

**SEROPREVALENCE OF *BRUCELLA ABORTUS* IN QALYUBIA GOVERNORATE,
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ABSTRACT

Brucellosis is considered one of the most common worldwide infections with heavy economic losses in animals due to abortion, reduction of milk, mastitis, retained placenta and reduced fertility. It is considered a serious human health hazard where infection can be mainly through drinking of unpasteurized milk and milk product, raw meat and contact with infected animals. The present study aimed to detect *Brucella abortus* infection among cattle and in contact persons in Qalyubia governorate, Egypt. Fifty milk samples were collected from suspected dairy cattle and 72 serum samples were collected from persons in contact with those cattle for serological analysis. *Brucella abortus* was detected by isolation and biochemical identification in 38 % of the milk samples, by MRT in 44% of the milk samples, while by RBT in 66.1% in human sera. Antimicrobial susceptibility analysis showed that all samples were resistant to all antimicrobials except gentamycin, tetracycline, streptomycin and chloramphenicol. In addition, Agar gel immunodiffusion test showed positive reaction.

KEYWORD: *Brucella abortus*, Rose Bengal test, Milk Ring test, Agar gel immunodiffusion.**INTRODUCTION**

Brucellosis is one of the endemic diseases in Egypt affecting economy by damage of animals and human health (Hussein et al., 2019). After Rabies, it is the 2nd common zoonotic disease in the world (Abubakar et al., 2011). Brucellosis is caused by *Brucella* spp that is G^{-ve}, aerobic, facultative intracellular, non-motile, non-spore forming and non-capsulated coccobacilli (Godfroid et al., 2011; Kim et al., 2011). *Brucella* comprises 12 species, but zoonotic infection is mainly caused by 3 species; *B. mellitensis*, *B. abortus*, *B. suis* (Seleem et al., 2010).

Clinically it is a highly debilitating infection in which the case is presented with high undulant fever, anorexia, fatigue, headache and weight loss (Corbel, 2006). When progressed to chronic disease, it shows severe joint illness and organ failure (Quinn et al., 2002; Corbel et al., 2006). It is transmitted from domestic or wild animals through milk or close contact with the diseased animals (Godfroid, 2017). The mode of transmission in human is ingestion of under cooked meat, raw milk or accidental inoculation of pathogen through wounds (Akhvlediani et al., 2010). Abortion is a main clinical sign in animals (Corbel et al., 2006; OIE, 2009). This study aimed to investigate the prevalence and antimicrobial susceptibility of *Brucella abortus* in milk samples. Further, to detect the prevalence of *Brucella abortus* antibodies in serum and milk samples.

MATERIAL AND METHODS**Serum samples**

A total of 72 serum samples (male 29 and 43 female) were collected from laboratory of Benha Fever Hospital of the Ministry of Health in Qalyubia governorate, Egypt. Samples were collected and stored at -20°C until being examined serologically. Human consents from patients were collected before sample collection.

Milk samples

A total of 50 milk samples were collected from suspected diseased dairy cattle with history of mastitis during the period from January 2020 to August 2020. Midstream milk was collected from different quarters of the udder into sterile tubes. The samples were transferred on ice to the laboratory, Department of Microbiology, Faculty of Veterinary Medicine, Damanshour University.

Rose Bengal test (RBT)

The serum and antigen of *Brucella abortus* (Rose Bengal kit, BIOMED Co, Cairo, Egypt) were brought at room temperature (22± 4°C) before testing, 30 µl of serum sample was placed on a white plate. Equal volume of antigen was placed next to the serum and thoroughly mixed using a sterile glass rod. The mixture was agitated gently for 4 minutes at 22±4°C on a rocker (OIE, 2016).

Milk ring test (MRT)

The test was performed by adding 30 µl of Brucella antigen (**Hematoxylin-stained antigen manufactured by VSVRI, Abbassia, Cairo, Egypt**) to 1ml of whole milk that had been stored for at least 24hr at 4°C (**Alton et al., 1988**).

Isolation and identification of Brucella

Milk samples were centrifuged at 3500 rpm for 30 min. Milk cream from top and sediment were inoculated onto Brucella selective agar with selective Brucella supplement (**Oxoid**) (**Alton et al., 1988**). Plates were incubated at 37°C with 5% CO₂ and observed daily up to 14 days. Identification of the bacterial colonies in pure culture was performed by colony morphology, Gram's staining, catalase, oxidase, H₂S and urease tests (**Alton et al., 1975; Alton et al., 1988**).

