



CALCIUM CARBIDE RIPENED BANANA IMPAIR WHITE BLOOD CELL PROFILE BY ABATING LEUKOCYTE PROMOTING FACTORS IN RAT MODEL

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ABSTRACT

The study was aimed at investigating mechanism of impairment of white blood cell profile in male Wistar rats orally administered Calcium Carbide (CaC_2) ripened banana (*Musa spp*). Twenty five (25) male Wistar rats weighing 150g – 210g were randomly divided into five (5) groups: Group 1 (control) received 2ml of distilled H_2O ; Group 2 received 2ml of naturally ripened banana, Group 3, 4, & 5 received 2ml of 5g/kg of CaC_2 , 15g/kg of CaC_2 , and 25g/kg of CaC_2 ripened banana respectively. All administration was done orally for 28days. Thereafter blood samples were collected from the animals for laboratory assays. The samples were assayed for white blood cell profile and leukocyte promoting factors (leukopoietin, interleukin -3(IL-3), and prostaglandins). Results showed significant dose dependent decrease in leukocyte promoting factors: leukopoietin (Figure 1), interleukin -3 (Figure 2) and prostaglandin (Figure 3) when compared to Group 1 and Group 2, $P < 0.05$. It also showed dose dependent significant reduction in white blood cell profile (Total WBC count, and WBC differential count) (Table1) when compared to Group 1 and Group 2, $P < 0.05$. Conclusively, this study suggests that Calcium Carbide (CaC_2) ripened banana causes impairment of white blood cell profile by decreasing leukocyte promoting factors; leukopoietin, interleukin -3(IL-3), and prostaglandins- E_2 (PGE_2).

KEYWORDS: Calcium Carbide (CaC_2), leukocytes, leukopoietin, interleukin -3 (IL-3), prostaglandins- E_2 (PGE_2), white blood cells.

INTRODUCTION

Banana (*Musa spp*) is a fruit; it is a staple food for most developing regions of Africa and South East Asia. [1] In addition to the nutritional value of banana; it has several uses which includes; uses in medicines, beverages, flavorings, various religious and ceremonial practices.[2]

Banana is sweeter when it is ripened and its color ranges from green to yellow. Large amount of tropical fruits including bananas are produced in Nigeria.[1, 3] In order to reduce post-harvest spoilage, techniques for fruit preservation and post-harvest management which includes chemical ripening of fruits are employed.[4, 5]

In recent times consumption of fruits becomes extremely hazardous due to artificial ripening of fruits by different toxic chemical agents. [6] Calcium carbide (CaC_2) is one of the common chemicals used to ripen fruits (banana).[7] This chemical mimics a ripening hormone ethylene that induces the natural process of maturation.[6] Calcium carbide in contact with moisture produces acetylene which is an analogue of natural ripening hormone.[7, 8] Calcium carbide also contains trace amounts of toxic arsenic and phosphorous that makes the healthy fruits

poisonous.[8] Study has shown that calcium carbide affects the nutritional values of banana. Acetylene gas produced by calcium carbide may affect the neurological system by inducing prolonged hypoxia gradually culminating to headache, dizziness, mood disturbances, sleepiness, mental confusion, memory loss, cerebral edema and seizures.[9, 10]

Studies have showed that calcium carbide (CaC_2) decreases blood cells, including white blood cell profile.[11, 12] But the mechanism of how calcium carbide causes reduction in white blood cell profile is not fully explicated. Hence this study is designed to investigate mechanism of impairment of white blood cell profile in male Wistar rats orally administered calcium carbide (CaC_2) ripened banana (*Musa spp*). In this study activity of calcium carbide ripened banana on leukocyte promoting factors; leukopoietin, interleukin -3(IL-3), and prostaglandins- E_2 (PGE_2), including leukocyte count were evaluated.

MATERIALS AND METHODS

Animals and grouping

Twenty five (25) male Wistar rats weighing 150g – 210g were housed in standard laboratory cages and maintained at room temperature with alternating 12-hour day and night cycles. They were fed standard rat feed and drinking water ad libitum. The animals were randomly divided into 5 groups of 5 rats each.

