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Form 990

Return of Organization Exempt From Income Tax

OMB No. 1545-0047

2022

Open to Public Inspection

Department of the Treasury
Internal Revenue Service

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

Do not enter social security numbers on this form as it may be made public.

Go to www.irs.gov/Form990 for instructions and the latest information.

A For the 2022 calendar year, or tax year beginning 07-01-2022 , and ending 06-30-2023

B Check if applicable:

☐ Address change

☐ Name change

☐ Initial return

☐ Final return/terminated

☐ Amended return

☐ Application pending

C Name of organization
CAPITAL AREA FOOD BANK INC

Doing business as

Number and street (or P.O. box if mail is not delivered to street address)

Room/suite

4900 PUERTO RICO AVENUE NE

City or town, state or province, country, and ZIP or foreign postal code
WASHINGTON, DC 20017

F Name and address of principal officer:
RADHA MUTHIAH
4900 PUERTO RICO AVENUE NE
WASHINGTON, DC 20017

H(a) Is this a group return for subordinates?

☐ Yes ☒ No

H(b) Are all subordinates included?

☐ Yes ☐ No

If "No," attach a list. See instructions.

H(c) Group exemption number ▶

D Employer identification number
52-1167581

E Telephone number
(202) 644-9800

G Gross receipts \$ 115,644,405

I Tax-exempt status: ☒ 501(c)(3) ☐ 501(c) () ◀ (insert no.) ☐ 4947(a)(1) or ☐ 527

J Website: ▶ WWW.CAPITALAREAFOODBANK.ORG

K Form of organization: ☒ Corporation ☐ Trust ☐ Association ☐ Other ▶

L Year of formation: 1979

M State of legal domicile: DC

Part I

Summary

Activities & Governance

1 Briefly describe the organization's mission or most significant activities:
WE PROVIDE NUTRITIOUS FOOD TO HELP OUR NEIGHBORS THRIVE TODAY AND BUILD BRIGHTER FUTURES TOMORROW.

2 Check this box ☐ if the organization discontinued its operations or disposed of more than 25% of its net assets.

3 Number of voting members of the governing body (Part VI, line 1a)319

4 Number of independent voting members of the governing body (Part VI, line 1b)418

5 Total number of individuals employed in calendar year 2022 (Part V, line 2a)5218

6 Total number of volunteers (estimate if necessary)616,000

7a Total unrelated business revenue from Part VIII, column (C), line 127a0

7b Net unrelated business taxable income from Form 990-T, Part I, line 117b0

Revenue

8 Contributions and grants (Part VIII, line 1h)

9 Program service revenue (Part VIII, line 2g)

10 Investment income (Part VIII, column (A), lines 3, 4, and 7d)

11 Other revenue (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e)

12 Total revenue—add lines 8 through 11 (must equal Part VIII, column (A), line 12)

Prior Year

Current Year

Expenses

13 Grants and similar amounts paid (Part IX, column (A), lines 1–3) . . .

14 Benefits paid to or for members (Part IX, column (A), line 4)

15 Salaries, other compensation, employee benefits (Part IX, column (A), lines 5–10)

16a Professional fundraising fees (Part IX, column (A), line 11e)

16b Total fundraising expenses (Part IX, column (D), line 25) ▶5,145,667

17 Other expenses (Part IX, column (A), lines 11a–11d, 11f–24e)

18 Total expenses. Add lines 13–17 (must equal Part IX, column (A), line 25)

19 Revenue less expenses. Subtract line 18 from line 12

Beginning of Current Year

End of Year

Net Assets or Fund Balances

20 Total assets (Part X, line 16)

21 Total liabilities (Part X, line 26)

22 Net assets or fund balances. Subtract line 21 from line 20

Beginning of Current Year

End of Year

Part II

Signature Block

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge.

Sign Here

Signature of officer

2024-02-06
Date

RADHA MUTHIAH PRESIDENT & CEO
Type or print name and title

Paid Preparer Use Only

Print/Type preparer's name

Preparer's signature

Date
2024-01-29

Check ☐ if self-employed

PTIN
P01696827

Firm's name ▶ RSM US LLP

Firm's EIN ▶ 42-0714325

Firm's address ▶ 1250 H STREET SUITE 700
WASHINGTON, DC 20005

Phone no. (202) 293-2200

May the IRS discuss this return with the preparer shown above? (see instructions)☒ Yes ☐ No

For Paperwork Reduction Act Notice, see the separate instructions.

Cat. No. 11282Y

Form 990 (2022)

Part III Statement of Program Service AccomplishmentsCheck if Schedule O contains a response or note to any line in this Part III ☐ ☒**1** Briefly describe the organization's mission:

THE MISSION OF THE CAPITAL AREA FOOD BANK (THE FOOD BANK OR CAFB) IS TO HELP OUR NEIGHBORS THRIVE BY CREATING MORE EQUITABLE ACCESS TO FOOD AND OPPORTUNITY THROUGH COMMUNITY PARTNERSHIPS.

2 Did the organization undertake any significant program services during the year which were not listed on the prior Form 990 or 990-EZ? ☐ Yes ☒ No

If "Yes," describe these new services on Schedule O.

3 Did the organization cease conducting, or make significant changes in how it conducts, any program services? ☐ Yes ☒ No

If "Yes," describe these changes on Schedule O.

4 Describe the organization's program service accomplishments for each of its three largest program services, as measured by expenses. Section 501(c)(3) and 501(c)(4) organizations are required to report the amount of grants and allocations to others, the total expenses, and revenue, if any, for each program service reported.

4a (Code:) (Expenses \$ 96,537,356 including grants of \$ 990,229) (Revenue \$ 9,311,608)
See Additional Data

4b (Code:) (Expenses \$ 1,689,904 including grants of \$) (Revenue \$)
See Additional Data

4c (Code:) (Expenses \$ 1,373,732 including grants of \$) (Revenue \$)
See Additional Data

(Code:) (Expenses \$ 511,838 including grants of \$) (Revenue \$)

NUTRITION EDUCATION: IN ADDITION TO FOOD DISTRIBUTIONS, CAFB ALSO OPERATES A VARIETY OF NUTRITION EDUCATION AND URBAN AGRICULTURE PROGRAMS. - COOKING AND NUTRITION CLASSES: TO SUPPORT THE PEOPLE IT SERVES WITH IMPROVING OR MAINTAINING THEIR HEALTH AND WELL-BEING, THE CAFB'S TEAM OF REGISTERED DIETITIANS REGULARLY HOLD NUTRITION EDUCATION CLASSES FOR ITS PARTNERS AND COMMUNITY MEMBERS. CAFB ALSO DEVELOPS AND DISTRIBUTES NUTRITION RESOURCES, INCLUDING CARDS, IN MULTIPLE LANGUAGES WITH CULTURALLY RELEVANT RECIPES FOR HEALTHY, LOW-COST MEALS THAT USE INGREDIENTS COMMONLY PROVIDED BY THE FOOD BANK. - URBAN GARDEN: THE FOOD BANK'S HALF-ACRE URBAN DEMONSTRATION GARDEN OFFERS AN OUTDOOR "LEARNING LABORATORY" WHERE SCHOOL CHILDREN AND COMMUNITY MEMBERS CAN LEARN HOW TO GROW GOOD, NUTRITIOUS FOOD WITH JUST A SMALL PIECE OF LAND. LOCATED AT THE FOOD BANK'S NORTHEAST DC FACILITY, THE SPACE FEATURES RAISED BEDS AND FRUIT TREES, AND IS HOME TO AN OUTDOOR TEACHING KITCHEN WHERE CAFB HOLDS CLASSES ON NUTRITION, COOKING, AND GARDENING.

4d Other program services (Describe in Schedule O.)
(Expenses \$ 511,838 including grants of \$) (Revenue \$)

4e Total program service expenses ► 100,112,830

Part IV Checklist of Required Schedules

	Yes	No
1 Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)? If "Yes," complete Schedule A	1 Yes	
2 Is the organization required to complete Schedule B, Schedule of Contributors? See instructions.	2 Yes	
3 Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for public office? If "Yes," complete Schedule C, Part I	3	No
4 Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect during the tax year? If "Yes," complete Schedule C, Part II	4 Yes	
5 Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or similar amounts as defined in Rev. Proc. 98-19? If "Yes," complete Schedule C, Part III	5	No
6 Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts? If "Yes," complete Schedule D, Part I	6	No
7 Did the organization receive or hold a conservation easement, including easements to preserve open space, the environment, historic land areas, or historic structures? If "Yes," complete Schedule D, Part II	7	No
8 Did the organization maintain collections of works of art, historical treasures, or other similar assets? If "Yes," complete Schedule D, Part III	8	No
9 Did the organization report an amount in Part X, line 21 for escrow or custodial account liability; serve as a custodian for amounts not listed in Part X; or provide credit counseling, debt management, credit repair, or debt negotiation services? If "Yes," complete Schedule D, Part IV	9	No
10 Did the organization, directly or through a related organization, hold assets in temporarily restricted endowments, permanent endowments, or quasi endowments? If "Yes," complete Schedule D, Part V	10	No
11 If the organization's answer to any of the following questions is "Yes," then complete Schedule D, Parts VI, VII, VIII, IX, or X, as applicable.		
a Did the organization report an amount for land, buildings, and equipment in Part X, line 10? If "Yes," complete Schedule D, Part VI.	11a Yes	
b Did the organization report an amount for investments—other securities in Part X, line 12 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VII	11b	No
c Did the organization report an amount for investments—program related in Part X, line 13 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VIII	11c	No
d Did the organization report an amount for other assets in Part X, line 15 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part IX	11d Yes	
e Did the organization report an amount for other liabilities in Part X, line 25? If "Yes," complete Schedule D, Part X	11e Yes	
f Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? If "Yes," complete Schedule D, Part X	11f Yes	
12a Did the organization obtain separate, independent audited financial statements for the tax year? If "Yes," complete Schedule D, Parts XI and XII	12a	No
b Was the organization included in consolidated, independent audited financial statements for the tax year? If "Yes," and if the organization answered "No" to line 12a, then completing Schedule D, Parts XI and XII is optional	12b Yes	
13 Is the organization a school described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E	13	No
14a Did the organization maintain an office, employees, or agents outside of the United States?	14a	No
b Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business, investment, and program service activities outside the United States, or aggregate foreign investments valued at \$100,000 or more? If "Yes," complete Schedule F, Parts I and IV	14b	No
15 Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or other assistance to or for any foreign organization? If "Yes," complete Schedule F, Parts II and IV	15	No
16 Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or other assistance to or for foreign individuals? If "Yes," complete Schedule F, Parts III and IV	16	No
17 Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on Part IX, column (A), lines 6 and 11e? If "Yes," complete Schedule G, Part I. See instructions.	17 Yes	
18 Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines 1c and 8a? If "Yes," complete Schedule G, Part II	18	No
19 Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? If "Yes," complete Schedule G, Part III	19	No
20a Did the organization operate one or more hospital facilities? If "Yes," complete Schedule H	20a	No
b If "Yes" to line 20a, did the organization attach a copy of its audited financial statements to this return?	20b	
21 Did the organization report more than \$5,000 of grants or other assistance to any domestic organization or domestic government on Part IX, column (A), line 1? If "Yes," complete Schedule I, Parts I and II	21 Yes	

Part IV Checklist of Required Schedules (continued)

		Yes	No
22	Did the organization report more than \$5,000 of grants or other assistance to or for domestic individuals on Part IX, column (A), line 2? If "Yes," complete Schedule I, Parts I and III	22	No
23	Did the organization answer "Yes" to Part VII, Section A, line 3, 4, or 5, about compensation of the organization's current and former officers, directors, trustees, key employees, and highest compensated employees? If "Yes," complete Schedule J	23	Yes
24a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the last day of the year, that was issued after December 31, 2002? If "Yes," answer lines 24b through 24d and complete Schedule K. If "No," go to line 25a	24a	No
b	Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?	24b	
c	Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease any tax-exempt bonds?	24c	
d	Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year?	24d	
25a	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in an excess benefit transaction with a disqualified person during the year? If "Yes," complete Schedule L, Part I	25a	No
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? If "Yes," complete Schedule L, Part I	25b	No
26	Did the organization report any amount on Part X, line 5 or 22 for receivables from or payables to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons? If "Yes," complete Schedule L, Part II	26	No
27	Did the organization provide a grant or other assistance to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or employee thereof, a grant selection committee member, or to a 35% controlled entity (including an employee thereof) or family member of any of these persons? If "Yes," complete Schedule L, Part III	27	No
28	Was the organization a party to a business transaction with one of the following parties (see the Schedule L, Part IV instructions for applicable filing thresholds, conditions, and exceptions):		
a	A current or former officer, director, trustee, key employee, creator or founder, or substantial contributor? If "Yes," complete Schedule L, Part IV	28a	No
b	A family member of any individual described in line 28a? If "Yes," complete Schedule L, Part IV	28b	No
c	A 35% controlled entity of one or more individuals and/or organizations described in line 28a or 28b? If "Yes," complete Schedule L, Part IV	28c	No
29	Did the organization receive more than \$25,000 in non-cash contributions? If "Yes," complete Schedule M	29	Yes
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation contributions? If "Yes," complete Schedule M	30	No
31	Did the organization liquidate, terminate, or dissolve and cease operations? If "Yes," complete Schedule N, Part I	31	No
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? If "Yes," complete Schedule N, Part II	32	No
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations sections 301.7701-2 and 301.7701-3? If "Yes," complete Schedule R, Part I	33	No
34	Was the organization related to any tax-exempt or taxable entity? If "Yes," complete Schedule R, Part II, III, or IV, and Part V, line 1	34	Yes
35a	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	35a	Yes
b	If 'Yes' to line 35a, did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? If "Yes," complete Schedule R, Part V, line 2	35b	Yes
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization? If "Yes," complete Schedule R, Part V, line 2	36	No
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization and that is treated as a partnership for federal income tax purposes? If "Yes," complete Schedule R, Part VI	37	No
38	Did the organization complete Schedule O and provide explanations on Schedule O for Part VI, lines 11b and 19? Note. All Form 990 filers are required to complete Schedule O.	38	Yes

Part V Statements Regarding Other IRS Filings and Tax ComplianceCheck if Schedule O contains a response or note to any line in this Part V ☐

		Yes	No
1a	Enter the number reported in box 3 of Form 1096. Enter -0- if not applicable	1a	84
b	Enter the number of Forms W-2G included on line 1a. Enter -0- if not applicable	1b	0
c	Did the organization comply with backup withholding rules for reportable payments to vendors and reportable gaming (gambling) winnings to prize winners?	1c	Yes

Part V Statements Regarding Other IRS Filings and Tax Compliance (continued)

2a Enter the number of employees reported on Form W-3, Transmittal of Wage and Tax Statements, filed for the calendar year ending with or within the year covered by this return	2a 218			
b If at least one is reported on line 2a, did the organization file all required federal employment tax returns? Note. If the sum of lines 1a and 2a is greater than 250, you may be required to e-file. See instructions.		2b	Yes	
3a Did the organization have unrelated business gross income of \$1,000 or more during the year? . . .		3a		No
b If "Yes," has it filed a Form 990-T for this year? If "No" to line 3b, provide an explanation in Schedule O . . .		3b		
4a At any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a financial account in a foreign country (such as a bank account, securities account, or other financial account)? . . . b If "Yes," enter the name of the foreign country: _____ See instructions for filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR).		4a		No
5a Was the organization a party to a prohibited tax shelter transaction at any time during the tax year? . . .		5a		No
b Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction?		5b		No
c If "Yes," to line 5a or 5b, did the organization file Form 8886-T?		5c		
6a Does the organization have annual gross receipts that are normally greater than \$100,000, and did the organization solicit any contributions that were not tax deductible as charitable contributions? . . .		6a		No
b If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible?		6b		
7 Organizations that may receive deductible contributions under section 170(c).				
a Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods and services provided to the payor?		7a		No
b If "Yes," did the organization notify the donor of the value of the goods or services provided?		7b		
c Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was required to file Form 8282?		7c		No
d If "Yes," indicate the number of Forms 8282 filed during the year	7d			
e Did the organization receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?		7e		No
f Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract? . . .		7f		No
g If the organization received a contribution of qualified intellectual property, did the organization file Form 8899 as required?		7g		
h If the organization received a contribution of cars, boats, airplanes, or other vehicles, did the organization file a Form 1098-C?		7h		
8 Sponsoring organizations maintaining donor advised funds. Did a donor advised fund maintained by the sponsoring organization have excess business holdings at any time during the year?		8		
9 Sponsoring organizations maintaining donor advised funds.				
a Did the sponsoring organization make any taxable distributions under section 4966?		9a		
b Did the sponsoring organization make a distribution to a donor, donor advisor, or related person? . . .		9b		
10 Section 501(c)(7) organizations. Enter:				
a Initiation fees and capital contributions included on Part VIII, line 12	10a			
b Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities	10b			
11 Section 501(c)(12) organizations. Enter:				
a Gross income from members or shareholders	11a			
b Gross income from other sources. (Do not net amounts due or paid to other sources against amounts due or received from them.)	11b			
12a Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form 1041?		12a		
b If "Yes," enter the amount of tax-exempt interest received or accrued during the year.	12b			
13 Section 501(c)(29) qualified nonprofit health insurance issuers.				
a Is the organization licensed to issue qualified health plans in more than one state? Note. See the instructions for additional information the organization must report on Schedule O.		13a		
b Enter the amount of reserves the organization is required to maintain by the states in which the organization is licensed to issue qualified health plans	13b			
c Enter the amount of reserves on hand	13c			
14a Did the organization receive any payments for indoor tanning services during the tax year?		14a		No
b If "Yes," has it filed a Form 720 to report these payments? If "No," provide an explanation in Schedule O . . .		14b		
15 Is the organization subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment(s) during the year? If "Yes," see the instructions and file Form 4720, Schedule N.		15		No
16 Is the organization an educational institution subject to the section 4968 excise tax on net investment income? . . . If "Yes," complete Form 4720, Schedule O.		16		No
17 Section 501(c)(21) organizations. Did the trust, any disqualified person, or other person engage in any activities that would result in the imposition of an excise tax under section 4951, 4952, or 4953? . . .		17		
If "Yes," complete Form 6069.				

