

**BIOINFORMATIC ANALYSIS OF SELECTED PHYTOCHEMICALS, NATURAL
COMPOUNDS AND PROTEINS FOR CIRRHOSIS****Manish Kumar¹, Sachin Verma¹, Mohit Mishra¹, Khushboo Rana¹, Mishka¹, Varsha Prajapati¹, Noopur
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ABSTRACT

Cirrhosis is also called liver cirrhosis or hepatic cirrhosis and end-stage liver disease. Cirrhosis results in approximately 200,000 deaths per year in India, primary biliary cholangitis, and primary sclerosing cholangitis which can disrupt bile duct function, genetic disorders. Symptoms can include fluid build-up in the abdomen, jaundice, bruising easily, itchiness, swelling in the lower legs, and the development of spider-like blood vessels in the skin. Cirrhosis is also known to occur at the late stage of liver damage. The early stages of the liver disease led to the inflammation in the liver. It considers 4 stages in the early stages of liver disease. Several phytochemicals and natural compounds are used for the treatment of cirrhosis such as Alpha Hederin, Berberine, Curcumin, Epigallocatechin-3-Gallate, Ferulic Acid, Genistein, Ginkgolide, Luteolin, Oleanic Acid, Quercetin, Resveratrol, Thiophenes and Sulfonamides, Benzimidazole and Lidamycin. α -Hederin was present in attenuate hepatotoxicity in mice which can be induced due to several liver toxicants. Luteolin is a type of flavone that was chemically known as 2-(3,4-dihydroxy phenyl)-5,7-dihydroxychromen-4-one and may predominantly present in several types of plants, flowers, and fruits. The auxin binding protein is a family of proteins that can bind with auxin.

KEYWORDS: Cirrhosis, Alpha Hederin, Luteolin, RARB and Auxin binding protein.**INTRODUCTION**

Cirrhosis is also known as liver cirrhosis, hepatic cirrhosis, and end-stage liver disease, in which liver disease causes liver function to deteriorate.^[1] They were replaced by the normal functioning of tissue over time and leading to the impaired liver function of cirrhosis. It may develop slowly over months or years.^[2,3] Decompensating may be defined as the development of ascites, complication portal is hypertensive, gastrointestinal (GI) bleeding, and jaundice.^[4] Cirrhosis is considered through compensated and decompensated stages, with several features of prognoses and predictors of death.^[5] Cirrhosis consists of approximately 200,000 deaths in a year in India. Liver transplantation is improving the longevity^[6], but every people was not taken this transplantation treatment because it does not have the majority of the patients.^[7] Cirrhosis affected about 2.8 million people in a year and resulted in 1.3 million deaths in 2015.^[8, 9] In tUnited States, Men die more of cirrhosis as compared to women.^[3] The first known condition was occurring due to Hippocrates' description in the 5th century BCE.^[10] The term cirrhosis

first time was introduced in 1819, from a Greek word of yellowish color in liver disease.^[11] Cirrhosis is caused due to alcoholic liver disease, non-alcoholic steatohepatitis (NASH) – (the progressive form of non-alcoholic fatty liver disease), chronic hepatitis B, and chronic hepatitis C.^[12, 14] Heavy drinking over several years can cause alcoholic liver disease.^[15] NASH having several causes, including obesity, high blood pressure, abnormal levels of cholesterol, type 2 diabetes, and metabolic syndrome.^[13] Less common types of causes in cirrhosis include autoimmune hepatitis system, their primary biliary cholangitis activity, and primary sclerosing cholangitis which can disrupt bile duct function, genetic disorders such as Wilson's disease and hereditary hemochromatosis, and chronic heart failure with liver congestion.^[12]

Early symptoms may include loss of appetite, unexplained weight loss, tiredness, weakness, nausea and vomiting, and discomfort in the right upper quadrant of the abdomen.^[16] As the disease, symptoms can include fluid build-up in the abdomen, jaundice, bruising

easily, itchiness, swelling in the lower legs, and the development of spider-like blood vessels in the skin.^[17]

CAUSES

Cirrhosis can cause many cases worldwide.^[18] Globally, 57% of cases of cirrhosis of hepatitis B (30%) or hepatitis C (27%) worldwide.^[19] Alcohol is the most important reason to cause cirrhosis and consider 20-40% of cases worldwide.^[19, 20]

