



**A COMPREHENSIVE REVIEW ON MEDICINAL PLANT: *AEGLE MARMELOS* (LINN)
CORREA**

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ABSTRACT

The plants are the good substitution for the medicines because of their less or no side effect and their ability to cure the problem from their root. The present study gives the complete profile of aegle marmelos belongs to family *Rutaceae*, commonly known as a bael in India. This review gives the detailed information about the phytochemistry and pharmacological activity of aegle marmelos. A number of biologically active compounds (Alkaloids, Terpenoids, Vitamins, Coumarins, Tannins, Carbohydrates, Flavonoids, Fatty Acids, and Essential Oils) isolated from various parts of aegle marmelos, which belongs to various chemical groups. This plant is having great prospective to cure the disease like diabetes, cholesterol, peptic ulcer, inflammation, diarrhea, and dysentery, anticancer, cardio protective, anti bacterial, anti fungal, radio protective, anti pyretic, analgesic, constipation, respiratory infection, antioxidant, hepatoprotective, wound healing and many more. Hence, this review may be a good reference for the researchers who are willing to commence further investigation about aegle marmelos.

KEYWORDS: Aegle marmelos, Ehanobotanical description, Phytochemistry, Pharmacological activity.

INTRODUCTION

The universal role of plants in the treatment of disease is exemplified by their employment in all the major system of medicine irrespective of the underlying philosophical premise. Plants have at one time supplied virtually all cultures with food, clothing, shelter and medicine. It is estimated that approximately 10 to 15 percent of roughly 300,000 species of higher plant, have a history of use in traditional medicine. In terms of both quantity and value of the medicinal plant exported India ranks second in the world. Plants are the very important for the human, because they possess several active constituents, which are the precursor for the synthesis of many drugs. Humans are considered as most developed among all living species on earth. They are adopting plants not only as an origin of food but also to delight various ailments of humankind since ancient age. Several plants or plant parts are used to heal a number of physical and mental disturbances and helps us to withstand successfully.

Aegle marmelos, “Fig 1” a plant of Indian origin having tremendous therapeutic potential, belongs to family *Rutaceae*. This plant is familiar with several names like Bael, Bengal quince, Golden apple, Wood apple, etc. Every part of plant such as fruit, seed, bark, leaves and root is used as an ingredient of several traditional formulations. Due to its curative properties, it is one of the most useful medicinal plants of India. The product

obtained from bael, being highly therapeutic and is being popularized in India and international market. It is a subtropical plant, which grows in the dry forest of hilly and plain area and found in Bihar, Chhattisgarh, Uttar Pradesh, Uttarakhand, Jharkhand and Madhya Pradesh. Bael is a scared tree of Hindus as its leaves are offered to Lord Shiva for fulfillment of wishes. The tree is symbol of fertility.

It is cultivated as temple garden plant and the leaves of *Aegle marmelos* L. are use for praying Lord Shiva “Fig 2”. Its fruits are use as food as well as traditional medicine “Fig 3”.

The special focus of this review highlights the morphology, phytochemistry, traditional use and medicinal uses of *Aegle marmelos* for its further investigation and development of active constituents.



Fig 1: Aegle marmelos plant.



Fig 2: Aegle marmelos leaves.



Fig 3: Aegle marmelos fruit.

TAXONOMICAL CLASSIFICATION

The detailed taxonomical classification of *Aegle marmelos* is given in Table 1. [6,14,15]

Table 1: Taxonomical classification of *Aegle marmelos*.

Sr. no.	KINGDOM	PLANTAE
1	Subkingdom	Tracheobionta
2	Super division	Spermatophyta
3	Division	Magnoliophyta
4	Class	Magnoliopsida
5	Subclass	Rosidae
6	Order	Sapindales
7	Family	Rutaceae
8	Genus	Aegle
9	Species	Aegle marmelos

VERNACULAR NAMES OF AEGLE MARMELOS

Aegle marmelos is extensively distributed all over India and is acknowledged by various names at various places. The details of vernacular names are listed in Table 2. [6,13,14]

Table 2: Vernacular names of *Aegle marmelos*.