Administration protocol

Group 1 (control) received 2ml of distilled H₂O; Group 2 received 2ml of naturally ripened banana, Group 3, 4, & 5 received 2ml of 5g/kg of CaC₂, 15g/kg of CaC₂, and 25g/kg of CaC₂ ripened banana respectively.^[13, 14] All administration was done orally for 28days. This study was approved by Department of Physiology, Gregory University Uturu. Animals received humane care, and procedures were in accordance with the Guide for the Care and Use of Laboratory Animals (1996, published by National Academy Press, 2101 Constitution Ave. NW, Washington, DC 20055, USA).

Procurement and preparation of banana

Banana fruit were freshly harvested from the Universities plantation. The banana fruits were divided into four (4) sets. The first set was allowed to ripen naturally while the remaining three (3) sets were ripened artificially using varying quantity (5g/kg, 15g/kg, 25g/kg) of calcium carbide (CaC₂). CaC₂ was gotten from a local market (Ukwunwangwu market) in Uturu, isiukwuato LGA of Abia State.

About 500g of banana from the different sets were blended separately and diluted with 500ml deionized water, then filtered to obtain the banana juice. This method was used to obtain banana juices both for the naturally and artificially ripened banana fruits. The juice obtained was properly labeled and stored in the refrigerator for further use.

Assay for Leukocyte promoting factors

After 28days of administration, blood sample was collected from animal in each group via cardiac puncture and put in sample bottles for assays.

Leukocyte promoting factors such as Leukopietin, Interleukin-3 (IL3) and Prostaglandins PGE₂ were determined using their specific Enzyme-Linked Immunosorbent Assay (ELISA) kit (Bioassay Technology, China). The protocol of the kit was strictly adhered to as was stated in the manufacturer's manual.

Assay for Leukocyte Count

White blood cell count (WBC Count) and White blood cell differential count (WBC differential Count) were determined using blood samples of experimental animal on hematological analyzer (T6000 alpha swelab). The blood samples were aspirated into the hematological analyzer which automatically measured the parameters.

Statistical Analysis

The data obtained from the laboratory assays were statistically analyzed using GraphPad Prism (version 8). The results were analyzed using one-way analysis of variance (ANOVA) to determine statistical significance at $P \leq 0.05$. Multiple comparisons were done between all groups. Results were expressed as mean \pm SEM.

RESULT

Levels of leukocyte promoting factors in male Wistar rats orally administered Calcium Carbide (CaC₂) ripened banana (*Musa spp*)

Leukopietin (iu/ml) in Group 2 (Naturally ripened banana) (2.43 ± 0.04) was significantly increased compared to Group 1 (control) (1.86 ± 0.04) $P < 0.001$. Group 4 (15g/kg of CaC₂) (1.56 ± 0.02), and Group 5 (25g/kg of CaC₂) (1.23 ± 0.01) were significantly decreased compared to Group 1 (control) (1.86 ± 0.04) $P < 0.001$. Group 3 (5g/kg of CaC₂) (1.75 ± 0.02), Group 4 (15g/kg of CaC₂) and Group 5 (25g/kg of CaC₂) were significantly decreased when compared to group 2 $P < 0.001$. There was significant dose dependent decrease between group 3, 4 and 5 $P < 0.05$. Leukopietin (iu/ml) was not significant between group 3 and Group 1 (control) $P \leq 0.05$ (Figure 1).