Alcoholic liver disease (ALD). Alcoholic cirrhosis develops in about 10–20% of individuals.^[21] Alcohol seems to damage and injure the liver due to blocking of their normal activity of carbohydrates, protein, and fats. The acetaldehyde damage formation from alcohol was reactive but may lead to the accumulation of other reactive products in their liver.^[20, 22]

Non-alcoholic fatty liver disease (NAFLD). In NAFLD, it is a fat builds up type in the liver which can cause by scar tissue. It is similar to alcoholic liver disease, but there is no history of notable alcohol use. Blood tests and medical imaging are used to diagnose NAFLD and NASH and sometimes a liver biopsy is required.^[23]

Chronic hepatitis C. It causes several inflammations which damage led to cirrhosis. About 20–30% of patients were affected by chronic hepatitis C which was developing cirrhosis disease.^[24-26]

Symptoms

Cirrhosis can take a long time for developing the symptoms which may be slow to emerge. Early symptoms can involve; loss of appetite, unexplained weight loss, nausea and sickness, tiredness, weakness, and discomfort in the upper right abdomen.^[12] The other signs and symptoms can develop like as cognitive impairments, confusion, memory loss, sleep disorders, and personality changes. Further decline may result in a build-up of fluid in the lower legs and feet; severe bloating of the abdomen from a fluid build-up known as ascites; jaundice; severe itchy skin, and darkly colored urine.^[12] Some of these symptoms involve secondary subsequent portal hypertension which may enhance blood pressure in the blood supply to the liver.^[22]

Liver dysfunction

The following features involve in liver functioning.

- Spider angiomas or spider nevi was consisting many smaller vessels for enhancing the estradiol in the central arteriole.^[27]
- Palmar erythema is a reddening of palms at which was seen about 23% of cirrhosis cases^[28] for enhancing estrogen.^[29]
- Gynecomastia was enhancing the breast size in men by increasing the within 2/3 of cases.^[30-32]
- Hypogonadism was affecting the male sex hormones including infertility, loss of sexual drive, and testicular atrophy. Hypogonadism may consider cirrhosis by iron overload and alcoholism.^[33]

- Jaundice is a yellow discoloration of the skin and mucous membranes, increased levels of bilirubin.^[20]

Portal hypertension

Liver cirrhosis can increase the resistance of blood flow which may lead to higher pressure in the portal venous system. An enlarged type of spleen was present in 35% to 50% of cases in worldwide.^[22]

Stages of Cirrhosis

- Cirrhosis is also called the late stage of liver damage. It was caused due to inflammation of liver disease which can lead to scarring (fibrosis) but not treatment.
- In the stages of cirrhosis, many complications can develop. It is end-stage liver disease (ESLD), and liver transplantation treatment occur.
- **Stage 1**
It may involve in several type of scarring in liver with few symptoms.
It can develop portal hypertension.
- **Stage 3**
It can involve with development of swelling abdomen with high liver scarring. It can decompensate through serious complications with possible type of liver failure.
- **Stage 4**
It can be life threatening process and people can develop end-stage liver disease (ESLD) without a transplant.

Role of Phytochemicals Against Cirrhosis

- **Alpha Hederin**
 α -Hederin is a type of oleanane-type saponin that may present in *Nigella sativa* and *Hedera helix* types of plants and occur benefits in the respiratory diseases. α -Hederin was present in attenuate hepatotoxicity in mice which can be induced due to APAP with CYPB5, CYP1A, CYP450, CYP2A, and CYP3A enzymes. α -Hederin has reduced the activities of oxidation of testosterone, pentoxyresorufin-*O*-dealkylation, coumarin-7-hydroxylation, ethoxyresorufin-*O*-dealkylation, chlorzoxazone-6-hydroxylation and α -hydroxyltestosterone, androstenedione, and dehydroxytestosterone.^[34]
- **Berberine**
It is a type of alkaloid chemically known as 3-benzodioxolo (5,6-a) quinolizinium sulfate 5, 6-dihydro-9,10-dimethoxybenzo(g)-1, and *Berberis aristata* like plant and study depend upon pharmacological properties, including hepatoprotective. (Janbaz and Gilani., 2009) were shown their result against hepatoprotective effects in APAP-induced hepatotoxicity.^[35] They also enhanced the strychnine-induced toxicity and pentobarbital-induced sleeping time which inhibitory the effect of CYPs metabolizing enzymes.^[35] Recently, (Vivoli et al., 2016) will be shown experimental models such as APAP-induced liver toxicity activity, methionine, and their choline-deficient diet-induced steatohepatitis.^[36]

