



LITERATURE REVIEW OF TALISH- A CONTROVERSIAL PLANT

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ABSTRACT

Talish is renowned for its great formulation *Talishadi churna*, a *Ayurvedic* remedy used for cough, digestive ailment including loss of appetite and anorexia. It is quoted by *Brhat trayi* several times but not included in most of the *Ganas* or *Vargas*. *Acharya Sushruta* emphasized it as '*Sirovirechana dravya*', *Acharya Charak* mentioned it under *Vaman dravya kalpa sangraha* and in *Ashtanga Samgraha* it is quoted under *Sodhanadi Gana*. As per *Nighantus* it is a controversial plant having *Swas- Kasa har* property. In *Bhavprakash Nighantu*, *Talishpatra* is mentioned for both *Abies pindrow* Royle. and *Taxus baccata* Linn. *Talish* is one of the content of *Talishadi Churna*, *Kalyanak Ghrit*, *Taijovatyadi Ghrit* etc formulations given in *Charak chikitsa sthana*. *Samangadi Tail*, *Kalyanak Ghrit*, *Talishadi Ghrit* etc. are the formulations given by *Acharya Sushruta* in which *Talish* is one of the ingredient. In *Astanga Hridaya*, preparations like *Talish Vati*, *Khadiradi Ghrit*, *Vyoshadi Vati* etc. contain *Talish* as one of the content. Similarly in *Harita Samhita*, *Bhel samhita*, *Ashtanga Samgraha*, *Kashyap Samhita*, *Bhavprakash Samhita*, *Chakradutta*, *Yogaratanakar*, *Bhaishajya Ratnavali* various therapeutically important preparations of *Talish* are given. In various *Nighantus* like *Dhanvantari Nighantu*, *Kaideva Nighantu*, *Bhavprakash Nighantu*, *Raj Nighantu* etc. description of *Talish* in their respective varga/ *Gana* like *Satpushpadi*, *Oshdhi*, *Karpuradi*, *Pipplayadi varga* etc. have been given. In this article we are going to discuss complete literature review of *Talish*.

KEYWORDS: *Talish*, *Abies pindrow* Royle., *Taxus baccata* Linn., *Talishadi Churna*, *Taijovatyadi Ghrit*, *Vyoshadi Vati*.

INTRODUCTION

'*Sandigadha dravya*' or 'controversial plant' is used for medicinal plants which are mentioned in *Ayurvedic* literature but their exact botanical source is not known. A large % of medicinal plants used in herbal industry are subject of controversy. One of the important controversial plant named as '*Talishpatra*' is now a days more oftenly used in preparation of '*Talishadi churna*' as a *Ayurvedic* remedy for cough, digestive ailment including loss of appetite and anorexia. It is also useful in chronic fever associated with respiratory disorders. All the *Nighantus* highlighted its utility in respiratory disorders along with other indication. In *Bhavprakash Nighantu*, *Talishpatra* is mentioned for both *Abies pindrow* Royle. and *Taxus baccata* Linn. The drug still remains controversial. *Acharya Yadavji Trikamji* quoted the following three varieties of *Talish*– 1. *Taxus baccata* 2. *Abies webbiana* 3. *Rhododendron anthopogon*.

In *Charak Samhita*, *Harita Samhita*, *Bhel Samhita*, *Sushruta Samhita*, *Ashtanga Samgraha*, *Ashtanga*

Hridaya, *Kashyap Samhita*, *Sharangdhar Samhita*, *Bhavprakash Samhita*, *Chakradutta*, *Yogaratanakar*, *Bhaishajya Ratnavali*, the respective formulations of *Talish* are 9,10,2,14,25,14,7,9,11,16,26,51. Total 194 formulations of *Talish* are mentioned in texts. In all *Nighantus* 26 synonyms of *Talish* are given. Here we are going to discuss all literature review of *Talish* which will help to know its importance for medicinal purpose.

TALISH IN SAMHITA GRANTHA

1. *Charak Samhita (1000 B.C- 4th Cent A.D.)*^[1] - It is the oldest treatise among all the *Ayurvedic Samhita*. It is composed by *Maharshi Agnivesha* (1000 B.C), revised by *Acharya Charak* (200 B.C) and reconstructed by *Acharya Dridhabala* (4th cent. A.D). Among the *Brhatrayi*, *Charak* mentioned *Talish* under *Vaman Dravya Kalpa Sangraha (Ch.Vi.8/135)*.