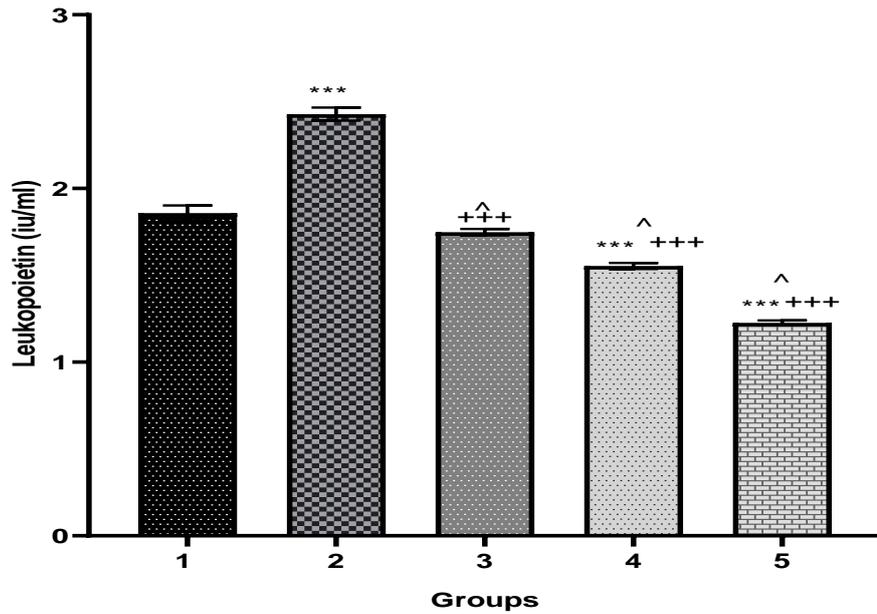


Figure 1: Leukopoietin (iu/ml) in all groups; Values are Mean ± SEM. * indicate values that are significantly different from control (*P < 0.05) (**P < 0.01) (**P < 0.001).+ indicates values that are significantly different from animals in Group 2(+P < 0.05) (++ P < 0.01) (+++P < 0.001).^ indicates values that are significant between Group 3, 4 and 5.Group 1= control (Standard diet and water); Group 2 = Naturally ripened banana; Group 3 = 5g/kg of CaC₂; Group 4 = 15g/kg of CaC₂; Group 5 = 25g/kg of CaC₂.

Interleukin-3 (IL-3) (pg/ml) was significantly increased in Group 2 (Naturally ripened banana) (837.3±5.52) compared to Group1 control (662.2±13.34) P < 0.001. Group 4 (15g/kg of CaC₂) (571.4±8.84), and Group 5 (25g/kg of CaC₂) (482.9±24.96) were significantly decreased compared to Group 1 (control) (662.2 ± 13.34) P < 0.001. Group 3 (5g/kg of CaC₂) (657.0±24.13), Group 4 (15g/kg of CaC₂) and Group 5 (25g/kg of CaC₂)

were significantly decreased when compared to group 2 P < 0.001. There was significant dose dependent decrease between group 3, 4 and 5, P < 0.05. There was significant dose dependent decrease between group 3, 4 and 5. Interleukin-3 (IL-3) (pg/ml) was not significant between group 3 and Group 1 (control) P ≤ 0.05 (Figure 2).

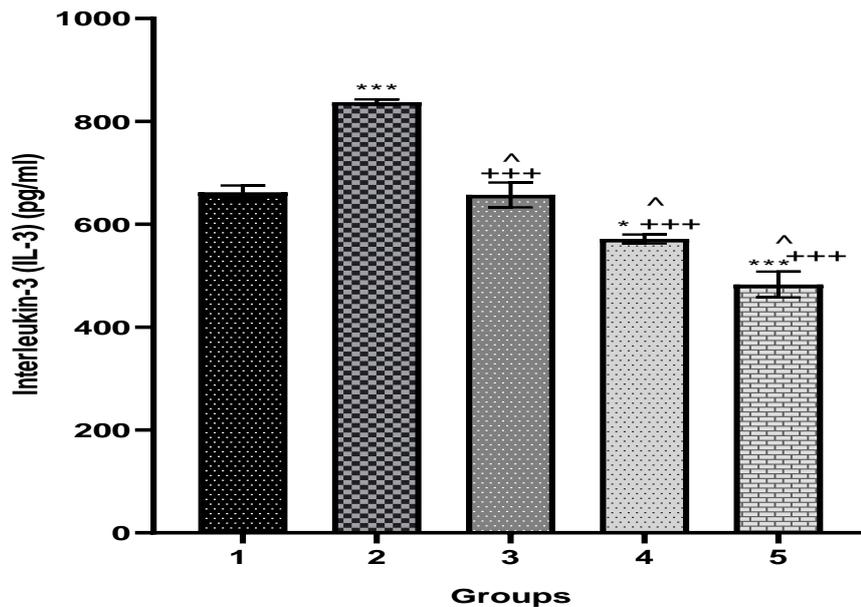


Figure 2: Interleukin-3 (IL-3) (pg/ml) in all groups; Values are Mean ± SEM. * indicate values that are significantly different from control (*P < 0.05) (**P < 0.01) (**P < 0.001). + indicates values that are significantly different from animals in Group 2 (+P < 0.05) (++ P < 0.01) (+++P < 0.001). ^ indicates values that

are significant between Group 3, 4 and 5. Group 1= control (Standard diet and water); Group 2 = naturally ripened banana; Group 3 = (5g/kg of CaC₂); Group 4 = 15g/kg of CaC₂; Group 5 (25g/kg of CaC₂).

