

MONSTER ARM WRESTLING CHAMPIONSHIPS

Sanctioned by World Monster Association

Sunday, August 11 • 1 p.m.

Weigh-ins: 10 a.m. - noon

Penningroth Media Center (Cattle Barn)

Contact: Lee Ann Krough | 641-751-6265 | monsterarmwrestling@yahoo.com

DESCRIPTION: Competitors arm wrestle their opponents with a Monster Arm Wrestling machine to determine a winner.

RULES AND CONTEST INFORMATION

Entry Fee: \$25

1. First, second and third-place trophies will be awarded for each class.
2. All competition will be on regulation tables under the direction of certified referees.
3. Weights will be verified on the day of the tournament.
4. Five pound scale allowance; double elimination.
5. Classes:

Men's Right Hand:

Bantamweight:	130 lbs. and under
Flyweight:	131-150 lbs.
Lightweight:	151-175 lbs.
Middleweight:	176-200 lbs.
Heavyweight:	201-235 lbs.
Super Heavyweight:	236 lbs. and over

Men's Left Hand:

Flyweight:	150 lbs. and under
Lightweight:	151-175 lbs.
Middleweight:	176-200 lbs.
Heavyweight:	201 lbs. and over

Women's Right Hand:

Bantamweight:	130 lbs. and under
Flyweight:	131-150 lbs.
Lightweight:	151-175 lbs.
Middleweight:	176 lbs. and over

Women's Left Hand:

Flyweight	150 and under
Lightweight	151 and over