The activation of inflammasomes was APAP-induced hepatotoxicity which seems to inhibit the activity of inflammation and helps to cure hepatocyte injury, immune cell activation system, and amplification of inflammation and cell death. Since inhibiting the activation of P2X7 and their purinergic receptors which can mediate the activity of inflammasome activation due to berberine appears a novel approach.^[36]

- **Curcumin**

It is a type of yellow polyphenol pigment which is chemically known as (1E, 6E)-1,7-bis(4-hydroxy-3-methoxyphenyl) hepta-1,6-diene-3,5-dione. It is a bioactive phytochemical in the rhizomes of *Curcuma longa* and is called turmeric which is used for dietary and cosmetic purposes. The protection of curcumin affects liver injury which involves inflammation, and cell death. The cytoprotective effect of curcumin against APAP was obtained through rat hepatocytes due to attenuating lipid peroxidation, but there is no side effect. Thus, higher doses of the drug may cure the effects against curcumin.^[37] It shows protective effects against a therapeutic dose of NAC.^[38, 39]

- **Epigallocatechin-3-Gallate**

It is also called epigallocatechin gallate. It is a type of ester with gallic acid and epigallocatechin of catechin. Catechin was found in tea which is a type of polyphenol under research for the potential of human health and disease effect. It was used as a source of dietary supplements. It can decrease the APAP-glucuronate and -glutathione contents through plasma and liver.^[44]

- **Ferulic Acid**

Ferulic acid is a type of hydroxycinnamic acid which is an organic compound and its structure resemble to curcumin and abundantly phenolic phytochemicals may found in plant cell walls and seeds of many vegetables, fruits, and cereals like as brown rice, whole wheat, and oats. It was a precursor of aromatic compounds which was derived from the ferula genus. According to Wand and Penf (1994) was obtained the activity of hepatoprotective of sodium ferulate which was an active ingredient of *Angelica sinensis* Diels.^[45]

Genistein

- It is a type of natural compound that belongs to the isoflavones class. It inhibits angiogenesis and phytoestrogen. It was used to promoted APAP glucuronidation due to activation of UGTs activity and glutathione peroxidase and inhibiting CYP2E1.^[47,48] Genistein was used as a derivative of APAP formation with excretion into bile which may arise through inhibition of sinusoidal efflux transport.^[49, 50]

- **Ginkgolide**

Ginkgolide A is a type of terpenic lactone natural occurring compound which is commonly known as 9H-1,7a-(Epoxy-methano)-1H,6aH-cyclopenta(c) furo(2,3-b),

and found in *Ginkgo biloba* which is used as a dietary supplement for the therapeutic benefits. It has a 20-carbon skeleton with diterpenoids and may synthesize from geranylgeranyl pyrophosphate. Ginkgolide A showed their effect against APAP toxicity within hepatocytes which was isolated from adult male Long-Evans rats. On the other hand, there are several types of derivatives like ginkgolide J, quercetin, isorhamnetin, ginkgolide B, ginkgolide C, kaempferol, and isorhamnetin-3-O-rutinoside which may fail to affect LDH leakage by APAP.^[51, 52]

Role of Natural Compound In Cirrhosis

- **Luteolin**

Luteolin is a type of flavone that is chemically known as 2-(3,4-dihydroxyphenyl)-5,7-dihydroxychromen-4-one and may predominantly present in several types of plants, flowers, and fruits. It is beneficial for health including liver diseases. Luteolin is considered for inhibiting the sulfation in liver cytosolic.^[53,54] Luteolin is used for the process of restored liver enzymes, inhibited lipid peroxidation activity.