Prostaglandins (PGE₂) (ng/ml) in Group 2 (Naturally ripened banana) (3.83 ±0.25) was significantly increased compared to Group 1(control) (3.08 ±0.19) P < 0.05. Group 4 (15g/kg of CaC₂) (2.36 ±0.02), and Group 5 (25g/kg of CaC₂) (1.84 ±0.15) were significantly decreased compared to Group 1 (control) (3.08 ±0.19) P < 0.05 and P < 0.001 respectively. Group 3 (5g/kg of

CaC₂) (2.70 ±0.03), Group 4 (15g/kg of CaC₂) and Group 5 (25g/kg of CaC₂) were significantly decreased when compared to group 2 P < 0.001. There was significant dose dependent decrease between group 3 and 5 P < 0.05. Prostaglandins (PGE₂) (ng/ml) was not significant between group 3 and Group 1 (control), P ≤ 0.05 (Figure 3).

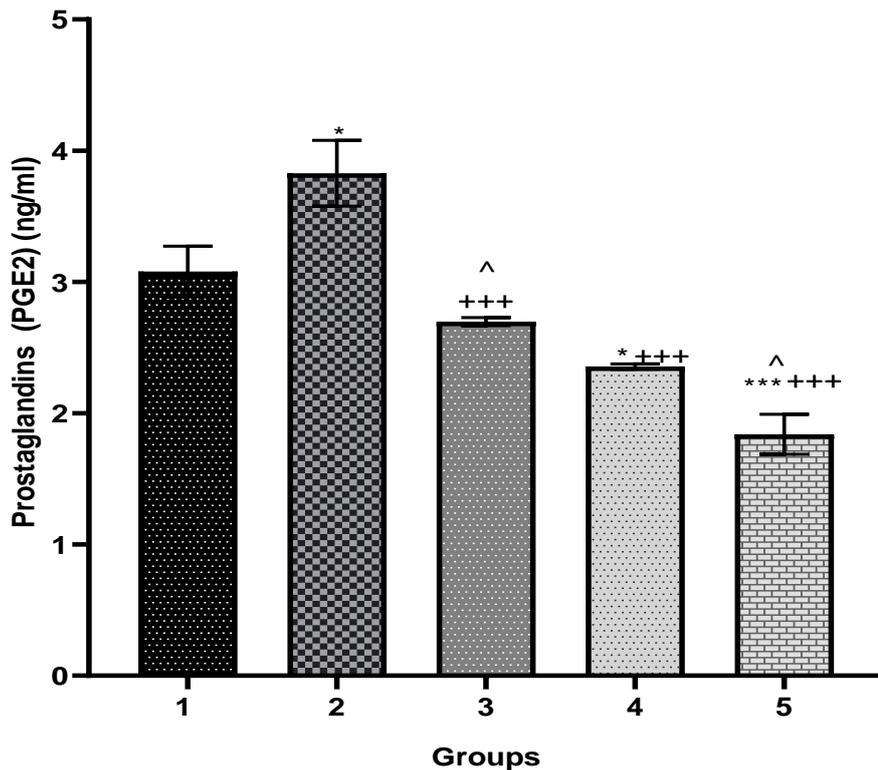


Figure 3: Prostaglandins (PGE₂) (ng/ml) in all groups; Values are Mean ± SEM. * indicate values that are significantly different from control (*P < 0.05) (**P < 0.01) (**P < 0.001). + indicates values that are significantly different from animals in Group 2 (+P < 0.05) (++) P < 0.01) (+++P < 0.001). ^ indicates values that are significant between Group 3, 4 and 5. Group 1= control (Standard diet and water); Group 2 = naturally ripened banana; Group 3 = (5g/kg of CaC₂); Group 4 = 15g/kg of CaC₂; Group 5 (25g/kg of CaC₂).

Leukocyte and leukocyte differential count of male Wistar rats orally administered CaC₂ ripened banana
 There is significant decrease of WBC count, Lymphocytes, Monocytes, Neutrophils & Eosinophil in Group 3, 4, 5 when compared with Group 1, 2, P < 0.05. There is significant increase in of WBC count,

Lymphocyte and Eosinophil in Group 2 when compared with group 1 P < 0.05. WBC count, Lymphocyte and Monocyte showed significant dose dependent decrease in Group 3, 4, 5 when compared with each other P < 0.05. Eosinophil showed significant decrease between group 3 and 5 when compared with each other P < 0.05. (Table 1)

Table 1: Leukocyte and leukocyte differential count in all groups of orally administered CaC₂ ripened banana.