Part VI Governance, Management, and Disclosure. For each "Yes" response to lines 2 through 7b below, and for a "No" response to lines 8a, 8b, or 10b below, describe the circumstances, processes, or changes in Schedule O. See instructions.
Check if Schedule O contains a response or note to any line in this Part VI ☒

Section A. Governing Body and Management

		Yes	No
1a	Enter the number of voting members of the governing body at the end of the tax year	19	
	If there are material differences in voting rights among members of the governing body, or if the governing body delegated broad authority to an executive committee or similar committee, explain in Schedule O.		
b	Enter the number of voting members included in line 1a, above, who are independent	18	
2	Did any officer, director, trustee, or key employee have a family relationship or a business relationship with any other officer, director, trustee, or key employee?	2	No
3	Did the organization delegate control over management duties customarily performed by or under the direct supervision of officers, directors or trustees, or key employees to a management company or other person?	3	No
4	Did the organization make any significant changes to its governing documents since the prior Form 990 was filed?	4	No
5	Did the organization become aware during the year of a significant diversion of the organization's assets?	5	No
6	Did the organization have members or stockholders?	6	No
7a	Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or more members of the governing body?	7a	No
b	Are any governance decisions of the organization reserved to (or subject to approval by) members, stockholders, or persons other than the governing body?	7b	No
8	Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following:		
a	The governing body?	8a	Yes
b	Each committee with authority to act on behalf of the governing body?	8b	Yes
9	Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at the organization's mailing address? If "Yes," provide the names and addresses in Schedule O	9	No

Section B. Policies (This Section B requests information about policies not required by the Internal Revenue Code.)

		Yes	No
10a	Did the organization have local chapters, branches, or affiliates?	10a	No
b	If "Yes," did the organization have written policies and procedures governing the activities of such chapters, affiliates, and branches to ensure their operations are consistent with the organization's exempt purposes?	10b	
11a	Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form?	11a	Yes
b	Describe on Schedule O the process, if any, used by the organization to review this Form 990.		
12a	Did the organization have a written conflict of interest policy? If "No," go to line 13	12a	Yes
b	Were officers, directors, or trustees, and key employees required to disclose annually interests that could give rise to conflicts?	12b	Yes
c	Did the organization regularly and consistently monitor and enforce compliance with the policy? If "Yes," describe on Schedule O how this was done	12c	Yes
13	Did the organization have a written whistleblower policy?	13	Yes
14	Did the organization have a written document retention and destruction policy?	14	Yes
15	Did the process for determining compensation of the following persons include a review and approval by independent persons, comparability data, and contemporaneous substantiation of the deliberation and decision?		
a	The organization's CEO, Executive Director, or top management official	15a	Yes
b	Other officers or key employees of the organization	15b	No
	If "Yes" to line 15a or 15b, describe the process on Schedule O. See instructions.		
16a	Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement with a taxable entity during the year?	16a	No
b	If "Yes," did the organization follow a written policy or procedure requiring the organization to evaluate its participation in joint venture arrangements under applicable federal tax law, and take steps to safeguard the organization's exempt status with respect to such arrangements?	16b	

Section C. Disclosure

17 List the states with which a copy of this Form 990 is required to be filed **MD , VA**

18 Section 6104 requires an organization to make its Form 1023 (1024 or 1024-A, if applicable), 990, and 990-T (section 501(c)(3)s only) available for public inspection. Indicate how you made these available. Check all that apply.
☒ Own website ☐ Another's website ☒ Upon request ☐ Other (explain in Schedule O)

19 Describe in Schedule O whether (and if so, how) the organization made its governing documents, conflict of interest policy, and financial statements available to the public during the tax year.

20 State the name, address, and telephone number of the person who possesses the organization's books and records:
▶ JOHN ROBERTSON 4900 PUERTO RICO AVENUE NE WASHINGTON, DC 20017 (202) 644-9800

Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

Check if Schedule O contains a response or note to any line in this Part VII ☐

1a Complete this table for all persons required to be listed. Report compensation for the calendar year ending with or within the organization's tax year.

- List all of the organization's **current** officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation. Enter -0- in columns (D), (E), and (F) if no compensation was paid.
- List all of the organization's **current** key employees, if any. See the instructions for definition of "key employee."
- List the organization's five **current** highest compensated employees (other than an officer, director, trustee or key employee) who received reportable compensation (box 5 of Form W-2, box 6 of Form 1099-MISC, and/or box 1 of Form 1099-NEC) of more than \$100,000 from the organization and any related organizations.
- List all of the organization's **former** officers, key employees, or highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations.
- List all of the organization's **former directors or trustees** that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations.

See the instructions for the order in which to list the persons above.

☐ Check this box if neither the organization nor any related organization compensated any current officer, director, or trustee.

[illegible]

Part VII Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees (continued)

(A) Name and title	(B) Average hours per week (list any hours for related organizations below dotted line)	(C) Position (do not check more than one box, unless person is both an officer and a director/trustee)						(D) Reportable compensation from the organization (W-2/1099-MISC/1099-NEC)	(E) Reportable compensation from related organizations (W-2/1099-MISC/1099-NEC)	(F) Estimated amount of other compensation from the organization and related organizations
		Individual trustee or director	Institutional Trustee	Officer	Key employee	Highest compensated employee	Former			
See Additional Data Table										
1b Sub-Total										
c Total from continuation sheets to Part VII, Section A										
d Total (add lines 1b and 1c)								1,859,251	0	148,296

2 Total number of individuals (including but not limited to those listed above) who received more than \$100,000 of reportable compensation from the organization ▶ 28

	Yes	No
3 Did the organization list any former officer, director or trustee, key employee, or highest compensated employee on line 1a? <i>If "Yes," complete Schedule J for such individual</i>		No
4 For any individual listed on line 1a, is the sum of reportable compensation and other compensation from the organization and related organizations greater than \$150,000? <i>If "Yes," complete Schedule J for such individual</i>	Yes	
5 Did any person listed on line 1a receive or accrue compensation from any unrelated organization or individual for services rendered to the organization? <i>If "Yes," complete Schedule J for such person</i>		No

Section B. Independent Contractors

1 Complete this table for your five highest compensated independent contractors that received more than \$100,000 of compensation from the organization. Report compensation for the calendar year ending with or within the organization's tax year.

(A) Name and business address	(B) Description of services	(C) Compensation
FEEDING AMERICA 161 N CLARK STREET SUITE 700 CHICAGO, IL 60601	FOOD PACKAGING AND TRANSPORTATION	12,182,969
COASTAL SUNBELT PRODUCE PO BOX 62860 LAUREL, MD 21264	FOOD PACKAGING AND TRANSPORTATION	12,058,199
VALUE ADDED FOOD SALES 965 RENO WAYLAND, MI 49348	FOOD PACKAGING AND TRANSPORTATION	2,318,184
MID-ATLANTIC REGIONAL COOPERATIVE (MARC) 6700 ESSINGTON AVENUE UNIT J-216 PHILADELPHIA, PA 19153	FOOD PACKAGING AND TRANSPORTATION	1,540,566
NEMCO FOOD TRADING 207 BEDFORD ST LAKEVILLE, MA 02347	FOOD PACKAGING AND TRANSPORTATION	1,430,486

2 Total number of independent contractors (including but not limited to those listed above) who received more than \$100,000 of compensation from the organization ▶ 61

Form 990 (2022)				Page 9				
Part VIII Statement of Revenue								
Check if Schedule O contains a response or note to any line in this Part VIII				☐				
				(A) Total revenue	(B) Related or exempt function revenue	(C) Unrelated business revenue	(D) Revenue excluded from tax under sections 512 - 514	
Contributions, Gifts, Grants and Other Similar Amounts	1a	Federated campaigns	1a	687,637				
	b	Membership dues	1b					
	c	Fundraising events	1c					
	d	Related organizations	1d	2,000,000				
	e	Government grants (contributions)	1e	20,782,260				
	f	All other contributions, gifts, grants, and similar amounts not included above	1f	80,439,791				
	g	Noncash contributions included in lines 1a - 1f:\$	1g	43,398,214				
	h Total. Add lines 1a-1f				103,909,688			
Program Service Revenue			Business Code					
	2a	PROGRAM SERVICE FEES	900099	9,311,608	9,311,608			
	b							
	c							
	d							
	e							
	f	All other program service revenue.						
9 Total. Add lines 2a-2f				9,311,608				
Other Revenue	3 Investment income (including dividends, interest, and other similar amounts)			364,616			364,616	
	4 Income from investment of tax-exempt bond proceeds							
	5 Royalties							
	6a	Gross rents	(i) Real	(ii) Personal				
	b	Less: rental expenses						
	c	Rental income or (loss)						
	d Net rental income or (loss)							
	7a	Gross amount from sales of assets other than inventory	(i) Securities	(ii) Other				
			1,730,363					
	b	Less: cost or other basis and sales expenses	1,736,448					
	c	Gain or (loss)	-6,085					
	d Net gain or (loss)			-6,085			-6,085	
	8a	Gross income from fundraising events (not including \$ of contributions reported on line 1c). See Part IV, line 18						
b	Less: direct expenses							
c Net income or (loss) from fundraising events								
9a	Gross income from gaming activities. See Part IV, line 19							
b	Less: direct expenses							
c Net income or (loss) from gaming activities								
10a	Gross sales of inventory, less returns and allowances							
b	Less: cost of goods sold							
c Net income or (loss) from sales of inventory								
Miscellaneous Revenue		Business Code						
11a	MISCELLANEOUS	900099	328,130			328,130		
b								
c								
d	All other revenue							
e Total. Add lines 11a-11d			328,130					
12 Total revenue. See instructions			113,907,957	9,311,608	0	686,661		

Form 990 (2022)

Part IX Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A).

Check if Schedule O contains a response or note to any line in this Part IX ☐

Do not include amounts reported on lines 6b, 7b, 8b, 9b, and 10b of Part VIII.	(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
1 Grants and other assistance to domestic organizations and domestic governments. See Part IV, line 21	990,229	990,229		
2 Grants and other assistance to domestic individuals. See Part IV, line 22				
3 Grants and other assistance to foreign organizations, foreign governments, and foreign individuals. See Part IV, lines 15 and 16.				
4 Benefits paid to or for members				
5 Compensation of current officers, directors, trustees, and key employees	1,224,418	282,680	650,929	290,809
6 Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B)				
7 Other salaries and wages	12,763,028	9,428,337	2,026,784	1,307,907
8 Pension plan accruals and contributions (include section 401 (k) and 403(b) employer contributions)	911,778	633,017	174,548	104,213
9 Other employee benefits	1,717,342	1,192,293	328,763	196,286
10 Payroll taxes	1,005,890	698,356	192,564	114,970
11 Fees for services (non-employees):				
a Management				
b Legal				
c Accounting	444,012		444,012	
d Lobbying				
e Professional fundraising services. See Part IV, line 17	1,605,661			1,605,661
f Investment management fees				
g Other (If line 11g amount exceeds 10% of line 25, column (A) amount, list line 11g expenses on Schedule O)	1,985,592	861,752	631,506	492,334
12 Advertising and promotion	336,584	101,997	15,919	218,668
13 Office expenses	2,573,735	1,847,919	267,564	458,252
14 Information technology	907,946	636,503	197,635	73,808
15 Royalties				
16 Occupancy	3,321,859	3,005,211	202,418	114,230
17 Travel				
18 Payments of travel or entertainment expenses for any federal, state, or local public officials				
19 Conferences, conventions, and meetings	288,525	60,738	191,601	36,186
20 Interest	4,245		4,245	
21 Payments to affiliates				
22 Depreciation, depletion, and amortization	1,247,913	943,113	200,496	104,304
23 Insurance	281,780	213,592	44,566	23,622
24 Other expenses. Itemize expenses not covered above (List miscellaneous expenses in line 24e. If line 24e amount exceeds 10% of line 25, column (A) amount, list line 24e expenses on Schedule O.)				
a IN-KIND FOOD DISTR.	42,295,713	42,295,713		
b FOOD RELATED COSTS	31,492,376	31,492,376		
c PARTNER SHOPPING GRANT	4,169,398	4,169,398		
d VEHICLE EXPENSE	1,251,940	1,251,940		
e All other expenses	475,432	7,666	463,349	4,417
25 Total functional expenses. Add lines 1 through 24e	111,295,396	100,112,830	6,036,899	5,145,667
26 Joint costs. Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation. Check here ☐ if following SOP 98-2 (ASC 958-720).				

Part X Balance SheetCheck if Schedule O contains a response or note to any line in this Part IX ☐

		(A) Beginning of year		(B) End of year
Assets	1 Cash—non-interest-bearing	4,341,076	1	2,328,096
	2 Savings and temporary cash investments	11,229,597	2	11,321,830
	3 Pledges and grants receivable, net	9,099,771	3	6,748,719
	4 Accounts receivable, net	2,267,163	4	5,479,208
	5 Loans and other receivables from any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons		5	
	6 Loans and other receivables from other disqualified persons (as defined under section 4958(f)(1)), and persons described in section 4958(c)(3)(B) . . .		6	
	7 Notes and loans receivable, net		7	
	8 Inventories for sale or use	4,156,681	8	5,306,530
	9 Prepaid expenses and deferred charges	398,803	9	821,459
	10a Land, buildings, and equipment: cost or other basis. Complete Part VI of Schedule D	10a 44,717,908		
	b Less: accumulated depreciation	10b 11,582,059	30,475,625	10c 33,135,849
	11 Investments—publicly traded securities	89,101	11	115,125
	12 Investments—other securities. See Part IV, line 11		12	
	13 Investments—program-related. See Part IV, line 11		13	
	14 Intangible assets		14	
	15 Other assets. See Part IV, line 11	234,476	15	4,549,340
16 Total assets. Add lines 1 through 15 (must equal line 33)	62,292,293	16	69,806,156	
Liabilities	17 Accounts payable and accrued expenses	3,659,322	17	4,595,661
	18 Grants payable		18	
	19 Deferred revenue	258,625	19	0
	20 Tax-exempt bond liabilities		20	
	21 Escrow or custodial account liability. Complete Part IV of Schedule D		21	
	22 Loans and other payables to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons		22	
	23 Secured mortgages and notes payable to unrelated third parties	5,205,000	23	5,205,000
	24 Unsecured notes and loans payable to unrelated third parties		24	
	25 Other liabilities (including federal income tax, payables to related third parties, and other liabilities not included on lines 17 - 24). Complete Part X of Schedule D	638,171	25	4,856,512
	26 Total liabilities. Add lines 17 through 25	9,761,118	26	14,657,173
Net Assets or Fund Balances	Organizations that follow FASB ASC 958, check here ☒ and complete lines 27, 28, 32, and 33.			
	27 Net assets without donor restrictions	39,169,457	27	39,614,071
	28 Net assets with donor restrictions	13,361,718	28	15,534,912
	Organizations that do not follow FASB ASC 958, check here ☐ and complete lines 29 through 33.			
	29 Capital stock or trust principal, or current funds		29	
	30 Paid-in or capital surplus, or land, building or equipment fund		30	
	31 Retained earnings, endowment, accumulated income, or other funds		31	
32 Total net assets or fund balances	52,531,175	32	55,148,983	
33 Total liabilities and net assets/fund balances	62,292,293	33	69,806,156	

Part XI Reconciliation of Net AssetsCheck if Schedule O contains a response or note to any line in this Part XI ☐

1	Total revenue (must equal Part VIII, column (A), line 12)	1	113,907,957
2	Total expenses (must equal Part IX, column (A), line 25)	2	111,295,396
3	Revenue less expenses. Subtract line 2 from line 1	3	2,612,561
4	Net assets or fund balances at beginning of year (must equal Part X, line 32, column (A))	4	52,531,175
5	Net unrealized gains (losses) on investments	5	5,247
6	Donated services and use of facilities	6	
7	Investment expenses	7	
8	Prior period adjustments	8	
9	Other changes in net assets or fund balances (explain in Schedule O)	9	0
10	Net assets or fund balances at end of year. Combine lines 3 through 9 (must equal Part X, line 32, column (B))	10	55,148,983

Part XII Financial Statements and ReportingCheck if Schedule O contains a response or note to any line in this Part XII ☐

