



A REVIEW ON LAXMIVILAS RASA

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ABSTRACT

Laxmivilas rasa / Mahalaxmivilas rasa is herbo-mineral formulation. Its alright known rasakalpa and broadly prescribed by Ayurvedic in addition to other practitioners. It's one among the foremost potent medicine in Ayurveda. There are 7 references for Laxmivilas rasa/ Mahalaxmivilas rasa. These formulations have different ingredients and different indications consistent with Rasagranthas. From which 3 are available in market and comparative study of those 3 kalpas will clear our confusion. Most of ingredients are bhasma which having efficiency in management of varied diseases. Its clear from the study that this kalpa is beneficial in treatment of upper respiratory tract also it have aphrodisiac, immunomodulatory, rejuvenative, stimulatory activity. Thus one can select accurate kalpa and may save ourself frommisprescription.

KEYWORDS: Ayurveda, Herbo-mineral formulation, Khalviya rasayana, Market preparation, Laxmivilas Rasa.

• **INTRODUCTION**

Ayurveda is a system of medicine with historical roots within the Indian subcontinent. Everything within the world are often used as medicine it becomes true when mercury gets utilized in therapeutics. Nagarjuna the illustrious Acharya of Rasashastra who used mercury in Rasa chikitsa and developed Rasashastra. There are four methods of preparation of those formulations i.e. Khalviya Rasayana, Parpati Rasayana, Kupipakwa Rasayana, Pottali Rasayana. Laxmivilas Rasa is a herbo-mineral metallic preparation comes under the khalviya (Kharaliya) rasayana. This medicine is in tablet form crammed with mineral and herbal ingredient. It contains various bhasma like Abhraka bhasma, Lauha bhasma, Tamra bhasma, Kajjali, Vanga bhasma, Kharpara bhasma etc, hence having Cardioprotective, Anti-asthmatic, Immunomodulatory, Anti-ischemic property. This preparation is indicated in Kasa, Shiroroga, Vajikarana, Rajayakshma, Jwara, Kamala, Pandu, Prameha etc. As it is an crucial and commonly used formulation, the documentation on various references of Laxmivilas Rasa is important for its global acceptance and accurate use consistent with disease. Various Rasagranthas explained Laxmivilas rasa differentially by its ingredients, bhavana dravya and its indications.

• **AIM**

To study the Laxmivilas Rasa and its therapeutic uses.

• **OBJECTIVE**

1. To study the different references of Laxmivilas Rasa.
2. To study the applied aspect of Laxmivilas Rasa.

• **MATERIAL AND METHOD**

In present work literature related with Laxmivilas Rasa have been studied from various Rasagranthas and Ayurvedic Samhitas. Work done by researchers and scholars are also taken in consideration for interpretation of classical text. Internet source is also used for compiling the information about Laxmivilas Rasa.

• **OBSERVATION AND RESULT**

There are 7 different granthadhars available for Laxmivilas Rasa or Mahalaxmivilas Rasa in Bhaishajya Ratnavali, Rasachandanshu, Rasachintamani, Rasarajsudhakara, Rasaratnakara, Rasendrasarsangraha, Rasakamdhenushown in Table No.1. Among them 3 are present in market and these 3 are used in different diseases with different combination of ingredients. Various combination of ingredients should be considered for better treatment of patients according to their Bala, Vaya, Prakruti, Vyadhi and imbalance of Dosha -Dhatu - Mala. These preparations formed by our ancient Acharyas to increase efficacy and enhance the therapeutic use of that particular kalpa.

Table no. 1: Showing different references noted in ayurvedic text.