Sr. no.	Different languages	Names
1	Bengali	Bel, Shreefal
2	Burmese	Ohshit, Opesheet
3	English	Wood/Stone apple, Bengal Quince, Indian Quince
4	French	Oranger du Malabar
5	Indonesian	Mojo tree
6	Javanese	Modjo
7	Khmer	Banu
8	Lao (Sino-Tibetan)	Toum
9	Latin	Aegle marmelos
10	Malay	Pokok Maja Batu
11	Marathi	Kaveeth
12	Nepali	Bel, Gudu
13	Old Hindi	Sir Phal
14	Sanskrit	Shreephal, Bilva, Bilwa
15	Tamil	VilvaMaram, VilvaPazham
16	Telugu	Maredu
17	Thai	Mapin, Matum, Tum
18	Urdu	Bel
19	Vietnamese	MbauNau, Trai Mam

HABITAT AND DISTRIBUTION

Aegle marmelos is a semitropical plant that flourishes at an approximate altitude of 1200 meter from sea level. It is mainly obtained in hill areas and dry forests. The tree has its origin from eastern ghat and central India. It is native to India and bael tree is usually available in the range of Himalaya to west Bengal, in central and south Asia. It grows around foot hill of Uttar Pradesh, Bihar, Chhattisgarh, Madhya Pradesh, Uttaranchal, Jharkhand, The Deccan Plateau, the East coast, Myanmar, srilanka.^[2,7,16,17,18]

BOTANICAL DESCRIPTION

Aegle marmelos is a slow-growing, medium sized tree, up to 12-15 m tall with short trunk, thick, soft, flaking bark, and spreading with spiny branches. A clear, gummy sap, resembling gum Arabic, exudes from wounded branches and hangs down in long strands, becoming gradually solid. It is sweet at first taste and then irritating to the throat. The full botanical description of *Aegle marmelos* is given in Table 3.^[6,14,19,20]

Table 3: Botanical description of *Aegle marmelos*.

Sr. no.	Plant part	Morphological characterization
1	Bark	The bark is brownish or grey in colour, contains a number of straight long spines. It contains gums, which often comes out from wounded branches and then becomes solid. These gums can be explained as a clear, gummy sap. It is sweet at first taste and then irritating to the throat.
2	Leaf	Its leaves are trifoliate, having round base and pointed tip. Young leaves are light green and matured leaves are dark green in colour
3	Flower	The flowers are greenish or yellowish in colour and bisexual in nature. Generally, it is visible with new leaves.
4	Fruit	The bael fruit has a hard-outer jacket and having a diameter of approximately 5 to 12 centimeters. It is green in unripe condition and changes to yellowish brown when ripen. It contains up to 20 orange pulp in the inside.
5	Seed	The seeds are small (nearly 1 cm in length), hard, flattened-oblong, bearing woolly hairs and each enclosed in adhesive sac

EHANOBOTANICAL DESCRIPTION

Aegle marmelos is one of the most useful Indian medicinal plants; it has numerous of use in day-to-day life. Each plant parts are used for preparation of several medicines. Among different parts, fruit is one of the important parts that can cure maximum number of diseases. Bael leaf extract is used to cure ophthalmia, ulcer and intestinal worms by twice-daily intake. Treatment of eye diseases requires poultice that are obtained from bael leaf. A mixture of boiled rice water and unripe fruit pulp cures vomiting during pregnancy by

taking twice daily. Fruit is eaten during convalescence after diarrhea. The ripe fruit promotes digestion and is helpful in treating inflammation of rectum. Fine powder of unripe fruit showed significant use on intestinal parasites and effective against *Entamoeba histolytica* and *Ascaris lumbricoides*.

The decoction of root and sometimes the stem bark is useful in intermittent fever, also in hypochondriasis and palpitation of the heart. The detailed description is given in table 4.^[6,21-38]

Table 4: Ehanobotanical description of *Aegle marmelos*.