	Yes	No
1 Accounting method used to prepare the Form 990: ☐ Cash ☒ Accrual ☐ Other _____ If the organization changed its method of accounting from a prior year or checked "Other," explain on Schedule O.		
2a Were the organization's financial statements compiled or reviewed by an independent accountant? If "Yes," check a box below to indicate whether the financial statements for the year were compiled or reviewed on a separate basis, consolidated basis, or both: ☐ Separate basis ☐ Consolidated basis ☐ Both consolidated and separate basis		No
b Were the organization's financial statements audited by an independent accountant? If "Yes," check a box below to indicate whether the financial statements for the year were audited on a separate basis, consolidated basis, or both: ☐ Separate basis ☒ Consolidated basis ☐ Both consolidated and separate basis	Yes	
c If "Yes," to line 2a or 2b, does the organization have a committee that assumes responsibility for oversight of the audit, review, or compilation of its financial statements and selection of an independent accountant? If the organization changed either its oversight process or selection process during the tax year, explain in Schedule O.	Yes	
3a As a result of a federal award, was the organization required to undergo an audit or audits as set forth in the Single Audit Act and OMB Circular A-133?	Yes	
b If "Yes," did the organization undergo the required audit or audits? If the organization did not undergo the required audit or audits, explain why in Schedule O and describe any steps taken to undergo such audits.	Yes	

Additional Data

Software ID:

Software Version:

EIN: 52-1167581

Name: CAPITAL AREA FOOD BANK INC

Form 990 (2022)

Form 990, Part III, Line 4a:

FOOD FOR TODAY:IN TOTAL, CAFB DISTRIBUTED OR FACILITATED THE DISTRIBUTION OF 69.3 MILLION POUNDS OF FOOD DURING FISCAL YEAR 2023.CAFB FOOD DISTRIBUTION IN POUNDS FOR FISCAL YEAR 2023 WAS 59.2 MILLION. THE PER POUND VALUE OF DONATED AND GOVERNMENT FOOD COMMODITIES FLUCTUATES YEAR-OVER-YEAR AND WAS \$1.92 IN FISCAL YEAR 2023. AS SUCH, IN-KIND DISTRIBUTION AMOUNTS WITHIN THE FINANCIAL STATEMENTS MAY NOT MIRROR DISTRIBUTION TRENDS BY POUNDAGE.IN ADDITION TO THE POUNDS REPORTED IN THE FINANCIAL STATEMENTS, CAFB IS RESPONSIBLE FOR THE DISTRIBUTION OF PARTNER DIRECT PRODUCT. PARTNER DIRECT PRODUCT REPRESENTS PRODUCT RECEIVED FROM DONORS WHICH ARE RETRIEVED DIRECTLY BY PARTNER AGENCIES ELIMINATING CAFB'S NEED TO HANDLE THE PRODUCT. THROUGH THE PARTNER DIRECT PROGRAM, CAFB FACILITATED THE DISTRIBUTION OF 10.1 MILLION POUNDS. CAFB WORKS TO ADDRESS HUNGER TODAY FOR PEOPLE ACROSS THE REGION EXPERIENCING FOOD INSECURITY. AS THE ANCHOR IN THE AREA'S HUNGER RELIEF INFRASTRUCTURE, CAFB SUPPLIES FOOD TO HUNDREDS OF LOCAL PARTNER ORGANIZATIONS AND DIRECTLY DISTRIBUTES FOOD THROUGH A VARIETY OF PROGRAMS. - FOOD DISTRIBUTION PARTNERS: WITH HELP FROM RETAIL GROCERS, MANUFACTURERS, AND LOCAL GROWERS, ALONG WITH OUR GENEROUS SUPPORTERS, THE FOOD BANK DISTRIBUTES THE FOOD FOR OVER 50 MILLION NUTRITIOUS MEALS EACH YEAR THROUGH A NETWORK OF NEARLY 400 REGIONAL NONPROFIT ORGANIZATIONS. THESE PARTNERS INCLUDE A RANGE OF ORGANIZATIONS, INCLUDING PANTRIES, SOUP KITCHENS, SHELTERS, AND OTHERS. FOR MOST OF THESE PARTNERS, CAFB IS THE PRIMARY OR SOLE SOURCE OF THE FOOD THEY DISTRIBUTE.- DIRECT DISTRIBUTION PROGRAMS: WHILE MOST OF THE FOOD CAFB PROVIDES REACHES OUR NEIGHBORS THROUGH OUR NETWORK OF PARTNERS, SOMETIMES IT IS NECESSARY FOR CAFB TO DIRECTLY PROVIDE FOOD TO KIDS, SENIORS, AND FAMILIES DIRECTLY WHERE THEY LIVE AND LEARN. THESE PROGRAMS REACH THREE MAJOR GROUPS:- COMMUNITY AT LARGE: CAFB OPERATES MULTIPLE DIRECT FOOD DISTRIBUTIONS THAT ARE WIDELY ACCESSIBLE BY ALL MEMBERS OF THE COMMUNITY. THESE INCLUDE MOBILE AND COMMUNITY MARKETS, WHICH ARE MONTHLY NO-COST POP-UP MARKETS THAT BRING FOOD DIRECTLY INTO NEIGHBORHOODS WHERE IT'S NEEDED.- CHILDREN AND FAMILIES: RECOGNIZING THE PARTICULAR IMPORTANCE OF NUTRITION FOR YOUNG PEOPLE, CAFB SUPPLIES CHILDREN AND THEIR FAMILIES WITH THE FOOD THEY NEED THROUGH MULTIPLE PROGRAMS OPERATED IN PARTNERSHIP WITH SCHOOLS AND CHILDCARE LOCATIONS. THESE INCLUDE (1) FAMILY MARKETS, WHICH ARE HOSTED IN SCHOOLS THROUGHOUT THE REGION AND OFFER NO-COST FOOD FOR KIDS AND FAMILIES IN A CONVENIENT MARKET-LIKE SETTING; (2) EARLY CHILDCARE FAMILY MARKETS, WHICH ARE FOCUSED ON FAMILIES WITH CHILDREN ENROLLED IN HEAD START CENTERS AND PROVIDE PRODUCE THAT IS HIGH IN ESSENTIAL NUTRIENTS NEEDED FOR YOUNG CHILDREN; (3) SCHOOL PANTRY SITES, WHICH ARE LOCATED WITHIN SCHOOL BUILDINGS AND PROVIDE A VARIETY OF SHELF-STABLE FOOD ITEMS FOR THE SCHOOL COMMUNITY; (4) JOYFUL FOOD MARKETS, WHICH ARE OPERATED IN PARTNERSHIP WITH THE ORGANIZATION MARTHA'S TABLE AND PROVIDE FOOD FOR FAMILIES THROUGH SCHOOL- AND COMMUNITY-CENTER BASED MARKETS IN DC'S WARDS 7 AND 8; (5) AFTER SCHOOL MEAL SITES, THROUGH WHICH KIDS RECEIVE HEARTY SNACKS OR EVENING MEALS AT A VARIETY OF AFTERSCHOOL PROGRAMS THROUGHOUT THE AREA VIA THE FEDERAL CHILD AND ADULT CARE FOOD PROGRAM; AND (6) SUMMER MEALS, WHICH PROVIDES THE NUTRITIOUS MEALS KIDS NEED TO CONTINUE GROWING AND LEARNING WHEN SCHOOL MEALS ARE UNAVAILABLE THROUGH THE FEDERAL SUMMER FOOD SERVICE PROGRAM.- OLDER ADULTS: TO MEET THE UNIQUE NEEDS OF FOOD INSECURE SENIORS, CAFB OPERATES MULTIPLE PROGRAMS THAT INCLUDE (1) THE SENIOR BAG PROGRAM, WHICH PROVIDES MONTHLY, SENIOR-SPECIFIC BAGS OF HEALTHY GROCERIES TO PEOPLE OVER 55; AND (2) GROCERY PLUS AND MY GROCERIES TO GO SITES, THROUGH WHICH INCOME-ELIGIBLE SENIORS OVER 60 LIVING IN DC, AS WELL AS MONTGOMERY AND PRINCE GEORGE'S COUNTIES IN MARYLAND, RECEIVE NUTRITIOUS GROCERIES EACH MONTH VIA THE FEDERAL COMMUNITY SUPPLEMENTAL FOOD PROGRAM.

Form 990, Part III, Line 4b:

FOOD FOR BRIGHTER FUTURES:FOOD ALONE WON'T SOLVE HUNGER. TO ADDRESS THE ROOT CAUSES OF FOOD INSECURITY AND INEQUITY IN THE REGION, THE FOOD BANK IS PILOTING INNOVATIVE APPROACHES FOR PAIRING FOOD WITH OTHER CRITICAL SERVICES, SUCH AS HEALTH CARE AND EDUCATION. BY EXPANDING BEYOND CAFB'S TRADITIONAL FOOD PROVIDER NETWORK, THE FOOD BANK CAN MEET PEOPLE WHERE THEY ARE AND PROVIDE THEM WITH FOOD TO HELP ADDRESS THEIR MOST PRESSING CONCERNS. THE FOOD BANK ALSO OPERATES INNOVATIVE FOOD ACCESS PROGRAMS TO CREATE MORE WAYS IN WHICH NEIGHBORS WITH TRANSPORTATION OR OTHER CONSTRAINTS CAN GET THE FOOD THEY NEED.- FOOD IS MEDICINE (ALSO KNOWN AS FOOD PLUS HEALTH): THESE INITIATIVES INTEGRATE FOOD INTO HEALTH CARE SETTINGS TO PROMOTE DISEASE PREVENTION AND MANAGEMENT, RESULTING IN HEALTHIER OUTCOMES AT EVERY STAGE OF LIFE. CAFB PARTNERS WITH MEDICAL INSTITUTIONS ACROSS THE REGION TO PROVIDE PATIENTS FACING FOOD INSECURITY WITH MEDICALLY TAILORED GROCERIES EITHER DURING THEIR CLINIC VISITS OR VIA HOME DELIVERY. - FOOD FOR UPWARD MOBILITY (ALSO KNOWN AS FOOD PLUS EDUCATION AND FOOD PLUS WORKFORCE): THROUGH ITS PROGRAMS FOCUSED ON CREATING GREATER ECONOMIC OPPORTUNITY FOR THOSE IT SERVES, CAFB BUNDLES FOOD AND OTHER SUPPORT SERVICES FOR COLLEGE STUDENTS TO HELP IMPROVE ACADEMIC OUTCOMES AND LONG-TERM FINANCIAL STABILITY. CAFB PARTNERS WITH INSTITUTIONS OF HIGHER EDUCATION THROUGHOUT THE REGION TO PROVIDE FOOD INSECURE STUDENTS WITH NUTRITION VIA MULTIPLE MODELS, INCLUDING HOME DELIVERY, ON-CAMPUS PANTRIES, AND FREE MEAL-SWIPE PROGRAMS.- FOOD ACCESS INITIATIVES: THIS AREA OF CAFB'S WORK DEVELOPS AND IMPLEMENTS COMMERCIAL-LIKE FOOD DISTRIBUTION MODELS TO EXTEND THE CAFB'S REACH TO THOSE EXPERIENCING FOOD INSECURITY. FOR EXAMPLE, CLIENTS IN AREAS WITH VERY FEW GROCERY STORES ALSO ARE SEEKING OPTIONS FOR PURCHASING NUTRITIOUS FOOD. TO RESPOND TO THIS NEED, CAFB OPERATES CURBSIDE GROCERIES. THESE MOBILE GROCERY TRUCKS, OPERATING IN DC'S WARD 8 AND MARYLAND'S PRINCE GEORGE'S COUNTY, OFFER A NEW KIND OF NEIGHBORHOOD RETAIL OPTION, WHERE PEOPLE CAN BUY PRODUCE, PROTEIN, AND OTHER GROCERY STAPLES AT AFFORDABLE PRICES.

Form 990, Part III, Line 4c:

THOUGHT LEADERSHIP AND COMMUNITY ENGAGEMENT:A. FOOD INSECURITY RESEARCH: THE CAFB REGULARLY PARTNERS WITH RESEARCH INSTITUTIONS TO GATHER AND PUBLISH DATA AND INFORMATION ABOUT FOOD INSECURITY, INEQUITY, AND OTHER ISSUES RELATED TO ITS WORK. THIS INFORMATION IS USED BY THE FOOD BANK TO GUIDE ITS ORGANIZATIONAL STRATEGY AND PROGRAMMATIC SERVICES, AND BY OTHER REGIONAL ORGANIZATIONS TO INFORM PLANNING AND POLICY.B. CLIENT LEADERSHIP COUNCIL: TO AMPLIFY THE VOICES OF THE PEOPLE IT SERVES, CAFB CONVENES A CLIENT LEADERSHIP COUNCIL (CLC) EACH YEAR. A COHORT OF INDIVIDUALS WHO LIVE IN THE FOOD BANK'S SERVICE AREA AND WHO ARE EXPERIENCING FOOD INSECURITY RECEIVE ADVOCACY TRAINING THROUGH THE CLC. THIS 10-MONTH TRAINING PROGRAM SUPPORTS THEIR GROWTH AS ADVOCATES FOR THEMSELVES AND THEIR COMMUNITIES.C. POLICY ANALYSIS: THE FOOD BANK'S POLICY TEAM STAYS APPRISED OF LOCAL, STATE, AND NATIONAL POLICY ISSUES THAT HAVE THE POTENTIAL TO IMPACT THE INDIVIDUALS SERVED BY THE FOOD BANK, AND MAKES RECOMMENDATIONS ON POLICY POSITIONS BASED ON WHAT WILL ULTIMATELY IMPROVE THE LIVES OF THE FOOD BANK'S CLIENTS.

Form 990, Part VII - Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

(A) Name and Title	(B) Average hours per week (list any hours for related organizations below dotted line)	(C) Position (do not check more than one box, unless person is both an officer and a director/trustee)						(D) Reportable compensation from the organization (W- 2/1099-MISC)	(E) Reportable compensation from related organizations (W- 2/1099-MISC)	(F) Estimated amount of other compensation from the organization and related organizations
		Individual trustee or director	Institutional Trustee	Officer	Key employee	Highest compensated employee	Former			
BOB COHN BOARD MEMBER	1.00 0.00	X						0	0	0
DENISE DOMBAY BOARD MEMBER	1.00 0.00	X						0	0	0
ELAINE RICHARD BOARD MEMBER	1.00 0.00	X						0	0	0
IRA KRESS BOARD MEMBER	1.00 0.00	X						0	0	0
JOHN HUFFMAN BOARD MEMBER (UNTIL 11/22)	1.00 0.00	X						0	0	0
LARRY HENTZ BOARD MEMBER	1.00 0.00	X						0	0	0
LISA ROSS BOARD MEMBER	1.00 0.00	X						0	0	0
RITA CARREON BOARD MEMBER	1.00 0.00	X						0	0	0
SETH BLACKLEY BOARD MEMBER	1.00 0.00	X						0	0	0
VICTOR HOSKINS BOARD MEMBER	1.00 0.00	X						0	0	0

Form 990, Part VII - Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors										
(A) Name and Title	(B) Average hours per week (list any hours for related organizations below dotted line)	(C) Position (do not check more than one box, unless person is both an officer and a director/trustee)						(D) Reportable compensation from the organization (W- 2/1099-MISC)	(E) Reportable compensation from related organizations (W- 2/1099-MISC)	(F) Estimated amount of other compensation from the organization and related organizations
		Individual trustee or director	Institutional Trustee	Officer	Key employee	Highest compensated employee	Former			
WILLIAM TATUM BOARD MEMBER	1.00 0.00	X						0	0	0
RADHA MUTHIAH PRESIDENT & CEO	40.00 0.20	X		X				426,065	0	35,301
JOHN ROBERTSON CHIEF FINANCIAL OFFICER	40.00 0.20			X				244,550	0	22,717
KRISTA SCALISE CHIEF OPERATING OFFICER	40.00 0.00				X			228,835	0	12,501
MARY BETH HEALY CHIEF REVENUE OFFICER	40.00 0.00				X			204,292	0	16,730
CHRISTEL HAIR SR. ADVISOR, CAPITAL CAMPAIGN	40.00 0.00					X		157,207	0	16,827
MELANIE MINZES SR. DIR., INST. PARTNERSHIPS	40.00 0.00					X		156,431	0	12,236
BRADLEY JENSEMA SR. DIR., DEVELOPMENT	40.00 0.00					X		153,750	0	8,533
CYNTHIA SINGISER SR. DIR., NOVA REGION	40.00 0.00					X		147,817	0	11,152
BRADLEY MISSAL DIRECTOR OF IT	40.00 0.00					X		140,304	0	12,299

SCHEDULE A
(Form 990)

Department of the Treasury
Internal Revenue Service

Public Charity Status and Public Support

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.
▶ Attach to Form 990 or Form 990-EZ.
▶ Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

2022

Open to Public Inspection

Name of the organization
CAPITAL AREA FOOD BANK INC

Employer identification number
52-1167581

Part I Reason for Public Charity Status (All organizations must complete this part.) See instructions.

The organization is not a private foundation because it is: (For lines 1 through 12, check only one box.)