The different formulations of *Talish* described in *Charak samhita* are given below in the table. [Table No. 1.1]

S.N	Formulation	Indication	Uses (Int./Ext.)	References
1.	Talishadi Churna	Rajyakshama	Int.	Ch.Chi.8/145
2.	Kalyanak Ghrit	Unmada	Int.	Ch.Chi.9/36
3.	Mahakalyanak Ghrit	Unmada	Int.	Ch.Chi.9/42
4.	Sotharoga Nashak Tail,	Sotha	Ext.	Ch.Chi.12/65
5.	Taijovatyadi Ghrit	Hikka, Swas	Int.	Ch.Chi.17/143
6.	Kshara Gutika	Kantha Rog	Int.	Ch.Chi.26/192
7.	Urustambh Nashak Yoga	Urustambh	Int.	Ch.Chi.27/29
9.	Talish Churna	Apara patina	Int.	Ch. Sa. 8/41

2. Harita Samhita (600-1000 B.C.)^[2] - *Harita Samhita* was composed by *Acharya Harita*. The different formulations and indications of *Talish* are tabulated below in tabular form. [Table No. 1.2]

S.N	Formulation	Indication	Uses (Int./Ext.)	References
1.	Parashar Ghrit	Kshayarog, Rajyakshama, Vrana	Int., Ext.	Ha 3S/9/90
2.	Talkabhratak	Rajyakshama, Grahani	Int.	Ha 3S/ 9/125
3.	Talish Churna	Swas, kasa	Int.	Ha 3S/10/27
4.	Talish Vati	Arsha	Int.	Ha 3S/11/45
5.	Bheem Vatak	Udar rog	Int.	Ha 3S/11/61
6.	Laghu Talishadi Aushdha	Swas, kasa	Int.	Ha 3S/12/41
7.	Brhat Talisadya Aushdha	Kasa, Swas	Int.	Ha 3S/12/43
8.	Chandanadi Churna	Unmad, Apasmar	Int.	Ha 3S/18/26
9.	Draksha Avleha	Apasmar	Int.	Ha 3S/18/34
10.	Baladik Aushdha	Vatik rog	Ext.	Ha 3S/20/82

3. Bhel Samhita (600-1000 B.C.)^[3] - *Bhel Samhita* is composed by *Acharya Bhel*. He has mentioned *Talish* under *Dhoom dravya* for the treatment of *Urdhavajatrugat rog* (*Bhel. Su. 6/25*). In *Dhamargava-kalpam* chapter, *Dhamargava* mixed with *Talish Swaras* is used for *Vaman karma* (*Bhe. Ka.4/10*). The different formulations and indications of *Talish* are given below in tabular form. [Table No. 1.3]

S.N	Formulation	Indication	Uses (Int./Ext.)	References
1.	Prandvatak	Arsha	Int.	Bhe.Chi.16/53
2.	Priyagadi Leha	Virechan	Int.	Bhe.Ka 9/10

4. Sushruta Samhita (1000 B.C.-5th Cent. A.D.)^[4] - This *Samhita* is written by *Vridha Sushruta (1000 B.C.)*. He was contemporary to *Agnivesha*. The treaty was revised by *Sushruta in 2nd century A.D.* and *Nagarjuna in 5th century A.D.* In *Susruta Samhita*, *Talish* is mentioned under *Siro-Virechak Dravya* (*S. Su.39/6*). The formulation of *Talish* are tabulated below— [Table No. 1.4]

S.N	Formulation	Indication	Uses (Int./Ext.)	References
1.	Talishadi Tail	Vrana	Ext.	S.Chi.2/75
2.	Samangadi Tail	Vrana	Ext.	S .Chi.2/83
3.	Shaliadi Lepa	Pittaj Vata- rakta	Ext.	S.Chi.5/8
4.	Takshraya Agad	Sarp Visha Chikitsa	Ext.	S. Ka.5/65
5.	Rishabh Agad	Sarp Visha Chikitsa	Ext.	S. Ka.5/68
6.	Kalyanak Sarpi	Visha Chikitsa	Int.	S .Ka.6/8
7.	Maha Sugandhiagad	Visha chikitsa	Int.	S .Ka.6/17
8.	Mustadya Anjan	Pitta Abhisyan	Ext.	S .Utt.10/8
9.	Rasanjanadya Anjana	Pitta vidadgdh drishti	Ext.	S .Utt.17/12
10.	Naktandhyaharanjan	Naktandhya	Ext.	S .Utt17/17
11.	Tugashirayadi Ghrit	Graha dosh	Int.	S .Utt32/5
12.	Kalyanak Ghrit	Jwar , kasa	Int.	S .Utt39/231
13.	Talishadi Ghrit	Swas	Int.	S.Utt s51/27
14.	Mahakalyan Ghrit	Unmada	Int.	S .Utt 62/24

5. *Ashtanga Samgraha* (6th Cent. A.D.)^[5] - *Ashtanga Samgraha* is written by *Maharshi Vridha Vagbhata*. He mentioned *Talishpatra* under *Sodhanadi Gana* (A.S.Su.14/3). He has indicated *Talishpatra* as a remedy for dry cough in children (A.S.Utt 2/55). *Vagbhata* has

prepared *Rasa-kriya* from *Swarna gairika* and *Talish churna* and used it for *Pitta-vidagadh drishti*. (A.S.Utt.16/57). The formulations and indications of *Talish-patra* are given below in the tabular form.

[Table No. 1.5].

