

EUROPEAN JOURNAL OF PHARMACEUTICAL AND MEDICAL RESEARCH

www.ejpmr.com

Review Article
ISSN 2394-3211

EJPMR

TOXICOVIGILANCE IN AYURVED: AN ANTICIPATED STIPULATION FOR DRUG SAFETY INVESTIGATION TOOL

*1Sud Sushant, 2Sud Khyati and 3Mehta Mehul

¹I/c HOD & Asso. Prof, Dept. of Agad Tantra, SGAM, GAU, Jamnagar.

²Asso Prof., Dept. of Kayachikitsa, Murlidhar Ayurved College & Hospital, Rajkot.

³HOD & Lecturer, Dept. of QC, IIAPS, GAU, Jamnagar.

Corresponding Author: Dr. Sud Sushant

I/c HOD & Asso. Prof., Dept. of Agad Tantra, SGAM, GAU, Jamnagar.

Article Received on 24/03/2020

Article Revised on 13/04/2020

Article Accepted on 03/05/2020

INSIGHT

India possesses a pair of poison centers to catch au fait about 1.39 billion population of India. Therefore, lot many poisoning cases are not reported as a result of limited resources. The concept of toxicovigilance encompasses the active detection, validation, and follow-up of clinical adverse events related to toxic exposures in citizenry. Toxicovigilance is genuinely a medical and not only a statistical approach to human toxicity issues. In contrast to epidemiology, toxicovigilance relies on the in-depth health measurement of acute or chronic intoxications on a classified basis, which needs comprehensive successively. Toxicovigilance is that the active process of identifying and assessing the toxic risks accessible during a community and evaluating the actions taken to cut back or eradicate them. Through toxicovigilance; not merely there's scope for Ayurved to hunt out a solution for toxicity issues, besides there's extensive scope for screening and regulating Ayurvedic formulations containing poisonous drugs of herbal/metal/mineral origin. Although the technical term "toxicovigilance" doesn't feature in Ayurvedic texts, its essence is highlighted in Agada Tantra. [1,2]

JUST AROUND THE CORNER

For several reasons, it's impossible to work out absolute safety standards for herbal preparations based solely on epidemiological studies. First, these forms of studies would be costly. Second, there's little published data in countries where the most use of medicinal plants occurs and thus general standards supported a limited number of reports would have little meaning. Third, the precise identification of the products implicated in side effects claimed for medicinal plants is often lacking. In spite of these inadequacies, there are types of general comments which is able to be made with relevance avoiding potential serious side effects from herbal medicines. In certain countries, like Taiwan, herbs are often obtained from temples, night markets, street vendors, herbal stores, neighborhoods, or relatives, and from traditional medicine practitioners. Ordinary people recommend medicines to others without safety considerations. It seems that, this style/concept needs more concentration in provisos of drug safety edification. Herbs and herbal provision can cause toxic adverse possessions, grave allergies, adverse drug interactions, and will interfere with laboratory tests.

In fact, the study of toxic drugs and ADR monitoring is a crucial aspect of toxicological section. It is the

necessity of the hour to utilize the Ayurvedic restraint of toxicology to explore the challenges that Ayurved Science is facing today with regards to the drug safety and efficacy. A complete study of all potential disclosure associated with Ayurvedic medicaments, risk assessment, prevention, and management are often the primary footstep during this particular direction. Now-a-days the watchfulness for toxic drugs is to be done by considering the principles on raw drug collection, pharmaceutical processing, indications, contraindications, dosage, and antidotes (prativisha) as mentioned in Ayurvedic treatises. Thus, data of toxicovigilance are often effectively applied in monitoring drug safety in Ayurved. [3,4]

EPITOME OF REACTIONS

Toxicovigilance could also be a critical evolution, which should be viewed as a useful accompaniment for the analyzing, monitoring, and reporting of adverse drug reactions (ADRs) and toxicity of herbal drugs. Control for efficacy and safety of herbal products is of utmost importance and debated issue in clinical practice. The reassurance of the protection of a herbal drug requires monitoring of the quality of the finished product also because the standard of the client information on the herbal remedy. Toxicovigilance could be a requisite for methodically identifying and correlating toxic substances and side

www.ejpmr.com 227

effects and so taking corrective actions. The aim of this communication is to plug the rationality of herbal medicine and to produce unbiased information regarding ADRs related to herbal products to the full healthcare society of the world. It'll also promote understanding, education, and clinical training in toxicovigilance and its effective communication to the overall public. [3,4,5]

REFERENCES

- 1. Dr Smitha Jain, Dr. Reshmi Pushpan, Dr. Rashmi BV, Dr. Anitha MG. Toxicovigilance- A prerequisite to drug safety surveillance in Ayurveda. J Ayurveda Integr Med Sci, 2018; 6: 144-148.
- Jacques & Descotes. Testud. François. Toxicovigilance: A new approach for the hazard identification and risk assessment of toxicants in beings. human Toxicology and applied pharmacology, 2005; 207: 599-603. 10.1016/j.taap.2005.02.019.
- 3. P. Ram Manohar, Toxicity of Ayurveda medicines and safety concerns: The need to revive the branch of toxicology in Ayurveda, Anc Sci Life, 2014 Jul-Sep; 34(1): 1–2.
- Ashok Kumar Panda, Saroj Kumar Debnath; Overdose effect of aconite containing Ayurvedic Medicine (Mahashankha Vati); International journal of Ayurveda research, July 2010. DOI: 10.4103/0974-7788.72493.
- Abstracts of the European Association of Poisons Centres and Clinical Toxicologists XXII International Congress, Journal of Toxicology: Clinical Toxicology, 2002; 40: 3.

www.ejpmr.com 228