- 1

☐

A church, convention of churches, or association of churches described in **section 170(b)(1)(A)(i).**
- 2

☐

A school described in **section 170(b)(1)(A)(ii).** (Attach Schedule E (Form 990).)
- 3

☐

A hospital or a cooperative hospital service organization described in **section 170(b)(1)(A)(iii).**
- 4

☐

A medical research organization operated in conjunction with a hospital described in **section 170(b)(1)(A)(iii).** Enter the hospital's name, city, and state:
- 5

☐

An organization operated for the benefit of a college or university owned or operated by a governmental unit described in **section 170(b)(1)(A)(iv).** (Complete Part II.)
- 6

☐

A federal, state, or local government or governmental unit described in **section 170(b)(1)(A)(v).**
- 7

☒

An organization that normally receives a substantial part of its support from a governmental unit or from the general public described in **section 170(b)(1)(A)(vi).** (Complete Part II.)
- 8

☐

A community trust described in **section 170(b)(1)(A)(vi).** (Complete Part II.)
- 9

☐

An agricultural research organization described in **170(b)(1)(A)(ix)** operated in conjunction with a land-grant college or university or a non-land grant college of agriculture. See instructions. Enter the name, city, and state of the college or university:
- 10

☐

An organization that normally receives: (1) more than 33 1/3% of its support from contributions, membership fees, and gross receipts from activities related to its exempt functions—subject to certain exceptions, and (2) no more than 33 1/3% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after June 30, 1975. See **section 509(a)(2).** (Complete Part III.)
- 11

☐

An organization organized and operated exclusively to test for public safety. See **section 509(a)(4).**
- 12

☐

An organization organized and operated exclusively for the benefit of, to perform the functions of, or to carry out the purposes of one or more publicly supported organizations described in **section 509(a)(1)** or **section 509(a)(2).** See **section 509(a)(3).** Check the box on lines 12a through 12d that describes the type of supporting organization and complete lines 12e, 12f, and 12g.
- a

☐

Type I. A supporting organization operated, supervised, or controlled by its supported organization(s), typically by giving the supported organization(s) the power to regularly appoint or elect a majority of the directors or trustees of the supporting organization. **You must complete Part IV, Sections A and B.**
- b

☐

Type II. A supporting organization supervised or controlled in connection with its supported organization(s), by having control or management of the supporting organization vested in the same persons that control or manage the supported organization(s). **You must complete Part IV, Sections A and C.**
- c

☐

Type III functionally integrated. A supporting organization operated in connection with, and functionally integrated with, its supported organization(s) (see instructions). **You must complete Part IV, Sections A, D, and E.**
- d

☐

Type III non-functionally integrated. A supporting organization operated in connection with its supported organization(s) that is not functionally integrated. The organization generally must satisfy a distribution requirement and an attentiveness requirement (see instructions). **You must complete Part IV, Sections A and D, and Part V.**
- e

☐

Check this box if the organization received a written determination from the IRS that it is a Type I, Type II, Type III functionally integrated, or Type III non-functionally integrated supporting organization.
- f

Enter the number of supported organizations
- g

Provide the following information about the supported organization(s).

(i) Name of supported organization	(ii) EIN	(iii) Type of organization (described on lines 1- 10 above (see instructions))	(iv) Is the organization listed in your governing document?		(v) Amount of monetary support (see instructions)	(vi) Amount of other support (see instructions)
			Yes	No		
Total						

Part II

Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)
(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III.
If the organization failed to qualify under the tests listed below, please complete Part III.)

Section A. Public Support							
	Calendar year (or fiscal year beginning in) ►	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
1	Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grant.") . .	70,117,391	88,969,521	171,918,504	125,675,921	103,939,688	560,621,025
2	Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						
3	The value of services or facilities furnished by a governmental unit to the organization without charge..						
4	Total. Add lines 1 through 3	70,117,391	88,969,521	171,918,504	125,675,921	103,939,688	560,621,025
5	The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f) . .						59,112,514
6	Public support. Subtract line 5 from line 4.						501,508,511

Section B. Total Support								
Calendar year (or fiscal year beginning in) ►		(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total	
7	Amounts from line 4. . .	70,117,391	88,969,521	171,918,504	125,675,921	103,939,688	560,621,025	
8	Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources . . .	95,566	73,681	10,752	22,447	364,616	567,062	
9	Net income from unrelated business activities, whether or not the business is regularly carried on . . .							
10	Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.). .	385,012	394,863	774,560	326,120	328,130	2,208,685	
11	Total support. Add lines 7 through 10						563,396,772	
12	Gross receipts from related activities, etc. (see instructions)						12	
13	First 5 years. If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a section 501(c)(3) organization, check this box and stop here ► ☐							

Section C. Computation of Public Support Percentage		
14	Public support percentage for 2022 (line 6, column (f) divided by line 11, column (f))	14 89.020 %
15	Public support percentage for 2020 Schedule A, Part II, line 14	15 90.750 %
16a	33 1/3% support test—2022. If the organization did not check the box on line 13, and line 14 is 33 1/3% or more, check this box and stop here. The organization qualifies as a publicly supported organization ▶ ☒	
b	33 1/3% support test—2021. If the organization did not check a box on line 13 or 16a, and line 15 is 33 1/3% or more, check this box and stop here. The organization qualifies as a publicly supported organization ▶ ☐	
17a	10%-facts-and-circumstances test—2022. If the organization did not check a box on line 13, 16a, or 16b, and line 14 is 10% or more, and if the organization meets the "facts-and-circumstances" test, check this box and stop here. Explain in Part VI how the organization meets the "facts-and-circumstances" test. The organization qualifies as a publicly supported organization ▶ ☐	
b	10%-facts-and-circumstances test—2021. If the organization did not check a box on line 13, 16a, 16b, or 17a, and line 15 is 10% or more, and if the organization meets the "facts-and-circumstances" test, check this box and stop here. Explain in Part VI how the organization meets the "facts-and-circumstances" test. The organization qualifies as a publicly supported organization ▶ ☐	
18	Private foundation. If the organization did not check a box on line 13, 16a, 16b, 17a, or 17b, check this box and see instructions ▶ ☐	

Part III Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 10 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Section A. Public Support

Calendar year (or fiscal year beginning in) ►	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
1 Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.") .						
2 Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose						
3 Gross receipts from activities that are not an unrelated trade or business under section 513						
4 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf. . .						
5 The value of services or facilities furnished by a governmental unit to the organization without charge						
6 Total. Add lines 1 through 5						
7a Amounts included on lines 1, 2, and 3 received from disqualified persons						
b Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the amount on line 13 for the year.						
c Add lines 7a and 7b. .						
8 Public support. (Subtract line 7c from line 6.)						

Section B. Total Support

Calendar year (or fiscal year beginning in) ►	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
9 Amounts from line 6. . .						
10a Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources. .						
b Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975.						
c Add lines 10a and 10b.						
11 Net income from unrelated business activities not included on line 10b, whether or not the business is regularly carried on.						
12 Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.) . .						
13 Total support. (Add lines 9, 10c, 11, and 12.) .						
14 First 5 years. If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a section 501(c)(3) organization, check this box and stop here. ☐						

Section C. Computation of Public Support Percentage

15 Public support percentage for 2022 (line 8, column (f) divided by line 13, column (f))	15	
16 Public support percentage from 2021 Schedule A, Part III, line 15	16	

Section D. Computation of Investment Income Percentage

17 Investment income percentage for 2022 (line 10c, column (f) divided by line 13, column (f))	17	
18 Investment income percentage from 2021 Schedule A, Part III, line 17	18	
19a 33 1/3% support tests—2022. If the organization did not check the box on line 14, and line 15 is more than 33 1/3%, and line 17 is not more than 33 1/3%, check this box and stop here. The organization qualifies as a publicly supported organization ☐		
b 33 1/3% support tests—2021. If the organization did not check a box on line 14 or line 19a, and line 16 is more than 33 1/3% and line 18 is not more than 33 1/3%, check this box and stop here. The organization qualifies as a publicly supported organization ☐		
20 Private foundation. If the organization did not check a box on line 14, 19a, or 19b, check this box and see instructions ☐		

Part IV Supporting Organizations

(Complete only if you checked a box on line 12 of Part I. If you checked box 12a, of Part I, complete Sections A and B. If you checked box 12b, of Part I, complete Sections A and C. If you checked box 12c, of Part I, complete Sections A, D, and E. If you checked box 12d, of Part I, complete Sections A and D, and complete Part V.)

Section A. All Supporting Organizations

	Yes	No
1 Are all of the organization's supported organizations listed by name in the organization's governing documents? If "No," describe in Part VI how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain.		
1		
2 Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? If "Yes," explain in Part VI how the organization determined that the supported organization was described in section 509(a)(1) or (2).		
2		
3a Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? If "Yes," answer lines 3b and 3c below.		
3a		
b Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? If "Yes," describe in Part VI when and how the organization made the determination.		
3b		
c Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? If "Yes," explain in Part VI what controls the organization put in place to ensure such use.		
3c		
4a Was any supported organization not organized in the United States ("foreign supported organization")? If "Yes" and if you checked box 12a or 12b in Part I, answer lines 4b and 4c below.		
4a		
b Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? If "Yes," describe in Part VI how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.		
4b		
c Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? If "Yes," explain in Part VI what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes.		
4c		
5a Did the organization add, substitute, or remove any supported organizations during the tax year? If "Yes," answer lines 5b and 5c below (if applicable). Also, provide detail in Part VI , including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was accomplished (such as by amendment to the organizing document).		
5a		
b Type I or Type II only. Was any added or substituted supported organization part of a class already designated in the organization's organizing document?		
5b		
c Substitutions only. Was the substitution the result of an event beyond the organization's control?		
5c		
6 Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? If "Yes," provide detail in Part VI .		
6		
7 Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? If "Yes," complete Part I of Schedule L (Form 990).		
7		
8 Did the organization make a loan to a disqualified person (as defined in section 4958) not described on line 7? If "Yes," complete Part I of Schedule L (Form 990).		
8		
9a Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons, as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? If "Yes," provide detail in Part VI .		
9a		
b Did one or more disqualified persons (as defined on line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? If "Yes," provide detail in Part VI .		
9b		
c Did a disqualified person (as defined on line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? If "Yes," provide detail in Part VI .		
9c		
10a Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations, and all Type III non-functionally integrated supporting organizations)? If "Yes," answer line 10b below.		
10a		
b Did the organization have any excess business holdings in the tax year? (Use Schedule C, Form 4720, to determine whether the organization had excess business holdings).		
10b		

Part IV Supporting Organizations (continued)		Yes	No
11	Has the organization accepted a gift or contribution from any of the following persons?		
a	A person who directly or indirectly controls, either alone or together with persons described on lines 11b and 11c below, the governing body of a supported organization?		
b	A family member of a person described on 11a above?		
c	A 35% controlled entity of a person described on line 11a or 11b above? If "Yes" to 11a, 11b, or 11c, provide detail in Part VI.		

Section B. Type I Supporting Organizations		Yes	No
1	Did the officers, directors, trustees, or membership of one or more supported organizations have the power to regularly appoint or elect at least a majority of the organization's directors or trustees at all times during the tax year? If "No," describe in Part VI how the supported organization(s) effectively operated, supervised, or controlled the organization's activities. If the organization had more than one supported organization, describe how the powers to appoint and/or remove directors or trustees were allocated among the supported organizations and what conditions or restrictions, if any, applied to such powers during the tax year.		
2	Did the organization operate for the benefit of any supported organization other than the supported organization(s) that operated, supervised, or controlled the supporting organization? If "Yes," explain in Part VI how providing such benefit carried out the purposes of the supported organization(s) that operated, supervised or controlled the supporting organization.		

Section C. Type II Supporting Organizations		Yes	No
1	Were a majority of the organization's directors or trustees during the tax year also a majority of the directors or trustees of each of the organization's supported organization(s)? If "No," describe in Part VI how control or management of the supporting organization was vested in the same persons that controlled or managed the supported organization(s).		

Section D. All Type III Supporting Organizations		Yes	No
1	Did the organization provide to each of its supported organizations, by the last day of the fifth month of the organization's tax year, (i) a written notice describing the type and amount of support provided during the prior tax year, (ii) a copy of the Form 990 that was most recently filed as of the date of notification, and (iii) copies of the organization's governing documents in effect on the date of notification, to the extent not previously provided?		
2	Were any of the organization's officers, directors, or trustees either (i) appointed or elected by the supported organization (s) or (ii) serving on the governing body of a supported organization? If "No," explain in Part VI how the organization maintained a close and continuous working relationship with the supported organization(s).		
3	By reason of the relationship described in line 2 above, did the organization's supported organizations have a significant voice in the organization's investment policies and in directing the use of the organization's income or assets at all times during the tax year? If "Yes," describe in Part VI the role the organization's supported organizations played in this regard.		

Section E. Type III Functionally-Integrated Supporting Organizations		Yes	No
1	Check the box next to the method that the organization used to satisfy the Integral Part Test during the year (see instructions):		
a	☐ The organization satisfied the Activities Test. Complete line 2 below.		
b	☐ The organization is the parent of each of its supported organizations. Complete line 3 below.		
c	☐ The organization supported a governmental entity. Describe in Part VI how you supported a government entity (see instructions)		
2	Activities Test. Answer lines 2a and 2b below.		
a	Did substantially all of the organization's activities during the tax year directly further the exempt purposes of the supported organization(s) to which the organization was responsive? If "Yes," then in Part VI identify those supported organizations and explain how these activities directly furthered their exempt purposes, how the organization was responsive to those supported organizations, and how the organization determined that these activities constituted substantially all of its activities.		
b	Did the activities described on line 2a, above constitute activities that, but for the organization's involvement, one or more of the organization's supported organization(s) would have been engaged in? If "Yes," explain in Part VI the reasons for the organization's position that its supported organization(s) would have engaged in these activities but for the organization's involvement.		
3	Parent of Supported Organizations. Answer lines 3a and 3b below.		
a	Did the organization have the power to regularly appoint or elect a majority of the officers, directors, or trustees of each of the supported organizations? If "Yes" or "No," provide details in Part VI.		
b	Did the organization exercise a substantial degree of direction over the policies, programs and activities of each of its supported organizations? If "Yes," describe in Part VI. the role played by the organization in this regard.		

Part V Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations

1 ☐ Check here if the organization satisfied the Integral Part Test as a qualifying trust on Nov. 20, 1970 (*explain in Part VI*). **See instructions.** All other Type III non-functionally integrated supporting organizations must complete Sections A through E.

Section A - Adjusted Net Income		(A) Prior Year	(B) Current Year (optional)
1	Net short-term capital gain	1	
2	Recoveries of prior-year distributions	2	
3	Other gross income (see instructions)	3	
4	Add lines 1 through 3	4	
5	Depreciation and depletion	5	
6	Portion of operating expenses paid or incurred for production or collection of gross income or for management, conservation, or maintenance of property held for production of income (see instructions)	6	
7	Other expenses (see instructions)	7	
8	Adjusted Net Income (subtract lines 5, 6 and 7 from line 4)	8	

Section B - Minimum Asset Amount		(A) Prior Year	(B) Current Year (optional)
1	Aggregate fair market value of all non-exempt-use assets (see instructions for short tax year or assets held for part of year):	1	
a	Average monthly value of securities	1a	
b	Average monthly cash balances	1b	
c	Fair market value of other non-exempt-use assets	1c	
d	Total (add lines 1a, 1b, and 1c)	1d	
e	Discount claimed for blockage or other factors (<i>explain in detail in Part VI</i>):		
2	Acquisition indebtedness applicable to non-exempt use assets	2	
3	Subtract line 2 from line 1d	3	
4	Cash deemed held for exempt use. Enter 0.015 of line 3 (for greater amount, see instructions).	4	
5	Net value of non-exempt-use assets (subtract line 4 from line 3)	5	
6	Multiply line 5 by 0.035	6	
7	Recoveries of prior-year distributions	7	
8	Minimum Asset Amount (add line 7 to line 6)	8	

Section C - Distributable Amount			Current Year
1	Adjusted net income for prior year (from Section A, line 8, Column A)	1	
2	Enter 85% of line 1	2	
3	Minimum asset amount for prior year (from Section B, line 8, Column A)	3	
4	Enter greater of line 2 or line 3	4	
5	Income tax imposed in prior year	5	
6	Distributable Amount. Subtract line 5 from line 4, unless subject to emergency temporary reduction (see instructions)	6	

7 ☐ Check here if the current year is the organization's first as a non-functionally-integrated Type III supporting organization (see instructions)

Part V

Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations (continued)

Section D - Distributions		Current Year
1	Amounts paid to supported organizations to accomplish exempt purposes	1
2	Amounts paid to perform activity that directly furthers exempt purposes of supported organizations, in excess of income from activity	2
3	Administrative expenses paid to accomplish exempt purposes of supported organizations	3
4	Amounts paid to acquire exempt-use assets	4
5	Qualified set-aside amounts (prior IRS approval required - provide details in Part VI)	5
6	Other distributions (describe in Part VI). See instructions	6
7	Total annual distributions. Add lines 1 through 6.	7
8	Distributions to attentive supported organizations to which the organization is responsive (provide details in Part VI). See instructions	8
9	Distributable amount for 2022 from Section C, line 6	9
10	Line 8 amount divided by Line 9 amount	10

Section E - Distribution Allocations (see instructions)	(i) Excess Distributions	(ii) Underdistributions Pre-2022	(iii) Distributable Amount for 2022
1	Distributable amount for 2022 from Section C, line 6		
2	Underdistributions, if any, for years prior to 2022 (reasonable cause required-- explain in Part VI). See instructions.		
3	Excess distributions carryover, if any, to 2022:		
a	From 2017.		
b	From 2018.		
c	From 2019.		
d	From 2020.		
e	From 2021.		
f	Total of lines 3a through e		
g	Applied to underdistributions of prior years		
h	Applied to 2022 distributable amount		
i	Carryover from 2017 not applied (see instructions)		
j	Remainder. Subtract lines 3g, 3h, and 3i from line 3f.		
4	Distributions for 2022 from Section D, line 7: \$		
a	Applied to underdistributions of prior years		
b	Applied to 2022 distributable amount		
c	Remainder. Subtract lines 4a and 4b from line 4.		
5	Remaining underdistributions for years prior to 2022, if any. Subtract lines 3g and 4a from line 2. If the amount is greater than zero, explain in Part VI. See instructions.		
6	Remaining underdistributions for 2022. Subtract lines 3h and 4b from line 1. If the amount is greater than zero, explain in Part VI. See instructions.		
7	Excess distributions carryover to 2023. Add lines 3j and 4c.		
8	Breakdown of line 7:		
a	Excess from 2018.		
b	Excess from 2019.		
c	Excess from 2020.		
d	Excess from 2021.		
e	Excess from 2022.		