Sr. no.	Plant part	Ehanobotanical use
1	Leaf	Abscess, backache, eye complaints, abdominal disorders, vomiting, cut and wounds, ulcer, dropsy, beriberi, weakness of heart, cholera, diarrhea, cardio tonic, blood sugar, injuries caused by animals, nervous disorders, hair tonic, acute bronchitis, child birth. Veterinary medicine for wounds, killing worms, fodder for sheep, goat and cattle, stimulation of respiration and contraction of denervated nictitating membrane in anaesthetized cats.
2	Fruit	Astringent, diarrhea, gastric troubles, constipation, laxative, tonic, digestive, stomachic, dysentery, brain and heart tonic, ulcer, antiviral, intestinal parasites, gonorrhoea, epilepsy. Toys, edible, jam, preserve.
3	Root	Dog bite, gastric troubles, heart disorders, intermittent fevers, antiamebic, hypoglycemic, rheumatism.
4	Bark	Stomach disorder, intermittent fevers, heart disorder.
5	Seed	Febrifuge.
6	Flower	Expectorant, epilepsy.
7	Whole plant	Abdominal pain, abscess, astringent, backache, dog bite, breast pain, cholera, constipation, convulsions, cramp, diabetes, diarrhea, dysentery, fever, eye complaints, gastric trouble, abdominal disorders, jaundice, laxative, nausea, night fever, heart disorders, snakebite, stomach disorder, vomiting, tonic, cut and wounds.
8	Root, Bark	Fish poison.
9	Seed mucilage	Plaster for walls.

10	Seed oil	Laxative.
11	Wood	Beads worn by low caste, special couches for rheumatic patients.
12	Gum around seed	To improve adhesive strength of water paints.
13	Unripe fruit rind, Bark	Yellow dye.
14	stem	Pestles of oil and sugar mills.

PHYTOCHEMISTRY OF AEGLE MARMELOS

Extensive investigations has been carried out on different parts of *A. marmelos* and as a consequence, varied classes of compound viz., alkaloids, Coumarins,

Terpenoids, fatty acids and amino acids have been isolated from its different parts. The details of chemical constituents obtained from *Aegle marmelos* are given in table 5.

Table 5: Phytochemical constituents of *Aegle marmelos*.

Sr. no.	Name	Compound	Plant part	Medicinal property and use	Reference
1	Alkaloids	Aegelenine Aegeline Aegelinosides A Aegelinosides B Dictamine Ethyl cinnamamide Ethyl cinnamate Fragrine Halfordinol	Fruits, leaves	Antidiabetic,antibacterial, anti-inflammatory,and anticancerous	[6,14,39,40,41,42,43]
2	Coumarins	Alloimperatorin Imperatorin Isoimperatorin Marmelide Marmelosin Marmesin Marmin Psoralen Umbelliferone Methyl ether Xanthotoxol Zanthotoxol	All parts	Antidiabetic,antioxidant, anti- inflammatory, and Anti analgesic	[6,14,39,42,44,45]
3	Terpenoids	Caryophyllene Cineol cis-Limonene oxide cis-Linalool oxide Cubedol Elemol Epi-cubebal Hexanylhexasanoate Humulene Isosylvestrene Limonene Linalool Methyl perilate Myrcene P-cymene Terpinolene Valencene Caryophyllene Cineol cis-Limonene oxide cis-Linalool oxide Cubedol Elemol Epi-cubebal Hexanylhexasanoate	Fruit,leaves, and bark	Anticancer	[6,14,39,42,44,45]