S.N	Formulation	Indication	Uses (Int./Ext.)	References
1.	<i>Talish Patra</i>	<i>Indriya balvardhanarth</i>	Int.	A.S.Su.14/6
2.	<i>Talish Churna</i>	<i>Aparapatan</i>	Int .	A.S.Sa.3/34/4
3.	<i>Pippalyadi Ghrit</i>	<i>Swas, parshavashool</i>	Int.	A.S.Chi.6/66
4.	<i>Talish Patra Vatak</i>	<i>Aruchi</i>	Int.	A.S.Chi.7/74
5.	<i>Talishadi Churna</i>	<i>Kasa, Swas</i>	Int.	A.S.Chi.7/88
6.	<i>Talish Patra Modak</i>	<i>Kasa, Swas</i>	Int.	A.S.Chi.7/91
7.	<i>Yavanyadi Churna</i>	<i>Shool, gulma</i>	Int.	A.S.Chi 16/15
8.	<i>Shailaiyadi Tail</i>	<i>Sotha</i>	Ext.	A.S.Chi.19/9
9.	<i>Yasthimadhuadi Ghrit</i>	<i>Soshanashak</i>	Int.	A.S.Utt.2/50
10.	<i>Khadiradi Ghrit</i>	<i>Vaman</i>	Int .	A.S.Utt 2/58
11.	<i>Kalyanak Ghrit</i>	<i>Unmada</i>	Int.	A.S.Utt 9/19
12.	<i>Talishadi Ghrit</i>	<i>Timir</i>	Ext.	A.S.Utt 16/42
13.	<i>Goshakradi Varti</i>	<i>Netra roga</i>	Ext.	A.S.Utt.16/62
14.	<i>Prapaundrakadi Kwath</i>	<i>Netrashool</i>	Ext.	A.S.Utt.19/30
15.	<i>Swarnagairikadi Varti</i>	<i>Kafaj netra roga</i>	Ext.	A.S.Utt.19/47
16.	<i>Talishadi Anjan</i>	<i>Netra kandu, netra shofa</i>	Ext.	A.S.Utt.20/23
17.	<i>Talishpatradi Lepa</i>	<i>Karna rog</i>	Ext.	A.S.Utt.22/47
18.	<i>Talishadi Vati</i>	<i>Kantha roga</i>	Int.	A.S.Utt.26/41
19.	<i>Ropan Tail</i>	<i>Varna</i>	Ext.	A.S.Utt.31/46
20.	<i>Dantyadi Tail</i>	<i>Kafaj nadi roga</i>	Ext.	A.S.Utt.35/32
21.	<i>Ankoladi Churna</i>	<i>Visha chikitsa</i>	Int.	A.S.Utt.40/102
22.	<i>Takshraya Agad</i>	<i>Sarp visha</i>	Int., Ext.	A.S.Utt.42/58
23.	<i>Rishabh Agad</i>	<i>Sarp visha</i>	Ext.	A.S.Utt.42/62
24.	<i>Maha Sugandhi Agad</i>	<i>Sarp visha</i>	Ext.	A.S.Utt.47/40
25.	<i>Shiva Gutika</i>	<i>Rasayana</i>	Int.	A.S.Utt.49/193

6. *Astanga Hridaya* (7th Cent. A.D.)^[6] -It was composed by *Acharya Vagbhata*. He indicated *Talish-patra* for *Mukha-lepa karma* in *Gandushadividhi* chapter (A.H Su.22/21) *Rasa-kriya* of *Talishpatra* used as *anjan* for

the treatment of *Naktandhaya*(A.H Utt. 13/84). The formulations and indications of *Talish* are given below in the tabular form.

[Table No. 1.6]

S.N	Formulation	Indication	Uses (Int./Ext.)	References
1.	<i>Talish Kalka</i>	<i>Garbhasanga</i>	Int.	A.H Sa.1/87
2.	<i>Tajjovatyadi Ghrita</i>	<i>Hikka, Arsha, Ghrani,</i>	Int.	A.H Chi. 4/53
3.	<i>Talish Vati</i>	<i>Aruchi</i>	Int.	A.H Chi. 5/49
4.	<i>Talish-Patradi Churna</i>	<i>Kash, Swas,Parshvashool</i>	Int.	A.H Chi. 5/58
5.	<i>Talishadhya Churna</i>	<i>Madhataya</i>	Int.	A.H Chi. 6/83
6.	<i>Talishadi Churna</i>	<i>Ghrani, Chardi, Hridya rog, Jwara, Pinasha</i>	Int.	A.H Chi. 10/16
7.	<i>Shailyadi Tail</i>	<i>Sotha</i>	Ext.	A.H Chi. 17/24
8.	<i>Sishu Shoshnashak Ghrita</i>	<i>Shosh</i>	Int.	A.H Utt. 2/51
9.	<i>Khadiradi Ghrit</i>	<i>Sishu vaman</i>	Int.	A.H Utt. 2/61
10.	<i>Kalyana Ghrita</i>	<i>Unmada, Apasmara</i>	Int.	A.H Utt. 6/28
11.	<i>Talish Vati</i>	<i>Netra ashru, Netra-kandu</i>	Ext.	A.H Utt. 16/40
12.	<i>Vyoshadi Vati</i>	<i>Pinash, Swas, Kasa</i>	Int.	A.H Utt. 20/5
13.	<i>Talishadi Tail</i>	<i>Sadhya varna</i>	Ext.	A.H Utt. 26/55
14.	<i>Chandrody Agad</i>	<i>Visha Chikitsa</i>	Int./Ext.	A.H Utt. 35/26

7. *Kashyap Samhita (600 B.C. – 7th Cent. A.D.)*^[7]- *Kashyap Samhita* was composed by *Maharshi Kashyap* and recomposed by *Acharya Vatsya*. This *samhita* is not found in complete form now a days. This treaty mainly

deals with Paediatric disorders. The different formulations and indications of *Talish* are given below in the tabular form.