Part VI **Supplemental Information.** Provide the explanations required by Part II, line 10; Part II, line 17a or 17b; Part III, line 12; Part IV, Section A, lines 1, 2, 3b, 3c, 4b, 4c, 5a, 6, 9a, 9b, 9c, 11a, 11b, and 11c; Part IV, Section B, lines 1 and 2; Part IV, Section C, line 1; Part IV, Section D, lines 2 and 3; Part IV, Section E, lines 1c, 2a, 2b, 3a and 3b; Part V, line 1; Part V, Section B, line 1e; Part V Section D, lines 5, 6, and 8; and Part V, Section E, lines 2, 5, and 6. Also complete this part for any additional information. (See instructions).

Facts And Circumstances Test

990 Schedule A, Supplemental Information

Return Reference	Explanation
SCHEDULE A, PART II, LINE 10, EXPLANATION OF OTHER INCOME:	MISCELLANEOUS - 2018 AMOUNT: \$ 385,012. 2019 AMOUNT: \$ 394,863. 2020 AMOUNT: \$ 774,560. 2021 AMOUNT: \$ 326,120. 2022 AMOUNT: \$ 328,130.

If the organization answered "Yes" on Form 990, Part IV, Line 3, or Form 990-EZ, Part V, line 46 (Political Campaign Activities), then

- Section 501(c)(3) organizations: Complete Parts I-A and B. Do not complete Part I-C.
- Section 501(c) (other than section 501(c)(3)) organizations: Complete Parts I-A and C below. Do not complete Part I-B.
- Section 527 organizations: Complete Part I-A only.

If the organization answered "Yes" on Form 990, Part IV, Line 4, or Form 990-EZ, Part VI, line 47 (Lobbying Activities), then

- Section 501(c)(3) organizations that have filed Form 5768 (election under section 501(h)): Complete Part II-A. Do not complete Part II-B.
- Section 501(c)(3) organizations that have NOT filed Form 5768 (election under section 501(h)): Complete Part II-B. Do not complete Part II-A.

If the organization answered "Yes" on Form 990, Part IV, Line 5 (Proxy Tax) (see separate instructions) or Form 990-EZ, Part V, line 35c (Proxy Tax) (see separate instructions), then

- Section 501(c)(4), (5), or (6) organizations: Complete Part III.

Name of the organization CAPITAL AREA FOOD BANK INC	Employer identification number 52-1167581
--	--

Part I-A

Complete if the organization is exempt under section 501(c) or is a section 527 organization.

1	Provide a description of the organization's direct and indirect political campaign activities in Part IV. See instructions for definition of "political campaign activities."	
2	Political campaign activity expenditures. See instructions	\$
3	Volunteer hours for political campaign activities. See instructions	

Part I-B

Complete if the organization is exempt under section 501(c)(3).

1	Enter the amount of any excise tax incurred by the organization under section 4955	\$
2	Enter the amount of any excise tax incurred by organization managers under section 4955	\$
3	If the organization incurred a section 4955 tax, did it file Form 4720 for this year?	☐ Yes ☐ No
4a	Was a correction made?	☐ Yes ☐ No
b	If "Yes," describe in Part IV.	

Part I-C

Complete if the organization is exempt under section 501(c), except section 501(c)(3).

1	Enter the amount directly expended by the filing organization for section 527 exempt function activities	\$
2	Enter the amount of the filing organization's funds contributed to other organizations for section 527 exempt function activities	\$
3	Total exempt function expenditures. Add lines 1 and 2. Enter here and on Form 1120-POL, line 17b.....	\$
4	Did the filing organization file Form 1120-POL for this year?	☐ Yes ☐ No
5	Enter the names, addresses and employer identification number (EIN) of all section 527 political organizations to which the filing organization made payments. For each organization listed, enter the amount paid from the filing organization's funds. Also enter the amount of political contributions received that were promptly and directly delivered to a separate political organization, such as a separate segregated fund or a political action committee (PAC). If additional space is needed, provide information in Part IV.	

(a) Name	(b) Address	(c) EIN	(d) Amount paid from filing organization's funds. If none, enter -0-.	(e) Amount of political contributions received and promptly and directly delivered to a separate political organization. If none, enter -0-.
1				
2				
3				
4				
5				
6				

Part II-A Complete if the organization is exempt under section 501(c)(3) and filed Form 5768 (election under section 501(h)).

A Check ☐ if the filing organization belongs to an affiliated group (and list in Part IV each affiliated group member's name, address, EIN, expenses, and share of excess lobbying expenditures).

B Check ☐ if the filing organization checked box A and "limited control" provisions apply.

Limits on Lobbying Expenditures (The term "expenditures" means amounts paid or incurred.)	(a) Filing organization's totals	(b) Affiliated group totals
1a Total lobbying expenditures to influence public opinion (grass roots lobbying)		
b Total lobbying expenditures to influence a legislative body (direct lobbying)		
c Total lobbying expenditures (add lines 1a and 1b)		
d Other exempt purpose expenditures		
e Total exempt purpose expenditures (add lines 1c and 1d)		
f Lobbying nontaxable amount. Enter the amount from the following table in both columns.		
If the amount on line 1e, column (a) or (b) is:	The lobbying nontaxable amount is:	
Not over \$500,000	20% of the amount on line 1e.	
Over \$500,000 but not over \$1,000,000	\$100,000 plus 15% of the excess over \$500,000.	
Over \$1,000,000 but not over \$1,500,000	\$175,000 plus 10% of the excess over \$1,000,000.	
Over \$1,500,000 but not over \$17,000,000	\$225,000 plus 5% of the excess over \$1,500,000.	
Over \$17,000,000	\$1,000,000.	
g Grassroots nontaxable amount (enter 25% of line 1f)		
h Subtract line 1g from line 1a. If zero or less, enter -0-		
i Subtract line 1f from line 1c. If zero or less, enter -0-		
j If there is an amount other than zero on either line 1h or line 1i, did the organization file Form 4720 reporting section 4911 tax for this year?	☐ Yes ☐ No	

4-Year Averaging Period Under Section 501(h)
(Some organizations that made a section 501(h) election do not have to complete all of the five columns below. See the separate instructions for lines 2a through 2f.)

Lobbying Expenditures During 4-Year Averaging Period					
Calendar year (or fiscal year beginning in)	(a) 2019	(b) 2020	(c) 2021	(d) 2022	(e) Total
2a Lobbying nontaxable amount					
b Lobbying ceiling amount (150% of line 2a, column(e))					
c Total lobbying expenditures					
d Grassroots nontaxable amount					
e Grassroots ceiling amount (150% of line 2d, column (e))					
f Grassroots lobbying expenditures					

Part II-B Complete if the organization is exempt under section 501(c)(3) and has NOT filed Form 5768 (election under section 501(h)).

For each "Yes" response on lines 1a through 1i below, provide in Part IV a detailed description of the lobbying activity.

		(a)		(b)
		Yes	No	Amount
1	During the year, did the filing organization attempt to influence foreign, national, state or local legislation, including any attempt to influence public opinion on a legislative matter or referendum, through the use of:			
a	Volunteers?		No	
b	Paid staff or management (include compensation in expenses reported on lines 1c through 1i)?	Yes		
c	Media advertisements?		No	
d	Mailings to members, legislators, or the public?		No	
e	Publications, or published or broadcast statements?		No	
f	Grants to other organizations for lobbying purposes?		No	
g	Direct contact with legislators, their staffs, government officials, or a legislative body?	Yes		2,010
h	Rallies, demonstrations, seminars, conventions, speeches, lectures, or any similar means?		No	
i	Other activities?		No	
j	Total. Add lines 1c through 1i			2,010
2a	Did the activities in line 1 cause the organization to be not described in section 501(c)(3)?		No	
b	If "Yes," enter the amount of any tax incurred under section 4912			
c	If "Yes," enter the amount of any tax incurred by organization managers under section 4912			
d	If the filing organization incurred a section 4912 tax, did it file Form 4720 for this year?			

Part III-A Complete if the organization is exempt under section 501(c)(4), section 501(c)(5), or section 501(c)(6).

	Yes	No
1 Were substantially all (90% or more) dues received nondeductible by members?	1	
2 Did the organization make only in-house lobbying expenditures of \$2,000 or less?	2	
3 Did the organization agree to carry over lobbying and political expenditures from the prior year?	3	

Part III-B Complete if the organization is exempt under section 501(c)(4), section 501(c)(5), or section 501(c)(6) and if either (a) BOTH Part III-A, lines 1 and 2, are answered "No" OR (b) Part III-A, line 3, is answered "Yes."

1	Dues, assessments and similar amounts from members	1	
2	Section 162(e) nondeductible lobbying and political expenditures (do not include amounts of political expenses for which the section 527(f) tax was paid).		
a	Current year	2a	
b	Carryover from last year	2b	
c	Total	2c	
3	Aggregate amount reported in section 6033(e)(1)(A) notices of nondeductible section 162(e) dues .	3	
4	If notices were sent and the amount on line 2c exceeds the amount on line 3, what portion of the excess does the organization agree to carryover to the reasonable estimate of nondeductible lobbying and political expenditure next year?	4	
5	Taxable amount of lobbying and political expenditures. See Instructions	5	

Part IV Supplemental Information

Provide the descriptions required for Part I-A, line 1; Part I-B, line 4; Part I-C, line 5; Part II-A (affiliated group list); Part II-A, lines 1 and 2 (see instructions), and Part II-B, line 1. Also, complete this part for any additional information.

Return Reference	Explanation
PART II-B, LINE 1:	THE CEO AND STAFF DIRECTLY CONTACTED LEGISLATORS, THEIR STAFF, AND GOVERNMENT OFFICIALS ABOUT LEGISLATION THAT WOULD ALLEVIATE HUNGER AND INCREASE ACCESS TO NUTRITIOUS FOODS. STAFF MAY ALSO PERIODICALLY ENGAGE WITH GRASSROOTS SUPPORTS AND OTHER ADVOCACY-ORIENTED ORGANIZATIONS AND SERVE ON LOCAL FOOD POLICY COUNCILS.

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SCHEDULE D
(Form 990)

Supplemental Financial Statements

OMB No. 1545-0047
2022
Open to Public Inspection

Department of the Treasury
Internal Revenue Service

► Complete if the organization answered "Yes," on Form 990, Part IV, line 6, 7, 8, 9, 10, 11a, 11b, 11c, 11d, 11e, 11f, 12a, or 12b.
► Attach to Form 990.
► Go to www.irs.gov/Form990 for instructions and the latest information.

Name of the organization
CAPITAL AREA FOOD BANK INC

Employer identification number
52-1167581

Part I

Organizations Maintaining Donor Advised Funds or Other Similar Funds or Accounts.
Complete if the organization answered "Yes" on Form 990, Part IV, line 6.

1

Total number at end of year

2

Aggregate value of contributions to (during year)

3

Aggregate value of grants from (during year)

4

Aggregate value at end of year

5

Did the organization inform all donors and donor advisors in writing that the assets held in donor advised funds are the organization's property, subject to the organization's exclusive legal control?

Yes

No

6

Did the organization inform all grantees, donors, and donor advisors in writing that grant funds can be used only for charitable purposes and not for the benefit of the donor or donor advisor, or for any other purpose conferring impermissible private benefit?

Yes

No

Part II

Conservation Easements.
Complete if the organization answered "Yes" on Form 990, Part IV, line 7.

1

Purpose(s) of conservation easements held by the organization (check all that apply).

☐ Preservation of land for public use (e.g., recreation or education)

☐ Preservation of an historically important land area

☐ Protection of natural habitat

☐ Preservation of a certified historic structure

☐ Preservation of open space

2

Complete lines 2a through 2d if the organization held a qualified conservation contribution in the form of a conservation easement on the last day of the tax year.

Held at the End of the Year

2a

2b

2c

2d

3

Number of conservation easements modified, transferred, released, extinguished, or terminated by the organization during the tax year ►

4

Number of states where property subject to conservation easement is located ►

5

Does the organization have a written policy regarding the periodic monitoring, inspection, handling of violations, and enforcement of the conservation easements it holds?

Yes

No

6

Staff and volunteer hours devoted to monitoring, inspecting, handling of violations, and enforcing conservation easements during the year ►

7

Amount of expenses incurred in monitoring, inspecting, handling of violations, and enforcing conservation easements during the year ► \$

8

Does each conservation easement reported on line 2(d) above satisfy the requirements of section 170(h)(4)(B)(i) and section 170(h)(4)(B)(ii)?

Yes

No

9

In Part XIII, describe how the organization reports conservation easements in its revenue and expense statement, and balance sheet, and include, if applicable, the text of the footnote to the organization's financial statements that describes the organization's accounting for conservation easements.

Part III

Organizations Maintaining Collections of Art, Historical Treasures, or Other Similar Assets.
Complete if the organization answered "Yes" on Form 990, Part IV, line 8.

1a

If the organization elected, as permitted under FASB ASC 958, not to report in its revenue statement and balance sheet works of art, historical treasures, or other similar assets held for public exhibition, education, or research in furtherance of public service, provide, in Part XIII, the text of the footnote to its financial statements that describes these items.

1b

If the organization elected, as permitted under FASB ASC 958, to report in its revenue statement and balance sheet works of art, historical treasures, or other similar assets held for public exhibition, education, or research in furtherance of public service, provide the following amounts relating to these items:

(i) Revenue included on Form 990, Part VIII, line 1 ► \$

(ii) Assets included in Form 990, Part X ► \$

2

If the organization received or held works of art, historical treasures, or other similar assets for financial gain, provide the following amounts required to be reported under FASB ASC 958 relating to these items:

a Revenue included on Form 990, Part VIII, line 1 ► \$

b Assets included in Form 990, Part X ► \$

For Paperwork Reduction Act Notice, see the Instructions for Form 990.

Cat. No. 52283D

Schedule D (Form 990) 2022

Part III

Organizations Maintaining Collections of Art, Historical Treasures, or Other Similar Assets (continued)

3

Using the organization's acquisition, accession, and other records, check any of the following that are a significant use of its collection items (check all that apply):

a

☐ Public exhibition

b

☐ Scholarly research

c

☐ Preservation for future generations

d

☐ Loan or exchange programs

e

☐ Other

4

Provide a description of the organization's collections and explain how they further the organization's exempt purpose in Part XIII.

5

During the year, did the organization solicit or receive donations of art, historical treasures or other similar assets to be sold to raise funds rather than to be maintained as part of the organization's collection? . . .

☐ Yes

☐ No

Part IV

Escrow and Custodial Arrangements.

Complete if the organization answered "Yes" on Form 990, Part IV, line 9, or reported an amount on Form 990, Part X, line 21.

1a

Is the organization an agent, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X?

☐ Yes

☐ No

b

If "Yes," explain the arrangement in Part XIII and complete the following table:

c

Beginning balance

d

Additions during the year

e

Distributions during the year

f

Ending balance

	Amount
1c	
1d	
1e	
1f	

2a

Did the organization include an amount on Form 990, Part X, line 21, for escrow or custodial account liability? . . .

☐ Yes

☐ No

b

If "Yes," explain the arrangement in Part XIII. Check here if the explanation has been provided in Part XIII

☐

Part V

Endowment Funds.

Complete if the organization answered "Yes" on Form 990, Part IV, line 10.

	(a) Current year	(b) Prior year	(c) Two years back	(d) Three years back	(e) Four years back
1a Beginning of year balance					
b Contributions					
c Net investment earnings, gains, and losses					
d Grants or scholarships					
e Other expenditures for facilities and programs					
f Administrative expenses					
g End of year balance					

2

Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as:

a

Board designated or quasi-endowment ▶

b

Permanent endowment ▶

c

Term endowment ▶

The percentages on lines 2a, 2b, and 2c should equal 100%.

3a

Are there endowment funds not in the possession of the organization that are held and administered for the organization by:

(i) Unrelated organizations

(ii) Related organizations

b

If "Yes" on 3a(ii), are the related organizations listed as required on Schedule R?