		Humulene Isosylvestrene Limonene Linalool Methyl perilate Myrcene P-cymene Terpinolene Valencene			
4	Vitamins	Thiamin Riboflavin Niacin Ascorbic Acid	Fruits, leaves		[6,46]
5	Tannins	4,7,8-trimethoxyfuro- quinoline	Fruits, leaves	Yellow dye for calico and silk fabrics	[6,14,47]
6	Carbohydrates	Galactose Arabinose Uronic acid L-Rhamnose Aralrinose D-galacluronic Acid	Fruits	Anti-inflammatory Wound healing	[6,14,46,47]
7	Flavonoids	Rutin Flavone Flavone-3-ols flavone glycosides		Antidepressant, Anticonvulsant, Antidiabetic	[6,14,48]
8	Fatty Acids	Palmitic Acid Stearic Acid Oleic Acid Linoleic acid Linolenic Acid	Seeds		[6,46]
9	Essential Oils	Alpha-Pinene Beta-Myrcene Alpha-Phellandrene Isosylvestrone Delta-Carene Beta-Ocimene Linalool Terpenolene Alpha-Cubebene Alpha-Terpineol Delta-Elemene Gama-Elemene	Leaves	Antimicrobial,antifungal Insecticidal activity	[6,14,49]

NUTRITIONAL VALUE

Physico-chemical studies have revealed that bael fruit is

rich in mineral and vitamins contents. Major components of nutritional importance are listed in Table 6.^[50]

Table 6: Nutritional value of Aegle marmelos (% or per 100gm).

Sr. no.	Components	Value(%)
1	Water(moisture)	64.2
2	Protein	1.8
3	Fat	0.2
4	Mineral	1.5
5	Fiber	2.2
6	Carbohydrate	30.6
7	Calcium	0.09
8	Phosphorus	0.05
9	Potassium	0.6
10	Iron	0.3
11	Vitamin A	186

12	Vitamin B1	0.01
13	Nicotinic acid	0.9
14	Riboflavin	1.2
15	Vitamin C	0.01
16	Calorific value	129

REPORTED PHARMACOLOGICAL STUDIES

Antioxidant activity

Antioxidant activity of *Aegle marmelos* plant is due to the presence of flavones, isoflavones, flavonoids, anthocyanin, coumarin lignans, catechins and isocatechins. *Aegle marmelos* is extensively reported to possess antioxidant activity against a variety of free radicals. The percentage of free radical inhibition was also high in unripe fruit than that of the ripe fruit. Methanol and aqueous extract of *A. marmelos* fruit pulp was screened for antioxidant activity by DPPH radical scavenging method, reducing power assay, nitric oxide scavenging assay, superoxide radical scavenging assay, ABTS radical scavenging assay and H₂O₂ radical scavenging assay. Both aqueous and alcoholic extract exhibited good antioxidant activity.^[41,51,52]

Antimicrobial Activity

The antimicrobial activity of leaves of *Aegle marmelos* was performed by agar well diffusion method. The aqueous, petroleum ether and ethanol extract of leaves of *Aegle marmelos* exhibited efficient antimicrobial activity against *Escherichia coli*, *Streptococcus pneumonia*, *Salmonella typhi*, *Klebsiella pneumonia* and *Proteus vulgaris*. The ethanolic extract shows activity against *Penicillium chrysogenum* and the petroleum ether and aqueous extract shows activity against *Fusarium oxysporum*. The presence of leaf constituents Cuminaldehyde and Eugenol may be responsible for antimicrobial activity. The antimicrobial activity against gram-negative strains was higher than that of gram positive strains.^[51,52,53]

Antifungal activity

The antifungal activity of leaves of *Aegle marmelos* was reported against clinical isolates of dermatophytes. *A. marmelos* leaf extracts and fractions were found to have fungicidal activity against *Trichophyton mentagrophytes*, *T. rubrum*, *Microsporum canis*, *M. gypseum*, *Epidermophyton floccosum*.^[52]

Antidiarrheal Activity

The in vitro Antidiarrheal activity of dried fruit pulps of *Aegle marmelos* was reported. Antidiarrheal activity was performed by MIC method against the causative organisms of diarrhea. The ethanolic extract shows good activity against *Shigella boydii*, *S. sonnei* and *S. flexneri*, moderate against *S. dysenteriae*.^[52,54]