Groups	WBC count x10 ⁵ (µl)	Lymphocytes x10 (%)	Monocytes (%)	Neutrophils x10 (%)	Eosinophil (%)
1. Control	177.4 ± 1.71	60.18 ± 2.14	163.2 ± 5.08	127.1 ± 7.00	19.2 ± 1.72
2. Natural	265.4 ± 15.19*	82.5 ± 4.11*	166.2 ± 22.5	172.2 ± 4.85*	29.8 ± 3.23
3. 5g/kg CaC ₂	144.4 ± 6.71*+^	43.76 ± 2.70*+^	148.3 ± 5.05*+^	89.5 ± 3.76*+^	10.4 ± 0.93*+^
4. 15g/kg CaC ₂	118.4 ± 3.15*+^	37.88 ± 3.13*+^	122.4 ± 1.95*+^	59.6 ± 2.98*+^	5.2 ± 0.80*+^
5. 25g/kg CaC ₂	84.72 ± 8.52*+^	21.26 ± 4.03*+^	43.88 ± 4.07*+^	48.96 ± 3.21*+^	1.2 ± 0.37*+^

Values are Mean \pm SEM. * indicate values that are significantly different from control (* $P < 0.05$). + indicates values that are significantly different from animals in Group 2 (+ $P < 0.05$). ^ indicates values that are significant between Group 3, 4 and 5 (^ $P < 0.05$).

DISCUSSION

Leukocytes promoting factors such as Leukopoietin, Interleukin-3 (IL3) and Prostaglandins PGE₂ are among factors that promote leukocytes (white blood cell) production in the bone marrow, spleen and lymph.^[15] They stimulate bone cells or leukopoietic cells to initiate and carry out the activities of leukocytes production.^[16]

This study showed significant dose dependent decrease in leukocytes promoting factors of Wistar rats orally administered Calcium carbide (CaC₂) as seen in figure 1, 2 and 3 when compared with group1 (control) and group 2 (natural). This suggests that CaC₂ ripened banana affects white blood cell profile adversely since it decreases the promoting factors. leukopoietin is produced by neutrophils when they encounter a foreign antigen.^[15] Leukopoietin replaces neutrophils that have inevitably been phagocytized by foreign antigens; by stimulating the bone marrow microenvironment to increase the rate of production of white blood cells.^[15, 16] Hence the decrease in the levels of leukopoietin (figure 1) suggests an increase in foreign antigens as a result of consumption of Calcium carbide ripened banana which caused decrease in neutrophil.

Interleukin-3 is a multipotent hematopoietic growth factor produce by activated T-cells monocytes/macrophages and stromal cells.^[17] Interleukin-3 promotes the differentiation and proliferation of hematopoietic cells of various lineage including neutrophils, eosinophil, basophils, megakaryocyte and erythroid lineages.^[18] The increase in interleukin-3 seen in group 2 when compared with the group 1 is attributed to the immune stimulating function associated with banana intake. While the significant dose dependent decrease in Interleukin-3 levels (figure 2) suggests that calcium carbide ripened banana decreases hematopoietic growth factor which in return reduces white blood cell production.

Prostaglandins are synthesized by many cell types in the marrow.^[19] PGE₂ and other metabolites in the prostaglandins pathway expand the hematopoietic stem and progenitor cells (HSPCs) and thereby improve their repopulating ability.^[20] Hence dose dependent decrease in prostaglandins PGE₂ (figure 3) suggests that calcium carbide ripened banana affects white blood cell profile by decreasing repopulating ability of progenitors as a result of reduction in prostaglandins which reduces its activity.

The reduction in leukocyte count and leukocyte differential count (table 1) suggests that calcium carbide ripened banana decreases white blood cell profile. The observed decrease in leukocyte promoting factors suggest that the mechanism through which calcium

carbide ripened banana impair white blood cell profile includes; decreasing leukopoietin, interleukin-3 and prostaglandin which plays vital role in white blood cell production.

CONCLUSION

This study suggests that Calcium Carbide (CaC₂) ripened banana causes impairment of white blood cell profile by decreasing leukocyte promoting factors; leukopoietin, interleukin -3(IL-3), and prostaglandins- E₂ (PGE₂) in a dose dependent manner.

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