	Yes	No
3a(i)		
3a(ii)		
3b		

4

Describe in Part XIII the intended uses of the organization's endowment funds.

Part VI

Land, Buildings, and Equipment.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11a. See Form 990, Part X, line 10.

Description of property	(a) Cost or other basis (investment)	(b) Cost or other basis (other)	(c) Accumulated depreciation	(d) Book value
1a Land		8,604,775		8,604,775
b Buildings		31,028,468	7,761,170	23,267,298
c Leasehold improvements				
d Equipment		3,599,263	2,484,589	1,114,674
e Other		1,485,402	1,336,300	149,102
Total. Add lines 1a through 1e. (Column (d) must equal Form 990, Part X, column (B), line 10(c).) . . . ▶				33,135,849

Part VII

Investments - Other Securities.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11b.See Form 990, Part X, line 12.

(a) Description of security or category (including name of security)	(b) Book value	(c) Method of valuation: Cost or end-of-year market value
(1) Financial derivatives		
(2) Closely-held equity interests		
(3)Other _____		
(A)		
(C)		
(D)		
(E)		
(F)		
(G)		
(H)		
(H)		
Total. (Column (b) must equal Form 990, Part X, col. (B) line 12.) ▶		

Part VIII

Investments - Program Related.

Complete if the organization answered 'Yes' on Form 990, Part IV, line 11c. See Form 990, Part X, line 13.

(a) Description of investment	(b) Book value	(c) Method of valuation: Cost or end-of-year market value
(1)		
(2)		
(3)		
(4)		
(5)		
(6)		
(7)		
(8)		
(9)		
(10)		
Total. (Column (b) must equal Form 990, Part X, col.(B) line 13.) ▶		

Part IX

Other Assets.

Complete if the organization answered 'Yes' on Form 990, Part IV, line 11d. See Form 990, Part X, line 15.

(a) Description	(b) Book value
(1)RIGHT-OF-USE ASSETS	4,549,340
(2)	
(3)	
(4)	
(5)	
(6)	
(7)	
(8)	
(9)	
(10)	
Total. (Column (b) must equal Form 990, Part X, col.(B) line 15.) ▶	4,549,340

Part X

Other Liabilities.

Complete if the organization answered 'Yes' on Form 990, Part IV, line 11e or 11f.See Form 990, Part X, line 25.

1. (a) Description of liability	(b) Book value
(1) Federal income taxes	
PASSTHROUGH FUNDS	15,000
DEFERRED COMPENSATION LIABILITY	115,125
LEASE LIABILITIES	4,726,387
(4)	
(5)	
(6)	
(7)	
(8)	
(9)	
Total. (Column (b) must equal Form 990, Part X, col.(B) line 25.) ▶	4,856,512

2. Liability for uncertain tax positions. In Part XIII, provide the text of the footnote to the organization's financial statements that reports the organization's liability for uncertain tax positions under FIN 48 (ASC 740). Check here if the text of the footnote has been provided in Part XIII

☒

Part XI Reconciliation of Revenue per Audited Financial Statements With Revenue per Return.

Complete if the organization answered 'Yes' on Form 990, Part IV, line 12a.

1	Total revenue, gains, and other support per audited financial statements	1	110,134,304
2	Amounts included on line 1 but not on Form 990, Part VIII, line 12:		
a	Net unrealized gains (losses) on investments	2a	5,247
b	Donated services and use of facilities	2b	390,498
c	Recoveries of prior year grants	2c	
d	Other (Describe in Part XIII.)	2d	
e	Add lines 2a through 2d	2e	395,745
3	Subtract line 2e from line 1	3	109,738,559
4	Amounts included on Form 990, Part VIII, line 12, but not on line 1 :		
a	Investment expenses not included on Form 990, Part VIII, line 7b	4a	
b	Other (Describe in Part XIII.)	4b	4,169,398
c	Add lines 4a and 4b	4c	4,169,398
5	Total revenue. Add lines 3 and 4c . (This must equal Form 990, Part I, line 12.)	5	113,907,957

Part XII Reconciliation of Expenses per Audited Financial Statements With Expenses per Return.

Complete if the organization answered 'Yes' on Form 990, Part IV, line 12a.

1	Total expenses and losses per audited financial statements	1	107,516,496
2	Amounts included on line 1 but not on Form 990, Part IX, line 25:		
a	Donated services and use of facilities	2a	390,498
b	Prior year adjustments	2b	
c	Other losses	2c	
d	Other (Describe in Part XIII.)	2d	
e	Add lines 2a through 2d	2e	390,498
3	Subtract line 2e from line 1	3	107,125,998
4	Amounts included on Form 990, Part IX, line 25, but not on line 1 :		
a	Investment expenses not included on Form 990, Part VIII, line 7b	4a	
b	Other (Describe in Part XIII.)	4b	4,169,398
c	Add lines 4a and 4b	4c	4,169,398
5	Total expenses. Add lines 3 and 4c . (This must equal Form 990, Part I, line 18.)	5	111,295,396

Part XIII Supplemental Information

Provide the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and 4; Part IV, lines 1b and 2b; Part V, line 4; Part X, line 2; Part XI, lines 2d and 4b; and Part XII, lines 2d and 4b. Also complete this part to provide any additional information.

Return Reference	Explanation
See Additional Data Table	

Part XIII Supplemental Information *(continued)*

Return Reference	Explanation

Additional Data

Software ID:
Software Version:
EIN: 52-1167581
Name: CAPITAL AREA FOOD BANK INC

Supplemental Information

Return Reference	Explanation
PART X, LINE 2:	THE ORGANIZATION QUALIFIES AS A TAX-EXEMPT ORGANIZATION UNDER SECTION 501(C)(3) OF THE INTERNAL REVENUE CODE (THE IRC) AND IS CLASSIFIED AS A PUBLICLY SUPPORTED ORGANIZATION UNDER SECTION 509(A)(1) OF THE IRC. THERE WAS NO PROVISION FOR INCOME TAXES FOR THE YEAR ENDED JUNE 30, 2023, AS THE ORGANIZATION HAD NO SIGNIFICANT NET UNRELATED BUSINESS INCOME.

Supplemental Information	
Return Reference	Explanation
PART XI, LINE 4B - OTHER ADJUSTMENTS:	PARTNER SHOPPING GRANT 4,169,398.

Supplemental Information	
Return Reference	Explanation
PART XII, LINE 4B - OTHER ADJUSTMENTS:	PARTNER SHOPPING GRANT 4,169,398.

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SCHEDULE G
(Form 990)

Supplemental Information Regarding
Fundraising or Gaming Activities

OMB No. 1545-0047

Department of the Treasury
Internal Revenue Service

Complete if the organization answered "Yes" on Form 990, Part IV, lines 17, 18, or 19, or if the
organization entered more than \$15,000 on Form 990-EZ, line 6a.
▶ Attach to Form 990 or Form 990-EZ.
▶ Go to www.irs.gov/Form990 for instructions and the latest information.

2022

Open to Public
Inspection

Name of the organization
CAPITAL AREA FOOD BANK INC

Employer identification number
52-1167581

Part I

Fundraising Activities. Complete if the organization answered "Yes" on Form 990, Part IV, line 17.
Form 990-EZ filers are not required to complete this part.

1

Indicate whether the organization raised funds through any of the following activities. Check all that apply.

a

☒ Mail solicitations

☒ Internet and email solicitations

☒ Phone solicitations

☒ In-person solicitations

e

☒ Solicitation of non-government grants

f

☒ Solicitation of government grants

g

☐ Special fundraising events

2a

Did the organization have a written or oral agreement with any individual (including officers, directors, trustees or key employees listed in Form 990, Part VII) or entity in connection with professional fundraising services?

☒ Yes ☐ No

b

If "Yes," list the 10 highest paid individuals or entities (fundraisers) pursuant to agreements under which the fundraiser is to be compensated at least \$5,000 by the organization.

(i) Name and address of individual or entity (fundraiser)	(ii) Activity	(iii) Did fundraiser have custody or control of contributions?		(iv) Gross receipts from activity	(v) Amount paid to (or retained by) fundraiser listed in col. (i)	(vi) Amount paid to (or retained by) organization
		Yes	No			
1 PRODUCTION SOLUTIONS 1953 GALLOWES ROAD SUITE 500 VIENNA, VA 22182	DIRECT MAIL PRODUCTION		No	5,229,056	643,506	4,585,550
2 DONORVOICE LLC 11710 PLAZA AMERICA DR SUITE 2000 RESTON, VA 20190	DIRECT MAIL TARGETING AND CREATIVE DEVELOPMENT		No	0	378,071	-378,071
3 DONALD A CAMPBELL AND COMPANY 1 E WACKER DR STE 2100 CHICAGO, IL 60601	CAPITAL CAMPAIGN CONSULTING		No	0	246,895	-246,895
4						
5						
6						
7						
8						
9						
10						
Total				5,229,056	1,268,472	3,960,584

3

List all states in which the organization is registered or licensed to solicit contributions or has been notified it is exempt from registration or licensing.

DC, MD, VA

For Paperwork Reduction Act Notice, see the Instructions for Form 990 or 990-EZ.

Cat. No. 50083H

Schedule G (Form 990) 2022

Part II Fundraising Events. Complete if the organization answered "Yes" on Form 990, Part IV, line 18, or reported more than \$15,000 of fundraising event contributions and gross income on Form 990-EZ, lines 1 and 6b. List events with gross receipts greater than \$5,000.

Revenue		(a) Event #1	(b) Event #2	(c) Other events	(d) Total events
		(event type)	(event type)	(total number)	(add col. (a) through col. (c))
Revenue	1 Gross receipts				
	2 Less: Contributions				
	3 Gross income (line 1 minus line 2)				
Direct Expenses	4 Cash prizes				
	5 Noncash prizes				
	6 Rent/facility costs				
	7 Food and beverages				
	8 Entertainment				
	9 Other direct expenses				
	10 Direct expense summary. Add lines 4 through 9 in column (d) ▶				
11 Net income summary. Subtract line 10 from line 3, column (d) ▶					

Part III Gaming. Complete if the organization answered "Yes" on Form 990, Part IV, line 19, or reported more than \$15,000 on Form 990-EZ, line 6a.

Revenue		(a) Bingo	(b) Pull tabs/Instant bingo/progressive bingo	(c) Other gaming	(d) Total gaming (add col.(a) through col.(c))
Revenue	1 Gross revenue				
	2 Cash prizes				
	3 Noncash prizes				
	4 Rent/facility costs				
	5 Other direct expenses				
Direct Expenses	6 Volunteer labor	☐ Yes _____ % ☐ No	☐ Yes _____ % ☐ No	☐ Yes _____ % ☐ No	
	7 Direct expense summary. Add lines 2 through 5 in column (d) ▶				
	8 Net gaming income summary. Subtract line 7 from line 1, column (d) ▶				

9 Enter the state(s) in which the organization conducts gaming activities: _____

a Is the organization licensed to conduct gaming activities in each of these states? ☐ Yes ☐ No

b If "No," explain: _____

10a Were any of the organization's gaming licenses revoked, suspended or terminated during the tax year? ☐ Yes ☐ No

b If "Yes," explain: _____

11

Does the organization conduct gaming activities with nonmembers?

☐ Yes ☐ No

12

Is the organization a grantor, beneficiary or trustee of a trust or a member of a partnership or other entity formed to administer charitable gaming?

☐ Yes ☐ No

13

Indicate the percentage of gaming activity conducted in:

a	The organization's facility	13a	%
b	An outside facility	13b	%

14

Enter the name and address of the person who prepares the organization's gaming/special events books and records:

Name ▶

Address ▶

15a

Does the organization have a contract with a third party from whom the organization receives gaming revenue?

☐ Yes ☐ No

b

If "Yes," enter the amount of gaming revenue received by the organization ▶ \$ and the amount of gaming revenue retained by the third party ▶ \$.

c

If "Yes," enter name and address of the third party:

Name ▶

Address ▶

16

Gaming manager information:

Name ▶

Gaming manager compensation ▶ \$

Description of services provided ▶

☐ Director/officer

☐ Employee

☐ Independent contractor

17

Mandatory distributions:

a

Is the organization required under state law to make charitable distributions from the gaming proceeds to retain the state gaming license?

☐ Yes ☐ No

b

Enter the amount of distributions required under state law distributed to other exempt organizations or spent in the organization's own exempt activities during the tax year ▶ \$

Part IV

Supplemental Information. Provide the explanations required by Part I, line 2b, columns (iii) and (v); and Part III, lines 9, 9b, 10b, 15b, 15c, 16, and 17b, as applicable. Also provide any additional information. See instructions.

Return Reference	Explanation
SCHEDULE G, PART 1, LINE 2B:	PRODUCTION SOLUTIONS - IN ADDITION TO THE PROFESSIONAL FEES AND DIRECT MAIL PRODUCTION COSTS INCLUDED IN COLUMN (V), THE ORGANIZATION PAID \$393,372 TO THE VENDOR FOR POSTAGE COSTS.

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Schedule I
(Form 990)

Grants and Other Assistance to Organizations,
Governments and Individuals in the United States

Complete if the organization answered "Yes," on Form 990, Part IV, line 21 or 22.

▶ Attach to Form 990.

▶ Go to www.irs.gov/Form990 for the latest information.

OMB No. 1545-0047

2022

Open to Public
Inspection

Department of the
Treasury
Internal Revenue Service

Name of the organization

CAPITAL AREA FOOD BANK INC

Employer identification number

52-1167581

Part I General Information on Grants and Assistance

- 1 Does the organization maintain records to substantiate the amount of the grants or assistance, the grantees' eligibility for the grants or assistance, and the selection criteria used to award the grants or assistance? ☒ Yes ☐ No
- 2 Describe in Part IV the organization's procedures for monitoring the use of grant funds in the United States.

Part II Grants and Other Assistance to Domestic Organizations and Domestic Governments. Complete if the organization answered "Yes" on Form 990, Part IV, line 21, for any recipient that received more than \$5,000. Part II can be duplicated if additional space is needed.

(a) Name and address of organization or government	(b) EIN	(c) IRC section (if applicable)	(d) Amount of cash grant	(e) Amount of non-cash assistance	(f) Method of valuation (book, FMV, appraisal, other)	(g) Description of noncash assistance	(h) Purpose of grant or assistance
(1) See Additional Data							
(2)							
(3)							
(4)							
(5)							
(6)							
(7)							
(8)							
(9)							
(10)							
(11)							
(12)							

2 Enter total number of section 501(c)(3) and government organizations listed in the line 1 table ▶ 67

3 Enter total number of other organizations listed in the line 1 table ▶ 0

Part III **Grants and Other Assistance to Domestic Individuals.** Complete if the organization answered "Yes" on Form 990, Part IV, line 22.

Part III can be duplicated if additional space is needed.

(a) Type of grant or assistance	(b) Number of recipients	(c) Amount of cash grant	(d) Amount of noncash assistance	(e) Method of valuation (book, FMV, appraisal, other)	(f) Description of noncash assistance
(1)					
(2)					
(3)					
(4)					
(5)					
(6)					
(7)					

Part IV **Supplemental Information.** Provide the information required in Part I, line 2; Part III, column (b); and any other additional information.

Return Reference	Explanation
PART I, LINE 2:	RECIPIENTS OF FINANCIAL GRANTS ARE REQUIRED TO FILL OUT AN APPLICATION FOR GRANTS THAT OUTLINE THE FOOD BANK'S REVIEW PROCESS AND SPECIFIC IMPACT MEASURES. RECIPIENTS ARE THEN REQUIRED TO PROVIDE THE FOOD BANK WITH A FORMAL PROGRESS REPORT 6 MONTHS AFTER THEY RECEIVE THE FUNDS. AT 12 MONTHS, THE RECIPIENT WILL ISSUE A FINAL REPORT OUTLINING THEIR PROJECT'S IMPACT TO THE FOOD BANK. PERIODICALLY, OPERATING FUNDS ARE TRANSFERRED FROM THE FOOD BANK TO ITS SUBSIDIARY ORGANIZATION, CAPITAL AREA FOOD BANK FOUNDATION, WHICH ARE PRESENTED AS A GRANT IN THE FORM 990. THE PURPOSE OF THESE TRANSFERS IS FOR THE FOUNDATION TO INVEST THE FUNDS IN ITS RESERVE.

Additional Data

Software ID:
Software Version:
EIN: 52-1167581
Name: CAPITAL AREA FOOD BANK INC

Form 990,Schedule I, Part II, Grants and Other Assistance to Domestic Organizations and Domestic Governments.