Anti-constipating effect

Aegle marmelos fruits are generally used to clean and tones up intestine. Most of the available ripe fruits are considered as a natural therapy of various kinds of laxatives. Regular intake of this fruit for two to three

months results in evacuation of old accumulated fecal matter from bowels. It is generally taken in the form of 'sherbat', made by pulp of ripe fruit.^[3,6]

Antidiabetic activity

All the extracts of *Aegle marmelos* proved to be active against diabetic rabbits, however, among the various extracts, methanolic extract of leaves showed maximum anti diabetic effect. Methanolic extract (120 mg/kg.p.o.) was administered to alloxan induced diabetic rats and on 12th day sugar levels was found to be reduced by 54%.^[6,55]

Antiproliferative activity

The stem bark of *Aegle marmelos* ethanolic extract was reported to produce antiproliferative activity against various human tumor cell lines. The results showed the inhibition of in vitro proliferation of human tumor cell lines, including the leukemic K562, T lymphoid Jurkat, Blymphoid Raji, erythroleukemic HEL, melanoma Colo38, and breast cancer MCF7 and MDAMB-231 cell lines.^[6,52]

Cytoprotective effect

This effect of the leaves of *Aegle marmelos* was reported in *Cyprinus carpio* (fresh water fish). *Cyprinus carpio* was exposed to heavy metals followed by the treatment with the dried powder of *Aegle marmelos* leaves. This Treatment resulted in cytoprotective effect by stabilization of plasma membrane and modulation of antioxidant enzyme system.^[52,56]

Hepatoprotective Effect

The study of *Aegle Marmelos* leaves extract on alcohol induced liver injury in albino rats and shows excellent hepatoprotective effects. Similarly, aqueous extract of bael fruit pulp and seeds are effective in the treatment and prevention of CCl₄ induced hepatic toxicity.^[57]

Antifertility effect

The aqueous extracts of leaves of *Aegle marmelos* show antifertility effect in male Albino rats. The rats were administered with aqueous extracts (250 mg/kg body weight) for 45 days. This treatment resulted in reduction in the weights of testis, epididymes and seminal vesicle. The extract also resulted in reduction of testicular sperm count, epididymal sperm count and motility and abnormal sperm count.^[58]

Analgesic activity

The methanolic extract of *Aegle marmelos* leaves were reported for antinociceptive response using writhing and tail immersion test in mice. Maximum possible effects of methanolic extract (200 mg/kg p.o.) were more

statistically significant when compared to other doses. It concludes that methanolic extract of *Aegle marmelos* leaves produces significant analgesic activity.^[59]

Anti-arthritis activity

Aegle marmelos leaves were reported to be active against collagen induced arthritis in Wistar albino rats. Radiological and histopathological changes were also significantly reduced in methanol extract treated rats.^[60]

Contractile activity

The contractile activity of alcoholic extract of *Aegle marmelos* leaves were reported on guinea pig isolated ileum and tracheal chain due to its traditional use in treating asthma and related afflictions. Alcoholic extract of *A. marmelos* leaves 1 mg/ml and 2 mg/ml as a low and high dose respectively; it showed maximum relaxation of guinea pig ileum and tracheal chain due to the depression of H1 receptors.^[61]

Antihyperlipidemic activity

Aegle marmelos were evaluated in diet induced hyperlipidemic models of Wistar albino rats at a dose of 125 and 250mg/kg dose. Aqueous extracts of fruits and seeds were applied to streptozotocin induced diabetic rats through oral administration significantly reduces tissue lipid profile and serum.^[62-63]

Counteracting Cardiotoxic effect

Alcoholic extract of *aegle marmelos* unripe fruit were found to perform cardioprotective effect in isoproterenol induced myocardial infarction. A very potent compound named as auraptene, is responsible for this activity.^[64]