Sr. No.	Kalpa Name	References
01	Laxmivilas Rasa	Bhaishajya Ratnavali (Kasa Rogadhikara)
02	Laxmivilas Rasa	Sartha Rasachandanshu (Rajayakshma), Yogaratnakara Rasarajsudhakara
03	Mahalaxmivilas Rasa	Rasachintamani (Vajikarana) Rasendrasangraha (Kapharoga) Rasendrachintamani (Adhyay 9)
04	Mahalaxmivilas Rasa	Bhaishajya Ratnavali(Shiroroga)Rasendrasangraha Rasaratnakara Rasarajsudhakara
05	Laxmivilas Rasa	Bhaishajya Ratnavali, Rasarajsudhakara Rasendrasangraha Rasachandanshu Rasaratnakara
06	Laxmivilas Rasa	Rasachandanshu(Vajikarana)
07	Laxmivilas Rasa	Rasakamdhenu(Jwara)

Now we will see the 3 Kalpas which are available in market.

1. Laxmivilas Rasa (Naradiya) – Bhaishajya Ratnavali (Kasa Rogadhikara)
2. Laxmivilas Rasa – Rasachandanshu (Rajayakshma)
3. Mahalaxmivilas Rasa – Rasachintamani (Vajikarana)

Table no. 2: Showing Naradiya Laxmivilas Rasa – Bhaishajya Ratnavali.

Contents	Kajjali, Shuddha Hartala, Shuddha Kharpara, Vanga Bhasma, TamraBhasma, Abhraka Bhasma, Lauha Bhasma, Kansya Bhasma
Bhavana Dravya	Bhringaraja Swarasa, Kulattha Kwatha
Prakshepa Dravya	Ela, Jayphala, Tejapatra, Lavanga, Ajavayan, Jeera, Trikatu, Triphala
Guna and Karma	Kaphaghna, Kasaghna, Lekhana, Yogawahi, Uttejaka
Uses	Kasa, Kshayaja Kasa, Jwarayukta/Jwararahita Shwasa, Prameha, Halimaka, Pandu, Shotha ,Shoola, Arsha, Balavruddhi
Matra	250mg to 375mg
Duration	1 Mandal=42 days
Anupana	Sheetal Jala
Contraindication	Pitta prakruti vyakti, Vriddha, Balak, Garbhini
Packing available	Dabar, Dhootpapeshwara, Unjha, Baidhyanath, Dhanwantari

Table no. 3: Showing Laxmivilas Rasa – Rasachandanshu.

Contents	Vanga Bhasma, Tamra Bhasma, Abhraka Bhasma, Lauha Bhasma, Suvarna Bhasma, Rajat Bhasma, Naga Bhasma, Mukta Bhasma, Shuddha Vatsanabha
Bhavana Dravya	Madhu, Chitraka Kwatha
Guna and Karma	Vrushya, Kamoddipaka, Shoshanashaka, Kshayanashaka, Shukrala, Vajikara
Uses	Kshaya, Tridoshaja Pandu, Kamala, Sotha, Pratishtay, Shukrakshaya, Agnimandya, Tarunyavardhaka, Arsha, Shoola, Kushtha, Shvasa-Kasanashaka
Matra	125mg to 250mg
Duration	1 Mandal=42 days
Anupana	Koshna Jala
Contraindication	Santarpanjanya Vyadhi / Lakshana
Packing available	Dhootpapeshwara(Suvarnayukta)

Table no. 4: Showing Mahalaxmivilas Rasa – Rasachintamani.

Contents	Shuddha Hartala, Kajjali, Vanga Bhasma, Tamra Bhasma, Abhraka Bhasma, Swarna Bhasma, Shuddha Dhatturbeej, Vruddhadarubeej, Jayphala, Javitri, Karpura
Bhavana Dravya	Jala
Guna and Karma	Vrushya, Vajikara, Punsatvavardhaka, Klibatanashaka, Santatiprada, Kamottejaka, Uttejaka, Rasayana

Uses	Napusakavta, Viryavardhaka, Klaibya
Matra	250mg
Duration	1 Mandal=42 days
Anupana	Mansarasa, Godugdha, Dadhi, Jala, Sidhu, Manda, Madya, Madhu
Contraindication	HIV, Syphilis, Gonorrhea
Packing available	Zandu, Dhootpapeshwara (Rasakalpa)

