has been ignored as a separate branch practicing. Today its need to developed its own importance in the field of oncology and to be highly effective.

Rasayan- As per Charak- Use of Pharmacological and nonpharmacological Rasayan Medicine will develop long life, good mental power, disease free life, maintenance of young age, Good luster, complexion, sweat speech, Body and sense organ having good power to perform daily activity, Well command, Polite and Beautiful.

In our daily Improper diets (Ahar & Vihar), Nindra & Brahmacharya, various toxins are produces. Some of them metabolize & excreted but some are accumulated that will later on manifest as cancer, which was unpredictable at any age group. That the use of Rasayana will detoxify it and maintain our organs compatible to metabolize these toxins even with change of environment and age.

Sarangadhar has described its use in case diseases also- Medicine which control or treat old age and diseases.

Type of Rasayana (Pharmacological)

- Ajasrik Rasayana (Daily useful Rasayana)
- Rasayana as per age group bia Sarangadhar
- Rasayana as per Dhatus (Tissue)
- Rasayana as per organ
- Rasayana as per System
- Herbal and Herbomineral preparation of Rasayana
- Rasayana as Routine use and Specific way of use- Vatatic and Kutipravesic
- Rasayana as diseases
- Rasayana as per different level of body- Rasadhatu, Channels, Agni, Psychological

Rasayan (Nonpharmacological)

Achara Rasayana- In the end of Rasayana chapter charak has also given importance of our behavior towards the society. Our good behavior will also make our mind healthy. That we reproduce some neurohormonal for maintaining and improving the quality of organ. It was

proved in science that there is some psychosomatic axis with regulate our organ and also play a key role in psychosomatic diseases. Even in Janapadodhwans charak has describe the various psychosocial activates in its treatment in elaborated way.

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