[Table No. 1.7]

S.N	Formulation	Indication	Uses (Int./Ext.)	References
1.	<i>Priyangvadi Tail</i>	<i>Bal graham, Pitra graham</i>	Ext.	<i>Ka. Chi. 4/77.2</i>
2.	<i>Devdaryadi Tail</i>	<i>Complication of over use of Nasal therapy</i>	Ext.	<i>Ka. Si. 4/7</i>
3.	<i>Darvyadi Lepa</i>	<i>Treatment of Puerperal fever</i>	Ext.	<i>Ka. Khi. 11/122</i>
4.	<i>Talishadi Lepa</i>	<i>Visharp</i>	Ext.	<i>Ka. Khi. 14/51</i>
5.	<i>Madhukadi Ghrita</i>	<i>Charmadal</i>	Ext.	<i>Ka. Khi. 15/16</i>
6.	<i>Talishadi Lepa</i>	<i>Sotha</i>	Ext.	<i>Ka. Khi. 17/62</i>
7.	<i>Satvaryadi Lepa</i>	<i>Sotha</i>	Ext.	<i>Ka. Khi. 17/64</i>

8. *Sharangdhar Samhita (13th Century A.D.)*^[8]- The *samhita* is composed by *Acharya Sharangdhara*. This *samhita* has been divided into *Purva*, *Madhyam*, and *Uttar khandas*, which deals with description of diseases,

Panchvidha kashaya kalpana, drug actions and treatment of ailments respectively. The formulations and indications of *Talish* are given below in tabular form.

[Table No. 1.8]

S.N	Formulation	Indication	Uses (Int./Ext.)	References
1.	<i>Sudarshan Churna</i>	<i>Jwar, Swas, Kasa</i>	Int.	<i>Sh.S.Ma.Kh.6/32</i>
2.	<i>Jatiphaladi Churna</i>	<i>Grahni, Swas</i>	Int.	<i>Sh.S.Ma.Kh.6/73.</i>
3.	<i>Mahakhandava Churna</i>	<i>Kasa, Swas, Arsa</i>	Int.	<i>Sh.S.Ma.Kh.6/77.</i>
4.	<i>Talishadi Churna</i>	<i>Jwar, Swas, Kasa</i>	Int.	<i>Sh.S.Ma.Kh.6/132</i>
5.	<i>Lavanabhaskar Churna</i>	<i>Grahni, Swas, Kasa</i>	Int.	<i>Sh.S.Ma.Kh.6/140</i>
6.	<i>Vyoshadi Gutika</i>	<i>Swas, Kasa</i>	Int.	<i>Sh.S.Ma.Kh.7/22</i>
7.	<i>Suran Vatak</i>	<i>Swas, Kasa, Arsha</i>	Int.	<i>Sh.S.Ma.Kh.7/30</i>
8.	<i>Paniya Kalyanak Ghrit</i>	<i>Apasmar, Jwar, Unmad</i>	Int.	<i>Sh.S.Ma.Kh.9/40</i>
9.	<i>Dhatradi Tail</i>	<i>Apasamar, Unmad</i>	Int.	<i>Sh.S.Ma.Kh.9/205</i>

9. *Bhavprakash Samhita (16th Cent. A.D.)*^[9] –The different formulations and indications of *Talish* are given below in the tabular form.

[Table No. 1.9]

S.N	Formulation	Indication	Uses (Int./Ext.)	References
1.	<i>Sudharshan Churna</i>	<i>Jwara</i>	Int.	<i>B.P Chi. 1/130</i>
2.	<i>Jatiphaladi Churna</i>	<i>Ghrani</i>	Int.	<i>B.P Chi. 4/49</i>
3.	<i>Brahat Surana Modhak</i>	<i>Arsha, Sotha, Slipada</i>	Int.	<i>B.P M.5/74</i>
4.	<i>Lavan Bhaskar Churna</i>	<i>Udara rog, Gulma, Arsha</i>	Int.	<i>B.P M. 6/62</i>
5.	<i>Jatiphadhya Churna</i>	<i>Rajyakshma, Swas, Kasa</i>	Int.	<i>B.P M. 11/50</i>
6.	<i>Maha Chetasha Ghrita</i>	<i>Unmada, Apasmara</i>	Int.	<i>B.P M. 22/56</i>
7.	<i>Pipplayadi Churna</i>	<i>Aamvata, Arsha</i>	Int.	<i>B.P M. 26/32</i>
8.	<i>Yograj Guggulu</i>	<i>Aamvata, Udara rog</i>	Int.	<i>B.P M. 26/99</i>
9.	<i>Kumari Tail</i>	<i>Siro vikara, Karna shool, Manya-sthamba</i>	Ext.	<i>B.P M. 62/44</i>
10.	<i>Vyoshadi Vati</i>	<i>Swas, Kasa, Peenus</i>	Int.	<i>B.P M. 65/38</i>
11.	<i>Talish Dhum</i>	<i>Putna graham</i>	Ext.	<i>B.P M. 71/85</i>