Antimicrobial susceptibility

Antimicrobial susceptibility was performed using the disc diffusion method (**Bauer et al., 1996**). The following antimicrobial discs were used: gentamicin (CN, 10 µg), tetracycline (TE, 30 µg), streptomycin (S, 10 µg), imipenem (IPM, 10 µg), chloramphenicol (C, 30 µg), rifampicin (RIF, 5 µg), erythromycin (E, 15 µg), and ciprofloxacin (CIP, 5 µg) (**Oxoid, UK**). The plates were examined for bacterial growth and the diameter of inhibition zones surrounding antibiotic disks were scored in millimeter (mm). The zone diameters were interpreted as resistant (R) or

susceptible (S) according to the Clinical and Laboratory Standard Institute (**CLSI, 2019**).

Agar gel immunodiffusion test

It was carried out according to **Ouchterlony and Nilsson, (1986)** and **Collins et al., (2011)**. Forty microliters of the antigen were pipetted into the center well and the tested serum was placed in the surrounding wells. Plates were read at 24 h and 48 h.

RESULTS**Bacterial isolation and identification**

Gram-negative small coccobacilli were detected. Colonies appeared round, convex, 1-2 mm in diameter, with smooth margins, round edges, translucent and honey in color. Out of 50 milk samples, *Brucella abortus* was detected in 38% (19 of 50) of the samples only. Biochemical identification showed positive results for catalase, oxidase, H₂S production and urease tests.

Prevalence of Brucella abortus

Screening of the serum samples by RBT showed that 61.1% (44 of 72) of serum samples were positive for brucellosis. RBT titers were 1:80 and 1:160 in 81.8% (36 of 44) of the positive samples. While, titers between 1:320 and 1:1280 were found in 18.18% (8 of 44) of the positive samples. *Brucella abortus* screening by Milk ring test showed that 44% (22 of 50) of the milk samples were positive as shown in **Table.1**.

Table (1): Prevalence of Brucella abortus in human serum and cattle milk samples using Rose Bengal test (RBT) and milk ring test (MRT).

| Species | Test | <i>Br. abortus</i> | |
|----------------|-------------|--------------------|------------------|
| | | Positive No. (%) | Negative No. (%) |
| Human (n=72) | Rose Bengal | 44 (61.1 %) | 28 (38.8 %) |
| Cattle (n= 50) | Milk Ring | 22 (44%) | 28 (56%) |

Antimicrobial susceptibility

The antimicrobial susceptibility of isolated *Brucella abortus* was tested. *Brucella abortus* was sensitive to gentamycin, tetracycline, streptomycin and chloramphenicol as shown in Table.2.

Table (2): The antimicrobial resistance profiles of B. abortus isolated from cattle.

| Antimicrobial Disc | R (%) | Susceptibility |
|--------------------|-------|----------------|
| Chloramphenicol | 0 | S |
| Ciprofloxacin | 25 | R |
| Erythromycin | 87.5 | R |
| Gentamicin | 0 | S |
| Imipenem | 25 | R |
| Rifampicin | 37.5 | R |
| Streptomycin | 0 | S |
| Tetracycline | 0 | S |

R; resistant, S; sensitive.

Agar gel immunodiffusion

Serum samples showed lines of positive interaction between Brucella antigen and antibody in serum as shown in Figure. 1.



Figure 1: Agar gel immunodiffusion for B. abortus in serum samples.