• RESEARCH STUDIES

A study of Pharmaceutico - Therapeutic profile of Laxmivilas Rasa has been conducted and concluded that, this kalpa has been used to treat wide range of diseases of upper respiratory tract, abdominal conditions. Thus it has broad spectrum activity for the management of Kapha-Vataja disorders. A Chemical characterization of an Ayurvedic herbo-mineral preparation of Laxmivilas Rasa has been conducted and concluded that the inferences and the standards laid down certainly utilized as an important tool for standardization and quality assurance. Other study has been conducted as to evaluate the effect of Naradiya Laxmivilas Rasa and Goghruata Nasya in Vertigo(Bhrama)and concluded that Goghruata Nasya with Naradiya Laxmivilas Rasa orally is an effective treatment with minimal financial burden and with no side effects, hence this treatment is economical, alternative and safe.

• DISCUSSION

Laxmivilas rasa is one among the foremost popular herbo-mineral combination which contains many nutrients in micro form, which plays role to treat quite diseases. It are often more clear after explaining therapeutic action of each one ingredients of this Rasakalpa. From above three main references of Laxmivilas rasa most of ingredients are Parada along side Gandhaka within the sort of Kajjali having Yogavahi, Rasayana which boosts immune system and treat related diseases. It cures many diseases by the

virtue of its quality of pacifying the tridoshas and it's also used as an Aphrodisiac. Shuddha Hartala utilized in upper respiratory infections like shwasa, kasa, Kshaya ect. Vanga bhasma have ability to treat diabetes and diseases of genitor- urinary system. Its effects appear on uterus, ovaries, testes and genitals due to its Aphrodisiac property. Tamra bhasma having properties of expectorant, mild laxative, hematogenic. It also used for tumors, cancer, spleen and liver enlargement. Abhraka bhasma helps in getting relieve of cough and cold, chest congestion, breathlessness excessive cough thanks to its cough balancing property. It also helps to enhance sexual problems like oligospermia and loss of libido owing to its Rasayana and Vajikarana property. Lauha bhasma is best for iron deficiency anemia also Kapha disorders hence plays role in upper respiratory tract infection. Suvarna bhasma helpsto spice up immune system, works as an adjuvant for various medicines and herbs and increases their actions and efficacy. Jayphal is valued as a potent aphrodisiac, digestive stimulant, volatile oil easing the pain related to headaches and treats cold, cough and asthma. we be able to conclude on the above data that there are various market samples are available named Laxmivilas rasa which are utilized in Kapha, Rajayakshma and vajikarana purpose but there should be selection of prescription for specific disease in order that below table showing the Rogadhikara and Pharmacy name with Reference which can helpful for all who prescribes it.

Table no. 5: Showing available market sample of laxmivilas rasa.

Kalpa	Rogadhikar	Pharmacy Name
Laxmivilas Rasa (Naradiya):B.R	Kasa	Dabur, Dhootpapeshwar, Unjha, Baidhyanath, Dhanwantari
Laxmivilas Rasa(Swarna bhasma yukta): R.Ch.	Rajayakshma	Dhootpapeshwar (Swarnayukta)
Mahalaxmivilas Rasa (Swarna bhasma yukta): R.Chi.	Vajikaran	Zandu, Dhootpapeshwar (Rasakalpa)

• CONCLUSION

Now it's clear from above literature Laxmivilas rasa has been used from ancient time to management of various type of diseases like Tuberculosis, Upper respiratory tract infections, Infertility, Abdominal conditions, Anemia etc. It also have Rejuvenating and Aphrodisiac property. Thus it has broad spectrum activity for treatment of mainly Kapha and Vata imbalance.

From above all study one can able to select disease wise Drug- Laxmivilas Rasa for better treatment and management of specific disease. There are many

pharmaceuticals which produces Laxmivilas rasa of different reference, this study will help others for proper selection of Drug.

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