(a) Name and address of organization or government	(b) EIN	(c) IRC section if applicable	(d) Amount of cash grant	(e) Amount of non-cash assistance	(f) Method of valuation (book, FMV, appraisal, other)	(g) Description of non-cash assistance	(h) Purpose of grant or assistance
THE SALVATION ARMY A GEORGIA CORPORATION 2626 PENNSYLVANIA AVE NW WASHINGTON, DC 20037	58-0660607	501(C)(3)	73,130	0			2023 CAPACITY GRANT
NEW HOPE AND LIFE CHURCH OF GOD INC 8616 EDGEWORTH DRIVE CAPITOL HEIGHTS, MD 20743	52-1974264	501(C)(3)	48,000	0			2023 CAPACITY GRANT

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URBAN OUTREACH INC 5343 C STREET SE WASHINGTON, DC 20019	52-1913412	501(C)(3)	46,581	0			2023 CAPACITY GRANT
COMMUNITY OUTREACH AND DEVELOPMENT COMMUNITY DEVELOPMENT CORPORATION 4719 MARLBORO PIKE CAPITOL HEIGHTS, MD 20743	52-2112842	501(C)(3)	40,000	0			2023 CAPACITY GRANT

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SIXTH PRESBYTERIAN CHURCH 5413 16TH STREET NW WASHINGTON, DC 20011	53-0205895	501(C)(3)	39,200	0			2023 CAPACITY GRANT
NOURISH NOW INC 397 E GUDE DRIVE ROCKVILLE, MD 20850	45-2404503	501(C)(3)	32,747	0			2023 CAPACITY GRANT

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THE UPCOUNTY HUB INC 12900 MIDDLEBROOK RD GERMANTOWN, MD 20874	88-2381948	501(C)(3)	27,000	0			2023 CAPACITY GRANT
ALEXANDER MEMORIAL BAPTIST CHURCH 10675 CRAIN HIGHWAY UPPER MARLBORO, MD 20772	20-2727322	501(C)(3)	25,636	0			2023 CAPACITY GRANT

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WESTERN FAIRFAX CHRISTIAN MINISTRIES 4511 DALY DRIVE SUITE J CHANTILLY VA 20151 CHANTILLY, VA 20151	54-1606629	501(C)(3)	24,800	0			2023 CAPACITY GRANT
MANASSAS ST THOMAS UMC 8899 SUDLEY ROAD MANASSAS, VA 20110	54-1217800	501(C)(3)	22,000	0			2023 CAPACITY GRANT

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ACTION IN COMMUNITY THROUGH SERVICE OF PRINCE WILLIAM PO BOX 74 DUMFRIES, VA 22026	54-0897679	501(C)(3)	21,102	0			2023 CAPACITY GRANT
THE CATHOLIC CHARITIES OF THE DIOCESE OF ARLINGTON INC 200 N GLEBE RD SUITE 250 ARLINGTON, VA 22203	54-0515706	501(C)(3)	20,390	0			2023 CAPACITY GRANT

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FAITH UNITED MINISTRIES 7905 FERNHAM LANE DISTRICT HEIGHTS, MD 20747	38-4089315	501(C)(3)	20,000	0			2023 CAPACITY GRANT
THRIVE DC 1525 NEWTON STREET NW WASHINGTON, DC 20010	52-1485474	501(C)(3)	20,000	0			2023 CAPACITY GRANT

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CELESTIAL CHURCH OF CHRIST - MAJEMU PARISH 1880 ADAMS STREET NE WASHINGTON, DC 20018	31-1580532	501(C)(3)	19,500	0			2023 CAPACITY GRANT
FRANCIS ON THE HILL 1614 MANCHESTER LANE NW WASHINGTON, DC 20011	81-1652587	501(C)(3)	19,000	0			2023 CAPACITY GRANT

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CHRIST HOUSE 1717 COLUMBIA RD NW WASHINGTON, DC 20009	52-1362103	501(C)(3)	19,000	0			2023 CAPACITY GRANT
THE BISHOP ALFRED A OWENS JR FAMILY LIFE COMMUNITY CENTER INC 605 RHODE ISLAND AVENUE NE WASHINGTON, DC 20002	33-0993457	501(C)(3)	17,064	0			2023 CAPACITY GRANT

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MARTHAS TABLE 2375 ELVANS ROAD SE WASHINGTON, DC 20020	52-1186071	501(C)(3)	17,000	0			2023 CAPACITY GRANT
WASHINGTON SPANISH BILINGUAL SDA CHURCH 12604 NEW HAMPSHIRE AVE SILVER SPRING, MD 20904	47-5564137	501(C)(3)	16,590	0			2023 CAPACITY GRANT

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COMMUNITY HEALTH FOUNDATION INC 7903 TOLKIN COURT BOWIE, MD 20720	84-2739502	501(C)(3)	16,500	0			2023 CAPACITY GRANT
HOLY MOUNTAIN INTERNATIONAL MINISTRIES 6971 MID CITIES AVENUE BELTSVILLE, MD 20705	46-5158015	501(C)(3)	15,000	0			2023 CAPACITY GRANT

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MOUNT RAINIER SEVENTH DAY ADVENTIST SPANISH CHURCH 6012 AGER RD HYATTSVILLE, MD 20782	82-4103514	501(C)(3)	15,000	0			2023 CAPACITY GRANT
HOLINESS TABERNACLE CHURCH OF GOD IN CHRIST INC 1440 OLD BRIDGE RD WOODBIDGE, VA 22191	27-1152743	501(C)(3)	15,000	0			2023 CAPACITY GRANT

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ROYALHOUSE CHAPEL INTERNATIONAL 7911 BRAYGREEN ROAD LAUREL, MD 20707	06-1574893	501(C)(3)	14,065	0			2023 CAPACITY GRANT
SHABACH EMERGENCY RESOURCE & EMPOWERMENT CENTER 3600 BRIGHTSEAT RD LANDOVER, MD 20785	52-1966871	501(C)(3)	14,000	0			2023 CAPACITY GRANT

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MISSION OF LOVE CHARITIES INC 6180 OLD CENTRAL AVE CAPITAL HEIGHTS, MD 20743	52-1748577	501(C)(3)	14,000	0			2023 CAPACITY GRANT
HUGHES UNITED METHODIST CHURCH 10700 GEORGIA AVENUE WHEATON, MD 20901	52-0643032	501(C)(3)	13,078	0			2023 CAPACITY GRANT

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ALLEN CHAPEL AME CHURCH OUTREACH MINISTRY 2518 FAIRLAND RD SILVER SPRING, MD 20904	06-1574893	501(C)(3)	13,000	0			2023 CAPACITY GRANT
MOTHER OF LIGHT CENTER PO BOX 1482 FALLS CHURCH, VA 22041	81-1635879	501(C)(3)	12,849	0			2023 CAPACITY GRANT

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ALIVE 2723 KING ST ALEXANDRIA VA, VA 22302	54-0914017	501(C)(3)	12,292	0			2023 CAPACITY GRANT
REACHING THE WORLD COMMUNITY DEVELOPMENT INC PO BOX 1540 CLINTON, MD 207357125	26-1640947	501(C)(3)	12,200	0			2023 CAPACITY GRANT

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DC CENTRAL KITCHEN 425 2ND ST NW WASHINGTON, DC 20001	52-1584936	501(C)(3)	11,000	0			2023 CAPACITY GRANT
CORNERSTONES INC 11150 SUNSET HILLS ROAD RESTON, VA 20190	54-1037615	501(C)(3)	10,000	0			2023 CAPACITY GRANT

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METROPOLIS CLUB 938 RHODE ISLAND AVE WASHINGTON, DC 20018	52-6078987	501(C)(3)	9,996	0			2023 CAPACITY GRANT
YWCA NATIONAL CAPITAL AREA 2303 14TH STREET NW WASHINGTON DC, DC 20009	52-0893511	501(C)(3)	9,857	0			2023 CAPACITY GRANT

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OXON HILL UNITED METHODIST CHURCH 6400 LIVINGSTON ROAD OXON HILL, MD 20745	53-0261381	501(C)(3)	9,500	0			2023 CAPACITY GRANT
TEMPLE HILLS CHURCH OF GOD 4814 ST BARNABAS RD TEMPLE HILLS, MD 207484656	52-1153426	501(C)(3)	9,400	0			2023 CAPACITY GRANT

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CHURCH OF THE EPIPHANY 1317 G ST NW WASHINGTON, DC 20005	53-0196559	501(C)(3)	9,000	0			2023 CAPACITY GRANT
ALL NATIONS COMMUNITY CHURCH 6900 VIRGINIA MANOR RD STE 103 BELTSVILLE, MD 20705	27-5433788	501(C)(3)	9,000	0			2023 CAPACITY GRANT

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BREAD FOR THE CITY 1525 7TH STREET NW WASHINGTON, DC 20001	52-1138207	501(C)(3)	9,000	0			2023 CAPACITY GRANT
N STREET VILLAGE 1333 N STREET NW WASHINGTON, DC 20005	52-1007373	501(C)(3)	9,000	0			2023 CAPACITY GRANT

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DOORWAYS FOR WOMEN FAMILIES PO BOX 100185 ARLINGTON, VA 22210	54-1087829	501(C)(3)	9,000	0			2023 CAPACITY GRANT
SOME INC 71 O STREET NW WASHINGTON, DC 200011290	23-7098123	501(C)(3)	9,000	0			2023 CAPACITY GRANT

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HOUSE OF RUTH 5 THOMAS CIRCLE NW WASHINGTON, DC 20005	52-1054102	501(C)(3)	9,000	0			2023 CAPACITY GRANT
BETHANY HOUSE OF NORTHERN VIRGINIA INC 6601 LITTLE RIVER TURNPIKE ALEXANDRIA, VA 22312	51-0252177	501(C)(3)	9,000	0			2023 CAPACITY GRANT

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SPANISH CATHOLIC CENTER INC 924 G STREET NW WASHINGTON, DC 20001	52-0980905	501(C)(3)	8,898	0			2023 CAPACITY GRANT
ICNA RELIEF USA PROGRAMS INC 8791 144 ST JAMAICA, NY 114353232	04-3810161	501(C)(3)	8,649	0			2023 CAPACITY GRANT

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HARVEST INTERCONTINENTAL MINISTRIES 16227 BATCHELLORS FOREST ROAD OLNEY, MD 20832	52-1707425	501(C)(3)	8,600	0			2023 CAPACITY GRANT
FOOD FOR ALL 2502 LINDLEY TERRACE ROCKVILLE, MD 20850	23-7164834	501(C)(3)	8,500	0			2023 CAPACITY GRANT

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THE NEW MACEDONIA BAPTIST CHURCH 4115 ALABAMA AVE SE WASHINGTON, DC 200195602	23-7444862	501(C)(3)	8,461	0			2023 CAPACITY GRANT
NO LIMITS OUTREACH MINISTRIES INC 8522 GRANDHAVEN AVE UPPER MARLBORO, MD 20772	46-3733872	501(C)(3)	8,000	0			2023 CAPACITY GRANT

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CHRISMA CHARITIES PO BOX 2654 WASHINGTON, DC 20013	45-5315327	501(C)(3)	8,000	0			2023 CAPACITY GRANT
FREEDOM COMMUNITY CHURCH 4050 MIDDLETON LOOP DUMFRIES, VA 22025	47-1086295	501(C)(3)	7,650	0			2023 CAPACITY GRANT

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ST PAUL UNITED METHODIST CHURCH 1400 G STREET WOODBIDGE, VA 22192	54-0657606	501(C)(3)	7,150	0			2023 CAPACITY GRANT
GREATER NEW HOPE BAPTIST CHURCH 816 8TH STREET NW WASHINGTON, DC 20001	52-2054668	501(C)(3)	7,135	0			2023 CAPACITY GRANT

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GREATER FELLOWSHIP MISSIONARY BAPTIST CHURCH 814 ALABAMA AVENUE SE WASHINGTON, DC 20032	52-1628108	501(C)(3)	6,600	0			2023 CAPACITY GRANT
RAINBOW COMMUNITY DEVELOPMENT CENTER INC 2120 INDUSTRIAL PARKWAY SILVER SPRING, MD 20904	20-0961637	501(C)(3)	6,500	0			2023 CAPACITY GRANT

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COMMUNITY MULTI-SERVICES INC 8401 COLESVILLE ROAD SILVER SPRING, MD 20910	52-1143474	501(C)(3)	6,385	0			2023 CAPACITY GRANT
RISING HOPE UNITED METHODIST MISSION CHURCH 8220 RUSSELL RD ALEXANDRIA, VA 22309	54-1769526	501(C)(3)	6,058	0			2023 CAPACITY GRANT

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HOUSE OF MERCY 8170 FLANNERY CT MANASSAS, VA 20109	20-4572642	501(C)(3)	5,951	0			2023 CAPACITY GRANT
EBENEZER BAPTIST CHURCH OF WOODBRIDGE VA 13020 TELEGRAPH ROAD WOODBIDGE, VA 22192	86-1185208	501(C)(3)	5,890	0			2023 CAPACITY GRANT

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EBENEZER CHURCH OF GOD 7550 BUCHANAN ST HYATTSVILLE, MD 20784	88-4035121	501(C)(3)	5,700	0			2023 CAPACITY GRANT
THE ARK FOUNDATION 1818 NEW YORK AVENUE NE WASHINGTON, DC 20002	85-3288531	501(C)(3)	5,500	0			2023 CAPACITY GRANT

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GAITHERSBURG HELP 301 MUDDY BRANCH ROAD GAITHERSBURG, MD 20878	23-7413600	501(C)(3)	5,150	0			2023 CAPACITY GRANT
RIVER JORDAN PROJECT INC 15809 LIVINGSTON ROAD ACCOKEEK, MD 20607	87-0735166	501(C)(3)	5,040	0			2023 CAPACITY GRANT

Schedule J (Form 990)	Compensation Information	OMB No. 1545-0047
		2022
		Open to Public Inspection
Department of the Treasury Internal Revenue Service	For certain Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees ▶ Complete if the organization answered "Yes" on Form 990, Part IV, line 23. ▶ Attach to Form 990. ▶ Go to www.irs.gov/Form990 for instructions and the latest information.	
Name of the organization CAPITAL AREA FOOD BANK INC		Employer identification number 52-1167581

Part I Questions Regarding Compensation		Yes	No
1a Check the appropriate box(es) if the organization provided any of the following to or for a person listed on Form 990, Part VII, Section A, line 1a. Complete Part III to provide any relevant information regarding these items.			
☐ First-class or charter travel	☐ Housing allowance or residence for personal use		
☐ Travel for companions	☐ Payments for business use of personal residence		
☐ Tax idemnification and gross-up payments	☐ Health or social club dues or initiation fees		
☐ Discretionary spending account	☐ Personal services (e.g., maid, chauffeur, chef)		
b If any of the boxes on Line 1a are checked, did the organization follow a written policy regarding payment or reimbursement or provision of all of the expenses described above? If "No," complete Part III to explain		1b	
2 Did the organization require substantiation prior to reimbursing or allowing expenses incurred by all directors, trustees, officers, including the CEO/Executive Director, regarding the items checked on Line 1a?		2	
3 Indicate which, if any, of the following the filing organization used to establish the compensation of the organization's CEO/Executive Director. Check all that apply. Do not check any boxes for methods used by a related organization to establish compensation of the CEO/Executive Director, but explain in Part III.			
☒ Compensation committee	☐ Written employment contract		
☐ Independent compensation consultant	☐ Compensation survey or study		
☒ Form 990 of other organizations	☒ Approval by the board or compensation committee		
4 During the year, did any person listed on Form 990, Part VII, Section A, line 1a, with respect to the filing organization or a related organization:			
a Receive a severance payment or change-of-control payment?	4a		No
b Participate in, or receive payment from, a supplemental nonqualified retirement plan?	4b		No
c Participate in, or receive payment from, an equity-based compensation arrangement?	4c		No
If "Yes" to any of lines 4a-c, list the persons and provide the applicable amounts for each item in Part III.			
Only 501(c)(3), 501(c)(4), and 501(c)(29) organizations must complete lines 5-9.			
5 For persons listed on Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation contingent on the revenues of:			
a The organization?	5a		No
b Any related organization?	5b		No
If "Yes," on line 5a or 5b, describe in Part III.			
6 For persons listed on Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation contingent on the net earnings of:			
a The organization?	6a		No
b Any related organization?	6b		No
If "Yes," on line 6a or 6b, describe in Part III.			
7 For persons listed on Form 990, Part VII, Section A, line 1a, did the organization provide any nonfixed payments not described in lines 5 and 6? If "Yes," describe in Part III.		7	Yes
8 Were any amounts reported on Form 990, Part VII, paid or accrued pursuant to a contract that was subject to the initial contract exception described in Regulations section 53.4958-4(a)(3)? If "Yes," describe in Part III.		8	No
9 If "Yes" on line 8, did the organization also follow the rebuttable presumption procedure described in Regulations section 53.4958-6(c)?		9	

Part II Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees. Use duplicate copies if additional space is needed.

For each individual whose compensation must be reported on Schedule J, report compensation from the organization on row (i) and from related organizations, described in the instructions, on row (ii). Do not list any individuals that are not listed on Form 990, Part VII.

Note. The sum of columns (B)(i)-(iii) for each listed individual must equal the total amount of Form 990, Part VII, Section A, line 1a, applicable column (D) and (E) amounts for that individual.