- **Oleanolic Acid**

Oleanolic acid (OA) is a type of pentacyclic triterpene which was chemically known as 3- β -3-Hydroxyolean-12-en-28-oic acid and present in medicinal plants which are used in traditional Chinese medicine. On the other hand, OA is found to ameliorate hepatotoxicity induced through chemical toxicants, including APAP.^[58] The authors found that OA reduced the mouse liver YP1A and CYP2A enzymes. It was enhanced the GSH content in the liver along with the GSH peroxidase effect and GSH reeducates.^[59] The hepatoprotective activities of OA were reconfirmed for prevented APAP-induced GSH levels in the liver along with mortality reduced.^[60] OA has increased its expression in metallothionein and glutamate-cysteine ligases (Gclc and Gclm) in the liver.^[61] Reisman et al. (2009) was confirmed the protection of the OA liver through Nrf2-dependent and Nrf2-independent mechanisms which can contributes to hepatoprotection.^[62, 63]

- **Quercetin**

It is a type of plant flavanol that is found in many vegetables, seeds, fruits, and grains; also, in red onions and kale food. It is obtained from the flavonoid group of polyphenols. It is also a bitter flavor that is used as an ingredient in dietary supplements, beverages, and foods. Gilani et al. (1997) first described the activity of hepatoprotective in quercetin^[64] and reduced the toxicity of APAP-induced liver by repletion of GSH.^[65,66] Quercetin-3, 7-dimethyl-ether was also a derivative that was obtained by leaves of *Cistus laurifolius* L. It is protected APAP-induced liver toxicity through antioxidant action.^[68] Quercetin was present in ameliorating APAP-induced liver injury due to restoring their liver enzymes and antioxidants, which inhibiting the lipid peroxidation concomitant to histological salvage.^[69] Thus, quercetin and chrysin were enhancing

the systemic exposure of APAP due to inhibiting intestinal *P*-glycoprotein and metabolism of APAP.^[70] The optimized quercetin formulation showed their result to enhance the solubility and dissolution in displayed potent protection due to biochemical improvement against APAP-induced hepatotoxicity.^[71] It was used to enhance the expression of p62 siRNA and their activated JNK in hepatocytes.^[72]

- **Resveratrol**

Resveratrol is a type of polyphenol compound of the stilbene group which is chemically known as 3, 4, 5-trihydroxystilbene, and present in berries, nuts, grapes, and beverages. On other hand, resveratrol occurs treatment with protective against APAP-induced liver injury in CD-1 mice which observation the Th1-dominant response in Th1/Th2 cytokine balance.^[76] It was present to inhibit the downstream nuclear DNA fragmentation which was out through apoptosis-inducing factor and endonuclease G from the activity of mitochondria independent of Bax pore formation.^[75]

Thiophenes

It is a type of heterocyclic compound and consists C₄H₄S formula and planar five-membered ring. It is a common aromatic by extensive substitution reactions. It is a colorless liquid within a benzene-like odor and resembles some reaction like benzene. Thiophene analogous compounds can include Pyrrole (C₄H₄NH), Selenophene (C₄H₄Se), and Furan (C₄H₄O) which may vary by heteroatom in the ring.

It is widely used for building blocks in many pharmaceuticals and agrochemicals.^[80] The biologically active compound of the benzene ring can be replaced through thiophene without loss of activity.^[81] For Example NSAID Iornoxicam and thiophene analog of fentanyl, piroxicam, and sufentanil.

Thiophene was discovered by Victor Meyer in 1883 as a contaminant in benzene.^[82] It was isolated by isatin forms a blue dye which mixed with sulfuric acid and crude benzene. This reaction from the blue indophenin was long believed for a reaction with benzene.

- **Sulfonamides**

The thiazide diuretics and sulfonylureas both are new synthetic drug groups based on antibacterial sulfonamides.^[83, 84]

Prontosil as Bayer named the new drug was first discovered the medicine which was effectively treating a range of bacterial infections inside the body. It acts as competitive inhibitors of the enzyme dihydropteroate synthase (DHPS), an enzyme involved in folate synthesis. They also inhibit the growth and multiplication of bacteria but do not kill them. In humans, bacteria acquire folate (vitamin B₉) by diet.^[85] It is used as an antibiotic for the treatment of inflammatory bowel disease and Cirrhosis.^[86]

Benzimidazole

Benzimidazole is a type of heterocyclic aromatic organic compound and consists of the fusion of benzene and imidazole for bicyclic compound and it was colorless solid. It was produced by condensation of O-Phenylene diamine within formic acid. Benzimidazole is used for a variety of therapeutic uses including cirrhosis, antifungal, antitumor, antiviral, antiprastic, antihistamine as well as neurology endocrinology, orthamology, and cardiovascular disease.