CHIKITSHA GRANTHA

1. *Chakradutta (11th Cent. A.D.)^[10]* - The different formulations and indications of *Talish* are given below in the tabular form.

[Table No. 1.10]

S.N	Formulation	Indication	Uses (Int./Ext.)	References
1.	Pranada Gutika	Arsha, Mandagni	Int.	C.D. 5/29
2.	Bhaskar Lavana	Agnimandhya	Int.	C.D. 6/40
3.	Talish Churna	Rakt-Pitta	Int.	C.D. 9/15
4.	Vyosantika Vati	Swas, Kasa	Int.	C.D. 11/36
5.	Tejovatyadi Ghrita	Hikka, Swas	Int.	C.D. 12/22
6.	Chavyadi Churna	Svarbheda	Int.	C.D. 13/6
7.	Kalyanak Ghrita	Unmada	Int.	C.D. 20/22
8.	Yograj Guggulu	Aamvata	Int.	C.D. 25/27
9.	Dhatri Lauh	Shool	Int.	C.D. 26/54
10.	Khand Amlaki	Parinaam shool	Int.	C.D. 27/75
11.	Chitraka Ghrita	Jvara, Pliha rog	Int.	C.D. 38/35
12.	Shailadhya Tail	Sotha	Ext.	C.D. 39/38
13.	Kshara Gudika	Kantha rog	Int.	C.D. 56/4
14.	Vyoshadi Churna	Peenus, Swas, Kasa	Int.	C.D. 58/2
15.	Manjishadhya Anjana	Netra rog	Ext.	C.D. 59/217
16.	Shiva Gutika	Rasayana	Int.	C.D. 66/174

2. *Yogaratanakar (17th Cent. A.D.)^[11]*. The *Chikitsa Grantha "Yoga Ratnakara"* was compound by *Vaidya Shri Laxmipati Ayurvedacharya*. The formulations and

indications of this Treatise are given below in Tabular form-

[Table No. 1.11]

S.N	Formulation	Indication	Uses (Int./Ext.)	References Page/Shlok no
1.	Talishadi Churna	Visham Jvara, Swas, Kasa	Int.	Y.R.Pu.Visam-Jvara chi.230/1
2.	Talish Churna	Visham Jvara	Int.	Y.R.Pu.Visam-Jvara chi.230/3
3.	Sudharsan Churna	Jvara, Swas, Kasa	Int.	Y.R.Pu.Visam-Jvara chi.232/1
4.	Talishadi Churna	Grahni, Aruchi, Jvara	Int.	Y.R.Pu.Grahni 287/1
5.	Jatiphaladi Churna	Grahni, Aruchi, Pratishtyaye	Int.	Y.R.Pu.Grahni 287/1
6.	Pranada Modak	Arsha	Int.	Y.R.Pu.Arsha 300/1
7.	Surana Modak	Arsha	Int.	Y.R.Pu.Arsha 300/1
8.	Lavan Bhaskar Churna	Ajeerna	Int.	Y.R.Pu.Ajeerna 318/1
9.	Khanda Kushmanda	Rakt-Pitta, Peenus	Int.	Y.R.Pu.Rakt-pitta 359/4
10.	Talishadi Churna	Rajyakshma, Swas, Kasa	Int.	Y.R.Pu.Rajyakshma 368/1
11.	Ashwagandhadi Churna	Udara rog, Mandagni, Kshaya	Int.	Y.R.Pu.Rajyakshma 370/2
12.	Chaturdashang Lauh	Kasa, Javra, Rajyakshma	Int.	Y.R.Pu.Rajyakshma 370/1
13.	Shiva Gutika	Jvara, Svash, kash, Urahakshat	Int.	Y.R.Pu.Rajyakshma 375/3
14.	Suryaprabha Gutika	Swas, Kasa	Int.	Y.R.Pu.Rajyakshma 377/1
15.	Talishadi Churna	Pittaj-Kaphaj Kasa	Int.	Y.R.Pu Kasa 406/2
16.	Chavyadi Churna	Svarbheda, Aruchi	Int.	Y.R.Pu Svarabheda 439/1
17.	Khandav Churna	Aruchi, Vamana	Int.	Y.R.Pu Aruchi 443/1
18.	Yograj Guggulu	Vataj rog	Int.	Y.R.Pu VaatVyadhi 529/3
19.	Mahalaxmi Narayan Tail	Sarva vataj rog	Ext./Int.	Y.R.Pu Vaat-Vyadhi 538/16
20.	Bhaskar Lavanadhya Churna	Gulma, Udar rog	Int.	Y.R.Ut. Gulma 35/2
21.	Chitrakadhya Ghrita	Udar rog, Arsha	Int.	Y.R.Pu Udar 113/2
22.	Vyoshadi Vati	Swas, Kasa, peenus	Int.	Y.R.Pu Nasa rog 325/1
23.	Talishadi Kalka	Pitta vidhagada dristi	Int.	Y.R.Pu Netra rog 374/1
24.	Kusthadi Dhup	Putna graham	Ext.	Y.R.Pu Bal rog 452/3
25.	Rati-Vallabh Pugpaka	Vajikarana	Int.	Y.R.Pu Vajikarana 486/2
26.	Kamagni Sandeepan Modak	Vajikaran	Int.	Y.R.Pu Vajikarana 487/2