(A) Name and Title		(B) Breakdown of W-2, 1099-MISC compensation, and/or 1099-NEC			(C) Retirement and other deferred compensation	(D) Nontaxable benefits	(E) Total of columns (B)(i)-(D)	(F) Compensation in column (B) reported as deferred on prior Form 990
		(i) Base compensation	(ii) Bonus & incentive compensation	(iii) Other reportable compensation				
1 RADHA MUTHIAH PRESIDENT & CEO	(i)	385,185	40,000	880	32,551	3,750	462,366	0
	(ii)	0	0	0	0	0	0	0
2 JOHN ROBERTSON CHIEF FINANCIAL OFFICER	(i)	244,550	0	0	15,021	7,696	267,267	0
	(ii)	0	0	0	0	0	0	0
3 KRISTA SCALISE CHIEF OPERATING OFFICER	(i)	223,835	5,000	0	10,103	2,398	241,336	0
	(ii)	0	0	0	0	0	0	0
4 MARY BETH HEALY CHIEF REVENUE OFFICER	(i)	203,412	0	880	13,742	3,867	221,901	0
	(ii)	0	0	0	0	0	0	0
5 CHRISTEL HAIR SR. ADVISOR, CAPITAL CAMPAIGN	(i)	156,327	0	880	15,148	2,679	175,034	0
	(ii)	0	0	0	0	0	0	0
6 MELANIE MINZES SR. DIR., INST. PARTNERSHIPS	(i)	156,431	0	0	9,547	2,688	168,666	0
	(ii)	0	0	0	0	0	0	0
7 BRADLEY JENSEMA SR. DIR., DEVELOPMENT	(i)	153,750	0	0	8,533	0	162,283	0
	(ii)	0	0	0	0	0	0	0
8 CYNTHIA SINGISER SR. DIR., NOVA REGION	(i)	138,437	8,500	880	8,931	3,221	159,969	0
	(ii)	0	0	0	0	0	0	0
9 BRADLEY MISSAL DIRECTOR OF IT	(i)	140,304	0	0	8,638	3,661	152,603	0
	(ii)	0	0	0	0	0	0	0

Part III **Supplemental Information**

Provide the information, explanation, or descriptions required for Part I, lines 1a, 1b, 3, 4a, 4b, 4c, 5a, 5b, 6a, 6b, 7, and 8, and for Part II. Also complete this part for any additional information.

Return Reference	Explanation
PART I, LINE 7	THE CEO IS CONSIDERED FOR A BONUS EACH YEAR BASED ON HER PERFORMANCE, THE FOOD BANK'S PERFORMANCE, AND UPON THE APPROVAL OF THE BOARD'S EXECUTIVE COMMITTEE. MEMBERS OF THE SENIOR LEADERSHIP TEAM PERIODICALLY RECEIVE BONUSES IN LIEU OF SALARY INCREASES AS APPROVED BY THE CEO.

Additional Data

Software ID:
Software Version:
EIN: 52-1167581
Name: CAPITAL AREA FOOD BANK INC

Form 990, Schedule J, Part II - Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

(A) Name and Title		(B) Breakdown of W-2, 1099-MISC compensation, and/or 1099-NEC			(C) Retirement and other deferred compensation	(D) Nontaxable benefits	(E) Total of columns (B)(i)-(D)	(F) Compensation in column (B) reported as deferred on prior Form 990
		(i) Base Compensation	(ii) Bonus & incentive compensation	(iii) Other reportable compensation				
1RADHA MUTHIAH PRESIDENT & CEO	(i)	385,185	40,000	880	32,551	3,750	462,366	0
	(ii)	0	0	0	0	0	0	0
1JOHN ROBERTSON CHIEF FINANCIAL OFFICER	(i)	244,550	0	0	15,021	7,696	267,267	0
	(ii)	0	0	0	0	0	0	0
2KRISTA SCALISE CHIEF OPERATING OFFICER	(i)	223,835	5,000	0	10,103	2,398	241,336	0
	(ii)	0	0	0	0	0	0	0
3MARY BETH HEALY CHIEF REVENUE OFFICER	(i)	203,412	0	880	13,742	3,867	221,901	0
	(ii)	0	0	0	0	0	0	0
4CHRISTEL HAIR SR. ADVISOR, CAPITAL CAMPAIGN	(i)	156,327	0	880	15,148	2,679	175,034	0
	(ii)	0	0	0	0	0	0	0
5MELANIE MINZES SR. DIR., INST. PARTNERSHIPS	(i)	156,431	0	0	9,547	2,688	168,666	0
	(ii)	0	0	0	0	0	0	0
6BRADLEY JENSEMA SR. DIR., DEVELOPMENT	(i)	153,750	0	0	8,533	0	162,283	0
	(ii)	0	0	0	0	0	0	0
7CYNTHIA SINGISER SR. DIR., NOVA REGION	(i)	138,437	8,500	880	8,931	3,221	159,969	0
	(ii)	0	0	0	0	0	0	0
8BRADLEY MISSAL DIRECTOR OF IT	(i)	140,304	0	0	8,638	3,661	152,603	0
	(ii)	0	0	0	0	0	0	0

SCHEDULE M
(Form 990)

Department of the Treasury
Internal Revenue Service

Noncash Contributions

► Complete if the organizations answered "Yes" on Form 990, Part IV, lines 29 or 30.
► Attach to Form 990.
► Go to www.irs.gov/Form990 for the latest information.

OMB No. 1545-0047

2022

Open to Public Inspection

Name of the organization
CAPITAL AREA FOOD BANK INC

Employer identification number
52-1167581

Part I

Types of Property

	(a) Check if applicable	(b) Number of contributions or items contributed	(c) Noncash contribution amounts reported on Form 990, Part VIII, line 1g	(d) Method of determining noncash contribution amounts
1 Art—Works of art				
2 Art—Historical treasures				
3 Art—Fractional interests				
4 Books and publications				
5 Clothing and household goods				
6 Cars and other vehicles				
7 Boats and planes				
8 Intellectual property				
9 Securities—Publicly traded	X	135	329,883	FMV
10 Securities—Closely held stock				
11 Securities—Partnership, LLC, or trust interests				
12 Securities—Miscellaneous				
13 Qualified conservation contribution—Historic structures				
14 Qualified conservation contribution—Other				
15 Real estate—Residential				
16 Real estate—Commercial				
17 Real estate—Other				
18 Collectibles				
19 Food inventory	X	22,398,396	43,004,921	\$1.92/LB F&A RATE
20 Drugs and medical supplies				
21 Taxidermy				
22 Historical artifacts				
23 Scientific specimens				
24 Archeological artifacts				
25 Other ► (FURNITURE)	X	1	63,410	FMV
26 Other ► ()				
27 Other ► ()				
28 Other ► ()				

29

Number of Forms 8283 received by the organization during the tax year for contributions for which the organization completed Form 8283, Part IV, Donee Acknowledgement

29

0

30a

During the year, did the organization receive by contribution any property reported in Part I, lines 1 through 28, that it must hold for at least three years from the date of the initial contribution, and which isn't required to be used for exempt purposes for the entire holding period?

30a

Yes

No

No

b

If "Yes," describe the arrangement in Part II.

31

Does the organization have a gift acceptance policy that requires the review of any nonstandard contributions?

31

Yes

No

32a

Does the organization hire or use third parties or related organizations to solicit, process, or sell noncash contributions?

32a

Yes

No

No

b

If "Yes," describe in Part II.

33

If the organization didn't report an amount in column (c) for a type of property for which column (a) is checked, describe in Part II.

Schedule M (Form 990) (2022)

Page 2

Part II

Supplemental Information.

Provide the information required by Part I, lines 30b, 32b, and 33, and whether the organization is reporting in Part I, column (b), the number of contributions, the number of items received, or a combination of both. Also complete this part for any additional information.

Return Reference	Explanation
PART I, COLUMN (B):	THE NUMBER IN THIS COLUMN REPRESENTS THE NUMBER OF CONTRIBUTIONS EXCEPT FOR LINE 19. THE NUMBER ON LINE 19 REPRESENTS THE NUMBER OF POUNDS DONATED.
SCHEDULE M, LINE 32B:	FOOD INVENTORY: THE FOOD BANK FEEDS THOSE WHO SUFFER FROM HUNGER IN THE WASHINGTON METRO AREA BY ACQUIRING FOOD FROM THOUSANDS OF DONORS SUCH AS GOVERNMENT AND NON-GOVERNMENT ENTITIES, AS WELL AS MANY INDIVIDUAL DONORS. THE FOOD BANK DISTRIBUTED OVER 69 MILLION POUNDS OF SUCH DONATED FOOD TO PROVIDE OVER 50 MILLION MEALS IN FISCAL YEAR 2023.

Schedule M (Form 990) (2022)

SCHEDULE O
(Form 990)

Department of the Treasury
Internal Revenue Service

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on
Form 990 or 990-EZ or to provide any additional information.

▶ Attach to Form 990 or 990-EZ.

▶ Go to www.irs.gov/Form990 for the latest information.

OMB No. 1545-0047

2022

**Open to Public
Inspection**

Name of the organization
CAPITAL AREA FOOD BANK INC

Employer identification number

52-1167581

990 Schedule O, Supplemental Information

Return Reference	Explanation
FORM 990, PART VI, SECTION B, LINE 11B	THE FEDERAL FORM 990 WAS PREPARED BY THE FOOD BANK'S AUDITOR BASED ON THE INFORMATION COMPILED AND PROVIDED BY CAFB MANAGEMENT. THE INITIAL DRAFT WAS REVIEWED BY THE CHIEF FINANCIAL OFFICER AND EDITS WERE PROVIDED TO THE AUDITOR. THE AUDITOR MADE THE CHANGES DISCUSSED AND SENT AN UPDATED DRAFT THAT MANAGEMENT PROVIDED TO THE FOOD BANK'S AUDIT COMMITTEE. THE AUDIT COMMITTEE DISCUSSED THE DRAFT WITH CAFB MANAGEMENT AND PROVIDED COMMENTS. AFTER MAKING NECESSARY REVISIONS, THE DRAFT WAS PROVIDED TO THE FULL BOARD FOR THEIR REVIEW. AFTER TEN DAYS, THERE BEING NO FURTHER FEEDBACK, THE FORM WAS FILED WITH THE INTERNAL REVENUE SERVICE.

990 Schedule O, Supplemental Information

Return Reference	Explanation
FORM 990, PART VI, SECTION B, LINE 12C	THE FOOD BANK ENSURES THAT AN UPDATED CONFLICT OF INTEREST STATEMENT FROM EACH REQUIRED INDIVIDUAL IS COMPLETED AND COLLECTED. UPON ELECTION TO THE BOARD OF DIRECTORS AND AT EACH ANNUAL MEETING THEREAFTER EACH DIRECTOR SIGNS AND ACKNOWLEDGES THE FOOD BANK'S THEN-CURRENT "CONFLICT OF INTEREST AND "DUTIES OF A BOARD MEMBER" STATEMENTS. SIGNED COPIES ARE KEPT AT THE PRINCIPAL OFFICE OF THE FOOD BANK. THE BOARD OF DIRECTORS REVIEWS AND PROVIDES APPROVAL OF ANY MATERIAL RELATED PARTY TRANSACTIONS OR ARRANGEMENTS BETWEEN THE FOOD BANK AND ANY OF ITS DIRECTORS OR OFFICERS OR ANY OF THEIR RESPECTIVE AFFILIATES, ASSOCIATES, OR RELATED PARTIES.

990 Schedule O, Supplemental Information

Return Reference	Explanation
FORM 990, PART VI, SECTION B, LINE 15A	THE EXECUTIVE COMMITTEE CONSIDERS BENCHMARKS TO COMPARABLE CEO JOBS AT OTHER FOOD BANKS AND LOCAL NON-PROFITS AND THE CEO'S JOB PERFORMANCE. THE COMMITTEE PREPARES A REPORT BASED ON THIS INFORMATION AND PROVIDES A RECOMMENDATION THAT IS SUBMITTED TO THE FULL BOARD FOR APPROVAL. THE PROCESS AND DISCUSSION IS MEMORIALIZED IN THE COMMITTEE AND EXECUTIVE SESSION MINUTES MAINTAINED FOR THE BOARD OF DIRECTORS.

990 Schedule O, Supplemental Information

Return Reference	Explanation
FORM 990, PART VI, SECTION C, LINE 19	THE FOOD BANK MAKES ITS AUDITED FINANCIAL STATEMENTS, FORM 990, CONFLICT OF INTEREST POLICY, AND GIFT ACCEPTANCE POLICY AVAILABLE TO THE PUBLIC ON ITS WEBSITE. THESE DOCUMENTS AS WELL AS THE FOOD BANK'S GOVERNANCE DOCUMENTS ARE AVAILABLE UPON REQUEST.

SCHEDULE R
(Form 990)

Department of the Treasury
Internal Revenue Service

Related Organizations and Unrelated Partnerships

▶ Complete if the organization answered "Yes" on Form 990, Part IV, line 33, 34, 35b, 36, or 37.
▶ Attach to Form 990.
▶ Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

2022

Open to Public Inspection

Name of the organization
CAPITAL AREA FOOD BANK INC

Employer identification number
52-1167581

Part I Identification of Disregarded Entities. Complete if the organization answered "Yes" on Form 990, Part IV, line 33.					
(a) Name, address, and EIN (if applicable) of disregarded entity	(b) Primary activity	(c) Legal domicile (state or foreign country)	(d) Total income	(e) End-of-year assets	(f) Direct controlling entity

Part II Identification of Related Tax-Exempt Organizations. Complete if the organization answered "Yes" on Form 990, Part IV, line 34 because it had one or more related tax-exempt organizations during the tax year.							
(a) Name, address, and EIN of related organization	(b) Primary activity	(c) Legal domicile (state or foreign country)	(d) Exempt Code section	(e) Public charity status (if section 501(c)(3))	(f) Direct controlling entity	(g) Section 512(b)(13) controlled entity?	
						Yes	No
(1)CAPITAL AREA FOOD BANK FOUNDATION 4900 PUERTO RICO AVENUE NE WASHINGTON, DC 20017 27-2446583	TO SUPPORT THE CAPITAL AREA FOOD BANK	DC	501(C)(3)	LINE 12A, I	CAPITAL AREA FOOD BANK	Yes	

Part III Identification of Related Organizations Taxable as a Partnership. Complete if the organization answered "Yes" on Form 990, Part IV, line 34, because it had one or more related organizations treated as a partnership during the tax year.

(a) Name, address, and EIN of related organization	(b) Primary activity	(c) Legal domicile (state or foreign country)	(d) Direct controlling entity	(e) Predominant income(related, unrelated, excluded from tax under sections 512- 514)	(f) Share of total income	(g) Share of end-of- year assets	(h) Disproportionate allocations?		(i) Code V-UBI amount in box 20 of Schedule K-1 (Form 1065)	(j) General or managing partner?		(k) Percentage ownership
							Yes	No		Yes	No	

Part IV Identification of Related Organizations Taxable as a Corporation or Trust. Complete if the organization answered "Yes" on Form 990, Part IV, line 34 because it had one or more related organizations treated as a corporation or trust during the tax year.

(a) Name, address, and EIN of related organization	(b) Primary activity	(c) Legal domicile (state or foreign country)	(d) Direct controlling entity	(e) Type of entity (C corp, S corp, or trust)	(f) Share of total income	(g) Share of end- of-year assets	(h) Percentage ownership	(i) Section 512(b)(13) controlled entity?	
								Yes	No

Part V Transactions With Related Organizations. Complete if the organization answered "Yes" on Form 990, Part IV, line 34, 35b, or 36.

Note. Complete line 1 if any entity is listed in Parts II, III, or IV of this schedule.

1 During the tax year, did the organization engage in any of the following transactions with one or more related organizations listed in Parts II-IV?

a Receipt of (i) interest, (ii) annuities, (iii) royalties, or (iv) rent from a controlled entity

1a

No

b Gift, grant, or capital contribution to related organization(s)

1b

Yes

c Gift, grant, or capital contribution from related organization(s)

1c

Yes

d Loans or loan guarantees to or for related organization(s)

1d

No

e Loans or loan guarantees by related organization(s)

1e

No

f Dividends from related organization(s)

1f

No

g Sale of assets to related organization(s)

1g

No

h Purchase of assets from related organization(s)

1h

No

i Exchange of assets with related organization(s)

1i

No

j Lease of facilities, equipment, or other assets to related organization(s)

1j

No

k Lease of facilities, equipment, or other assets from related organization(s)

1k

No

l Performance of services or membership or fundraising solicitations for related organization(s)

1l

Yes

m Performance of services or membership or fundraising solicitations by related organization(s)

1m

No

n Sharing of facilities, equipment, mailing lists, or other assets with related organization(s)

1n

Yes

o Sharing of paid employees with related organization(s)

1o

Yes

p Reimbursement paid to related organization(s) for expenses

1p

No

q Reimbursement paid by related organization(s) for expenses

1q

No

r Other transfer of cash or property to related organization(s)

1r

No

s Other transfer of cash or property from related organization(s)

1s

No

2 If the answer to any of the above is "Yes," see the instructions for information on who must complete this line, including covered relationships and transaction thresholds.

(a) Name of related organization	(b) Transaction type (a-s)	(c) Amount involved	(d) Method of determining amount involved
(1)CAPITAL AREA FOOD BANK FOUNDATION	C	2,000,000	COST

Provide the following information for each entity taxed as a partnership through which the organization conducted more than five percent of its activities (measured by total assets or gross revenue) that was not a related organization. See instructions regarding exclusion for certain investment partnerships.

[illegible]

Part VII

Supplemental Information

Provide additional information for responses to questions on Schedule R. See instructions.

Return Reference	Explanation