Anticancer activity

The anticancer potential of folk medicine used in Bangladeshi and used extracts of *Aegle marmelos* for cytotoxic action using brine shrimp lethality assay; sea urchin eggs assay, and MTT assay using tumor cell lines. The extracts of *Aegle marmelos* were shows toxicity on all used assays.^[65]

Antiviral activity

Hydro alcoholic extract of *aegle marmelos* produces antiviral activity against Ranikhet disease virus. Interferon like activity against the same virus is also reported. Thus, *aegle marmelos* can be used as a better viricidal potential and may be exploited as a potent antiviral agent in near future.^[66]

Anti-ulcer activity

Pyranocoumarin isolated from the seeds of *Aegle marmelos*, and its oral administration showed significant protection against pylorus-ligated and aspirin-induced gastric ulcers in rats and cold restraint stress-induced gastric ulcers in rats and guinea pigs.^[67]

Antimalarial activity

A. marmelos root extract shows antimalarial activity against the parasite *Plasmodium falciparum* (K1,

multidrug resistant), using the method of Trager and Jensen. Quantitative assessment of in-vitro antimalarial activity was determined by means of the micro culture radioisotope technique. The IC₅₀ or inhibitory concentration produced the concentration which showed in 50% decrease in parasite growth that was indicated by the in-vitro uptake of [³H] – hypoxanthine by *P. falciparum*. Dihydro artemisinin were taken as standard compound (IC₅₀ 4.1 nmol L).^[68,69]

Anti-micro filarial activity

Methanolic extract of *Vitex nigundo L.* roots and leaves of *Vitex nigundo L.*, *Ricinus communis L.* and *Aegle marmelos Corr* were tested for possible antifilarial effect against *Brugia malayi* microfilariae. Microfilariae were obtained by lavage of the peritoneal cavities of jirds with intraperitoneal filarial infection of 3 months or more duration. Out of all observed extracts, *Vitex nigundo L.* root extract and *A. marmelos Corr.* leaves extracts at 100 mg/ml concentration shows total loss of motility of microfilariae after 48 hours incubation.^[70]

Anticonvulsant activity

The anticonvulsant activity of ethanolic extract of *aegle marmelos* leaves on maximal electroshock (MES) and pentylenetetrazole (PTZ) in male mice were performed. The extracts were administered orally in mice at 100 and 200 mg/kg doses. At 200 mg/kg dose, the extract suppressed hind limb tonic extensions (HLTE) induced by MES and shows protector effect in PTZ-induced seizures. As ethanolic extract of *Aegle marmelos* leaves delayed the occurrence of MES and PTZ convulsions, it can be concluded that it interfere with gabanergic mechanisms for producing anticonvulsant effect and it reveals presence of flavonoid that are attributed to their anticonvulsant action.^[71]

Antihistaminic activity

The effects of Skimmianine (obtained from roots of *Aegle marmelos*) on histamine release from rat, mast cells are tested. Two cell lines were used for this study namely, rat basophilic leukemia (RBL-2H3) and rat peritoneal mast cells (RPMCs). DNP24-BSA, thapsigargin, ionomycin, compound 48/80 were applied as inducers for histamine release from rat mast cell. Based upon the docking scores, Skimmianine highly inhibited histamine release by acting on histamine H1 receptor from RBL-2H3 cells induced by DNP24-BSA, thapsigargin and ionomycin.^[72]

Antidepressant and anxiolytic activity

Methanolic extract of *Aegle marmelos* leaves shows antidepressant and anxiolytic activities and its interaction with antidepressant and anxiolytic drugs using tail suspension test and elevated plus maze in mice were reported. The result were observed including time spent on, number of entries into, number of stretch attend postures and number of head dips in arms of elevated plus maze and immobility duration in tail suspension test. These activities are possibly due to increasing

monoamines level at postsynaptic sites that has been confirmed by several other methods. From result, it can be concluded that methanolic extract of *Aegle marmelos* leaves shows potent anxiolytic and antidepressant activities and it enhances the antidepressant and anxiolytic activities of Imipramine and Fluoxetine.^[73]