3. **Bhaishajya Ratnavali (18th cent. A.D.)**^[12] – This important *Chikitsa Grantha* was composed by **Shri Govind Das Ji**. In *Bhaishajya Ratnavali Talishpatra* has

been used as a substitute of *Bharangi*(B.R.4/28). The different formulations and indications of *Talish* are given below in the tabular form.

[Table No. 1.12].

S.N	Formulation	Indication	Uses (Int./Ext.)	References
1.	<i>Jvagnar Mayur Churna</i>	<i>Jvara</i>	<i>Int.</i>	<i>B.R 5/460</i>
2.	<i>Jyanti Vati</i>	<i>All type of Jvara</i>	<i>Int.</i>	<i>B.R 5/538</i>
3.	<i>Sarvatobhadra Rasa</i>	<i>Jirna Jvara, Aamdosh</i>	<i>Int.</i>	<i>B.R 5/1108</i>
4.	<i>Purna Chandrodaye Rasa</i>	<i>Atisara, Parinaamshool,</i>	<i>Int.</i>	<i>B.R 7/131</i>
5.	<i>Brahit Lavangadi Churna</i>	<i>Jvara, Atisara, Prameha</i>	<i>Int.</i>	<i>B.R 8/65</i>
6.	<i>Jatiphaladi Churna</i>	<i>Kshaya, kasa, Swas</i>	<i>Int.</i>	<i>B.R 8/104</i>
7.	<i>Talishadi Gutika</i>	<i>Grahani, Atisara</i>	<i>Int.</i>	<i>B.R 8/118</i>
8.	<i>Madanmodak</i>	<i>Grahani, Vajikarana</i>	<i>Int.</i>	<i>B.R 8/163</i>
9.	<i>Mathimodak</i>	<i>Sangrahani</i>	<i>Int.</i>	<i>B.R 8/172</i>
10.	<i>Brahat Mathimodak</i>	<i>Grahani, Atisara</i>	<i>Int.</i>	<i>B.R 8/179</i>
11.	<i>Kameshwaro Modak</i>	<i>Vajikarana, Atisara</i>	<i>Int.</i>	<i>B.R 8/192</i>
12.	<i>Jeerakadi Modak</i>	<i>Sangrahani, Atisara</i>	<i>Int.</i>	<i>B.R 8/203</i>
13.	<i>Grahani Gajendra Vatika</i>	<i>Atisara, Sangrahani</i>	<i>Int.</i>	<i>B.R 8/274</i>
14.	<i>Peetantak Rasa</i>	<i>Rakta-pitta</i>	<i>Int.</i>	<i>B.R 13/60</i>
15.	<i>Brahat Vasa Avleha 1</i>	<i>Rakta-Pitta, Swas, Kasa</i>	<i>Int.</i>	<i>B.R 14/42</i>
16.	<i>Brahat Vasa Avleha 2</i>	<i>Yakshma, Shadvidh kasa</i>	<i>Int.</i>	<i>B.R 14/48</i>
17.	<i>Brahat Vasa Avleha 3</i>	<i>Rajyakshma, SarvaKasa</i>	<i>Int.</i>	<i>B.R 14/56</i>
18.	<i>Yakshmantak Lauh</i>	<i>Rajyakshma, Kasa</i>	<i>Int.</i>	<i>B.R 14/84</i>
19.	<i>Shringrabhra Rasa</i>	<i>Kasa, Yakshma</i>	<i>Int.</i>	<i>B.R 14/102</i>
20.	<i>Mringaank Rasa Vati</i>	<i>Kshaya, Kasa, Jvara</i>	<i>Int.</i>	<i>B.R 14/170</i>
21.	<i>Kumkumadi Ghrita</i>	<i>Kasa, Swas, Kshaya</i>	<i>Int.</i>	<i>B.R 14/280</i>
22.	<i>Svalpa Chandanadi Tail</i>	<i>Rajyakshma, Kasa</i>	<i>Ext.</i>	<i>B.R 14/282</i>
23.	<i>Talishadi Churna</i>	<i>Kasa, Swas, RaktaPitta</i>	<i>Int.</i>	<i>B.R 15/36</i>
24.	<i>KasaSanghara Bhairav Rasa</i>	<i>Panchvidh kasa, Swas</i>	<i>Int.</i>	<i>B.R 15/84</i>
25.	<i>Tarunanand Rasa</i>	<i>Kshaya, Swas, Kasa</i>	<i>Int.</i>	<i>B.R 15/108</i>
26.	<i>Brahat Shringrabhra Rasa</i>	<i>Swas, Kasa</i>	<i>Int.</i>	<i>B.R 15/141</i>
27.	<i>Nityodaya Rasa</i>	<i>Kasa, Swas, Jirn Jvara</i>	<i>Int.</i>	<i>B.R 15/149</i>
28.	<i>Maha Swasri Lauh</i>	<i>Swas, Kasa, RaktaPitta</i>	<i>Int.</i>	<i>B.R 16/38</i>