Historically, the first benzimidazole was prepared by Hoebrecker in 1872 who consider 2, 5 (or 2, 6)-dimethylbenzimidazole through the reduction of 2-nitro-4-methylac entanilide.^[87] The first treatment of benzimidazole was started many years ago in 1990 was started onwards, which synthesis number of benzimidazole were reported and there resulted in increased stability bioavailability and significant biological activity.

Lidamycin

Lidamycin is a type of antitumor antibiotic that consists complex of an enediyne chromophore and an apoprotein.^[88-91] It was shown antibiotic activity against the gram-positive bacteria.^[92] It was cytotoxic molecules known for induction of a higher ratio of DNA double-strand breaks than single-strand breaks.

It is a member of the enediyne anticancer antibiotic family which emphasis the discovery of their structure-activity and biological properties relationship.

Role of Selected Protein In Cirrhosis

- **Retinoic Acid Receptor Beta (Rarb)**

RARB binds heterodimers to their targets which respond to the elements in their response ligands, all-trans or 9-cis retinoic acid, and regulate their gene expression in several biological processes. The RXR/RAR heterodimers may bind with retinoic acid response elements (RARB) and are composed of tandem 5'-AGGTCA-3' sites which are called DR1-DR5.

In the absence and presence of hormone ligand, it may act as an activator of gene expression by weak binding to corepressors. RAR and RXR subtypes of RARB were knocked out by homologous recombination which determines their functions at the time of embryonic development in the adult.

RARB is also known as NR1B2 (nuclear receptor subfamily 1, group B, Member 2) which is a type of nuclear receptor encoded by the RARB gene in humans.^[93, 94] The RARB encodes a gene found in a member of the thyroid hormone receptor subfamily of nuclear transcriptional regulators.

The RARB is an active form of Vitamin A that can mediate their cellular signaling through cell growth and differentiation and embryonic morphogenesis. They have

limits to the growth of several cell types through regulating gene expression.

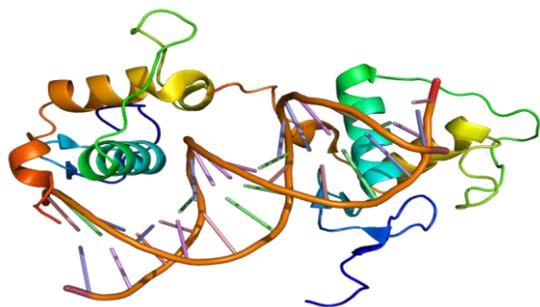


Figure 1: Crystal Structure of RARB Protein

• Auxin Binding Protein 1 (Abp1)

The auxin binding protein is a family of proteins that can bind with auxin.^[95] It was present in the lumen of the endoplasmic reticulum [ER]. The primary structure leads an N-terminal hydrophobic leader sequence of 30-40 amino acids which representing a signal of translocation in protein to the ER.^[96, 97] They contained 165 residues and may also contain several potential N-glycosylation sites.

ABP1 is used for the activation of two antagonizing ROP GTPase Signaling pathways which can involve cytoskeletal reorganization and cell shape formation. It can regulate the clathrin-mediated endocytosis to subsequently affect the PIN protein distribution. They consist of 4 amino acids sequence i.e., Lys-Asp-Glu-Leu at the C-terminus. It is used for growth and developmental responses.

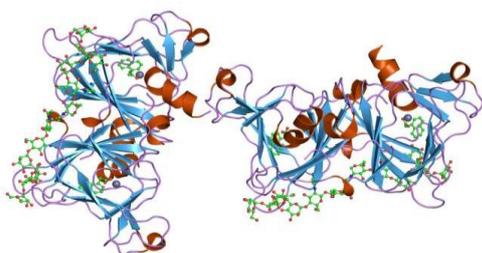


Figure 2: Crystal Structure of Auxin Binding Protein 1 (ABP1).

CONCLUSION

Natural Medicine is a very effective approach to treat cirrhosis or liver diseases. Naturopathy is developing rapidly for clinical practice and theoretical research. Natural agents have different types of therapeutic effects which depend on antioxidant, antiviral, anti-inflammatory, and antitoxic properties. On the other hand, natural medicines inhibiting the protein against cirrhosis which causes disease and also lack regulators

with no side effects and cheaper prices which make them easy to get and use.

The advent of liver transplantation is successful with effective treatment for patients with end-stage liver diseases.

CONFLICT OF INTEREST STATEMENT

The authors declare that there is no conflict of interest.

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