DISCUSSION

In the present study, 50 milk samples and 72 blood sample were analyzed for the detection of *Brucella abortus*. The obtained results showed that brucella antibodies were present in cow milk based on screening by milk ring test (MRT) (Table. 1). The prevalence was 44% (22 of 50) in milk sample and these results were confirmed by isolation of brucella from the same samples. This agrees with **Walid et al., (2016)** who showed 44.8% positivity of milk samples collected from Kafr El Sheikh. The very close results from 2016 to 2020 indicate that the control programs are still ineffective. MRT is considered as an ideal method for detecting infected cow and diagnosis of brucellosis in individual animals (**Noriello, 2004**). The MRT has demonstrated its usefulness to detect specific antibodies against *Brucella* spp. in bovine milk samples used at herd level (**Oie, 2009; Vanzini et al., 2001**), although its sensitivity may be impaired when it is used in large herds, and its use in small flocks is not recommended due to the expected low specificity (**Oie, 2009; OIE, 2009**). The lower incidence might be due to passive immunization of calves through colostrum of their infected dams (**Mohammed et al., 2011**). As in a study by **Gogoi et al., (2017)**, he reported the prevalence of brucella antibodies in cattle to range from 0.00 to 18.75% with an overall prevalence of 10.53%. While, out of 72 human blood samples, 44 (61%) were positive which is nearly the same as **El – Ghitany et al., (2014)** whose study showed 62.1% positivity. With comparison, there is little difference because the source of infection is still out of control in addition to minimal awareness of the people. Although, another study by **El- Diasty et al., (2016)** stated that the prevalence of brucellosis among 295 individuals was 21% and they referred that for consumption of unpasteurized milk dairy products. Other studies by **Pappas et al., (2006)** and **Kelkay et al., (2017)** reported that approximately more than half a million new infected cases brucellosis were primarily an occupational disease affecting persons in close contact with infected animals. Also, **Farghaly et al., (2018)** found seropositivity for brucella among workers in farms to be 57.3% with RBT. Additionally, **Ramadan et al., (2019)** reported 22.22% seroprevalence among abattoir workers. The intracellular localization of *Brucella abortus* in the mononuclear phagocytic cells tends to resist the transportation of antibiotics through the cell membrane. Therefore, *Brucella* species hampers the efficiency of various antibiotics due to their prolonged development of resistance (**Hall and Manion, 1970**).

In addition, the antimicrobial test shows high sensitivity to gentamycin, tetracycline, streptomycin and chloramphenicol. All *B. Abortus* showed multidrug resistance against ciprofloxacin, erythromycin, imipenem and rifampicin. So, the findings in Table (2) agree with the results of **Barbosa et al., (2015)**. The previous examination of *B. abortus* isolates of animal origin revealed the presence of resistance to rifampicin and ciprofloxacin in 25% and 37.5% of the isolates,

respectively (**Khan et al., 2019**). The remarkable finding of the present study was the emergence of phenotypic antimicrobial resistance against erythromycin (87.5%). However, the increased use of these antimicrobials in Egypt in veterinary and human practices may be the cause of the emergence of this resistance (**WHO, 2013**). *B. abortus* isolates in this study were sensitive to chloramphenicol, gentamicin and tetracycline. These findings are comparable to previously published reports in Egypt, China, Qatar and Kazakhstan (**Abdel-Maksoud, et al., 2012; Deshmuk et al., 2015; Shevtsov, A et al., 2017; Liu et al., 2018**).

The agar gel immunodiffusion test (AGID) is based on precipitation of the antigen-antibody complex. This test is of low cost, it is easily performed and it has sensitivity levels that are comparable to complement fixation (**Myers et al., 1972; Ficapal et al., 1998; Xavier et al., 2011**). However, it has some disadvantages such as a marked decrease in sensitivity in chronic infections (**Gall and Nielsen, 2004; Xavier et al., 2011**) and high variability of the quality of commercially available antigens. Therefore, it is highly advisable to perform complementary diagnostic techniques such as PCR (**Costa et al., 2012**). Sensitivity of the agar gel immunodiffusion test varies from 50 to 92.7% and the specificity from 94.3 to 100% (**Marin et al., 1989; Hilbink et al., 1993; Ficapal et al., 1998; Estein et al., 2002; Gall and Nielsen, 2004; Xavier et al., 2011**). In the present study, Agar Gel immunodiffusion test showed Ag-Ab reaction line. Cattle infected with virulent, smooth strains of *Brucella* are therefore likely to develop antibodies to the agglutigen. This is supported by observations of the very high titers of agglutinins present in the sera of cattle in the early and intermediate stages of *B. abortus* infection. However, the agglutinin levels decline in the chronic phase of the disease, probably because of shift in the pattern of immunoglobulin response (**Anderson et al., 1964; Rice et al., 1966**). The AGID test has demonstrated its usefulness to solve diagnostic interference problems in bovine and small ruminants (**Jones LM et al., 1980**).

CONCLUSION

Brucellosis is an endemic disease in Egypt, especially in Qalyubia that is considered an economic problem. The steps that should be taken to hinder spread of this disease are by slaughtering the infected and reservoir animals. Regarding zoonosis cutting the route by Boiling and/or pasteurization of milk and proper cooking of meat. The human in contact with animal have to be very aware about the disease and modes of transmission. The treatment must be based on culture and sensitivity to specific antibiotics and programmed surveillance studies.

Conflict of interest.

The authors declare no conflict of interest.

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