Anti-stress and adaptogenic activity

Aqueous extract of *Aegle marmelos* were studied for anti-stress and adaptogenic activities by using Swimming endurance and post-swimming motor function test, Cold swimming endurance test and forced swim test in albino rats of either sex. When extracts were subjected to forced swim model for adaptogenic activity in rats, failed to show an increase in serum cholesterol and serum triglyceride level, but increase were not sustained on subsequent groups. It enhances swimming endurance time along with post motor function like rota rod falling time and spontaneous motor activity. These extract enhances cold swimming endurance time and could restrict the increase in the level of these markers during stress.^[74]

Radio protective effect

Radio protective effect of *Aegle marmelos* extract was studied by exposing to different doses of gamma-radiation in mice and found that oral administration of extract resulted in an increase in radiation tolerance by 1.6 Gy. Again, study shows, the effects of plant extract on the peripheral blood and small intestine of Swiss albino mice. They exposed the animals to gamma radiation and data were collected against radiation-induced changes in the peripheral blood, spleen colony forming units, and intestinal mucosa, reported that *Aegle marmelos* extract significantly reduces the deleterious effect of radiation in intestine and bone marrow of mouse.^[75,76]

Wound healing activity

The effect of methanolic extract of *Aegle marmelos* seeds ointment and injection were observed by Excision wound models in male Wister rats. The wounds were treated topically with application of ointment till the wounds were completely healed.⁷⁶ The wounds were monitored and measured on 0, 4, 8, 12, 16 and 20 post wounding day.

By following the method of Ehrlich and Hunt, Incision wound model were performed in male Wister rats. The wounds were treated with extract ointment daily for 10 days. Post 9th day, sutures were removed and wound was measured using tensiometer by the method of Lee.

In the excision model, the extract epithelializes faster and showed higher rate of contracting wounds as compared with control. The extract showed healing process as evidenced by increase tensile strength in incision model. The results were compared with standard drug nitrofurazone.^[77,78]

Anti thyroid Activity

Isolated, Scopoletin (7-hydroxy-6- methoxy coumarin) from *Aegle marmelos* leaves and its potential effect to regulate hyperthyroidism were investigated. It was observed that scopoletin (at 1.00 mg / kg, p.o. for 7 days) to levothyroxine treated animals, decreased serum thyroid hormones level. It was also proved that the scopoletin have superior therapeutic activity than the standard antithyroid drug, propylthiouracil.^[79]

Toxicity studies

The leaves of *Aegle marmelos* were studied for its acute and sub acute toxicity properties. The different extracts of the *Aegle marmelos* leaves were tested in Wistar albino rats for its LD50 values, acute and sub acute toxicity effects. The results revealed that LD50 value of the different extracts, ranging from 1300 mg to 1700 mg/kg body wt. During acute toxicity, dead animals usually presented with their hearts stopped in systolic standstill. There were no remarkable changes noticed in the histopathological studies after 50 mg/kg body wt (daily, 14 days).^[80]

FUTURE ASPECTS

Aegle marmelos contains a large number of phytoconstituents hence it can be used for the treatment of various disorders in human being. Most of the compounds have not properly been evaluated for the exploration of new lead molecule or pharmacophore. However, mechanisms of action of a few bioactive compounds have been identified so far. Thus, in the near future *aegle marmelos* could be further exploited as source of useful phytochemical compound and may play a very important role in modern system of medicines.

CONCLUSION

Aegle marmelos is one of the important plants with several medicinal and nutraceutical properties. It has several medicinal properties, which are used in traditional medicinal system and used to cure several diseases. In last few decades, *Aegle marmelos* is extensively studied for its medicinal properties by advanced scientific techniques and a variety of bioactive compounds have been isolated from the different part of plant and were analyzed pharmacologically. This review summarized its various botanical description, phytoconstituents and pharmacological activities i.e. antibacterial, antifungal, antiviral, antidiabetic, antimalarial, antioxidant etc. in detailed.

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