29.	<i>Shringi Gud Ghrita</i>	<i>Swas, Kasa, RaktaPitta</i>	<i>Int.</i>	<i>B.R16/78</i>
30.	<i>Bharangi Sarkara</i>	<i>Swas, Kasa, Yakshma</i>	<i>Int.</i>	<i>B.R 16/85</i>
31.	<i>Kankasava</i>	<i>Swas, Kasa, RaktaPitta</i>	<i>Int.</i>	<i>B.R 16/116</i>
32.	<i>Shiva Ghrita</i>	<i>Vat rog, Apasmara</i>	<i>Int.</i>	<i>B.R 24/85</i>
33.	<i>Brahat Chagladighrita</i>	<i>Sar Vataj rog</i>	<i>Int.</i>	<i>B.R 26/230</i>
34.	<i>Shool Vajrini Vati</i>	<i>Shool, Gulma, Pliha</i>	<i>Int.</i>	<i>B.R 30/98</i>
35.	<i>Haritaki Khand 1</i>	<i>Shool nashak, Amla-pitta, Kasa</i>	<i>Int.</i>	<i>B.R 30/197</i>
36.	<i>Pug Khand 2</i>	<i>Amla-pitta, Aamvata</i>	<i>Int.</i>	<i>B.R 30/211</i>
37.	<i>Sukra Matrika Vati</i>	<i>Sarvaj Prameha</i>	<i>Int.</i>	<i>B.R 37/69</i>
38.	<i>Shailadya Tail</i>	<i>Vataj Sotha rog</i>	<i>Ext.</i>	<i>B.R 42/17 9</i>
39.	<i>Amla Pittantak Modak</i>	<i>Amla-pitta, Shool</i>	<i>Int.</i>	<i>B.R 56/103</i>
40.	<i>Shobhagya Sunthi Modak</i>	<i>Amla-pitta, Shool</i>	<i>Int.</i>	<i>B.R 56/111</i>
41.	<i>Pushkar Leha</i>	<i>Pradar, Raktapitta</i>	<i>Int.</i>	<i>B.R 66/41</i>
42.	<i>Nasht Pushpantak Rasa</i>	<i>Yonivyapad rog</i>	<i>Int.</i>	<i>B.R 67/53</i>
43.	<i>Shobhagya Sunthi 3</i>	<i>Sutika rog, Pradar</i>	<i>Int.</i>	<i>B.R 69/40</i>
44.	<i>Rasshardul Rasa</i>	<i>Garbhani jvara</i>	<i>Int.</i>	<i>B.R 69/84</i>
45.	<i>Khandabhrak</i>	<i>Vajikarana</i>	<i>Int.</i>	<i>B.R 70/149</i>
46.	<i>Kameshwar Modak 1</i>	<i>Vajikarana</i>	<i>Int.</i>	<i>B.R 74/168</i>
47.	<i>Maha Kameshwar Modak</i>	<i>Vajikarana</i>	<i>Int.</i>	<i>B.R 74/183</i>
48.	<i>Shree Madnanand Modak</i>	<i>Vajikarana</i>	<i>Int.</i>	<i>B.R 74/196</i>
49.	<i>Satavari Modak</i>	<i>Vajikarana</i>	<i>Int.</i>	<i>B.R 74/244</i>
50.	<i>Amrit Prash Ghrita</i>	<i>Vajikarana</i>	<i>Int.</i>	<i>B.R 74/289</i>
51.	<i>Chaagladi Ghrita</i>	<i>Vajikarana</i>	<i>Int.</i>	<i>B.R 74/301</i>

NIGHANTUS

After a great pause, *Ayurveda* was again revived to its past glory in the *Nighantu* period. A large number of drugs were studied and included in different *Nighantus*. The era of *Nighantu* is very important for the aspect of 'Systematic understanding of the drugs' because the authors of *Nighantu* tried their level best to give detailed description of the drugs by introducing synonyms and *Guna-Karmas*.

Nighntus (lexicons or dictionaries) dealing with an Indian Materia Medica have their origin between 8-10th cent. A.D. These *Nighantus* are simile to "Nirukta" on *Vedas*. As we know *Nirukta* will point out the concealed or secret meanings of *Veda*. Similarly *Nighantu* throws light on to the secret meaning of the terms denoting different synonyms of the plant kingdom.

On identifying the importance, *Raj Narahari* quotes in his work.

fu?k.Vquk fcuk oS|ks fo }kua O;kdj.ka fcuk A

vuH;klsu p /kuq"dL=k;ks gkL;L; Hkktue~ AA
(*Raj Nighantu Grantha Prastavana*)

Kaal of Different Nighantus

1. Sushrut Nighantu (Sau. N) - 5th cent A.D
2. Amarkosh - 6th cent A.D
3. Astanga Nighantu (A.N) - 8th cent. A.D
4. Madanadi Nighantu (M.N) - 10th cent. A.D
5. Dhanvantari Nighantu (D.N) - 10 -13th cent. A.D
6. Shabdachandrika (S.C) - 11th cent. A.D
7. Shodhal Nighantu (Sho. N) - 12th cent. A.D
8. Madhava Dravyaguna (M.D) - 12-13th cent. A.D
9. Abhidhan Ratnamala (A.R.M) - 12-13th cent. A.D
10. Hridyadeepak Nighantu (H.D.N) - 13th cent. A.D
11. Madanpal Nighantu (M.P.N) - 14th cent. A.D
12. Kaideva Nighantu (K.N) - 15th cent. A.D
13. Bhavprakash Nighantu (B.P.N) - 16th cent. A.D
14. Raj Nighantu (R.N) - 17th cent. A.D
15. Rajvallabha Nighantu (R.V.N) - 18th cent. A.D
16. Shaligram Nighantu (S.G.N) - 19th cent A.D
17. Priya Nighantu (P.N) - 20th Cent A.D

Review of Talish from various Nighantus

[Table No. 1.13].

S.N	Nighantu	(Varga/Gana)
1.	Ashtanga Nighantu ^[13]	Viprakrina Prakrana
2.	Dhanvantari Nighantu ^[14]	Satpushpadi Varga
3.	Shodhal Nighantu ^[15]	Satpushpadi Varga
4.	Madhava Dravyaguna ^[16]	Vividha Oshadhi Varga
5.	Abhidhanratnamala ^[17]	Katu Dravya Skandh
6.	Hridyadeepak Nighantu ^[18]	Ek Paad Varga
7.	Madanpal Nighantu ^[19]	Karpuradi Varga
8.	Kaideva Nighantu ^[20]	Oshdhi Varga
9.	Bhavprakash Nighantu ^[21]	Karpuradi Varga
10.	Raj Nighantu ^[22]	Pipplayadi Varga
11.	Shaligram Nighantu ^[23]	Karpuradi Varga
12.	Priya Nighantu ^[24]	Haritakyadi Varga

Synonyms of Talish in Different Nighantus.

[Table No. 1.14]

S.N	Synonym	A.N	D.N	Sho.N	A.R.M	H.D.N	M.P.N	K.N	B.P.N	R.N	P.N
1.	Talishak		+					+			
2.	Talishpatrak		+					+			+
3.	Neel		+							+	
4.	Amlakipatra		+					+			
5.	Patradhya		+	+			+	+	+		
6.	Sukodar		+	+				+		+	
7.	Patra		+					+			
8.	Talishpatra	+	+	+	+	+	+	+		+	+
9.	Talish	+	+	+	+	+	+	+	+	+	+
10.	Tamlakidal			+	+						
11.	Supatra		+								
12.	Patrasamvrit		+	+							+
13.	Arkavaha			+							
14.	Karipatra			+						+	
15.	Dhatripatra						+		+	+	

16.	Sakodan							+			
17.	Apar							+			
18.	Ghranthikapatra							+			
19.	Tulshichad							+			
20.	Arkavedha									+	
21.	Ghanchad									+	
22.	Neelambar									+	
23.	Taal	+								+	
24.	Talipatra									+	
25.	Talavahya									+	
26.	Patrakhaya									+	

Karma and Rogagnata of Talish in different Nighantus

[Table No. 1.15]

S.N	Karma & Rogagnata	D.N	M.P.N	R.N	Sho.N	B.P	K.N	P.N	M.D
1.	Swas	+	+	+		+		+	
2.	Kasa	+	+	+		+		+	+
3.	Deepan	+	+			+		+	
4.	Hridya	+			+				
5.	Mukh roghara	+			+				
6.	Gulma		+			+			
7.	Krimi						+		
8.	Kshaya			+		+			+
9.	Hikka			+					
10.	Chardi			+					
11.	Rajyakshma							+	

Ayurvedic Properties of Talish in different Nighantus

[Table No. 1.16]

S.N.	Guna	M.P.N	B.P.N	R.N
1.	Rasa	-	-	Tikta
2.	Guna	Laghu, Tikshna	Laghu, Tikshna	-
3.	Veerya	Ushna	Ushna	Ushna
4.	Vipaka	-	-	Madhura

CONCLUSION

Talishpatra having Swas-Kasa hara property as per Samhita and Chikitsa grantha is a controversial plant according to Nighantus.

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